MADURAI INSTITUTE OF SOCIAL SCIENCES
NSS ANNUAL REPORT
2019-2020

Not Me But You

Sl No	Title of the programme	Date of the Programmes	Venue	No of Participants
1	NSS Orientation and feedback session for II UG Students	19.06.2019	HRD Hall, MISS	64 NSS Volunteers
2	Celebration of International Yoga Day	21.06.2019	Indoor Auditorium	34 NSS Volunteers
3	Swatch Bharath- Campus Cleaning	25.06.2019	MISS Campus	34 NSS Volunteers
4	Signature Campaign- International Drug abuse Day	28.06.2019	MISS Campus	7 NSS Volunteers
5	Swachh Bharath- Rajaji Old Age home	06.07.2019	Rajaji Old age Home	32 NSS Volunteers
6	Participation of Examination of Mahatma Gandhi	22.07.2019	Alumni Auditorium	38 NSS Volunteers
7	Awareness Programme on Drug Abuse	24.07.2019	HRD Hall, MISS	106 NSS Volunteers
8	Awareness Rally on Child sexual abuse	03.08.2019	Circuit house to Gandhi Memorial Museum	25 NSS Volunteers
9	One day programme on plastic free environment	14.08.2019	HRD Hall, MISS	38 NSS Volunteers
10	Awareness programme on Zoonotic diseases	16.08.2019	HRD Hall, MISS	91 NSS Volunteers
11	Chess Competition conducted by The Hindu	24.08.2019	Indoor Auditorium	21 NSS Volunteers
12	Swachh Bharath - Class room cleaning	30.08.2019	MISS Campus	25 NSS Volunteers
13	An Awareness progrmme on Individual Positive Mental Health	13.09.2019	HRD Hall, MISS	77 NSS Volunteers
14	NSS Orientation for the freshers	19.09.2019	First MSW Class room	64 NSS Volunteers
15	NSS Programme Officer training Programme on Global Warming	17.09.2019	NSS MKU	NIL
16	Global Warming	20.09.2019	First MSW Class room	84 NSS Volunteers
17	NSS Day-2019	24.09.2019	HRD Hall, MISS	104 NSS Volunteers
18	POCSO Awareness	27.09.2019	Alumni Auditorium	38 NSS Volunteers
19	Blood Donors Award	05.10.2019	John Pennycuick Hall, Collector Office Madurai	-
20	World Mental Health Day -2019	10.10.2019	MISS Campus	MISS Students

21	Rashtriya Ekta Diwas or National Unity Day	17.10.2019	MISS Campus	MISS Students
22	AIDS Awareness Programme	07.12.2019	HRD Hall	51 NSS Volunteers
23	Capacity Development programme for NSS Volunteers on Human rights	11.12.2019	First MSW Class room	51 NSS Volunteers
24	Tree Plantation inside the College Campus	11.12.2019	MISS Campus	28 NSS Volunteers
25	Celebration of Youth Day- Ramakrishna Mutt	07.01.2020	Ramakrishna Mutt	120 NSS Volunteers
26	Observance of National Voters Day Celebration Pledge	25.01.2020	MISS Campus	All Students of MISS
27	Republic Day Programme- 2020	26.01.2020	MISS Campus	62 NSS Volunteers
28	Capacity Development programme for NSS Volunteers on Stress Management	27.01.2020	Alumni Auditorium	120 NSS Volunteers
29	World Leprosy Day 2020- Pledge	30.01.2020	MISS Campus	All Students
30	Inauguration of Anandam- An comprehensive programme for the wellbeing of the family members of the police personnel's	30.01.2020	Armed Reserve Police Centenary Ground	70 NSS Volunteers
31	Swachh Bharath - Armed Reserve Police Quarters	01.02.2020	Armed Reserve Police Quarters	60 NSS Volunteers
32	Swachh Bharath Activities at Rajaji Old Age Home	08.02.2020	Rajaji Oldage Home	29 NSS Volunteers
33	International Cancer Awareness Programme	04.02.2020	HRD Hall, MISS	38 NSS Volunteers
34	Swachh Bharath activities community college- MISS	14.02.2020	Community College MISS	32 NSS Volunteers
35	Blood Donation Camp- 2020 in celebrating Centenary year of Indian Red Cross Society	21.02.2020	HRD Hall, MISS	65 Volunteers
36	Child Beggary Ride-2020 in collaboration with District Child Welfare Committee	15.02.2020	Madurai Railway Junction	24 Volunteers
37	Swatch Bharath College Campus	25.02.2020	MISS Campus	78 Volunteers
38	Solid Waste Management in current scenario- for NSS students	26.02.2020	HRD Hall, MISS	104 Volunteers
39	Disaster Management - for NSS Volunteers	03.03.2020	MKU-University-Mu.Va.Hall	53 NSS Volunteers
40	Women's Day Celebration	06.03.2020	Alumni Hall	75 NSS Volunteers
41	Swatch Bharath - College Library	10.3.2020	MISS Library	48 NSS Volunteers

42	COVID-19 Corona Virus - Safety Measures on Hand Washing and safety Precautionary to MISS students	14.03.2020	MISS Ground	All Students of MISS
43	COVID-19 Corona Virus Pandemic Diseases Awareness Programme- for NSS Volunteers	14.03.2020	MISS Alumni Hall	115 NSS Volunteers

Programme Title: NSS Refresher Orientation and feedback session for II UG Students

Date: 19.06.2019 **Time: 03.30 PM** **Venue: HRD Hall**

Summary of the Programme: The NSS Units 104 and 229 of Madurai Institute of Social Sciences organized NSS refresher orientation and feedback session for the second year NSS students for the academic year 2019-2020, on 19.06.2019, 03.30 PM at HRD hall. The formal welcome address was done by Ms.Archana NSS Volunteer, II BSW, followed by college anthem. The NSS volunteer Mr.Sathees read the previous year activity report. The NSS Programme officer Mr.S.Charles explained about the awards and recognition in NSS such as best university award, best programme officer award, volunteer awards.

He also explained and insisted to do more activities on adoption of villages, identifying problems in slum area, conducting surveys in the slum and to connect various organization such as Childline-1098 and other government NGO's who are ready to work in the slum. He also insisted the importance of completing the stipulated work hours of NSS volunteers. He read the names of the NSS volunteers who actively participated in the volunteering activities such as controlling road trafficking, college volunteering activities, blood donation, etc. He also explained the importance and participation of Swatch Bharath activities in nearby community and adopted villages. He also explained the importance of participating in the special camp progrmme and listed out the activities that are to be conducted. He also insisted the NSS volunteers to participate in first aid training programme in collaboration with Indian Red Cross Society. The NSS-PO suggested to conduct more programmes on legal awareness for the weaker section of the society such as children, women, elders, differently abled, transgender and socially under privileged people.

He shared perspective of role of NSS volunteers in conducting programme related to digital awareness, voter's awareness etc. He also insisted the role of NSS volunteers in care and protection of children and process of reintegrating the school dropout through government organization and hierarchical structure of village level child protection committee, Block level child protection committee, ward level child protection committee and role on NSS volunteer.

Followed by that the NSS volunteers expressed their experience and learning during the previous year. The NSS volunteers suggested to conduct more skill development programs such as continuous yoga practices, communication skills, advocacy skills, Human rights, counselling skills, AIDS awareness, stress management, disaster management, solid waste management, recycling of plastic products, gender discrimination, personal hygiene, life skill education and certification courses. The students shared their experience, perspective and insight learning related to the previous year activities. The students were also shared the area of improvement needed in the upcoming academic year. Followed by that Mr.Dillan NSS volunteer of II B.Sc psychology expressed the vote of thanks, 64 NSS volunteers participated in the programme.

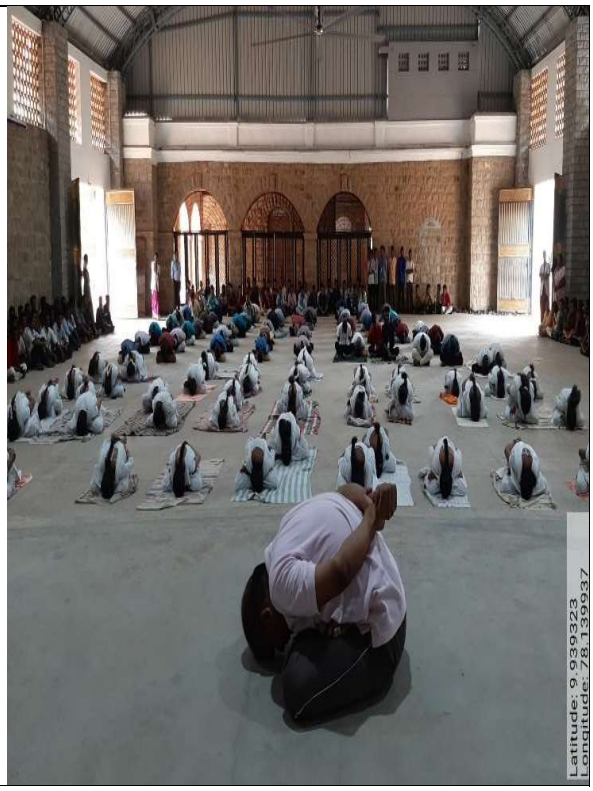
Programme Title: Celebration of International Yoga Day

Date: 21.06.2019 **Time: 10.00 AM** **Venue: Auditorium**

Summary of the Programme: On 21.06.2019 The NSS units of Madurai Institute of Social Sciences organized practical demonstration of Yoga Practices and Pranayama in observance of "International Yoga Day". Students of Madurai Institute of Social Sciences and NSS volunteers around 673 members participated in the programme. The chairman of Madurai Institute of Social Sciences delivered presidential address and explained the importance of practicing yoga and its enhancement towards body and mind. The felicitation address was delivered by the secretary of Madurai Institute of Social Sciences, Mr.D.V.Dharma Singh followed by that the Yoga trainer Mr.K.P.Gangadaran, Assistant Professor & Yoga coordinator of Institute of Gandhian Studies & Research, Gandhi Memorial Museum, Madurai, explained each and every step of practicing yoga and its benefits to the bodily organ. He also explained the practicing method of Pranayama and trained the students step by step. Followed by that Dr.P.Jayakumar, Assistant Professor delivered vote of thanks, 34 NSS volunteers participated in demonstrating the yoga postures.




Latitude: 9.939307
Longitude: 78.140064
Elevation: 112.51m
Accuracy: 14.0m
Time: 21-06-2019 12:04
Note: yoga


Latitude: 9.939323
Longitude: 78.139937


M.I.S.S
Latitude: 9.939534
Longitude: 78.140056
Elevation: 131.51m
Accuracy: 14.0m
Time: 21-06-2019 11:44
Note: yoga



மதுரை சமூக அறிவியல் கல்லூரியில்

சர்வதேச யோகா தின விழா

புதூர், ஜூன்.22-

மதுரை சமூக அறிவியல் கல்லூரியில் நாட்டு நலப்பணி திட்டம் மற்றும் திருமூலர் கல்வி மையம் சார்பில் சர்வதேச யோகா தின விழா நடைபெற்றது. கல்லூரி நிறுவனர் மற்றும் தலைவர் கேப்டன் ராஜா தலைமை தாங்கினார். கல்லூரியின் நிர்வாகக் குழு செயலாளர் தர்மசிங் வாழ்த்துரை வழங்கினார். கல்லூரியின் முதல்வர் நிஷாந்த் வரவேற்று பேசினார். சிறப்பு விருந்தினராக யோகா பயிற்சியாளர்கள் கங்காதரன், முருகன் ஆகியோர் கலந்து கொண்டு, மாணவர்களுக்கு யோகா கலையின் முக்கியத்துவம், அதன் பயன்களை பற்றி கூறினர். இதை தொடர்ந்து மாணவர்கள் அனைவரும் சில யோகாசனங்களை செய்து காட்டி மெய்சிலிர்க்க வைத்தனர். இதையடுத்து கல்லூரி தலைவர் கேப்டன் ராஜா பேசும்போது, யோகாவின் பயன்களையும், அதன் முக்கியத்துவத்தையும் கூறினார். முடிவில் விழா ஒருங்கிணைப்பாளர் ஜெயக்குமார் நன்றி கூறினார்.

மதுரையில் யோகா தின விழா

மதுரை, ஜூன் 22 – மதுரையில் பள்ளி, கல்லூரி மற்றும் அமைப்புகள் சார்பில் பல்வேறு இடங்களில் சர்வதேச யோகா தினத்தை முன்னிட்டு மாணவர்கள், பெண்கள் உட்பட அனைத்து தரப்பினரும் ஆர்வத்துடன் யோகா நிகழ்ச்சிகளில் பங்கேற்றனர்.

மதுரை அருப்புக்கோட்டை ரோடு கிருஷ்ணம்மாள் ராமசுப்பையர் பள்ளியில் பதஞ்சலி யோகா மையம் சார்பில் யோகா நிகழ்ச்சிகள் நடந்தன. மைய பயிற்சியாளர் பாலகுரு 'யோகப்பயிற்சி செய்வதால் உடல் ஆரோக்கியம், மன அமைதி, உள்ளத் தெளிவு ஏற்படும்' என்று கூறி யோகா பயற்சி முறைகள், அவற்றின் பயன்களையும் விளக்கினார். ஆசிரியர்கள், பங்கேற்றனர். முதல்வர் சாந்தி நன்றி கூறினார். விமான நிலையத்தில் பதஞ்சலிமகரிஷி யோகா டிரஸ்ட் சார்பில் நடந்த நிகழ்ச்சிக்கு விமான நிலைய இயக்குனர் வி.வி. ராவ் தலைமை வகித்தார். கிருஷ்ணம்மாள் ராம சுப்பையர் பள்ளி மாணவர்கள் பங்கேற்றனர்.

திருமங்கலம் மெப்கோ ஸ்லெங்க் மழலையர் தொடக்க பள்ளியில் முதல்வா சுந்தரவாணி தலைமையில் நடந்தது. விழிப்புணர்வு பேச்சு மற்றும் கட்டுரைப்போட்டிகள் நடத்தப்பட்டன.

மதுரை டாக்டர் திருஞானம் துவக்க பள்ளியில் தலைவர் சுரேந்திர பாபு தலைமை வகித்தார. செயலாளர் சதாசிவம் முன்னிலை வகித்தார். ஆசிரியை தங்கலீலா வரவேற்றார். தலைமையாசிரியர் சரவணன் யோகாவின் அவசியத்தை எடுத்துரைத்தார். பொருளாளர் உதயக்குமார் மற்றும் பெற்றோர் ஆசிரியர் மாணவர்களுடன் இணைந்து யோகா பயிற்சி செய்தனர். துணைத்தலைவர் ஜெயராஜ் பங்கேற்றனர். ஆசிரியைகள் பாக்கியலட்சுமி, கீதா, சரண்யா, ஓம்சக்தி, பிரேமலதா, உஷா தேவி ஒருங்கிணைத்தனர். ஆசிரியர் சுமதி நன்றி கூறினார்.

மதுரை நாகசிவா வித்யாலயா பள்ளியில் தலைவர் நமசிவாயம், துணை தலைவர் நாகலிங்கம் தலைமையில் நடந்தது. இயக்குனர் பழனிசெல்வம் வரவேற்றார். தலைமையாசிரியை கனிமொழி யோக கலை பற்றி விளக்கினார். மாணவர்கள் ஒன்றிணைந்து பல்வேறு ஆசனங்களை செய்தனர். இந்நிகழ்ச்சியை யோகா பயிற்சியாளா ஸ்ரீதேவி நடத்தினார்.

மதுரை மங்கையர்கரசி மகளிர் கலை அறிவியல் கல்லூரியில் நேரு யுவ கேந்திரா சார்பில் யோகா தினம் கொண்டாடப்பட்டது. யுவகேந்திரா துணை இயக்குனர் செந்தில்குமார் வரவேற்றார். அமெரிக்கன் கல்லூரி பேராசிரியை ஜெயராணி யோகா குறித்து பேசினார். காந்தி கிராம பல்கலை பதிவாளர் ஏவக்குமார் மாணவிகளுக்கு மூச்சுப் பயிற்சி மற்றும் தசைப் பயிற்சி நன்மை குறித்து விளக்கினார்.

வெள்ளி வீதியார் மாநகராட்சி பெண்கள் மேல் நிலை பள்ளியில் தலைமை யாசிரியர் முருகன் தலைமை வகித்தார். உதவி தலைமை யாசிரியை ஸ்டெல்லா ஜெயசீலி முன்னிலை வகித்தார். உடற்கல்வி இயக்குனர் ரெகுபாண்டி, ஆசிரியை கண்ம கபிரியா ஆகியோர் பயிற்சி அளித்தனர். ஆசிரியர்கள் விஜய், வேலுச்சாமி, செந்தில்குமார் பங்கேற்றனர்.

ஒத்தக்கடை தொடக்க பள்ளியில் தலைமையாசிரியர் தென்னவன் தலைமையில் யோகா தின விழா கொண்டாடப்பட்டது. ஆசிரியர் மோசஸ் முன்னிலை வகித்தார். மெர்சி வரவேற்றார். யோகா பயிற்றுனர் முத்துக்குமரன் யோகா பயன்பாடு குறித்து விளக்கினார். விழிப்புணர்வு போட்டிகளில் வெற்றி பெற்றவர்களுக்கு பரிசு வழங்கப்பட்டன. ஆசிரியைகள் ஜெயந்தி, சாந்தா, மாலா பங்கேற்றனர்.

மதுரை சவுராஷ்டிரா கல்லூரியில் உடற்கல்வியியல் துறை சார்பில் நடந்த யோகா தின நிகழ்ச்சிகளுக்கு முதல்வர் ராமலிங்கம் தலைமை வகித்தார். உடற்கல்வி இயக்குனர் ரவீந்திரன் முன்னிலை வகித்தார். பேராசிரியை ஷர்மிளா யோகா குறித்து விளக்கினார்.

மதுரை ஈஷா யோகா மையம் சார்பில் பி.பி.ஐ., அலுவலகம், பாஸ்போர்ட் அலுவலகம், திருமலை நாயக்கர் மகால், எஸ்.எஸ். காலனி பி.எஸ்.எல்.என்., அலுவலகம் உள்ளிட்ட இடங்களில் சிறப்பு யோகா பயிற்சி நடந்தது. மாணவர்கள், அரசு ஊழியர்கள் மேற்பட்டோர் பங்கேற்றனர். ஒருங்கிணைப்பாளர் முரளி ஒருங்கிணைத்தார்.

மதுரை கல்லூரியில் தீனதயாள் சேவா சமிதி சார்பில் நடந்த விழாவில் 20 பள்ளி மாணவர்கள் யோகா பயிற்சிகளை செய்தனர். தூத்துக்குடி துறைமுகம் கழக டிரஸ்டி சுபா நாகராஜன் தலைமை வகித்தார். ஜெய பிரபாஜூவல்லர்ஸ் நிர்வாக இயக்குனர் பிரபாகரன் முன்னிலை வகித்தார். ஓய்வு பெற்ற கல்லூரி முதல்வர் வன்னியராஜன், மத்திய அரசு மூத்த வழக்கறிஞர் கே.டி.ராகவன், பா.ஜ., பொது செயலர்கள் சீனிவாசன், பாரதிராஜ், மண்டல் தலைவர் தினேஷ்குமார் பங்கேற்றனர். சமிதி ஒருங்கிணைப்பாளர் சசிராமன் ஏற்பாடுகளை செய்தார்.

திருப்பாலையில் மண்டல் பா.ஜ., சார்பில் மண்டல் தலைவர் நாகராஜன் தலைமையில் யோகா பயிற்சி நடந்தது. தமிழ்செல்வன் பயிற்சியளித்தார். நிர்வாகிகள் ஹரிகிருஷ்ணன், அம்மையப்பன், சுரேஷ் பங்கேற்றனர்.

சிக்கந்தர்சாவடியில் ஹீடு அமைப்பு சார்பில் நடந்த விழாவிற்கு நிர்வாக இயக்குனர் முருகன் தலைமை வகித்தார். முத்துவர்ணம், கருப்பையா பயிற்சியளித்தனர். நிர்வாகி சரண்யாதேவி நன்றி கூறினார்.

பசுமலை அமிர்தா வித்யாலயம் பள்ளியில் முதல்வர் சசிரேகா தலைமையில் விழா நடந்தது. ஆசிரியை கற்பகவள்ளி வரவேற்றார். யோகா ஆசிரியர் ஜெயராமன் யோகா கலை குறித்து விளக்கினார். ஆசிரியை உஷாநந்தினி நன்றி கூறினார்.

தினமலர் அவெண்யூ வி.கே.கே. பள்ளியில் தாளாளர் கமலா தலைமையில் விழா நடந்தது. முதல்வர் வள்ளியம்மை வரவேற்றார். பிரம்மாகுமாரிகள் ஒருங்கிணைப்பாளர் சரஸ்வதி யோகா குறித்து விளக்கினார். மாணவி மகாஸ்ரீ நன்றி கூறினார். உடற்கல்வி ஆசிரியர் கதிரேசன் ஏற்பாடுகளை செய்தார்.

சமூக அறிவியல் கல்லூரியில் என்.எஸ்.எஸ்., திட்டம் மற்றும் திருமூலர் கல்வி மையம் சார்பில் நடந்த யோகா தினவிழாவிற்கு நிறுவனர் ராஜா தலைமை வகித்தார். நிர்வாக குழு செயலாளர் தர்மசிங், முதல்வர் நிஷாந்த், பேராசிரியர் ஜெயக்குமார் பங்கேற்றனர்.

மதுரை யோகாவனம் பயிற்சியாளர் கங்காதரன் மாணவர்களுக்கு யோகா முக்கியத்துவத்தை விளக்கினார். பல்வேறு ஆசனங்களை பயிற்சியாளர் முருகன் செய்தார்.

மாணவர்கள் சாதனை

மதுரை அரவிந்தர் மீரா கல்வி குழுமம் சார்பில் 1200 மாணவர்கள் பர்வ தாசனம் செய்தனர். இதன் மூலம் நோபல் வோல்டு ரெக்கார்டு ஆப் பர்வதாசனம் நோபல் வோல்டு ஆப் திரிபோச ஆசனம் என்ற இரண்டு உலக சாதனைகளை மாணவர் நிகழ்த்தினர். அதற்கான சான்றிதழை தாளாளர் சந்திரன் பெற்றார். நிர்வாக இயக்குனர் அபிலாஷ், இணை இயக்குனர் நிக்கிபுளோரா, கல்வி குழும துறை தலைவர் பரத் பங்கேற்றனர்.

மதுரை அறிவு திருக்கோயில் சார்பில் உத்தங்குடி டிகாத்லான் வளாகத்தில் நடந்த யோகா நிகழ்ச்சிகளுக்கு முதன்மை கல்வி அலுவலர் சுவாமிநாதன் தலைமை வகித்தார். உயர் நீதிமன்ற மதுரைக் கிளை நீதிபதி சுவாமிநாதன் யோகாவின் முக்கியத்துவம் குறித்து பேசினார். மதுரை மனவளக்கலை மன்ற அறக்கட்டளை பேராசிரியர் ஸ்ரீராம் துவக்கி வைத்தார். பேராசிரியர் வீரமுத்து முன்னிலை வகித்தார். அறிவுத் திருக்கோயில் செயலாளர் முத்துக்குமார் உட்பட பலர் பங்கேற்றனர்.

அச்சம்பத்து பிளசிங் மெட்ரிக் பள்ளியில் தாளாளர் ஜோசப் ஜெயராஜ் தலைமையில் யோகா பயிற்சி நடந்தது. பள்ளி முதல்வர்கள் கோவில்பிள்ளை, ஜெபமலர், ஆசிரியர்கள், பெற்றோர் கலந்து கொண்டனர். தி சாய் யோகா அகாடமி தலைமை பயிற்சியாளர் ராஜா பயிற்சியளித்தார்.

அலங்காநல்லூர்

அரசு ஆண்கள் மேல்நிலைப்பள்ளியில் 4ம் எண் தமிழ்நாடு பொறியாளர் அணி சார்பில், என்.சி.சி அலுவலர் காட்வின் தலைமையில் யோகா பயிற்சிகள் நடந்தன. தலைமையாசிரியர் லதா, ஆசிரியர்கள் மற்றும் மாணவர்கள் கலந்து கொண்டனர்.

திருப்பரங்குன்றம்

சரஸ்வதி நாராயணன் கல்லூரியில் என்.எஸ்.எஸ்., யோகா பயிற்சி மையம் சார்பில் யோகா விழிப்புணர்வு கருத்தரங்கு, பயிற்சியும் நடந்தது. முதல்வர் கண்ணன் தலைமை வகித்தார். துணை முதல்வர் கிருஷ்ணன் முன்னிலை வகித்தார். என்.எஸ்.எஸ்., திட்ட ஒருங்கிணைப்பாளர் விஜயகுமார் வரவேற்றார். ஆங்கிலத்துறை பேராசிரியர் வளர்மதி அறிமுக உரையாற்றினார். மதுரை திருநகர் ஸ்கை யோகா மைய பயிற்சி இயக்குனர் ரேவதி பேசினார். கல்லூரி யோகா பயிற்சி மைய இயக்குனர் தனலட்சுமி நன்றி கூறினார். என்.எஸ்.எஸ்., திட்ட ஒருங்கிணைப்பாளர்கள் ராமகிருஷ்ணன், மீனா நிகழ்ச்சி ஏற்பாடுகள் செய்தனர்.

சவுராஷ்டிரா கல்லூரியில் செயலாளர் டி.ஆர். குமரேஷ் தலைமை வகித்தார். பொருளாளர் எஸ். ஜெ. குமரேஷ், முதல்வர் ராமலிங்கம் முன்னிலை வகித்தனர். டீன் விஜயகுமார், உடற்கல்வி இயக்குனர் ரவீந்திரன், பேராசிரியர்கள் கண்ணன், சீனிவாசன், குபேந்திரன், வெங்கடேஷ், சிவக்குமார், ஜெயந்தி, விஜயலட்சுமி பங்கேற்றனர். உலக சமுதாய சேவா சங்க பேராசிரியர் ஷர்மிளா பேசினார்.

திருநகர் முத்துத்தேவர் முக்குலத்தோர் பள்ளி விழாவிற்கு தலைவர் சரவணன் தலைமை வகித்தார். செய

லாளர் கண்ணன், குனர் நடன குரு முன்னிலை வகி தலைமை ஆசிரியர் வரவேற்றார். திருந வளக்கலை மன்ற நி கள் பேசினர். தமிழ் கள்சரவணன், ராஜ தொகுத்துரைத்தனர். யர் அன்பு கார்த்தி நன்றி கூறினார்.

மேலூர்

இடையபட்டி திபெத் எல்லை காப்பு படை மு உதவி கமாண்டண் விஜய்தலைமை வகி ராணுவ வீரர்கள், பி.பி., பப்ளிக் பள்ளி வர்கள். காவலர் பள்ளி வீரர்கள், மாணவர் படை மா கள் கலந்து கொண்

உசிலம்பட்டி

உசிலம்பட்டி பொன்முத்துராமலிங வர் கல்லூரியில்மு ஜோதிராஜன், நாட்டு பணித்திட்ட அலுவ சிவசங்கரி, அழகு ரவிச்சந்திரன், பாண் றும் மாணவர்கள் ப றனர். ஈஷா யோகா பயிற்றுனர் சகி, துரை பயிற்சி அளி

கருமாத்துார்

அருள் ஆனந்த ஜோரி, பசும்பொன் ராமலிங்கத்தேவர் என்.சி.சி., மாண சார்பில் நடந்த வி முதல்வர் பேசில்டே துவக்கி வைத்தார். டுக்கல் என்.சி.சி., டாலியன் ஹவில்தா லப்பா, கல்லூரி என். அதிகாரிராஜசேகர், நியர்கள் வனிதா, ர திலீபன் பங்கேற்றன

எழுமலை

விக்வ வித்யாலயா ரிக் பள்ளியில் சர் யோகா தினம் நிறு பாண்டியன் தலைமை நடந்தது. முதல்வர் வேல் லட்சுமிகாந்த வேற்றார். எழுமலை மருத்துவமனை சித் துவர் புனிதா பயிற் தார். நிர்வாக அதிக ஜீத்உமர் நன்றி கூ

திருமங்கலம்

பி.கே.என்., க றும் அறிவியல் யில் தலைவர் விஜ தலைமை வகித்தா லாளர் கிருஷ்ணன் பொருளாளர் அசோ முன்னிலை வகி யோகா குறித்துநக தார ஆய்வாளர் பழ னார். யோக ஜோதி பயிற்சி மற்றும் ஆ மையம் சார்பில் குரு பயிற்சியளித்தார். அரசு மருத்துவமனை நாள் டீன் மருதுப தலைமை வ டாக்டர் மாதவன், வ ஞர்கள் தங்கசாமி, பங்கேற்றனர்.

Programme Title: Swachh Bharath- Campus Cleaning

Date: 25.06.2019 Time: 03.30 PM to 05.30 PM Venue: MISS Campus

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences involved in Swachh Bharath activities inside the college campus under the supervision of Mr.S.Charles NSS-PO, 34 NSS volunteers from unit 104 1nd 229 were involved and cleaned surrounding area of college campus.





Programme Title: Signature Campaign- International Drug abuse Day

Date: 28.06.2019 **Time: 09.30 AM** **Venue: MISS Campus**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences involved in organizing signature campaign in observance of international day against drug abuse and illicit trafficking. The college students, faculty members, non-teaching staff members and the parents took oath against usage of drug and signed in the pledge cloth. The students were also informed about the statistics about death caused due to drug abuse.









Programme Title: Swachh Bharath Activities- Rajaji Old age Home

Date: 06.07.2019 **Time: 09.30 AM** **Venue: MISS Campus**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences involved in Swachh Bharath activities at Rajaji old age home. The main objective of the programme is to make the NSS volunteers to clean the inner areas of the home and to understand the status of the elders. The volunteers were informed about the day to day activities of the old age home by Mrs. Meenakshi care taker of the home, 32 NSS volunteers participated in the programme.



Programme Title: Participation of NSS volunteers in Examination of Mahatma Gandhi

Date: 22.07.2019 Time: 09.30 AM Venue: Alumni Hall, MISS Campus

Summary of the Programme: The NSS Volunteers of Madurai Institute of Social Sciences participated in competitive examination about Mahatma Gandhi on 22.07.2019 at alumni auditorium, 38 NSS volunteers participated in the examination. The programme was conducted in collaboration of Gandhi Museum- Madurai.









Programme Title: Awareness Programme on Drug Abuse

Date: 24.07.2019 **Time: 10.00AM** **Venue: HRD Hall, MISS Campus**

Summary of the Programme:

On 28.06.2019 The NSS Units of Madurai Institute of Social Science organized signature campaign in observance of International Day against Drug Abuse and Illicit Trafficking. The theme for 2019 was on Health for Justice and Justice for Health, the theme was explained to each and every student and insisted to participate in signature campaign by mentioning say no to drugs. Followed by that on 24.07.2019 a capacity training programme was organized by NSS-Units in collaboration with Aathmik Hospital- Institute of Mental Health and Neuroscience. The formal welcome address was delivered by Mr.S.Charles- NSS-PO, MISS. Mr.M.Nisanth Principal (i/c) delivered felicitation address. Mr.S.Arikudainambi – Director-Aathmik Hospital explained the students about the concept of drug and its ill-effect towards the society. He also explained the NSS Volunteers about the alcohol and drug addiction and rehabilitative measurements. Followed by that he explained with anecdotes and case studies which made the students to reflect upon the personality under drug abuse. Around 106 NSS volunteers participated in the programme. The programme winded up with vote of thanks proposed by NSS volunteer.



Programme Title: Awareness Rally on Child sexual abuse

Date: 03.08.2019 **Time: 10.00AM** **Venue: HRD Hall, MISS Campus**

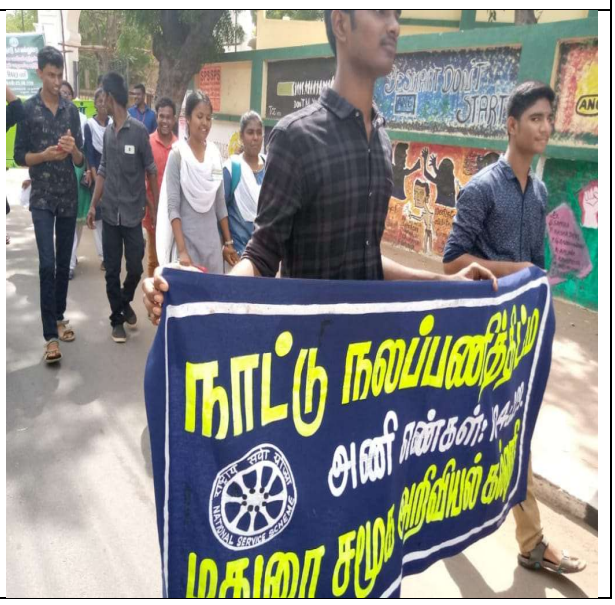
Summary of the Programme:

On 03.08.2019 The NSS volunteers (25 volunteers) and students of Madurai Institute of Social Sciences participated in rally on Crime against Women & Child Sexual Abuse, organized by Madurai City Police and District Child Protection Unit. The rally commenced at Circuit house and completed at Madurai Ghandi Museum. Students from various college and school students participated in the rally and recited the slogan on crime against women and children. At the completion of the programme the city police commissioner Mr.Davidson Devasirvatham- IPS addressed the gathering.









Programme Title: One day programme on plastic free environment

Date: 14.08.2019 Time: 10.00AM Venue: HRD Hall, MISS Campus

Summary of the Programme: An awareness training programme on plastic free environment was conducted by NSS units of Madurai Institute of Social Sciences in collaboration with Voluntary Association for People Service- (VAPS). Mrs. Illamathi, Executive Director of VAPS explained the NSS volunteers about the ill effects of plastics and alternative usage of plastics. The session was conducted in a participative method and interactive mode, 38 NSS volunteers of Madurai Institute of Social Sciences participated.





Programme Title: Awareness and Capacity Development programme on Zoonotic diseases

Date: 16.08.2019 **Time: 10.00AM** **Venue: HRD Hall, MISS Campus**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences conducted awareness programme on Zoonotic diseases in collaboration with Department of Public health and Preventive Medicine. Dr.T.John victor – District Malaria Officer explained the concept of Zoonotic disease. He explained about the Causes, symptoms, prevention and treatment of diseases like Avian influenza, Dengue Fever, Chikungunya etc. He also explained that the poor waste management system with erratic environment issues causes in the uprising of vector population and in turn functions as agents of transmission.

He also explained as a cause consuming unscientifically slaughterhouse meat causes many zoonotic diseases like tuberculosis, anthrax zoonotic rabies and hook warm which transmits to the consumers. The increasing livestock production to face raising demand has reflected interaction at the livestock- wildlife and human interface and creates a scenario in spread of zoonotic diseases. He also insisted that the control of zoonotic diseases is possible only by bringing change in the behavioral aspect. He also explained the types of Zoonotic diseases spread in an updated manner like SARS, H1N1etc. He insisted the NSS volunteers to ensure a behavioral change to combat with zoonotic diseases, 91 NSS volunteers participated in the programme.

Programme Title: State Level Chess Competition conducted by The Hindu

Date: 24.08.2019 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences coordinated the State level chess competition programme organized by The Hindu group. Various students form different district like Madurai, Sivagangai, Ramanathapuram, Dindigul, Theni, Virudunagar, participated in the programme and the entire programme was coordinated by 21 NSS volunteers. The Honorable Minister for Revenue and Disaster Management R.B.Udayakumar congratulated and distributed the prizes.

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Programme Title: Swatch Bharath - Class room cleaning

Date: 30.08.2019 **Time: 10.00AM** **Venue: Community College MISS**

Summary of the Programme: The NSS Volunteers of Madurai Institute of Social Sciences involved in class room cleaning activities in the community college, 25 NSS Volunteers participated and cleaned the class rooms and surroundings of the community college.





Programme Title: An Awareness programme on Individual Positive Mental Health

Date: 13.09.2019 **Time:** 10.00AM **Venue:** Auditorium, MISS

Summary of the Programme: The NSS Volunteers of Madurai Institute of Social Sciences participated in capacity development programme on "Positive Mental Health". The Former Principal Dr.M.Kannan explained the students about the importance and practice of positive mental health, 77 NSS volunteers participated in the programme.





Programme Title: NSS Orientation for the freshers

Date: 19.09.2019 Time: 10.00AM Venue: First Year MSW Classroom

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences attended orientation programme for the freshers, 64 NSS volunteers participated in the programme. The NSS PO of 104 Mr.S.Charles explained the students about the importance of the NSS activities and community development. He explained about different of NSS and other social activities like Nehru Yuva Khendra, Scout, NCCetc. He explained the students about activities of previous year and action plan of the academic year 2019-2020. He explained about the regular activities and special programmes and completion of stipulated hours for availing the certificate. He insisted that every NSS volunteers to completion of 120 hours in a year and explained the students about the NSS Camp. He insisted about the importance of NSS students about the personality development towards the community emancipation. He also explained the students about the motto, aim, objectives, importance of NSS badge and inferred about the logo and the colour. He also explained about the awards and recognition of state government and listed out about the common awards such as Indria Ghandhi NSS Award and SAARC award at central government award. He also explained about day camp in accomplishing 120 hours and regular activities of maintaining traffic and community works.

Programme Title: Global Warming

Date: 17.09.2019 **Time: 10.00AM** **Venue: Madurai Kamaraj University**

Summary of the Programme: The NSS Programme Officer-104 of Madurai Institute of Social Sciences participated in orientation programme for NSS PO's on Global Warming and Climatic Change organized by NSS Madurai Kamaraj University and Tamilnadu Science Forum.





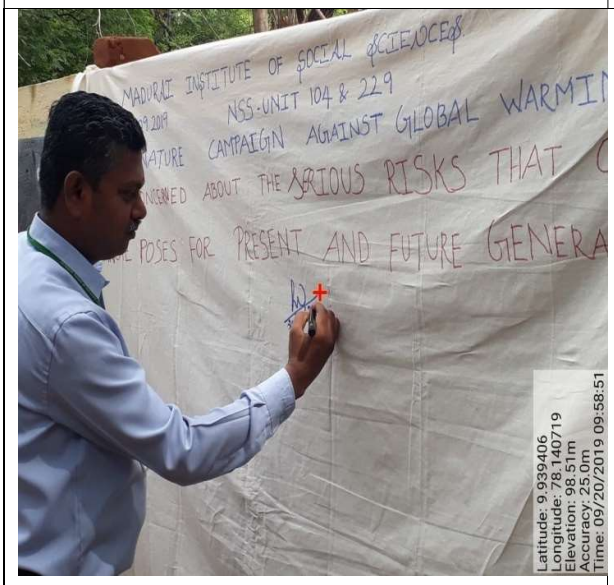
Programme Title: Global Warming

Date: 20.09.2019 Time: 10.00AM Venue: Assembly and I-MSW classroom

Summary of the Programme: On 20.09.2020 the NSS Units of Madurai Institute of Social Sciences organized various programmes on "Global Warming". The students of Madurai Institute of Social Sciences took Oath in safe guarding the world against global warming the session was conducted during daily prayer assembly session, followed by that the students participated in signature campaign. A training progrmamme was conducted by the NSS-PO Mr.S.Charles regarding Global Warming. Around 84 NSS volunteers participated in the programme.









Programme Title: NSS Day-2019

Date: 24.09.2019 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organized NSS Day programme, the former NSS coordinator Mr.S.Raju delivered chief guest address and insisted importance and prime objectives of NSS. He also explained the qualities that an NSS volunteer should possess. The Felicitation address was delivered by Mr.Dharmasing- Secretary, MISS and by Mr.M.Nisanth- Principal, MISS,104 NSS volunteers participated in the programme and took NSS Day oath.









DAILY THANTHI- Date 25.09.2019 page 24

நாட்டு நலப்பணித்திட்ட நாள் விழா

புதூர்,செப்.25-

மதுரை சமூக அறிவியல் கல்லூரியில் 50-வது நாட்டு நலப்பணித்திட்ட நாள் விழா கொண்டாடப்பட்டது. கல்லூரி முதல்வர் நிஷாந்த் வரவேற்றுப் பேசினார். மதுரை காமராஜர் பல்கலைக்கழக நாட்டுநலப்பணித்திட்ட முன்னாள் ஒருங்கிணைப்பாளர் ராஜூ சிறப்பு விருந்தினராக கலந்து கொண்டு பேசினார்.

நாட்டு நலப்பணித்திட்டமானது சமூக கடமையையும், நாட்டுப்பற்றையும் மாணவர்களுக்கு கற்றுத் தருவதாகவும், சமூக பணிகளை செய்திட வழி வகுப்பதாகவும் சிறப்பு விருந்தினர் கூறினார். கல்லூரி செயலாளர் தர்மசிங் வாழ்த்தி பேசினார். பேராசிரியர் சார்லஸ் நன்றி கூறினார். விழாவில் நாட்டு நலப்பணித்திட்ட மாணவர்கள் கலந்து கொண்டனர்.

Programme Title: POCSO Awareness Programme

Date: 27.09.2019 16.10 **Time: 10.00AM** **Venue: Alumni Auditorium**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences participated in POCSO awareness programme in collaboration with Madurai Childline-1098 Nodal. The Madurai City Childline Coordinator Mr.M.George explained the salient features of the Prevention of child sexual abuse. He explained the students about the rights of children according to the universal declaration and explained the right based violence faced by children. He also explained the students to about role if CHILDLINE-1098 and role of NSS volunteers, 38 NSS volunteers participated in the programme.



Programme: Appreciation Award by Indian Red Cross Society on Observance of Blood Donation Day-2019

Date: 05.10.2020 **Time: 10.00 AM**

Venue: John Pennycuick Hall, Collector Office Madurai

Summary of the Programme: The Indian Red Cross Society organized meeting on appreciation of colleges organized blood donation camp. The NSS Units of Madurai Institute of Social Sciences received award from the Corporation Commissioner Mr.S.Vishan. The NSS PO-104 received the appreciation award on behalf of the college.





Programme: World Mental Health Day-2019

Date: 10.10.2020 **Time: 09.40 AM** **Venue: MISS Campus**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences conducted awareness on mental health and prevention of suicide. Dr.A.Arun Rajkumar-Assistant professor in the Department of social work- Community Development explained the students about positive style of living and ill effects of pessimistic thinking. The students of MISS were tagged with green ribbon in embarking the world Mental Health Day-2019.





Programme Title: Rashtriya Ekta Diwas or National Unity Day

Date: 17.10.2019 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organized the college students to take oath on National Unity Day.





Programme Title: AIDS Awareness Programme

Date: 07.12.2019 **Time: 10.00AM** **Venue: HRD Hall, MISS**

Summary of the Programme: The NSS Voluntees of Madurai Institute of Social Sciences participated in AIDS Awareness programme in observance of World AIDS Day. Dr.P.Jayakumar – Head- Department of Social Work explained the volunteers about causes, symptoms, prevention and treatment for AIDS. He also explained the ill effects of AIDS and stigmatization of the infected people. He insisted the role of NSS volunteers in sensitization of preventive activities. He insisted the volunteers with a caption Spread the positive message not the virus, 51 NSS volunteers participated in the programme and took oath in sensitization to the general public.







Programme Title: Capacity Development programme for NSS Volunteers on Human rights

Date: 11.12.2019 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Science Participated in capacity development programme on Human Rights. Mrs.P.Rajalakshmi- NSS PO-224 , explained the volunteers about the salient features of human rights act 1993 and constitutional remedies. She also explained about the central and state human rights committee and district level human right forums. She also explained the importance role of NSS volunteers in ensuring the human rights. She explained the students with case examples, 51 NSS volunteers participated in the programme.

Programme Title: Tree Plantation inside the College Campus

Date: 11.12.2019 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Programme: The NSS Volunteers of Madurai Institute of Social Sciences participated in Tree plantation inside the college campus, 28 NSS volunteers participated in the programme. The Programme was coordinated by Ms.S.Charles – NSS PO-104.

Programme Title: Celebration of Youth Day- Ramakrishna Mutt

Date: 07.01.2020 **Time: 10.00AM** **Venue: Ramakrishna Mission**

Summary of the Programme: In celebration of youth day the NSS volunteers of Madurai Institute of Social Science participated in the programme organized by Sri Ramakrishna Mission, Madurai. The NSS volunteers were explained about the role of Swami Vivekananda towards the development of Youths, 120 NSS volunteers participated in the programme.

Programme Title: Voter's Day Pledge-2020

Date: 25.01.2020 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Programme: The NSS Units of Madurai Institute of Social organized National Voters day celebration in embarking the foundation day of the election commission of India. As a part of the this occasion the NSS Volunteers and students of MISS took pledge in observance of Voters Day. The pledge upholds the values of dignity of free, fair and peaceful election in embedded values of not considering religion, caste, language.



VOTERS PLEDGE

We, the citizens of India, having abiding faith in democracy, hereby pledge to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections, and to vote in every election fearlessly and without being influenced by considerations of religion, race, caste, community, language or any inducement.

வாக்காளர் உறுதிமொழி

ஜனநாயகத்தின் மீது இணங்கி நடக்கும் நம்பிக்கையுடைய இந்தியக் குடிமக்களாகிய நாம், நம் நாட்டின் ஜனநாயக மரபுகளையும், சுதந்திரமான, நியாயமான மற்றும் அமைதியான தேர்தல்களின் மாண்பையும் நிலைநிறுத்துவோம் என்றும், மேலும் ஒவ்வொரு தேர்தலிலும் அச்சமின்றியும், மதம், இனம், சாதி, சமூகம், மொழி ஆகியவற்றின் தாக்கங்களுக்கு ஆட்படாமலும் அல்லது எந்தவொரு தூண்டுதலுமின்றியும் வாக்களிப்போம் என்றும் உறுதி மொழிகிறோம்.

Programme Title: Republic Day Programme- 2020

Date: 26.01.2020 **Time: 10.00AM** **Venue: MISS, Campus**

Summary of the Programme: On 26.01.2020 the Madurai Institute of Social Sciences and NSS Units 104 & 229 organized Republic Day parade, 62 NSS volunteers involved in republic day parade. The former Regional Joint Directorate of Collegiate Mr.P.Koodalingam delivered the chief guest address and insisted the role of students in building the nation. The Felicitation address was delivered by Dr. Capt. D.V.P.Raja, Founder- Chairman and Mr.D.V.Dharmasing, Secretary- MISS. Vote of thanks was proposed by Mr.M.Nisanth- Principal (i/c), MISS.









Programme Title: Capacity Development programme for NSS Volunteers on Stress Management

Date: 27.01.2020 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Programme: On 27.01.2020 the NSS Units of Madurai Institute of Social Sciences Organised capacity development programme on "Stress Management" in collaboration with Deepthi Devout Foundation, Madurai. Mr.Sheik, Senior trainer handled the entire session with various group activities. The entire programme was on practical handling of stress. Followed by that debriefing session was conducted and concluded with vote of thanks by NSS volunteers, 120 NSS volunteers participated in the programme.









Programme Title: World Leprosy Day -2020

Date: 30.01.2020 **Time: 09.45 PM** **Venue: MISS Campus**

Summary of the Programme: In observance of World Leprosy Day 2020 the NSS Units of Madurai Institute of Social Sciences organized the students and observed oath taking. The NSS- PO explained the significance of observing leprosy day on death anniversary of Mahathma Gandhi. He explained the students about the causes, symptoms, prevention, treatment and causes treatment regarding the leprosy. He also explained the theme of the year "**Leprosy is not what you think"**. He also explained the stigmatization of leprosy and misconception about the diseases. He explained the role of National Leprosy Eradication programme as eradication mission of the central and state government.



ஸ்பர்ஷ்–உறுதிமொழி

மகாத்மா காந்தி நினைவு தினமான இன்று உறுதி மொழி ஏற்கிறேன் என்னவெனில், உணர்ச்சியற்ற தேமல் அல்லது படை போன்றோ , தொழுநோயினால் உடல் குறைபாடு உள்ளவர்களை எனது குடும்பத்திலோ அல்லது வீட்டின் அருகில் உள்ளவர்களோ, சமூகத்திலோ இருந்தால் உடன் அவர்களை அருகில் உள்ள அரசு ஆரம்ப சுகாதார நிலையங்கள் அரசு மருத்துவ மனைகளுக்கு அழைத்து சென்று சிகிச்சை வழங்க ஏற்பாடு செய்வேன்.

அவர்களை அன்பாகவும், எனது குடும்ப உறுப்பினர்கள் போலவும் வேறுபாடு இல்லாமல் உரிய மரியாதையுடன் நடத்துவேன்.

தொழுநோய் குணமாக கூடியது, ஆரம்ப நிலை சிகிச்சை உடல் குறைபாட்டை ஏற்படுத்தாது அங்கஹீனத்தை தடுக்கும் தொழுநோயாளிகளை ஒதுக்கக்கூடாது போன்ற விபரங்களை ஊர் முழுவதும் தெரிவித்து விழிப்புணர்வினை ஏற்படுத்துவேன்.

மகாத்மாவின் கனவை நனவாக்கும் வகையில் தொழுநோய் இல்லா இந்தியா உருவாக அனைவருடன் இணைந்து ஒத்துழைப்பேன் என்று உறுதி கூறுகிறேன்.

Programme Title: Inauguration of Anandam- A comprehensive programme for the wellbeing of the family members of the police personnel's

Date: 30.01.2020 **Time: 05.00 PM** **Venue: Centenary Stadium AR Police**

Summary of the Programme: On 30.01.2020 the Madurai Institute of Social Sciences in collaboration with Madurai City Police and MS Chellamuthu Trust and Research Foundation organized and inaugurated programme called Aanandam an exclusive programme for family members of the police personnel. The core objective of the programme is to assist the family members of police personnel family members in terms of Psycho-social support. Around 70 NSS volunteers and Social Work students participated in the programme. The Presidential address was delivered by Mr.Baskar- Deputy Commissioner- Law and Order, The felicitation address was delivered by Mr.T.Senthil Kumar- Deputy Commissioner- Crime, followed by that felicitation address was delivered by (Capt) Dr.D.V.P.Raja followed by that Dr.C.Ramasubramanian explained the students regarding the importance of the programme and role of NSS volunteers and Social Work Students. The vote of thanks was delivered by Ms.Lilly Grace- Assistant Commissioner- in charge Aandam Project.




Sciences
arch Foundation
OPPO A9 2020 - ©AathiK7

Programme Title: Swachh Bharath - Armed Reserve Police Quarters

Date: 01.02.2020 **Time: 10.00AM** **Venue: Auditorium, MISS**

Summary of the Report: On 01.02.2020 the NSS volunteers of Madurai Institute of Social Sciences conducted swatchh Bharath activities in Armed Reserve Police quarters. The programme was inaugurated by Ms.Lilly Grace-Assistant Commissioner of Police. Around 60 NSS volunteers participated in the programme and cleaned the premises of Armed Reserve Police quarters.









Programme Title: Swachh Bharath Activities at Rajaji Old Age Home

Date: 08.02.2020 Time: 10.00AM Venue: Rajaji Old age Home, Visvanathapuram

Summary of the Report: The NSS Units of Madurai Institute of Social Sciences organized Swachh Bharath activities in Rajaji Old Age Home at Viswanathapuram, 29 NSS volunteers involved in cleaning activities inside and outside the home premises.






OPPO A1k : ©Raja Ram

Programme Title: International Cancer Awareness Programme

Date: 04.02.2020 **Time: 10.00AM** **Venue: HRD Hall, MISS**

Summary of the Report: The NSS Units of Madurai Institute of Social Sciences organized International Cancer Awareness programme. The Theme for International Cancer awareness day was **I am and I will**. The students and faculty members took oath and imprinted their palm as sign of pledge to save cancer patients. Followed by that an awareness programme was organized by NSS units, Ms.Suguna- Senior Project Assistant, Adayar Cancer Institute was the resource person. She explained the NSS volunteers about the causes and types of cancer and methods of treatment, 38 NSS volunteers participated in the programme.






நாட்டு நலப்பணித்திட்டம்
அணி எண்கள் 104 & 229.
மதுரை சமூக அறிவியல் கல்லூரி

Programme Title: Swatchh Bharath activities community college- MISS

Date: 14.02.2020 **Time: 10.00AM** **Venue: HRD Hall, MISS**

Summary of the Report: The NSS Units of Madurai Institute of Social Sciences involved in Swachh Bharath activities at community college, 32 NSS volunteers participated in the programe and cleaned the premises.



Programme Title: Blood Donation Camp- 2020 in celebrating Centenary year of Indian Red Cross Society

Date: 14.02.2020 **Time: 10.00AM** **Venue: HRD Hall, MISS**

Summary of the Report: The NSS Units of Madurai Institute of Social Sciences organized blood donation camp in collaboration with Government Rajaji Hospital and Indian Red Cross Society. The programme was conducted on the observance of centenary celebration of Indian Red Cross Society, 65 students from Madurai Institute of Social Sciences participated in the programme.






OPPO A1k · ©Raja Ram


OPPO A1k · ©Raja Ram

Programme Title: Child Beggary Ride in collaboration with Department of Social Defence

Date: 15.02.2020 **Time: 10.00AM** **Venue: HRD Hall, MISS**

Summary of the Report: The NSS Volunteers (24) and Social Work Students of Madurai Institute of Social Science involved in "Child Beggary Ride" in collaboration with Madurai District Child Welfare Committee, District Child Protection Unit, Madurai Railway Childline and Government Railway Police Force. The volunteers rescued the begging child in and outside the premises of Madurai Railway Station and handed over to the rescue desk organized by Department of Social Defence, District Child protection Unit, Child Welfare Committee. Mrs.V.Deepa- Secretary, District Legal Services Authority explained the students about the importance of the rescue process in eradication and rehabilitation of the children in need of care and protection.



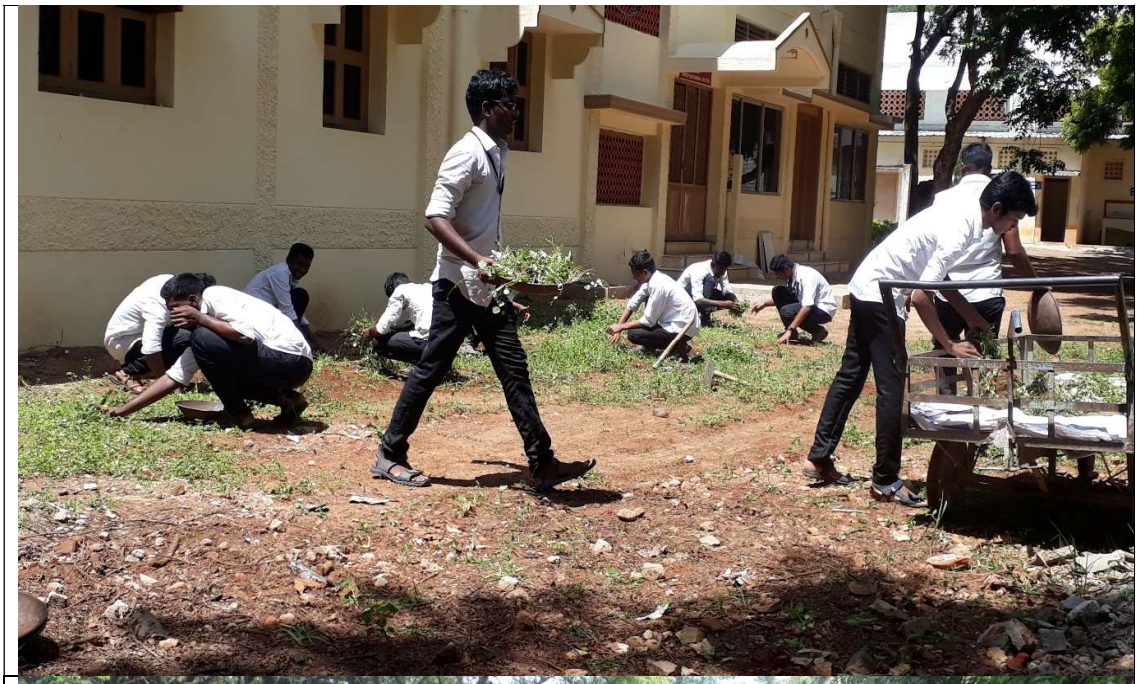



CLOAK ROOM
பொருட்கள் வைக்கும் அறை
सामान रखने का अमानती घर
CLOAK ROOM
DELIVERY
வழி தவறிய குழந்தைகள் அறை
Shelter for Deserted Children
CHILD HELP DESK
EKTA
OPPO A1k · ©Raja Ram

Programme Title: Swatch Bharath College Campus

Date: 25.02.2020 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Report: The NSS volunteers of Madurai Institute of Social Sciences participated in Swachh Bharath activites inside the MISS campus, 78 volunteers participated in the activities.






HUMAN RESOURCE DEVELOPMENT HALL
OPPO A1k · ©Raja Ram

Programme Title: Solid Waste Management in current scenario- for NSS Volunteers

Date: 26.02.2020 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Report: On 26.02.2020 the NSS Units of Madurai Institute of Social Sciences organized training programme on "Solid Waste Management". Around 104 NSS volunteers participated in the programme, Mr.Sivakumar – Director- Alter Energy, Madurai oriented the students regarding the solid waste management and practical application in the adopted village and community practices of NSS. The Vote of thanks was delivered by Mrs.R.Rajalakshmi- NSS-PO, MISS.






நாட்டு நலப்பணித்திட்டம்

Programme Title: Disaster Management Preparedness Programme

Date: 03.03.2020 **Time: 10.00AM** **Venue: MU.VA. Arangam MKU**

Summary of the Report: The NSS volunteers of Madurai Institute of Social Sciences Participated in Disaster Preparedness programme organized by Madurai Kamaraj University. The Minister for Revenue and Disaster Management felicitated the function and explained the importance of the programme. Dr.J.Radhakrishnan -IAS, principal secretary of health and family welfare took an input session on preparedness towards disaster, the programme was felicitated by various political personalities and government officials, 53 NSS volunteers participated in the programme.









Programme Title: Women's Day Celebration- Competitions for NSS Volunteers

Date: 06.03.2020 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Report: On 06.03.2020 the NSS Units of Madurai Institute of Social Sciences organized Women's Day celebration. Various competitions like Elocution, Fireless cooking, facial painting and other talent tapping programmes were conducted. Around 75 NSS volunteers participated in the programme. The programme was coordinated by Mrs.R.Rajalakshmi, NSS-PO-MISS.



Programme Title: Swatchh Bharath - College Library

Date: 10.03.2020 Time: 10.00AM Venue: Martin Hendry Library MISS Campus

Summary of the Report: The NSS volunteers of Madurai Institute of Social Sciences involved in swachh Bharath activities in Martin Henry Library, MISS, 48 NSS volunteers involved in the activities.



Programme Title:

1. **COVID-19 Corona Virus - Safety Messures on Hand Washing and safety Precautionary to MISS students**
2. **COVID-19 Corona Virus Pandemic Diseases Awareness Programme- for NSS Volunteers**

Date: 14.03.2020 **Time: 10.00AM** **Venue: MISS Campus**

Summary of the Report: On 14.03.2020 the NSS units of Madurai Institute of Social Sciences organized preparedness and awareness programme on Corona Virus- COVID-19 at Alumni Hall, MISS. The students of MISS were demonstrated about hand washing techniques as recommended by World Health Organisation. Followed by that the awareness programme was conducted by Dr.Vijaya Saravanan- Chairman- Child Welfare committee and Medical practitioner. He explained the students about symptoms, prevention, causes, diagnostic methods, treatments regarding COVID-19. The programme was conducted in discussion mode. The session ended with vote of thanks proposed by Mr.S.Charles-NSS-PO, MISS, 115 NSS volunteers participated in the training session.




Alumni Auditorium
நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229
மதுரை சமூக அறிவியல் கல்லூரி
M.I.S.S
OPPO A1k · ©Raja Ram


OPPO A1k · ©Raja Ram

S.No	Title of the programme	Date	No of Participants
1.	Generated e- awareness posters related to COVID-19	21.05.2020	All Students
2.	Distribution Kabasura Kudineer (Indigenous medicine recommended by Tamilnadu Government) at Kadachenathal	23.05.2020	15
3.	Conducted Online training programme for NSS volunteers on Making safety Mask	29.05.2020	68
4.	Distribution of Mask and Kabasura Kudineer at Race Course Road Market	30.05.2020	15
5.	Distribution of Mask and Kabasura Kudineer at Migrant Labour Area, MGR Bus Stand	31.05.2020	15
6.	Distribution of Mask and Kabasura Kudineer at Surveyor Colony	01.06.2020	15
7.	Distribution of Mask and Kabasura Kudineer at Kathakinaru	02.06.2020	15
8.	Distribution of Mask and Kabasura Kudineer at Appan Tirupati	02.06.2020	15
9.	Distribution of pamphlets on World No- Tobacco Day-2020	03.06.2020	8
10.	Virtual Poster Making Competition on the theme 'Time for Nature	05.06.2020	51
11.	Tree Plantation in Adopted Village and Distribution of Kabasura Kudineer	06.06.2020	14
12.	International Yoga Day-2020 (Online Demonstration)	21.06.2020	67
13.	Webinar on Yoga Health Bliss in Collaboration with Indian Yoga Association and Mahatma Gandhi Yoga Institute	21.06.2020	87
14.	Independence Day Celebration	15.08.2020	23
15.	Swachh Bharath Activities	21.09.2020	34
16.	NSS Day Celebration	24.09.2020	96
17.	Tree Plantation	02.10.2020	12
18.	Online Webinar on Understanding Child Rights and CHILDLINE-1098"	16.11.2020	89
19.	Online Webinar Issues and Legal Perspective on Child Marriage	17.11.2020	92
20.	Online Webinar POCSO Act-2012 and Role of Stake Holders	18.11.2020	83
21.	Online Webinar on " Critical Perspective on Child-labour	19.11.2020	74
22.	Online Webinar Child Trafficking and Bounded Labour	20.11.2020	81
23.	Observance of Indian Constitution Day-2020	26.11.2020	96
24.	Observance of International AIDS Day	01.12.2020	94

25.	**Observance of International Human Rights Day**	**10.12.2020**	**87**
26.	**Republic Day Parade- NSS Volunteers**	**26.01.2021**	**40**
27.	**Three Days Polio Immunization Programme**	**29,30,31/01/2021**	**37**
28.	**Election Awareness at Y.Pudupatti**	**04.02.2021**	**32**
29.	**Swachh Bharath- MISS College Campus**	**08.02.2021**	**63**
30.	**Swachh Bharat- Rajaji Old Age Home**	**16.02.2021**	**58**
31.	**Swachh Bharath – College Cleaning Activity (HRD Hall)**	**17.02.2021**	**26**
32.	**Blood Donation Camp in collaboration with Government Rajaji Hospital**	**20.02.2021**	**63**
33.	**Awareness Rally on Congenital Heart Diseases in Little Moppet Heart Foundation**	**24.02.2021**	**34**
34.	**Training Programme on First Aid and Disaster Management in collaboration with Indian Red Cross Society- Madurai**	**26.02.2021**	**145**
35.	**Swachh Bharath Activities**	**05.03.2021**	**39**
36.	**Awareness Programme on De-addiction**	**06.03.2021**	**80**
37.	**Awareness Programme on Global Warming**	**12.03.2021**	**34**
38.	**The impact of social media among youngster**	**19.03.2021**	**143**
39.	**Deworming Programme**	**22.03.2021**	**480**

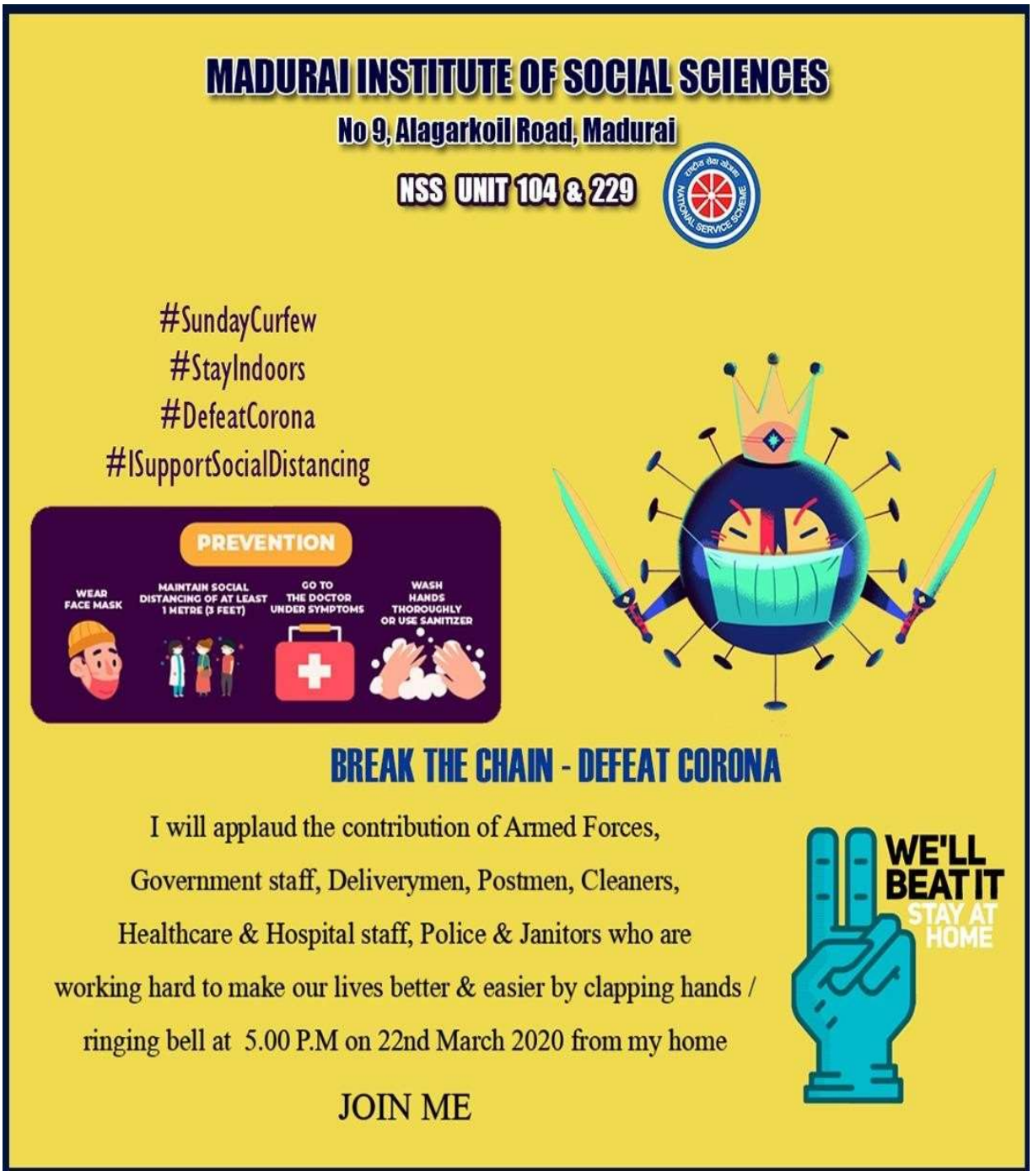
Dr.M.Nisanth
Principal (i/c)

Mr.S.Charles
NSS-PO-104

Mrs.R.Rajalakshmi
NSS-PO-229

Circulation of COVID-19- Corona Pandemic Awareness IEC Materials

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences created e-Sensitization IEC materials and circulated them among the general public regarding the COVID-19 Pandemic.



மதுரை சமூக அறிவியல் கல்லூரி
மதுரை

நாட்டு நலப்பணி திட்டம்
109 & 229

COVID-19

கொரோனா நோய் தொற்று ஏற்படாமல் தவிர்க்க தனி மனித பாதுகாப்பு உறுதிமொழி

நான், எனது நன்மைக்காக எடுக்க வேண்டிய தொடர் நடவடிக்கைகள்

1). நான் பொது போக்குவரத்தில் பயணம் செய்ய மாட்டேன்.

2). நான் எந்த பொது நிகழ்ச்சிகளிலும், கூட்டங்களிலும் கலந்து கொள்ள மாட்டேன்.

3). நான் திரையரங்களுக்கோ, உணவகங்களுக்கோ செல்லமாட்டேன்.

4). நான் உணவகங்களிலிருந்து உணவினை வீட்டிற்கு வரவழைக்க மட்டேன்.

5). நான் உடற்பயிற்சி கூடங்களுக்கோ, நீச்சல் குளத்திற்கோ செல்ல மாட்டேன்.

6). நான் மற்றவர்களுக்கு வாழ்த்து சொல்லும் பொழுது, இரு கைகளை கூப்பி வணங்குவேன்.

7). நான் என் முகத்தை தொடுவதற்கு முன் கைகளை நன்கு கழுவுவேன்.

8). நான் பொது சுகாதாரத்துறை அறிவுறுத்தலின் படி, ஒரு நாளைக்கு 10 முதல் 15 முறை, 20 நொடிகளுக்கு கைகளை நன்கு கழுவுவேன்.

9). நான் பொது இடங்களில் கைப்படும் இடங்களை தொடுவதை தவிர்ப்பேன்.

10). நான் பொது இடங்களுக்கு அவசியமில்லாத காரணங்களுக்கு செல்வதை தவிர்ப்பேன்.

இச்சூழ்நிலையில் பொது மக்கள் நலமுடன் இருக்க தன் சுத்தம் பேணுதல் முறைகளை கையாளவேண்டும் என்பதில் நான் உறுதியாக இருக்கிறேன்.


MADURAI INSTITUTE OF SOCIAL SCIENCES
NSS UNIT 104 AND 229
BE ALERT
HUMBLE REQUEST
THOSE OF YOU WHO PLAN
TO BURN DIYA / CANDLE
ON 5TH APRIL 2020 AT 9:00PM
PLEASE DO ENSURE THAT
THERE IS NO SANITIZER ON YOUR HAND

Title of the Programme: Distribution of Mask and Kabasura Kudineer at Kadacheneendal

Date: 23.05.2020 **Venue:** Kadacheneedal (via Alagarkovil)

Summary of the Programme: On 23.05.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Coronavirus Pandemic diseases. The units were also involved in the distribution of Personal Protective equipment masks at Kadachenendal near Alagarkovil, around 409 beneficiaries benefited from the programme. The NSS volunteers (15) sensitize the people regarding the symptoms and preventive measurements during a pandemic situation.



Title of the Programme: Conducted Online mask making course for NSS students

Date: 29.05.2020 **Venue:** Madurai Institute of Social Sciences (online)

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences conducted an online workshop on hand made face masks on 29.05.2020, 68 NSS volunteers participated and benefited from the programme, Mrs Thulasi Kannan, Feviaryl Specialist, Pidilite Industries facilitated as resource person.

Dear all...

Greetings from Madurai Institute of Social Sciences!

We are happy to inform you that the National Service Scheme of Madurai Institute of Social Sciences is organizing an online workshop on hand made face mask on 29.05.2020 at 11.00 AM to 12.00 PM The students are expected to enrol the programme.

Resource Person:
Ms.Thulasi Kannnan, Feviaryl Specialist, Pidilite Industries.

For Registration please click the link below
https://forms.gle/pruBnjZoUR9tHeYUA

Note: * No Registration Fee / * E-certificates will be issued after submitting the feedback form

Zoom Link for the workshop: J
https://us04web.zoom.us/j/78790811493?pwd=N29EZUJUclM5SE5mWi9oT05rVFpSUT09

Meeting ID: 787 9081 1493 / Password: 1neTTA

With Regards
Mr.S.Charles, NSS PO & Organising Secretary, For further details: vts.charles@gmail.com , 9894100691

Title of the Programme: Distribution of Mask and Kabasura Kudineer at Race Course Road Market

Date: 30.05.2020 **Venue:** Race-Course Road

Summary of the Programme: On 30.05.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19- Corona virus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) mask at Race Course Road, a Temporary vegetable market. Around 473 beneficiaries benefited from the programme and 15 NSS volunteers participated in the programme.









Title of the Programme: Distribution of Mask and Kabasura Kudineer at Migrant labour area near MGR Integrated bus stand

Date: 31.05.2020 **Venue:** Migrant Labour area- (MGR Integrated bus stand)

Summary of the Programme: On 30.05.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Corona virus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) mask at migrant labours residing area near MGR integrated bus stand. Around 180 beneficiaries benefited from the programme.









Title of the Programme: Distribution of Mask and Kabasura Kudineer at Surveyor Colony- Temporary Market

Date: 01.06.2020 **Venue:** Surveyor Colony Temporary Market

Summary of the Programme: On 01.06.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Coronavirus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) mask at the surveyor colony temporary market. Around 438 beneficiaries benefited out of the programme



Title of the Programme: Distribution of Mask and KabasuraKudineer at Kathakinnaru

Date: 02.06.2020 **Venue:** Kathakinnaru

Summary of the Programme: On 02.06.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Corona virus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) mask at Kaathakinaru neighbourhood village near the adopted village. Around 283 beneficiaries benefited out of the programme.



Title of the Programme: Distribution of Mask and Kabasura Kudineer at Appan Thirupathi

Date: 02.06.2020 **Venue:** Appan Thirupathi

Summary of the Programme: On 02.06.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Corona virus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) masks at Appan Thirupathi neighbourhood village near the adopted village. Around 329 beneficiaries benefited out of the programme, 15 NSS volunteers coordinated the programme.





Title of the Programme: Observance of World No-Tobacco Day-2020

Date: 03.06.2020 **Venue:** Adopted Village and Race Course

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences observed World No-Tobacco Day-2020, The NSS volunteers (8) distributed awareness pamphlets and distributed Kabasura Kudineer to the general public in the adopted village and in Race Course Road.





Title of the Programme: Virtual Poster Making Competition on the theme 'Time for Nature

Date: 05.06.2020 **Venue:** MISS

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences conducted a virtual poster making competition on the theme "Time of Nature" so as to sensitize the students on the importance of nature to the human being, 51 NSS volunteers and other students participated in the programme.



Title of the Programme: Distribution of Mask and Kabasura Kudineer and Tree plantation at Poigaikaraipatti

Date: 06.06.2020 **Venue:** Adopted Village

Summary of the Programme: On 02.06.2020 The NSS Units of Madurai Institute of Social Sciences were involved in the distribution of "Kabasura Kudineer" an indigenous medicine for COVID-19-Coronavirus Pandemic diseases. The units were also involved in the distribution of Personal Protective Equipment (PPE) masks at adopted villages of NSS units at Poigaikaraipatti. Around 411 beneficiaries benefited from the programme. The NSS volunteers are also involved in tree plantation at Poigaikaraipatti. The plantation programme was inaugurated by the Panjayat President, Pogaikaraipatti, 14 NSS volunteers participate in the programme.



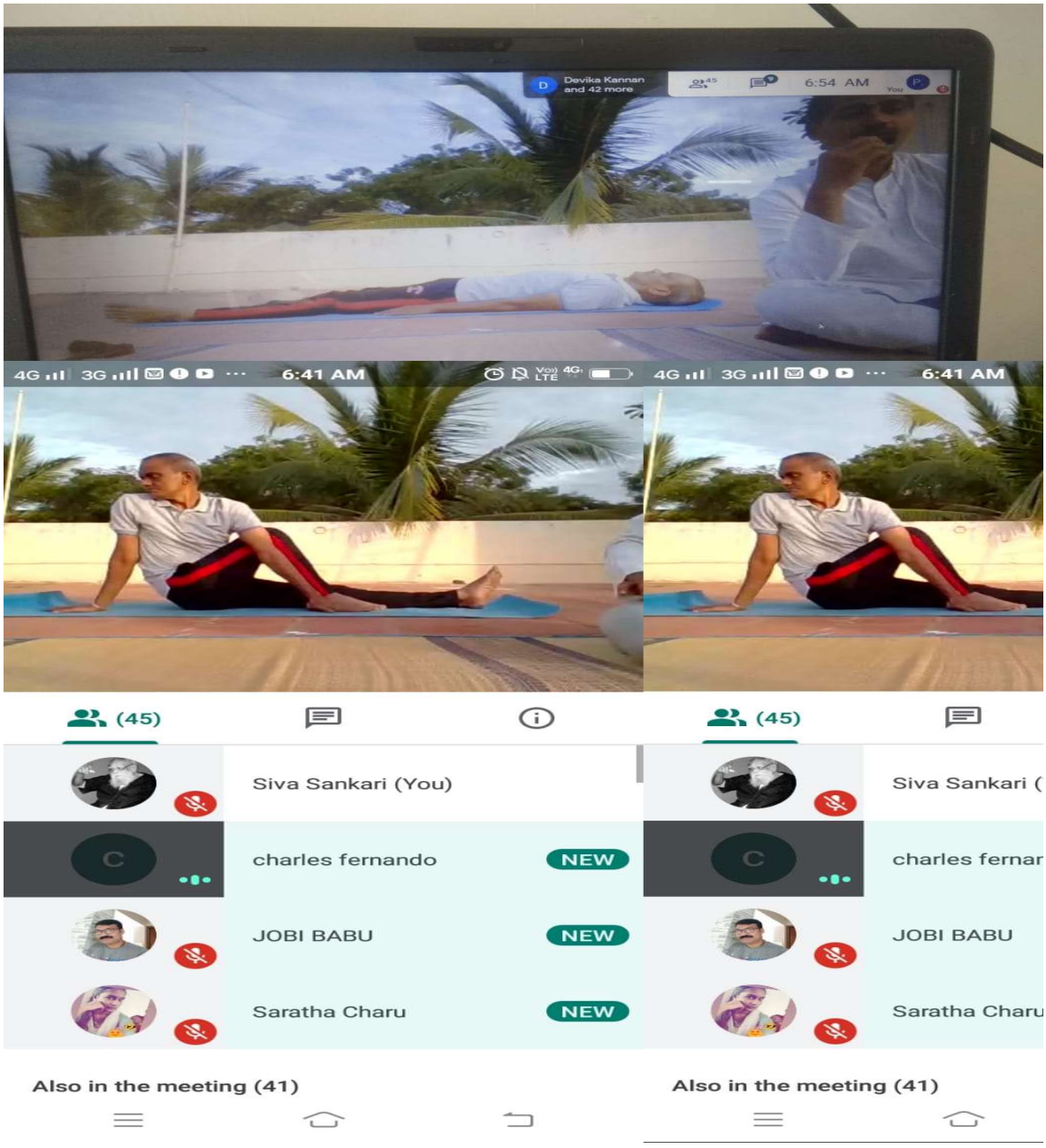


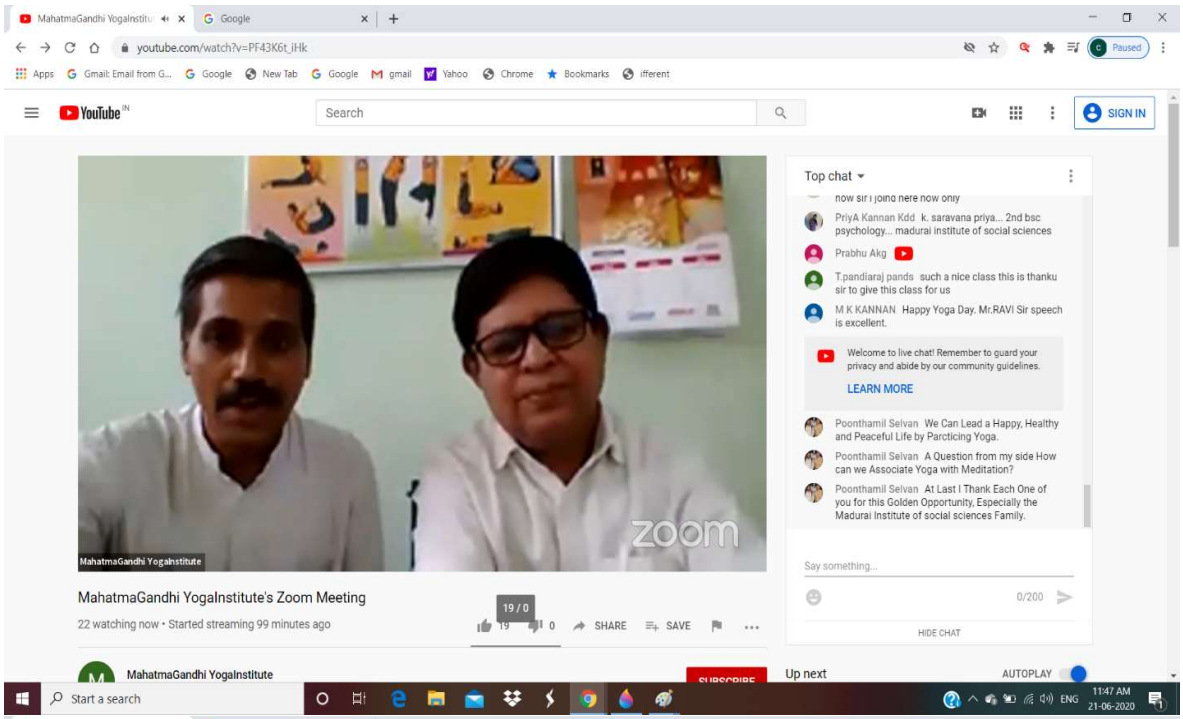


Title of the Programme: International Yoga Day-2020 (Online Demonstration)

Date 21.06.2020 **Venue: Virtual Portal**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised and observed International Yoga Day-2020 through a virtual portal in collaboration with, Institute of Gandhian Studies and Research- Gandhi Memorial Museum. The importance of yoga, pranayama was demonstrated through virtual mode by Mr Ganagadaran. As the next part of the programme Dr T.Ravichandran Gandigram Rural University, Dindugal facilitated a session on the topic "Yoga Health Bliss" and explained the importance of yoga and meditation, 154 members participated in the programme.




youtube.com/watch?v=PF43K6t_iHk
Search
SIGN IN
Top chat
PriyA Kannan Kdd k. saravana priya... 2nd bsc psychology... madurai institute of social sciences
Prabhu Akg
T.pandiaraj pands such a nice class this is thanku sir to give this class for us
M K KANNAN Happy Yoga Day. Mr.RAVI Sir speech is excellent.
Welcome to live chat! Remember to guard your privacy and abide by our community guidelines.
LEARN MORE
Poonthamil Selvan We Can Lead a Happy, Healthy and Peaceful Life by Parcticing Yoga.
Poonthamil Selvan A Question from my side How can we Associate Yoga with Meditation?
Poonthamil Selvan At Last I Thank Each One of you for this Golden Opportunity, Especially the Madurai Institute of social sciences Family.
Say something...
0/200
HIDE CHAT
MahatmaGandhi YogaInstitute
zoom
MahatmaGandhi YogaInstitute's Zoom Meeting
22 watching now • Started streaming 99 minutes ago
19 / 0
SHARE
SAVE
MahatmaGandhi YogaInstitute
Up next
AUTOPLAY
Start a search
ENG
11:47 AM
21-06-2020


youtube.com/watch?v=PF43K6t_iHk
Search
SIGN IN
Top chat
Nisha Nisha J Arul Leonisiya, 1st BSW, Madurai Institute of Social science
T.pandiaraj pands 1st MSW Pandiaraj present here now sir i joind here now only
PriyA Kannan Kdd k. saravana priya... 2nd bsc psychology... madurai institute of social sciences
Prabhu Akg
T.pandiaraj pands such a nice class this is thanku sir to give this class for us
M K KANNAN Happy Yoga Day. Mr.RAVI Sir speech is excellent.
Welcome to live chat! Remember to guard your privacy and abide by our community guidelines.
LEARN MORE
Poonthamil Selvan We Can Lead a Happy, Healthy and Peaceful Life by Parcticing Yoga.
Poonthamil Selvan A Question from my side How can we Associate Yoga with Meditation?
Say something...
0/200
HIDE CHAT
Pause (k)
LIVE
zoom
MahatmaGandhi YogaInstitute's Zoom Meeting
22 watching now • Started streaming 99 minutes ago
19
SHARE
SAVE
MahatmaGandhi YogaInstitute
Up next
AUTOPLAY
Start a search
ENG
11:45 AM
21-06-2020

MADURAI INSTITUTE OF SOCIAL SCIENCES - MADURAI

in collaboration with

MAHATMA GANDHI YOGA INSTITUTE (MAGYINS) - MADURAI

&

INDIAN YOGA ASSOCIATION - TN CHAPTER

Jointly organises

ONLINE YOGA MEET



YOGA @ HOME

YOGA WITH FAMILY

21.06.2020

06.00 - 07.00 AM - Yoga Practice

10.30 - 11.30 AM

TOPIC: Yoga Health Bliss,

Dr. Ravichandran .T

Gandhigram Rural University,

Gandhigram, Dindigal

22.06.2020

06.30 -07 .30AM

TOPIC: Yoga - Philosophy - Science.

Dr. Elangovan .R

Secretary - Indian Yoga Association - TN Chapter,

Professor & Head Faculty of Yoga Sciences & Therapy

Meenakshi Academy of Higher Education & Research

(Deemed University)

Mr. Gangadharan .K.P

Director, MGYI.

* NO REGISTRATION FEE
* E-CERTIFICATE WILL BE ISSUED AFTER SUBMITTING THE FEEDBACK FORM.

NSS - PO's

Mr. S.Charles - NSS PO - Unit - 104

Mrs. R.Rajalakshmi NSS PO - Unit - 229

9894100691, 9566536425

YouTube LIVE

Registration Link

https://forms.gle/3AJtsRwMHFcJJocv9

Title of the Programme: Independence Day-2020

Date: 15.08.2020 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences observed the Independence Day celebration. Independence message was delivered by Dr Capt.D.V.P.Raja, Founder & Chairman, Madurai Institute of Social Science. He insisted on the importance of Indian Independence and the role of NSS volunteers and social workers, 23 NSS volunteers participated in the programme.





Title of the Programme: Swachh Bharath Activities- Library

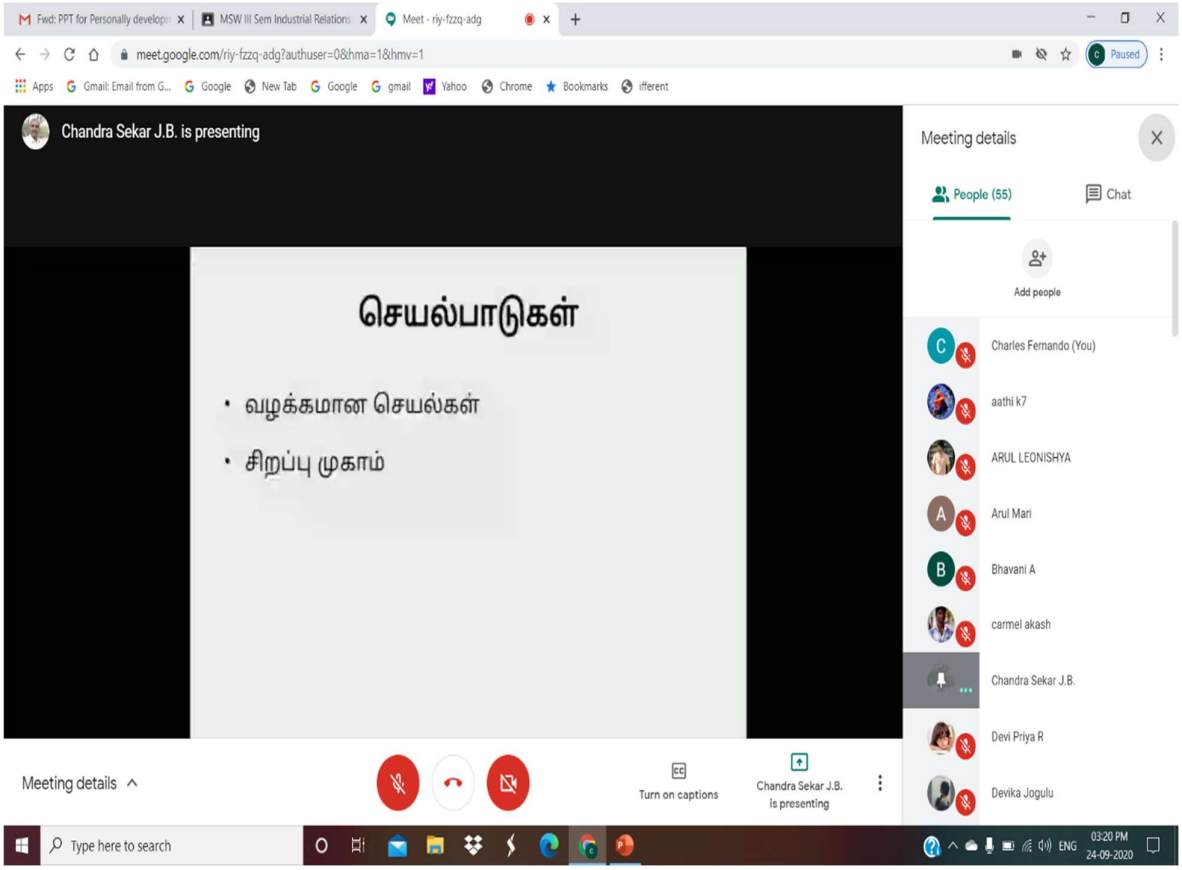
Date: 21.09.2020 **Venue:** Madurai Institute of Social Sciences

The NSS Units of Madurai Institute of Social Sciences involved in Swachh Bharath Activities in library, 34 NSS volunteers participated and cleaned the library.

Title of the Programme: NSS Day Celebration- 2020

Date: 24.09.2020 **Venue:** Madurai Institute of Social Sciences, Virtual Portal

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences observed NSS-Day-2020. Dr P.Jayakumar, Assistant Professor, Department of Social Work delivered a welcome address and introduced the chief guest of the programme. The Chief guest address was delivered by Dr J.B.Chandrasekar, Assistant Professor, Department of Social Work, Sri Ramakrishna Mission Vidyalaya College of Arts And Science, Coimbatore. Insisted the importance of personality development for NSS volunteers with various anecdotes, 96 NSS volunteers participated in the programme and a vote of thanks was proposed by Mr.S.Charles, NSS PO-104 of Madurai Institute of Social Sciences.



Title of the Programme: Van Mahotsav

Date: 02.10.2020 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The Madurai Institute of Social Sciences organised a tree plantation inside the college campus to create a green campus. The programme was inaugurated by Dr Capt.D.V.P.Raja, Founder & Chairman and Mrs Bama Raja, Vice-Chairman, Madurai Institute of Social Sciences, Madurai, 33 Samplings were planted by 12 NSS volunteers in and around the campus of Madurai Institute of Social Sciences.



Title of the Programme: Five Days Webinar on Child Rights

Date: 16.11.2020 **Venue:** Madurai Institute of Social Sciences, Virtual Portal

Summary of the Programme: The objective of the programme is to create awareness about "Child Rights" and to create "CHILDLINE-1098 Volunteers". In this regard, Madurai Childline-1098 and NSS Units of Madurai Institute of Social Sciences planned to conduct a series of webinars on "Legislative Measures for Child Protection" for NSS volunteers and Social Work Students. The programme had been scheduled on 16th to 20th November-2020 from 3.00 PM to 4.00 PM through an online platform. The programme schedule is as follows (89)

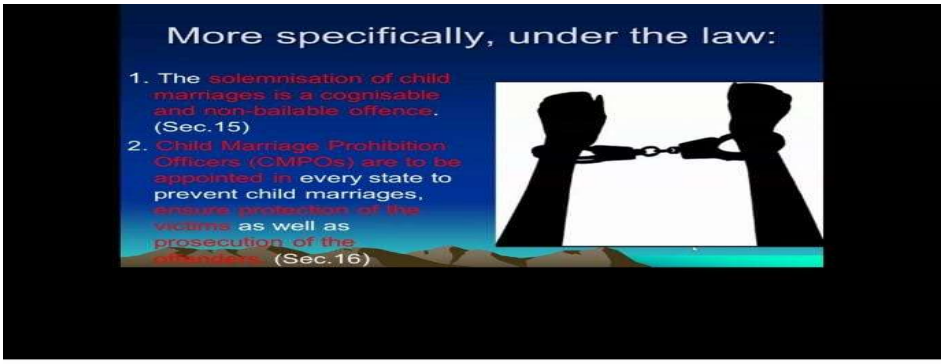
Day- 1: On 16.11.2020 Mr.S.Charles Director- Madurai CHILDLINE-1098- Nodal explained to the NSS volunteers about basic understanding about child and child rights such as the right to live, right to develop, right to protected and right to participate. He also insisted on the UN conventions on child rights and the role of NSS volunteers in enhancing the rights of children and children in need of care and protection, 89 NSS volunteers participated in the programme

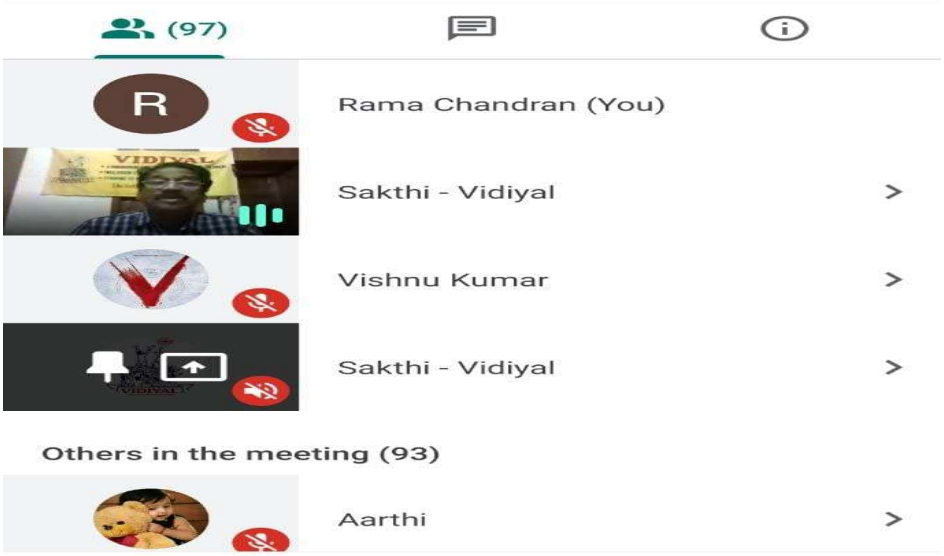
Day- 2: On 17.11.2020, Dr.C. Jim Jesudoss Director- Madurai CHILDLINE-1098- Collab handled as a session on "Issues and Legal Perspective on Child Marriage". He insisted on the ill effects of child marriage in the development of a child. He explained the basic elements of child marriage legislation and the role of ChildLine and NSS volunteers to create a child marriage free Madurai. He also insisted that child rights are the business of everyone's business, 92 NSS volunteers participated in the programme.

Day- 3: On 18.11.2020, Rev.Fr.Santhanam S.J. Director- LAAS, Madurai handled a session on "POCSO Act-2012 and Role of Stake Holders". He insisted on the role of different stakeholders like parents, teachers, police officers, medical professionals, special juvenile police unit, CWC, a special court and NSS volunteers in curbing child sexual abuse. He explained the child-friendly approaches and procedures to be followed during children under sexual abuse. He also explained the role of the District Child Protection Unit in getting the victim compensation, 83 NSS volunteers participated in the programme.

Day- 4 Date:19.11.2020 Time: 3.00 PM- 4.00 PM "Critical Perspective on Child-Labour" Resource Person- Mr A.B.Antony Jennit Project Director- National Child Labour Project Member- Juvenile Justice Board- Namakkal explained to the students about the scope of the National Child Labour Project and schemes such as PENCIL and insisted on the role of NSS as ChildLine volunteers, 74 NSS volunteers participated in the programme.

Day- 5 Date:20.11.2020 Time: 3.00 PM- 4.00 PM "Child Trafficking and Bounded Labour" Resource Person- Mr B.Ruban Coordinator- International Justice Mission, Chennai briefed the students about the issues and concerns with child trafficking. He explained about signs of child trafficking, the types, effects of child trafficking and reporting methods, 81 NSS volunteers participated in the Programme.


More specifically, under the law:
1. The solemnisation of child marriages is a cognisable and non-bailable offence. (Sec.15)
2. Child Marriage Prohibition Officers (CMPOs) are to be appointed in every state to prevent child marriages, ensure protection of the victims as well as prosecution of the offenders. (Sec.16)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Rama Chandran (You)
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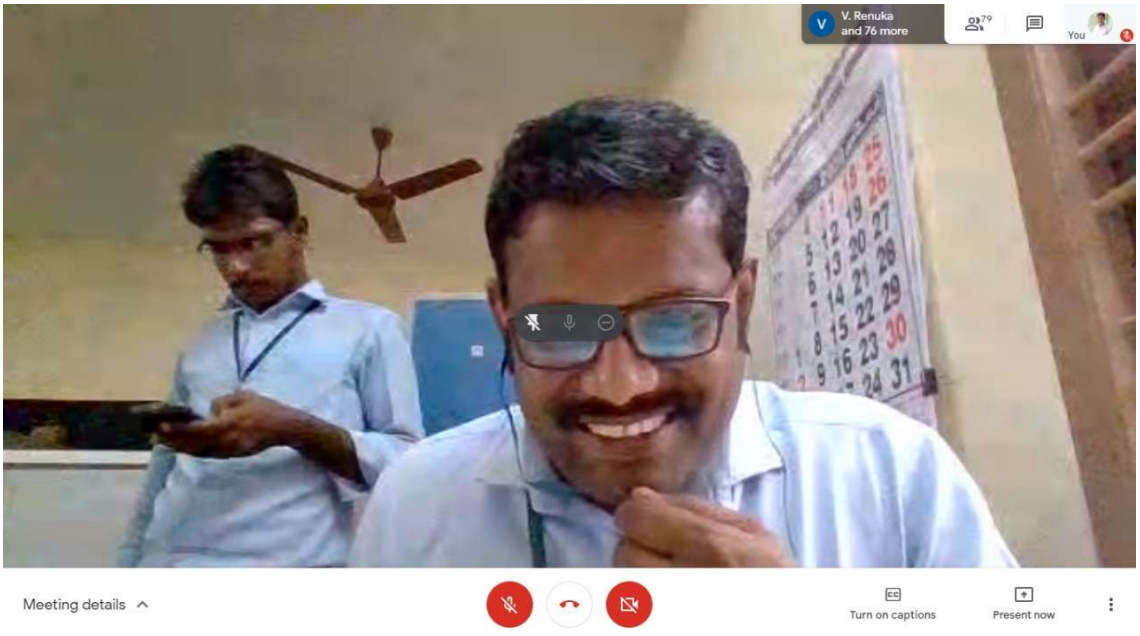
Others in the meeting (93)
Aarthi


V. Renuka and 76 more
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Meeting details
Turn on captions
Present now



Madurai Childline-1098

"Friends of Childline (Se Dosti) Campaign-2020"

CHILDLINE-1098 ensures free, emergency phone services for children in need of care and protection. Madurai CHILDLINE-1098 celebrates friends of CHILDLINE-1098 week from 14th to 20th of November 2020. The objective of the programme is to create awareness about "Child Rights" and to create "CHILDLINE-1098 Volunteers". In this regard we have planned to conduct series of webinar on "Legislative Measures for Child Protection" for NSS volunteers and Social Work Students. The programme has been scheduled on 16th to 20th November-2020 at 3.00 PM to 4.00 PM through online platform

Programme Schedule

Day- 1

Date:16.11.2020 Time: 3.00 PM- 4.00PM

"Understanding Child Rights and CHILDLINE-1098"

Resource Person- Mr.S.Charles

Director- Madurai CHILDLINE-1098- Nodal

Day- 2

Date:17.11.2020 Time: 3.00 PM- 4.00PM

"Issues and Legal Perspective on Child Marriage"

Resource Person- Mr.C. Jim Jesudoss

Director- Madurai CHILDLINE-1098- Collab

Day- 3

Date:18.11.2020 Time: 3.00 PM- 4.00PM

"POCSO Act-2012 and Role of Stake Holders"

Resource Person- Rev.Fr.Santhanam S.J.

Director- LAAS, Madurai

Day- 4

Date:19.11.2020 Time: 3.00 PM- 4.00PM

"Critical Perspective on Child-Labour"

Resource Person- Mr.A.B.Antony Jennit

Project Director- National Child Labour Project

Member- Juvenile Justice Board- Namakal

Day- 5

Date:20.11.2020 Time: 3.00 PM- 4.00PM

"Child Trafficking and Bounded Labour"

Resource Person- Mr.B.Ruban

Coordinator- International Justice Mission, Chennai

BE A RAY OF HOPE....

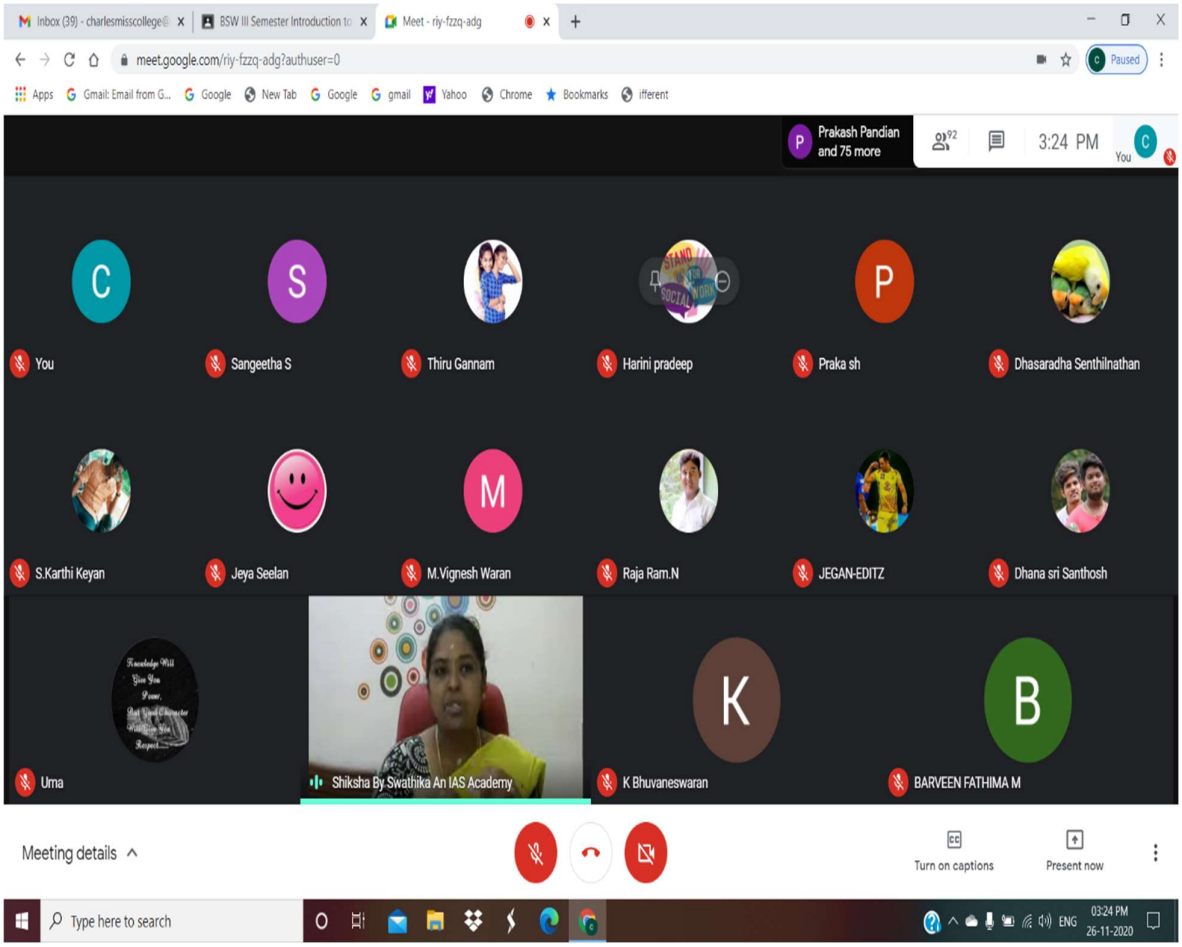
JOIN AS A VOLUNTEER OF CHILDLINE-1098

e-certificate will be provided to the participants

Title of the Programme: Observance of Indian Constitution Day-2020

Date: 26.11.2020 **Venue:** Madurai Institute of Social Sciences, Virtual Portal

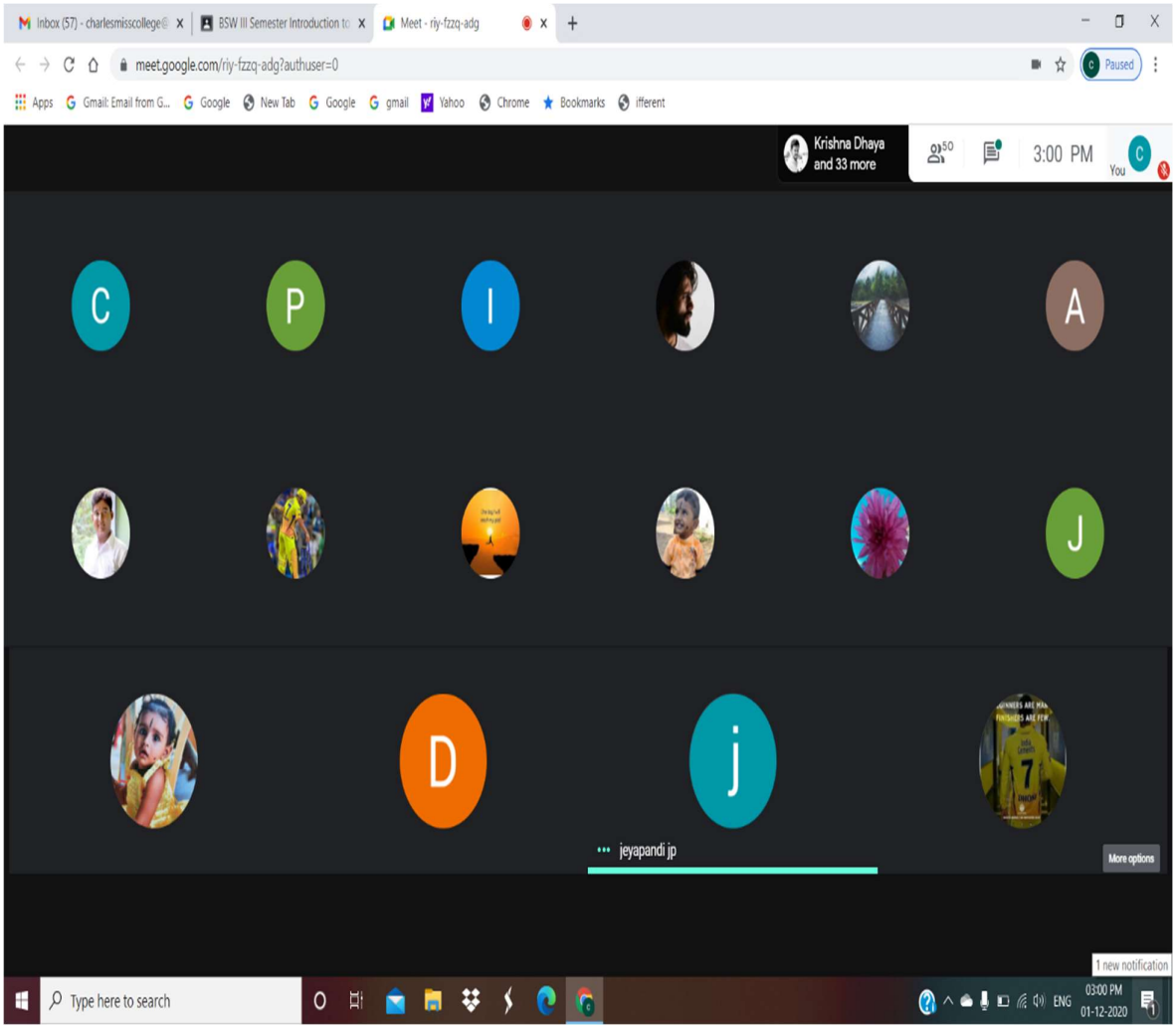
Summary of the Programme: The NSS units of Madurai Institute of Social Sciences organised a webinar in observation of Indian Constitution Day-2020 **('Samvidhan Divas')**. The Welcome address and chief guest were introduced by Mrs Harini, Assistant Professor, Department of Social Work. The chief guest address was delivered by Mrs Swathika A Sekar, Founder and Chief, Shiksha by Sawathika, IAS Academy, Coimbatore explained to the students about the historical perspective of the Indian Constitution and fundamental rights and role of NSS volunteers. 96 NSS volunteers participated in the programme and actively asked questions. Mr.S.Charles NSS PO-104 delivered the vote of thanks.



Title of the Programme: Observance of International AIDS Day

Date: 01.12.2020 **Venue: Madurai Institute of Social Sciences, Virtual Portal**

Summary of the Programme: International AIDS Day was observed on 01.01.2020, Mr.S.Charles-NSS-PO-104, delivered a welcome address and introduced the chief guest of the programme. Mr P.Jayapandiyan, Programme Manager- District AIDS prevention and control Unit, Madurai District explained the objective of International AIDS Day and theme **"End Inequalities"**, he also explained the social stigma that is attached to the diseases and programmes and scheme of central and state government and role of NSS volunteers, 94 NSS volunteers participated in the programme.



Madurai Institute of Social Sciences

An Autonomous College & Research Centre

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National Service Scheme

&

Red Ribbon Club

Cordially Invites you to the Webinar on

WORLD AIDS DAY-2020

"Ending the HIV/AIDS - Epidemic : Resilience & Impact"

Chief Patrons

Dr. (Capt).D.V.P.Raja

Founder &Chairman,MISS

Mr.D.V.Dharmasingh

Secretary,MISS

Patron

Dr.M.Nisanth

Principal (i/c)

Resource Person



Mr.P.Jeyapandiyan

Programme Manager

District AIDS Prevention

&

Control Unit, Madurai

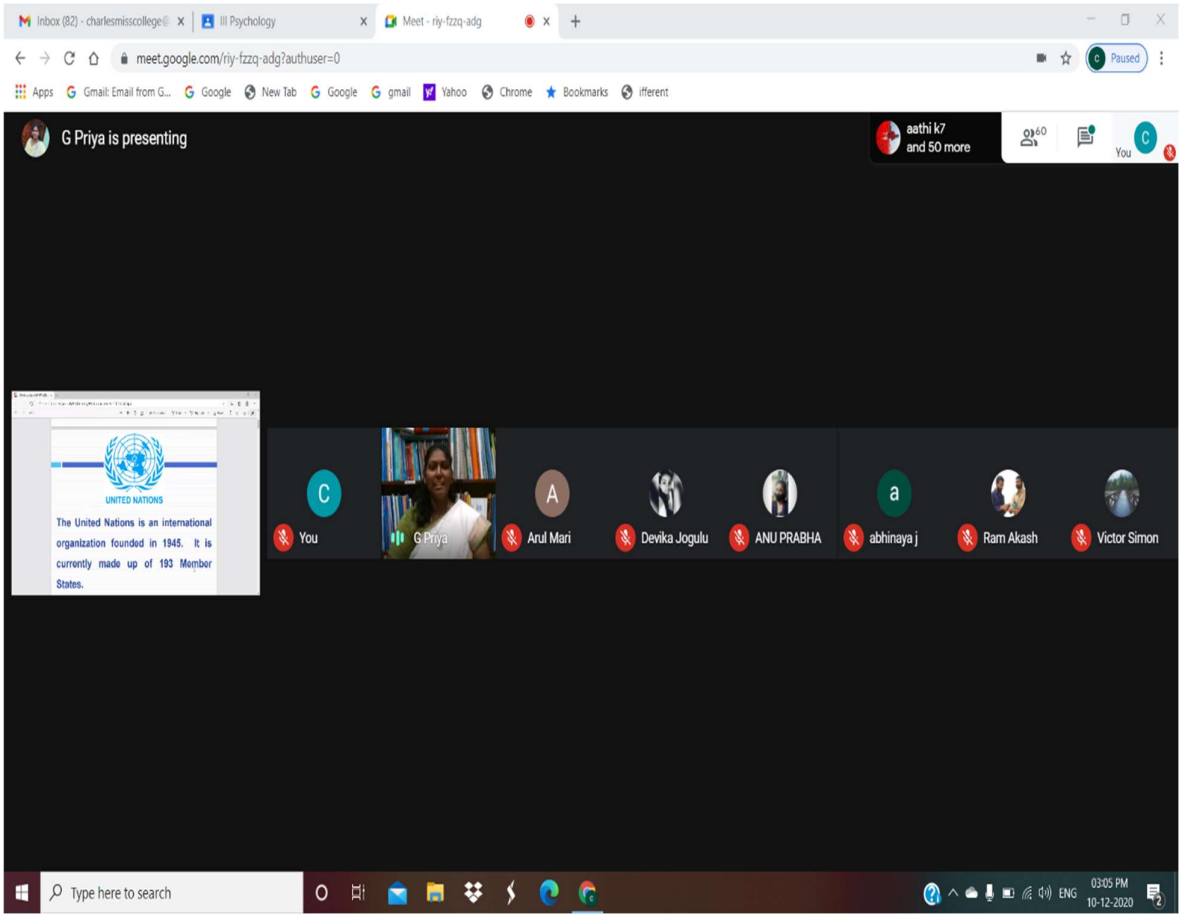
https://meet.google.com/riy-fzzq-adg?authuser=0&hs=179

Date: 01.12.2020 Time: 02:50 PM

Title of the Programme: Webinar on understanding basic human rights

Date: 10.12.2020 **Venue: Madurai Institute of Social Sciences, Virtual Portal**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences conducted a webinar on the title Understanding basic Human Rights. Mr.S.Charles, NSS-PO-104 introduced the chief guest and delivered a welcome address. Mrs G.Priya, Programme Officer, Peoples Watch, Madurai explained to the students about basic concepts associated with human rights. She also explained the theme of the year "Recover Better- Stand Up for Human Rights" and insisted on the role of NSS volunteers and social workers with various case examples. Followed by that vote of thanks was proposed by Mrs R.Rajalakshmi, 87 NSS volunteers participated in the programme.



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National Service Scheme

Cordially Invites you to the Webinar on

Human Rights Day- 2020

Recover Better- Stand UP for Human Rights

Chief Patrons

Dr. (Capt).D.V.P.Raja

Founder &Chairman,MISS

Mr.D.V.Dharmasingh

Secretary,MISS

Patron

Dr.M.Nisanth

Principal (i/c)

Resource Person



Ms. G. Priya

Programme Officer

People's Watch

Madurai

https://meet.google.com/riy-fzzq-adg?authuser=0&hs=179

Date:10.12.2020 Time: 03.00 PM

Title of the Programme: Republic Day Parade- NSS Volunteers

Date: 26.01.2021 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised the Republic Day Parade on 26.01.2021, 40 NSS Volunteers participated in the ceremonial parade and welcomed the Chief Guest Mr Isaac Mohanlal, Senior advocate, Madras High Court, Madurai Bench, Madurai. The formal welcome address was delivered by Dr M.Nisanth, Principal (i/c), MISS and introduced the chief guest. Followed by that Dr.(Capt) DVP Raja, Founder Chairman, Madurai Institute of Social Sciences delivered a presidential address and insisted on the importance of republic day from a historical perspective. Mr Isaac Mohanlal delivered the chief guest address and distributed the certificate to the students and faculties, who participated as volunteers in the COVID-19 pandemic. Dr P.Jayakumar Delivered a vote of thanks.








Capt. D V R. Foundation for HRD
CHAIRMAN

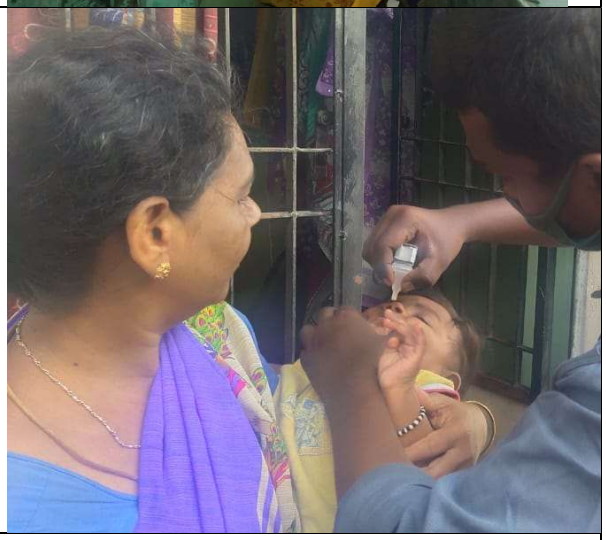
Title of the Programme: Three Days Polio Immunisation Programme

Date: 29,30,31/01/2021 **Venue:** Urban Primary Health Centre, Mehaboobpalayam

Summary of the Programme: The NSS Volunteers (37 Volunteers) of Madurai Institute of Social Sciences involved in assisting polio immunisation for the general public under the Urban Primary Health Centre of Mehaboobpalayam, Madurai Corporation.







Title of the Programme: Election Awareness at Y.Pudupatti

Date: 04.02.2021 **Venue:** Y. Pudupatti, East Union Block, Madurai District

Summary of the programme: The NSS Units of Madurai Institute of Social Sciences conducted an election awareness programme at various places Y.Puduppati panchayat and distributed the pamphlets to the general public on insisting the importance of voting and assistance of facilities in terms of including and deleting the name of voters. Mr.S.Charles NSS-PO-104 and 32 NSS volunteers conducted the programme.



Title of the Programme: Swachh Bharath- MISS College Campus

Date: 08.02.2021 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS units of Madurai Institute of Social Sciences were involved in the Swachh Bharath activity at the community college of Madurai Institute of Social Sciences, 63 NSS volunteers participated in the programme.

Title of the Programme: Swachh Bharat- Rajaji Old Age Home

Date: 16.02.2020 **Venue:** Rajaji Old Age Home, Viswanath Puram

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities in Rajaji Old age home, Viswanathapuram, Madurai. As a community extension programme, the NSS volunteers cleaned the residential area of Rajaji Old Age Home, which is about 2 acres, 58 NSS volunteers cleaned and disposed of the wasted that was in the premises of the elderly home. Ms Meenakshi, Coordinator guided the NSS volunteers in the process of cleaning the premises.









Title of the Programme: Swachh Bharath – College Cleaning Activity

Date: 17.02.2020 **Venue:** HRD Hall, Madurai Institute of Social Sciences

Summary of the Programme: The NSS units of Madurai Institute of Social Sciences were involved in the Swachh Bharath activity at HRD Hall premisses of Madurai Institute of Social Sciences, 26 NSS volunteers participated in the programme.



Title of the Programme: Blood Donation Camp in collaboration with Government Rajaji Hospital

Date: 20.02.2021 **Venue:** HRD Hall, Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised Blood Donation Camp on 20.02.2021 at HRD Hall of MISS. The Programme was organised in coordination with Rajaji Government Hospital and the Indian Red Cross Society. A total of 63 Units of Blood was donated by the NSS volunteers and students of Madurai Institute of Social Sciences. Dr.S.Aneesh Sekhar, District Collector, Madurai awarded a shield and appreciation certificate to NSS Units of Madurai Institute of Social Sciences for conducting a blood donation camp during the pandemic situations.








INDIAN REDCROSS SOCIETY



Title of the Programme: Awareness Rally on Congenital Heart Diseases in Little Moppet Heart Foundation

Date: 24.02.2021 **Venue:** Theppakulam

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised a sensitisation rally in collaboration with Little Moppet Heart Foundation, Madurai. Little Moppet Heart Foundation predominantly works for children who are with congenital heart diseases. The organisation screens the heart diseases using Echo at various locations across Tamilnadu and provides medical treatment and surgeries free of cost. In order to sensitize the service that is been extended by Little Moppet Heart Foundation, the NSS units organised a sensitization rally around the Theppakulam area of Madurai District. The rally was flagged off by Dr Gopinallayan, Founder & Chairman, the NSS volunteers participated and distributed the pamphlets to the general public.









Title of the Programme: Training Programme on First Aid and Disaster Management in collaboration with Indian Red Cross Society- Madurai

Date: 26.02.2021 **Venue:** HRD Hall, Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised a training programme for the NSS volunteers on First Aid and Disaster Management in collaboration with the Indian Red Cross Society. Dr M.Nisanth, Principal (i/c) Madurai Institute of Social Sciences delivered the welcome address and insisted to the students about the importance of first-aid. Followed by that Mr Jose, Secretary of, Indian Red Cross Society, Madurai delivered a felicitation address and explained to the students about the functional areas of the Indian Red Cross Society and explained to the students the techniques to be followed during a person in need of first aid treatment. Mr.S.Charles NSS-PO-104 delivered the vote of thanks and 145 students participated in the training programme.









Title of the Programme: Swachh Bharath Activities

Date: 05.03.2021 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS units of Madurai Institute of Social Sciences were involved in the Swachh Bharath activity at college playground premisses of Madurai Institute of Social Sciences, 39 NSS volunteers participated in the programme.



Title of the Programme: Awareness Programme on De-addiction

Date: 06.03.2021 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised an awareness programme on De-addiction. Dr M.Nisanth, Principal, Madurai Institute of Social Sciences welcomed the gathering and insisted the students about the objective and importance of the programme. Dr.(Capt). DVP Raja, Founder & Chairman of Madurai Institute of Social Sciences delivered a presidential address and insisted to the students about the ill-effects of psychotropic substances to the student's community. Followed by that Mr Arivudainambi, Founder, Aathmik-Institute of Mental Health and Neurosciences, explained to the students about different forms of addictive substances and rehabilitation measurements extended by various organisations. Followed by that students interacted with the resource person and a vote of thanks was proposed by Mr.S.Charles NSS PO-104.

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PSYCHIATRY
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athmik
MADURAI



Title of the Programme: Awareness Programme on Global Warming

Date: 12.03.2021 **Venue: Madurai Institute of Social Sciences**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised an awareness programme on Global Warming in the first-year MSW classroom. The session was handled by Mr.S.Charles, NSS-PO-104. The session started with the welcome address by Mrs R.Rajalakshmi, NSS-PO-229. Mr.S.Charles explained the concept of global warming, causes, effects, prevention and solution. Followed by that an interaction session was held and a formal vote of thanks was proposed by NSS volunteers, 34 NSS volunteers participated in the programme.

Title of the Programme: The impact of social media among youngster

Date: 19.03.2021 **Venue:** Madurai Institute of Social Sciences

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised an awareness programme on the impact of social media among youngsters on 19.03.2021 at HRD of Madurai Institute of Social Sciences. Mr.S.Charles NSS-PO- Unit-104 delivered the welcome address followed by that Mr.B.S.Vanarajan, Director Manitham Charitable Trust, Manamadurai deliver the chief guest's address and insisted on the impact of social media. A vote of thanks was proposed by Jabarla- NSS volunteer and 143 NSS volunteers participated in the programme.






நாட்டு நலப்பணித் திட்டம்


நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.
மதுரை சமூக அறிவியல் கல்லூரி
CHUNDER
67

Title of the Programme: Awareness and distribution on deworming tablets

Date: 22.03.2021 **Venue: Madurai Institute of Social Sciences**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised the distribution of deworming tablets to the 480 students of MISS.



NSS ANNUAL REPORT

2021-2022

Sl No	Date of the Programmes	Venue	Title of the programme	No of Participants
1	29.09.2021	HRD Hall	International Heart Day- 2021	**83**
2	29.09.2021	HRD Hall	Indigenous Food Festival	**153**
3	27.10.2021	HRD Hall	Blood Donation Camp	64
4	28.10.2021	Avaniyapuram Slum	Swachh Bharath Activities, Avaniyapuram Pond and Urban Deprived Area	48
5	29.10.2021	Essay Writing Coemption	75th Indian Independence on the theme " Social Interaction"	18
6	09.11.2021	District Free Legal Aid Service	Awareness rally on Free Legal Aid Services	78
7	26.11.2021	MISS Campus	The Indian Constitution Day-2021- Pledge	380
8	26.11.2021	District Free Legal Aid Service	Awareness Programme on The Indian Constitution Day-2021	86
9	18.12.2021	Police Department- Cyber Security Wing	Cyber Security	114
10	22.12.2021	College Campus	Swachh Bharath Activity	64
11	27.02.2021	Urban Primary Health Centre-Mehaboobpalayam	Polio Vaccination Camp	51
12	10.03.2022	Rajaji Old Age Home	Swachh Bharath Activity- Rajaji Old Age Home	65
13	20.05.2022	HRD Hall	Childline-1098 Awareness Programme	78
14	25.05.2022	HRD Hall	One Month Yoga Training	28
15	31.05.2022	Different locations in Madurai District	Tobacco Awareness Programme	18
16	06.06.2022	MISS Campus	Drawing Competition in Observance of International Yoga Day	16
17	08.06.2022	Pattupoochi Sundaranar Higher Secondary School, Madurai	Swachh Bharath Activities at Government Higher Secondary School	16
18	11.06.2022	MISS Campus	Swachh Bharath Activities College Ground	47
19	14.06.2022	MISS Campus	Swachh Bharath Activities Community College	51
20	22.06.2022	HRD Hall	Blood Donation Camp	71

Dr.M.Nisanth
Principal (i/c)

Mr.S.Charles
NSS-PO-104

Mrs.R.Rajalakshmi
NSS-PO-229

Programme Title: Awareness Programme on International Heart Day-2021

Date: 29.09.2021 **Time: 12.00 AM** **Venue: HRD Hall**

Summary of the Programme: The NSS Units 104 and 229 organised an awareness programme on International Heart Day-2021, and 83 NSS volunteers participated in the programme. Dr Gobinallayan acted as chief guest and decimated the importance of maintaining good health.





Programme Title: Poshan Maah – Poshan Vatika-2021

Date: 29.09.2021 **Time: 08.00 AM** **Venue: HRD Hall**

Summary of the Programme:

The NSS Units of Madurai Institute of Social Sciences and District Administration (Integrated Child Development Scheme) organised Poshan Maah- Poshan Vatika-2021 was observed on 29.09.2021, Mr K.P.Karthikeyan- IAS, Commissioner-Madurai Corporation inaugurated the function and addressed the gathering regarding the importance of millets and health. The ICDS district functionaries displayed more than 100 dishes out of millet, and 153 NSS volunteers participated in the programme.






2021/09/29 11:46


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2021/09/29 11:49


2021/09/29 11:49

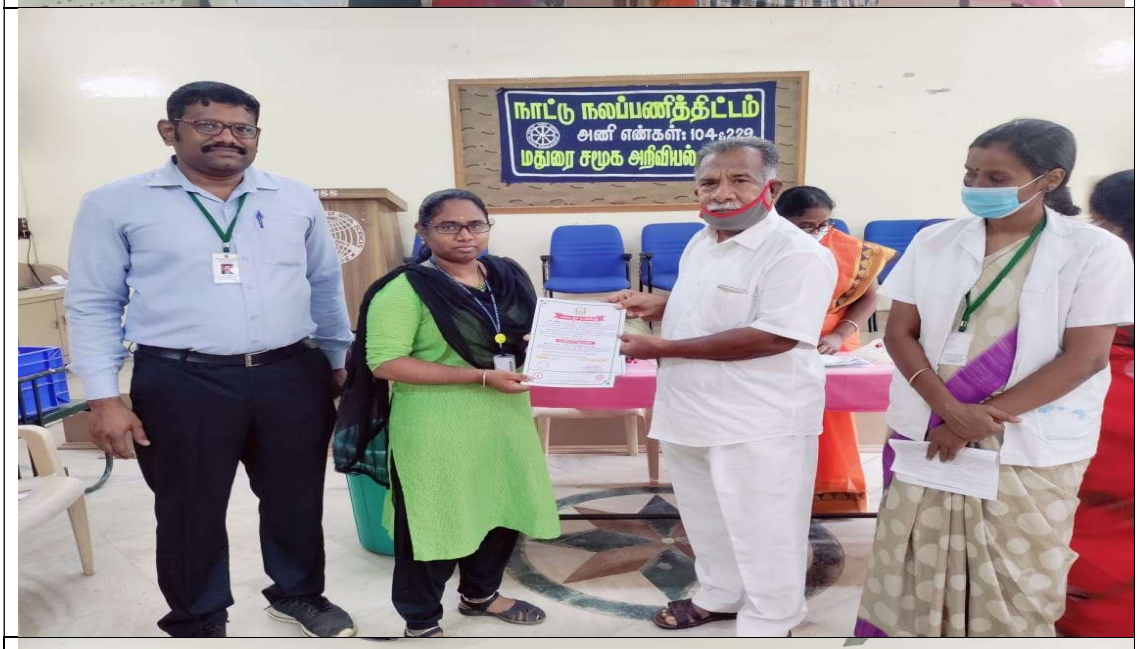
Programme Title: Blood Donation Camp

Date: 27.10.2021 **Time: 09.00 AM** **Venue: HRD Hall**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences and Rajaji Government Hospital organized a blood donation camp on 27.10.2021, the NSS volunteers and students of Madurai Institute of Social Sciences donated 64 units of blood.




நாட்டு நலப்பணித்திட்டம்
அணி என்கள்: 104 & 229
மதுரை சமுக அறிவியல் கல்லூரி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அணி என்கள்: 104 & 229
மதுரை சமுக அறிவியல்


நாட்டு நலப்பணித்திட்டம்
மதுரை சமுக அறிவியல்


CERTIFICATE OF APPRECIATION

Programme Title: Swachh Bharath- Avaniyapuram Urban Deprived Area

Date: 28.10.2021 **Time: 09.00 AM** **Venue: Avaniyapuram (UDA)**

Summary of the Programme:

The NSS Units of the Madurai Institute of Social Sciences and in collaboration with the Department of Tamilnadu Urban Habitat Development Board, Madurai. The NSS volunteers cleaned the Avaniyapuram urban deprived area (UDA) and sensitized the general public on the rights of the children. The programme was coordinated by Mr S. Charles- NSS PO- Unit-104, 48 NSS volunteers participated in the programme.






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vivo dual camera



Programme Title: Essay Writing Coemption on 75th Indian Independence on the theme" Social Interaction

Date: 29.10.2021 **Time: 09.00 AM** **Venue: MISS, Campus**

Summary of the Programme: The NSS units of Madurai Institute of Social Sciences organized 18 students who participated in the programme.





Programme Title: Awareness Rally on Free Legal Aid Services

Date: 09.11.2021 **Time: 09.00 AM** **Venue: DLSA, District Court**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences in collaboration with District free legal aid services organised an awareness rally on the importance of free legal aid services. The awareness rally was flagged off by Principle District Judge P.Vadamalai, Permanent Lok Adalat Chairman A.K.K.Rajini and District Legal Services Authority, Secretary V. Deepa, Mr.D.V.Dharmasing, Secretary Madurai Institute of Social Sciences felicitated the event and other officials and 78, NSS volunteers of Madurai Institute of Social Sciences participated in the programme.






Azadi ka Amrit Mahotsav
ACCESS TO JUSTICE FOR ALL
மாவட்ட சட்டப் பணிகள்
ஆணைக்குழு
நடத்தும்
09.11.2021



Programme Title: The Indian Constitution Day-2021- Pledge

Date: 26.11.2021 **Time: 09.00 AM** **Venue: HRD Hall**

Summary of the Programme: The Madurai Institute of Social Sciences organized oath-taking observance of the Indian Constitution Day-2021. Organized by Mrs R. Rajalakshmi NSS PO-229, 380 Students participated in the programme.





Programme Title: Awareness Programme on The Indian Constitution Day-2021

Date: 26.11.2021 **Time: 10.00 AM**

Venue: District Free Legal Aid Services, Madurai

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised an awareness programme on understanding the importance of the Indian Constitution in commemoration of Indian Constitution Day-2021. Permanent Lok Adalat Chairman A.K.K. Rajini and District Legal Services Authority, Secretary V. Deepa delivered a lecture on Indian Constitution. Mr S. Charles NSS-PO-104 delivered a vote of thanks, 86 NSS Volunteers participated in the programme.





Programme Title: Awareness Programme on Cyber Security

Date: 18.12.2021 **Time: 10.00 AM** **Venue: HRD Hall, MISS**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organized a Cyber Security awareness programme for the NSS volunteers, Mrs. Wiselyn, Inspector Cyber Crime, Madurai City Police acted as a resource person. Dr M.Nisanth Principal of Madurai Institute of Social Sciences delivered a welcome address and Mr D.V.Dharmasing, Secretary, Madurai Institute of Social Sciences felicitated the programme, Mr. S.Charles NSS-PO-104 delivered the vote of thanks, 114 NSS volunteers participated in the programme.



Programme Title: Swachh Bharath Activities

Date: 22.12.2021 **Time: 10.00 AM** **Venue: MISS- College Campus**

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences organized Swachh Bharath activities in Madurai Institute of Social Sciences, 64 NSS Volunteers participated in the activity.





Programme Title: Polio Vaccination-2021

Date: 27.02.2022 **Time: 10.00 AM**

Venue: Urban Primary Health Centre- Mehaboobpalayam

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences were involved in facilitating the polio vaccination programme-2021 organised by Urban Primary Health Centre- Mehaboobpalayam, 51 NSS Volunteers participated in the programme.






OFFICE ROOM
LKG
English
Saturday


STOP!

Programme Title: Swachh Bharath Activity- Rajaji Old Age Home

Date: 10.03.2022 **Time: 10.00 AM** **Venue:** Rajaji Home for the aged

Summary of the Programme: The volunteers of the Madurai Institute of Social Sciences were involved in cleaning the premises of Rajaji home for the aged, 65 NSS volunteers were involved in cleaning activities.




GPS Map Camera
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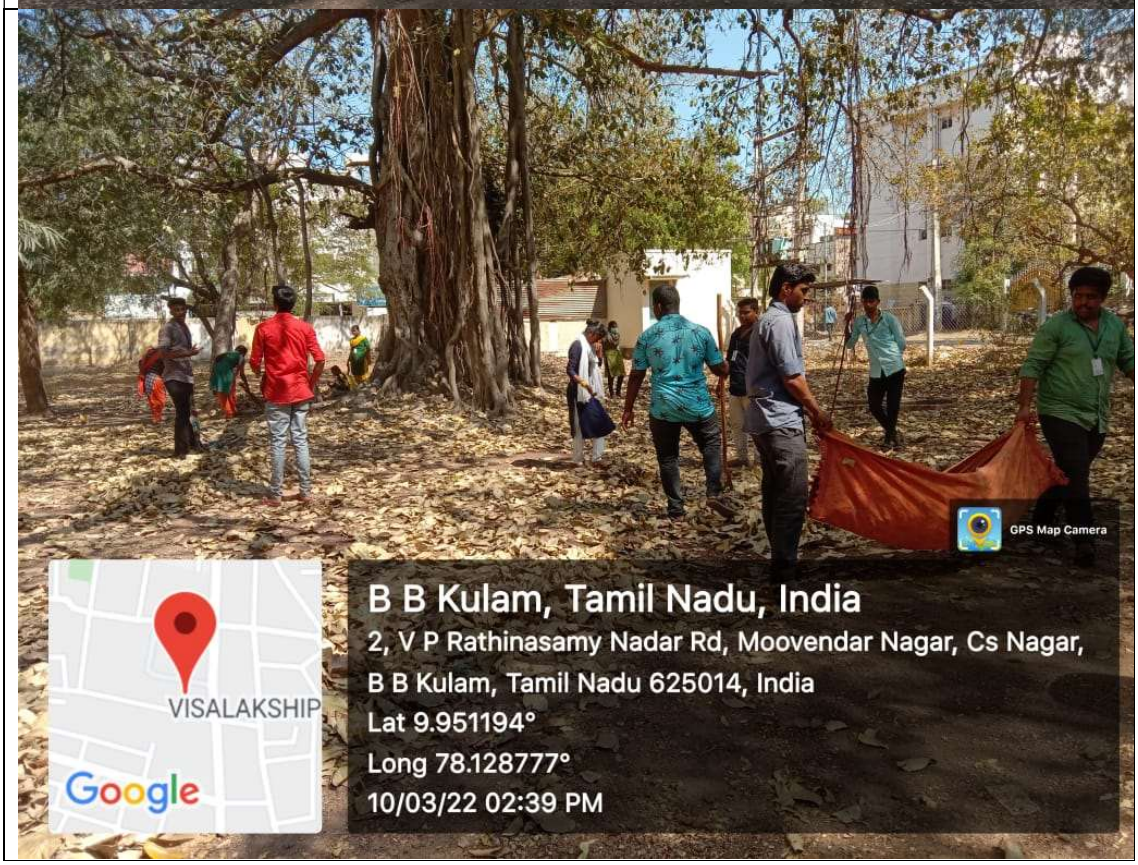
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Programme Title: Childline-1098 Awareness Programme

Date: 20.05.2022 **Time: 10.00 AM** **Venue:** HRD Hall, MISS

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences and Madurai Childline-1098 organised the Awareness Programme on rights of child rights and the functioning of Madurai Childline-1098. Mr.M.George Fernandus Madurai District Coordinator facilitated as a resource person, 78 NSS volunteers participated in the programme.

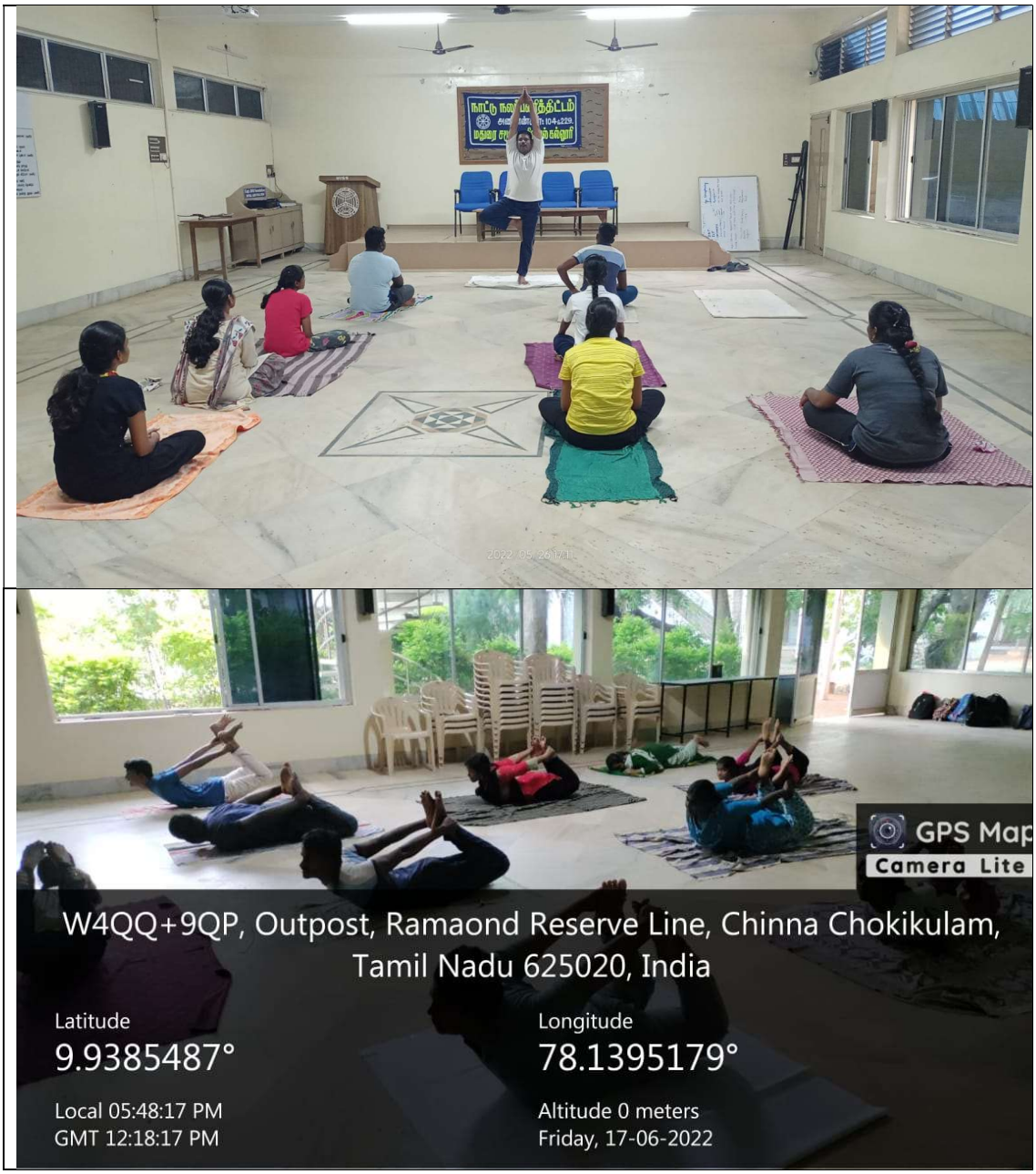




Programme Title: One Month Yoga Training and Observance of International Yoga Day-2022.

Date: 20.05.2022 to 21.06.2022 **Time: 10.00 AM** **Venue:** HRD Hall, MISS

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organized one-month yoga classes and observed International Yoga Day-2022. Collectively 28 students participated in the programme.

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நாட்டு நலப்பணித்திட்ட
அணி என்கள்: 104
மதுரை சமுக அறிவிய

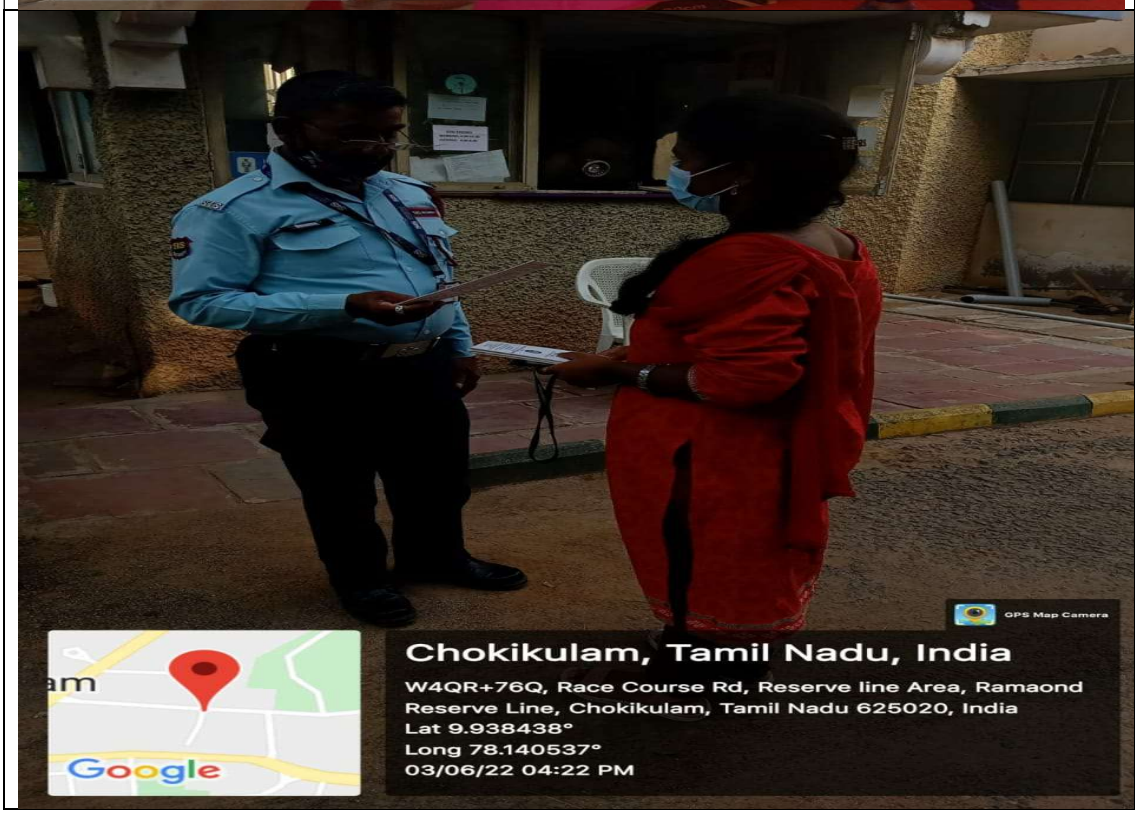

INTERNATIONAL YOGA DAY
நாட்டு நலப்பணித்திட்டம்
அணி என்கள்: 104 & 229.
சமுக அறிவியல் கல்லூரி

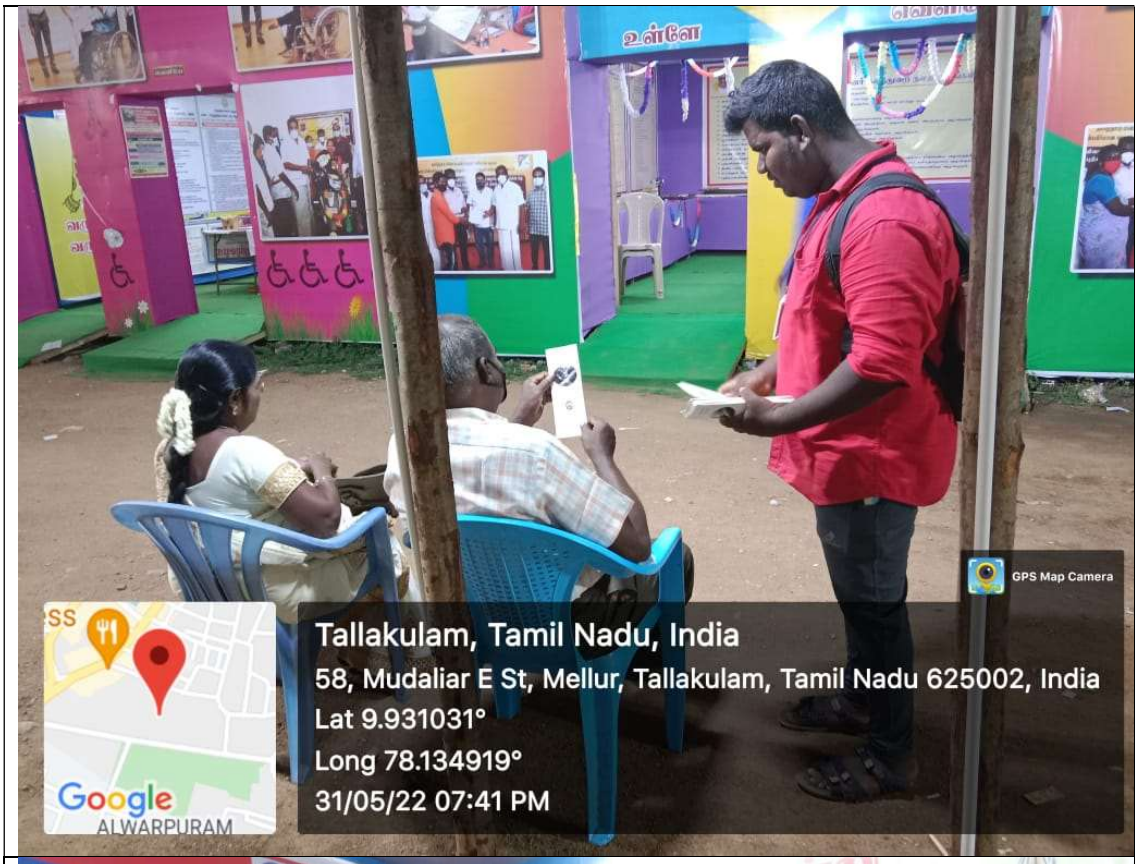
Programme Title: Tobacco Awareness Programme

Date: 31.05.2022 **Time: 10.00 AM** **Venue:** Various Locations in Madurai

Summary of the Programme: The NSS Units at Madurai Institute of Social Sciences organized a tobacco awareness programme at various locations in Madurai, 18 NSS volunteers distributed the awareness pamphlet in and around the Madurai district.



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ALWARPURAM


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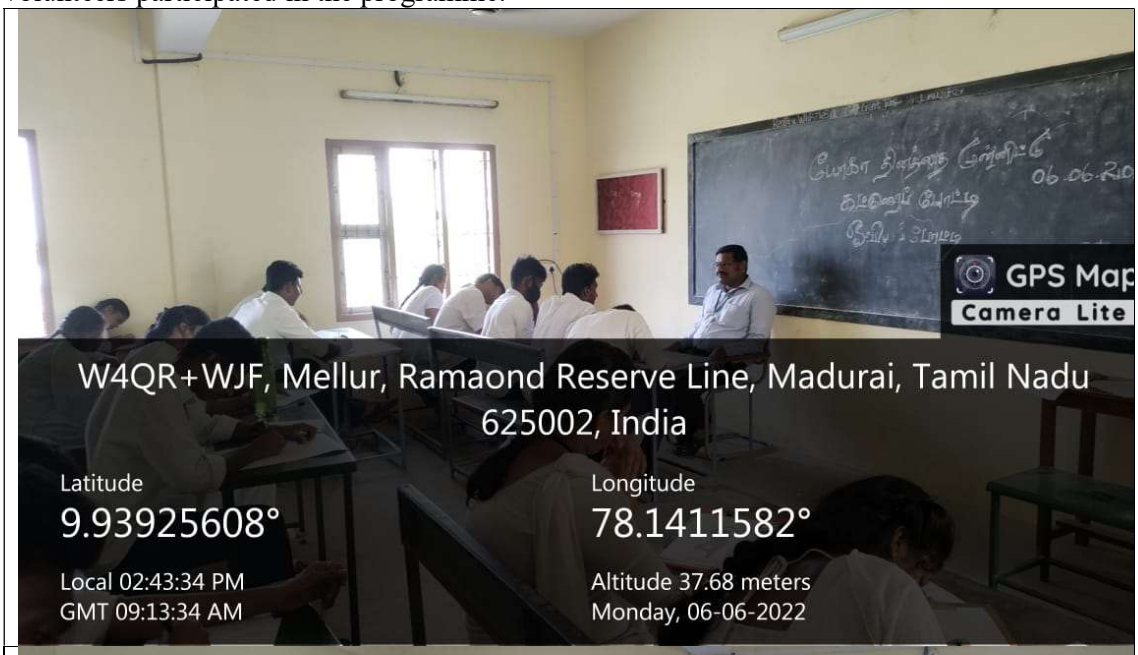
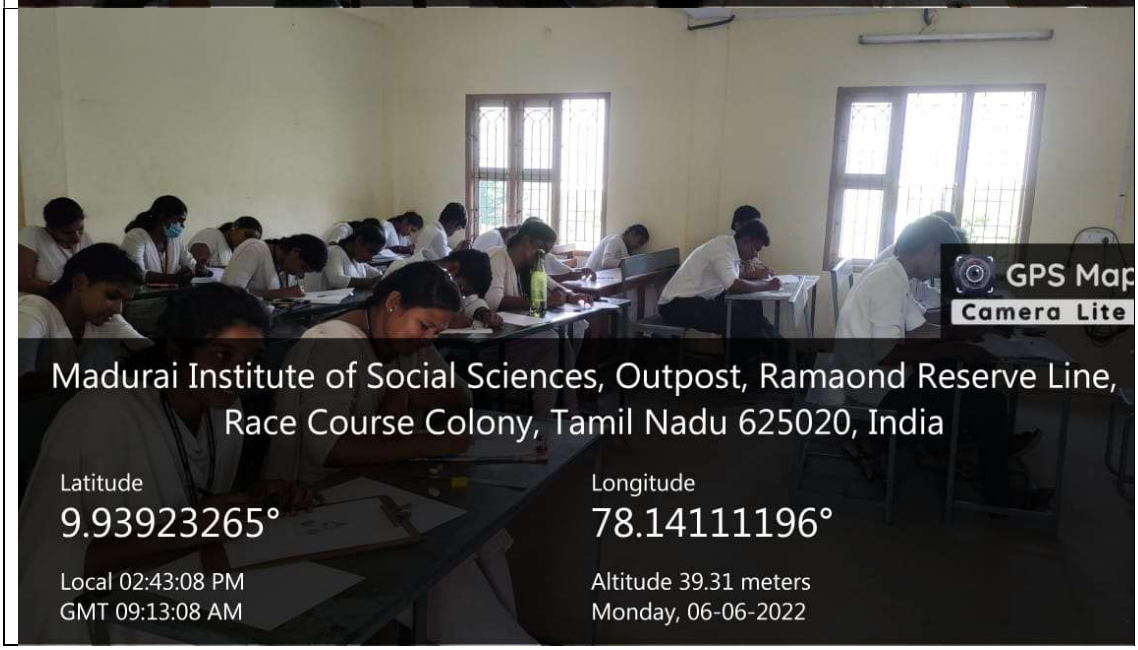
ALWARPURAM

Programme Title: Drawing Competition in Observance of International Yoga Day

Date: 06.06.2022 **Time: 10.00 AM** **Venue:** Government Higher Secondary School

Summary of the Programme: The NSS Units of the Madurai Institute of Social Sciences organized a drawing competition in commemoration of International Yoga Day-2022, 16 NSS volunteers participated in the programme.





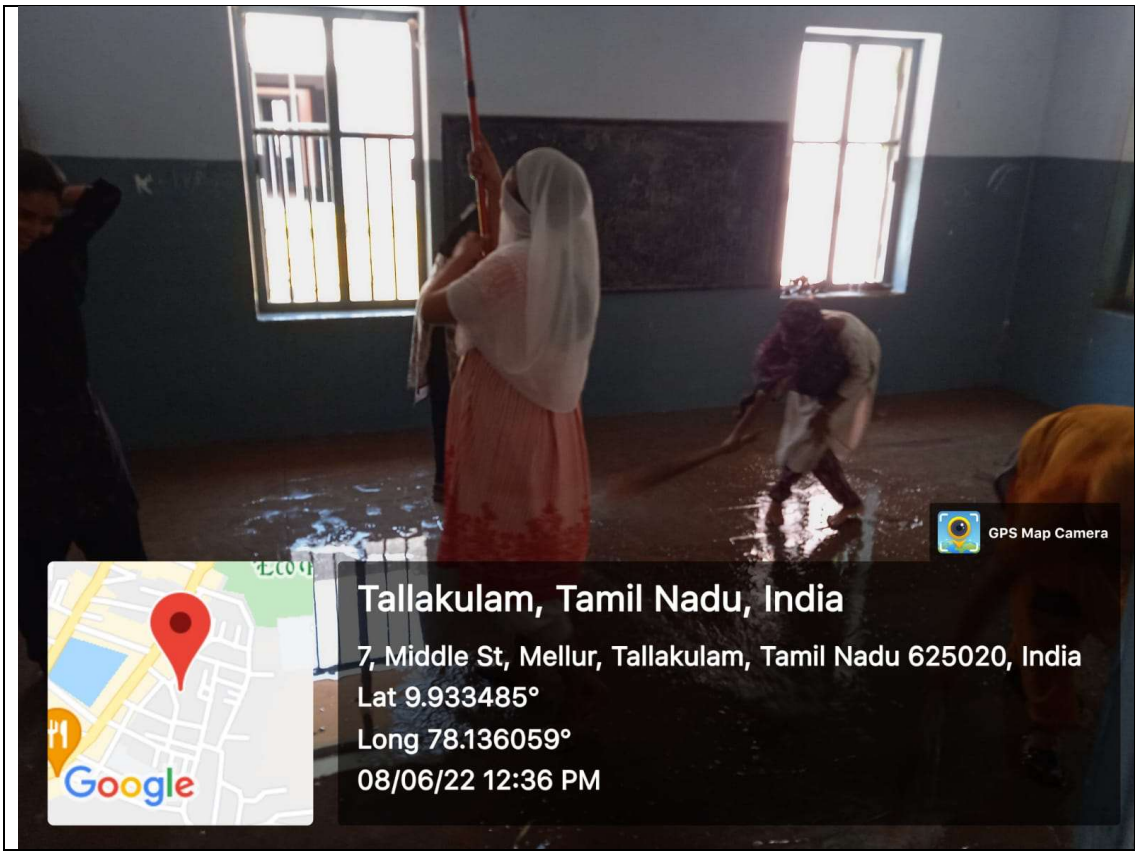
Programme Title: Swachh Bharath Activities at Government Higher Secondary School.

Date: 08.06.2022 **Time: 10.00 AM**
Venue: Government Higher Secondary School

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities at Government Higher Secondary School, Madurai, 16 NSS volunteers participated in the programme.



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Programme Title: Swachh Bharath Activities

Date: 11.06.2022 **Time: 10.00 AM** **Venue:** MISS, College Ground

Summary of the Programme: The Madurai Institute of Social Sciences organized Swachh Bharath activities inside the college campus, 47 NSS volunteers participated in the programme.







Programme Title: Swachh Bharath Activities – Community College, MISS

Date: 14.06.2022 **Time: 10.00 AM** **Venue:** MISS, Community College

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences participated in cleaning the community college on the MISS, campus, 51 NSS volunteers participated in the programme.

Programme Title: II- Blood Donation Camp

Date: 22.06.2022 **Time: 10.00 AM** **Venue:** HRD, Hall MISS

Summary of the Programme: The NSS units of Madurai Institute of Social Sciences and Rajaji Government Hospital organised a blood donation camp, and 71 NSS volunteers participated in the programme. The Madurai Institute of Social Sciences has been awarded first prize for conducting a maximum number of voluntary blood donation camps among educational institutions in the year 2021. The college has been awarded a rolling shield by the district collector Dr Anish Shekar to the NSS Units of the college.






BLOOD DONORS CLUB
ROLLING TROPHY


LIBRARY DEPARTMENT
BLOOD DONOR'S CLUB
MADURAI MEDICAL COLLEGE
2022.6.25 20:21



CERTIFICATE OF APPRECIATION

FIRST PRIZE AWARDED TO

MADURAI INSTITUTE OF SOCIAL SCIENCES, MADURAI

FOR CONDUCTING THE MAXIMUM NUMBER OF VOLUNTARY BLOOD DONATION CAMPS AMONG EDUCATION INSTITUTIONS IN THE YEAR 2021.

DISTRICT BLOOD TRANSFUSION OFFICER
HOD . TRANSFUSION MEDICINE
GRH . MADURAI

DEAN
GOVERNMENT RAJAJI HOSPITAL
MADURAI

BLOOD DONORS CLUB . MADURAI MEDICAL COLLEGE
TAMIL NADU STATE AIDS CONTROL SOCIETY
&
TAMIL NADU STATE BLOOD TRANSFUSION COUNCIL

Madurai Institute of Social Sciences
Run by: Cap DVR Foundation for HRD

(Autonomous College and Research Centre Affiliated to Madurai Kamaraj University)
Re-accredited with "B+" by NAAC

NSS- Annual Report 2022-2023

NSS ACTIVITIES FOR THE ACADEMIC YEAR- 2022-2023

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3	12.08.2022	Tamilnadu State AIDS Control Society- International Youth Day-2022, State-level Online Quiz Competition	5
4	15.08.2022	NSS Independence Day Parade-2022	6
5	01.09.2022	NSS Freshers Orientation- 2022-23	7
6	14.09.2022	World Suicide Prevention Day 2022	8
7	14.09.2022	Training Programme of Child Rights and Role of Childline-1098	9
8	17.09.2022	Social Justice Day-Signature Campaign-2022	10
9	17.09.2022	Swachh Bharath- Campus Cleaning Activities	13
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11	07.10.2022	Training Programme on the Role of NSS Volunteers Childline-1098- II	15
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15	26.01.2023	NSS- Republic Day Parade- 2023	20
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Programme Title: Oath taking Against Drug Usage and Abuse

Date: 11.08.2022 **Time: 11.00 AM** **Venue: MISS**

Summary of the Programme: The NSS volunteers of 104 and 229 of Madurai Institute of Social Sciences organized sensitization and oath-taking against the usage of drugs and their ill effects. The Inspector of Police Mrs Mariammal, Mathichayam Police Station and other police officials, teaching, non-teaching faculty and NSS volunteers participated in the programme and took oath against the usage of drugs and vowed not to consume any form of drugs.





Programme Title: NSS-Essay writing competition on 75 Independence Day-2022

Date: 11.08.2022 **Time: 11.00 AM** **Venue: MISS**

Summary of the Programme: The NSS volunteers of 104 and 229 of Madurai Institute of Social Sciences organized an essay writing competition on 11.08.2022 in the celebration of the 75th Indian Independence Day Celebration, 40 NSS volunteers participate in the programme.





Programme Title: Tamilnadu State AIDS Control Society- International Youth Day-2022, State-level Online Quiz Competition

Date: 12.08.2022 **Time: 11.00 AM** **Venue: MISS**

Summary of the Programme: On 12.08.2022, the NSS Units 104 and 229 of Madurai Institute of Social Sciences organized State level Online quiz Competition for NSS volunteers in collaboration with Tamilnadu State AIDS Control Society in commemorating International Youth Day- 2022. The topics covered in the quiz were related to HIV awareness, Tuberculosis, Blood donation, Adolescent health, public health, and General Knowledge, 117 NSS volunteers registered on 11.08.2022 and participated in the quiz on 12.08.2022.





Programme Title: NSS Independence Day Parade-2022

Date: 15.08.2022 **Time: 08.00 to 12.00 PM** **Venue: MISS**

Summary of the Programme: Summary of the Programme: On August 15, 2022, the NSS Units 104 and 229 of Madurai Institute of Social Sciences (MISS) organized the NSS Independence Day-2022 parade. A total of 60 NSS volunteers participated and demonstrated the Independence Day parade, showcasing their commitment to the nation. The parade was a symbol of unity and patriotism, highlighting the spirit of freedom and independence.

Following the parade, Dr. M. Nisanth, Principal (i/c) of MISS, extended a warm welcome to all attendees, setting the tone for the event. The Chief Guest address was delivered by Prof. Dr. R. Sivakumar, Chief Orthopaedics Consultant at Preethi Hospital, who shared insightful thoughts on the significance of independence and social responsibility.

Dr. Capt. DVP Raja, the founder and chairman of MISS, delivered the presidential address, emphasizing the importance of community service and volunteerism in building a better society. Mr. D.V. Dharmasingh, Secretary of MISS, then expressed gratitude and appreciation to all involved in making the event a success through his felicitation address.

Finally, Dr. V. Gurumoorthi concluded the event with a heartfelt vote of thanks, acknowledging the efforts of everyone who contributed to the organization and execution of the Independence Day parade. The event served as a platform to commemorate the sacrifices of the freedom fighters and to inspire the youth to uphold the values of democracy and unity.

Programme Title: NSS Freshers Orientation- 2022

Date: 01.09.2022 **Time: 11.30 to 01.30 PM** **Venue: MISS**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organised an orientation programme for the freshers. Mr S. Charles, NSS PO- 104 explained the importance, aim, objectives, rules, and regulations of NSS. Discussed the importance of mandatory hours of regular activities and the importance of the NSS rural camp. He also explained the skill training programme and the scope of NSS activities and awards that can be availed by NSS volunteers. With a glimpse of the previous year's NSS activities. Followed by a vote of thanks the orientation programme concluded.



Programme Title: World Suicide Prevention Day 2022

Date: 14.09.2022 **Time: 12.00 to 02.00 PM** **Venue: MISS**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organised a training programme for NSS Volunteers to commemorate World Suicide Prevention Day-2022 on the theme "Creating Hope Through Action". The programme was facilitated by Dr N.Suresh Kumar, Assistant Professor Cum Clinical Psychologist, Department of Psychiatry, Madurai Medical College, Madurai, who explained about the myths and facts behind the ideation of suicide. He insisted on ways and means to remain positive for better psychological well-being. He also insisted on the qualities and roles of NSS volunteers to create a better world of non-suicidal ideation. Followed by that an interaction session with NSS volunteers the programme was concluded.





Programme Title: Training Programme of Child Rights and Role of Childline-1098

Date: 14.09.2022 **Time: 11.00 to 01.30 PM** **Venue: MISS**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organized a training programme for NSS Volunteers on Child Rights and the Role of Childline-1098 in Care and Protection. Mr. S. Charles, Director, Childline-1098 Nodal, and Mr M.George Fernandus, City Coordinator, Madurai District handled the session and explained the classification of children in need of care and protection and the role of the allied department such as the child welfare committee, Juvenil Justice Board, District Child Protection Unit and other departments in ensuring care and protection when a child is in distress. He also explained about the role of NSS volunteers in strengthening the child protection network in society. Followed by the interaction of the students and a vote of thanks the session winded up.

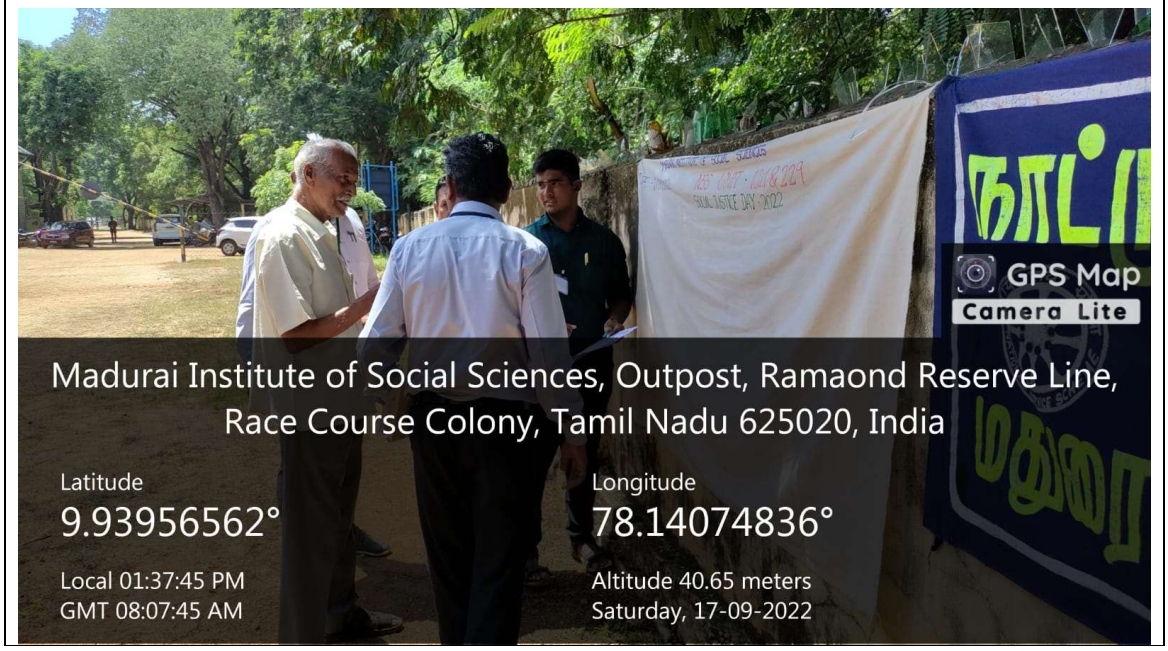


Programme Title: Social Justice Day-Signature Campaign-2022

Date: 17.09.2022 **Time: 1.00 AM** **Venue: MISS**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organised a signature campaign on the commemoration of Social Justice Day 2022. The programme was graced by Dr Capt. D.V.P. Raja Founder and Chairman, MISS and felicitated by Dr M.Nisanth, Principal (i/c). Following that the NSS volunteers took the oath and signed it as a token of uplifting social justice in society.

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Saturday, 17-09-2022


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Saturday, 17-09-2022

Programme Title: Swachh Bharath- Campus Cleaning Activities

Date: 17.09.2022 **Time: 02.00 to 05.00 PM** **Venue: MISS**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organized Swachh Bharath activities inside the college campus, 65 NSS volunteers participated in the programme.



Training Programme on Basic Life Support Skill

Date: 07.10.2022 **Venue: HRD Hall**

Summary of the Programme: The NSS Units 104 and 229 organised a training programme on basic life support skills for the NSS volunteers, Dr.Vinoth from Appollo Hospital facilitated as a resource person and demonstrated the basic life support skills.



Training Programme on the Role of NSS Volunteers Childline-1098- II

Date: 07.10.2022 **Venue: HRD Hall**

Summary of the Programme: The NSS Units 104 and 229 organised a training programme on the role of childline-1098 in ensuring care and protection for children in distress. The training programme was facilitated by Mr.M.George Fernandus, City Coordinator, Madurai Childline-1098.



Fitness India- Challenge

Date: 20.10.2022 **Venue: Indoor Auditorium**

Summary of the Programme: The NSS Units 104 and 229 organised the Fitness India challenge programme in coordination with the Decathlon organisation. All the students from the college participated in various sports programmes.




7
Anniversary Celebration
25
LUCKY
WINNER
DECATHLON


7
YEARS
Anniversary Celebration
25
LUCKY
WINNER
1 Lucky Winner
3 Lucky Winner
6 Lucky Winner
8 Lucky Winner


25
LUCKY
WINNER
3 Lucky Winner
7 Lucky Winner
*Book now on AFS


25

National Unity Day- Rashtriya Ekta Diwas- Oath Taking

Date: 31.10.2022 **Venue: MISS Prayer Ground**

Summary of the Programme: In commemoration of the National Unity Day- Rashtriya Ekta Diwas, the NSS volunteers and all the college students of MISS participated in the event





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Seminar on Sustainable Development Goals

Date: 23.01.2023 **Venue: HRD Hall**

Summary of the Programme: The NSS Units 104 and 229 of Madurai Institute of Social Sciences organized a comprehensive seminar focusing on the Sustainable Development Goals (SDGs) for NSS volunteers. The event aimed to provide a deeper understanding of the SDGs and their significance in addressing global challenges. Mr. Paraneetharan, a distinguished representative from the rural development department, delivered an informative session elucidating the core principles and objectives of the SDGs, highlighting the critical role that NSS volunteers can play in their implementation.

Through engaging discussions and interactive presentations, participants gained insights into various dimensions of sustainable development, including poverty alleviation, environmental conservation, and social equality. The seminar facilitated a platform for knowledge exchange and dialogue, encouraging volunteers to explore innovative approaches towards achieving the SDGs within their communities.

Furthermore, attendees were encouraged to reflect on their individual and collective responsibilities in contributing to sustainable development efforts. By fostering a sense of ownership and empowerment, the seminar aimed to inspire NSS volunteers to become catalysts for positive change in society.

The event concluded with a renewed commitment from the participants to actively engage in sustainable development initiatives, utilizing their skills and resources to make a meaningful impact. Overall, the seminar catalyzed raising awareness, fostering collaboration, and mobilizing collective action towards the attainment of the Sustainable Development Goals.

NSS- Republic Day Parade- 2023

Date: 26.01.2023 **Venue: College Prayer Ground**

Summary of the Programme: The NSS Units of Madurai Institute of Social Sciences orchestrated a vibrant Republic Day parade on January 26, 2023, commemorating the nation's sovereignty and unity. Dr. P. Jayakumar, Principal (i/c), extended a warm welcome to all attendees, setting a ceremonial tone for the event.

Subsequently, Mr. D.V. Dharmasingh, Secretary of MISS, delivered a felicitation address, acknowledging the significance of the occasion and the contributions of all participants. This was followed by Cap. Dr. DVP Raja's presidential address, wherein he emphasized the values of democracy, liberty, and equality that define the essence of the Republic Day celebration.

Concluding the event, Mr. S. Charles expressed gratitude through a vote of thanks, recognizing the collaborative efforts that made the parade a resounding success. The Republic Day parade served as a poignant reminder of the nation's rich heritage and the collective aspirations for a prosperous future.

Blood Donation Camp

Date: 27.02.2023 **Venue: HRD Hall**

Summary of the Programme: The NSS units 104 and 229 of Madurai Institute of Social Sciences organised blood donation camp on 27.02.2023 in collaboration with Rajaji Government Hospital. The college students donated more than 60 units of blood in the blood donation camp.







Seven Days NSS Camp-2023

Date: 25th to 31st March 2023

Venue: Y.Kodikulam and Vaval Thottam

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-1

Date: 25.03.2023 **Venue: Y.Kodikulam**

Summary of the Programme:

The NSS Units 104 and 229 of Madurai Institute of Social Sciences successfully conducted a 7-day National Service Scheme (NSS) camp at Ya. Kodikulam Village Panchayat, Madurai District, from 25th to 31st March 2023. The camp focused on two key villages, namely Ya. Kodikulam and Vavallthottam. The inaugural ceremony took place on 25th March 2023 at 02:00 PM. Dr. P. Jayakumar, the Acting Principal of Madurai Institute of Social Sciences, delivered the welcome address, setting a positive tone for the event.

Mr. A. Paraneetharan, Head Faculty of the District Resource Centre for Panchayat, graced the occasion as the chief guest. In his address, he shed light on the camp's nature and emphasized the crucial role of NSS volunteers in contributing to the community's well-being. Mr. Paraneetharan also highlighted the significance of sustainable development goals and various government programs aimed at rural development.

Following this, Mr. S. Thirupathi, the Village Panchayat President, addressed the students, providing insights into the village's unique characteristics and the facilities offered by the Village Panchayat office. The inaugural program saw the presence of key members of Ya. Kodikulam village, including Mrs. Muthumeena, Mrs. Santhanalakshmi, Mrs. P. Seelaikari, Mrs. K. Sumathi, Mrs. N. Aathilakshmi, Mrs. A. Chithra, Mrs. P. Lakshmi, Mrs. K. Sathya, and Mrs. P. Alagu Lakshmi, who were introduced during the ceremony.

Mr. S. Charles, NSS Program Officer-104, provided a detailed overview of the 7-day activities planned for the camp, ensuring that volunteers were well informed and prepared for their roles. The vote of thanks was delivered by Mrs. R. Rajalakshmi, who expressed gratitude on behalf of the organizing committee and extended thanks to all participants and contributors. Following that students were taken on a village tour to understand the structure and amenities of the villages.

National service scheme

Madurai Institute Of Social Sciences

NSS camp Day 1(25.03.2023)

Inaguration

Ya.Kodikulam



Chief Guest adress
Mr.ParaniDharan
District Resource centre for panjayat



Special adress
Mr.Thirupati
President -Ya .Kodikulam



Guidelines for Camp

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-2

Date: 26.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the second day of the NSS camp, 26th March 2023, the activities commenced with an invigorating Yoga session led by Mr. S. Charles, NSS Program Officer-104. The session saw enthusiastic participation from all NSS volunteers as they engaged in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques. Following the morning session, a nutritious breakfast was provided, setting the stage for a day filled with impactful activities. The students took the initiative to conduct an awareness program on water management for the general public of Ya. Kodikulam and Vaavallthottam villages. This program aimed to educate the villagers about the sustainable use and conservation of water resources. Simultaneously, another group of students undertook the task of collecting details of unorganized workers in the villages. They sensitized these workers about the Social Security Scheme (SSS), emphasizing the importance of social security in their lives. In alignment with the Swachh Bharat initiative, a portion of the students actively participated in cleaning activities in the villages, contributing to the cleanliness and hygiene of the surroundings.

As the day progressed, during the evening session, Mr. P. Ranjith, Coordinator of Swachh Bharat at Madurai Corporation, addressed the NSS volunteers. He shed light on the significance of solid waste management and elaborated on the roles of both the government and local governance in this critical aspect. To reinforce these concepts, the NSS volunteers presented a thought-provoking drama on solid waste management. The day concluded with a feedback session, providing an opportunity for participants to share their thoughts and experiences. This valuable feedback session allowed for reflection and improvement in the execution of future activities. Following this, a communal dinner was organized, fostering a sense of solidarity among the participants. The second day of the NSS camp proved to be both educational and impactful, with volunteers actively engaging in activities that contributed to the overall well-being of the villages. The combination of yoga, awareness

programs, social security outreach, Swachh Bharat initiatives, and informative sessions made the day a meaningful step towards community development and social responsibility. The success of the day can be attributed to the dedication of the NSS volunteers and the well-coordinated efforts of the organizing committee.

National service scheme

Madurai Institute Of Social Sciences

NSS camp Day 2 (26.03.2023)

Ya.Kodikulam



Yoga
Mr.Charles-NSS incharge



Speech - Solid waste management
Mr.P.Ranjith



Awareness on water management



Cleaning Activity



Drama - water management

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-3

Date: 27.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the third day of the NSS camp, the 27th of March 2023, the activities commenced with an Yoga session led by Mr. S. Charles, NSS Program Officer-104. Enthusiastic participation from all NSS volunteers marked the session, where they engaged in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques.

Following the energizing morning session, a nutritious breakfast was provided. The students took the initiative to conduct an awareness program on AIDS, aiming to educate the community about the importance of AIDS awareness and fostering a sense of responsibility towards health. Simultaneously, a group of students engaged in Swachh Bharat activities at Ya. Kodikulam and Vavallthottam, addressing the felt need for cleanliness within the community. Their active involvement contributed to the betterment of the local environment.

Mrs. Maria, the Programme Officer of the National Rural Livelihood Mission-NRLM, addressed the general public, emphasizing the importance of the program and its role in the upliftment of rural communities. Her insights provided valuable information to the residents, encouraging community participation. Continuing the day's activities, students participated in cultural activities, showcasing their talents and contributing to the cultural enrichment of the camp. A vote of thanks was delivered by Mrs. R. Rajalakshmi. The day concluded with a feedback session, providing participants with the opportunity to share their thoughts and experiences. This valuable feedback session allowed for reflection and improvement in the execution of future activities, ensuring continuous enhancement in the quality and impact of the NSS camp. The day concluded with dinner.

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-4

Date: 28.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the fourth day of the NSS camp, the 28th of March 2023, the activities commenced with an invigorating Yoga session led by Mr. S. Charles, NSS Program Officer-104. The session witnessed enthusiastic participation from all NSS volunteers, engaging in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques. Following the energizing morning session, a nutritious breakfast was provided. The students actively participated in Swachh Bharat activities at Ya. Kodikulam and Vavallthottam villages, contributing to the ongoing efforts towards community cleanliness.

To address social issues, a part of the students took the initiative to sensitize the community about the ill effects of consuming alcohol and tobacco. They distributed awareness pamphlets to the general public, aiming to raise awareness and promote a healthier lifestyle. Continuing the day's agenda, the students were sensitized to the activities of the Madurai Agri-Business Incubation Forum (MABIF), a collaborative initiative of NABARD and Tamil Nadu Agricultural University (TNAU) aimed at promoting agribusiness in the southern region of Tamil Nadu. Mr. Vibith of MABIF explained the organization's activities and emphasized the role of NSS volunteers in the development of the agrarian society. Business incubators like MABIF play a crucial role in providing support, resources, and networking opportunities for start-ups and early-stage businesses. In the spirit of community engagement, the students organized sports and cultural events for children, women, elders, and youth. A vote of thanks was delivered by Mrs. R. Rajalakshmi. These events aimed to foster a sense of unity, encourage physical activity, and promote cultural exchange within the community. The day was not only filled with educational and awareness activities but also included moments of joy and recreation for the community members.

National service scheme

Madurai Institute Of Social Sciences

NSS camp Day 4(28.03.2023)

Ya.Kodikulam



Pamphlet distribution
Drug addication



Speech - MABIF
Mr.Vinith



Cleaning Activity



Cultural events

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-5

Date: 29.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the fifth day of the NSS camp, the 29th of March 2023, the activities commenced with an invigorating Yoga session led by Mr. S. Charles, NSS Program Officer-104. The session witnessed enthusiastic participation from all NSS volunteers, actively engaging in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques. Following the energizing morning session, a nutritious breakfast was provided, ensuring the participants were ready for a day filled with impactful activities. The students continued their active involvement in Swachh Bharat activities at Ya. Kodikulam and Vavallthottam villages, making meaningful contributions to ongoing efforts towards community cleanliness.

To address social issues, a group of students initiated a campaign to sensitize the community about the ill effects of consuming alcohol and tobacco. They organized a procession, distributing pamphlets to raise awareness and promote a healthier lifestyle among the residents. The students were then enlightened about the significance of Nehru Yuva Kendra, emphasizing its role in youth development and community engagement. Following this, Mrs. Premlatha, District Program Officer of Voice Foundation, sensitized the participants about welfare programs for women and children, aiming for their social upliftment. She underscored the crucial role of NSS volunteers in the emancipation of the weaker sections of society.

The day concluded with cultural events organized by the NSS volunteers, providing a platform for artistic expression and cultural exchange. These events not only entertained but also strengthened the bond among the participants. A vote of thanks was delivered by Mrs. R. Rajalakshmi. The fifth day of the NSS camp was characterized by a holistic approach, addressing physical well-being through yoga, contributing to community cleanliness, raising awareness of social issues, and promoting cultural exchange.

National service scheme

Madurai Institute Of Social Sciences

NSS camp Day 5 (29.03.2023)

Ya.Kodikulam



Yoga



NYKS Program



Rally against Alcohol



Speech on child welfare Mrs Premalatha



Cultural events

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-6

Date: 30.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the fifth day of the NSS camp, the 30th of March 2023, the activities commenced with an invigorating Yoga session led by Mr. S. Charles, NSS Program Officer-104. The session witnessed enthusiastic participation from all NSS volunteers, actively engaging in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques. The students continued their active involvement in Swachh Bharat activities at Ya. Kodikulam and Vavallthottam villages, making significant contributions to ongoing efforts towards community cleanliness. Additionally, they participated in awareness creation programs on solid waste management and distributed pamphlets, furthering their commitment to environmental sustainability.

To address critical social issues, Mr. Sridhar, Protection Officer from the District Child Protection Unit, Department of Social Defence, was invited to educate the participants about the importance of child protection. He highlighted prevalent misconceptions about children in society and the unfortunate instances of violence against them. Mr. Sridhar explained legislative measures taken by the government to address child rights and shared case histories and success stories of safeguarding child rights. He emphasized the pivotal role of rural youth and NSS volunteers in ensuring the safety and well-being of society. He also insisted on the importance of the Village Level Child Protection Committee and insisted the NSS volunteers conduct along with Gram Shaba Followed by Mrs. R. Rajalakshmi delivered the vote of thanks. Following this informative session, NSS volunteers showcased their commitment to social causes by presenting a drama on violence against children and women. The powerful performance aimed at raising awareness and encouraging collective efforts in combating such issues. The day concluded with various cultural programs organized by the NSS volunteers, fostering a sense of community and celebrating the diversity of talents within the camp.

National Service Scheme
Madurai Institute of Social Sciences
NSS Camp Day 6 (31.03.2023)
Ya.kodikulam



Yoga



Awareness about solid waste management (pamphlet distribution)



Lecture about child rights by Mr.Sridhar



Drama on violence against women



Feedback session


GPS Map Camera
Madurai, Tamil Nadu, India
Nelliyenthalpatti Bus Stop, Tamil Nadu 625104, India
Lat 9.970308°
Long 78.212188°
Google

Madurai Institute of Social Sciences

National Service Scheme- Special Camp Report- Day-7

Date: 31.03.2023 **Venue: Y.Kodikulam and Vavalthottam**

Summary of the Programme:

On the fifth and final day of the NSS camp, the 31st of March 2023, the activities began with an invigorating Yoga session led by Mr. S. Charles, NSS Program Officer-104. The session witnessed enthusiastic participation from all NSS volunteers, actively engaging in practices such as Surya Namaskaram, various simple asanas, pranayama, and relaxation techniques. The students continued their active involvement in Swachh Bharat activities at Ya. Kodikulam and Vavallthottam villages, contributing to the ongoing efforts towards community cleanliness. At 1:00 PM, the valedictory program of the camp was conducted, marking the conclusion of the impactful 7-day NSS camp. The valedictory program took place in the presence of distinguished guests, including the Village Panchayat President, ward members, school headmaster, school teachers, the general public, and NSS volunteers.

The program began with a recapitulation of the various activities undertaken during the camp, emphasizing the contributions made by NSS volunteers towards community development, cleanliness, and social awareness. The Village Panchayat President and other dignitaries shared their thoughts and appreciation for the efforts put in by the NSS volunteers. The school headmaster and teachers also acknowledged the positive impact of the camp on the students and the community at large. A cultural presentation by NSS volunteers added a vibrant and celebratory touch to the valedictory program. The event provided an opportunity for reflection on the achievements and lessons learned during the camp.

In conclusion, the valedictory program served as a platform to express gratitude to all those involved, acknowledge the collective efforts, and celebrate the successful culmination of the 7-day NSS camp at Ya. Kodikulam Village. The success of the valedictory program and the entire NSS camp can be attributed to the dedication, enthusiasm, and collaborative spirit of the NSS volunteers, the support of the Madurai Institute of Social Sciences, and the cooperation of the local community.


GPS Map Camera
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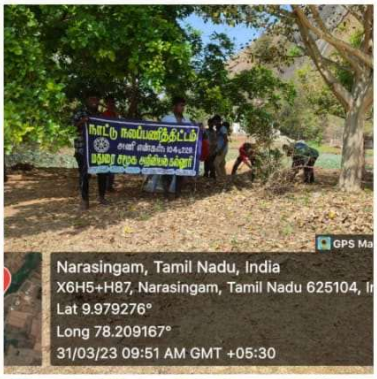
Lat 9.979334°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நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104,229.
மதுரை சமூக அறிவியல் கல்லூரி


நாட்டு நலப்பணித்திட்டம்
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மதுரை சமூக அறிவியல் கல்லூரி
GPS Map Camera
Narasingam, Tamil Nadu, India
X6H5+H87, Narasingam, Tamil Nadu 625104, India
Lat 9.979276°


நாட்டு நலப்பணித்திட்டம்
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மதுரை சமூக அறிவியல் கல்லூரி


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Long 78.20921°
31/03/23 09:50 AM GMT +05:30

Awareness Rally on Free Legal Aid Service

Date: 13.04.2023

Venue: District Court to Government Law College

Summary of the Programme: The NSS volunteers of Madurai Institute of Social Sciences orchestrated an impactful awareness rally on free legal aid services in collaboration with the District Free Legal Aid Service. This initiative aimed to educate the public about their rights and the availability of legal assistance.

During the rally, NSS volunteers conducted a vibrant road show, displaying informative placards and engaging with the community to raise awareness. Through this interactive approach, they sensitized the general public about the importance of accessing legal aid and support.

The collaboration between the NSS volunteers and the District Free Legal Aid Service exemplified a commitment to social welfare and empowerment. By advocating for free legal services, the rally sought to address issues of justice and equity within the community.

Overall, the awareness rally served as a platform to bridge the gap between legal services and the public, empowering individuals with knowledge and resources to seek assistance when needed. It demonstrated the NSS volunteers' dedication to social causes and their role as catalysts for positive change in society.

Awareness and Oath Taking on Equality Day- 2023

Date: 13.04.2023 **Venue: College Prayer Ground**

Summary of the programme: The NSS volunteers and students of Madurai Institute of Social Sciences organised awareness programme and oath taking on Equality Day-2023.



Title: International Yoga Day-2023

Date: 21.06.2023 **Venue: Indoor Auditorium**

Summary of the Programme: On the 21st of June 2023, the NSS Units of Madurai Institute of Social Sciences, in collaboration with the Brahma Kumaris organization, organised an awareness program to commemorate International Yoga Day 2023. The primary objective of the program was to raise awareness about the significance of yoga in promoting physical, mental, and spiritual well-being among individuals. Certified yoga instructors conducted invigorating yoga sessions, guiding participants through various asanas and breathing techniques. These sessions aimed to introduce participants to the fundamentals of yoga and its numerous health benefits. Renowned speakers delivered informative talks on the origins of yoga, its philosophical ideology, and its relevance in modern-day living. Live demonstrations showcased the correct execution of different yoga postures, allowing participants to observe and learn proper techniques firsthand.




INTERNATIONAL
YOGA DAY
MASS
MEDITATION
For World Peace



Title: Awareness Campaign on Organ Donation

Date: 31.07.2023 **Venue: Alumni Hall**

Summary of the Programme: On 31.07.2023, the NSS unit at Madurai College of Social Sciences organized a significant program on organ donation to raise awareness and encourage student participation in this life-saving initiative. The event featured Dr. Manoj, Head of the Urology Department at the Government Hospital, and Assistant Professor Noor Mohammad, who provided insightful discussions on organ donation.

Dr. Manoj explained the medical aspects of organ donation, highlighting the critical need for donors and the impact donations can have on saving lives. He discussed the types of organs that can be donated, the donation process, and shared success stories of recipients.

Assistant Professor Noor Mohammad addressed the ethical and social dimensions of organ donation. He emphasized dispelling myths and misconceptions and encouraged students to consider the profound difference they could make by pledging to donate their organs.

Following the discussions, an organ donation registration drive was held. Students had the opportunity to register their intent to donate by filling out the body part pledge form and receiving identity cards acknowledging their commitment. This step formalized their pledge and demonstrated a significant personal commitment to the cause.

Dr. Jayakumar, the principal of the college, expressed gratitude to the speakers and praised the students for their enthusiastic participation. He highlighted the importance of such programs in fostering a sense of social responsibility and compassion among students.

The program was well-received, with many students pledging to donate their organs. The event not only educated attendees about the importance of organ donation but also facilitated immediate action through registration, demonstrating a successful model for community engagement and social responsibility. The program concluded with remarks from Mrs. R. Rajalakshmi, Assistant Professor, Madurai College of Social Sciences.




நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.
மதுரை சமூக அறிவியல் கல்லூரி
M.I.S.S


நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.



மதுரையில் மாணவர்கள் உறுதிமொழி

மதுரை சமூக அறிவியல் கல்லூரியில் உடல் உறுப்பு தானம் குறித்த நிகழ்ச்சி அரசு மருத்துவமனை சிறுநீரகவியல் துறை தலைவர் டாக்டர் மனோஜ், உதவி பேராசிரியர் நூர் முகமது பங்கேற்பில் நடைபெற்றது. இதில் உடல் உறுப்பு தானம் பற்றி எடுத்துரைக்கப்பட்டது. இதனை அடுத்து மாணவர்கள் உடல் உறுப்பு உறுதிமொழி படிவத்தில் பதிவு செய்து அடையாள அட்டையை பெற்றுக் கொண்டனர். இதில் கல்லூரியின் முதல்வர் ஜெயக்குமார் உடன் இருந்தார்.

Title: Swachh Bharath Activities

Date: 03.08.2023 **Venue: MISS Premises**

Summary of the Programme: On 03.08.2023 the NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities inside the college campus.



Title: Awareness Campaign on the Prevention of Human Trafficking

Date: 04.08.2023 **Venue: HRD Hall**

Summary of the Programme: On 04.08.2023 the NSS Units of Madurai Institute of Social Sciences organised an Awareness Campaign on the Prevention of Human Trafficking.



Title: Swachh Bharath Activities

Date: 03.08.2023 **Venue: MISS Premises**

Summary of the Programme: On 03.08.2023 the NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities inside the campus.





Title: Independence Day Parade

Date: 15.08.2023 **Venue: MISS Premises**

Summary of the Programme: On 15.08.2023 the NSS Units of Madurai Institute of Social Sciences organised the Independence Day Parade.



Title: Distribution of Aid and Assistive Devices to differently Able people

Date: 17.08.2023 **Venue: MISS Premises**

Summary of the Programme: On 17.08.2023 the NSS volunteers of Madurai Institute of Social Sciences participated in the distribution of aid and assistive devices to the differently able people along with the department of District Differently Able Office.







Title: Training Programme on Basic Life Support Skill

Date: 25.08.2023 **Venue: MISS Premises**

Summary of the Programme: On 25.08.2023 the NSS volunteers of Madurai Institute of Social Sciences organised Basic Life Support Skills in collaboration with the Appollo Hospital Madurai.






BASIC LIFE SUPPORT

Title: Swachh Bharath Activities

Date: 01.09.2023 **Venue: MISS Premises**

Summary of the Programme: On 01.09.2023 the NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities inside the college campus



Title: Blood Donation Camp

Date: 04.09.2023 **Venue: MISS Premises**

Summary of the Programme: On 04.09.2023 the NSS Units of Madurai Institute of Social Sciences organised a Blood Donation Camp in association with Rajaji Government Hospital, Madurai, The students of MISS donated 42 units of blood.







Title: Awareness Campaign on Gender Awareness

Date: 05.092023 **Venue: MISS Premises**

Summary of the Programme: On 05.09.2023 the NSS volunteers of Madurai Institute of Social Science organised special programme on gender equality and women rights.



Title: Drug Awareness Rally

Date: 07.10.2023 **Venue: MISS Premises**

Summary of the Programme: On 07.10.2023 the NSS volunteers of Madurai Institute of Social Science participated in the Drug Awareness Rally at Ghandi Museum.







Title: Swachh Bharath Activities

Date: 04.10.2023 and 05.10.2023 **Venue: MISS Premises**

Summary of the Programme: On 04.10.2023 and 05.102023 the NSS Units of Madurai Institute of Social Sciences organised Swachh Bharath activities inside the college campus.





Title: Awareness Rally in commemoration of International AIDS Day 2023

Date: 01.12.2023 **Venue: MISS Premises**

Summary of the Programme: On 01.12.2023 the NSS units of the Madurai Institute of Social Sciences in collaboration with Tamilnadu AIDS Control Society organised an Awareness Rally in commemoration of International AIDS Day 2023.





Title: NSS Child Rights Club

Date: 11.12.2023 **Venue: MISS Premises**

Summary of the Programme: On 11.12.2023 the NSS Units of the Madurai Institute of Social Sciences organised and initiated NSS- Child Rights Club in the college.



Title: Cyber Security Awareness

Date: 29.12.2023 **Venue: HRD Hall**

Summary of the Programme: On 29.12.2023 the NSS Units of Madurai Institute of Social Sciences organised Cyber Security Awareness for the NSS volunteers





Title: Training Course on Human Rights- NSS Volunteers

Date: 26.12.2023 to 12.01.2024 **Venue: SOCO Trust**

Summary of the Programme: From 26.12.2023 to 12.01.2024 the NSS volunteers of the Madurai Institute of Social Sciences participated in 15 Days Training Course on Human Rights for volunteers in collaboration with Justice V. R, Krishna Iyer Rural Institute for Socio-Legal Studies (SOCO Trust and Justice Shivaraj V.Patil Foundation.





Title: Training Course on Human Rights- NSS Volunteers

Date: 05.01.2024 **Venue: HRD Hall**

Summary of the Programme: On 05.01.2024 the NSS Units of Madurai Institute of Social Sciences organised a sensitisation programme titled “Breaking Barriers: Advocating for Transgender Rights and Equality.



Title: Understanding Organic Farming

Date: 24.01.2024 **Venue: Pothys Godown**

Summary of the Programme: On 24.01.2024 the NSS Volunteers of Madurai Institute of Social Sciences participated in the Organic Farming and Food Festival organised by Tamilnadu Natural Agricultural Forum



Title: Republic Day Parade

Date: 26.01.2024 **Venue: College Ground**

Summary of the Programme: On 26.01.2024 the NSS Volunteers participated in the Republic Day Parade- 2024







Title: NSS Special Camp

Date: 21.02.2024 to 27.02.2024

Venue: Rajakallpatti and Maravapatti Village Panchayat

Summary of the Programme: From 21.02.2024 to 27.02.2024 the NSS units organised the NSS special camp at Rajaakalpatti and Maravapati, Palamedu, Alanganallur Block, Madurai

MADURAI INSTITUTE OF SOCIAL SCIENCE

Run by Capt. D.V.R Foundation for HRD, Accredited with "B+" by NAAC

Affiliated to Madurai Kamaraj University

NSS SPECIAL CAMP REPORT

2023-2024

PREPLANNING

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8	Report of Day- V
9	Report of Day-VI
10	Report of Day-VII

INTRODUCTION:

Madurai Institute of Social Science conducted an NSS Special Camp for the academic term 2023-2024 within the confines of Rajakkalpatti Village Panchayat, nestled in the Alanganallur Block of Madurai District. This Panchayat encompasses two distinct villages, Rajakkalpatti and Maravapatti. The camp was conducted from 21.02.2023 to 27.02.2024, aligning with the academic calendar. The primary objective of this special camp, integral to the NSS extension program, was to immerse NSS volunteers in the rural milieu, fostering both learning and service to the local community.

A formal orientation session was conducted on 20.02.2024, heralding the commencement of the camp. Dr. P. Jayakumar, Principal (i/c), delivered a formal keynote address, setting the tone for the program. Following this, Mr. S. Charles, the NSS Programme Officer-104, elucidated the significance of the Special Camp. He delineated the camp's aims, objectives, and day-to-day activities, along with dos and don'ts pertinent to the campsite's regulations. Subsequently, Mrs R. Rajalakshmi, the NSS Programme Officer-229, provided insights into the campsite at Rajakkalpatti Village Panchayat, followed by a vote of thanks.

The report encapsulates the NSS activities spanning from 21.02.2024 to 27.02.2024. It encompasses a myriad of activities undertaken at the campsite, including awareness programs on Cyber Crime, Rural Entrepreneurship, the role of the Social Welfare Department, District Child Protection Unit, Youth Development, Health and Sanitation, Swachh Bharat Activities, Solid Waste Management, as well as conducting an Eye Camp and Medical camp for the benefit of the rural community.

OBJECTIVES OF THE NSS SPECIAL CAMP:

- Discovering rural life
- Embracing group and community living
- Recognizing challenges encountered by rural communities
- Appreciating nature and ecosystems
- Fostering strong bonds between NSS volunteers and villagers
- Facilitating the development of capacities and attitudes through engagement in planning, decision-making, organisation, and evaluation
- Assessing the strengths and weaknesses of NSS volunteers

ACCOMMODATION:

The accommodation arrangements for the special camp were organized in Maravapatti village, under the jurisdiction of the Rajakkalpatti village panchayat. Male NSS volunteers

were housed in the community hall, while female NSS volunteers were accommodated at the Government Primary School in Maravapatti village, Allanganallur Block, Madurai District.

ABOUT THE CAMPSITE:

Maravapatti village, situated within the Rajakkalpatti village panchayat under the Allanganallur Block of Madurai District, stands as a testament to the rich cultural heritage and agrarian lifestyle prevalent in the region. This formal report provides a comprehensive overview of Maravapatti village, highlighting its demographics, historical significance, economic activities, and community life. Maravapatti village stands as a beacon of tradition, resilience, and community spirit within Madurai District. Its historical significance, agrarian livelihoods, and cultural vibrancy contribute to the tapestry of rural life in the region. As the village continues to evolve, preserving its heritage while embracing modern developments, it remains a testament to the enduring legacy of rural India.

Demographics and Governance:

Maravapatti village, part of the larger Rajakkalpatti village panchayat, encompasses two distinct villages: Rajakkalpatti Village and Maravappatti Village, each comprising three wards. Together, they house a total of 853 households, reflecting a vibrant and close-knit community. The governance of the village is overseen by the local village panchayat, ensuring the effective administration of essential services and development initiatives.

Historical Significance:

Maravapatti village boasts a rich historical legacy, earning its place as one of the ancient settlements within the Madurai District. It is believed to have been developed under the divine patronage of village deities **Arulmigu Muthallaman and Arulmigu Manjamalai Swami**. The village holds special reverence as a centre for crafting deity idols, particularly adobe sculptures or earthen sculptures, which are utilized in temples across 18 neighbouring villages. Its association with sacred practices and elaborate deity festivals, notably during the Tamil month of Panguni, underscores its cultural significance and spiritual heritage.

Economic Activities:

The economy of Maravapatti village is predominantly agrarian, with agriculture serving as the primary source of livelihood for its residents. The fertile land supports a variety of crops, including guava, papaya, corn, and other rain-fed crops, contributing to the agricultural diversity of the region. Additionally, livestock rearing, encompassing hens, goats, and cows, supplement the village's income streams. Despite the agrarian focus, a significant portion of the male population seeks employment opportunities in nearby urban centres such as Madurai town, thereby diversifying the village's economic landscape.

Community Life and Infrastructure:

Maravapatti village nurtures a close-knit community characterized by values of divine reverence and self-discipline. Residents actively participate in community events and religious

ceremonies, fostering a sense of unity and shared identity. The village is equipped with essential infrastructure, including a Government Primary School catering to the educational needs of local children and an Anganwadi centre providing vital early childhood care and development services.

Unique Cultural Tradition: Jallikattu Festival

An integral aspect of Maravapatti village's cultural identity is its active participation in the renowned Jallikattu festival, held annually during the Tamil month of Thai, coinciding with the Pongal festival. Maravapatti takes pride in its tradition of training bulls for this exhilarating event, which showcases the bravery and skill of both participants and animals. The festival draws crowds from far and wide to witness the spectacle of bull-taming, fostering a sense of camaraderie and celebration among the community. Maravapatti's contribution to Jallikattu, particularly at venues like Pallamedu and Allanganallur, underscores its unique cultural heritage and enduring commitment to preserving age-old traditions amidst modernity.

Day-1 **Date: 21.02.2024**

Summary of the report:

The 7-Day NSS Special Camp, jointly organized by NSS Units 104 and 229 of the Madurai Institute of Social Sciences, commenced on 21st February 2024 and concluded on 27th February 2024. The camp aimed to instil the values of social responsibility, community service, and environmental consciousness among participating students. The inaugural day of the camp began with Swachh Bharat activities conducted at the accommodation premises, emphasizing the importance of cleanliness and hygiene. Subsequently, an inaugural program was held to mark the commencement of the camp. Mrs. R. Rajalakshmi, NSS PO 229, extended a warm welcome to all attendees. Dr. P. Jayakumar, Principal (i/c), delivered the presidential address, setting the tone for the event. Mr. Venkatamurugan, Associate Professor, delivered an inspiring special note address, motivating the students to actively engage in the camp's activities. Dr. V. Gurumoorthi shared valuable insights into the values and actions expected from NSS volunteers. The chief guest, Mr. K. Palanichamy, President of the Rajakkalpatti Village Panchayat, delivered an enlightening address, highlighting the significance of community service. Mr. S. Charles, NSS PO- 104, concluded the session with a vote of thanks, expressing gratitude to all participants and stakeholders. The inaugural program witnessed enthusiastic participation, with a total of 109 volunteers in attendance. The inaugural day of the 7-Day NSS Special Camp set a promising precedent for the forthcoming days. On that day the NSS volunteers were involved in Swachh Bharath activities in the accommodation premises and disseminated the information of the seven-day special camp to the general public of the villages, to have a greater rapport for the successful completion of the camp. The NSS Volunteers also had a transcendent walk to have a fruitful sight of the village to which they were going to be exposed. At the end of the day, students had a feedback session and plan of action for the next day's activities.






நாட்டு நலப்பணித்திட்டம்
மதுரை சமூக அறிவியல் கல்லூரி


நாட்டு நலப்பணித்திட்டம்
மதுரை சமூக அறிவியல் கல்லூரி



Day-2 **Date: 22.02.2024**

Summary of the report: The second day of the NSS camp, on February 22, 2024, commenced with a rejuvenating yoga session from 6:00 AM to 7:00 AM, aimed at enhancing the physical and mental well-being of the NSS volunteers. The session included warm-up exercises, simple asanas, and breathing techniques to invigorate the participants. From 9:00 AM to 12:30 PM, the NSS volunteers actively participated in Swachh Bharat activities at various significant locations within the villages, focusing on the collection of plastic waste to promote cleanliness and environmental sustainability.

In the evening, the NSS volunteers engaged in awareness and cultural activities. Mr. Arulkumar, a designated Social Worker from the District Child Protection Unit, served as a resource person, enlightening the audience about children's rights and welfare schemes. He elaborated on both state and central government initiatives, providing valuable insights into recent welfare schemes. Following Mr. Arulkumar's session, a feedback and question-and-answer session was coordinated by NSS PO Mr. S. Charles. Subsequently, NSS PO Mrs R. Rajalakshmi expressed gratitude with a vote of thanks.

The NSS volunteers then showcased a street theatre performance addressing the critical issue of child marriage, followed by organizing a debate focusing on the complexities of child labour and related issues. The day concluded with a cultural program organized by the NSS volunteers for the general public. In the evening, NSS POs conducted debriefing sessions and feedback gatherings among the volunteers, ensuring reflection and alignment with the camp's objectives.




நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229
மதுரை சமூக அறிவியல் கல்லூரி
GPS Map Came
Google
Maravarpatti, Tamil Nadu, India
44G5+PWF, Maravarpatti, Tamil Nadu 625503, India
Lat 10.127175°
Long 78.109935°
22/02/24 10:39 AM GMT +05:30


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Maravarpatti, Tamil Nadu, India
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Lat 10.127304°
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YOUTH AND CLEAN
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MADURAI INSTITUTE OF SOCIAL SCIENCES
NSS SPECIAL CAMP 2023 - 2024
YOUTH AND CLEANLINESS
iQOO Z6

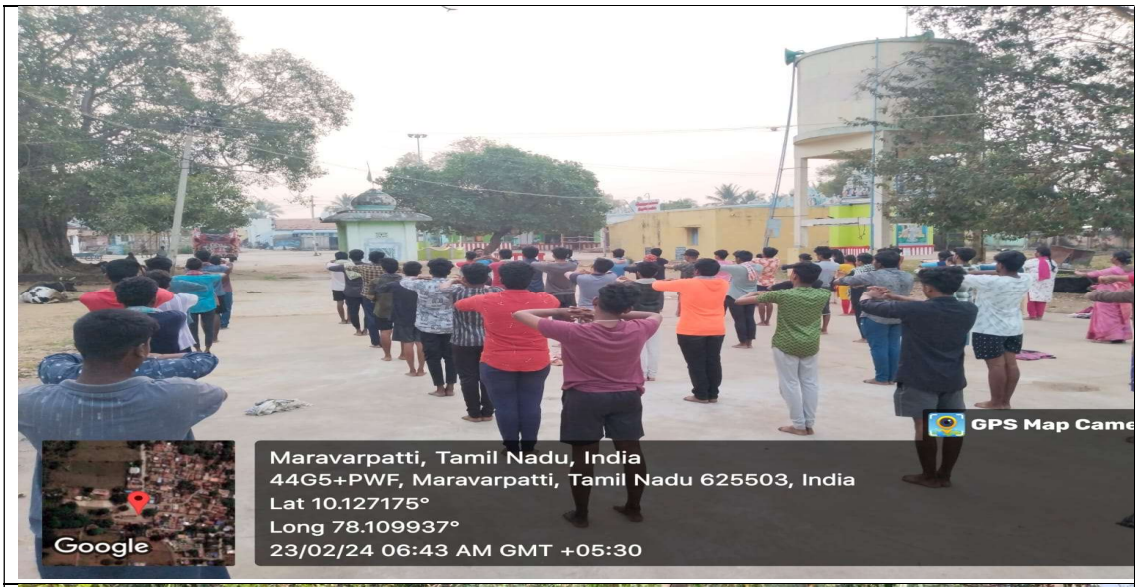
Day-3 **Date: 23.02.2024**

Summary of the report: On the third day of the NSS camp, February 23, 2024, the day commenced with a yoga session from 6:00 AM to 7:00 AM, focusing on physical and mental wellness through warm-up exercises, asanas, and breathing techniques, attended by NSS volunteers. From 8:45 AM to 11:00 AM, NSS volunteers engaged in Swachh Bharat activities within the temple premises of the villages, contributing to the cleanliness drive.

Following this, an awareness program titled "Digital Defences" was organized by the NSS units from 11:15 AM to 1:30 PM. Mr. S. Charles, NSS PO, delivered the welcome address, setting the stage for the event. The chief guest, Mr Karupaiya, Additional Superintendent of Police - Cyber Crime Department, Madurai District, delivered an insightful address. Mr. Dharmaraj, Inspector of Police - Cyber Crime Department, presented the keynote address, shedding light on various forms of cybercrime, victim profiles, complaint registration procedures, and the role of NSS volunteers as "Cyber Volunteers." The session included clarifications on queries raised by both the general public and NSS volunteers, emphasizing the importance of their involvement in combating cyber threats.

During the evening session from 5:00 PM to 7:45 PM, NSS volunteers organized sports activities for children, promoting physical activity and recreation. Simultaneously, an awareness cultural program on domestic acts of violence and protective measures was conducted. Following these activities, NSS PO organized a debriefing session among the volunteers, ensuring reflections on the day's events and alignment with the camp's objectives before concluding the day.

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1930


நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104+229
மதுரை சமூக அறிவியல் கல்லூரி
1930
https://cybercrime.gov.in/
Feb 23, 2024, 11:17

Day-4 **Date: 24.02.2024**

Summary of the report: On the fourth day of the NSS camp, February 24, 2024, the morning commenced with a yoga session from 6:00 AM to 7:00 AM, wherein NSS volunteers participated in various warm-up activities, simple asanas, and breathing exercises to invigorate body and mind. From 9:00 AM to 12:00 PM, NSS volunteers engaged in Swachh Bharat activities in the Rajakalpatti temple premises and the vicinity of irrigation water storage areas within the villages, contributing to community cleanliness efforts. The NSS volunteers also demonstrated an awareness rally on “Clean India” reciting the awareness slogans to the general public.

Following this, a sensitization program on the significance of youth and welfare was organized in the village. Mr. S. Senthilkumar, Deputy Director of Nehru Yuva Kendra, addressed both NSS volunteers and the general public, emphasizing the importance of leadership qualities and empowerment among the youth. In the evening, NSS volunteers organized an awareness program and facilitated the establishment of a "Children's Parliament," providing a platform for the youth to express their opinions and concerns. Additionally, cultural programs were arranged for women and children, fostering community engagement and cultural exchange.

Concluding the day's activities, NSS PO organized a debriefing session among the volunteers, allowing for reflections on the day's events and ensuring alignment with the overarching objectives of the camp.




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Lat 10.127005°
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Feb 24, 2024, 09:40


GPS Map Came
Google
Madurai, Tamil Nadu, India
44J5+434 KGP KARUPANANKOVIL FARM, Tamil Nadu 625503, India
Lat 10.127018°
Long 78.109302°
24/02/24 10:16 AM GMT +05:30


GPS Map Came
Maravarpatti, Tamil Nadu, India
44G6+W57, Maravarpatti, Tamil Nadu 625503, India
Lat 10.12756°
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Google


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Feb 24, 2024, 19:43


Feb 24, 2024, 19:50

Day-5 **Date: 25.02.2024**

Summary of the report: On the fifth day of the NSS camp, February 25, 2024, the morning commenced with a yoga session from 6:00 AM to 7:00 AM, wherein NSS volunteers participated in various warm-up activities, simple asanas, and breathing techniques, promoting physical and mental well-being. From 9:00 AM to 12:00 PM, NSS volunteers actively engaged in Swachh Bharat activities within the village, emphasizing the importance of cleanliness and hygiene.

Following this, an orientation program titled "Orientation on Entrepreneurship and Startups" was conducted by the NSS Units. Mr. Shanmugapandi, Programme Coordinator of MABIF (Madurai Agri-Business Incubation Forum), facilitated the session. He provided insights into MABIF's operations under NABARD and highlighted various opportunities for youth entrepreneurship in agri-business. Mr. Shanmugapandi emphasized the significance of value-added agri-business, the potential for exporting agricultural products, and the concept of cluster-based agri-business.

Subsequently, NSS units organized cultural and awareness programs for the general public, fostering community engagement and promoting social awareness. Concluding the day's activities, NSS PO organized a debriefing session among the volunteers, allowing for reflections on the day's events and ensuring alignment with the overarching objectives of the camp.



Day-6 **Date: 26.02.2024**

Summary of the report: On the sixth day of the NSS camp, February 26, 2024, the morning began with a yoga session from 6:00 AM to 7:00 AM, focusing on physical and mental rejuvenation through warm-up activities, simple asanas, and breathing techniques, attended by NSS volunteers. From 9:00 AM to 12:00 PM, NSS volunteers actively participated in Swachh Bharat activities within the village, contributing to the ongoing cleanliness drive.

Additionally, an eye camp was organized in collaboration with Anna Optometric College, Thirumangalam, Madurai, providing valuable eye care services to the community. Simultaneously, an awareness session on the Prevention of Drug Abuse was conducted in partnership with the Peace Deaddiction Centre, Madurai. Team members of the centre elucidated the perils of drug abuse, outlining its impact on individuals, families, and society at large. They also shed light on government initiatives for deaddiction processes, including free treatments provided under the Ministry of Social Justice and Empowerment. Furthermore, the session highlighted the role of the National Institute of Social Defences and shared success stories of rehabilitation and reintegration.

Following this, NSS volunteers organized awareness programs on preventing drug addiction, emphasizing the importance of education and community support in combatting substance abuse. Concluding the day's activities, NSS PO facilitated a debriefing session among the volunteers, allowing for reflections on the day's events and ensuring alignment with the overarching objectives of the camp.




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Google


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44G5+PWF, Maravarpatti, Tamil Nadu 625503, India
Lat 10.127338°
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26/02/24 12:16 PM GMT +05:30
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44G5+PWF, Maravarpatti, Tamil Nadu 625503, India
Lat 10.12734°
Long 78.109355°
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Google


நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.
மதுரை சமூக அறிவியல் கல்வரி
iQOO Z6


iQOO Z6

Day-7 **Date: 27.02.2024**

Summary of the report: On the seventh day of the NSS camp, February 27, 2024, the morning commenced with a yoga session from 6:00 AM to 7:00 AM, emphasizing physical and mental well-being through warm-up exercises, asanas, and breathing techniques, attended by dedicated NSS volunteers. From 9:00 AM to 12:00 PM, NSS volunteers actively engaged in Swachh Bharat activities within the village, continuing their efforts towards promoting cleanliness and hygiene.

In collaboration with the Palamedu Primary Health Centre, Alnangalannur Block, a medical camp was organized, offering vital healthcare services to the villagers. Participants underwent health screenings and received necessary medications from attending physicians.

Following the conclusion of the medical camp, the valedictory program took place at the campsite. Mr Palanisamy, the village panchayat president, graced the occasion as the chief guest, delivering an insightful address. Mrs. R. Rajalakshmi provided a comprehensive overview of the 7-day camp activities, spanning from the inaugural to the valedictory function. Subsequently, NSS volunteers shared their experiences and feedback, enriching the collective understanding of the camp's impact.

Mr. S. Charles, NSS PO, expressed gratitude through a vote of thanks, acknowledging the contributions of all involved participants. The camp concluded with a recitation of the national anthem, symbolizing unity and patriotism as the 7-day NSS Special Camp came to a successful conclusion.




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Google


GPS Map Came
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44G5+PWF, Maravarpatti, Tamil Nadu 625503, India
Lat 10.127039°
Long 78.109423°
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நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104&229.
மதுரை சமூக அறிவியல் கல்லூரி
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அணி எண்கள்: 104&229.
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iQOO Z6


YOUTH AND CLEANLINESS
iQOO Z6


iQOO Z6

Title: International Women' s Day-2024

Date: 08.03.2024 **Venue: College Ground**

Summary of the Programme: On 08.03.2024 the NSS Units of Madurai Institute of Social Sciences Organised a Debate on the celebration of International Women's Day 2024




HAPPY WOMEN'S DAY
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Race Course Colony, Tamil Nadu, India
Madurai Institute of Social Sciences, Outpost, Ramaond Reserve Line, Race Course Colony, Naganakulam, Tamil Nadu 625020, India
Lat 9.939416°
Long 78.140696°
08/03/24 09:07 AM GMT +05:30
Google

Title: Swachh Bharath Activities

Date: 18.03.2024 and 19.03.2024 **Venue: MISS Premises**

Summary of the Programme: 18.03.2023 19.03.2023 The NSS Units of Madurai Institute of Social Sciences organised Mass Swachh Bharath Activities inside the campus



Day 1
1 st year MSW
Viyugam
Rural Camp
Silambam



27.10.2023
@MARAVAPATTI VILLAGE

Day 1

1 st year MSW

Viyugam

Rural Camp

Guest Honour



27.10.2023

@MARAVAPATTI VILLAGE

Day 1

1 st year MSW

Viyugam

Rural Camp

Guest Lecture



27.10.2023

@MARAVAPATTI VILLAGE

Day 1

1 st year MSW

Viyugam

Rural Camp

Dance program



27.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp Cleaning Activity



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp Cleaning Activity



28.10.2023

@MARAVAPATTI VILLAGE

Day 2
1 st year MSW
Viyugam
Rural Camp Cleaning Activity



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

Guest Honour

Dengue Awareness



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

RAP MUSIC



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

Dengue Awareness Program



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

HIV - AIDS Awareness Program



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

vote of Thanks



28.10.2023

@MARAVAPATTI VILLAGE

Day 2

1 st year MSW

Viyugam

Rural Camp

Child Marriage Awareness Program



28.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Seasonal Calendar







29.10.2023
@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Social Mapping











29.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Baseline survey










29.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Yoga Session









29.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Cultural Activities

Action Game













29.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
kicking Ball Game








29.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Cultural Activities

Throwing Ball Game



29.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Cultural Activities

Tug War Game










29.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Engaging Activities











29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Uri Adithal









29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Save The Ball Activities







29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Price Distribution











29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Uri Adithal






29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Uri Adithal







29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cultural Activities
Vote of Thanks





29.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Kolam Competition









30.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Kolam Competition



30.10.2023
@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Kolam Competition Evaluation









30.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp





30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Kolam Competition








30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
3 Ball Game









30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp









30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
7 up Game











30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Saving the Ball Game







30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Child Rights Awareness Program











30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Child Rights Awareness Program















30.10.2023

@MARAVAPATTI VILLAGE

Day 3

1 st year MSW

Viyugam

Rural Camp

Cleaning Activities









30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cleaning Activities










30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp
Cleaning Activities










30.10.2023

@MARAVAPATTI VILLAGE

Day 3
1 st year MSW
Viyugam
Rural Camp





30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp
Kolam Competition








30.10.2023

@MARAVAPATTI VILLAGE

Day 4

1 st year MSW

Viyugam

Rural Camp

Cleaning Activities









30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp
3 Ball Game









30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp
Child Rights Awareness Program











30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp









30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp





30.10.2023
@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp
7 up Game











30.10.2023

@MARAVAPATTI VILLAGE

Day 4
1 st year MSW
Viyugam
Rural Camp
Cleaning Activities










30.10.2023
@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Tree Plantation










31.10.2023
@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Tree Plantation












31.10.2023

@MARAVAPATTI VILLAGE

Day 5

1 st year MSW

Viyugam

Rural Camp

Enterpreneurship Awenues for Youth and Awareness on women Enterpreneurship










31.10.2023

@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Yoga Performance









31.10.2023

@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Vote of Thanks










31.10.2023

@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Dance and Music Program










31.10.2023

@MARAVAPATTI VILLAGE

Day 5
1 st year MSW
Viyugam
Rural Camp
Recreational activities










31.10.2023

@MARAVAPATTI VILLAGE

Day 6
1 st year MSW
Viyugam
Rural Camp
Yoga Session










01.11.2023
@MARAVAPATTI VILLAGE

Day 6

1 st year MSW

Viyugam

Rural Camp

Welfare Schemes for Workers of Unorganised Sector



01.11.2023

@MARAVAPATTI VILLAGE

Day 6
1 st year MSW
Viyugam
Rural Camp
Dance Performance









01.11.2023

@MARAVAPATTI VILLAGE

Day 6

1 st year MSW

Viyugam

Rural Camp

Medicial Camp










01.11.2023

@MARAVAPATTI VILLAGE

Day 6
1 st year MSW
Viyugam
Rural Camp
Medicial Camp












01.11.2023

@MARAVAPATTI VILLAGE

Day 6
1 st year MSW
Viyugam
Rural Camp
Price Distribution











01.11.2023

@MARAVAPATTI VILLAGE

Day 6
1 st year MSW
Viyugam
Rural Camp
Music Performance









01.11.2023
@MARAVAPATTI VILLAGE

Day 6

1 st year MSW

Viyugam

Rural Camp

Awarness program on district free legal aid authority














01.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Village president honour the Principal and camp coordinators










02.11.2023

@MARAVAPATTI VILLAGE

Day 7
1 st year MSW
Viyugam
Rural Camp
Cleaning Activities









02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Tree Plantation









02.11.2023

@MARAVAPATTI VILLAGE

Day 7
1 st year MSW
Viyugam
Rural Camp
PRA (Venn Diagram Problem Matrix)



02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Tree Plantation











02.11.2023

@MARAVAPATTI VILLAGE

Day 7
1 st year MSW
Viyugam
Rural Camp
Cleaning Activities











02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Reflections on Rural camp by the Villagers











02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Valedictory Speech and Vote of Thanks









02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Closclosing Ceremony











02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Guest Honour










02.11.2023

@MARAVAPATTI VILLAGE

Day 7

1 st year MSW

Viyugam

Rural Camp

Guest Lecture









02.11.2023

@MARAVAPATTI VILLAGE

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 03.01.2024

Venue: Pandiyan Nedunjeliyan Corporation Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organised a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 03, 2024, to help students prepare for public examinations. 61 students attended the program.



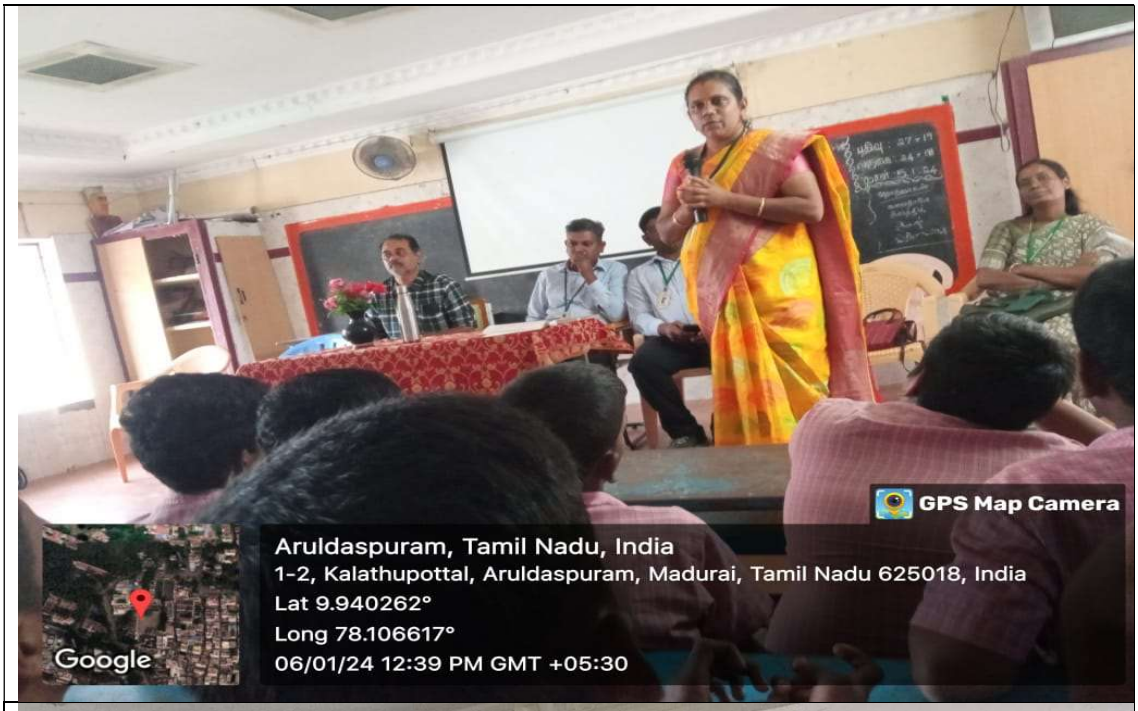


Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 06.01.2024

Venue: Thiru.Ve.Ka Corporation Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organised a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 06, 2024, to help students prepare for public examinations. 121 students attended the program.







Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 12.01.2024

Venue: Masathiyar Corporation Girls Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 12, 2024, to help students prepare for public examinations. 86 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 18.01.2024

Venue: Othakadai Girls Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 12, 2024, to help students prepare for public examinations. 200 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 18.01.2024

Venue: Elango Government Higher Secondary School, Madurai

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 18, 2024, to help students prepare for public examinations. 80 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 18.01.2024

Venue: Ponmudiyar Government Girls Higher Secondary School, Madurai

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 18, 2024, to help students prepare for public examinations. 141 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 18.01.2024

Venue: Avaniyapuram Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 18, 2024, to help students prepare for public examinations. 40 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 19.01.2024

Venue: Navallar Somasundara Bharathi, School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 19, 2024, to help students prepare for public examinations. 99 students attended the program.



Title: Training Programme on Stress Management, Time Management, and Facing Exam Fear

Date: 19.01.2024

Venue: Kasthuribhai Gandhi Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 19, 2024, to help students prepare for public examinations. 74 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 22.01.2024

Venue: Mehaboobpalayam Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 22, 2024, to help students prepare for public examinations. 212 students attended the program.






மேனா. சீரமைப்பு
வங்கனாம் நூலகம்
த.மு.மு.க
நூற்றுப்பாளையம்.

Title: Training Programme on Stress Management, Time Management, and Facing Exam Fear

Date: 22.01.2024

Venue: Thiruparankundram Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 22, 2024, to help students prepare for public examinations. 56 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 23.01.2024

Venue: E.Ve.Ra Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 23, 2024, to help students prepare for public examinations. 104 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 23.01.2024

Venue: Avvai Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 23, 2024, to help students prepare for public examinations. 60 students attended the program.

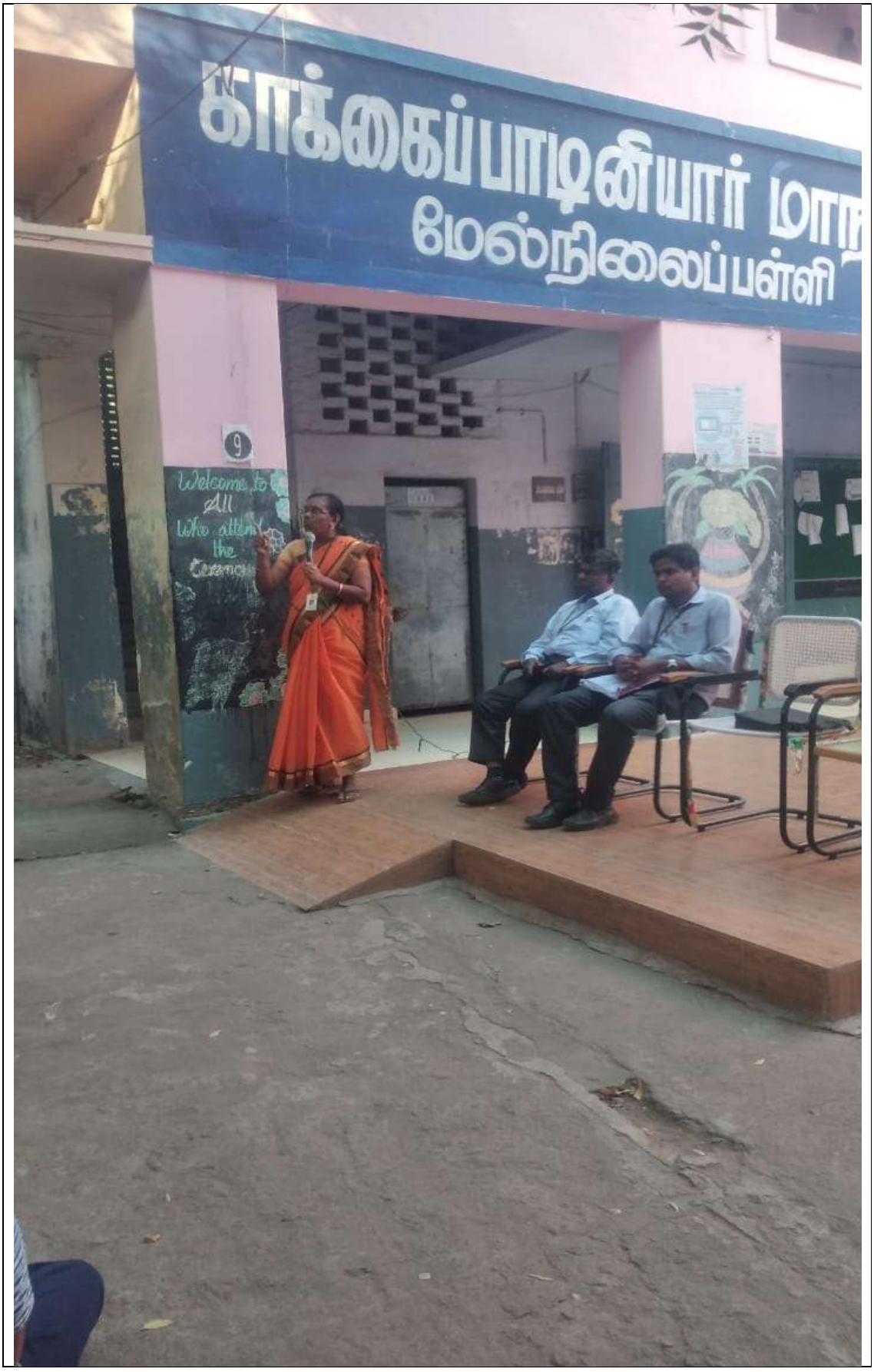
Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 23.01.2024

Venue: Kakaipadiniyar Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 23, 2024, to help students prepare for public examinations. 78 students attended the program.




மேல்நிலைப்பள்ளி
Welcome to
All

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 24.01.2024

Venue: Sethupathi Pandithurai Higher Secondary Higher School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 24, 2024, to help students prepare for public examinations. 54 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 24.01.2024

Venue: Palamedu Government

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 24, 2024, to help students prepare for public examinations. 32 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 29.01.2024

Venue: Allanganallur Boys Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organised a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 29, 2024, to help students prepare for public examinations. 27 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 29.01.2024

Venue: Achampatti Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on January 29, 2024, to help students prepare for public examinations. 78 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 02.02.2024

Venue: Kambar Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 02, 2024, to help students prepare for public examinations. 14 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 03.02.2024

Venue: Allanganallur Girls Higher Secondary School

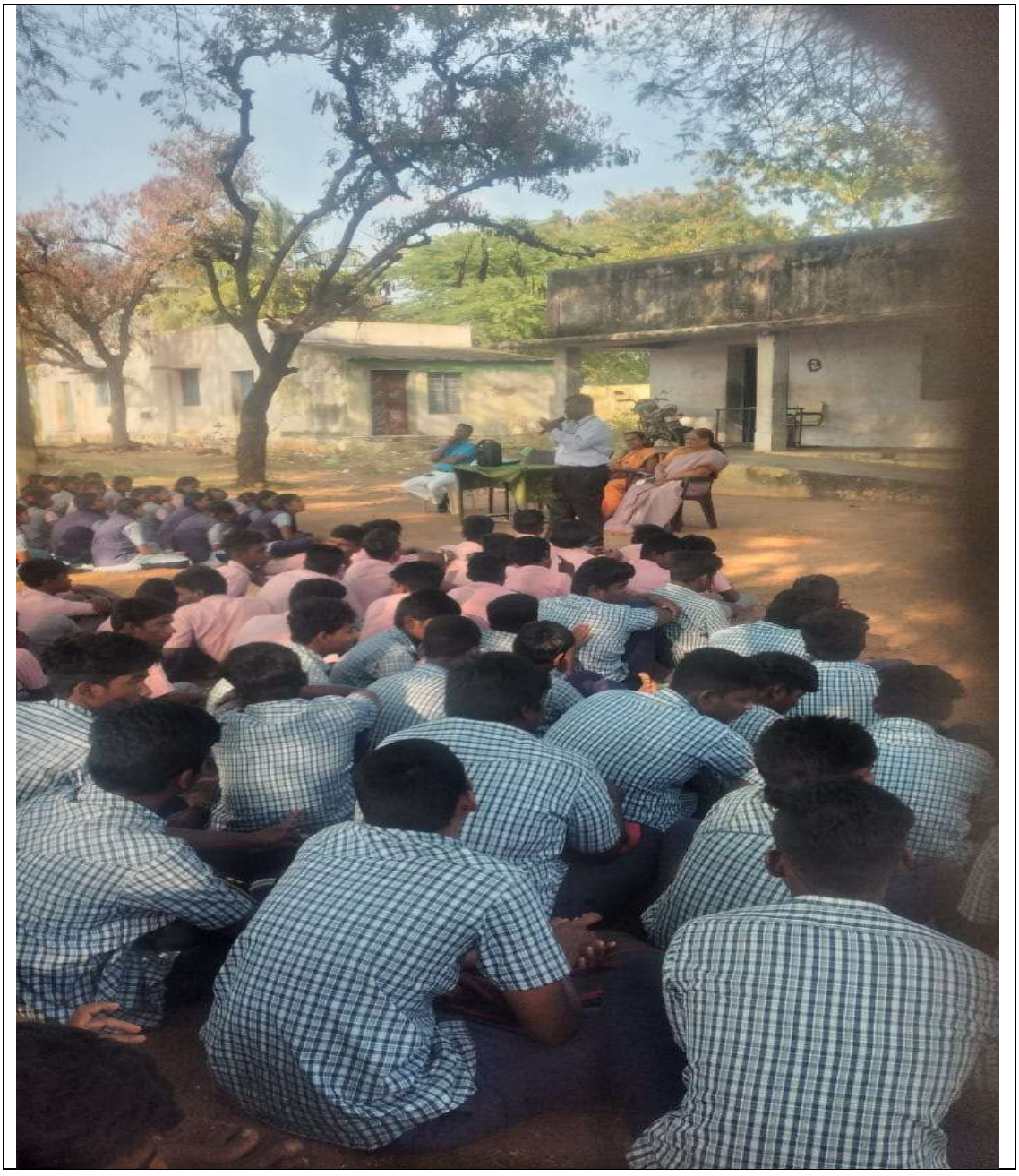
Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 03, 2024, to help students prepare for public examinations. 179 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 03.02.2024

Venue: Kondayanpatti Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 03, 2024, to help students prepare for public examinations. 38 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 05.02.2024

Venue: Melur Boys Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 05, 2024, to help students prepare for public examinations. 204 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 05.02.2024

Venue: Muduvarpatti Girls Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 05, 2024, to help students prepare for public examinations. 42 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 05.02.2024

Venue: Kottanathampatti Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 05, 2024, to help students prepare for public examinations. 45 students attended the program.







Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 05.02.2024

Venue: Thekutheru Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 05, 2024, to help students prepare for public examinations. 52 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 06.02.2024

Venue: Shollavandan Government Girls Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 06, 2024, to help students prepare for public examinations. 215 students attended the program.





Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 06.02.2024

Venue: Shollavandan Government Boys Higher Secondary School

Summary of the Programme: Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 06, 2024, to help students prepare for public examinations. 30 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 06.02.2024

Venue: Mullerpallam Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 06, 2024, to help students prepare for public examinations. 59 students attended the program.







Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 06.02.2024

Venue: Allamkottaram Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 06, 2024, to help students prepare for public examinations. 36 students attended the program.



Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 09.02.2024

Venue: Velliveediyar Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 09, 2024, to help students prepare for public examinations. 54 students attended the program.

Title: Training Programme on Stress Management, Time Management and Facing Exam Fear

Date: 12.02.2024

Venue: Bharathidasan Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 12, 2024, to help students prepare for public examinations. 108 students attended the program.





itle: Awareness Programme on ill-effects of Drugs

Date: 15.02.2024

Venue: Mehaboobpalayam Government Higher Secondary School

Summary of the Programme: The Social Work Department of Madurai Institute of Social Sciences organized a training program titled "Training Program on Stress Management, Time Management, and Facing Exam Fear" on February 15, 2024, to help students prepare for public examinations. 108 students attended the program.





Title: Career Guidance Programme

Date: 09.05.2024

Venue: Othakadai Government Girls Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.



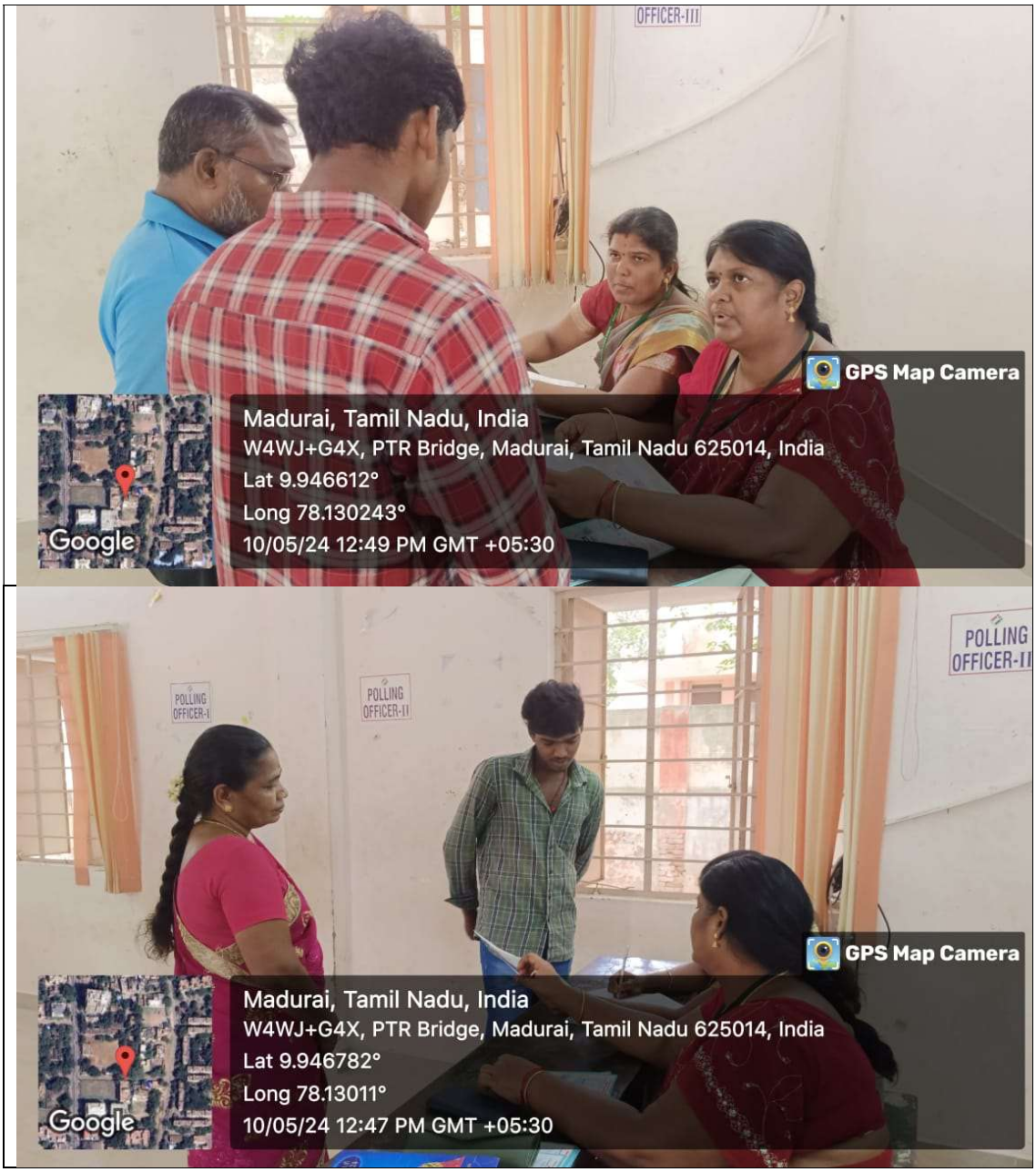


Title: Career Guidance Programme

Date: 09.05.2024

Venue: Pandiyan Neduncheliyan Government Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.



Title: Career Guidance Programme

Date: 13.05.2024

Venue: Ponmudiyar Government Girls Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Melur Boys Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Elango School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Navallar Somasundara Bharathi, School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Sundarajapuram Government Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Ponmudiyar Government Girls Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

Title: Career Guidance Programme

Date: 13.05.2024

Venue: Kakaipadiniyar Higher Secondary School

Summary of the Programme: The Madurai Institute of Social Sciences organized a Career Guidance Programme for the students.

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No.9, Alagarkovil Road Madurai-625002.

CONCURRENT FIELD WORK– 2023
OUTREACH REPORT
IAB (Indian Association for Blind)

SUBMITTED TO

Field work supervisor

SUBMITTED BY

S.Gangadharan

21BSW01

19/9/23

OUTREACH PROGRAM

Awareness program on the importance of education in the life of differently abled

Indian Association for Blind Higher Secondary School

Date : 05/09/2023

Time : 02.00 pm to 04.10 pm

Venue : Indian Association for Blind

Topic of the Program : Important of Education in the life of visually impaired individuals and cultural Activities.

Organiser : Mr.S.Gangadharan.

Targeted population :IAB School Students.

Budget : 958 (Refreshment, prizes, decoration things)

Outcome of the program:

- The students learnt about the importance of education in one's life by drama.
- The students learnt to give respect to the Teacher's & the Program helps to improve the involvement of students in cultural activities.

Summary of the Program:

On account of the Teacher's day, the awareness program was conducted at Indian Association for Blind, Sundarajanpatti. The program was Organised by Ms. Amirtham and Mr. Gangadharan and provided enough practice to the students to deliver the drama on "Importance of Education in the Life of Disabled people". And also conducted competitions for the school students such as Singing and Dancing and provided prizes to the best participants by IAB School teachers. The vote of thanks

OUTREACH REPORT

Name of the Trainee	: S.Gangadharan.
Name of the Co-Trainee	: G.Amirtham.
Name of the Field work Agency	: IAB (Indian Association foe Blind).
Name of Agency Supervisor	: Mrs. Lavanya
Name of the Field work supervisor	: Mrs .A. Margret Sherley, Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of the Field work absent	: Nil
No. of Special visit	: 2 Visits
Submission of Plan of Action	: Yes
Presentation learning & Experience	: Yes

- This program awares the students about the helpline number 1098.As there are students above the age of 18, the trainee particularly taught to the students below 18.

Summary of the Programme:

The Awareness program was conducted in Indian Association for Blind Higher Secondary School, Sundararajanpatti. The Trainee Mr. Gangadharan along with the Co-Trainee Ms. Amirtham gave awareness about the Child rights and emergency Helpline for the Child, (childline-1098). Finally, the vote of thanks was given by Training teacher in the IAB Agency.

Appendix







OUTREACH REPORT

Awareness program on Child Line and Child Rights

Indian Association for Blind Higher Secondary School, Sundararajanpatti.

Date : 17/08/23

Time : 1.40 Pm to 3.00 Pm

Venue : Indian Association for Blind Higher Secondary School

Topic of the Program : Awareness about the Childline (1098) and Child Rights.

Organiser : Mr.S.Gangadharan.

Targeted Population :IAB School Children (Especially Visually Impaired)

Budget : NIL

Outcome of the Program:

- The students came to know about the Childline 1098.
- The students gathered information about the Child Rights.
- The Trainee gave orientation about the child related problems such as child marriage, child labour & child harrasments.

Significant Outcome:

- The Awareness program gave enough knowledge about the rights of the children, child labour, child Marriage, child abuse, good touch and bad touch.

was given by the training teacher and finally, Refreshment were provided to the students, teacher and office staffs in the Indian Association for Blind.

Appendix








Signature of Fieldwork Supervisor

Mrs. Margret Sherley 19/9/23

Signature of the Trainee

S.Gangadharan.

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

DISTRICT LEGAL SERVICE AUTHORITY

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

M.SWETHA

20/9/23

OUTREACH REPORT

Name of the Trainee	: M.Swetha
Name of the Co – Trainee	: S.Theivarani
Name of Field Work Agency	: DISTRICT LEGAL SERVICES AUTHORITY
Field Work Agency Coordinator	: Mr Ganesha Moorthy
Name of the field work supervisor	: Mrs A. Margret Sherly Assistant professor, Department of Social work
No of field work Assigned	15
No of field work Absent	: Nil
No of special visit	2
Total no of actual working Days	15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

AWARENESS AMONG SCHOOL STUDENTS, BALA MANDIRAM HR.SEC.SCHOOL,MADURAI.

Date : 18.08.2023

Time : 9.00a.m to 10.30a.m

Venue : Balamandiram Hr. Sec. School

Topic of the program : Awareness on about the POCSO Act 2012 and the Functions of DLSA among the school students.

Resource Person : Mrs Prasanna

Organiser : M. Swetha

Outcome of the program:

- The trainee were gave an orientation about the DLSA functions.
- The trainee tells about the services provide free legal aid for the weaker section ofthe society.
- The students had gain knowledge about the DLSA.
- The students had learnt about the POCSO Act 2012
- The Advocate gave an orientation about child related problems and the punishments.

Significant outcome:

- The Awareness program for the students had gave a more knowledge about the ChildRights, child marriage and child abuse.
- The Advocate had gave orientation about the POCSO Act 2012.
- Then orientated about the Acts and the Schemes related to the child.
- Thereafter the current affairs also discuss with the student in that place.

Summary of the programme :

The Free Legal Aid awareness program at Balamandiram Hr Sec School, Vishwanathapuram. The special guest person Mrs Prasanna (Advocate) gave an legal awareness about the POCSO Act 2012 for the school students and the staffs . Ms M.Swethagave an orientation about the functions of the DLSA and the free legal aid provide the services for the weaker section of the society and also the helpline number for the children as well as women. And then the trainee issued the pamphlets to the students and the staffs. Finally the session/program Mrs Indhurani (HM) gave the vote of thanks for all.

Appendix:





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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

DISTRICT LEGAL SERVICE AUTHORITY

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

M.SWETHA

20/9/23

OUTREACH REPORT

Name of the Co – Trainee	: S.Theivarani
Name of Field Work Agency	: DISTRICT LEGAL SERVICE AUTHORITY
Field Work Name of the Trainee	: M.Swetha
Agency Coordinator	: Mr Ganesha Moorthy
Name of the field work supervisor	: Mrs. S.Margret Sherly Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Date	: 07/09/2023
Time	: 3.00pm to 4.10pm
Venue	: MADURAI KALANGIYAM THONDU NIRUVAGAM, MUNICHALAI.
Topic of the program	: Awareness about legal aid services
Resource Person	: Mrs. Mageshwari(Advocate)
Organiser	: M.Swetha

Outcome of the program:

- The trainee gave an orientation about the function and its role of free legal aid services.
- The trainee tells about the process of applying the petition through offline and the online.
- The Advocate had orientated about the cases which can be taken in the free legal aid services.
- Then the trainee had orientated about the eligibility to put the petition for the free legal aid.
- The women in the Kalangiyam Thondu Niruvagam had gather an clear idea to approach petition of cases to the free legal aid.

Significant outcome:

- ❖ The trainee tells the procedure to follow for applying the petition cases for the legal aid.
- ❖ The Inmates had discussed their problems to the Advocate, how to approach for the land disputes cases to the DLSA.
- ❖ The trainee had issued the pamphlets so that they have a clear idea foe approaching to the free legal aid.
- ❖ Advocating the inmates to know the functions of DLSA.

Summary of the programme :

The Legal service awareness program was organized among the Madurai Kalangiyam Thondu Niruvagam it was located in the Munichalai. Then the trainee had participated in the programme among the 25 women of this association group. The special guest person Mrs.Mageshwari (Advocate) had orientated about of approachimg the petitions for the several cases and have discussed to the inmates and gave the suggestions and legal advice to them. The trainee tells about the procedure to apply the petition cases in the free legal aid. Finally the Mrs Senthamarai member of this association had gave the vote of thanks to all.

Appendix:



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CONCURRENT FIELD WORK– 2023
OUTREACH REPORT
SURABHI TRUST

SUBMITTED TO
Field work supervisor

SUBMITTED BY
P.JOE INFANT JACOB
21BSW03

OUTREACH REPORT

Name of the Trainee	: P. Joe Infant Jacob
Name of the co – Trainee	: A. santha prakash
Name of Field Work Agency	: Surabhi trust (Thaimadi Illam)
Field Work Agency Coordinator	: C. M. Sethu muthu raja
Name of the Field work Supervisor	: Mr. Charles (Assistant professor)
No of Field work Assigned	: 15
No of Field work Absent	: Nil
No of special Visit	: 2
Total no of actual Working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning & Experience	: No

OUTREACH PROGRAM

Awareness for road side oldage people

New bus stand,
Virudhunagar,
Madurai,

Date : 12/09/23

Time : 11: 00 to 04: 00

Venue : New bus stand,
Virudhunagar,
Madurai,

Topic of the program : Awareness for road side oldage people

Target population : Road side oldage peoples

Outcome of the program:

1. The Roadside senior citizens learnt about the functions and training programs in surabhi trust (Thai madi illam)
2. The roadside oldage people got Knowledge about the schemes and acts.
3. The oldage learnt the procedure of joinig surabhi trust.

Significant Outcome:

1. The awareness program gave more knowledge about the OLDAGE PENSION scheme.
2. The trainee gave information about the surabhi trust benefits.

3. The awareness program for MEDICAL & HEALTH to the Oldage People.

4. We have awareness for Oldage Home in Corporation for your Stay Purpose.

Summary of the program:

On September 12\09\2023, There was an awareness program for senior citizens at new bus stand, in Virudhunagar, Mr. P. JOE INFANT JACOB gave welcome address about the thaimadi illam (SURABHI TRUST). The trainee and co – trainee provided information about **oldage pension** schemes and acts for the senior citizens. The trainee explained the procedure for joining surabhi trust. The elders who were rescued had their photos taken. Aadhar card , smart card and birth certificate was collected for them to join surabhi trust. The trainee also provided snacks for the roadside elderly people. Mr. A. SANTHA PRAKASH gave vote of thank for the roadside old age people.



The trainee providing snacks for the oldage people



The trainee giving awareness about the surabhi trust (THAIMADI ILLAM)



05/10/23

signature of fieldwork supervisor

singnature of the trainee

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CONCURRENT FIELD WORK - 2023

OUTREACH REPORT

NABARD – Madurai Agribusiness Incubation Forum

19/9/23

SUBMITTED TO

FIELD WORK AGENCY SUPERVISOR

SUBMITTED BY

P.PASUPATHI

21BSW04

OUTREACH REPORT

Name of the Trainee	: P. Pasupathi
Name of the Co – Trainee	: S. Harithanandhini
Name of Field Work Agency	: NABARD – Madurai Agribusiness Incubation Forum.
Field Work Agency supervisor	: Mrs. Madhumitha, (Madurai Regional Coordinator)
Name of the field work supervisor	: Mrs. Arulmozhi, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Awareness about the Agriculture & Agri allied business related to FPO.

Village people (farmers), Parali.

Date	: 13/09/2023
Time	: 11:00 Am to 12:00 Noon
Venue	: village people (farmers), Parali.
Topic of the program	: Agriculture related awareness about FPO.
Organizers	: Mr. Pasupathi & Miss. Harithanandhini.
Targeted population or Beneficiaries	: Farmers
Number of participants	: 43 farmers

About the program:

The awareness program was conducted in village people (farmers), Parali. The trainees Mr. P. Pasupathi and Miss. S. Harithanandhini were gave awareness about the Agriculture and Agri allied business related awareness about FPO and the present in the Parali village farmers were the beneficiary of the program. The farmers were active participate and interact in the awareness program.

Outcome of the program:

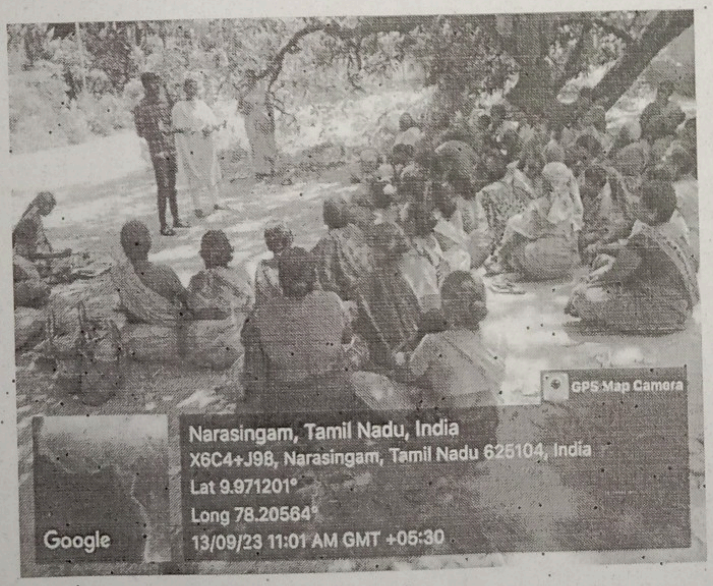
- ✓ The farmers learnt about the FPO.
- ✓ The farmers get knowledge about FPO.
- ✓ The trainee give orientation about MABIF & FPO.

- ✓ The trainees gave orientation about FPO objective and functions, farmers' solution to the problem and Agri based business.
- ✓ The awareness program give more knowledge about farmer's problem, farmers solution to the problems and Agri related business.
- ✓ The trainee give orientation about MABIF & FPO.

Summary of the program:

The Agriculture related awareness program at village people's (farmers), Parali. The trainees Mr. Pasupathi & Miss. Harithanandhini gave MABIF awareness and about Startups objective and functions, FPO objective and functions for Parali village people. Mr. Pasupathi gave welcome address and oriented about FPO objective and functions and FPO provide to the benefits for farmers. Finally the end of the session/Program Miss. Harithanandhini gave vote of thanks for all.

Appendix:





Awareness about the Agriculture & Agri allied business related to FPO

Parali village farmers

T. Anbu 19/9/23.

Signature of the supervisor

P. Pasupathi

Signature of the trainee

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CONCURRENT FIELD WORK - 2023

OUTREACH REPORT

NABARD – Madurai Agribusiness Incubation Forum

19/9/23.

SUBMITTED TO

FIELD WORK AGENCY SUPERVISOR

SUBMITTED BY

P.PASUPATHI

21BSW04

OUTREACH REPORT

Name of the Trainee	: P. Pasupathi
Name of the Co – Trainee	: S. Harithanandhini
Name of Field Work Agency	: NABARD – Madurai Agribusiness Incubation Forum.
Field Work Agency supervisor	: Mrs. Madhumitha, (Madurai Regional Coordinator)
Name of the field work supervisor	: Mrs. Arulmozhi, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Awareness about the Agriculture & Startup Entrepreneurs related to MABIF & FPO.

Government Girls Higher Secondary School, Natham.

Date	: 13/09/2023
Time	: 01:30 Pm to 02:30 Pm
Venue	: Government Girls Higher Secondary School, Natham.
Topic of the program	: Agriculture & Startup Entrepreneur awareness about MABIF & FPO.
Organizers	: Mr. Pasupathi & Miss. Harithanandhini.
Targeted population or Beneficiaries	: School Students
Number of participants	: 68 students

About the program:

The awareness program was conducted in Government Girls Higher Secondary School, Natham. The trainees Mr. P. Pasupathi and Miss. S. Harithanandhini were gave awareness about the Agriculture & Startup Entrepreneurs related to MABIF & FPO. The students present in the Government Girls Higher Secondary School from the 11th standard students (arts) were the beneficiary in the program. The students were active participated in the awareness program.

Outcome of the program:

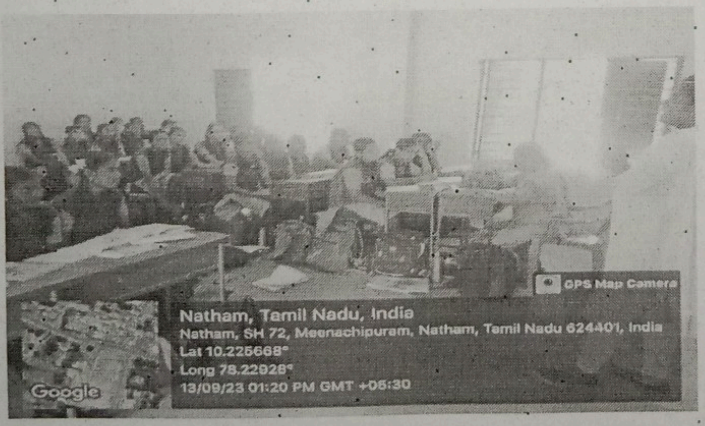
- ✓ The students learnt about the MABIF & FPO.
- ✓ The students get knowledge about MABIF & FPO.

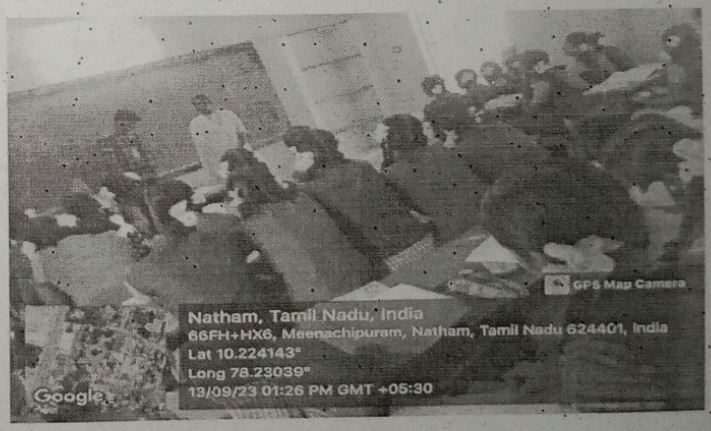
- ✓ The trainee gives orientation about MABIF & FPO.
- ✓ The trainees gave orientation about MABIF & FPO objective and functions, Startup business an Agri based business & Agriculture related informations.
- ✓ The awareness program give more knowledge about MABIF & How to start startup business and Agri related works.
- ✓ The awareness program give more knowledge about farmers problem, farmers solution to the problems and Agri related business.
- ✓ The trainee gives orientation about MABIF & FPO.

Summary of the program:

The Startup business and Agriculture related awareness program at Government Girls Higher Secondary School, Natham. The trainees Mr. Pasupathi & Miss. Harithanandhini gave MABIF awareness and about Startups objective and functions, FPO objective and functions for school students. Miss. Harithanandhini gave welcome address and o r i e n t e d about MABIF functions and Startup business, FPO objective and functions and FPO provide to the benefits for farmers. Finally the end of the session/Program Mr. Pasupathi gave vote of thanks for all.

Appendix;





Aware about the Agri & Startup Entrepreneur related MABIF & FPO

Goverentment Girls Higher Secondary Scool, Natham.

I Aulin 19/9/23

Signature of the supervisor

P. Pasupathi

Signature of the trainee

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CONCURRENT FIELD WORK- 2023

Out Reach Report

WASH INSTITUTE

J.A
19/9/23.

Submitted to

The Field Work Committee

Submitted by

M.Priscilla

(21BSW08)

OUTREACH REPORT

Name of the Trainee : M. Priscilla

Name of the Co-Trainee. : S. Athithya

Name of the Field work Agency. : WASH Institute

Name of the Agency supervisor :Mr.K.Siva Kumar

Name of the Field Work Supervisor : Mrs .J.Arul Mozhi,
Assistant professor,
Department of Social Work.

No.of Field Work Assigned : 15

No.of Field Work absent. : NIL

No.of Special visit. : 2

Submission of plan of action. : YES

Learning presentation &Experience. : YES

OUTREACH PROGRAM :

Kasturibai Gandhi Girls higher secondary school,

Simmakal, Madurai -01.

Date	: 22/08/23
Time	: 2:30 Pm to3:30Pm
Venue	: Kasturibai Gandhi Girls higher secondary school
Topic of the Program	: Awareness on water handling &Hygiene practice.
Organiser	:Ms M.Priscilla.
Targeted Population	:6th STD Students.

Summary of the Programme:

The School Hygiene promotion class was conducted in Kasthuribai Gandhi school, simmakal.The trainee Ms.Priscilla was conduct an awareness programme on personal hygiene,problems related by open defecation handling of water. The trainee Ms.Priscilla talks about the 6common topic of WASH Institute they are Water, Hygiene,Sanitation, Food Hygiene,Solid Waste Management, and liquid waste management. Cause of disease by water and Un-hygiene makes the surroundings unclean was oriented by Ms. Priscilla.

Outcome of the Program:

- The students of 6th standard learnt about Hygiene practice and handling water.
- The students get knowledge about being Personal Hygiene and safe water drinking .
- Ms.Priscilla conduct an school Hygiene Promotion class to aware on water born disease and reduce of open defecation.
- The Awareness class give more knowledge on personal hygiene by washing hands, eating hygiene foods and sanitation.

Appendix:







OUTREACH PROGRAM :

J.A 19/9/23.

Awareness about Solid Waste management

Susaiyappapuram,

Keerathurai,

Madurai-01.

Date	: 12/09/23
Time	: 2:45 Pm to 3:30Pm
Venue	: Susaiyappapuram, Keerathurai.
Topic of the Program	: Awareness about Solid Waste management.
Organiser	:Ms.Priscilla .
Targeted Population	: SusaiyappapuramCommunity people.

Summary of the programme :

The awareness programme on solid waste management in susaiyappapuram , byMs.Priscilla . The trainee had given an clear explanation about proper disposal of Menstruation Napkins and being hygiene. Ms.Priscillahas given awareness about home level composion bin to make home made fertilizer for making home gardening. The people of susaiyappapuram has an clear idea to making of home gardening and reduce of biodegradable waste. The Trainee has explained about the menstruation is annormal biological process in female body it helps the Community people ot can be shared and speaked as common topic with family members.

Outcome of the Program:

- The community people of susaiyappapuram had learnt about importance on separation of Bio degradable waste and Non biodegradable waste.
- Especially the community women had aware on proper disposal of used menstrual napkins by marking as red dotted and they also understand menstruation is an natural process.
- The community people have a clear outline about home level composion bin and importance of home gardening.

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

VAAZHNDHU KAATUVOM PROJECT

SUBMITTED TO

FIELD WORK COMMITEE

SUBMITTED BY

P.Vijayasarathi
21BSW09

19/9/23

OUTREACH REPORT

Name of the Trainee	: P.Vijayasarathi
Name of the Co – Trainee	: C.Prithivi Rajan
Name of Field Work Agency	: VAAZHNDHU KAATUVOM PROJECT
Field Work Agency Coordinator	: Mr. Jayaseelan (District Technical Support)
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Training program for ECPs in VKP in MADURAI EAST BLOCK

Date	: 29/8/23
Time	: 2pm to 5pm
Venue	: MADURAI EAST BPMU (block unit Othakadai)
Topic of the program	: Training for ECPs about Environment Social Management Frame (ESMF).
Resource Person	: Mr. Manoj (Block Executive Officer)
Organiser	: P.Vijayasarathi
Targeted population or Beneficiaries	: ECPs of Madurai East block
Budget	: NIL

About the program:

The trainee organized the outreach program in Madurai East block. The trainee gave awareness and importance of the causes of ESMF(Environmental Social Management Frame work programe for the ECPs (Enterprise Community Profession). The trainee explained about the farm sector and causes of the pesticides and chemical fertilizers in the farming. The trainee facilitate the ECPs to accommodate the youngters to provide the uses of control the pollution and organic fertilizers .

Outcome of the program:

- The trainee have oriented to learned about the environmental problems and how to make them in a organic way.
- Skill to organizing the programs about environments and to improve the flexibility in the village.
- Awareness on facilitation services and comfortness from the developing sector.
- Training for ECPs to implementing the program to increase the Land Water and controls the

Electricity Management in the panchayats.

- Orientation on reporting the documents, collecting the fund , analyzing and planning their Farm based work naturally and conducting the skill classes in the panchayat.
- Awareness people and the youngsters to use organic products in their farming and cultivation.
- Advocating the people to change their food habits and motive to use organic products.
- To give awareness the ECPs to control the non organic substances and initiate them to help pollution control board.

Summary of the programme :

Training program for ECPs in Madurai East block conducted in Othakadai BPMU by the trainees from MISS in VKP. The resource person was Mr.Manoj (Block Executive Officer) of VKP, he gave introduction of the progam and about the ESMF and their role in the village and how the ECPS works under the programs. The detailed information and knowledge was given to the ECPs of Madurai East for learned about ESMF activities and how they facilitating the people in Farm Based Activities organic substances. A special orientation had given by trainees about the Pollution Control Board to control the pesticides and fertilizer emissions. The ECPs learned about the various forms of harmful methods and they restricted the harmful substances in their productions. The Vote of thanks was given by Mrs.V. Krishnamoorthy (Block Team Leader).

Appendix:



Awareness program about the ESMF(Environmental Social Management Frame work) for the ECPs in MADURAI EAST Block.

CONCLUSION:

The trainee organized the outreach program in the Madurai East block for the ECPs to aware them about the environmental social management frame work in the rural areas and the youngsters. The ECPs are focused about the farm setors and the organic way farming. The program could facilitate the ECPs and they focused on the environment in their panchayats.

P. Vijayasarathi

SIGNATURE OF THE TRAINEE

(P.vijayasarathi)

21BSW09

SIGNATURE OF THE SUPERVISOR

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

VAAZHNDHU KAATUVOM PROJECT

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

P.Vijayasarathi
21BSW09

19/9/23

OUTREACH REPORT

Name of the Trainee	: P.Vijayasarathi
Name of the Co – Trainee	: C.Prithivi Rajan
Nanie of Field Work Agency	: VAAZHNDHU KAATUVOM PROJECT
Field Work Agency Coordinator	: Mr. Jayaseelan (District Technical Support)
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Training program for ECPs in VKP in THIRUPPARANKUNDRAM BLOCK

Date	: 27/7/23
Time	: 2pm to 4pm
Venue	: Thirupparankundram BPMU (block unit)
Topic of the program	: Training on CFS (community farm school) and CSS (community skill school)
Resource Person	: Mr. Bala Murugan (EDO)
Organiser	: P.Vijayasarathi
Targeted population or Beneficiaries	: ECPs of TPK block
Budget	: NIL

ABOUT THE PROGRAME:

The trainee organized the outreach programe in the Thirupparankundram block. They conducted the awareness and importance of the CFS(Community Farm School) and CSS(Community Skill School) for the ECPs (Enterprise Community Professions). There are 28 members are attend the programe and learned about the uses of skill school functions. The programe could give the ideas to accommodate the people in their community program and the ECPs are identify the youngters in the community and mobilise them to create the job facilities for them. The programe facilitate the ECPs to provide the services for the people.

Significant outcome:

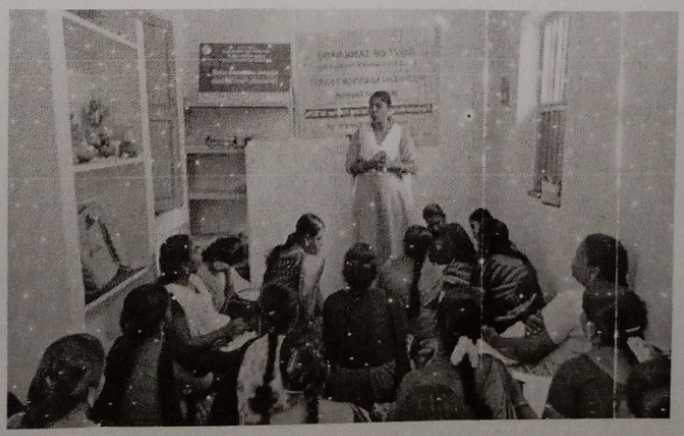
- The trainee oriented about the ECPs to create the business planning and loan application method.
- Skill knowledge on organizing, implementing, recollecting .
- Awareness on established and facilitation services.
- Training on allocation of funds in the panchayats.

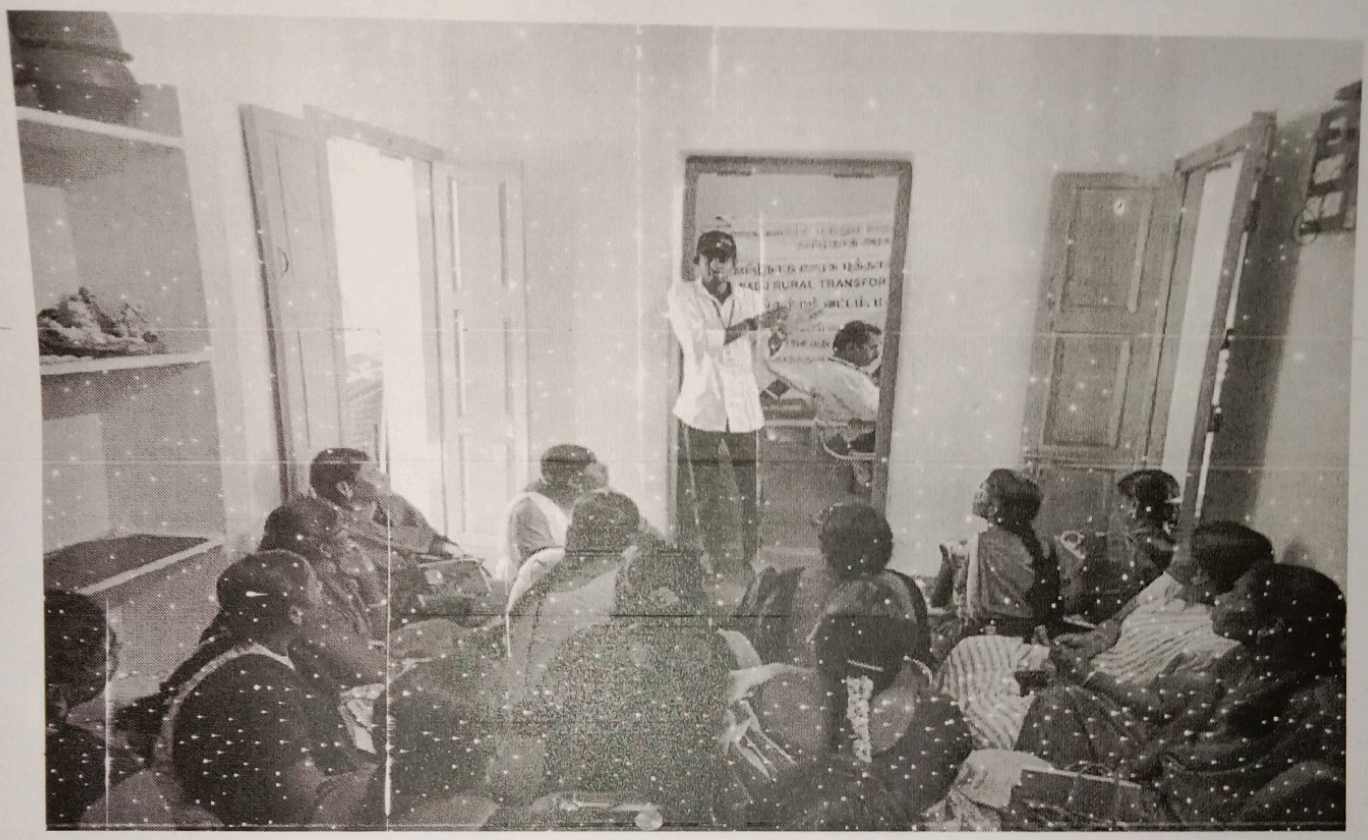
- Orientation on reporting, budgeting , analyzing, communicating, recollecting and networking.
- To provide the services and organizing the people to give awareness classes on CSS/CFS in all level panchayats.
- The ECPs (Enterprise Community Professions) learnt about the structures and functions of VKP in all the panchayats.
- The ECPs learnt about the CFS and CSS program. And they learned about the programs and how they implements in the panchayats in the blocks.
- The ECPs gain knowledge to providing facilitating services and help the members to form the institutions about CFS and CSS.
- The ECPs learned to communicate the people without queries to accommodate in their companies.
- The ECPs learned about how to transferring the fund and recollecting the fund with healthy way.

Summary of the programe:

Training program for ECPs in Thiruparankundram block conducted in TPK BPMU by the trainees from MISS in VKP. The resource person was Mr.Bala Murugan sir (Entreprise Development Officer) of VKP, he gave introduction of the progam and about CFS and CSS to the trainees. A brief knowledge was given to the ECPs of TPK about their roles and responsibilities in facilitating the people given by the trainees. The ECPs have role to accommodate the individual and make them to avail for loan to developing their entrepreneurship and these are the role was introduced by the trainees as an example of ECPs role. Vote of thanks was given by Mrs.Sivamani mam (Accounts and Admin) they are transferring and recollecting the fund.

APPENDIX:





Awareness program about CFS (Community Farm School) and CSS(Community Skill School) to the ECPs in TPK Block

CONCLUSION:

In Thirupparankundram block the trainee organized the program for ECPs in the block. The programe represents their role in the block. They provide the services for the people.

P. vijayasarathi

SIGNATURE OF THE TRAINEE

SIGNATURE OF THE SUPERVISOR

(P. vijayasarathi)

21BSW09

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

Mattuthavani Bustand

SUBMITTED BY

G. KESAVAMOORTHI

21BSW10

SUBMITTED TO

FIELDWORK AGENCY COMMITTEE

19/9/23

OUTREACH REPORT

Name of the Trainee	: G. Kesavamoorthi
Name of the Co – Trainee	: N. Dhanush pandi
Name of Field Work Agency	: Mattuthavani Bustand
Field Work Agency Coordinator	: Mrs. Priya babu & Mrs. Shalini
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	15
No of field work Absent	: Nil
No of special visit	2
Total no of actual working Days	15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Public Awareness about Transgenderss

Mattuthavani Bustand

Date	: 13/09/2023
Time	: 2.00 pm to 2:30 Pm
Venue	: Mattuthavani Bustand
Topic of the program	: Awareness about Transgenders
Budget	: NIL

Outcome of the program:

- The Students learnt about the Transgenders achievements
- The Students get knowledge about the Transgender
- The Special guest gave orientation about achievements of Transgenders to public

Significant outcome:

- The program give more knowledge about transgender achievements
- Current affairs also discuss with transgenders in that place.

Summary of the programme:

The awareness program at Mattuthavani Bustand . To give awareness and about Transgenders achievements briefly and told about the history of the transgenders to public. Because, it was very much helpful to know the achivements and told the realtions itself if any transgenders are there in their villages. Finally, we leave the college at 2.30 pm.

Appendix:





G. Kesavamoorthi

Signature of the trainee

G. Kesavamoorthi

Signature of fieldwork supervisor

Mrs. Margret Sherley

04/9/23

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

Transgender Visit in Government Hospital

SUBMITTED TO

FIELDWORK AGENCY SUPERVISOR

SUBMITTED BY

G. KESAVAMOORTHI

21BSW10

19/9/23

OUTREACH REPORT

Name of the Trainee	: G. Kesavamoorthi
Name of the Co – Trainee	: N. Dhanush pandi
Name of Field Work Agency	: Government Hospital
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	15
No of field work Absent	: Nil
No of special visit	2
Total no of actual working Days	15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

Summary of the programme:

The awareness program at Government Hospital. The Students gave awareness and about Transgenders achievements briefly and told about the history of the transgenders and motivate them to do the achievements. Because, transgenders achieve the many things in our society. It will help us to make respect of transgenders.

Apendix:







G.Kesavamoorthi

Signature of the trainee

G.Kesavamoorthi

Signature of field work supervisor

Mrs. Margret Sherley 9/9/23

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

WASH institute

15/9/23.

SUBMITTED TO

Field work supervisor

SUBMITTED BY

S. Athithya

21BSW11

OUTREACH REPORT

Name of the Trainee	: S. Athithya
Name of the Co-Trainee	: M. Priscilla
Name of the Field work Agency	: WASH institute
Name of Agency Supervisor	: Mr. Sivakumar
Name of the Field work supervisor	: Mrs .Arul mozhi, Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of the Field work absent	: Nil
No. of Special visit	: 2 Visits
Submission of Plan of Action	: Yes
Presentation learning & Experience	: Yes

OUTREACH REPORT

School Awareness (water, sanitation, hygienic, toilet use)

Date : 15/09/23

Time : 2.00 Pm to 3.00 Pm

Venue : Madurai Carprson school kosakulam

Topic of the Program : Water, sanitation, hygiene awareness

Organiser : Mr. S. Athithya

Targeted Population : School Children

Budget : NIL

Outcome of the Program:

- The students learnt about the water, hygienic.
- The students Listen on water hygiene.
- The trainne at toilet use awareness on school students.

Significant Outcome:

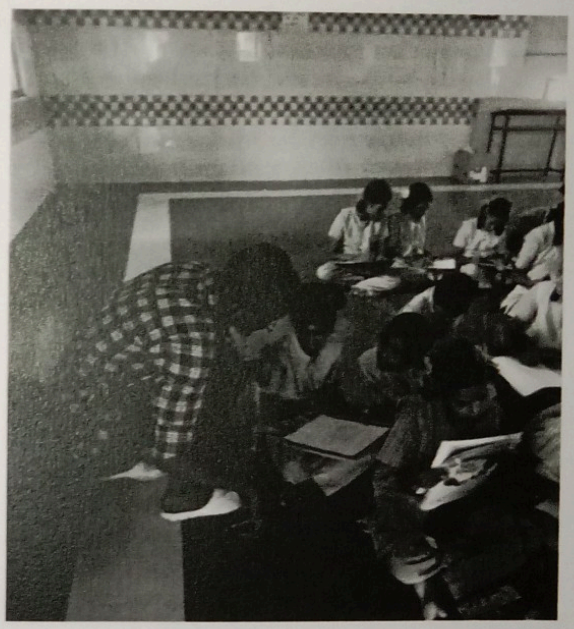
- The Awareness program about the water, sanitation, hygienic, toilet use program.

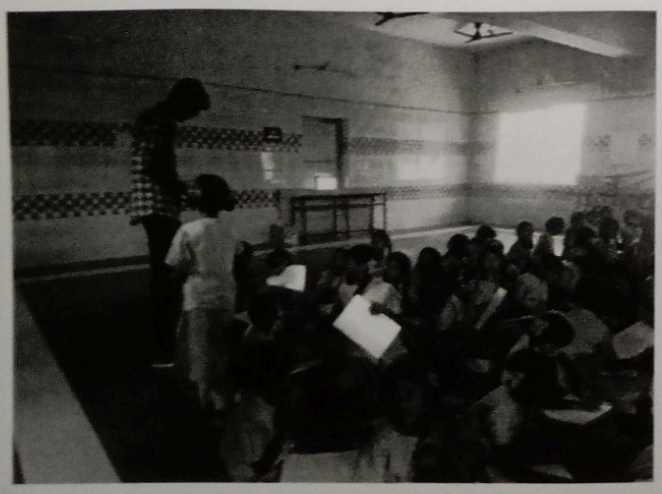
Summary of the Programme:

- The Awareness program was conducted in Madurai Carprson school kosakulam. The trainne awareness on water, sanitation, hygienic toilet using in school students about the water hygienic class and toilet using Observing school students.

Appendix







J. Arul
15/5/25.

Signature of Fieldwork Supervisor

Mrs. Arul mozhi

S. Athithya

Signature of the Trainee

S. Athithya

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

WASH institute

J. Athi
15/9/23.

SUBMITTED TO

Field work supervisor

SUBMITTED BY

S. Athithya

21BSW11

OUTREACH REPORT

Name of the Trainee	: S. Athithya
Name of the Co-Trainee	: M. Priscilla
Name of the Field work Agency	: WASH institute
Name of Agency Supervisor	: Mr. Sivakumar
Name of the Field work supervisor	: Mrs .Arul mozhi Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of the Field work absent	: Nil
No. of Special visit	: 2 Visits
Submission of Plan of Action	: Yes
Presentation learning & Experience	: Yes

OUTREACH PROGRAM

Awareness on community (menstruation hygiene)

Indian Association for Blind Higher Secondary School

Date : 16/09/2023

Time : 11.00 Am to 12.00 pm

Venue : Keeraithurai area.

Topic of the Program : the menstruation hygiene awareness program.

Organiser : Mr. S. Athithya

Targeted population : community people's

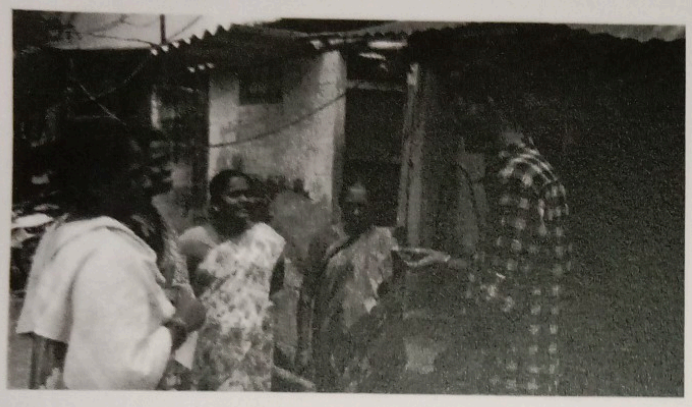
Outcome of the program:

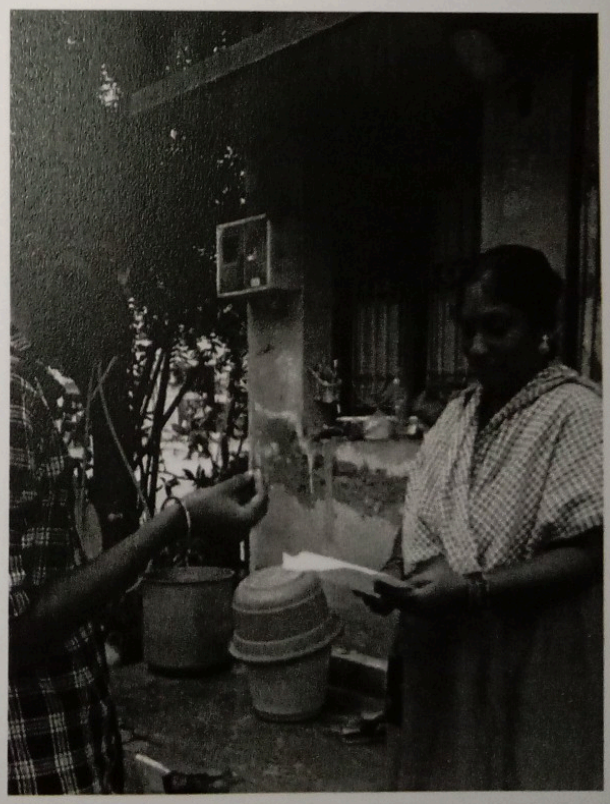
- The community learnt about the menstruation awareness on community people.
- The community learnt to menstruation on the Program helps to community people's support in menstrual health.

Summary of the Program:

The community awareness program on keeraithurai, area madurai menstruation hygiene awareness. The trainne at the health-care facilities. Menstrual pad using awareness on community people.

Appendix





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Madurai- 625002.

CONCURRENT FIELD WORK -2023

OUTREACH REPORT

THIYAGAM WOMEN'S TRUST

19/9/23.

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

R.PRIYA DHARSHINI

OUTREACH REPORT

Name of the Trainee	: R.Priyadharshini
Name of the Co-Trainee	: S.Jordan Grace Esther
Name of the Agency	: Thiyagam Womens Trust
Name of the filed work Supervisor	: Mrs.J.Arul mozhi Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: yes
Presentation on learning &experience	: yes

OUTREACH PROGRAM

PHYSICALLY CHALLENGED PEOPLE AWARENESS

KARIYAPATTI MADURAI

Date	: 04/ 08 /2023
Time	: 10:30 A.M To 12.00 P.M
Venue	: Kariyapatti
Topic of tha program	: Physically challenged people awareness program
Organiser	: MS. Priya Dharshni
Targeted population	: Physically challenged people

About the program :

- This awareness was conducted by taking training classes for the disabled.
- Thiagam Women's aTrust conducts courses like sewing training, computer training. Handicraft training for women
- The Disability people are understand about the Disability's schemes.
- Trainee told disabled people about self-employment and how they can benefit from it.

Outcome of the program :

- The people with disabilities that there are many types of self-employment and encouraged them to become self-employed.
- Awareness was given about Disable person scheme act
- Trainee gave awareness about the self employment to disablity people In Rural Areas
- All disable womens are encouraged to take trainee and teach self employment to other women in the Villages.

Summary of the program :

In this awareness program about the basic schemes for disabled people and how they can start a small business, the women's foundation conducts trainings such as sewing, handicrafts, computers for women and after completing it, they create job opportunities with a certificate.









Y. Aulin 19/9/23.

Signature of field work supervisor

R. Priya dharshini

Signature of the Trainee

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CONCURRENT FIELD WORK -2023

OUTREACH REPORT

THIYAGAM WOMEN'S TRUST

19/9/23.

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

R.PRIYA DHARSHINI

OUTREACH REPORT

Name of the trainee	: R.Priyadharshini
Name of the Co-Trainee	: S.Jordan Grace Esther
Name of the Agency	: Thiyagam Womens Trust
Name of the filed work Supervisor	: Mrs.J.Arul mozhi Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: yes
Presentation on learning &experience	: yes

OUTREACH PROGRAM

AWARENESS ABOUT WOMEN'S RIGHTS

MANJAMPATTI MADURAI

Date	: 14/ 09 /2023
Time	: 10:00 A.M To 12.00 P.M
Venue	: Manjampatti
Topic of tha program	: Awareness About Women's Rights
Organiser	: MS. Priya Dharshni
Targeted population	: Rural Women's

About the program :

- The awareness program made the women in the manjapatti village,aware of the benefits they have from the government.
- The women's get knowledge about women's Rights.
- The women's are understand about the women's schemes.
- Trainee created awareness among rural women about self-employment and how they can benefit from it.

Outcome of the program :

- The awareness program provided additional knowledge about self-employed people And the problems they face in society.
- Trainee gave awareness about self-employment to women in rural areas.
- The trainee gave orientation about women's Rights and conduct Activity for the women's.
- Acts and Schemes related to women's.
- Current affairs also discuss with rural women's in that place

Summary of the program :

The awareness program at Manjampatti Madurai Ms. R. PriyaDharshini gave welcome address and about Thiyagam women's trust and its function. Then speak about the women's problem and they were facing. in the society. And also discuss about the women's rights. Finally the end of the session/Program Ms. S.Jordan Grace Esther vote of thanks for all









J. Arul
19/9/23.

Signature of field work supervisor

R. Priyadharshini

Signature of the Trainee

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CONCURRENTFIELDWORK–2023OUTREACHREPORT

MAHALIR THITTAM

J.A
15/9/23

SUBMITTEDTO

FIELDWORKCOMMITTEE

SUBMITTEDBY

S.THILLAI SANJEETHA

OUTREACHREPORT

NameoftheTrainee	:S.Thillai Sanjeetha
NameoftheCo–Trainee	:L.Karuppusamy
NameofFieldWorkAgency	:MAHALIR THITTAM
FieldWorkAgencyCoordinator	:Mrs.J.Mariamathelammal
Nameofthefieldworksupervisor	:Mrs.Arul Mari Assistantprofessor,Department ofSocialwork
Noof fieldworkAssigned	: 15
NooffieldworkAbsent	:Nil
Noof specialvisit	: 2
Total noofactualworkingDays	: 15
SubmissionofplanofAction	:Yes
PresentationonLearning&Experience	:Yes

OUTREACH PROGRAM

EDUCATING SCHEMES IN MAHALIR THITTAM (SELF HELP GROUP)

Date :07/09/2023

Time :1.00pm -2.15pm

Venue :MADURAI PARAVAI,URBAN AREA

Topic of the program :About(PRADHAN MANTRI SVANIDHI)schemes in MAHALIR THITTAM

Organiser :S.Thillai Sanjeetha

Outcomeoftheprogram:

- The trainee were educate the SHG members about the PRADHAN MANTRI SVANIDHI scheme and its functions.
- The trainee tells about the eligibility,merits in this scheme which comes under the MahalirThittam.
- The trainee tells about the main outcome of the scheme and gives more information about this scheme.
- The trainee were also visits the PM SVANIDI beneficiaries and gathers about the advantages of the scheme.
- They get a better knowledge about this scheme and have a clear idea about the scheme and their functions.

Significantoutcome:

- Awareness on funding and loans.
- Awareness on implementing the program for poverty peoples and get beneficiaries from this government schemes.
- Orientation on understanding the schemes and ensures to the peoples
- Advocating the people to use this schemes.

- Advocating the peoples to share this information to all those surround us.

Summaryoftheprogramme:

Awareness program for SHG members were conducted Thallakullam street vendorsby th traineefrom MISS in MAHALIR THITTAM.. A brief knowledge was given to theshg members of Madurai Maduraithallakulam street vendors about the major important PM svanidhischemes. The Shg peoples get knowledge about this two schemes.And also the trainee meets the beneficiaries of the PM SVANIDHI scheme.

Appendix:
















ALL MODAL GLASS
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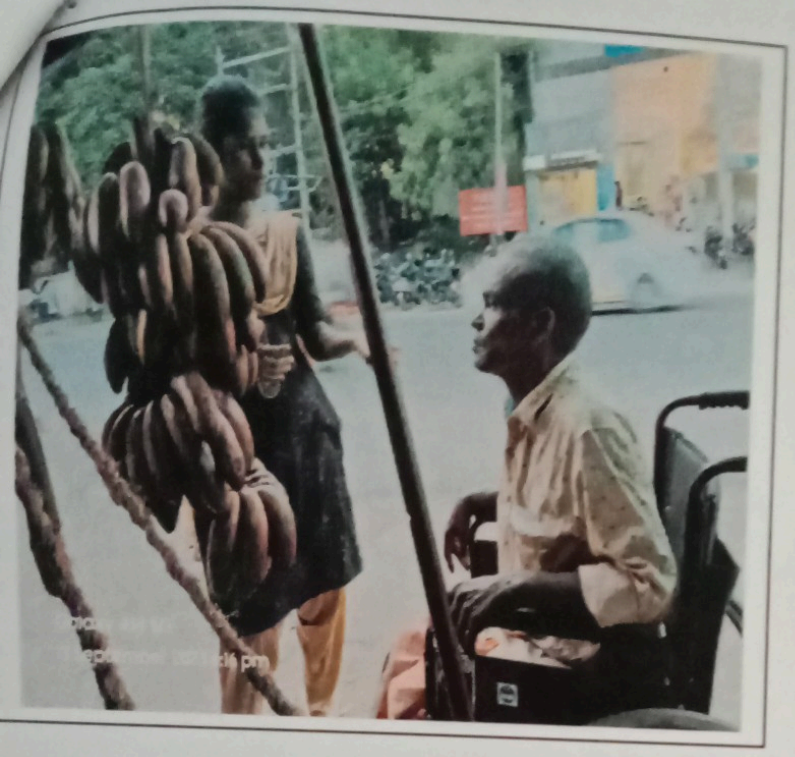




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4 September 2023 4:47 pm


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4 September 2023 4:45 pm

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CONCURRENTFIELDWORK–2023OUTREACHREPORT

MAHALIR THITTAM

15/9/23.

SUBMITTEDTO

FIELDWORKCOMMITTEE

SUBMITTEDBY

S.THILLAI SANJEETHA

OUTREACHREPORT

NameoftheTrainee	:S.Thillai Sanjeetha
NameoftheCo–Trainee	:L.Karuppusamy
NameofFieldWorkAgency	:MAHALIR THITTAM
FieldWorkAgencyCoordinator	:Mrs.J.Mariamathelammal
Nameofthefieldworksupervisor	:Mrs.Arul Mari Assistantprofessor, Department of Socialwork
Noof fieldworkAssigned	: 15
NooffieldworkAbsent	:Nil
Noof specialvisit	: 2
Total noofactualworkingDays	: 15
SubmissionofplanofAction	:Yes
PresentationonLearning&Experience	:Yes

OUTREACH PROGRAM

GIVING INFORMATIONABOUT TAMILNADU CMBREAKFAST SCHEME

Date :01/08/2023

Time :2pm to 5pm

Venue :TAMIL NADU NATIONAL STATE LIVELIHOODS MISSION (MAHALIR THITTAM)

Topic of the program :Explaining about the Tamilnadu CM Breakfast scheme

Resource Person :Mr.Chinnadurai APO of MAHALIR THITTAM

Organiser :S.Thillai Sanjeetha

Targeted population or Beneficiaries :SHG ,BC and BMM

Budget : NIL

Outcomeoftheprogram:

- The Trainee learnt about the CM breakfast scheme.
- The Trainee learnt about the functions of the CM Breakfast scheme.
- The Trainee learnt about the roles of the SHG members in Breakfast scheme
- The Trainee learnt about the criteria and norms of CM breakfast scheme
- The Trainee learnt about the criteria for SHG member works in the CM Breakfast Scheme
- The Trainee learnt about the Application for CM breakfast scheme and learnt how to use the app and educate the SHG members.

- The trainee oriented about the CM Breakfast Scheme.
- Awareness on CM Breakfast Scheme
- Orientation on reporting, analyzing and planning the CM Breakfast scheme through the application.
- Advocating the people to ensure and get useful to the poor students.
- The trainee orients the benefits,eligibility,and merits of the scheme.

Summaryoftheprogramme:

Training program for SHG members,BMM the trainee organizes the program where that the State Government,enacted the Breakfast scheme,so that the trainee explains the main moto of the scheme and explains about the usage of the CM BREAKFAST SCHEME application by preparing demo video.And also they have the interaction with all the BMM and PDs.This scheme job opportunities like cooking and helping persons were selected fron the SHG group members,In each school there are 3 SHG members were appointed.And alsc they have certain criterias for appointing in the schools.

Appendix:





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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

DISTRICT LEGAL SERVICE AUTHORITY

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

A. Santha prakash

OUTREACH REPORT

Name of the Trainee	: A . Santha prakash
Name of the Co – Trainee	: P . Joe Infant Jacob
Name of Field Work Agency	: SURABHI TRUST (Thaimadi illam)
Field Work Agency Coordinator	: C.M Sethu muthu raja
The field work supervisor	: Mrs . Meena loshini Assistant professor, Department of Social Work
No of field work Assigned	:15
No of field work Absent	: 1
No of special visit	: Nil
Total no of actual working Days	:15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: No

OUTREACH PROGRAM

AWARENESS ABOUT JJ ACT AMONG THE SCHOOL STUDENTS

Date : 07.09.2023

Time : 04 : 00a.m to 07.00a.m

Venue : Pasumalai, Illandhalir, open shelter for boys, Madurai.

Topic of the program : Awareness about the JJ Act among the school students.

Organiser: : A. Santha prakash

Outcome of the program:

- The students learnt about the function and training programmes in the Surabhi trust.
- The students get the knowledge about the JJ ACT.
- The chief guest oriented about the (Thaimadi Illam)

Significant outcome:

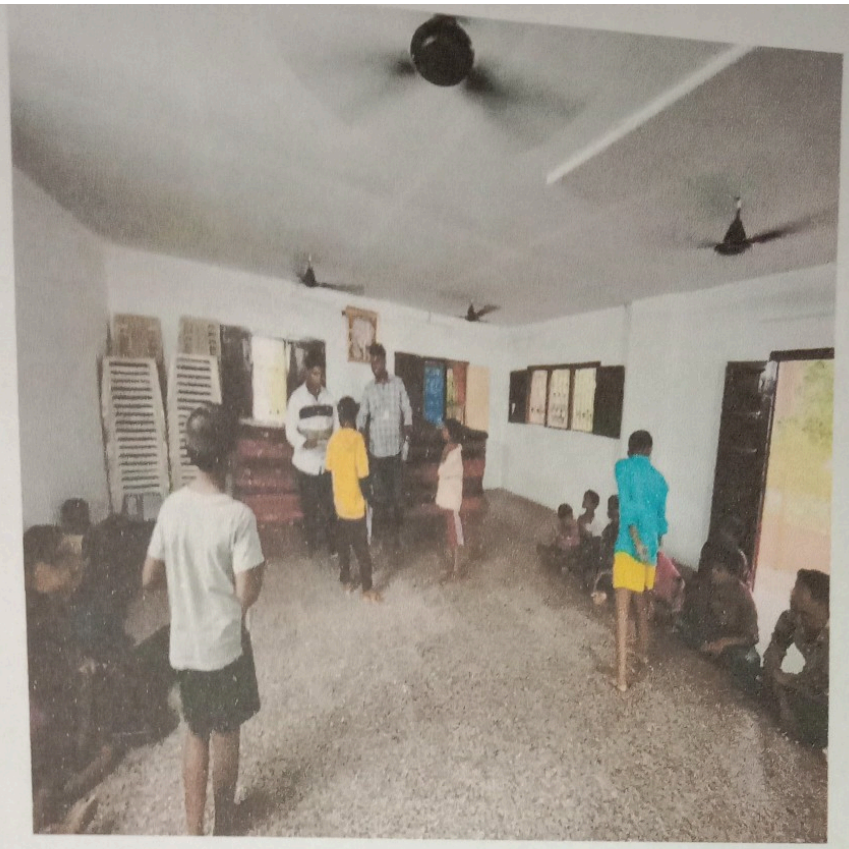
- ❖ The Awareness program gave more knowledge about the child rights, child labour and child abuse for the students.
- ❖ The chief guest oriented about the JJ act.
- ❖ The trainee gave information about schemes related to children.

.Summary of the program:

The awareness program held at Pasumalai, ilandhalir, shelter for boys, Madurai on 07/09/2023. Mr. Santha prakash gave welcome address about surabhi trust. And the trainee gave awareness about (Juvenile Justice act 2015) for students and also about the help line numbers for children. the trainee and co trainee conducted activities for students and they also provided snacks for the students . Finally at the end of session or program Mr .Joe infant Jacob gave vote of thanks for all.



The Trainee giving awareness about JJ act 2015





The trainee conducting recreation activities for students

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CONCURRENT FIELD WORK– 2023

OUTREACH REPORT

DISTRICT LEGAL SERVICE AUTHORITY

20/9/23

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

A. Santha prakash

OUTREACH REPORT

Name of the Trainee	: A . Santha prakash
Name of the Co – Trainee	: P . Joe Infant Jacob
Name of Field Work Agency	: SURABHI TRUST (Thaimadi illam)
Field Work Agency Coordinator	: C.M Sethu muthu raja
The field work supervisor	: Mrs . Meena loshini Assistant professor, Department of Social Work work
No of field work Assigned	:15
No of field work Absent	: 1
No of special visit	: Nil
Total no of actual working Days	:15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: No

OUTREACH PROGRAM

AWARENESS FOR ROAD SIDE OLDAGE PEOPLE

Date : 12.09.23

Time : 11.00- 4.00pm

Venue : New Bus Stand, Virudhunagar.

Topic of the program : Awareness for road side oldage people

Organiser: : A. Santha prakash

Outcome of the program:

- The road side senior citizens learnt about the functions and training programs in the Surabhi trust. (Thaimadi illam)
- The roadside oldage people got knowledge about the schemes and acts.
- The oldage learnt the procedure of joining Surabhi trust.

Significant outcome:

- The Awareness program gave more knowledge about the OLDAGE PENSION scheme.
- The Trainee gave information about the Surabhi trust Benefits.
- The rescue efforts ensured the safety well being of the elders and the awareness program created a positive shift in attitudes towards the elders.

3. The rescue efforts ensured the safety well being of the elders and the awareness program created a positive shift in attitudes towards the elders.

Summary of the program:

On September 12, 2023, There was an awareness program for senior citizens at new bus stand, in Virudhunagar, . Mr. Santha parkash gave welcome address ~~about the surabhi trust (Thaiamadi illam)~~. The trainee and co – trainee provided information about **oldage pension** schemes and acts for the senior citizens. The trainee explained the procedure for joining surabhi trust. The elders who were rescued had their photos taken. Aadhar card was collected for them to join surabhi trust. The trainee also provided snacks for the road side elderly people. Mr. Joe infant Jacob gave vote of thank for the roadside old age people.



Good

The trainee providing snacks for the oldage people



The trainee giving awareness about the surabhi trust (THAIMADI ILLAM)



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CONCURRENT FIELD WORK - 2023

OUTREACH REPORT

NABARD – Madurai Agribusiness Incubation Forum

SUBMITTED TO

FIELD WORK AGENCY SUPERVISOR

SUBMITTED BY

B. MAHESH

21BSW16

OUTREACH REPORT

Name of the Trainee	: B. Mahesh
Name of the Co – Trainee	: A. Syed Malick
Name of Field Work Agency	: New Creation Trust
Field Work Agency supervisor	: Mrs. Glory Deborah, Funder
Name of the field work supervisor	: Mrs. Meenaloshini, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 1
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Awareness about the (PVC) Prevention and Victim care & Domestic violence Village people, Thiruvathavoor.

Date	: 13/09/2023
Time	: 02:30 Pm to 3 03:30 Pm
Venue	: village people, Thiruvathavoor.
Topic of the program	: Awareness about the Prevention and Victim Care & Domestic violence.
Organizers	: Mr. Mahesh & Mr. Syed Malick.
Targeted population or Beneficiaries	: Village people
Number of participants	: 12 people

About the program:

The awareness program was conducted in village people, Thiruvathavoor. The trainees Mr. B. Mahesh and Miss. A. Syed malick were gave awareness about the Prevention and Victim care & Domestic violence and the present in the Thiruvathavoor village people were the beneficiary of the program. The people were active participate and interact in the awareness program.

Outcome of the program:

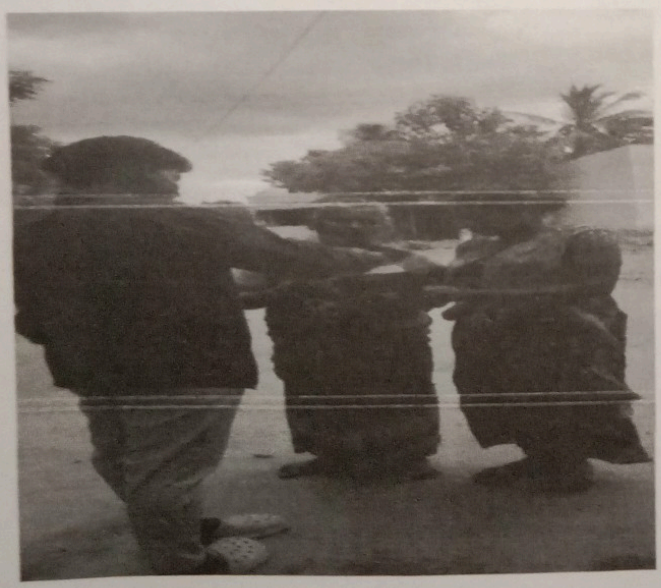
- ✓ The people learnt about the PVC & Domestic violence.
- ✓ The farmers get knowledge about PVC & Domestic violence.
- ✓ The trainees give orientation about Prevention and victim care & Domestic violence.

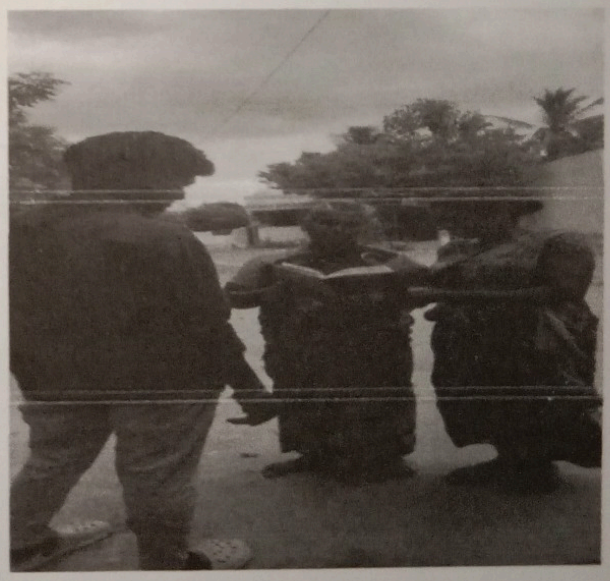
- ✓ The trainees gave orientation about Prevention and victim care & Domestic violence related to schemes and legislations.
- ✓ The awareness program give more knowledge about Prevention and victim care & Domestic violence.

Summary of the program:

The Prevention and victim care & Domestic violence awareness program at village people, Thiruvathavoor. The trainees Mr. Mahesh & Mr. Syed malick gave New Creation Trust awareness and about Prevention and victim care & Domestic violence related to schemes and legislations for Thiruvathavoor village people. Mr. Syed malick gave welcome address and o r i e n t e d about Prevention and victim care & Domestic violence to the benefits for people. Finally the end of the session/Program Mr. Mahesh gave vote of thanks for all.

Appendix:





Awareness about the Prevention and victim care & Domestic violence

Thiruvathavoor village people

25/09/23

Signature of the supervisor

Signature of the trainee

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CONCURRENT FIELD WORK– 2024
OUTREACH REPORT
WASH (Water, Sanitation & Hygiene) Institute

19/2/24

SUBMITTED TO

Field work supervisor

SUBMITTED BY

S.Gangadharan

21BSW01

OUTREACH REPORT

Name of the Trainee	: S. Gangadharan.
Name of the Co-Trainee	: M. Swetha.
Name of the Field work Agency	: WASH Institute.
Name of Agency Supervisor	: Mr. P. Sivakumar, Project Officer, WASH Institute.
Name of the Field work supervisor	: Mrs .J. Arulmozhi, Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of the Field work absent	: Nil
No. of Special visit	: 2 Visits
Submission of Plan of Action	: Yes
Presentation learning & Experience	: Yes

OUTREACH REPORT

Awareness program on Water Handling

Masathiyar Corporation School, Madurai – 625-016.

Date : 02/01/24.

Time : 03.00 PM to 4.30 PM.

Venue : WASH (Water, Sanitation & Hygiene) Institute.

Topic of the Program : Awareness about Water Handling.

Organiser : Mr. S. Gangadharan.

Targeted Population :School Children (Especially Girls)

Budget : NIL

Outcome of the Program:

- The students came to know about the causes, effects and measures of the water borne diseases.
- The students gathered knowledge about water contamination.
- The Trainee gave orientation about the techniques to convert unprotected water into safe water.

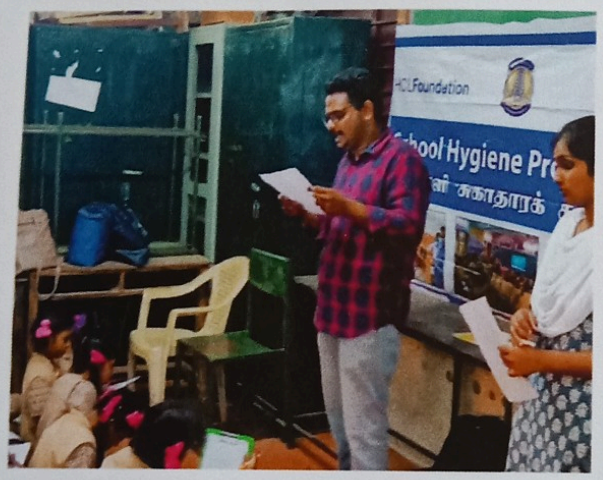
Significant Outcome:

- The Awareness program gave enough knowledge about importance of proper cleaning of vessels, the cooking temperature, prevention of water contamination .
- This program awared the students about the water borne diseases such as cholera, malaria, typhoid, jaundice and malaria as well as the measures to prevent it.

Summary of the Programme:

The Awareness program was conducted in Masathiyar Corporation Girls Higher Secondary School . The Trainee Mr. Gangadharan along with the Co-Trainee Ms. Swetha gave awareness about water handling and measures to prevent waterborne diseases. Finally, the vote of thanks was given by the Co-Trainee Ms.Swetha.

Appendix









OUTREACH PROGRAM

Awareness program on Solid Waste Management

Soosayapparpuram Community

Date : 01/02/2024

Time : 04:50 PM-06:00 PM

Venue : Soosayapparpuram

Topic of the Program :Awareness about Solid Waste Management.

Organiser : Mr.S.Gangadharan.

Targeted population :WATSAN Committee members in Soosayapparpuram.

Budget : Nil.

Outcome of the program:

- The Community members learnt about the importance of community involvement in disposing solid waste .
- The Community members was aware about the types of solid waste, waste separation techniques, environmental impact on solid wastes.

Summary of the Program:

As WASH Institute works on the project "Slum Clearance Madurai", Soosayapparpuram is one of the slum situated near Keerathurai in Madurai, so the Trainee Mr.S.Gangadharan and the co-trainee Ms.M.Swetha organized an awareness program on Solid Waste Management. There were 15 members in three groups who are benefitted by participating in the awareness program. The trainee taught the community members about the safe disposal methods of solid waste such as separating the solid waste into wet waste and dry waste. Atlast the trainee Mr.S.Gangadharan gave vote of thanks to the community members and motivated the community members to get involved in this waste separation practice.

Appendix









J. Arul n
19/2/24

Signature of Fieldwork Supervisor

Mrs. J. Arulmozhi.

Signature of the Trainee

S.Gangadharan.

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

WASH Institute

12/2/24.

Submitted to

The Field Work Committee

Submitted by

M. Swetha

(21BSW02)

OUTREACH REPORT

Name of the Trainee	: M. Swetha
Name of the Co-Trainee	: S. Gangadharan
Name of the Field work Agency.	: WASH Institute
Name of the Agency supervisor	: Mr. Sivakumar(Project Officer)
Name of the Field Work Supervisor	: Mrs. J. Arul Mozhi Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

Summary of the Programme:

The Awareness program was conducted in the Dhirvaya Lingeshwar Street, Keerathurai, Madurai regarding the Solid Waste Management. Both the trainee Ms.M.Swetha, Mr.S.Gangadharan had organised this program and had oriented about the separation of wastes as Bio and Non- Bio degradable wastes, environmental impacts and then benefits of maintaining the proper hygiene practices. Around 15 members had participated in this program. The trainee had taught the proper disposal of wastes to prevent from the diseases and then fostering the community people to bring the behavioural changes of an individual to keep the environment clean.

Appendix:







J. Aulin
12/2/24.

Signature of the Field work supervisor

Signature of the Trainee

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

WASH Institute

12/2/24.

Submitted to

The Field Work Committee

Submitted by

M. Swetha

(21BSW02)

OUTREACH REPORT

Name of the Trainee	: M. Swetha
Name of the Co-Trainee	: S. Gangadharan
Name of the Field work Agency.	: WASH Institute
Name of the Agency supervisor	: Mr. Sivakumar(Project Officer)
Name of the Field Work Supervisor	: Mrs. J. Arul Mozhi Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

Masthiyar Corporation School,

Mahal Area,

Madurai -625706.

Date	: 02/01/24
Time	: 1:30pm to 4:30pm
Venue	: Masthiyar Corporation School, Madurai.
Topic of the Program	: Awareness on Water Handling among the school students.
Organiser	: Ms. M. Swetha, Mr. S. Gangadharan
Targeted Population	: Children
Budget	: NIL

Outcome of the Program:

- The Trainee had gave an orientation about the Water handling practices and to prevent from water borne diseases.
- The students had get an knowledge about the importance of water conservation.
- In this Awareness program, the trainee had educated the students to maintain proper hygiene practices.
- The students had aware about the proper usage of water and their impacts in the environment.
- The Trainee taught students about the handwashing techniques to encourage the positive behavioural changes.

Summary of the Programme:

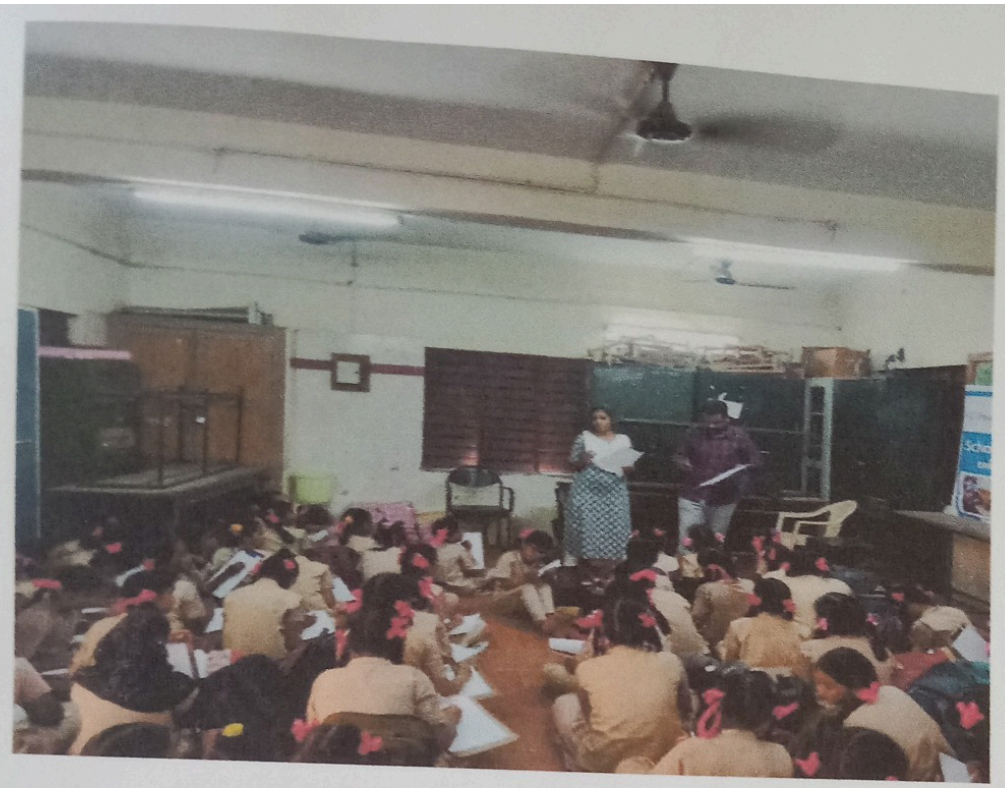
The Awareness program was conducted in the Masathiyar Corporation school, Madurai. And then both the trainee Ms.M.Swetha and Mr.S.Gangadharan had gave an orientation about the water handling and to prevent from the water borne diseases among the school students. The

trainee had conducted the pre- test before the session after that the trainee had taught about the proper usage of water and their impacts in the environment and then should maintain the proper hygiene practices. Then after this session gets over the trainee had conducted the post-test among the students for the assessment whether there are get aware about the importance of water conservation. Finally, the vote of thanks was given by the co-trainee Mr.S.Gangadharan.

Appendix:







J. Aul ni
12/2/24.

Signature of the Fieldwork Supervisor

Signature of the Trainee

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An autonomous college & research centre, Affiliated to Madurai Kamaraj University

No,9 Alagar kovil road, Madurai 625002

CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

DLSA – District Legal Services Authority

Submitted to

The Field Work Committee

17/2/24

Submitted by

P. Pasupathi

21BSW04

OUTREACH REPORT

Name of the Trainee	: P. Pasupathi
Name of the Co-Trainee	: S. Jordan Grace Esther
Name of the Field work Agency.	: DLSA – District Legal Services Authority
Name of the Agency supervisor	: Mr. Ganesha Moorthy
Name of the Field Work Supervisor	: Mrs. A. Margret Sherly, Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 1
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM

Y. Pudhupatti village,

Madurai -625104.

Date	: 13/02/24
Time	: 12:00Pm to 01:00Pm
Venue	: Y. Pudhupatti village, Madurai.
Topic of the Program	: Awareness about the DLSA-Free Legal Aid Services
Organiser	: Mr. P. Pasupathi, Ms. S. Jordan Grace Esther
Targeted Population	: Y. Pudhupatti village people
Budget	: Nil

Outcome of the program:

- ✓ The people learnt about the DLSA-Free Legal Aid Services.
- ✓ The people get knowledge about Free Legal Aid Services.
- ✓ The trainees gave orientation about women related problems, Legal Rights and Legal Services to the people.

Significant outcome:

- ✓ The awareness program give more knowledge about Legal rights, Legal services, Beneficiaries, and benefits.
- ✓ The trainees give orientation about DLSA-Free Legal Aid Services.
- ✓ Legal Rights and Legal Services related to Women.
- ✓ Women related problems also discuss with people in that place.

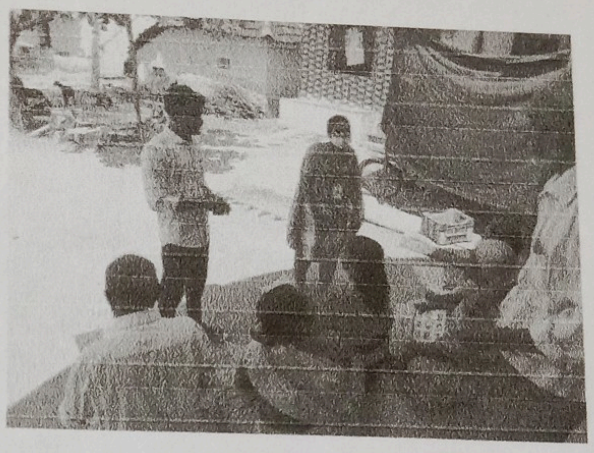
Summary of the Programme:

The legal awareness program at Y. Pudhupatti village, Madurai. The trainees gave legal awareness and about DLSA-Free Legal Aid Services for Y. Pudhupatti village people.

Ms. S. Jordan Grace Esther gave welcome address and about DLSA and also about Women related problems. Finally the end of the session/Program Mr. P. Pasupathi gave vote of thanks for all

Appendix:







Signature of the Fieldwork Supervisor

Signature of the Trainee

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No,9 Alagar kovil road, Madurai 625002

CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

DLSA – District Legal Services Authority

Submitted to

The Field Work Committee

12/2/24

Submitted by

P. Pasupathi

21BSW04

OUTREACH REPORT

Name of the Trainee	: P. Pasupathi
Name of the Co-Trainee	: S. Jordan Grace Esther
Name of the Field work Agency.	: DLSA – District Legal Services Authority
Name of the Agency supervisor	: Mr. Ganesha Moorthy
Name of the Field Work Supervisor	: Mrs. A. Margret Sherly, Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: Nil
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM

Othakadai village,

Madurai -625107.

Date	: 31/01/24
Time	: 10:00Am to 12:00Pm
Venue	: Othakadai village, Madurai.
Topic of the Program	: Awareness about the DLSA-Free Legal Aid Services
Resource person	: Mrs. Mukil (Advocate)
Organiser	: Mr. P. Pasupathi, Ms. S. Jordan Grace Esther
Targeted Population	: Othakadai village people
Budget	: 540

Outcome of the program:

- ✓ The people learnt about the DLSA-Free Legal Aid Services.
- ✓ The people get knowledge about Free Legal Aid Services.
- ✓ The special guest gave orientation about women related problems, Legal Rights and Legal Services to the people.

Significant outcome:

- ✓ The awareness program give more knowledge about Legal rights, Legal services, Beneficiaries, and benefits.
- ✓ The chief guest give orientation about DLSA-Free Legal Aid Services.
- ✓ Legal Rights and Legal Services related to Women.
- ✓ Women related problems also discuss with people in that place.

Summary of the Programme:

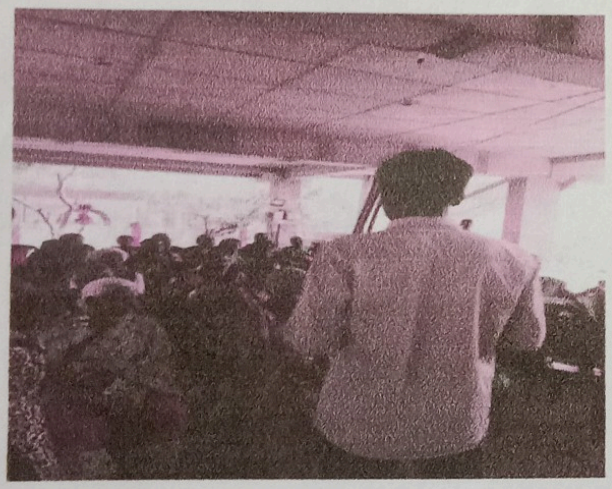
The legal awareness program at Othakadai village, Madurai. The guest person Mrs. Mukil (Advocate) gave legal awareness and about DLSA-Free Legal Aid Services for Othakadai

village people. Ms. S. Jordan Grace Esther gave welcome address and about DLSA and also about Women related problems. Finally the end of the session/Program Mr. P. Pasupathi gave vote of thanks for all

Appendix:









12/12/24

Signature of the Fieldwork Supervisor

P. Pasupathi

Signature of the Trainee

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

ThiyagamWomen Trust

31.1.24.

Submitted to

The Field Work Committee

Submitted by

M.Priscilla

(21BSW08)

OUTREACH REPORT

Name of the Trainee	: M.Priscilla
Name of the Co-Trainee	: S.Haritha Nandhini
Name of the Field work Agency.	: Thiyagam Women Trust
Name of the Agency supervisor	: Ms.Amutha Santhy
Name of the Field Work Supervisor	: Mrs.J.Arul Mozhi Assistant professor, Department of Social Work
No.of Field Work Assigned	: 15
No.of Field Work absent	: NIL
No.of Special visit	: 2
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

Sowdarpatti,

Thirumangalam,

Madurai -625706.

Date	: 04/01/24
Time	: 1:30Am to 4:00 Pm
Venue	: Sowdarpatti Village,Thirumangalam
Topic of the Program	: Awareness about Childline 1098 and child rights
Organiser	: Ms.M.Priscilla, Ms.S.Haritha Nandhini
Targeted Population	: Sowdarpatti Village Children's
Budget	: NIL

Outcome of the Program:

- The children of the village hasimproved their knowledge about childline 1098.
- The children's get knowledge about the Child Rights.
- Both the Trainee gave Orientation about the child related Problems and their Rights in the Society.
- The Awareness program give more knowledge about the Child rights, Child Labour, Child Marriage, Child abuse, Good Touch and Bad Touch.
- Rights of the Child and aware of the Emergency helpline for the child age (0 to 18) Childline (1098).

Summary of the Programme:

The Awareness program was conducted in Sowdarpatti village at Thirumangalam. And both the Trainee Ms.Priscilla and Ms. Haritha Nandhini were gave awareness about the Child rights, good touch and bad touch and emergency Helpline for the Child, (childline-1098). And both Trainee has explained about the current affairs about the problems and social evils

against the children's. Finally, the vote of thanks was given by the incharge of the sowdarpatti village.

Appendix:







Signature of the Fieldwork Supervisor **Signature of the Trainee**

OUTREACH PROGRAM :

Nagamalaipudukotai,

Madurai,

Madurai -625706.

Date : 06/01/24

Time : 10:00 to 3:00 Pm

Venue : Nagamalipudukottai,Madurai.

Topic of the Program : Games and events for MR (Mental Retardation),Disability women's in home and Basics of Aari work.

Organiser : Ms.M.Priscilla, Ms.S.Haritha Nandhini

Targeted Population : 28Physically challenged and MR (Mental Retardation) women's.

Budget : NIL

Outcome of the Program:

- The women with Disability can achieve at any events or competition by National and International level.
- The Trust women get knowledge about the Entrepreneurship and startup ideas to improve their livelihood.
- The Trainee gave Orientation about the startup business of Aari work as a basic class and provide a practical session to the disability women.
- The Trainee also conduct different activities and games that can be suitable for the disability and Mental Retardation.
- All the inmates of the Thiyagam women trust enjoyed a extreme while playing games and activities.

Summary of the Programme:

The trainee Ms.Priscilla and Ms. Haritha Nandhini were organised a community program in Nagamalaipudhukotai Trust which was one of the branch of Thiyagam women trust. The provide a small idea to intervent the basics of Aari work and provide a practical session about the Aari work. This session helps to improve their work opportunities to have a better livelihood. Both trainee Ms. Priscilla and Ms. Haritha Nandhini were conducted 10games to entertain and improvement in their body by joint movements in body and also breathing exercise. At the end of the session and game events Ms.Amutha santhy mam provided the gifts to the winners also provide scarf, box, fancy items and dresses for Pongal celebration.

Appendix:







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CONCURRENT FIELD WORK

March 2024

OUTREACH REPORT

Transgender Resource Centre

SUBMITTED TO

FIELD WORK COMMITEE

SUBMITTED BY

P.Vijayasarathi
21BSW09

28/2/24

OUTREACH REPORT

Name of the Trainee	: P.Vijayasarathi
Name of the Co – Trainee	: S. Prem Kumar
Name of Field Work Agency	: Transgender Resource Centre
Field Work Agency Coordinator	: Mrs. Shalini (Project Manager)
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Training program for Transgender about SHG Book Keeping and Record Maintance

Date	: 25\01\202
Time	: 10:00 am to 12:00pm
Venue	: East Mandalam, Munichalai
Topic of the program	: Training on "SHG Book Keeping And Record Maintenance"
Resource Person	: Mr. Vinoth Kumar (Block Executive Officer)
Organiser	: P.Vijayasarathi
Targeted population or Beneficiaries	: Transwomen
Budget	: NIL

About the program:

The trainee organized the outreach program in Madurai East Mandalam to create awareness and emphasis the importance of the SHG Book Keeping and Record Maintenance for Transwomen. The trainee explained about the beneficiaries and future uses of being a Self Help Group Member. The Resource person (Mr. Vinoth Kumar) facilitate the Transwomen about the account holding, meeting procedures, loan eligibility and all other aspects of SHG

Outcome of the program:

- The Transwomen learned about the SHG Book Keeping Meeting and Record

Maintenance.

- The Transwomen learned about the benefits of being a SHG member.
- The Transwomen learned about the loans and schemes to get fund in the way of Government.
- The Participants learned about the records maintenance to add members for their group to get them as welfare.

Significant Outcome:

- The trainee acquired the skill of organizing the participants and make them to be involved and interactive.
- The trainee learned about the organizing, planning, communication, promoting, and interacting with community people
- The trainee learned about the benefits for Tran's genders SHG welfare program.

Summary of the programme:

The SHG Book Keeping awareness program for transwomen to being a member of SHG to get the welfares from the government. It makes to create the saving habits among the transgender. The transwomen are able to get the benefits of housing loans, business loans and individual loans from the SHG groups.

Appendix:



CONCLUSION:

The trainee organized the outreach program in the transgender community to make them as social welfare and independents. The transgender are learned about the benefits and beneficiareis through this program.

SIGNATURE OF THE SUPERVISOR

P. Vijayasarathi

SIGNATURE OF THE TRAINEE

(P.vijayasarathi)

21BSW09

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CONCURRENT FIELD WORK– 2024

OUTREACH REPORT

TRANSGENDER RESOURCE CENTER

SUBMITTED TO

FIELD WORK COMMITTEE

28/2/24

SUBMITTED BY

P.Vijayasarathi

21BSW09

OUTREACH REPORT

Name of the Trainee	: P.Vijayasarathi
Name of the Co – Trainee	: S. Premkumar
Name of Field Work Agency	: TRANSGENDER RESOURCE CENTRE
Field Work Agency Coordinator	: Mrs. Shalini (project Manager)
Name of the field work supervisor	: Mrs. A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

Awareness program for Students in Madurai Institute of Social Sciences

Date	: 05\01\2024
Time	: 11a.m to 1.30 p.m
Venue	: HRD Hall, MISS
Topic of the program	: "Breaking Barriers: Advocating for Trans gender's Rights and Equality
Resource Person	: Ms. Priya Babu (Managing Trustee) Transgender Resource Centre
Organiser	: P.Vijayasarathi
Targeted population or Beneficiaries	: UG students in MISS
Budget	: 600

Introduction:

The field work trainee organized outreach program about "Breaking Barriers: Advocating for Trans gender's Rights and Equality in Madurai Institute of Social Sciences. In that program 200 students were participated. In this program created awareness on the transgender rights and equality and gave knowledge about the life styles, struggles and day to day problems.

Objectives:

- To impart knowledge about the transgender community to the college students.
- To create awareness on social perception towards Trans genders for the college students.
- To impart knowledge on transformation of physical and biological changes on Trans genders.
- To sensitize the college students and positive perception towards Trans genders.

Outcome of the Outreach Program:

- The participants got the acquired knowledge on physical and biological problem through this program.
- The participants learned about the life barriers and their struggles they are faced in the day to day life.
- The participants learned about the Trans gender problems in the society about the rights and employment sector.
- The participants learned about the transgender welfare and learned about the vulnerability in the society.
- The students are interacted and discussed about their doubts and queries with resource person.

Learning outcome:

- The trainee oriented about the program about the breaking barriers about the transgender advocating for rights and equality.
- Skill knowledge on planning, organizing, promoting, coordinating.
- Awareness on transgender rights and equality.
- Training for students to change their perception about the transgender and their community.
- Orientation about the physical and biological changes in their human body and they accept that life and transform their bodily changes.
- To provide the awareness about the psychological wellbeing for students to learn about the transgender.

Summary of the programme :

An awareness program on "Breaking Barriers: Advocating for Tran's gender's Rights and Equality. It was organized by the field work trainees of transgender resource Centre. The students of Madurai institute of social sciences. The program was conducted by HRD Hall. The welcome address was given by the dr. p. Jayakumar the principal of MISS. The resource person was Ms. Priya babu (Managing Trustee) of transgender resource Centre, the resource person gave introduction of the program and about breaking barriers for transgender advocating rights and equality for students. A brief knowledge was given to the students of MISS about their struggles, problems and physical and biological issues.

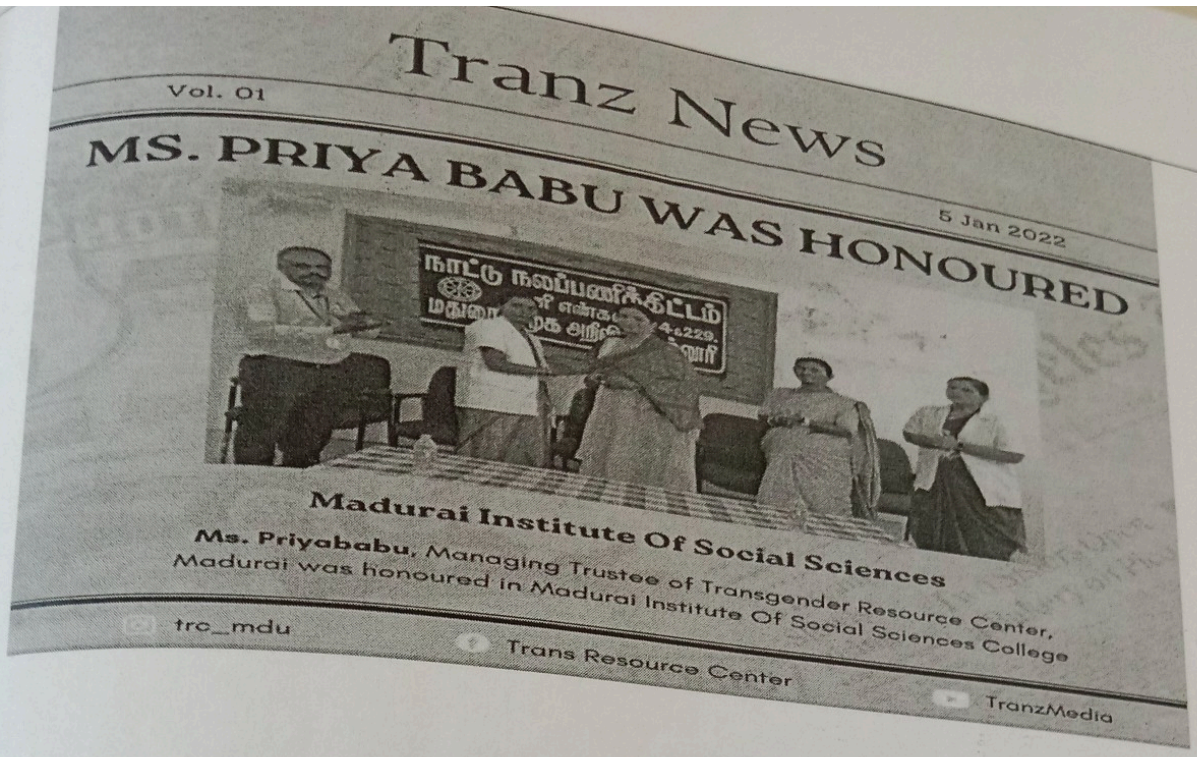
Vote of thanks was given by Mrs. Raja Lakshmi mam (Assistant Professor) about the program.

APPENDIX:




நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.
மதுரை சமுக அறிவியல் கல்லூரி


நாட்டு நலப்பணித்திட்டம்
அணி எண்கள்: 104 & 229.
மதுரை சமூக அறிவியல் கல்லூரி



Tranz News

Vol. 01

5 Jan 2022

MS. PRIYA BABU WAS HONOURED

நாட்டு நலப்பணிக்குழுத்திட்டம்

Madurai Institute Of Social Sciences

Ms. Priyababu, Managing Trustee of Transgender Resource Center, Madurai was honoured in Madurai Institute Of Social Sciences College

trc_mdu Trans Resource Center TranzMedia

Signature of the Supervisor

Signature of the Trainee.

P. Vijayasarathi

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No.9,AlagarkovilRoadMadurai-625002.

CONCURRENT FIELD WORK

VI – Semester Field Work

OUTREACH REPORT

NABARD-MABIF

23/2/24

SUBMITTEDTO

FieldworkCommittee

SUBMITTEDBY

G.Kesavamoorthi

(21BSW10)

OUTRECH PROGRAMME

Name of the Trainee	: G.Kesavamoorthi
Name of the Co-Trainee	: B.Mahesh
Name of the Field work Agency	: NABARD-MABIF
Name of Agency Supervisor	: Mr.V.Shanmugapandian
Name of the Field work supervisor	: Mrs.P.Meenaloshini, Assistant Professor, Department of Social work.
No .of Field work assigned	: 15Visits
No. of the Field work absent	: Nil
No. of Special visit	: 2Visits
Submission of Plan of Action	: Yes
Presentation learning &Experience	: Yes

OUT RECH PROGRAMME

Awareness About the (FPO)-Farmer producer organization, in, Y. Pudhupatti village panchayat

Date	: 13 .02. 2024
Time	: 10.40 Am to 3.05Pm
Venue	: NABARD - MABIF
Organiser	: Mr.G.Kesavamoorthi
Topic of the program	: FPO (Farmer producer organization)
Targeted Population	: Y. pudhupatti village Farmers
Budget	: NIL

Outcome of the Programme:

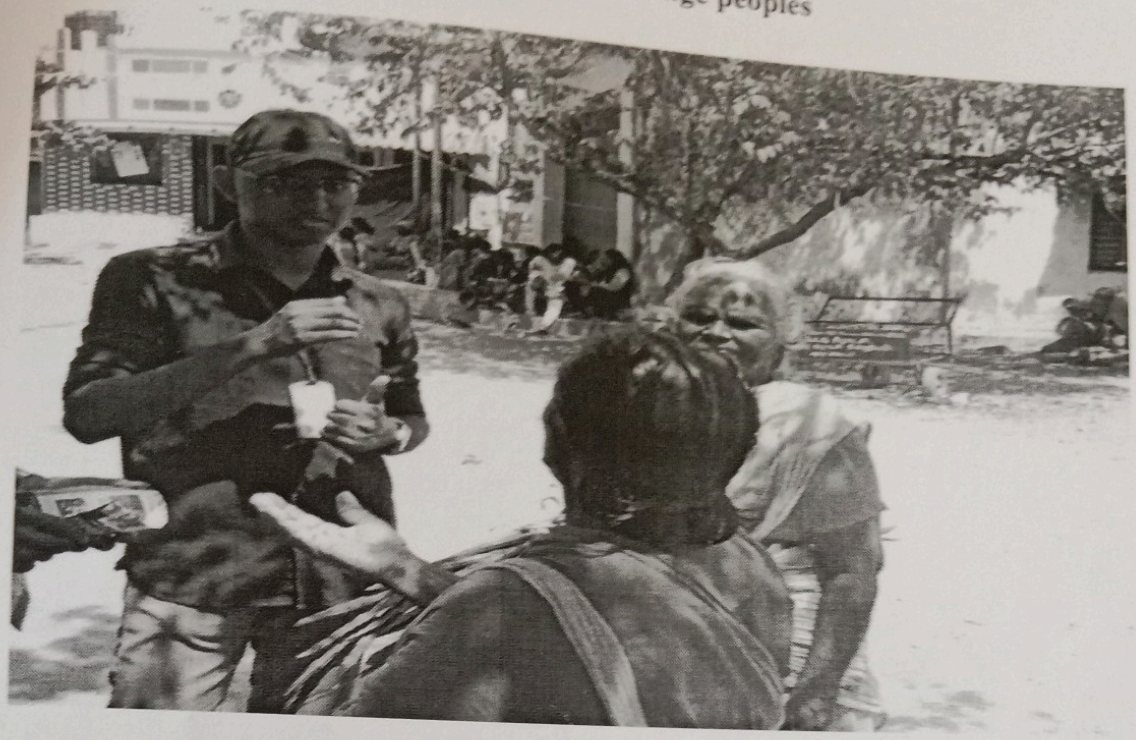
- In Y. Puthupatti Village Farmers were gained the knowledge about the uses and functions of the (FPO).
- The targeted people had clearly learnt about the full details way to approach and resolve their problem and ful fil the needs through the (FPO).
- The trainee learnt to organize the awareness Program and some other tools and technique related to the social work.

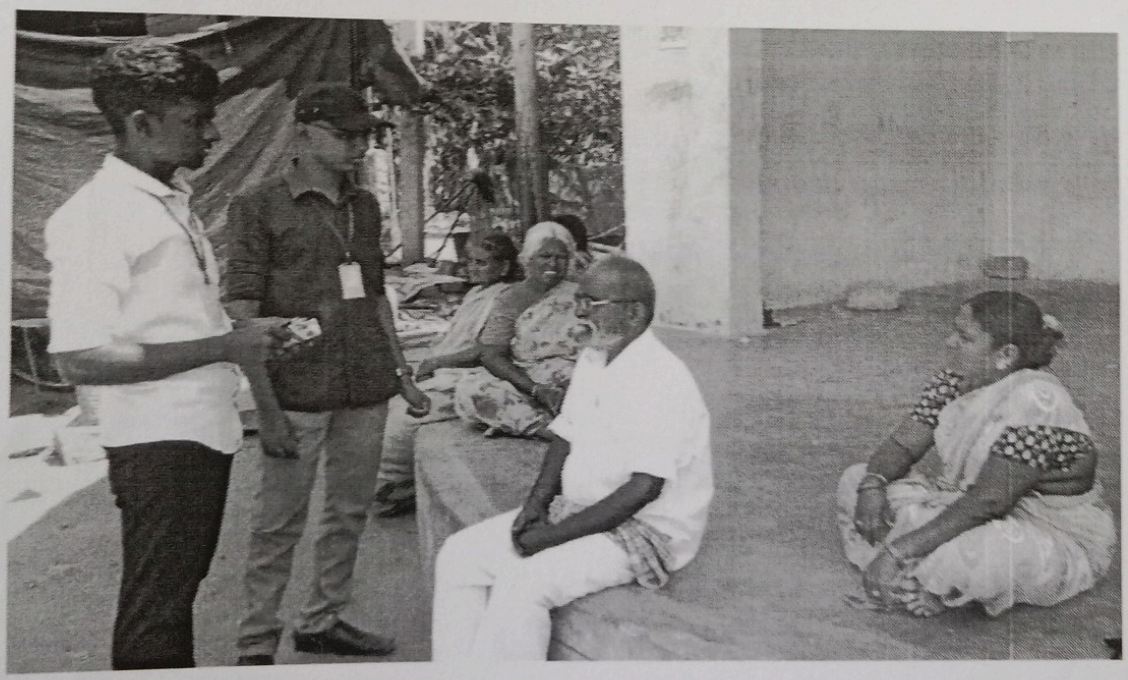
Summary of the Programme:

The awareness program was conducted in Y.Pudhupatti Village and targeted people of the program was farmer of the village and both the trainee Mr. G.Kesavamoorthi and Mr. B. Mahesh were gave awareness about the FPO(Farmer producer organization). The trainee and farmer were active participated in the awareness programme and had gainamore knowledge of the FPO .Finally ,the vote of thanks was given by G. Kesavamoorthi.

Appendix:

FPO Awareness to Village peoples





11/2/24

Signature of Fieldwork Supervisor

Mrs.P.Meenaloshini

Signature of the Trainee

G.Kesavamoorthi

(21BSW10)

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CONCURRENT FIELD WORK

VI – Semester Field Work

OUTREACH REPORT

NABARD-MABIF

SUBMITTEDTO

FieldworkCommittee

SUBMITTEDBY

G.Kesavamoorthi

(21BSW10)

OUTRECH PROGRAMME

Name of the Trainee	: G.Kesavamoorthi
Name of the Co-Trainee	: B.Mahesh
Name of the Field work Agency	: NABARD-MABIF
Name of Agency Supervisor	: Mr.V.Shanmugapandian
Name of the Field work supervisor	: Mrs.P.Meenaloshini, Assistant Professor, Department of Social work.
No .of Field work assigned	: 15Visits
No. of the Field work absent	: Nil
No. of Special visit	: 1Visits
Submission of Plan of Action	: Yes
Presentation learning &Experience	: Yes

OUT RECH PROGRAMME

Program about the NABARD-MABIF (Startup and industry)
Maravapatti village

Date	: 25 .02. 2024
Time	: 5.00 pm to 7.20Pm
Venue	: NABARD - MABIF
Organiser	: Mr.G.Kesavamoorthi
Topic of the program	: MABIF (Startup and industry)
Targeted Population	: Maravapatti, village
Budget	: NIL

Outcome of the Program:

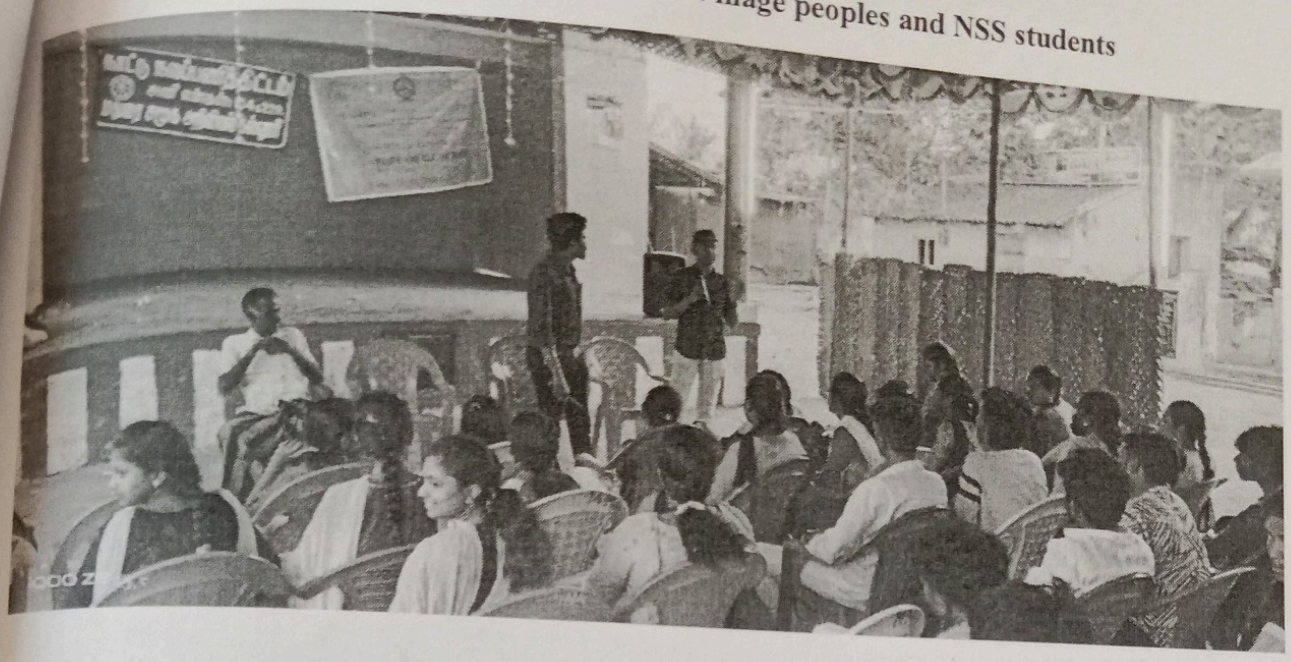
- In Maravapatti Village 7days NSS program in were gained the knowledge about the uses and functions of the 25.02.2024 NABARD-MABIF (Startup and industry).
- The targeted peoples had clearly learnt about the full details way to approach the business and ful fil the needs through the (startup business).
- The trainee learnt to organize the program and some other tools and technique related to the social work.

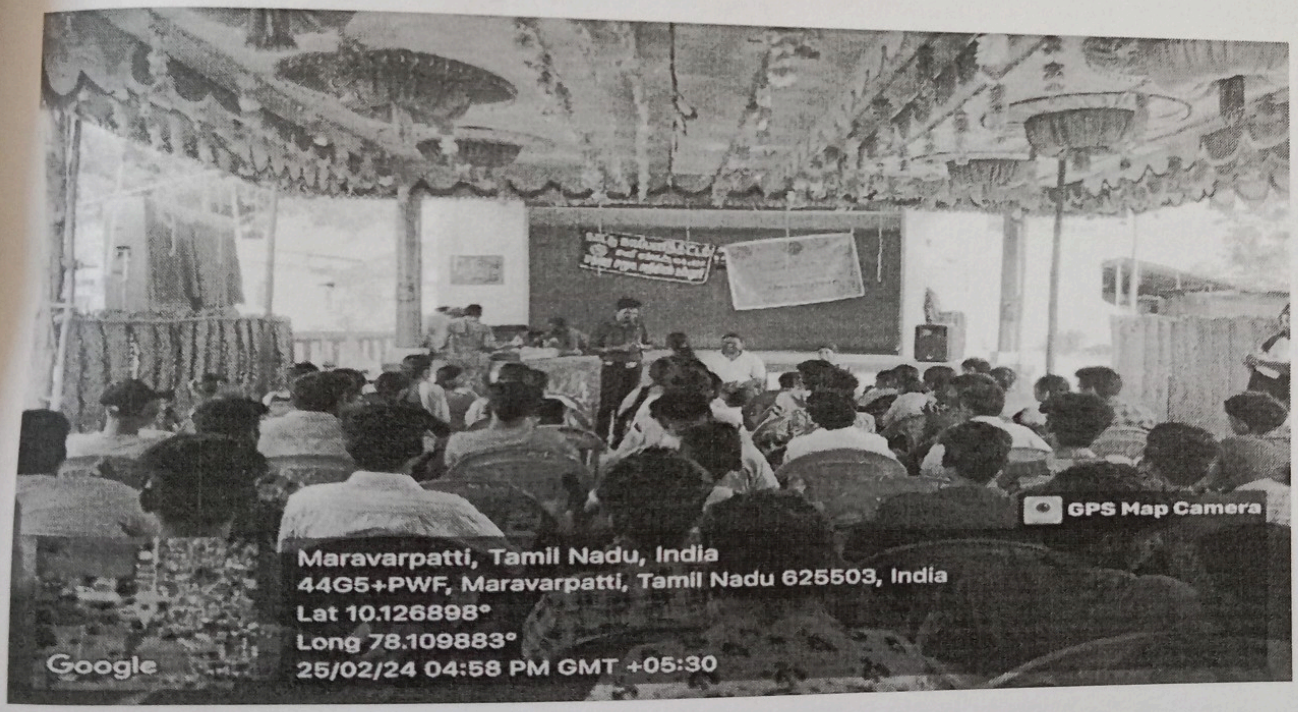
Summary of the Program:

The program was conducted in Maravapatti Village and targeted peoples, NSS students program participated of the village NABARD-MABIF (startup & industry) explain the mabif manager Mr.V.Shanmugapandiyan and both the trainee Mr. G.Kesavamoorthi and Mr. B. Mahesh were gave program about the (Startup business). The trainee and peoples and NSS students were active participated in the program and had gaina more knowledge of the startup business .Finally the vote of thanks was given by MISS college NSS coordinator Mr. Charles sir.

Appendix:

Maravapatti to Village peoples and NSS students





Signature of Fieldwork Supervisor

Mrs.P.Meenaloshini

Signature of the Trainee

G.Kesavamoorthi

(21BSW10)

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Madurai- 625002.

CONCURRENT FIELD WORK -2024

OUTREACH REPORT

MAHALIR THITTAM

24/1/24

SUBMITTED TO
FIELD WORK COMMITTEE

SUBMITTED BY
R.PRIYA DHARSHINI

OUTREACH REPORT

Name of the trainee	: R.Priyadharshini
Name of the Co-Trainee	: G.Amirtham
Name of the Agency	: Mahalir Thittam
Name of the filed work Supervisor	: Mrs.J.Arul mozhi Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: Nil
Total no of actual working Days	: 15
Submission of plan of Action	: yes
Presentation on learning &experience	: yes

OUTREACH PROGRAM

SAMATHUVA PONGAL CELEBRATION

NARASINGAM MADURAI

Date	: 13/ 01 /2024
Time	: 10:30 A.M To 12.00 P.M
Venue	: Narasingam
Topic of tha program	: samathuva pongal celebration
Organiser	: MS. Priya Dharshni
Targeted population	: Self Help Group Members

About the program :

- The trainee organized samathuva pongal celebration of self help group member in narasingam.
- During this Pongal celebration, competitions were held for self help group members.
- The trainee conduct Various competitions like tug of war, kabaddi, drama were conducted for SHG members during Pongal celebrations.
- Through this program awareness was given to all others.

Outcome of the program :

- This samathuva Pongal Makes That Everyone Should Always Live In Harmony.
- Trainee gave awareness about self-employment to women in rural areas.
- The trainee gave orientation about women's Rights and conduct Activity for the women's.
- It was told through the play that Women Self Help Group is helpful in improving the lives of women.

Summary of the program :

This samathuva Pongal celebration was organized by all the members of Women Self Help Group in Narasingam. Various competitions and dramas were conducted and prizes were given to motivate the members. They were also sensitized on how to get loans and start self-employment in women's self-help groups.



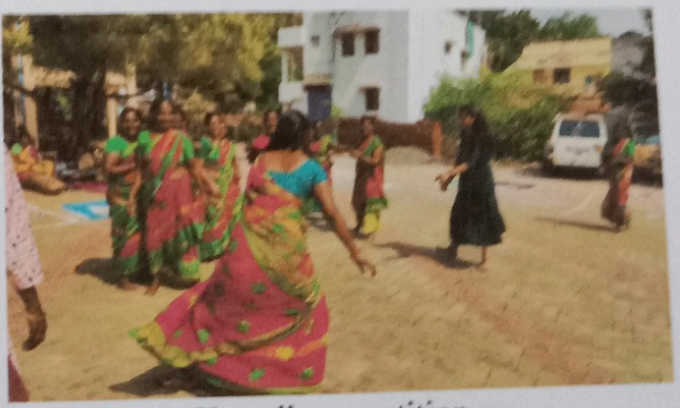
Discussion with SHG members.



Tug of war competition



Kolam competition



Kapadi competition

Signature of field work supervisor

R. Priyadharshini

Signature of the Trainee

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Madurai- 625002.

CONCURRENT FIELD WORK -2024

OUTREACH REPORT

MAHALIR THITTAM

24/1/24.

SUBMITTED TO

FIELD WORK COMMITTEE

SUBMITTED BY

R.PRIYA DHARSHINI

OUTREACH REPORT

Name of the trainee	: R.Priyadharshini
Name of the Co-Trainee	: G.Amirtham
Name of the Agency	:Magalir Thittam
Name of the filed work Supervisor	: Mrs.J.Arul mozhi Assistant professor, Department of Social work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: Nil
Total no of actual working Days	: 15
Submission of plan of Action	: yes
Presentation on learning &experience	: yes

OUTREACH PROGRAM

AWARENESS ABOUT WOMEN HELPLINE SCHEME

ACHAMPATTI MADURAI

Date	: 04/ 01 /2024
Time	: 10:00 A.M To 1.00 P.M
Venue	: Achampatti
Topic of tha program	: Awareness About Women's helpline
Organiser	: MS. Priya Dharshni
Targeted population	: Rural Women's

About the program :

- The awareness program made the women in the Achampatti village, aware of the woman helpline they have from the government.
- The women's get knowledge about women's helpline scheme .
- The women's are understand about the women Help line schemes.
- Trainee created awareness among rural women about self-employment and how they can benefit from it.

Outcome of the program :

- The awareness program provided additional knowledge about women related violence people And the problems they face in society.
- Trainee gave awareness about women helpline scheme to women in rural areas.
- The trainee gave orientation about women helpline scheme and conduct Activity for the women.
- Acts and Schemes related to women's.
- Current affairs also discuss with rural women's in that place.

Summary of the program :

The awareness program at Achampatti Madurai Ms. R. PriyaDharshini gave welcome address and about Mahalir thittam and its function. Then speak about the women's problem and they were facing in the society. And also discuss about the women helpline scheme. Finally the end of the session/Program Ms.G Amirtham vote of thanks for all.



The trainee orient about women helpline scheme



To discussed about women relented scheme



They also talked about what problem they had



The trainee discussed about SHG members

Signature of field work supervisor

R. Priya dharshini

Signature of the Trainee

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Surabhi Trust (Thai-Madi-Illam)

Submitted to

The Field Work Committee

Submitted by

S.Thillai Sanjeetha

(21BSW13)

OUTREACH REPORT

Name of the Trainee	:S.Thillai Sanjeetha
Name of the Co-Trainee	:S.Chithambaram
Name of the Field work Agency.	: Surabhi Trust (Thai-Madi-Illam)
Name of the Agency supervisor	:Mr.Vinoth Manager of Thai-Madi-Illam
Name of the Field Work Supervisor	: Mr.Charles , Head of the Department of Social Work
No.of Field Work Assigned	: 15
No.of Field Work absent	: NIL
No.of Special visit	:1
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

Illanthalir Open Shelter Home for Boys,Pasumalai.

Pudhupatti Village People

Date	: 11/02/24
Time	:3.00pm – 6.30pm
Venue	:Ilanthalir Open Shelter For Boys
Topic of the Program	: Awareness about Importance of Education, Child abuse and Child Rights,Child Line.
Organiser	:S.ThillaiSanjeetha,S.Chithambaram
Targeted Population	:Inmates of Ilanthalir Open Shelter
Budget	:350

Outcome of the Program:

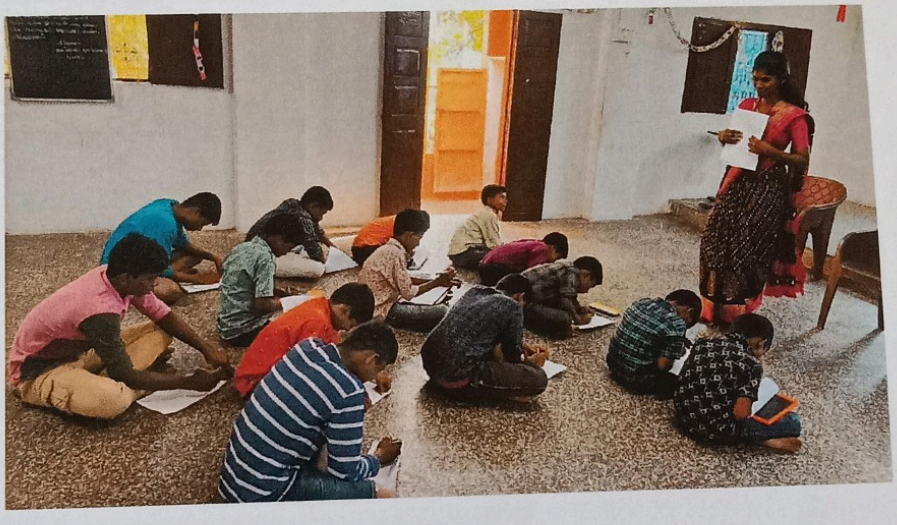
- The children in the school got knowledge about importance of education.
- The children's got knowledge on Child abuses and steps to resilient it.
- Also the children had knowledge on importance of education,and why education is important.The core outcome of the program is to give more knowledge about the Child rights, Drug abuses, Child Marriage, Child abuse.

Summary of the Programme:

The Awareness program was conducted inIlanthalir Open Shelter For Boys.The resource person of the program was Mr.Kalidass(Co-Ordinator of Illanthalir), Mrs.Elizabeth Kanchana (Administrator of Surabhi Trust). The speech was given to Inmates of Illanthalir.The trainee organised the program and educated the boys about child labour, child marriage, Education and good and bad touch. And, also the trainee conducts several games for the boys to engage effectively.The trainee asks feedbacks and suggestions to the boys and ended the session.s

Illanthalir Open Shelter Home for Boys,Pasumalai.







OUTREACH PROGRAM :

Educating the people about Child line,Childmarriages,Women help line,

And OAB pension scheme

Outcome of the Program:

- Women's helplines play a crucial role in educating and supporting people.
- The outcome of thework can have a positive impact on individuals and communities. It's important to spread awareness about these helplines so more people can benefit from their services.
- Educated about the OAB pension scheme, the outcome can be really positive. It helps individuals understand their rights, benefits, and how to access the pension scheme.
- This knowledge empowers people to make informed decisions and secure their financial future. It's important to spread awareness about such programs so that more people can benefit from them.

Summary of the program:

The speech was given to people of pudhupatti village the trainee organised the program and educated the people about child labour, child marriage, Educationwomen and elderly helpline,OABpension.And, also the trainee took sensus about the OAB pension .The trainee asks feedbacks and suggestions to the people and ended the session.

Appendix:









Signature of the field work Supervisor

Signature of the Trainee

S.Charles

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Out Reach Report

VI SEMESTER CONCURRENT FIELD WORK

OUTREACH REPORT

NEW CREATION SHELTER

Submitted to

The field work committee

submitted by

A. Santha Prakash

21BSW15

OUTREACH REPORT

Name of the Trainee	: A. Santha Prakash
Name of the Co – Trainee	: M. Dhanush Pandi
Name of Field Work Agency	: New creation trust
Field Work Agency Coordinator	: Mrs. C. Glory Deborah
Name of the field work supervisor	: Mrs. Rajalakshimi, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning & Experience	: Yes

OUTREACH PROGRAM

Awareness about PCVC'S National Domestic for the rural people in Illangilapatti Madurai,

Date	: 15/02/2024
Time	: 03:45 Pm to 4:50 Pm
Venue	: illangilapatti, Madurai,
Topic of the program	: Awareness about PCVC's National Domestic Violence for the rural people.
Organiser	: Mr. Santha Prakash
Targeted population or Beneficiaries	: Rural People

Outcome of the program:

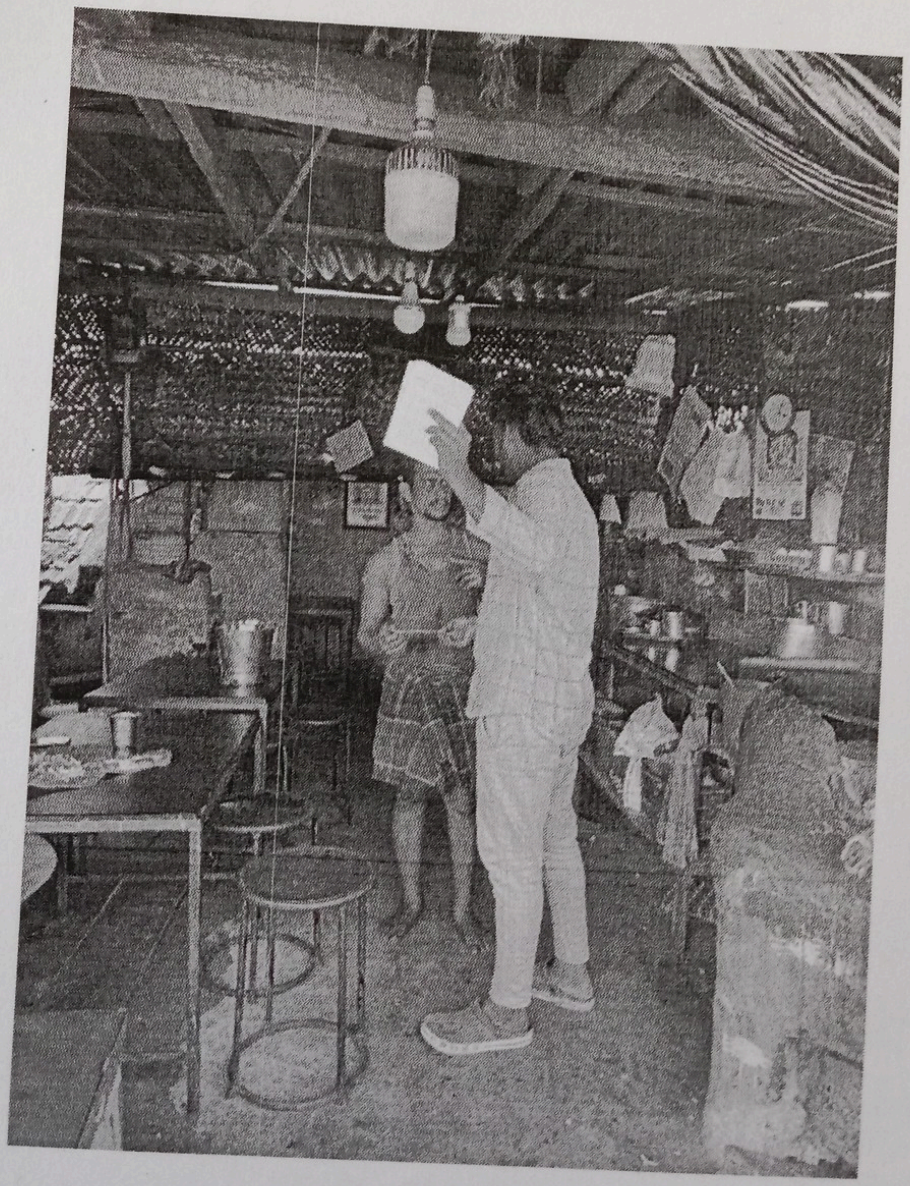
- ✓ The people get knowledge about women experiencing domestic violence.
- ✓ The goal of the program is to introduce people to PCVC's National Domestic Violence.
- ✓ People are made aware of the issue of women being victims of domestic abuse.
- ✓ The training focused on improving crisis support for individuals and making sure they get the assistance they require.

Significant outcome:

- ✓ The awareness program give more knowledge about Domestic violence and crisis.
- ✓ The program helped raise awareness about violence against women and understanding empathy in their communities
- ✓ The program play a crucial role in providing support resources and a safe space for women who have experienced violence and helps then to heal from trauma.

Summary of the program

The trainee and the co-- trainee organized the community program to the rural people to give Awareness about the pcvc's national domestic violence welcomed the gathering. The trainee Explained about the pcvc's national domestic violence and also provided awareness About non-judgmental support to explore the available options. And the trainee provided Pamphlet to rural people. And that followed by the vote thanks which was given the trainee.







SIGNATURE OF THE FIELD WORK SUPERVISOR

MRS. RAJALAKSHMI

SIGNATURE OF THE TRAINEE

A. SANTHA PRAKASH

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VI SEMESTER CONCURRENT FIELD WORK

OUTREACH REPORT

NEW CREATION SHELTER

Submitted to

The field work committee

submitted by

A. Santha Prakash

21BSW15

OUTREACH REPORT

Name of the Trainee	: A. Santha Prakash
Name of the Co – Trainee	: M. Dhanush Pandi
Name of Field Work Agency	: New creation trust
Field Work Agency Coordinator	: Mrs. C. Glory Deborah
Name of the field work supervisor	: Mrs. Rajalakshimi, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning & Experience	: Yes

OUTREACH PROGRAM

Awareness about mental health for community people in Thiruvathur colony, Madurai,

Date : 12/02/2024

Time : 02:45 Pm to 3:50 Pm

Venue : Thiruvathur colony, Madurai,

Topic of the program : Awareness about Mental health for the community people.

Organiser : Mr. Santha Prakash

Targeted population or Beneficiaries : Community People

Budget : 120

Outcome of the program:

- ✓ The program seeks to connect individuals with mental health services and support.
- ✓ The people get knowledge about what is mental health act 1987.
- ✓ The trainee oriented about the Ayusham Bharat – HWC scheme overall well – being of community members to promote mental health and resilience.

Significant outcome:

- ✓ The awareness program give information about mental health act 1987 and schmes.
- ✓ The awareness program give the knowledge about what is mental health.
- ✓ The program helped raise awareness about mental health among normal people.
- ✓ The program fostered a sense of community and encouraged people to come together, share experiences and provide mental support.

Summary of the program

The trainee and the co - trainee organized the community program to the rural people to give awareness about the mental health. The trainee welcomed the gathering. The Co - trainee explained about what is mental health. The trainee provided awareness to connect individuals with mental health services, support and explained about the mental health act 1987, Ayusham Bharat – HWC scheme. And gave awareness to equipped normal people with the effective coping strategies to manage stress and to improve over all mental well – being followed by vote of thanks given by co - trainee. At the end of the awareness program the rural were provided snacks.



SUBMITTED TO THE FIELD WORK SUPERVISOR

Mrs. Rajalakshimi

SIGNATURE OF THE TRAINEE

A. Santha prakash

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CONCURRENT FIELD WORK (2023-2024)

OUTREACH REPORT

Mahalir Thittam (NRLM)

10/1/24

SUBMITTED TO

Field work Committee

SUBMITTED BY

G.Amirtham

OUTREACH REPORT

Name of the Trainee	: G. Amirtham
Name of the Co-Trainee	: R.Priya dharshini
Name of the Field work Agency	: Mahalir Thittam (NRLM)
Name of the Field work supervisor	: Mrs.J.Arulmozhi, Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of Special visit	: 1 Visit
Submission of Plan of Action	: Yes
Presentation Plan of Action	: Yes

OUTREACH REPORT

Awareness on Domestic violence and Abuse against women and Women Helpline (181)
At, Achampatti village, Alanganallur Block, Madurai district:

Date	: 04/01/2024
Time	: 10:30 Am to 01:30 Pm
Venue	: Achampatti, Alanganallur Block, Madurai
Organiser	: Ms. G. Amirtham, Ms. R. Priya dharshini
Topic of the Program	: Awareness on domestic violence and women helpline
Targeted population	: Self -help Groups Members in Achampatti
Budget	: N I L .

Outcome of the Program:

1. The beneficiaries of the Outreach awareness program on the topic of Abuse and violence against the women and women helpline scheme number(181) are Achampatti village group people in Alanganallur Block, Madurai District.
2. The Self-Help Groups members learnt about the types of domestic violence and abuse against the women in the Community.
3. SHGs Members get knowledge about the women Helpline number (181) which provides them in various forms like a quick response, legal support, counselling support, problem solving, referral services and so on.
4. The SHGs members had an active participation in the Awareness program and they understood the types of violence, abuses against the women.
5. Both the Trainee gave Orientation about the Domestic violence and Abuse against women and Women Helpline Scheme: Number (181) to aware them and reducing of the violence and abuse against women, it can help them in the way of developmental growth.
6. Both the Trainee has learnt to organize the Program in the community for their upliftment and to improve their communication skill level in the community.

Summary of the Programme:

The Awareness program was conducted in the Achampatti village, Alanganallur Block in Madurai district. And both the Trainee Ms.G.Amirtham and Ms.R.Priyadharshini were Organized and conduct the awareness program about the " Domestic violence and Abuse against women and Women Helpline Scheme: Number (181)" and the Self-Help Groups member present in the farming area were the Beneficiary of the Program. The Village people actively participated in the Outreach program. And increasing the knowledge about the Women Helpline Number(181) is helping the needy people by linking with them in a (One Stop Centre, Police, Hospital, legal services and so on. Finally the vote of thanks was given by Mrs.Manimegala, Community self-help trainee (CST) of the Achampatti village.

Appendix :



The Trainee gave Awareness of the Violence against women and Women helpline number



Achampatti village SHGs CST Mrs.Manimegala Help us to conduct program

J. Arul 10/1/24

Signature of Fieldwork Supervisor

Mrs.J.Arulmozhi

G. Amirtham

Signature of the Trainee

G. Amirtham

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CONCURRENT FIELD WORK (2023-2024)

OUTREACH REPORT

Mahalir Thittam (NRLM)

29/1/24

SUBMITTED TO

Field work Committee

SUBMITTED BY

G.Amirtham

OUTREACH REPORT

Name of the Trainee	: G. Amirtham
Name of the Co-Trainee	: R.Priya dharshini
Name of the Field work Agency	: Mahalir Thittam (NRLM)
Name of the Field work supervisor	: Mrs.J.Arulmozhi, Assistant Professor, Department of Social work.
No. of Field work assigned	: 15 Visits
No. of Special visit	: 1 Visit
Date of Special visit	; 13/01/2024
Submission of Plan of Action	: Yes

OUTREACH REPORT

Community Get Together Program (Pongal Celebration)
At Perumalpuram, Narasingam, Madurai East Block, Madurai:

Date : 13/01/2024
Time : 09:30 Am to 03.30 Pm
Venue : Perumalpuram, Narasingam Block, Madurai East.
Organiser : Ms. G. Amirtham, Ms. R. Priyadharshini
Topic of the program : Community Get Together Program (Pongal Celebration)
Targeted Population :Self-Help Groups members with their family in Perumalpuram.
Budget : NIL
Outcome of the Program:

1. The beneficiaries of the community get together for the pongal celebration program is Perumalpuram village, Narasingam Madurai East Block SHG groups Members along with their family members.
2. Both the trainee had taken an initiative to conduct the various kinds of game activities and other cultural activities.
3. First the trainee conducts a Rangoli competition, on the other side there is a pongal sweet preparation process going on.
4. After that both conduct the Kabaddi competition among the members group of people .
5. Then the trainee conduct the Tug of War competition among the Group members.
6. Even the trainee had conducted the Singing and poetry competition in the community hall.

Summary of the Programme:

The Community get together program was conducted in the Perumalpuram village, Narasingam Madurai East Block in Madurai district. And both the Trainee Ms.G.Amirtham and Ms.R.Priyadharshini were Organized and conduct the community Get Together program with the help of the Narasingam Block (BMM) Mrs. Parvathy for the Pongal Celebration in Perumalpuram

and the Self-Help Groups members with their family members who were present in the common community ground area and they were the Beneficiary of the Community get together. The Village people actively participated in the Outreach program. Finally the vote of thanks was given by Mrs.Jeya BC (Block Coordinator) of the Perumalpuram Village, Narasingam Madurai east Block.

Appendix :



Rangoli Competition



Tug of war Competition



Kabaddi Competition



Final small Get together

J. Arulmozhi

Signature of Fieldwork Supervisor

Mrs.J.Arulmozhi

G. Amirtham

Signature of the Trainee

G.Amirtham

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Child Welfare Committee

Submitted to

The Field Work Committee

7/2/24

Submitted by

R. Hari Haran,

(21BSW19)

OUTREACH REPORT

Name of the Trainee	: R. Hari Haran,
Name of the Co-Trainee	: C.Prithivi Rajan,
Name of the Field work Agency.	: Child Welfare Committee (Commissioner Office)
Name of the Agency supervisor	: Mr. Vetri Venthan (Assistant Commissioner of police)
Name of the Field Work Supervisor	: Mrs. Margret Sherly, Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

Date	: 18/01/2024
Time	: 11.30am to 2pm and 3pm to 5:30pm
Venue	: 1. **Sethupathi Pandidurai Higher Secondary School** New Jail Road, Ponnagaram, Madurai- 625016. 2. **Mangayarkarasi Higher Secondary School.** Workshop Road, Puttuthoppu, Arappalayam, Madurai - 625016
Topic of the Program	: Awareness about Drug abuse, Child abuse and Mobile usage.
Organiser	: R. Hari Haran and C. Prithivi Rajan.
Targeted Population	: School Students.
Budget	: NIL

Outcome of the Program:

- The students at the school gained insights into the consequences of drug usage.
- The children acquired knowledge about preventing and overcoming child abuse.
- Additionally, they learned how to use mobile phones responsibly, avoiding involvement in criminal activities.
- The students also developed an understanding of driving without a license.
- The primary goal of the program is to enhance awareness about child rights, drug abuse, child marriage, and child abuse.

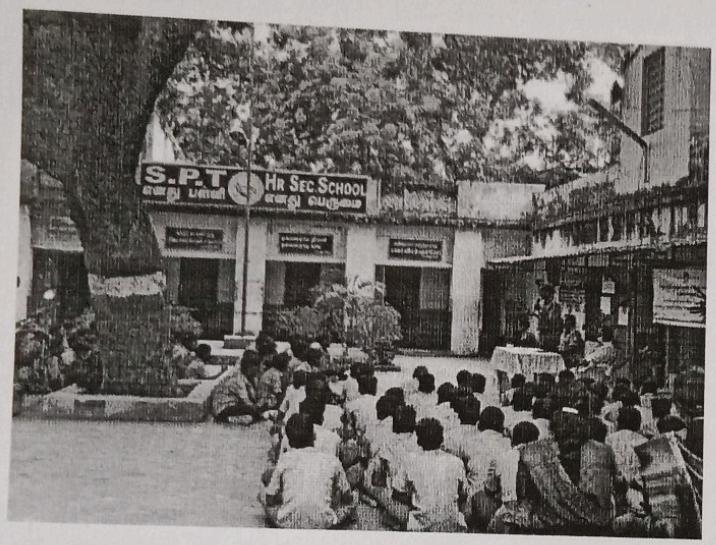
Summary of the Programme:

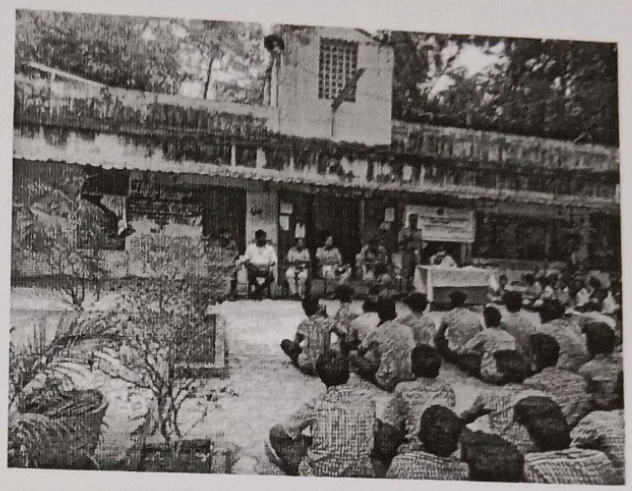
• An enlightening Awareness program conducted the place at Sethupathi Pandidurai Higher Secondary School and Mangayarkarasi Higher Secondary School. The program, facilitated by Mr. Thangaraj (Sub-Inspector of Police), Mrs. Jaya (SI), and Constable Karthick from the Department of Social Justice & Human Rights, proved to be highly informative and beneficial for the students. The session covered students from 9th to 12th grade at Pandidurai Higher

Secondary School and 6th to 9th grade at Mangayarkarasi School. The participants organized an outreach program, providing a concise summary of the information at the program's conclusion.

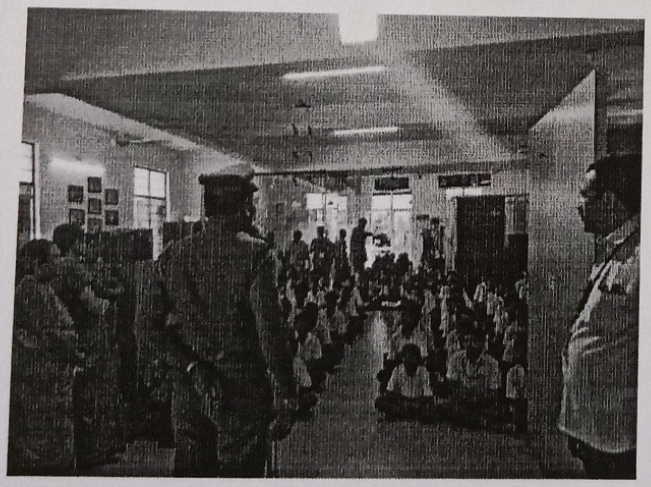
Appendix:

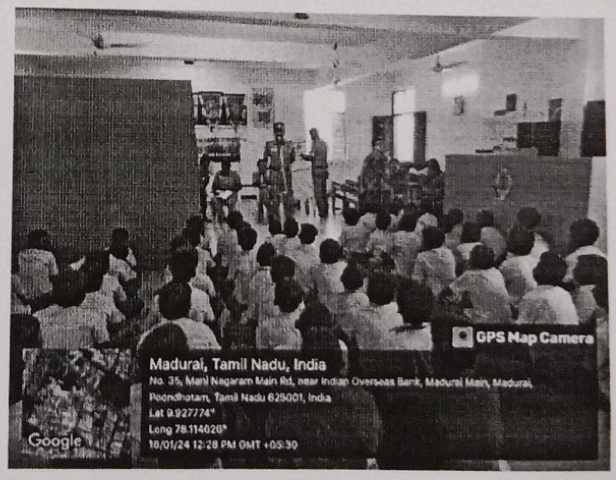
Sethupathi Pandidurai Higher secondary school





Mangayarkarasi Higher Secondary School





Signature of the Fieldwork Supervisor

(M.Margret Sherly)

Signature of the Trainee

(R. Hari Haran)

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Crime against Women and Children

Submitted to

The Field Work Committee

Submitted by

R. Hari Haran,

(21BSW19)

19/12/24

OUTREACH REPORT

Name of the Trainee	: R.Hari Haran
Name of the Co-Trainee	: C.Prithivi Rajan
Name of the Field work Agency	: Crime against women and children(Commissioner Office)
Name of the Agency supervisor	: Mr.Vetri Venthan (Assistant Commissioner of police)
Name of the Field Work Supervisor	: Mrs. Margret sherly mam Assistant professor, Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM

Date	: 16/02/24
Time	: 11.30 am to 3pm
Venue	: Nehru Vidhya salai school
Topic of the Program	: Awareness about POCSO, Dowry, child marriage, child labour and Cyber-crime.
Organiser	: C.Prithivi Rajan and R.Hari Haran
Targeted Population	: School students of Nehru school.
Budget	: NIL

Outcome of the Program:

- The school children acquired knowledge about child marriage and its consequences.
- They learned about child abuse and effective resilience strategies.
- Additionally, they gained insight into the impact of child labour.
- The children comprehended the concept of cybercrime.
- They also grasped the notion of dowry and its legal implications.
- The primary objective of the program is to enhance understanding of child rights, child marriage, child abuse, dowry, and cybercrime.

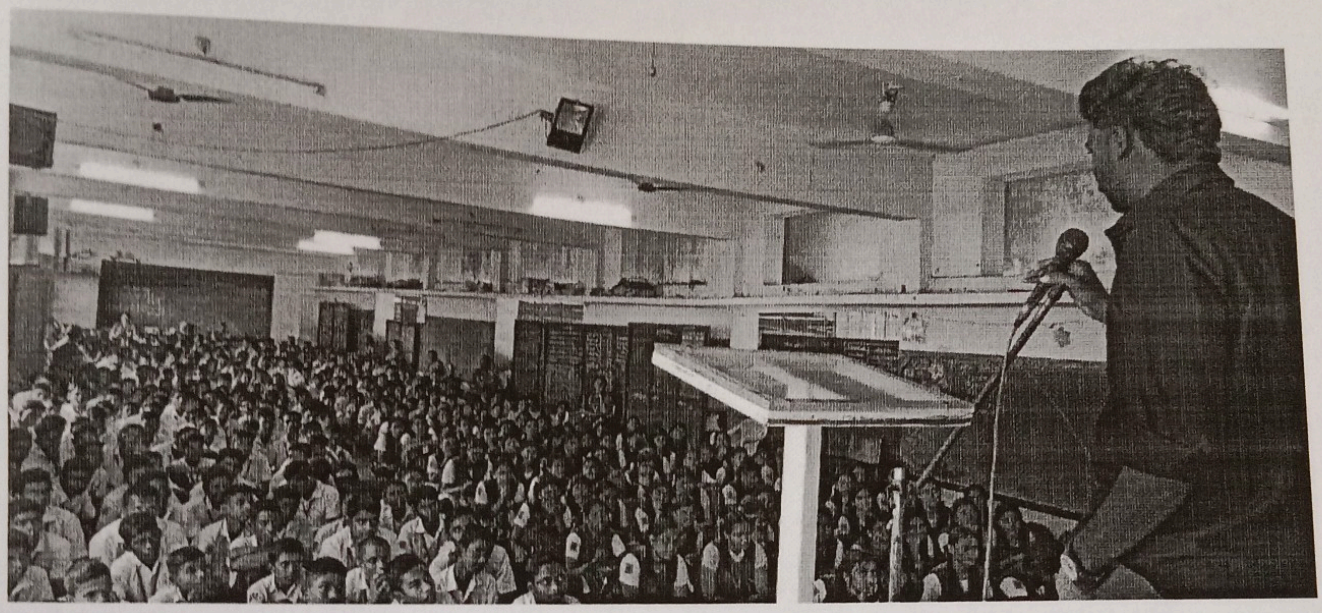
Summary of the Programme:

The Awareness program was conducted by trainees at Nehru Vidhyasalai School, located in Narimedu. The resource persons for the program were Mr. Thangaraj (Sub-Inspector of Police) and Constable Karthick from the Department of Social Justice and Human Rights. The speech was delivered to students from 6th to 10th grade, covering topics such as dowry, POCSO,

cybercrime, child marriage, and child labour. The trainees organized the outreach program and gave speeches on the selected topics, providing comprehensive knowledge about the issues and their consequences, as well as guidance on handling critical situations.

Appendix:

Nehru Vidhya salai school, Narimedu





19/2/24

Signature of the Fieldwork Supervisor

(Ms. Margret Sherly)

Signature of the Trainee

(R. Hari Haran)

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VI SEMESTER CONCURRENT FIELD WORK

OUTREACH REPORT

DISTRICT LEGAL SERVICES AUTHORITY

Submitted to

The field work committee

17/2/24

submitted by

S. Jordan Grace Esther

21BSW20

OUTREACH REPORT

Name of the Trainee	: S. Jordan Grace Esther
Name of the Co – Trainee	: P. Pasupathi
Name of Field Work Agency	: DLSA (District Legal Services Authority)
Field Work Agency Coordinator	: Mr. Ganesha Moorthy, (Superintendent)
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning & Experience	: Yes

OUTREACH PROGRAM

Awareness about DLSA for community people

Pudhupatti, Arumbanur, Madurai,

Date	: 13/02/2024
Time	: 11:15 Am to 12:30 Pm
Venue	: Pudhupatti, Arumbanur, Madurai,
Topic of the program	: Legal awareness about DLSA for the rural people.
Organiser	: Ms. S. Jordan Grace Esther
Targeted population or Beneficiaries	: Community People.

Outcome of the program:

- ✓ People gained knowledge about how to file a petition,
- ✓ While people learned about mediation and the DLSA.
- ✓ The orientation for trainees regarding issues relating to women and children

Significant outcome:

- ✓ The awareness program increases information about issues pertaining to women, including child marriage, child labor, and women's rights.
- ✓ The main guest provides an introduction to the DLSA.
- ✓ Acts and Plans pertaining to women.
- ✓ Talking about current events with locals.

Summary of the program

The trainee and the co-trainer, planned an awareness workshop for rural residents during the community program. The co – trainee gave a brief introduction to the group and the District Legal Service Authority co-trainee, then brought up the mediation center procedure. The trainee gave a brief overview of the legal aid offered to the public by the Madurai District Legal Services Commission and gave petitioners instructions on how to approach and file their petitions. She said that SC/ST people could apply in person or through the mail for petitions, and they could present their SC/ST category certificate to individual advocates to request help from them for government programs. The Co - trainee finally gave the vote of gratitude.







17/2/24

SIGNATURE OF THE FIELD WORK SUPERVISOR

Mrs. Margret Sherly

SIGNATURE OF THE TRAINEE

S. Jordan Grace Esther

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VI SEMESTER CONCURRENT FIELD WORK

OUTREACH REPORT

DISTRICT LEGAL SERVICES AUTHORITY

Submitted to

The field work committee

17/12/24

submitted by

S. Jordan Grace Esther

21BSW20

OUTREACH REPORT

Name of the Trainee	: S. Jordan Grace Esther
Name of the Co – Trainee	: P. Pasupathi
Name of Field Work Agency	: DLSA (District Legal Services Authority)
Field Work Agency Coordinator	: Mr. Ganesha Moorthy, (Superintendent)
Name of the field work supervisor	: Mrs.A. Margret Sherly, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning & Experience	: Yes

OUTREACH PROGRAM

Awareness about DLSA for community people

Othakadai, Madurai,

Date	: 31/01/2024
Time	: 10:15 Pm to 12:30 Pm
Venue	: X55X+3H7, Main Road, Othakadai, Madurai,
Topic of the program	: Legal awareness about DLSA for the community people.
Resource Person	: Mrs. Mukil (Advocate)
Organiser	: Ms. S. Jordan Grace Esther
Targeted population or Beneficiaries	: Community People
Budget	: 540

Outcome of the program:

- ✓ The people learnt about the how to give petition.
- ✓ The students get knowledge about DLSA.
- ✓ The special guest gave orientation about women related problems.

Significant outcome:

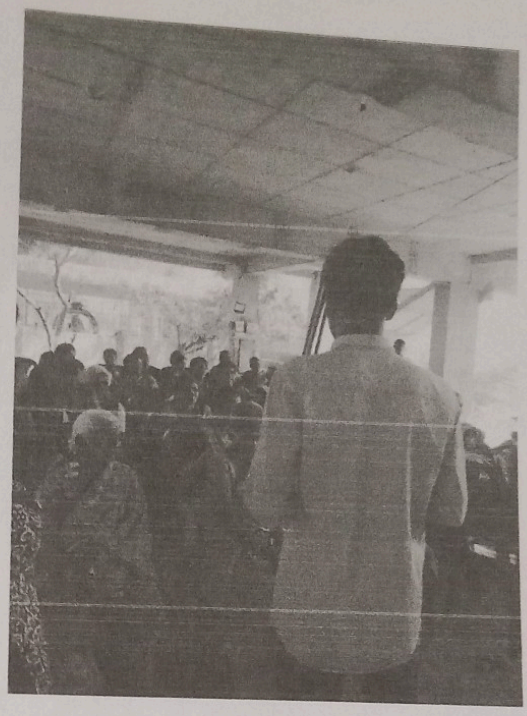
- ✓ The awareness program give more knowledge about women and child rights, child labor, Child marriage and the those issues related to women.
- ✓ The chief guest give orientation about the DLSA.
- ✓ Acts and Schemes related to women.
- ✓ Current affairs also discuss with people in that place.

Summary of the program

The trainee and the co-trainee organized the community program with the resource person advocate Mrs. Mukil to give awareness about the District legal service authority to the 100 day wages people. The trainee welcomed the gathering. Then Advocate Mrs. Mukil, the resource person gave awareness about providing Madurai District Legal Services Commission legal assistance to the general public and then also oriented about the process about how the Petitioners should approach to give petitions. The process is that the petitioner can file the petitions in person or by post. Later Advocate Mrs. Mukil briefly explained that people can be assisted by separate advocates for SC/ST people regarding their government schemes and relief by submitting SC/ST category certificate. Followed by vote of thanks given by co-trainee. At the end of the awareness program people voluntarily gave petitions to the trainee in person.







17/2/24

SIGNATURE OF THE FIELD WORK SUPERVISOR

Mrs. Margret Sherly

SIGNATURE OF THE TRAINEE

S. Jordan Grace Esther

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Surabhi Trust (Thai Madi Illam)

Submitted to

The Field Work Committee

Submitted by

S chithamparam

(21BSW21)

OUTREACH REPORT

Name of the Trainee	: S.Chithambaram
Name of the Co-Trainee	: S.Thillai Sanjeetha
Name of the Field work Agency.	: Surabhi Trust (Thai-Madi-Illam)
Name of the Agency supervisor	: Mr.Vinoth (Manager of Thai-Madi-Illam)
Name of the Field Work Supervisor	: Mr.Charles Head of Department of Social Work
No. of Field Work Assigned	: 15
No. of Field Work absent	: NIL
No. of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

Surabhi Trust (Thai-Madi-Illam)

ART THERAPHY

Date	: 23/01/24
Time	: 10.30am to12:30pm
Venue	: Surabhi Trust (Thai-Madi-Illam)
Topic of the Program	: Art Theraphy
Organiser	: S.Thillai Sanjeetha & S.Chithambaram
Targeted Population	: Inmates of Thai-Madi-Illam

Outcome of the Program:

- Art therapy has various benefits for elderly people. It can enhance their cognitive abilities, such as memory and problem-solving skills.
- It also promotes emotional well-being by providing a means of self-expression and reducing feelings of anxiety or depression.
- Overall, art therapy offers a creative and therapeutic outlet for elderly individuals to enhance their overall quality of life.

Summary of the Programme:

The Program was conducted in Thai Madi Illam which is running under the Surabhi Trust.The resource person of the program was Mr.Vinoth Manager of Thai Madi Illam. The program was given to inmates of Thai-Madi-Illam and the trainee organised the outreach program a Art therapy. It is also important for elderly people. It can help them express themselves, reduce stress, and improve their overall well-being.

Appendix:





Signature of the Fieldwork Supervisor

Signature of the Trainee

S, chithamparam

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CONCURRENTFIELDWORK–2024

OUTREACH REPORT

TRANSGENDER RESOURCE CENTER

06/03/2024

SUBMITTEDTO

FIELDWORKCOMMITTEE

SUBMITTED BY

S.PREMKUMAR

21BSW23

OUTREACHREPORT

Name of the Trainee	: S.Prem kumar
Name of the Co–Trainee	: P.Vijayasarathi
Name of Field Work Agency	:TRANSGENDER RESOURCE CENTRE
Field Work Agency Coordinator	:Mrs. Shalini (project Manager)
Name of the field work supervisor	:Mrs.Meena loshni
No of fieldwork Assigned	:15
No of field work Absent	:Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	:Yes
PresentationonLearning&Experience	:Yes

OUTREACH PROGRAM

Awareness program for Students in Madurai Institute of Social Sciences

Date	:	05\01\2024
Time	:	11a.m to 1.30 p.m
Venue	:	HRD Hall, MISS
Topic of the program	:	"Breaking Barriers: Advocating for Trans gender's Rights and Equality
Resource Person:		Ms. Priya Babu (Managing Trustee) Transgender Resource Centre
Organiser :		P.Vijayasarathi, S.Premkumar
Targeted population of Beneficiaries :		UG students in MISS
Budget :		600

Introduction:

The field work trainee organized outreach program about "Breaking Barriers: Advocating for Trans gender's Rights and Equality in Madurai Institute of Social Sciences. In that program 200 students were participated. In this program created awareness on the transgender rights and equality and gave knowledge about the life styles, struggles and day to day problems.

Objectives:

- To impart knowledge about the transgender community to the college students.
- To create awareness on social perception towards Trans genders for the college students.
- To impart knowledge on transformation of physical and biological changes on Trans genders.
- To sensitize the college students and positive perception towards Trans genders.

Outcome of the Outreach Program:

- The participants got the acquired knowledge on physical and biological problem through this program.
- The participantslearned about the life barriers and their struggles they are faced in the day to day life.
- The participants learned about the Trans gender problems in the society about the rights and employment sector.
- The participants learned about the transgender welfare and learned about the vulnerability in the society.
- The students are interacted and discussed about their doubts and queries with resource person.

Learning outcome:

- The trainee oriented about the program about the breaking barriers about the transgender advocating for rights and equality.
- Skill knowledge on planning, organizing, promoting, coordinating.
- Awareness on transgender rights and equality.
- Training for students to change their perception about the transgender and their community.
- Orientation about the physical and biological changes in their human body and they accept that life and transform their bodily changes.
- To provide the awareness about the psychological wellbeing for students to learn about the transgender.

Summary of the programme:

An awareness program on "Breaking Barriers: Advocating for Tran's gender's Rights and Equality. It was organized by the field work trainees of transgender resource Centre.The students of Madurai institute of social sciences.The program was conducted by HRD Hall. The welcome address was given by the dr. p. Jayakumar the principal of MISS. The resource person was Ms. Priya babu (Managing Trustee) of transgender resource Centre, the resource person gave introduction of the program and about breaking barriers for transgender advocating rights and equality for students. A brief knowledge was given to the students ofMISS about their struggles, problems and physical and biological issues.

Vote of thanks was given by Mrs. Raja Lakshmi mam (Assistant Professor) about the program.

APPENDIX:



Tranz News

Vol. 01

5 Jan 2023

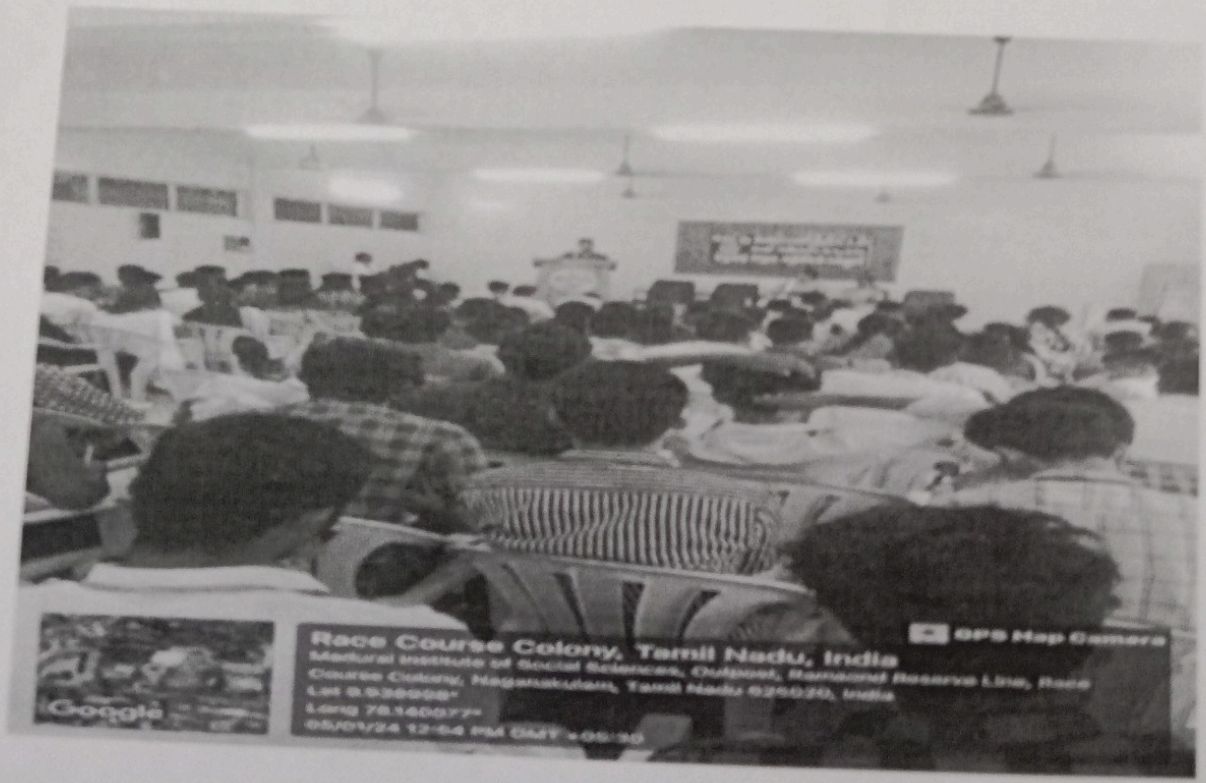
MS. PRIYA BABU WAS HONOURED



Madurai Institute Of Social Sciences

Ms. Priyababu, Managing Trustee of Transgender Resource Center, Madurai was honoured in Madurai Institute Of Social Sciences College

trc_mdu Trans Resource Center TranzMedia



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CONCURRENT FIELD WORK
OUTREACH REPORT
Transgender Resource Centre

06/03/2024

SUBMITTED TO

FIELD WORK COMMITEE

SUBMITTED BY

S.Prem kumar
21BSW23

OUTREACH REPORT

Name of the Trainee	: S.Prem Kumar
Name of the Co – Trainee	: P.Vijayasarathi
Name of Field Work Agency	: Transgender Resource Centre
Field Work Agency Coordinator	: Mrs. Shalini (Project Manager)
Name of the field work supervisor	: Mrs.Meenaloshini
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Training program for Transgender about SHG Book Keeping and Record Maintance

Date	: 25\01\202
Time	: 10:00 am to 12:00pm
Venue	: East Mandalam, Munichalai
Topic of the program	: Training on "SHG Book Keeping And Record Maintenance"
Resource Person	: Mr. Vinoth Kumar (Block Executive Officer)
Organiser	: P.Vijayasarathi and S.Prem kumar
Targeted population or Beneficiaries	: Transwomen
Budget	: NIL

About the program:

The trainee organized the outreach program in Madurai East Mandalam to create awareness and emphasis the importance of the SHG Book Keeping and Record Maintenance for Transwomen. The trainee explained about the beneficiaries and future uses of being a Self Help Group Member. The Resource person (Mr. Vinoth Kumar) facilitate the Transwomen about the account holding, meeting procedures, loan eligibility and all other aspects of SHG

Outcome of the program:

- The Transwomen learned about the SHG Book Keeping Meeting and Record Maintenance.
- The Transwomen learned about the benefits of being a SHG member.
- The Transwomen learned about the loans and schemes to get fund in the way of Government.
- The Participants learned about the records maintenance to add members for their group to get them as welfare.

Significant Outcome:

- The trainee acquired the skill of organizing the participants and make them to be involved and interactive.
- The trainee learned about the organizing, planning, communication, promoting, and interacting with community people
- The trainee learned about the benefits for Tran's genders SHG welfare program.

Summary of the programme:

The SHG Book Keeping awareness program for transwomen to being a member of SHG to get the welfares from the government. It makes to create the saving habits among the transgender. The transwomen are able to get the benefits of housing loans, business loans and individual loans from the SHG groups.

Appendix:



CONCLUSION:

The trainee organized the outreach program in the transgender community to make them as social welfare and independents. The transgender are learned about the benefits and beneficiareis through this program.

06/03/24

SIGNATURE OF THE SUPERVISOR

S.Bremkumar

SIGNATURE OF THE TRAINEE

S.Prem kumar

21BSW21

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CONCURRENT FIELD WORK– 2023
OUTREACH REPORT
NEW CREATIONS TRUST

SUBMITTED TO
Field work Committee

SUBMITTED BY
M. danush pandi

OUTREACH PROGRAM

Awareness about mental health for community people in Thiruvathur colony, Madurai,

Date	: 15/02/2024
Time	: 03:45 Pm to 4:50 Pm
Venue	: illangipatti, Madurai,
Topic of the program	: Awareness about PCVC's National Domestic Violence for the rural people.
Organiser	: Mr. danush pandi
Targeted population or Beneficiaries	: Rural People

Outcome of the program:

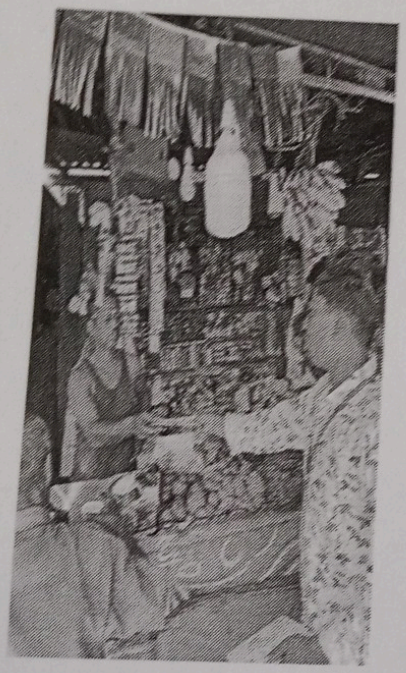
- ✓ The people get knowledge about women experiencing domestic violence.
- ✓ The goal of the program is to introduce people to PCVC's National Domestic Violence.
- ✓ The PCVC also provides emergency services and long-term rehabilitation services to women who experience violence

Significant outcome:

- ✓ The awareness program give more knowledge about Domestic violence and crisis.
- ✓ The Help and information on leaving, family counselling, individual counselling, help to contact legal and medical services and specialist services for children are readily available.
- ✓ The International Center for Crime Prevention and Victim Welfare (PCVC) was started in 2001 in Chennai, Tamil Nadu. Our mission is to provide a range of services to support women affected by domestic violence or other intimate partner violence..

Summary of the program

The trainee Mr. M. danush pandi and the co - trainee Mr. santha prakash organized the community program to the rural people to give awareness about the pcvc's national domestic violence Mr. A. santha prakash Welcomed the gathering. The trainee M. daunsh pandi explained about the pcvc's national domestic violence and also provided awareness about non-judgmental support to explore the available options. And the trainee provided pamphlet to rural people. And that followed by the vote thanks which was given M.danush pandi .





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CONCURRENT FIELD WORK– 2023
OUTREACH REPORT
NEW CREATIONS TRUST

SUBMITTED TO
Field work Committee

SUBMITTED BY
M. danush pandi

OUTREACH PROGRAM

Awareness about mental health for community people in Thiruvathur colony, Madurai,

Date	: 12/02/2024
Time	: 02:45 Pm to 3:50 Pm
Venue	: Thiruvathur colony, Madurai,
Topic of the program	: Awareness about Mental health for the community people.
Organiser	: Mr. Danush pandi.M
Targeted population or Beneficiaries	: Community People
Budget	: 120

Outcome of the program:

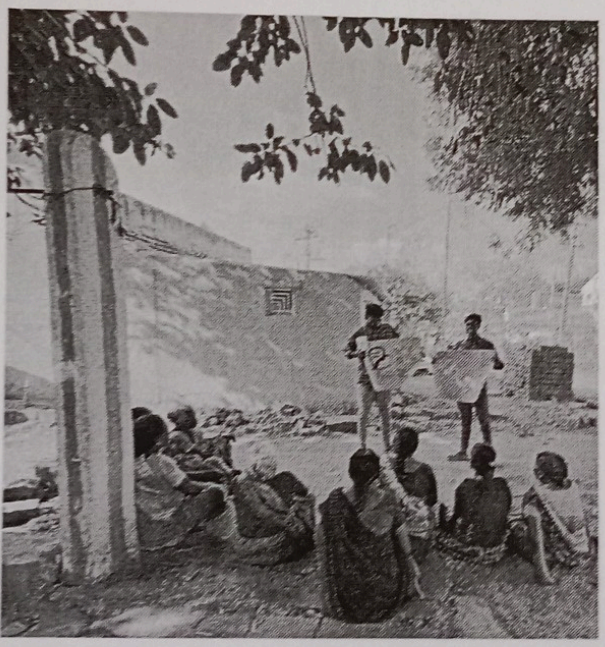
- ✓ The mental health is important at every stage of life, from childhood and adolescence through adulthood.
- ✓ The people get knowledge about what is mental health.
- ✓ The trainee oriented about the overall well – being of community members to promote mental health and resilience.

Significant outcome:

- ✓ The mental health awareness is the ongoing effort to reduce the stigma around mental illness and mental health condition by sharing our personal experiences .
- ✓ The mental health includes our emotional, psychological, and social well-being .It affects how we think, feel, and act .
- ✓ The program fostered a sense of community and encouraged people to come together, share experiences and provide mental support.

Summary of the program

The trainee Mr. M. danush pandi and the co - trainee Mr.santha prakash organized the community program to the rural people to give awareness about the mental health. M.danush pandi Welcomed the gathering. The trainee Mr. santha paraksh explained about what is mental health. The trainee A. Santha Prakash provided awareness to connect individuals with mental health services, support and equipped normal people with effective coping strategies to manage stress and to improve over all mental well – being Followed by vote of thanks given by co - trainee Mr. santha prakash . At the end of the awareness program the rural were provided snacks.







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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Vazhndhun Kattuvom project

Submitted to

The Field Work Committee

Submitted by

A.Syed Malick

(21BSW27)

OUTREACH REPORT

Name of the Trainee : A.Syed Malick

Name of the Co-Trainee : S.Athithya

Name of the Field work Agency : Vazhndhun Kattuvom project

Name of the Agency supervisor : Mr.Baskaran

Name of the Field Work Supervisor : Mrs.Margret Sherly
Assistant professor,
Department of Social Work

No.of Field Work Assigned : 15

No.of Field Work absent : NIL

No.of Special visit : 1

Submission of plan of action : YES

Learning presentation& Experience : YES

OUTREACH PROGRAM:

PG groups,

Thirunagar,

Madurai-5

Date	: 02/01/24
Time	: 1:30Am to 4:00 Pm
Venue	: Thirunagar,Madurai.
Topic of the Program	: Awareness about PG groups (producer groups)
Organiser	: Mr.A.Syed Malick and S.Athithya
Targeted Population	: 30members
Budget	: NIL

Outcome of the Program:

- The People of thirunagar3rd and 4th stop hasan knowledge about producer group (PG).
- They had an idea about the producer groups also motivated them to involve to experience as an entrepreneur.
- Both the Trainee gave Orientation about the particular commodity, together for aggregation, productivity enhancement, and other collective actions.
- The Awareness program by the both trainees is to have a self employment and entrepreneur.
- All the people of Thirunagar3rd and 4th stop having a basic knowledge about the procedure group.

Summary of the Programme:

The Awareness program was conducted in Thirunagar at Madurai. And both the Trainee Mr.A.syed Malick and Mr.S.Athithya were gave awareness about the producer groups , productivity enhancement, and other collective actions. And both Trainee has explained about there is an opportunity for realise better income for the economical improvement. Also input the process of cultivation, aggregation, value addition and marketing of farm commodities and Non-Farm sector.

Appendix:





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6TH SEMESTER CONCURRENT FIELD WORKMARCH- 2024

EVALUATION REPORT

Submitted to

Field work committee

25/3/24

Submitted by

L.Karuppusamy (21BSW28)

MADURAI INSTITUTE OF SOCIALLY SCIENCES

MASTER OF SOCIAL WORK

Fieldwork report submitted to the field work committee

For appearing Viva-Voce Examination

Name of the Trainee	: L.Karuppusamy
Name of the Co-trainee	: Theivarani
Name of the Field Work Supervisor	: ms.A. market sherly professor Department of Social Work Madurai Institute of social sciences
Name of the Agency	: Bro siga social service guild
Address of the Agency	: Bro siga social service guild Anna bustand sathamangalam, Madurai
Name of the agency supervisor	: Ms. Rubee maries
No. of days of fieldwork	: 15days
No. of days attended	: 15days
No. of days of leave	: Nil
No. of days of Special Visits	: Nil

BRO SIGA

Brosiga started 1988in chennai .. Now organization working only for Female Sex Workers (FSW) project of TANSACS for preventing HIV, AIDS, STI.

Learning outcomes:

1. Trainee had learnt about the Bro siga
    - History
    - Vision
    - Mission
    - Objectives
    - Structure
2. Trainee learnt about Tamilnadu State AIDS Control Society (TANSACS)
3. Trainee learnt about TANSACS- Target Intervention projects (FSW, TG,)
4. Trainee learnt about HIV /AIDS
    - Causes
    - Symptoms
    - Transmissions
    - Myths
    - Preventions
5. Trainee learnt about Tuberculosis (TB)- Causes, Symptoms and prevention
6. Trainee learnt about the problem faced by Female Sex Worker (FSW)
7. Trainee learnt about
    - HIV- Human immunodeficiency virus
    - AIDS- acquired immune deficiency syndrome
    - STI- Sexually transmitted infections
8. Trainee learnt about care and support for People Living with HIV (PLHIV)
9. Trainee learnt about role of ART (Antiretroviral therapy) Centre
10. Trainee learnt about problem faced by People living with HIV (PLHIV).

11. Trainee learnt about roles of Integrated Counselling &Testing Centre (ICTC)
12. Trainee learnt about types of HIV Counselling
    - Pre-test counselling
    - Post-test counselling
    - Follow up counselling
13. Trainee learnt about importance of HIV Counselling
14. Trainee learnt about female sex workers and their problems
15. Trainee learnt about types of female sex workers – (street based, mobile based, lodge based, home based, brathel based)
16. Trainee had learnt about the different types of STI's
    - Causes
    - Symptoms
    - Prevention
17. Trainee had learnt about the scope of social worker in HIV field.

SCOPE OF LEARNING OPPORTUNITIES IN THE AGENCY :

- In Bro siga project manager and counsellor also graduate in Bachelor of Social work.

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CONCURRENT FIELD WORK- 2023-2024

Out Reach Report

Child Welfare Committee

Submitted to

The Field Work Committee

Submitted by

C.Prithivi Rajan

(21BSW31)

OUTREACH REPORT

Name of the Trainee	: C.PrithiviRajan
Name of the Co-Trainee	: R.Hari Haran
Name of the Field work Agency.	: Child Welfare Committee (Commissioner Office)
Name of the Agency supervisor	: Mr.VetriVenthan (Assistant Commissioner of police)
Name of the Field Work Supervisor	: Mrs.Margret sherly mam Assistant professor, Department of Social Work
No.of Field Work Assigned	: 15
No.of Field Work absent	: NIL
No.of Special visit	: 0
Submission of plan of action	: YES
Learning presentation& Experience	: YES

OUTREACH PROGRAM :

SethupathiPandidurai Higher Secondary School,Ponnagaram.

Mangayarkarasi School , potruthoppu.

Date	: 18/01/24
Time	: 11.30am to 2pm and 3pm to 5:30pm
Venue	: SethupathiPandidurai School and Mangayarkarasi school
Topic of the Program	: Awareness about Drug abuse, Child abuse and Mobile usage.
Organiser	: C.PrithiviRajan and R.Hari Haran
Targeted Population	: School students of Pandidurai and Mangayarkarasi school.
Budget	: NIL

Outcome of the Program:

- The children in the school got knowledge about effects of drug usage.
- The children's got knowledge on Child abuses and steps to resilient it.
- Also the children had knowledge on effective usage of mobile phone without interfere in any of the crimes.
- Also the children are able to understand the Vehicle driving without license.
- The core outcome of the program is to give more knowledge about the Child rights, Drug abuses, Child Marriage, Child abuse.

Summary of the Programme:

The Awareness program was conducted inSethupathiPandidurai Higher Secondary school andMangayarkarasi School.The resource person of the program was Mr.Thangaraj (Sub-Inspector of Police), Mrs.Jaya mam (SI) and Constable Karthick sir. The speech was given to 9th to 12th students of Pandidurai school and 6th to 9th students of Mangayarkarasi school. The trainees organised the outreach program and gave out of thanks in the two programs.

Sethupathipandidurai Higher secondary school





Mangayarkarasi Middle School





29/1/24

Signature of the Fieldwork Supervisor

Signature of the Trainee

M.Margret Sherly

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CONCURRENT FIELD WORK– 2024

OUTREACH REPORT

THIYAGAM WOMEN'S TRUST

7/2/24

SUBMITTED TO

The Field Work Commitee

SUBMITTED BY

S.HARITHANANDHINI

(21BSW32)

OUTREACH REPORT

Name of the Trainee : S.harithanandhini

Name of the Co-Trainee : M.priscilla

Name of the Field work Agency : Thiyagam women's trust

Name of Agency Supervisor : Ms.Amuthashathy.

Name of the Field work supervisor : Mrs .J.ARULMOZHI,
Assistant Professor, Department of Social work.

No. of Field work assigned : 15 Visits

No. of the Field work absent : Nil

No. of Special visit : 2 Visits

Submission of Plan of Action : Yes

Presentation learning & Experience : Yes

OUTREACH REPORT

Game & event for physical changelled people & mental Retardationdisability women's in basic ari work At, Thiyagam women trust stay home nagamalaiputhukoottai.

Date :05/01/24

Time : 10;00 Am to 3.00 Pm

Venue :Thiyagam women trust

Organiser : Ms.S.harithanandhini&Ms.M.priscilla

Topic of the program:pongal event celcebration

Targeted Population : Thiyagam women trust disability women's

Budget : NIL

Outcome of the Program:

- The women's are learnt about the ariwork .
- The trainee are conduced the game for the disablitiy women for the pongal celebration they are enjoyed the grames.
- Both the Trainee gave Orientation about the about the ari work to the women's.
- The traine are gave gift for the women those are win the games

Summary of the Programme:The pongalcelabration programwas conducted in Thiyagam women trust stay home Nagamalaiputhukoottai. And both the Trainee Ms. S.Harithanandhini. and Ms.M.Prisicilla were gave planed the games for the women's and ari work basic the disability women lernt about the ari work they are enjoyed the pongalcelabration in the celabration those are won the grame price and gfit will be gave the Thiyagam women trust superivor, the disability women's present in Thiyagam stay home from the 30 to 50 member were the Beneficiary of the Program. The women's were active participated inthepongalcelabration program. Finally, the vote of Thanks was given by Training in the Thiyagam women trust Agency.

Appendix









J. Arul M
7/2/24

The field work Superivor

MRS.J.ARULMOZHI

S. Harithanandhini

Summitee by

S.Harithanandhini

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No, 9 Alagar kovil road, Madurai 625002

CONCURRENT FIELD WORK - 2023

OUTREACH REPORT

THIYAGAM WOMEN TRUST

S. Aulin
5/1/24

SUBMITTED TO

FIELD WORK AGENCY SUPERVISOR

SUBMITTED BY

S.HARITHANANDHINI

(21BSW32)

OUTREACH REPORT

Name of the Trainee	:S.Harithanandhini.
Name of the Co – Trainee	: M.priscilla
Name of Field Work Agency	: THIYAGAM WOMEN TRUST
Field Work Agency supervisor	: Ms. AMUTHASHANTHIY Incharge of thiyagam women trust
Name of the field work supervisor	: Mrs. Arulmozhi, Assistant professor, Department of Social Work
No of field work Assigned	: 15
No of field work Absent	: Nil
No of special visit	: 2
Total no of actual working Days	: 15
Submission of plan of Action	: Yes
Presentation on Learning &Experience	: Yes

OUTREACH PROGRAM

Village Awareness

Village school (student), SOWDARPATTI

Date : 2/01/2024

Time : 11:00 Am to 12:00 Noon

Venue : village tuitition centre student

Topic of the program : childline.

Organizers : Miss M.priscilla & Miss. Harithanandhini.

Targeted population or Beneficiaries : school student

ABOUT THE PROGRAM;

- ✓ The program will organized with the help tuition centre admin miss AKILA superving nearly 50 number of student in SOWDARPATTI the program tpoic about the childline welcome address Miss priscilla & Miss. Harithanandhini gave awareness and about childline objectice and functions childrer

abuse childline number child trafficking , child production issues ,runaway children,childline number 1098 ParaliNARASINGAM village tuition centre student.

- ○ provide to the benefits for student. Finally the end of the session/Program Miss. Harithanandhini gav vote of thanks for all.

Outcome of the program:

- ✓ The student learnt about the about the childline.
- ✓ The student get knowledge about childline
- ✓ The students gave orientation about childline.
- ✓ objective and functions..
- ✓ Childline number, child missing , child trafficking , child protection issues.

Summary of the program:

- ✓ The childline related awareness program at village school student thiyagam trust. The students Miss priscilla & Miss. Harithanandhini gave awareness and about child line objective and functios , SOWDARPATTI village tuition centre. Miss priscilla gave welcome address and oriented about childline
- ✓ provide to the benefits for farmers. Finally the end of the session/Program Miss. Harithanandhini gave vote of thanks for all.

Appendix:





TUITION STUDENT



Signature of the supervisor

Signature of the trainee

1

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COMMUNITY INTERVENTION PROGRAM REPORT

SUBMITTED TO,
THE FIELDWORK COMMITTEE
KILBART

SUBMITTED BY,
A. AROCKIA KELVIN

23MSWSHR14

Title	**: Awareness Program on Self employment Opportunities and about RUDSETI**
Resource Person	**: Mr. Malaisamy, Faculty, RUDSETI, Madurai**
Date	**: 19.02.2024**
Time	**: 10:30am to 12:00pm**
Venue	**: Vaagaikulam, Madurai**
Target Population	**: AGE - 18-45, Women**
Number of Beneficiaries	**: 25**
Program Organiser	**:Arockia kelvin kilbart. A(23MSWSHR14)** **Varsha. S(23MSWSHR01)**
Fieldwork Supervisor	**:Mrs. R. Rajalakshmi, Asst Professor, Dept. of Social Work,Madurai Insitute of Social Sciences**

Introduction:

The fieldwork trainee from Madurai Institute of Social Sciences PG & Research Department of Social Work, Master of Social Work, student Mr. **A. Arockia kelvin kilbart (23MSWSHR14)** and **Ms. Varsha. (23MSWSHR01)**organised the awareness program on Self-employment opportunities and about RUDSETI. Trainee invited resource person from RUDSET, Faculty, **Mr. Malaisamy**. The beneficiaries are 18-45, women. The program duration time is one and half hours. Resource person shared brief explanation about self- employment opportunities and about RUDSETI. The term “self-employment” means that someone earns money by working for themselves. In other words, its

like being a one-person business. Rural development and self-employment (RUDSET), a unique effort aimed at reducing unemployment, was launched in 1982. Its objective is to Identify, orient, motivate, train and assist the rural youth to take up self-employment/wage employment ventures as an alternative career.

NEED:

With growing unemployment and lack of adequate job opportunities, to help the rural people to employ themselves in business and earn one's livelihood. In addition to this, to create awareness about the Functions and services rendered by RUDSET.

Aim:

- The Aim is to organize and conduct an awareness program about "Self-employment opportunities and about RUDSETI" for the rural people residing in Vaagaikulam.

Objective:

- To develop confidence in unemployed youth
- To promote rural entrepreneurship
- To enhance effectiveness of poverty alleviation and self-employment schemes.
- To let the community know about RUDSETI and its function
- To Identify, orient, motivate, train and assist the rural youth to take up self-employment/wage employment ventures as an alternative career.
- To learn how to organize a community for its promotion and progress.

METHODOLOGY:

- Trainee practiced mobilizing and organizing skills, adopting the community organization method from social work practice. Also used communication principles to effectively brief about the topic.

- Resource person interacted with women and clarified the questions from their side.

- Educated about Self-employment opportunities and explained about the services provided by RUDSET.

FIELD EXPERIENCE:

- Through the observation, the trainee came to know that many people who are residing in this respective place were going for a very low-income wage employment

- The trainee found it little bit difficult to organize the community as it was their first time.

.

- The trainee got immense support from RUDSET and was able to successfully organize the program.

- The trainee understood the process of a community organization such as identifying their needs and collectively resolve them.

OUTCOME OF THE PROGRAM:

- The outcome of the program is that the rural based women gained knowledge about self- employment and the dynamic functions, scope of RUDSETI.

FEEDBACK:

- Participants gained knowledge on an essential and timely topic.
- The participants wanted more such Training program which are being conducted by RUDSETI for their community.
- The participants were thankful for the awareness program.

CONCLUSION:

Community-based interventions refer to programs and initiatives that aim to improve the well-being of specific population groups within a defined local community. The trainee gained knowledge of community organization dynamics, including how to handle social issues and unmet human needs. The program was a new experience for the trainee.

APPENDIX:

- Programme invitation
- Photo Gallery

PROGRAM INVITATION:



PHOTO GALLERY:







2

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Madurai - 625 002

SPECIAL PROGRAMME REPORT
In Collaboration with

PRIMARY HEALTH CENTRE, KALLANDIRI

Submitted to

Dr. S.Joyce jeyarani

Submitted by

M.soundarya

23MSWAHR09

PROGRAM REPORT

PROGRAM

Title: Oral hygiene practices among primary school students

Theme: Awareness on “Oral hygiene”

Resource Person: Dr.S.Nithyanadan, BDS

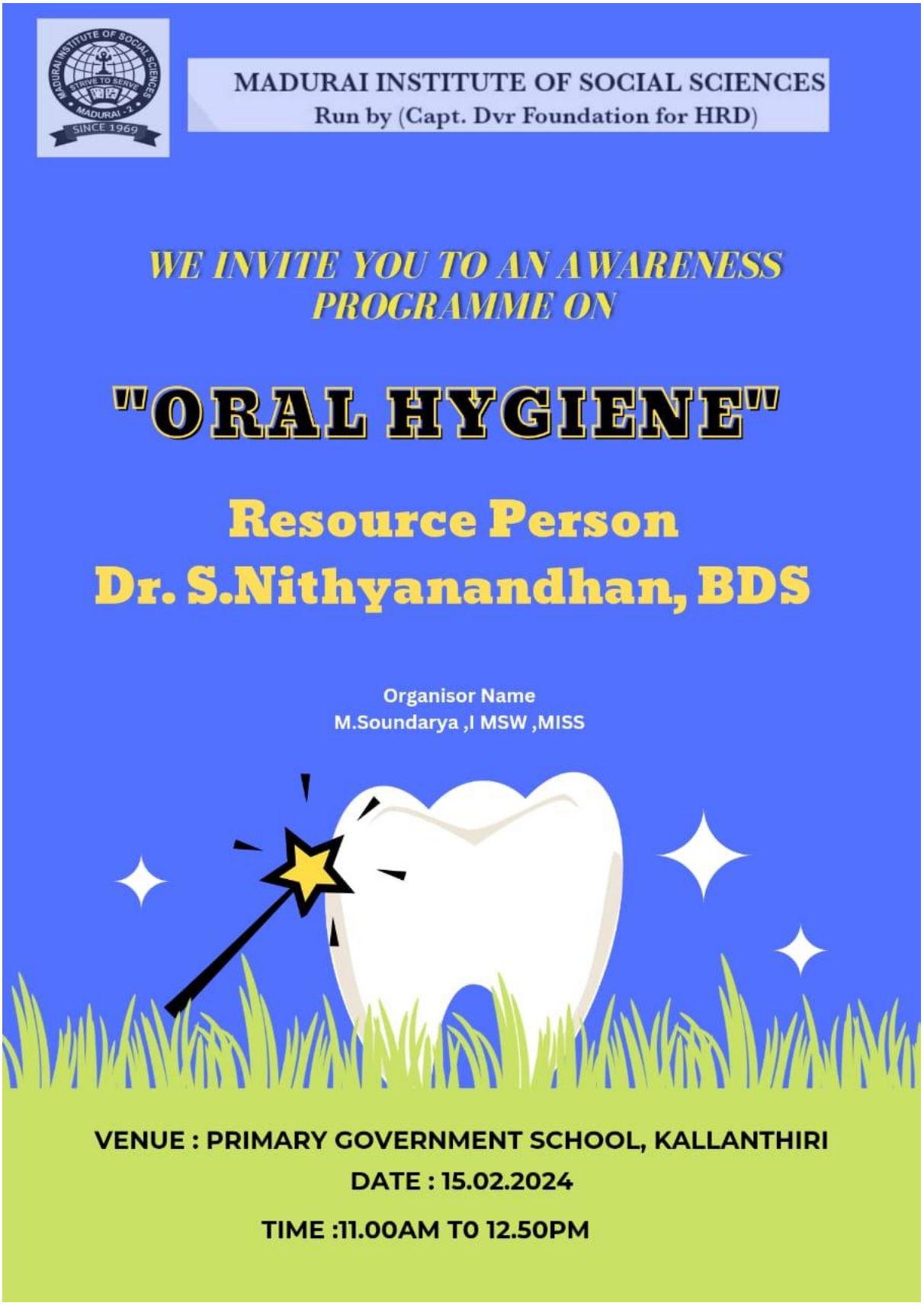
Date: 15/02/2022

Time: 11:00 am - 1:10 pm

Venue: Primary government school, kallandhiri

Target Population: 5 to 11year students

No. of Participants: 48 participants



Awareness on oral hygiene program
Under the collaboration of PHC kallandhiri

I.INTRODUCTION

In order to promote good oral hygiene practices, the trainees planned a program on February 15, 2024, at the primary government school in Kallandhiri, there were higher rate of cavities and other dental disorders among the students awareness programme was implemented in order to enhance participants' understanding and awareness of hygiene practices. There were about 40 to 50 participants from the classes of 1to 5.

II.OBJECTIVES

- **Promoting Oral Health Awareness**: Educating students about the importance of oral hygiene, including brushing techniques, flossing, and regular dental check-ups, to instill lifelong oral health habits.
- **Promoting Access to Dental Care:** Providing information a dental services provided at PHC, to ensure access to essential oral healthcare services
- **Preventing Dental Diseases**: Teaching students about the causes and prevention of common dental diseases such as cavities, gum disease, and tooth decay, to reduce the prevalence of oral health problems in the community.

III.METHODOLOGY

- Lecture
- Demonstrations
- Q&a sessions
- Real life examples
- Awareness
- Feedback

AIM

The aim is to educate primary school students in rural areas about oral hygiene practices, prevent dental diseases by raising awareness, and empower students to take responsibility for their oral health.

TARGET POPULATION

The trainee focused on the age group of 5 to 11 year students

A DETAILED NOTE ON THE PLAN

After reaching at Kallandhiri Primary Government School, the trainee interacted with HM Mrs. Karthiga and obtained approval for conducting the awareness program in classes one to five. The trainee then requested the Dr. Nazeema rani , MBBS ,block medical officer at PhC Kalladhiri for

permission to recommend denists for the awareness program. The trainee met Dr. Nithyanadhan, the resource person for the awareness program held in the primary government school on February 15.

THE RESOURCE PERSON FOR THE PROGRAM

- ✓ Dr. Nithyandhan , BDS, dentist at PHC Kallandhiri
- ✓ Mrs. Karthiga ,HM at primary government school
- ✓ Mrs.Ruby , Dental staff nurse

IV CHALLEGES

It was challenging for the trainee to hold their interest while speaking, and to get them to listen.

V OUTCOME OF THE PROGRAM

Dr. Nithyanadhan's intervention allowed the trainee to raise awareness of the importance of good dental hygiene. A student performed the role play, outlining the proper technique for brushing teeth. For an easy-to-understand presentation of dental hygiene, charts were used. The session covered a lot of ground level, including how to brush and do’s and don’ts.

VI CONCLUSION

The program concluded at 12:50 p.m., and plenty of students provided session feedback. The program was executed effectively with the help of
Dr. Nithyanadhan. and Mrs. Ruby Lastly, the trainee expressed gratitude to the school administration for granting permission in the vote of thanks**.**

VII PHOTOS


GPS Map Camera
Kallandhiri, Tamil Nadu, India
Kallandhiri Bus Stop, Alagar Kovil Main Rd, Kallandhiri, Tamil Nadu 625301, India
Lat 10.037267°
Long 78.198438°
15/02/24 11:22 AM GMT +05:30
Google


GPS Map Camera
Kallandhiri, Tamil Nadu, India
Kallandhiri Bus Stop, Alagar Kovil Main Rd, Kallandhiri, Tamil Nadu 625301, India
Lat 10.037221°
Long 78.198474°
15/02/24 11:13 AM GMT +05:30
Google


GPS Map Camera
Kallandhiri, Tamil Nadu, India
Kallandhiri Bus Stop, Alagar Kovil Main Rd, Kallandhiri, Tamil Nadu 625301, India
Lat 10.03731°
Long 78.198501°
15/02/24 11:18 AM GMT +05:30
Google

3

MADURAI INSTITUTE OF SOCIAL SCIENCES
In Collaboration with
ST.JOESPH BLIND SCHOOL, PARAVAI
Organized
Awareness on healthy food habits for visually impaired students

Awareness on healthy food habits for visually impaired students

Submitted to **Submitted by**
The Fieldwork Supervisor S . HAR ISUNDARAVARSHAN 23MSWSMP05

MADURAI INSTITUTE OF SOCIAL SCIENCES

IN COLLABORATION WITH

ST.JOESPH BLIND SCHOOL, PARAVAI

Awareness on healthy food habits for visually impaired students

FEB

TUESDAY 20 AT 3.00 PM

2024

VENUE: ST.JOESPH BLIND SCHOOL PARAVAI, MADURAI

ORGANISED BY :
S. HARI SUNDARAVARSHAN -I MSW

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the programme **:** Awareness on healthy food habits for visually impaired students

Resource person **:** Rev.sis.. Bakya mary principal (ST.Joesph blind school, Paravai)

Date : 20.2.2024

Time : 3.00 PM

Venue : ST.Joesph blind school, Paravai

Target population : students (visually impaired)
No. Of Beneficiaries 35

INTRODUCTION:

On 20th February 2024 S. Hari sundaravarshan the field work trainee of the Madurai Institute of Social Sciences has organized and conducted "Awareness about the healthy food habits for visually impaired students in st.Joesph blind school, Paravai from 3.00pm- 4.00 pm with the permission of Rev.sis. Bakya mary principal (ST.Joesph blind school, Paravai)

METHODOLOGY:

Aim

To organize and conduct Awareness on the healthy food habits for visually impaired students in st.Joesph blind school, Paravai.

Objectives

- To provide knowledge about the essential of minerals and vitamins, highlighting their vital role in supporting bodily function.
- To raise awareness about the effects of consuming junk food.
- To empower the students with the knowledge necessary for making healthier food choices.

Target Population

Target population of this programme was school students in ST.Joesph blind school, Paravai ,25 students were participated in this programme.

Field experience:

Implementing programme on healthy food habits, students demonstrated high levels of engagement and enthusiasm towards learning about healthy habits and identifying nutritious options in daily day life. Students were aware about the impact of consuming junk food and empowering individuals to make positive changes in their diets for long-term health and well being.

Outcome:

The trainee conducts an awareness programme for visually impaired children, emphasizing the importance of nutrition and mineral such vitamin A, vitamin B, vitamin B12 and C for optimal health and well-being. programme led students to increased knowledge in healthy eating resulting in positive behavioral changes.

- **A detailed note on Budgeting : Nil**

- **Challenges encountered: Nil**.

GEO TAGGED PHOTO:



V. CONCLUSION

The programme successfully achieved objectives of educating visually impaired students about nutrition and healthy eating habits. The programme was end up in the time of 4.00 pm Mr.Hari sundravarshan gave vote of thanks to the Rev.sis.. Bakya mary principal (ST.Joesph blind school, Paravai) for providing the permission to conduct the programme behalf of Madurai Institute of social sciences college.

Signature of the field work supervisor **Signature of the trainee**
S. Hari sundaravarshan

4

MADURAI INSTITUTE OF SOCIAL SCIENCES

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No 9, Alagar koil road,Madurai

NATIONAL SERVICE SCHEME
UNIT NO 104-229

Organised by
K.Karthick kumar & S.Lisanthini

In Associated with

DEPARTMENT OF CYBER CRIME

Conducts awareness program on

DIGITAL DEFENCES



Resources person
Mr.Karupaiya
Additional Superintendent of police
Cyber Crime Department
Madurai District
V.Dharmar
Inspector of police
Cyber crime department
Madurai District
Tr.Vijayabaskaran
Sub inspector of police
Cyber crime department





ON 23TH FEBRUARY 2024 AT 10:00 AM
VENUE -MARAVARPATTI VILLAGE COMMUNITY HALL , MADURAI

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the program: Digital Defences

Resource Person:	Mr.Karupaiya (Additional Superintendent of police) V.Dharmar (Inspector)
Date:	
Time:	11:00 AM to 1:30 PM
Venue:	Maravapatti Village Community Hall
Target population:	NSS Student
No. of. Beneficiaries:	60

Introduction

On January 10th, Mr. K. Karthik Kumar organized an extensive program focusing on Digital Defence for the National Service Scheme (NSS) students at the Maravapatti Village Community Hall, under the auspices of the Madurai Institute of Social Science. The distinguished resource persons for the event were Mr. Karupaiya, (Additional Superintendent of Police), and Mr. V. Dharmar, (Inspector), both eminent figures from the Cyber Crime department.

Methodology

The aim of conducting the awareness program for NSS students on digital defense is to empower them with the knowledge and skills to recognize, prevent, and effectively respond to digital offenses. By organizing this awareness program, participants are educated about various aspects of digital safety, including cyber threats, online privacy, and security measures. Through interactive sessions, presentations, and real-life examples, students are equipped with practical strategies to safeguard themselves and their communities against digital crimes. Additionally, the program aims to instil a sense of responsibility and awareness among the students regarding their online behaviour and the potential risks associated with digital platforms. Ultimately, the goal is to create a digitally literate and resilient community capable of navigating the digital landscape safely and confidently.

Aim

1. Educate participants about various digital threats and vulnerabilities.
2. Empower participants with knowledge and skills to protect themselves against cybercrimes.
3. Raise awareness about common online risks such as identity theft, phishing scams, malware, and cyberbullying.
4. Provide practical strategies and best practices for enhancing digital security.
5. Increase understanding of proactive measures to mitigate digital risks.
6. Reduce the incidence of digital attacks by promoting awareness and preparedness.
7. Ensure participants can navigate the digital landscape safely and confidently.

Target Population

Target population of the program are NSS students of Madurai Institute of Social Sciences.

Field Experience

The trainee gained valuable experience as a program organizer by conducting a session on digital defence for NSS students. This opportunity allowed them to develop skills in event planning and coordination while addressing a crucial topic. Having a resource person from the cybercrime department added credibility and expertise to the program, ensuring students received relevant and reliable information about digital threats and defences. Overall, organizing the program for NSS students with the support of a cybercrime department expert provided the trainee with a meaningful learning experience and contributed to the students' awareness of cybersecurity issues.

A detailed note on Budgeting: NIL

Challenges encountered: NIL

OUTCOME OF THE PROGRAMME:

1. Increased awareness among participants about common digital threats and vulnerabilities.

2. Improved understanding of best practices for protecting personal information online.

3. Enhanced knowledge about cybercrime prevention strategies and techniques.

4. Empowerment of participants to recognize and respond effectively to phishing scams and other online frauds.

5. Greater awareness of the importance of strong passwords and secure login methods.

6. Improved ability to identify and avoid malicious software and malware.

7. Strengthened understanding of privacy settings and controls on social media platforms and other online services.

8. Increased confidence in navigating the digital landscape safely and securely.

9. Formation of a supportive community where participants can share knowledge and resources related to digital defence.

10. Potential reduction in the incidence of cybercrimes and online fraud within the participant community.

11. Establishment of ongoing education and support networks for continued learning and information sharing about digital defence.

Conclusion

The awareness program on digital defence led by the social worker and supported by the Additional Superintendent of Police was a resounding success. Through this initiative, NSS students were equipped with essential knowledge and skills to navigate the digital world safely and securely. The collaboration with law enforcement added credibility and expertise to the program, ensuring participants received valuable insights into cybercrime prevention and response strategies.

By engaging with the resource person from the police department, students gained a deeper understanding of the gravity of digital threats and the importance of proactive defence measures. The program fostered a sense of empowerment among participants, enabling them to recognize, prevent, and respond effectively to various online risks such as phishing scams, identity theft, and malware attacks.

Furthermore, the initiative not only raised awareness but also laid the foundation for ongoing education and support in digital defence within the NSS student community. Through continued collaboration and knowledge-sharing, participants are better prepared to safeguard themselves and their peers against cybercrimes, ultimately contributing to a safer and more secure digital environment for all.

Signature of the field work supervisor **Signature of the trainee**

Photos



Preparation for the program





The resource person was honoured by trainee of Madurai Institute of Social Sciences



5

MADURAI INSTITUTE OF SOCIAL SCIENCES In Collaboration with

Awareness programme on HIV/AIDS symptoms and prevention for women engaged in sexual activity

Submitted to

The Fieldwork Supervisor

Submitted by

T. RAKESH

MADURAI INSTITUTE OF SOCIAL SCIENCES

COLLABORATE WITH
PEOPLE'S ASSOCIATION FOR
COMMUNITY HEALTH EDUCATION
TRUST (PACHE TRUST

"AWARENESS PROGRAMME ON HIV/AIDS SYMPTOMS AND PREVENTION FOR WOMEN ENGAGED IN SEXUAL ACTIVITY

Resource person: Mr. Joshva (counsellor)
PACHE Trust

TIME : 5.00 PM

DATE: 15.2.2024

VENUE: ANAIYUR

ORGANISED BY

T.RAKESH (MSW-I)

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the programme : Awareness programme on hiv/aids symptoms and prevention for women engaged in commercial sex work.

Resource Person : Mr. Joshva (counsellor) PACHE TRUST

Date: : 15.02.2024

Time: :5.00 PM

Venue: : ANAIYUR (CEYLON COLONY)

Target population 35

INTRODUCTION:

On 15th February 2024 T.Rakesh the field work trainee of the Madurai Institute of Social Sciences has organized and conducted "Awareness about the symptoms of HIV/AIDS and Prevention is crucial for their health and the well-being of the `Women engaged in sexual activity. For trafficked women in PACHE TRUST at ANAIYUR from 5.00 pm to 6.00 pm with the permission of MR. Joshva counsellor of PACHE TRUST.

METHODOLOGY:

- **Aim:**

To organize and conduct "Awarenss programme on HIV/AIDS symptoms and prevention women engaged in sexual activity "

Objectives:

- To educate trafficked victim about HIV/AIDS prevention method including regular testing
- To create awareness about the symptoms of HIV/AIDS

- ❖ Aim to reduce transmission, improve health outcomes, and promote safer practices

Target Population:

Target population of this programme was women in pache trust who engaged in commercial sex activity and there are 25 women's were participated in this programme.

Field experience:

Trainee have learned that to establish and conduct non-judgmental awareness session. Trainee building rapport with women engaged in commercial sex worker is essential for effective HIV/AIDS prevention awareness programme. Providing opportunities for interactive learning, such as interaction Q&A session to address specific concerns.

- A detailed note on Budgeting : Nil

- **Challenges encountered: Nil**.

OUTCOME OF THE PROGRAMME

The outcome of the efforts include awareness of HIV/AIDS prevention methods among women engaged in commercial sexual worker in PACHE TRUST. Trainee observe that slightly decrease in HIV transmission rate among the target population and an increase in their willingness to seek support and treatment necessary by participate in awareness programme.

CONCLUSION

The programme was end up in the time by 6.00 pm Mr.Rakesh gave vote of thanks to the MR. Joshva counsellor of PACHE Trust. for providing the permission to conduct the programme and the for the help to organizing the programme behalf of Madurai Institute of social sciences college. Overall, this initiatives have contributed to a safer and healthier environment within the women engaged in commercial sex worker community, leading to positive health outcomes and a decrease inthe spread of HIV/AIDS.

Signature of the field work supervisor
Dr.NISANTH

Signature of the trainee
T. RAKESH



GEO TAGGED PHOTO:



6

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No. 9, Alagar koil road,

Madurai-2.

Community Intervention Programme Report

Myths and Misconception about mental illnessAt Shant Manas

SUBMITTED TO

Mrs. P. Meenaloshini

Assistant professor

SUBMITTED BY

NEELA SURTHI B

23MSWAHR11

Madurai Institute of social sciences

Run by Capt. DVR Foundation for HRD An autonomous College &Research center, Affiliated to MKU 9,
Alagar koil road, Madurai- 625002

We cordially Invite you to an awareness program on

"Myths and Misconception about mental illness"

Resource persons

Dr. S. Bhuvaneshwari
Counsellor, Senior mental health social worker
Shant Manas

Ms. Prema
Assistant professor,
Shenbagam school of nursing Madurai

Venue	9	
Shant Manas	Jan 2024	10.30am - 11.30am

Myths and Misconception about mental Illness

Organizing department	**:** MSW (1st Year)
Title	**:** Myths and misconception about mental illness
Venue	**:** Shant Manas
Date of the programme	**:** 09/01/2024
Target population	**:** Shenbagam school of nursing Madurai
No. of. Participants	**:** 19 students
Resource person	**:** Dr. S. Bhuvaneshwari Counsellor, Senior Mental Health social worker of Shant Manas. Ms. Prema, B. Sc., (Nursing) Assistant professor of Shenbagam school of Nursing Madurai
Time	**:** 10.30 – 11.30

Community intervention programme

Introduction

Myths and misconceptions surrounding mental illness are prevalent and can contribute to stigma. Some common ones include the belief that mental disorders are solely a result of personal weakness, that individuals can just "snap out of it," or that therapy is only for severe cases. Dispelling these misconceptions is crucial for fostering empathy and promoting accurate understanding of mental health.

On 9th January 2024 Tuesday, Trainee – B. Neela surthi student of Madurai Institute of Social Sciences college organized the programme on **" Myths and Misconception about mental illness"** for the Shenbagam school of nursing students at Shant Manas.

Methodology

- **Aim**

  The aim in addressing myths and miscaption about mental illness is promote awareness, reduce stigma, and encourage open conversation.

- **Objective**

  The objective is to challenge and correct misinformation surrounding mental illness through educational initiatives.

- **Methods**

  - ✓ Group work
  - ✓ Community organization

- **Detailed Note on Planning**

The trainee discussed with Ms. Prema, Assistant professor of shenbagam school of nursing about the programme among the nursing students on 4/1/2024 and got permission from her to conduct Myths and Misconception about mental illness programme for nursing students.

- **Detailed Note on Organizing**

The programme was conducted on 9/1/2024 Morning 10.30am to11.30am at Shant Manas located in Kochadai. The girls students of B. Sc., General Nursing and Midwifery. The programme was conducted to learn about myths and misconception about mental illness. Dr. S. Bhuvaneshwari, senior mental health social worker, to helped as an interpreter in the programme, to fill the communication gap between students and thetrainee. The trainee explained to the students 15 different sorts of mental illness myths and their facts through the powerpoint presentation.

For Example;

Myth 1 : Mental illness is unusual.

Myth 2: Mental illness is caused by supernatural power and is the result of a curse or possession by evil spirit.

Myth 3: Mentally ill people show bizarre behaviour.

Myth 4: Mentally ill people are dangerous.

Myth 5: Marriage can cure mental illness.

Myth 6: Mental illness is hereditary.

Outcome of the programme

Through this programme increased public awareness and understanding of mental health, leading to a significant reduction in stigma surrounding mental illnesses.

Appendix

Myths and misconception about mental illness





Conclusion

The programme was new experience for trainee and the trainee learned, addressing myths and misconception about mental illness is paramount forfostering a society that embraces mental health with empathy and understanding.

7

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An Autonomous College & Research Centre, Affiliated to Madurai Kamaraj University.

No: 9, Alagar Kovil road, Madurai – 625 002.

Community Intervention Programme Report

Exam Stress Management

SUBMITTED TO

Mr. S. Charles Fernado

SUBMITTED BY

Zahith Niyaz N

Assistant professor 23MSWAMP05

Madurai Institute of social sciences
Run by Capt. DVR foundation for HRD
An autonomous college & research center,
Affiliated to MKU,
9, alagar koil road madurai -625 002

We cordially invite you to an awareness program on

"Exam stress management "

Resource person
M.S. Zahir Hussain. M.E, Ph.d.,

MONDAY **19** FEBRUARY AT 02:30 PM - 4.00 PM

Seventh Day Adventist
Matric. Hr. Sec. School

Community Intervention Programme

Introduction:

On February 19 2024, Monday, the trainee – Zahith Niyaz N student of Madurai Institute of Social Sciences College Organized the Programme on **"EXAM STRESS MANAGEMENT"** for the School Students at Seventh Day Adventist Matriculation Higher Secondary School**.**

- **Title of the programme:** EXAM STRESS MANAGEMENT" .
- **Date :** 19/02/2024
- **Time :** 2:30pm – 4:00 pm.
- **Venue:** Seventh Day Adventist Matriculation Higher Secondary School.
- **Target population:** Students of 11th and 12th Standard Participated in this Programme
- **Number of partcipants :** 45 students
- **Resource person:** Mr. M.S. Zahir Hussian. M.E., Ph.d.,

Methodology

Aim:

To Organize and conduct program about "EXAM STRESS MANAGEMENT" for the School Students at SEVENTH DAY ADVENTIST MATRICULATION HIGHER SECONDARY SCHOOL for 11th and 12th students.

Objectives

- To create Awareness among school students about
- How to deal with stress and anxiety
- How to face exams without fear
- How to practice time management
- How to techniques for learning
- How to improve physical health

Methods:

i. Group work
ii. Community Organization.

Functions :

i. Improve Efficiency .
ii. Development.

Detailed Note On Planning:

The Trainee discussed with Mr. Paulsamy the Principal of Seventh day Adventist higher secondary school about the Programme among the 11th and 12th students On 19/02/2024 and got permission from him to conduct exam stress management Programme for the students appearing for their board exams.

Detailed Note on Organising:

The programme was conducted on 19/02/2024 in the afternoon between 2:30 pm to 4:00 pm at Seventh day Adventist higher secondary school located in Chinna Chokkikulam. The students of 11th and 12th standard who are appearing for the board exams are gathered for the program. The Programme was conducted to educate students how to manage stress during exam times. The resource person Mr. Zahir Hussian explained about various aspects that are needed for the students to practice during exams. The session was conducted to the students by visual presentation. He concentrated on both physical and mental well being of the students. In midst of the program he also conducted brain exercise to the students.

Aspects discussed during the program:

- ✓ Tips to frame study time table
- ✓ Techniques to study and relax
- ✓ Visual practice to remember the learned content.
- ✓ Self care routine and balancing life style
- ✓ The students was taught about time management.

A detailed note on budgeting : Nil

Challenges encountered : Nil

OUTCOME OF THE PROGRAMME

Through the program the students learnt how to face the exams without fear and anxiety. In recent days, the students are more prone to stress and anxiety due to various circumstances especially exams. The programme created idea about the time management and studying techniques to the students. The students also learnt about how to improve physical health and mental health. When the tips and techniques given by the resource person are utilised properly stress and anxiety will be reduced. Overall the students felt the program was useful and helpful for their future.

Appendix:





Conclusion:

The programme was new experience for the trainee and trainee learned new concepts About stress management. The students were interested in learning new things and felt happy. The Trainee learnt to organize program and practiced group among students and community organization methods.

8

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COMMUNITY INTERVENTION PROGRAMME REPORT

SUBMITTED TO,

DR. M.NISANTH

ASSISTANT PROFESSOR

SUBMITTED BY,

VARSHA SEVI S

23MSWAMP02

PROGRAM 1

Title : Empowering Women to become WomenEntrepreneurs

Resource Person : MS.S.Nithya Kalyani

Aari and Fashion Designer(Green FemShareholders)

Date : 06.02.2024

Time : 12.00 Noon – 2.00pm.

Venue : Mudakathan.,Madurai

Target population : Aari Trainer at IIFL samasta at Mudakathan.

Number of Beneficiaries: 47

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ALAGARKOIL ROAD, MADURAI -625002

EMPOWERING WOMEN TO BECOME WOMEN ENTREPRENEURS

RESOURCE PERSON: S.NITHYA KALYANI
AARI AND FASHION DESIGNER
(GREEN FEM SHAREHOLDER)

TUESDAY
0 6 . 0 2 . 2 0 2 4

VENUE: MUDAKATHAN, MADURAI
TIME : 12 NOON - 2.00 PM

ORGANISED BY : S.VARSHA SEVI
I - MSW MADURAI INSTITUTE OF SOCIAL SCIENCES

COMMUNITY INTERVENTION PROGRAMME REPORT – 1

(EMPOWERING WOMEN TO BECOME WOMEN ENTREPRENEURS)

I INTRODUCTION:

On 06th February 2024 Tuesday, Trainee S.Varsha sevi student of Madurai Institute of Social Sciences College Organized the Programme on" EMPOWERING WOMEN TO BECOME WOMEN ENTREPRENEURS" for Aari Trainer at IIFL Samsta from 12.00 pm to 2.00 pm..The programme was organised and conducted at Mudakathan.

II METHODOLOGY:

- Awareness
- Conducting Activity
- Organizing
- Interaction
- Motivational speech

Aim

To organise and conduct a Programme on "Empowering Women to become Women Entrepreneurs" at Mudakathan trainee of IIFL Samasta.

Objectives

Empowering women to become entrepreneurs fosters economic independence, gender equality, and sustainable development by providing resources, skills, and support for innovation, job creation, and community prosperity.

Target Population

The target population of this programme is airy and embroidery trainees at IIFL Samasta.There were a total of 47 womens at the programme.

A detailed note on the Plan:

The trainee discussed with Ms.A.Ellamathi, Director of Green Fem Producer Limited about the programme on 01.02.2024 and got permission from her conduct Empowering

Women to become Women Entrepreneurs. After that the trainee has fixed the date for community intervention programme on 06.02.2024.

- *A detail note on organizing :*

The programme was conducted on 06.02.2024 Noon 12.00 to 2.00 pm at IIFL Samasta Programme at Mudakathan.the programme was conducted ain iifl samasta at mudakathan. Under the guidance of Ellamathi Director of Green Fem Producer Company Limited, S. Nithya Kalyani, this program was conducted. The program is to empower women to become entrepreneurs, which is essential for promoting gender equality, economic development, and innovation. By providing women with the tools, resources, and support they need to succeedin business, these programs can have a positive impact on individuals, communities, and societies as a whole.

- *The Resource person for the Programme*

S.Nithya Kalyani Aari and Fashion Designer (Green Fem Shareholder)

- **Challenges encountered** : NIL

III OUTCOME OF THE PROGRAMME

Through the Programme the Aari women trainers have gain knowledge about on the new terms and concepts relating to women entrepreneurs. The women's felt that programme was very useful and helpful for their future. The programme motivated the womens by creating positive changes. The speech of the resource person inspired the trainee.

IV CONCLUSION :

The program ended around 2 p.m. after a few activities to motivate the women's at Mudakathan. The trainers of IIFL women's gave their feedback on the program. Finally, a vote of thanks was delivered on behalf of the Madurai Institute of Social Sciences.

V PHOTOS


GPS Map Camera
Chokikulam, Tamil Nadu, India
7, Besant Rd, Chokikulam, Madurai, Tamil Nadu 625108, India
Lat 9.939738°
Long 78.132599°
06/02/24 01:09 PM GMT +05:30
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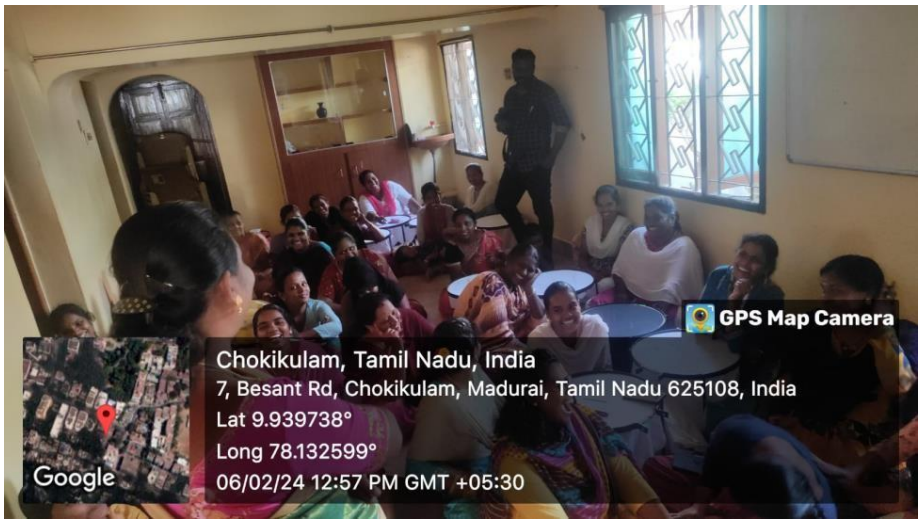
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7, Besant Rd, Chokikulam, Madurai, Tamil Nadu 625108, India
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Long 78.132599°
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Google


IIFL

PROGRAM 2

: Effective and Capacity Building for MDP

(Management Development Programme)

Resource Person : Mrs.M.Hemalatha

Hema's stitching point,Madurai.(Green Fem Shareholder) Ms.P.Maheshwari

Board of Directors of Green Fem Producer Company Limited

Date : 08.02.2024

Time : 10.30am – 12.00pm.

Venue : Chokkikulam,Madurai

Target population : Trainees if MDP Program at chokkikulam.

Number of Beneficiaries: 30

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EFFECTIVE AND CAPACITY BUILDING FOR MDP (MANAGEMENT DEVELOPMENT PROGRAMME) TRAINEES

RESOURCES PERSON : MRS.M.HEMALATHA
HEMA'S STITCHING POST MADURAI
(GREEN FEM SHAREHOLDER)

MRS.P.MAHESHWARI
BOARD OF DIRECTORS OF GREEN FEM

Thursday | 08 Feb | 2024

VENUE : Chokkikulam, Madurai.
TIME : 10.30 AM - 12 PM

ORGANISED BY: S.VARSHA SEVI
I MSW OF MADURAI INSTITUTE OF SOCIAL SCIENCES

COMMUNITY INTERVENTION PROGRAMME REPORT - 2

(EFFECTIVE AND CAPACITY BUILDING FOR MDP (MANAGEMENT DEVELOPMENT PROGRAMME) TRAINEES

I INTRODUCTION:

The trainee of Madurai Institute of social sciences has organized and conducted programme an Effective and capacity building on MDP (Management Development Programme) one week training programme.The Programme was organized and conducted at chokkikulam.

II METHODOLOGY:

- Interaction
- Awareness
- Organizing
- Conducting Activity
- Awareness

Aim

To organise and conduct a Programme on "Effective and Capacity Building for MDP (Management Development Programme) at chokkikulam.,Madurai.

Objective

Capacity building aims to improve skills, knowledge, and capabilities by identifying needs, designing training programs, and implementing continuous learning strategies, empowering individuals and organizations to contribute meaningfully.

Target Population

Target population of this programme was MDP (Management development programme trainees of jute bag.There was a total of 30 participants at the programme.

A detailed note on the Plan:

The trainee has discussed with the Mr.G.Ramakrishnan Team leader of VAPS about the idea on conducting community intervention

programme and idea was approvedby team leader of VAPS.The trainee got the date fixed for the programme on

08.02.2024.Trainee informed to the Mrs.M.Hemalatha Hema's Stitching post Green Fem Shareholder and Mrs.P.Maheshwari Board of Director of Green Fem about the programme.

- *A detail note on organizing :*

The Programme was conducted on 08.02.2024 Morning 10.30 am to 12pm at green fem company limited company located in Chokkikulam,Madurai.The programme was conducted to learn about capacity building for jute bag trainee. Under the guidance of Mr.G.Ramakrishnan team leader,VAPS.Mrs. M. Hemalatha has explained about capacity buildingfor women, and Ms. P. Maheshwari has said to use the training in effective manners. She also added that training in jute bag production involves comprehensive knowledge of processing, stitching techniques, and quality control, with hands-on practice, mentorship, and continuous feedback to enhance trainees' skills.

- *The Resource person for the Programme*

1. Mrs.M.Hemalatha, Hema's stitching point,Madurai (Green Fem Shareholder)
2. Ms.P.Maheshwari Board of Directors of Green Fem Producer Company limited.

- **Challenges encountered** : NIL

III OUTCOME OF THE PROGRAMME :

Through this program, the MDP (management development training) trainee has Effective training and capacity building for jute bag trainees enhances leadership skills, decision- making abilities, and market understanding. Trainees strategize production processes, optimize resources, and foster innovation, driving growth, profitability, and sustainability. . The women's felt that programme was very useful and helpful for their future.

IV CONCLUSION :

The programme winded up around 12.00 pm. The trainers of the MDP Management Development Program have given their feedback on the program. Finally vote of thanks was delivered on behalf of Madurai Institute of social sciences.

V PHOTO





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COMMUNITY INTERVENTION PROGRAM REPORT

SUBMITTED TO,

THE FIELDWORK SUPERVISOR

Mr.T.M.Venkatmurgan

Associate Professor

SUBMITTED BY,

Deepthi. A

23MSWAHR08

LIFE SKILL TRAINING TO SCHOOL STUDENTS

TITLE :Life skill training to school students

DATE :11.01.2024

TIME : 2.45 p.m.

VENUE : Viraganur High
Ramanathapuram Road,
Chinna Anupanadi,
Madurai, 625 009.

TARGET POPULATION : 6 and 8 Grade Students.

NUMBER.OF. BENIFICIARIES :48

PROGRAM ORGANISER :Miss. Deepthi A
(23MSWAHR08)

FIELD WORK SUPERVISIOR :Mr.T.M. Venkatmurgan, Associate Professor, Dept. Of Social work, Madurai Institute of Social Sciences

INTRODUCTION:

The fieldwork trainee from Madurai Institute of Social Sciences PG & Research Department of Social Work, Master of Social Work, Human Resource Management and Industrial Relationship specialisation student **Mrs. Deepthi A (23MSWAHR08)** organised the Life Skill Training program at Viraganur High School, Madurai. The beneficiaries were the students of 6th and 8th grade students of viraganur high school. The programme's duration was about one and half hours. The Trainee has shared a brief explanation about Life Skills which are given by "**WORLD HEALTH ORGANIZATION".**

OBJECTIVE:

- To empower students with decision-making skills in navigating real-life situations.
- To cultivate effective communication and interpersonal skills for better interaction and collaboration.
- To foster emotional intelligence for managing stress, building resilience, and enhancing mental well-being.
- To promote critical thinking abilities for problem-solving and informed decision-making.
- To have healthy lifestyle habits and promote overall well-being among students.

FIELD EXPERIENCE:

During the life skill training program conducted at the Government High School, the traineehad the opportunity to engage with students and impart valuable knowledge about healthy lifestyle habits and critical thinking skills for problem-solving and decision-making.
Throughout the program, both the trainees and beneficiaries actively participated, fostering a collaborative learning environment. By incorporating various interactive activities, the traineeand students were able to effectively convey the concepts of life skills and engage students in practical applications. Witnessing the students' growth and empowerment in their decision- making abilities was truly rewarding.

OUTCOME OF THE PROGRAMME:

Inmates learned about mensuration and menopause hygiene practices

through the orientation. Also, this programme was helpful to the inmates to clarify all their doubts regarding their menstrual cycle. Inmates learned the importance of prioritising food habits and exercising every day.

Outcome of the Program:

The life skill training program at Government High School was a success! We taught students important things like how to make good choices and stay healthy. They learned how to solve problems and deal with feelings better. By doing fun activities together, everyone got

involved and learned a lot. The students now have more skills to handle different situations intheir lives.

Conclusion:

In the end, our program made a big difference! We saw students become more confident and capable. By working together, we showed how important it is to learn life skills. We should keep doing programs like this to help students grow and succeed. This experience taught us a lot about helping others learn, and we're excited to keep making a positive impact in the future.


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Ramanathapuram Road, Chinna Anuppanadi,
Madurai, 625009, TN, India
Lat 9.905329, Long 78.157962
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GPS Map Camera
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Madurai, 625009, TN, India
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10

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Madurai- 625002.

AWARENESS ABOUT SCHEMES AND BENEFITS FOR ANC MOTHER'S PROGRAMME REPORT

Submitted to **Submitted by**

The Fieldwork Supervisor T. SNEHA

23MSWAHR02

COMMUNITY INTERVENTION PROGRAMME REPORT

INTRODUCTION

On 8th February 2023, T. Sneha the field work trainee of the Madurai Institute of Social Sciences has organized and conducted "Awareness about the schemes and benefits" for ANC mothers at primary health centre Kallandhiri from 11.00am to 12.30pm with the permission of Dr.Nazeema Rani, MBBS, Block Medical Officer (Primary Health Centre Kallandhiri).

METHODOLOGY

- **AIM**

To organize and conduct "Awareness about the schemes and benefits for ANC mothers" at primary health centre kallandhiri

- **Objectives**

To create awareness to the pregnant women about the following things:

  - Dr. Mutulakshmi Reddy Maternity Benefits Scheme
  - Janani Sisu Suraksha Yojana
  - Impact of Child Marriage

- **Target Population**

Target population of this programme was ANC mothers in Primary Health Centre Kallandhiri. 30 ANC mothers were participated in this programme.

- **A detailed note on Planning**

The trainee discussed with Dr.M. Keerthana, MBBS (Medical Officer) and Dr.A.Thanaarasi, Ophthalmologist (Medical Officer) on 06/02/2024 and got permission from them to conduct programme at Kallandhiri PHC. After that trainee fixed the date for community intervention programme on 08/02/2024. Trainee informed to the Mrs. Guruvuthai, SHN (Sector Health Nurse) and Mrs. Santhi, VHN (Village Health Nurse) about the programme for preparation of place and mobilizes the pregnant women in that particular place. Trainee prepared the invitation for this programme and inviting Dr.A.Thanaarasi, Ophthalmologist (Medical Officer) and Dr.M.Keerthana, MBBS (Medical Officer) through sending the invitation to them.

- **A detailed note on organizing**

The programme was conducted on 08.02.2024 morning 11.00am to 12.30pm at Primary Health Centre, Kallandhiri. Village Health Nurse and Sector Health Nurse helps to mobilizing the ANC mother's. The programme was conducted in labor ward in Kallandhiri PHC. Under the guidance of Dr.A.Thanaarasi, Ophthalmologist, Dr.M.Keerthana, MBBS, and Mrs.Guruvuthai, SHN this programme was conducted. First Mrs.Guruvuthai, SHN, introduced the trainee to the pregnant women and our purpose of this programme. The trainee Ms.T.Sneha explained the following things to the ANC mother's in this programme.

- Dr. Muthulakshmi Reddy Maternity Benefits Scheme
- Janani Sisu Suraksha Yojana
- Impacts of Child Marriage

OUTCOME OF THE PROGRAMME

Through this programme the ANC mother's know about the Dr.Muthulakshmi Reddy Maternity Benefits Scheme and Jnani Sisu Suraksha Yojana Scheme benefits and Impacts of child marriage.

GPS TAGGED PHOTOS









CONCLUSION

The programme was end up in the time of 12.30pm Ms.Sneha gave vote of thanks to the Medical Officer of Kallandhiri PHC. For providing the permission to conduct the programme and the VHN & SHN for help to organizing the programme behalf of Madurai Institute of Social Sciences College.

Signature of the fieldwork supervisor Signature of the trainee

Dr.S.Joyce Jeyarani T.Sneha

Assistant professor 23MSWAHR02

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We cordially invite you to Awareness programme In

"AWARENESS ON SCHEMES AND BENEFITS FOR ANC MOTHER'S "

Resource person :
Dr. Thanaarasi , Ophthalmologist
Dr.Keerthana , MBBS

Organised by :
T.Sneha ,I MSW, MISS

Date : 8.2.2024
Time : 11.00am to 12.30pm
venue : PHC kallandhiri



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Community Intervention Programme Report

Social awareness on Child Rights

Government High School

Submitted To,
by,

Dr.V.Gurumoorthi

Assistant Professor

Submitted

Mathiyazhagan N

23MSWSHR03

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cordially invite
for the

social awareness on Child Rights

Resource Person

Mrs.S.Sharmila

Counsellor
Good Hope Foundation

22/02/2024

Thursday - 22 February 2024

Time: 10.00am

venue: Government High School,
A.Thottiyapatti

Organised by
Mathiyazhagan.N
I MSW Trainee
MISS College

Community Intervention Programme

Introduction:

Introduce the program aimed at school students to raise awareness about child rights. Explain the importance of educating young individuals about their rights and response. Introduce the importance of educating school students about their rights and the significance of promoting child rights within educational settings. Explain the context for conducting the program within schools and its potential impact on students' understanding and advocacy for child rights.

- **Title of the programme :** Social awareness on Child Rights
- **Date :**20/02/2024
- **Time :** 10.00am – 12:30 pm.
- **Venue:** Government High School, A.Thottiyapatti.
- **Target population:** 6th to 10th Students
- **Number of participants :** 55 Students.
- **Resource person:** Mrs.S.Sharmila Counsellor,

Aim:

- The aim of the program is to educate school students about their rights as children and empower them to advocate for the protection and fulfillment of these rights.
- The aim of the program is to educate school students about their rights as outlined in international conventions such as the United Nations Convention on the Rights of the Child (UNCRC).
- It aims to empower students to recognize, respect, and advocate for their own rights and those of other children.

Objectives:

- To familiarize students with the key principles and articles of the United Nations Convention on the Rights of the Child (UNCRC).
- To raise awareness about various issues related to child rights, such as education, healthcare, protection from abuse, and participation in decision-making processes.
- To equip students with the knowledge and skills necessary to recognize violations of child rights and take action to address them within their schools and communities.

Goals:

- Empower students to become active agents of change by promoting respect for child rights and advocating for their enforcement.
- Foster a school culture that values and prioritizes the well-being and rights of all students.
- Ensure that students understand their rights and feel empowered to assert them in various contexts.

Methods:

- Organize group discussions, role-plays, and other engaging activities to facilitate learning and reflection on child rights issues.
- Creating a chart work with insert multiple pictures to explained about Child Rights.

Field Experience:

Field experiences in Social awareness programs about Child Rights for School Students at Government High School, A.Thottiyapatti are in precious for both participants and organizers. These experiences provide a hands-on opportunity to engage with the community. Describe the implementation of the program in participating schools, including the number of students reached and the duration of the program. Share observations, feedback, and success stories from students, teachers, and school administrators. Discuss any challenges encountered during the implementation and how they were addressed. Highlight any notable outcomes, such as increased awareness among students, changes in school policies, or student-led initiatives to promote child rights.

A detailed note on budgeting : Nil

Challenges encountered : Nil

OUTCOME OF THE PROGRAMME :

- **Increased Awareness:** Community members, including parents, teachers, and local leaders, demonstrate improved understanding of children's rights as outlined in international conventions such as the United Nations Convention on the Rights of the Child (UNCRC).
- **Empowerment of Children:** Children themselves feel more empowered and knowledgeable about their rights, enabling them to speak up and advocate for themselves in various settings, including at home, in school, and within their communities.
- **Policy and Practice Changes:** The program may have influenced policy changes or led to the implementation of new practices within institutions or organizations to better protect and uphold children's rights, such as strengthening child protection policies in schools or healthcare facilities.
- **Community Engagement:** The program fosters increased community engagement and participation in activities aimed at promoting child rights, such as volunteering for child advocacy organizations, participating in community events, or supporting initiatives that benefit children.
- **Reduction in Child Rights Violations:** There may be a decrease in instances of child rights violations within the community as a result of increased awareness and advocacy efforts, leading to improved protection and well-being of children.
- **Enhanced Support Systems:** The program may have strengthened support systems for vulnerable children and families, such as the establishment of counseling services, hotlines, or community resources for victims of child abuse or exploitation.
- **Educational Impact:** Schools may have integrated child rights education into their curriculum, leading to a more comprehensive understanding of children's rights among students and educators alike.
- **Community Cohesion:** The program fosters a sense of solidarity and shared responsibility within the community for ensuring the rights and well-being of all children, regardless of background or circumstances.
- **Long-Term Change:** The program lays the groundwork for long-term change by instilling values

of respect, equality, and dignity for all children, shaping attitudes and behaviors that endure beyond the duration of the program.

Conclusion:

The Awareness program on Child Rights has considerably improved the students knowledge about their Rights. Summarize the impact of the program on school students' understanding of child rights and their ability to advocate for them. Reflect on lessons learned and best practices for conducting similar programs in other school settings. Emphasize the ongoing importance of child rights education and the role of schools in fostering a culture of respect for human rights among future generations.






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OUTREACH PROGRAM REPORT

SUBMITTED TO:

Mrs. R. RAJALAKSHIMI

SUBMITTED BY:

S. ANGEL FATHIMA 23MSWSHR06

INVITATION

AWARENESS PROGRAM

Date : 10.02.2024 / Saturday
Time : 02.00 PM
Venue : SAKTHI-VIDIYAL (MAIN CENTRE),
Jaihindpuram, Madurai.
Guest Speech : Mr. P. Chandran
The Field Coordinator Sakthi-Vidiyal, Madurai.

Time Schedule:
02:00 PM - Trainee reached the Agency

02:15 PM - Trainee interacted with the staffs about the program 02:40 PM - Welcome address was given by the trainee
02:45 PM - Trainee gave an outline about the topic

03:00 PM - Guest speech gave Mr. P. Chandran, the Field Coordinator about Role of Parents in Child Rearing
03:45 PM – The trainee Conducted game to the parents 04:25 PM – Feedback session
04:35 PM – Vote of thanks gave by trainee

INTRODUCTION:

The trainee of Madurai Institute of Social Sciences conducted an awareness program on "Role of Parents in Child Rearing". The target population was the parents of the children who are under the sponsorship of Sakyhi-Vidiyal. Trainee conducted an activity on child rearing by involving the parents for better understanding. The program was organized by the trainee (S. Angel Fathima). The field coordinator Mr. P. Chandran address the guest speech on Role of Parents in Child Rearing.

AIM:
To make the parents aware of their roles in rearing and caring their children.

OBJECTIVES:
To make the parents aware of what is child rearing and provide techniques for grooming their children.
To make the parents to participate and to express their thoughts.
To make the parents aware of need of grooming their child in positive way.
To make them aware of the importance of child rearing from the prenatal period of children.

METHODOLOGY:
- **Awareness**
- **Organizing**
- **Interaction**
- **Activity**
- **Educating**
- **Supporting**
- **Coordinating**

BRIEF NOTE ON PLANNING:
Trainee met Fieldwork Supervisor Prof. R. Rajalakshmi and discussed about the outreach program topic that has to be conducted in Main Centre of Sakhi-Vidiyal and also discussed with agency supervisor about the program. The trainee finalize the date for the program. And got permission from Mr. Arokiyam, the Director of Child Development Department. And interacted with the staff about the target population (48 parents), the agenda of the program and the methodology that going to carry out for organize the program.
SUMMARY OF THE PROGRAM:
The trainee (S. Angel Fathima) of Master of Social Work was organized a program on "Role of Parents in Child Rearing". First the trainee gave an outline about the topic to the parents of the children who are under the sponsorship of Sakthi-Vidiyal.
The resource person Mr. P. Chandran the field coordinator started the session with question to parents that was „What is your contribution in child rearing?" He gave tips to friendly child rearing to parents. and explained the parenting method in easy ways by telling several stories to the parents.

Trainee conducted game for engaging them and encourage their participation. The resource person instructed the parents through program on the method of child rearing and how parents should prepare themselves for child rearing which helps to gain a deeper understanding and insight of the context and needs of target population and to make understanding that will lead to the successful program outcome.
The program was done successfully with the full participation and cooperation of the parents and staffs of Sakthi-Vidiyal. Around 48 parents were participated in the program. The parents gave feedback and suggestions about the program. At last the vote of thanks was delivered by the trainee. And the program was

wind up around 4.30PM

OUTCOME OF THE PROGRAM:

Outcome of the awareness program on role of parent in child rearing was created a positive impact. The parents shared their feedbacks that they might not aware of the importance of child rearing and now they understand about it. The parents were participated in all activity and games which was conducted by trainee. The parents learned a lot regarding parenting and fully enjoyed the program.

CONCLUSION:

The programme was new experience for trainee and trainee learnt the role of parents in child rearing. The parents were very interested in learning new things and felt happy.

ANNEX

13

MADURAI INSTITUTE OF SOCIAL SCIENCES
Reaccredited with ``B+" Grade by NAAC Run by Capt. DVR Foundation for HRD
An autonomous college & research center, Affiliated with Madurai Kamraj University No.9, Alagar kovil road, Madurai 625002

COMMUNITY INTERVENTION REPORT

Submitted to
The fieldwork supervisor
Dr. V. GURUMOORTHI

Submitted By
SANTHOSH V
23MSWSHR16

AWARENESS PROGRAM

Date : 20.02.2024 / TUESDAY
Time : 10.45 AM
Venue : MADURAI CENTRAL PRISON ARASARADI JAILROAD,MADURAI-16
Welcome Address : Mrs. JEYANTHI (PSYCHOLOGIST)
Guest Speech : SANTHOSH.V 1st MSW,
Madurai Institute of Social Sciences, Madurai – 02
Vote of thanks : Mr. F.J.ABISHEK JEBA RAJ

Time Schedule:

10.45 AM - Program was started
11.00AM - Welcome address was given by Mrs. JEYANTHI
11.10 AM - Trainee gave an outline about the topic
11.20AM - Trainee conducted a game for the prisoners to get their attention to the session.
11.30 AM - Guest speech about self-confidence and team work
12.15 AM - Trainee made the prisoners into six groups and ask them to create posters on the topics given to them
1.00 PM - Feedback session
1.10 PM - Vote of thanks by Mr. F .J. ABISHEK JEBARAJ

INTRODUCTION:

The Madurai Institute of Social Sciences trainee, Santhosh V, spearheaded an awareness initiative on "Self-Confidence & Teamwork," focusing on convict prisoners within the rehabilitation center at Madurai Central Prison. The program included a hands-on teamwork activity aimed at fostering understanding and improving mental health. Santhosh V organized the event, with valuable support from co-trainee F.J. Abishek Jeba raj. In guest speech, Santhosh V addressed the crucial aspects of self-confidence and teamwork, emphasizing their transformative potential within the prison community.

AIM:

To Create awareness among convict prisoners about the importance of self-confidence and teamwork to improve their lifestyle and mental well-being.

OBJECTIVES:

- **To Nurture a deep understanding of the significance of self-confidence among convict prisoners, promoting a positive self-image and belief in personal capabilities.**
- **To Inculcate a sense of teamwork, emphasizing collaboration and mutual support within the convict prisoner community, contributing to a more cohesive and supportive environment.**
- **To Provide participants with hands-on and experiential learning opportunities through practical exercises and activities that strengthen the concepts of self-confidence and teamwork.**

METHODOLOGY:

- **Awareness - Enhancing their knowledge about the self-confidence & teamwork and Empower them to cultivate confidence and collaborate effectively within a team to attain their objectives.**
- **Participation - This forms a crucial element of the program, encouraging prisoners to actively take part and engage in hands-on activities for a deeper understanding.**
- **Peer Discussions- Facilitate structured peer-to-peer discussions to allow prisoners to share their perspectives, experiences, and insights on building self-confidence and working within a team.**

SUMMARY OF THE PROGRAM:

The trainee (SANTHOSH V)of Master of Social Work was organized a program on “Self confidence & team work. First the trainee gave an outline about the topic for the convict prisoners And talked about the topic relating with the real life to make them understand to achieve their goal and to enhance their mental well - being. And make the prisoners to divide into six different groups and gave a chart paper to make a posters on the topics given to them .And they did well from that the trainee had explained about them to being confident and active participation is the key to achieve goal. And trainee had conducted a ice breaking games to enhance their mental health.

FIELD EXPERIENCE:

The trainee had a chance to conduct outreach at our fieldwork agency, Madurai Central Prison. Field experience is a crucial element of the awareness program on self-confidence and teamwork, enabling program personnel to garner a profound understanding of the context and needs of the target population. This comprehension is essential for achieving successful program outcomes.

OUTCOME OF THE PROGRAM:

The outcome of the awareness program on self-confidence and teamwork resulted in a greater understanding. Prisoners expressed in their feedback that they gained awareness about the significance of confidence and active participation for success in life. Additionally, they acknowledged the importance of adopting positive values, emphasizing the impact of teamwork. The activity-based program provided a profound understanding, capturing the prisoners' interest. Their enthusiastic and attentive participation in all program aspects indicates a valuable experience and contributes to the overall success of the program.

CONCLUSION:

The program was done successfully with the full participation and cooperation of the convict prisoners in the rehabilitation centre in Madurai central prison and staffs of the Francois Meyer Matriculation School. The prisoners gave feedbacks and aboutthe program. At last the vote of thanks was delivered by co-trainee. And the program was wind up around 1.10pm.









14

MADURAI INSTITUTE OF SOCIAL SCIENCES



SUBMITTED TO
Mr. Charles. S

SUBMITTED BY
S.lesanthini

MADURAI INSTITUTE OF SOCIAL SCIENCES

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AN AUTONOMOUS COLLEGE AND RESEARCH CENTRE
Affiliated to Madurai Kamaraj University,
Re-accredited by NAAC with "B+"Grade
No 9, Alagar koil road,Madurai

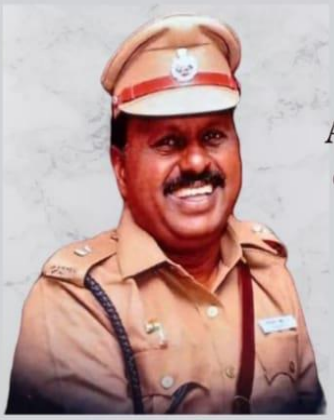
NATIONAL SERVICE SCHEME
UNIT NO:104-229

In Associated with

ANTI CHILD TRAFFICKING UNIT

Conducts awareness program on

WOMENS AND CHILDREN RELATE OFFENCE



Resources person
S.B.Rajendran
Additional Superintendent of police
Crime against women and children
Madurai District

B.Gunasundari
Inspector of police
Anti child trafficking unit
Madurai District



ON 10TH JANUARY 2024 AT 11:00 AM
VENUE -ALUMINI AUDITORIUM, MISS

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the program: Women and Children related offence

Resource Person: MRs B. Gunasundari (Inspector)
Date: 10.01.2024
Time: 11:00 AM to 12:00 PM
Venue: Madurai Institute of social sciences
Target population: 1st year students
No. of. Beneficiaries: 60

Introduction:

On February 10, 2024, S.Lesanthini, the fieldwork trainee of the Madurai Institute of Social Sciences, organized and led a program addressing children and women-related offenses for first-year college students at the Madurai Institute of Social Sciences. The resource person for the program was Mrs. Guna Sundai, Inspector of the Anti-Child Trafficking Unit in Madurai District.

METHODOLOGY:

Aim

The aim of conducting the awareness program for college students on child and women-related offenses is to educate and empower them to recognize, prevent, and respond effectively to such offenses. By raising awareness among college students, we aim to foster a safer and more supportive environment for children and women, and to contribute to the prevention and mitigation of these offenses in society.

Objectives:

1. To educate college students about the types and prevalence of offenses against children and women.
2. To Rais awareness about the legal and ethical implications of such offenses.
3. Providing students with knowledge and skills to identify signs of abuse, exploitation, and trafficking.
4. Empowering students to intervene and report instances of child and women-related offenses appropriately.
5. To promote attitudes of empathy, respect, and responsibility towards children and women in society.

Target Population:

Target Population of this program 1st year college student.

Field experience:

The trainee had a new exposure as program organiser as a role of social worker. The trainee had a new experience in organising awareness program on children and women related offences for college student. The awareness program, was tasked with coordinating various aspects such as scheduling, logistics, and inviting speaker. The program exposed to the importance of effective communication and collaboration with stakeholder such as administration, faculty and student.

A detailed note on Budgeting: NIL

Challenges encountered: NIL

OUTCOME OF THE PROGRAMME:

1. Increased awareness: Students gained a deeper understanding of the various forms of offenses against children and women, including abuse, exploitation, and trafficking.

2. Recognition of signs: Students learned how to recognize signs of abuse or exploitation in children and women, enabling them to intervene or seek help when necessary.

3. Understanding of legal and ethical implications: Students became aware of the legal and ethical implications of offenses against children and women, including the importance of reporting such incidents and supporting victims.

4. Empowerment to take action: Students were empowered with knowledge and skills to take action against offenses, whether by intervening directly, reporting incidents to authorities, or advocating for change in their communities.

5. Development of empathy and sensitivity: Through engaging with real-life stories and case studies, students developed greater empathy and sensitivity towards the experiences of victims of offenses against children and women.

6. Collaboration and support: Students learned about the importance of collaboration with law enforcement, support organizations, and other stakeholders in addressing offenses against children and women effectively.

7. Commitment to prevention: Students were inspired to become proactive agents of change in preventing offenses against children and women in their communities, promoting a culture of respect, equality, and safety for all.

Conclusion:

The program on child and women-related offenses organized by the trainee, with Mrs. Gunasundari as the resource person, successfully targeted first-year college students. Through this initiative, students gained essential awareness and knowledge about the various forms of offenses against children and women, including abuse, exploitation, and trafficking.

By engaging with Mrs. Gunasundari and other experts, students were equipped with the necessary tools to recognize signs of abuse, understand legal and ethical implications, and take appropriate action to prevent and address such offenses. The program fostered a sense of empowerment among students, encouraging them to become proactive advocates for change in their communities.Overall, the program served as a crucial platform for educating and sensitizing first-year college students about the importance of safeguarding the rights and well-being of children and women. It is hoped that the knowledge gained from this initiative will inspire students to actively contribute towards creating a safer and more inclusive society for all.

Signature of the field work supervisor

Signature of the trainee
S.Lesanthini
(23MSWSHR15)

Photos:



Welcome speech gave by Principal of Madurai Institute of Social Sciences College.



Student of Madurai Institute of Social Science College.



Finaly resource person was honoured by faculty of Madurai Institute of Social Sciences.

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SUBMITTED TO
THE FIELDWORK SUPERVISOR
Mr.S.CHARLES

SUBMITTED BY
JAYARAM A (23MSWAHRO7)

Indian Association for the Blind ®

38 Years of Excellence
3 Times National Award Recipient

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No 9, Alagar koil road,Madurai

In Associated with

INDIAN ASSOCIATION FOR THE BLIND

Conducts awareness program on

"HUMAN RIGHTS TO EDUCATION"

For Visually Impaired Students

Resources person
Ms.Lavanya S
HR & CUSTOMER Relationship Manager

Ms.Cheramaththai A
Teacher (IAB)



Mr.Manimuthu S
Headmaster (IAB)

Organised by Jayaram A

ON 26TH FEBRUARY 2024 AT 10:00 AM
VENUE -AUDIO LIBRARY HALL, IAB, SUNDARAJANPATTY, MADURAI.

COMMUNITYINTERVENTION PROGRAM

TITLE : Awareness Program on Human Rights to Education.

RESOURCES PERSON : Mrs. S. Lavanya, HR and Customer Relationship Manager, IAB, Sundarajanpatty, Madurai.
Ms. A. Cheramaththai, Teacher and Association of IAB.

DATE : 26.02.2024.

TIME : 10:00 am to 01:00 pm.

VENUE : Audio Library Hall, Indian Association for the Blind, Sundarajanpatty, Alagar Koil Rd, Madurai.

TARGET POPULATION : Lady Doak College students.

NUMBER OF BENIFICIARIES : 80.

PROGRAM ORGANISER : Mr. Jayaram A (23MSWAHR07).

FIELD WORK SUPERVISIOR : Mr. S. Charles, Associate Professor, Dept. Of Social work, Madurai Institute of Social Sciences.

INTRODUCTION:

The concurrent fieldwork trainee from Madurai Institute of Social Sciences, PG & Research Department of Social Work, Master of Social Work (Human Resource Management and Industrial Relationship specialisation) student Mr. Jayaram A (23MSWAHR07) has been organized an awareness programme on Human Rights to Education special preference to differently abled at Indian Association for the Blind, Sundarajanpatty. The trainee invited a resource person from IAB Trust's HR and Customer Relationship Manager, Mrs. S. Lavanya, and Association Member and Teacher, Mrs. A. Cheramaththai. The beneficiaries were the Students of Lady Doak College. The programme's duration was three hours. The resource person shared a brief explanation about Human Rights to Education especially for differently abled.

OBJECTIVE:

Þ To spread awareness on education of differently abled among students.

Þ To promote Indian Association for the Blind.

Þ To prioritize education and supporting for visually impaired.

METHODOLOGY ADOPTED:

Þ Methods : Community Intervention.

Þ Functions : Awareness.

Þ Tools: Use of Programmes.

Þ Techniques : Mobilizing, Educating, Organizing.

FIELD EXPERIENCE:

The trainee had a opportunity to gain more knowledge about Human Right to Education for differently abled through this program. Also, this program helped the students of Lady Doak college to know about the (functions) support and services given to visually impaired people by Indian Association for the Blind. This program shown the importance of education at the present time to the students. The trainee learned to organize and mobilize the students at the time of program.

One of the major resource person Mr. S. Manimuthu, Headmaster of IAB school. He is too an visually impaired person but his hard work to develop his life was an milestone, due to some official meeting he was cant able to appear for the program.

OUTCOME OF THE PROGRAMME:
Students of Lady Doak College learnt about the importance of education of differently abled students from the orientation. Also, this programme was helpful to the students to clarify all their doubts regarding the challenges and opportunities for visually impaired students. The students learnt about the importance of prioritising education as rights to all.

CONCLUSION:

The trainee successfully organized the program on human right to education at Indian Association for the Blind. The trainee learnt the procedures to organize and mobilize students for the program. The trainee would like to thank the college management for providing such a opportunity which made an great impact on the trainee's life, and thanks to Indian Association for the Blind for providing the opportunity to conduct a program and providing venue support for the program.

GALLERY:



As per the command of agency supervisor, a 20mins of introduction video was displayed to the students to know about Indian Association for the Blind.



Mrs. S. Lavanya, HR and Customer Relationship Manager of IAB gave her speech on the topic of Human Rights to Education to the students and explained about the importance of education of differently abled students.



Mrs. Cheramaththai explained about the importance of education of differently abled students.



Mr. Mohanraj explained about the role of technologies which are playing an major role in visually impaired students.



Trainee expressed their vote of thanks to the students and the professors incharges of the students for their presence in the awareness program.



Students of Lady Doak College at end of the program.









After the awareness program, all the students are brought to THANK U bakery unit to show the employment opportunity for the differently abled people. And they purchased the products made by differently abled people and showed their love towards their purchase and posting story in social media platform.

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SUBMITTED TO,
THE FIELDWORK COMMITTEE

SUBMITTED BY,
VARSHA. S
23MSWSHR01

Title : Awareness Program on Self employment Opportunities and about RUDSETI
Resource Person : Mr. Malaisamy, Faculty, RUDSETI, Madurai
Date : 19.02.2024
Time : 10:30am to 12:00pm
Venue : Vaagaikulam, Madurai
Target Population : AGE - 18-45, Women
Number of Beneficiaries : 25
Program Organiser : Varsha. S (23MSWSHR01)
Arockia Kelvin Kilbert (23MSWSHR14)
Fieldwork Supervisor : Dr. V. Gurumoorthi, Asst Professor, Dept. of Social Work, Madurai Insitute of Social Sciences

Introduction:

The fieldwork trainee from Madurai Institute of Social Sciences PG & Research Department of Social Work, Master of Social Work, student Ms. Varsha. S (23MSWSHR01) and Mr. A.Arockia kelvin kilbert (23MSWSHR14) organised the awareness program on Self-employment opportunities and about RUDSETI. Trainee invited resource person from RUDSET, Faculty, Mr. Malaisamy. The beneficiaries are 18-45, women. The program duration time is one and half hours. Resource person shared brief explanation about self- employment opportunities and about RUDSETI. The term "self-employment" means that someone earns money by working for themselves. In other words, its

like being a one-person business. Rural development and self-employment (RUDSET), a unique effort aimed at reducing unemployment, was launched in 1982. Its objective is to Identify, orient, motivate, train and assist the rural youth to take up self-employment/wage employment ventures as an alternative career.

NEED:

With growing unemployment and lack of adequate job opportunities, to help the rural people to employ themselves in business and earn one's livelihood. In addition to this, to create awareness about the Functions and services rendered by RUDSET.

Aim:

- **The Aim is to organize and conduct an awareness program about "Self- employment opportunities and about RUDSETI" for the rural people residing in Vaagaikulam.**

Objective:

- **To develop confidence in unemployed youth**
- **To promote rural entrepreneurship**
- **To enhance effectiveness of poverty alleviation and self-employment schemes.**
- **To let the community know about RUDSETI and its function**
- **To Identify, orient, motivate, train and assist the rural youth to take up self-employment/wage employment ventures as an alternative career.**
- **To learn how to organize a community for its promotion and progress.**

METHODOLOGY:

- **Trainee practiced mobilizing and organizing skills, adopting the community organization method from social work practice. Also used communication principles to effectively brief about the topic.**

- **Resource person interacted with women and clarified the questions from their side.**

- **Educated about Self-employment opportunities and explained about the services provided by RUDSET.**

FIELD EXPERIENCE:

- **Through the observation, the trainee came to know that many people who are residing in this respective place were going for a very low-income wage employment**

- **The trainee found it little bit difficult to organize the community as it was their first time.**

.

- **The trainee got immense support from RUDSET and was able to successfully organize the program.**

- **The trainee understood the process of a community organization such as identifying their needs and collectively resolve them.**

OUTCOME OF THE PROGRAM:

- **The outcome of the program is that the rural based women gained knowledge about self-employment and the dynamic functions, scope of RUDSETI.**

FEEDBACK:

- **Participants gained knowledge on an essential and timely topic.**
- **The participants wanted more such Training program which are being conducted by RUDSETI for their community.**
- **The participants were thankful for the awareness program.**

CONCLUSION:

Community-based interventions refer to programs and initiatives that aim to improve the well-being of specific population groups within a defined local community. The trainee gained knowledge of community organization dynamics, including how to handle social issues and unmet human needs. The program was a new experience for the trainee.

APPENDIX:

- **Programme invitation**
- **Photo Gallery**
- **Feedback form from the Target Population**

PROGRAM INVITATION:

PHOTO GALLERY:

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Community Intervention Programme Report
Training for Personal Care Cleansing Products and Sales
Pethaniyapuram (Kal-Ottar Community)

SUBMITTED TO
Fieldwork Committee

SUBMITTED BY
SURYA. S
23MSWACD04

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Training

for

personal care cleansing Products and Sales

Resource Person

MRS. ROSHINI

(VAPS MEMBER)

Venue:
Pethaniya puram
Kalottar Community

Date: 27/02/24
Time: 10am

Organized by

S.SURYA
23MSWACD 04

Community Intervention Programme

Title of the programme: TRAINING FOR PERSONAL CARE CLEANSING PRODUCTS and SALES.

Date : **27.02.24**

Time : **10.30 – 2.00 PM**

Venue: **Pethaniyapuram**

Target population: **Women ageing between 25-35 from Kal Ottar community.**

Number of participants: 15

Program Organiser: **Surya. S (23MSWACD04)**

Resource person: **Mrs. Roshini (VAPS MEMBER)**

Introduction:

On February 27 2024, Tuesday, the trainee – S. SURYA, student of Madurai Institute of Social

Sciences College Organized the Programme on "TRAINING ON PERSONAL CARE PRODUCTS AND SALES" for the women ageing25-35 at Pethaniyapuram.

AIM:

The Aim is to Organize and conduct a training program about "How to make personal care products and to sale the product" for the Kal-Ottar community women ageing between 25-35 living at Pethaniyapuram.

Objectives

- **To create awareness about Entrepreneurship among Women**
- **To educate them about starting a small-scale business.**
- **To educate them to make the product by themselves.**

Methodology:

- **The trainee practiced mobilizing and organizing skills by meeting Arun sir (VAPS) and talked about the community intervention program and told the need of a Resource person that gives a different training for the targeted community.**
- **Resource Person interacted with women and trained them in making the shampoo product.**

Field Experience:

- **The trainee was able to mobilize the Resource person and provide a different Training program which was much needed for the people.**
- **The trainee found it bit easy to organize the community as there was support from Karthick sir, from People's watch, and successfully organized the community.**
- **The women are educated about basic products and the process of its making through this training program.**

Challenges encountered: Nil

Outcome of the Program:

The trainee able to organize the Kal-ottar community and successfuly completed the community intervention program. The Women ageing from 25-35 show interest during the program and know about the procedure of making the shampoo products in home. The method of sales was also educated at the end of the program.

Feedback:

- **Participants was educated about the making process of the products.**
- **The women needed more training program like this.**

Conclusion:

The trainee organized the community and successfully completed the program. The trainee learnt a lot while conducting the program. The trainee get the support from the People's watch Agency in organizing the community.

Appendix:


Khadi India
Directorate of Capacity Building
Khadi and Village Industries Commission
Ministry of Micro, Small & Medium Enterprises, Govt. of India
प्रशिक्षण साझेदार TRAINING PARTNER
VAPS
No.38, Besant Road,
(Behind PTR Mahal),
Chokkikulam, Madurai 625 002
Voluntary Association for Peoples Service (VAPS)
GPS Map Camera
Madurai, Tamil Nadu, India
214, Agasthiyar St, Nagu Nagar, Madurai, Pethaniapuram, Tamil Nadu 625016, India
Lat 9.940613°
Long 78.091756°
27/02/24 11:04 AM GMT +05:30
Google


GPS Map Camera
Madurai, Tamil Nadu, India
182, Anbu St, Nagu Nagar, Madurai, Pethaniapuram, Tamil Nadu 625016, India
Lat 9.940969°
Long 78.092113°
27/02/24 11:41 AM GMT +05:30
Google


GPS Map Camera
Madurai, Tamil Nadu, India
188A, Anbu St, Nagu Nagar, Madurai, Pethaniapuram, Tamil Nadu 625016, India
Lat 9.941084°
Long 78.092373°
27/02/24 11:30 AM GMT +05:30
Google


GPS Map Camera
Madurai-South taluk, Tamil Nadu, India
11/232, Anbu St, Nagu Nagar, Madurai-South taluk, Madurai, Tamil Nadu 625016, India
Lat 9.9406° Long 78.0914°
27/02/24 11:17 AM GMT +05:30
Google


GPS Map Camera
Madurai, Tamil Nadu, India
23, Xavier Street, Nataraja Nagar, Madurai, Pethaniapuram, Tamil Nadu 625016, India
Lat 9.94129°
Long 78.091075°
27/02/24 11:29 AM GMT +05:30
Google

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COMMUNITY INTERVENTION PROGRAMME
PHYSIOTHERAPY CAMP

SUBMITTED TO
DR. P. JAYAKUMAR
ASSISTANT PROFESSOR

SUBMIITED BY
P. LALITHA
23MSWAHR04

Community Intervention Programme

Introduction:

On February 19 2024, Monday the student of Madurai Institute of Social Sciences College organized the programme on "PHYSIOTHERAPY CAMP" for the old age people at Inba Illam.

- **Title of the programme: Physiotherapy medical**
- **Date: 19/02/2024**
- **Time: 12:00pm – 6:00pm**
- **Venue: Inba Illam**
- **Target population: Old age people**
- **Resource person: Dr.M. Selvananthan B.PT, MBA**
- **Held by: Selva physiotherapy and fitness**

METHODOLOGY:

Aim:

To organize and conduct "FREE PHYSIOTHERAPY CAMP" by the help of the SELVA PHYSIOTHERAPY AND FITNESS for the old age people at Inba Illam, Pasumalai. Madurai

Objectives:

- **To create overall physical well-being of the inmates**
- **To seek social support network foster a sense of belonging and mutual support within the community**

Methods:

i. **Community organization**

Functions:

i. **Improve efficiency**

ii. **Support networking**

DETAILED NOTE ON PLANNING:

The trainee discussed with Dr. Selva about the free physiotherapy camp at Inba Illam for physical well-being of the elderly inmates. The doctor avail the date on 19/02/2024 after that the trainee asked permission for the agency Inba Illam.

DETAILED NOTE ON ORGANISING:

The physiotherapy camp was conducted on 19/02/2024 Monday in the afternoon between 12:00pm to 6:00pm at Inba Illam, Pasumalai, Madurai. The inmates of Inba Illam gathered for the camp after the doctor and their team arrived. The programme was conducted for the physical well-being and to check their basic check up also. The doctor instructed the inmates their daily exercises according to their pain and strength to each and every inmate. Then they gave wax massage to the inmate to get rid of their pains. The doctor said the inmates about their intakes of food and the water content.

A DETAILED NOTE ON BUDGETING: Nil

CHALLENGES ENCOUNTERED: Nil

OUTCOME OF THE PROGRAMME:

- **Through the physiotherapy camp the inmates got to know about their physical well being**
- **Inmates got to know about their routine diet of food and level of water content**
- **Through the treatment process with the wax massages the inmates got rid of their knee pain and their body pain.**
- **With the basic check up the inmates got to know their weight and blood pressure(bp)**

CONCLUSION:

The physiotherapy camp was a new experience for the trainee and trainee learnt how to conduct medical camp. The inmates were satisfied with the medical camp and felt very happy and they got rid of their pains.

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Community Intervention Programme Report Career Guidance
RC High School

SUBMITTED TO, **SUBMITTED BY,**

FIELD WORK COMMITTEE **SHANJEERA N 23MSWAHR05**

CARRER GUIDANCE

The future depends on what you do today!

Speaker:

P. Poonthamil Selvan
Junior Executive HR
GHCL Textile.Limited
Madurai.

20 FEB 2024
10.00 AM

Venue: RC High School
Kaathakinaru.
Join us on the day



COMMUNITY INTERVENTION PROGRAMME INTRODUCTION:
On 20 February 2024 Tuesday, Trainee – Shanjeera N, student of Madurai Institute of Social Sciences organized the programme on "CAREER GUIDANCE " for the School Students at RC High School.

- **Title of the programme: CARRER GUIDANCE.**
- **Date : 20/02/2024**
- **Time : 10:15 Am – 12:00 PM**
- **Venue: RC High School.**
- **Target population: Students of 10th Standard.**

RESOURCE PERSON:
Mr. P. Poonthamil Selvan, Junior Executive HR, GHCL Textile Limited.

METHODOLOGY:
AIM:
To organize and conduct "CARRER GUIDANCE PROGRAM " For 10th standard students at RC High School.
OBJECTIVES:
To create Awareness among school students about the following Contents

- **To educate tne opportunities available for students after graduation.**
- **To create knowledge about Upsc and tnpsc exams.**
- **To deal with exam stress**
- **To deal situations in a positive manner**
- **Tips to follow during exams**
- **Steps to succeed**

METHODS:

i) **Group work**
ii) **Community Organization.**

FUNCTIONS :

i) **Improve active participation**
ii) **To know about their ability**
iii) **To create insight**
iv) **Create interest in exams**
v) **Development**

DETAILED NOTE ON PLAN

The Trainee discussed with Mrs. Vimala Carolin, Headmistress of RC High School about the Programme for the 10th students on 16/02/2024 and got permission from her to conduct career guidance programme for 10th students.

DETAILED NOTE ON ORGANISING

The programme was conducted on 20/02/2024 morning 10:15 am to 12:00 pm at RC High School located in Kathakinaru. The students of 10th Std gathered in the Hall for the Programme. The Programme was conducted to learn about Opportunities after graduation, About Competative Exams like UPSC and TNPSC exams, how to manage exam stress, studing and presenting tips. Mrs. Arul Matharkarasi, Mrs. Sasikala, Mrs. Muthu Lakshmi the teaching staffs extended their support for the programme. Our Agency Supervisor Sr.
Lourdhu, the Program Coordinator, of Fr. Patrick's Home also gave an speech about why Valentine's day and Women's day are celebrated.
. The students learnt about

- **The opportunities in various fields.**
- **About UPSC,TNPSC, SSC exams.**
- **Difference between Stress and Distress.**
- **The 3p Techniques.**
- **Mantra to Succeed.**
- **To improve positive mindset**

A detailed note on budgeting : Nil Challenges encountered : Nil OUTCOME OF THE PROGRAMME:

Through the program the students learnt about the quality of acceptance and happiness. The program was an eye opening session to the students about their interest and

abilities. They came to know about the competitive exams like UPSC,TNPSC and SSC. The resource person gave an idea about stress and distress. The students learnt about 3p techniques to be followed during the exams that is perception preparation presentation.
This would definitely help them in the future. Atlast, the students developed a positive mindset.
APPENDIX:






GPS Map Camera
Madurai, Tamil Nadu, India
20/9A, Mudaliyar 1st Street, Thiruvapudaiyar Kovil, Sellur, Madurai, Tamil Nadu 625002, India
Lat 9.930854°
Long 78.123584°
20/02/24 10:24 AM GMT +05:30
Google


FR. PATRICK ISAAC HOME
Sringeri Nagar
Madurai
PROGRAMME: CAREER GUIDANCE
DATE: R.C. HIGH SCHOOL KATHAKINARU
VENUE: 20.02.2024
GPS Map Camera
Madurai, Tamil Nadu, India
20/9A, Mudaliyar 1st Street, Thiruvapudaiyar Kovil, Sellur, Madurai, Tamil Nadu 625002, India
Lat 9.930854°
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GPS Map Camera
Madurai, Tamil Nadu, India
20/9A, Mudaliyar 1st Street, Thiruvapudaiyar Kovil, Sellur, Madurai, Tamil Nadu 625002, India
Lat 9.930854°
Long 78.123584°
20/02/24 10:38 AM GMT +05:30
Google


GPS Map Camera
Alattur, Tamil Nadu, India
X5JC+JG3, SH 72A, Shanmugavel Nagar, Alattur, Kathakinaru, Tamil Nadu 625301, India
Lat 9.981449°
Long 78.171071°
20/02/24 11:51 AM GMT +05:30
Google


GPS Map Camera
Madurai, Tamil Nadu, India
20/9A, Mudaliyar 1st Street, Thiruvapudaiyar Kovil, Sellur, Madurai, Tamil Nadu 625002, India
Lat 9.930854°
Long 78.123584°
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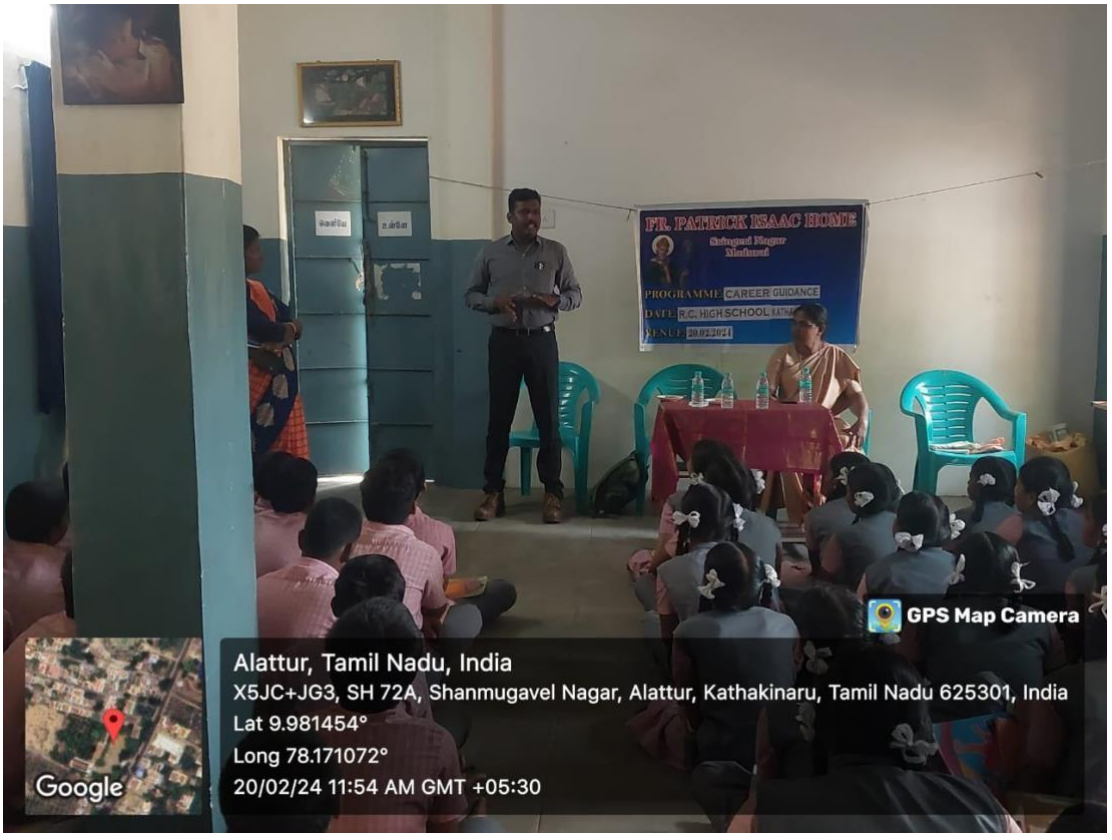
Google


FR. PATRICK ISAAC HOME
PROGRAMME CAREER GUIDANCE
GPS Map Camera
Alattur, Tamil Nadu, India
X5JC+JG3, SH 72A, Shanmugavel Nagar, Alattur, Kathakinaru, Tamil Nadu 625301, India
Lat 9.981454°
Long 78.171072°
20/02/24 11:54 AM GMT +05:30
Google



CONCLUSION

The programme was new experience for trainee and trainee learned how to organise and conduct programs. The trainee practiced group work and community organization methods the students were interested in learning new things and felt happy about the session. The tips and techniques would definitely help them for their future.

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Madurai- 625002.

Submitted to
Dr.Nishanth
23MSWSHR02

Submitted by
N.Muniswaran

PROGRAM

Title : Women empowerment

Theme : Awareness on rural women

Resource Person : Mr. kesavan,
Hr manager , Cosmo Tech

Mr.pothukai sundaresan program manager COSMO Tech

Ms.soundhari Domain trainer CED

Date : 20.02,2024

Time : 11.00am to 2.00pm

Venue : CED office
Madurai matuthavani

Target Population : Rural women, Madurai District

No. of Participants : 30 participants

community intervention

TOPIC:WOMEN EMPOWERMENT

20.2.2024/THURSDAY

PROGRAM AT 11:00

PLACE: CED OFFICE,MATTUTHAVAI ,MADURAI-2

Awareness on women empowerment Programme Under the Ministry of Micro, Small, Medium Enterprise.

I. INTRODUCTION:

On 20th Feb 2023, N.Muniswaran&B.Harini, trainees of Madurai Institute of Social Sciences has organized and conducted an awareness Programme towards Empower women by spreading awareness life skills. The Programme was organized and conducted at CED. The Programme was sponsored by CED.

II. OBJECTIVES

The main objective of this Programme was to create awareness on EDII Free training Programme. The Programme is under the Ministry of Micro, Small, Medium Enterprises which aims at supporting women empowerment. The qualities of a women, is huge and the generation gap makes the qualities of a women extinct. The Programme was also conducted to bring livelihood with their talent.

III. METHODOLOGY:

- **Introduction**
- **Awareness**
- **Organizing**
- **Interaction**
- **Motivational speech**

Aim
To facilitate the rural area women about the Women Empowerment.

Target Population
The trainee focused on the rural women. There was a total of 40participants at the Programme.

A detailed note on the Plan

Trainee met Dr. Mohanram program officer of Centre for entrepreneurship development. Limited to discuss about the idea on conducting community intervention Programme. The idea was approved with a minimum sponsor for the Programme. The trainee did not fixed the date suddenly prepare the Programme. Following up the discussion, and Mr.Kesavan COSMO HR manager about the target people, the agenda of the Programme, the methodology that will be used to carry out the awareness Programme on EDII and Women Empowerment and the resource person for the event.

The Resource Person for the event

- ✓ **Mr. Kesavan COSMO tech HRmanager**
- ✓ **Mr. Pothukai sundharesan program officer in COSMO tech,**
- ✓ **Ms. Soundhari domain trainer CED**

IV. CHALLENGES

The trainee found it difficult to interact with the participants at CED OFFICE since almost all the women are from the rural and bilingual wouldn't work.

V. OUTCOME OF THE PROGRAMME

The trainee was able to spread awareness on EDII free training Programme through motivation speech by the EDII Project Officer and the guests at the event. The Participants were women from the rural areas and are trainees that are skilled at tailoring. The Programme has helped the trainees to gain knowledge on EDII free training that helps women with little skills develop it into a successful business. The speech of the resource person inspired the trainees. And travel experience also good.

VI. CONCLUSION

The Programme winded up around 2.00 pm after few motivate speech the trainees at Madurai CED office. The trainees gave their feedback of the programme. Finally the vote of thanks was delivered by Dr.Mohanram.

VII. PHOTOS




GPS Map Camera
Madurai, Tamil Nadu, India
Unnamed Road, Madurai, Tamil Nadu 625020, India
Lat 9.941959°
Long 78.15151°
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Google


GPS Map Camera
Madurai, Tamil Nadu, India
Unnamed Road, Madurai, Tamil Nadu 625020, India
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Google


GPS Map Camera
Madurai, Tamil Nadu, India
Unnamed Road, Madurai, Tamil Nadu 625020, India
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Long 78.15151°
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No.9, Alagar kovil Road Madurai – 625002.

"ECONOMIC EMPOWERMENT SKILL TRAINING PROGRAMME FOR ELDERS"

SUBMITTED TO

FIELDWORK COMMITTEE

SUBMITTED BY

V. RUBASRI
23MSWACD03

COMMUNITY INTERVENTION PROGRAMME

Title of The Program **ECONOMIC EMPOWERMENT SKILL TRAINING PROGRAMME FOR ELDERS**
Date **27.02.24**
Time **02:00 pm**
Venue **Madurai Corporation Shelter Home for Urban Poor Elders, Gandhipuram, Iyer Bungalow Opposite, Madurai.**
Target Population **Elders**
Number of Participants **20**
Program Organizer **V. Rubasri, MSW**
Resource Person **Mrs. R. Maheshwari, Team Leader – VAPS**

AGENDA

- **Welcome Address : V. Rubasri, I – MSW, HELPAGE INDIA – Fieldwork Trainee**
- **Chief Guest Address : Mrs. R. Maheshwari, VAPS**
- **Skill Training : K. Vimala, I – MSW, VAPS – Fieldwork Trainee**
- **Vote of Thanks : Mr. Ramar, Managing Trustee – MCSHUPE.**

INTRODUCTION

On 13th March 2024, the trainee – V. Rubasri, student in Madurai Institute of Social Sciences College. The trainee had organized the Program on "Economic Empowerment Skill Training Program for Elders" the Elders age 50 – 70 years old at Madurai Corporation Shelter Home for Urban Poor Elders.

AIM

The Aim is to Organize and conduct a training program about "How to improve economic conditions support to lead their life" in old age home for elders.

OBJECTIVES

- **To create awareness about Entrepreneurship among Elders.**
- **To educate them about starting a small-scale business.**
- **To provide support them to improve their economic condition.**

METHODOLOGY

The trainee had practiced mobilizing and organizing skills by meeting Mr. Arun, Superintend (VAPS) and talked about the community intervention program and asked the need of a Resource person and support the trainee to organizing the community intervention program for the elders.

FIELD EXPERIENCE

- **The trainee had able to mobilize the Resource person and provide orientation for skill training program, much needed for the elders.**
- **The trainee found it bit easy to organize the elders for the community intervention program support from Mr. Saravanan, Agency supervisor and from Mr. Ramar, The Managing Trustee in Madurai Corporation Shelter Home for Urban Poor Elders, successfully organized the Elders.**
- **The elders are got idea about small scale start up is useful to improve their economic condition to lead their life.**

CHALLENGES ENCOUNTERED Nil

OUTCOME OF THE PROGRAM

The trainee able to organize the Elders and successfully completed the community intervention program. The Elders ageing from 50 – 70 years old show their interest during the program and know about the procedure for small scale start – up in old age home to improve their economic condition to lead the life. The method of marketing process also shared by the resource person at end of the program.

FEED BACK

- **The elders are thanked for the trainee and the resource person for the useful session.**
- **The elders needed more economic support and the program like this.**

CONCLUSION

The trainee organized the community intervention program and successfully completed the program. The trainee had learnt a lot while conducting the program. The trainee got the support from the HELP AGE INDIA Agency in organizing the Elders.

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PROGRAM REPORT

SUBMITTED TO:

Dr.P.JAYA KUMAR

SUBMITTED BY:

K.VIMALA

23MSWSCD04



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NO,9 ALAGAR KOVIL ROAD,
MADURAI 625002

Sustainable development
resource person :Mrs.Hemalatha
organised by: k.vimala
1st MSW,MISS.

SAVE THE DATE

FEB | 8 | 2024

Venue: Green fem,
chinna chokkikulam ,
Madurai .

SUSTAINABLE PROGRAMME

Resource person : Mrs.HEMALATHA &

Mrs.MAHESHWARI
Date : 08.02.2024

Time : 11.30 AM TO 1.30 PM

Venue : CHINNA CHOKKI KULAM, MADURAI

Target Population : MSD PROGRAM TRAINEES
Number of Beneficiaries : 25

INTRODUCTION:

The trainee of Madurai Institute of Social Sciences conducted Sustainable development programme on 10/03/2023 at Chinna Chokkikulam, Madurai. Target peoples were trainees of MSD programme at Chinna Chokkikulam. Sustainable development Theme of 2024 "sustainable"how to creative ours creative and smart ideas. The programme organized by the trainee (K.Vimala) and Supported by VAPS and Green fem members. The Guest of honor was trainer Mrs.Hemalatha, one of the shareholder of green fem Mrs.Maheshwari.

OBJECTIVES:

Sustainable entrepreneurship is opportunity oriented and aims at generating new products, services, production processes, techniques, and organizational modes which substantially reduce social and environmental impacts and which increase the quality of life.

factor for achieving sustainable economic growth, social development and environmental sustainability. Entrepreneurship among women has led to their empowerment. Women entrepreneurship also leads to social and economic empowerment of women. Thus, need to focus on enterprises owned and run by women.

Women play a crucial role in ensuring the effectiveness and efficiency of sustainable development efforts. Their full and equal participation in decision- making and policy development is essential to create and maintain this pathway.

METHODOLOGY:

- **Organizing**
- **Interaction**
- **Inspiring speech (Resource person)**
- **Awareness**
- **Activity**

FIELD EXPERIENCE:

- **The trainee found it easy to manage, coordinate and implement the program but struggled to**
- **build rapport at the beginning. The trainee had faced difficulty in time management.**

OUTCOME OF THE PROGRAM:

- **The participants enjoyed to the fullest.**
- **The programme motivated the participants by creating positive change.**
- **The program helped the participants increase their self-confidence and self- esteem**

CONCLUSION:

- **The Programme winded up around 1.30 pm after few activities to motivate the trainees**
- **China chokkikulam. The Participants of Chinnachokkikulam gave their feedback of the program. Finally the vote of thanks was delivered on behalf of Madurai Institute of social sciences.**

Photo gallery






Management Development Programme (MDP)
under
Entrepreneurship Skill Development Programme (ESDP) scheme
Date:24.01.2024 To 31.01.2024
Organised by:
Supported by:
Venue: Chokkikulam, Madurai

Thankyou…..

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Madurai-2

Community Intervention Programme Report Impact on technology of society

Submitted To
Fieldwork committee

Submitted by
PEMINADEVI . P 23MSWSHR09

Impact on technology of society about school students

Organizing department : MSW (1st year)

Title : Impact on technology of society about school Students
Venue : Sellur , Madurai 625002

Date of the programme: 20.02.2024
No of participants 20

Resource Persons : Dr . M . Kannagi
HeadMistress of Manohara Middle School

Time : 2 .30 PM to 4.00 PM

Madurai institute of social science
Run by capt Dvr Foundation for HRD

(An Autonomous college and research center Affiliated to MKU) Re - Accredited with "B"+ Grade by NAAC no 9,
Alagarkovil road,
Madurai - 625002

We cordially invite you to an awareness program on

Impact on technology of society

On 16 . 02. 2024

SPEAKER
Dr.M.Kannagi
HeadMistress of Manohara
Middle school

TIME
2 : 30 PM to 4: 00PM
VENUE
Barathiyar Corporation High school
sellur
Madurai

Community intervention programme

Introduction

In the ever-evolving landscape of the 21st century, school students find themselves immersed in a world deeply intertwined with technology. As they navigate this digital realm, it becomes imperative to cultivate awareness about the profound impact of technology on society. This awareness extends beyond the mere use of gadgets to understanding the broader implications on communication, education, relationships, and ethical considerations. By fostering a nuanced understanding of technology's role, students can not only harness its benefits but also navigate potential pitfalls, contributing to their holistic development as informed and responsible members of a tech-driven society. This exploration aims to illuminate the multifaceted relationship between technology and society, providing students with the insights necessary to navigate this dynamic intersection.

Methodology

- **Aim**

Impact on technology of society aim to school students with a holistic understanding of technology's influence on society, fostering responsible and informed engagement in the digital world

- **Objective**

Develop critical thinking and digital literacy skills, instill a sense of responsibility in technology use, and cultivate adaptability to navigate the societal implications of technology among school students.

Outcome of the programme

Through this programme the school students to responsibly navigate the digital landscape, fostering informed decision-making and contributing positively to society's technolgical evolution

Documentation with GPS Tagged Photos





Vote of thanks



Conclusion

The trainee learned lot of knowledge gained the program a new experience and thanking about school students and resource person .

Signature of the fieldwork supervisor
Dr. S. Joyce Jeyarani
Assistant professor

Signature of the trainee
Peminadevi . P
23MSWSHR09

24

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No.9, Alagar koil Road, Madurai- 625002.

COMMUNITY INTERVENTION PROGRAM REPORT

SUBMITTED TO : Dr V GURUMOORTHI
SUBMITTED BY : V.AJAY ARAVIND (23MSWSHR08)

Introduction

The fieldwork trainee from Madurai Institute of Social Sciences „ Master of Social Work, Human Resource Management student V.AJAY ARAVIND organized the outreach program on AWARENESS ON SUSTAINABLE WASTE MANAGEMENT Trainee invited resource person, Head of municipality cleaning department Mr.CHIKKANADAR. The beneficiaries is Thirumangalam municipality cleaning department labors . Resource person brief explanation about sustainable waste management .

Objective

To ensure the self-security
To provide suggestion about sustainable waste management

Method

The trainee organizing skill on community organization method from social work practice and also practiced the principle of communication to communicate about the sustainable waste management in effective way. Principle of confidentiality is followed the program.
Resource person interacted with municipality cleaners and clarifying the questions from their side. Educate about methods on the basis of safety work.

Field Experience

Experience and Observation about working process of municipality employee They provide opportunity to know about the problems in their work

Outcome of the Program

- **The outcome of the program is employee get knowledge about sustainable waste management**

Feedback

Sustainable Waste management is current situation so the participants gained knowledge

Conclusion

Trainee really satisfied experience from this program. Trainee practiced social work research in this school under the topic on "Awareness on sustainable waste management.

OUTREACH PROGRAM

SUBJECT : AWARNESS ON SUSTAINABLE WASTE MANAGEMENT

DATE:08.02.2023
VENUE: MUNICIPALITY OFFICE CAMPUS

CHIEF GUEST:
Mrs M RAMIYA Msc.
THIRUMANGALAM CHAIRMAN

RESOURCE PERSON:
Mr MR MUTHUKUMAR
GOVERNMENT PROJECT CONTRACTOR
Mr CHIKKANADAR
HEAD OF CLEANING WORKER

PROGRAM CONDUCTED UNDER THE GUIDENCE OF:
Dr V GURU MOORTHY
MR S CHARLES

PROGRAM CONDUCTED BY
MR V AJAY ARAVIND


திருமங்கலம் நகராட்சி
GPS Map Camera
Thirumangalam,TN,India
Munsif Court Road, Thirumangalam,
Thirumangalam, 625706, TN, India
Lat 9.824610, Long 77.987456
02/08/2024 06:53 AM GMT+05:30
Note : Captured by GPS Map Camera


திருமங்கலம் நகராட்சி
GPS Map Camera
Thirumangalam,TN,India
Munsif Court Road, Thirumangalam,
Thirumangalam, 625706, TN, India
Lat 9.824560, Long 77.987451
02/08/2024 06:49 AM GMT+05:30
Note : Captured by GPS Map Camera

25

vMADURAI INSTITUTE OF SOCIAL SCIENCES

In Collaboration with PANCHAYAT UNION OFFICE(EAST)
Organised

Awareness on Nutrition, open defecation, Substance abuse for student group

Awareness on Nutrition, open defecation, Substance abuse for student group

Submitted to Submitted by

The Fieldwork Supervisor S. KEERTHANA

(23MSWSHR12)

COMMUNITY INTERVENTION PROGRAMME REPORT



Title of the Programme : Awareness on Nutrition, open defecation, substance abuse for students group

Resource Person : MRS. Sumathi (principal of Government primary school Y.Pudhupatti)

Date :13.02.2024

Time :11.00AM

Venue : Y.Pudhupatti

Target Population : students

No.Of.Beneficiaries : 25

INTRODUCTION:

On 13th February 2024 MRS.S. Keerthana the field work trainee of the Madurai Institute of Social Sciences has organized and conducted "Awareness about the nutrition foods, open defecation, substance abuse " for primary grade boys and girls at Government primary School Y.pudhupatti from 11.00 am to 12.00am with the permission of MR. Kannan, Deputy Block Development officer (panchayat union office EAST). And seek permission from the principal of Government Primary school y.pudhupatti Madurai East Panchayat.

METHODOLOGY:

- **Aim**

To promote healthy living and prevent health-related issues by raising awareness about nutrition, hygiene practices to prevent open defecation and substance abuse prevention to the students of Government primary school Y.Pudhupatti..

- **Objectives**

To create awareness to the students about:

1. **promote understanding of nutrition's importance for overall health.**
2. **Increase understanding of the health risks associated with open defecation and promote the adoption of proper sanitation practices.**
3. **Educate about the risks and consequences Substance abuse**

- **Target Population**

Target population of this programme was students of Government Primary School Y.Pudhupatti 25 students were participated in this programme.

Field experience:

Engaging in the children-related program offered a valuable opportunity to focus on the well- being of our future generation, recognizing the pivotal role children play in shaping our society. The programme effectively educated students on preventive measures necessary for maintaining a healthy environment and consuming nutritious foods crucial for their overall growth and development. Through field experience, the trainee gained awareness about moblize the community and this experience motivates the trainee to initiate more programs on child related awareness to various village schools for a sustainable future.

- **A detailed note on Budgeting : NIL**
- **Challenges encountered: Nil.**

OUTCOME OF THE PROGRAMME

Through this programme the students belongs to primary grade know about the Nutritional foods, Mental health issues, Substance abuse and Child Sexual Abuse.
Conclusion :

The program concluded promptly at 12:00 pm, where S. Keerthana delivered a vote of thanks to the School Head Master, officials from the village panchayat, and the dedicated school teachers for their invaluable support and permission to conduct the program. This expression of gratitude was extended on behalf of Madurai Institute of Social Sciences College.

Signature of the field work supervisor Signature of the trainee DR. A. Arun RajKumar S. Keerthana
23MSWSHR12

GEO TAGGED PHOTO:




GPS Map Camera
Othakadai, Tamil Nadu, India
X5PP+2HV, Othakadai, Tamil Nadu 625107, India
Lat 9.985084°
Long 78.185908°
13/02/24 11:41 AM GMT +05:30
Google

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OUTREACH PROGRAM REPORT

Submitted to
The field work supervisor
Dr.v. GURU MOORTHI

Submitted By
M.SHASHI KUMAR
23MSWACD02

MADURAI INSTITUTE OF SOCIAL SCIENCES

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No.9, Alagarkovil Road, Madurai- 625002.

Cordially invite
for the

"AWARENESS AMONG THE DIABETES PATIENTS"
DIET

Resource Person

DR. SUJATHA

HelpAge India

DATE : 29 FEBRUARY 2024
TIME : 11.00 AM
VENUE: PANDIYAN STREET, VANDIYUR

ORGANIZED BY
M.SHASHI KUMAR
I MSW

AWARENESS PROGRAM

Date : 29.02.2024 / friday

Time : 11.00 AM

Venue : Pandiyan street , Vandiyur , Madurai.
Welcome Address : Mr. M. Shashi kumar

Guest Speech : Dr. Sujatha
Vote of thanks : Mrs. Rubasri

Time Schedule:
11.00 Am - Program was started

11.10 Am - Welcome address was given by Mr.M. Shashi kumar

11.10 Am - Dr. sujatha gave orientation on health and balanced diet for geriatric diabetics

11.50 Am - Trainee had given orientation on parents and senior citizen maintenance and welfare act 2007

12.20 pm - Feed back session

12.30 pm - vote of thanks by Mrs. rubasri

INTRODUCTION:

On February 29th 2024 the Madurai Institute of Social Science trainee conducted an awareness initiative centered on the health and balanced dietary needs of geriatric diabetic patients at Pandian Street in Vandiyur, Madurai. Approximately 30 individuals actively participated in the event, where Dr. Sujatha played the role of the distinguished resource person. Additionally, the trainee provided guidance on the Maintenance and Welfare of Parents and Senior Citizens Act of 2007 during the orientation session.

AIM:

To raise awareness among geriatric diabetic patients regarding their health and the importance of a balanced diet, as well as to inform them about the provisions of the Parents and Senior Citizens Maintenance and Welfare Act of 2007.

OBJECTIVES:

- ✓ **To foster awareness among geriatric diabetic patients about maintaining health through a balanced diet.**
- ✓ **To educate them about the provisions of the Parents and Senior Citizens Maintenance and Welfare Act of 2007.**
- ✓ **To Encourage the adoption of proactive health measures, emphasizing preventive strategies and lifestyle choices tailored to the specific needs of geriatric diabetic individuals.**

A BREIF NOTE ON PLANNING:

Trainee met the Fieldwork Supervisor dr.v.guru moorthi assistant professor and discussed about the outreach program topic that has to be conducted in pandian street vandiyur madurai and also discussed with agency supervisor about the program. The trainee finalize the date for the program

SUMMARY OF THE PROGRAM:

The Madurai Institute of Social Sciences trainee organized an awareness program for geriatric diabetic patients, featuring Dr. Sujatha as the resource person. The session commenced with the trainee introducing both the topic and the resources. Dr. Sujatha then provided guidance on maintaining health and a balanced diet for diabetic patients. Subsequently, the trainee conducted an orientation on the Parents and Senior Citizens Maintenance and Welfare Act of 2007 for the participants.

FIELD EXPERIENCE:

The trainee gained valuable field experience through active involvement in the execution of this program. This included coordinating with Dr. V. Guru Moorthi and the agency supervisor, introducing the resources, and facilitating the informative sessions on health, balanced diets for geriatric diabetic patients, and the Parents and Senior Citizens Maintenance and Welfare Act of 2007. The hands-on experience allowed the trainee to apply theoretical knowledge to practical situations and contribute effectively to the program's success.

OUTCOME OF THE PROGRAM:

The program yielded positive outcomes, such as heightened awareness among geriatric diabetic patients about maintaining health through a balanced diet. Participants gained insights from Dr. Sujatha's orientation, empowering them with knowledge on proper health maintenance. Additionally, the orientation on the Parents and Senior Citizens Maintenance and Welfare Act of 2007 equipped attendees with an understanding of their rights and provisions. Overall, the program succeeded in delivering valuable information and fostering a sense of well-being within the community.

CONCLUSION:

The program achieved its objectives by effectively raising awareness about health and balanced diets among geriatric diabetic patients. The insights shared by Dr. Sujatha and the orientation on the Parents and Senior Citizens Maintenance and Welfare Act of 2007 contributed to the overall success. The trainee's active involvement and coordination with supervisors played a crucial role in executing a meaningful and impactful program, benefiting the participants and fostering community well-being.









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MADURAI INSTITUTE OF SOCIAL SCIENCES

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COMMUNITY INTERVENTION PROGRAMME

SUBMITTED TO **SUBMITTED BY**

Dr. A. Arun Rajkumar **S. Megala**
Assistant Professor **23MSWSHR11**

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the Programme : Importance of Women's leadership

Resource Person : Mrs. Anitha, Counselor, EKTA

Date : 8.02.2024

Time : 1.00 PM

Venue : Government Higher Secondary school, Pappapatti

Target Population : 30 (Women in Self help groups)

Collaborative Organization : EKTA, Madurai

Introduction about the Programme :

On February 8, 2024, A women's meeting was organized at Government Higher Secondary School, Pappapatti. Self Help Groups women were participated in this meeting. The meeting was started at 1.00 pm. The resource person of this programme gave an awareness about women education and also emphasized the importance of women's leadership. This programme was organized by Ms. S. Megala, I-MSW, Fieldwork trainee, Madurai Institute of Social Sciences.

Aim of the Programme:

- **To provide the awareness about the women education and also promote the importance of leadership qualities among women in self help groups.**

Objectives of the Programme:

- **To provide an information related to women education • To engage with people to analyze their needs and problems.**
- **To educate the people about leadership qualities.**
- **To know about the ongoing process in self help group**

Target Population:
The Target population of this programme was women in Self Help Group. Overall 30 women were participated in this meeting.

Field Experience:
The trainee felt that it was a wonderful opportunity to organize this meeting. It was very useful for all the participants. Through this programme, the trainee also got aware of women education and also understand the importance of leadership among women. It was a purposeful programme to encourage future women leaders. The resource person insisted the women to participate in politics.

Outcome of the Programme:

- **Through interaction with the people, the trainee observed that most of the women have a knowledge about importance of women education. The trainee also understand the needs of the women in self help groups.In upcoming days, self help group members are going to start tailoring unit for their sustainable growth.**
- **The members in self help group are going to make navadhanya snacks but they need a help for marketing the products.**

Conclusion:

This programme was very effective in nature. The trainee learnt to how to organize the community for a programme. This programme was helped the trainee to understand the importance of women leadership and also analyze the needs of the women in self help groups. The trainee observed the various mindset of the people. The trainee thank EKTA for providing this beautiful opportunity. The trainee thank all the person who provide an immense support for this programme.

Signature of the fieldwork supervisor Signature of the trainee DR. A. Arun Rajkumar
S.Megala
23MSWSHR11

MADURAI INSTITUTE OF SOCIAL SCIENCES

In colloboration with EKTA

IMPORTANCE OF WOMEN'S LEADERSHIP

Resource person: Mrs. Anitha, counsellor, EKTA

THURSDAY **8** **AT 1 : 00 PM**

FEBRUARY 2024

VENUE : GOVERNMENT HIGHER SECONDARY SCHOOL, PAPPAPATTI

ORGANIZED BY : S MEGALA, I - MSW

GEO TAGGED PHOTOS:





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No: 9, Alagar Kovil road, Madurai – 625 002.

Community Intervention Programme Report
The Rights Of The Persons With Disabilities St. Joseph School for the Blind

SUBMITTED TO

Dr. S. Joyce Jeyarani
Assistant professor

SUBMITTED BY

R. Subethashree
23MSWAMP06

Community Intervention Programme

Introduction:

On February 13 2024, Tuesday student of Madurai Institute of Social Sciences College Organized the Programme on "The Rights of the Persons with Disabilities" for the School Students at St. Joseph School for the Blind.

- **Title of the programme:" The Rights of the Persons with Disabilities"**
- **Date : 13-02-2024**
- **Time : 10.00 am – 11.00 am.**
- **Venue: St. Joseph School for the Blind.**
- **Target population: Students of 1st to 9th Participated in this Programme.**
- **Number of partcipants : 63 students**
- **Resource person: Mr. A. ATHMA RISHI, B. Tech, MSW, PGDC. Counsellor, Ilakkuvanar Mental Health Centre, Madurai.**

Methodology Aim:
To organize and conduct program about "THE RIGHTS OF THE PERSONS WITH DISABILITIES" for the School Students at ST. JOSEPH SCHOOL FOR THE BLIND for 1st – 9th students.
Objectives

- **To create Awareness among school students about The Rights of the Persons with Disabilities.**
- **To enhance their knowledge about their rights.**
- **To improve rapport building.**

Methods:

i. **Community Organization.**
ii. **Group Work.**

Detailed Note On Planning:

The Trainee discussed with Ms. Bakya Mary the Principal of St. Joseph School for the Blind about the Programme among the 1st to 9th students On 13/02/2024 and got permission from them to conduct The Rights of the Persons with Disabilities programme for the students.

Detailed Note on Organising:

The programme was conducted on 13/02/2024 in the morning 10am to 11am at St. Joseph School for the Blind located in Paravai. The students of 1st to 9th standard students are gathered for the program. The

Programme was conducted to enhance their knowledge about PWD Act 2016. The resource person Mr. A. ATHMA RISHI explained about benefits that are needed for the students. The session was conducted to the students by interaction.

A detailed note on budgeting : Nil

Challenges encountered : Nil

OUTCOME OF THE PROGRAMME

Through the program the students learned about the persons with disabilities, their rights and improved their awareness about the act. In this contemporary society, the government is providing various welfare measures to the disability people but at times they are not aware of that. Thus, the program enhanced the participants knowledge about the act, their rights and the trainee believe that it will increase their attitude towards their own disability.

Appendix:

Conclusion:

The programme was new experience for the trainee and the co - trainee learned new concepts about the persons with disabilities. The participants was so interested in participating in the program, the trainee also learned about the professional way of organizing a community intervention program. Thus, the trainee successfully completed the program in a good manner.

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COMMUNITY INTERVENTION PROGRAMME


EKTA
Resource Centre For Women
MADURAI
GPS Map Camera
Pappapatti, Tamil Nadu, India
12, Pappapatti, Tamil Nadu 625537, India
Lat 10.007419°
Long 77.851715°
08/02/24 01:22 PM GMT +05:30
Google



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MADURAI INSTITUTE OF SOCIAL SCIENCES

In Collaboration with

TAMILNADU COUNCIL FOR ENTERPRISE DEVELOPMENT ORGANIZED

A medical camp from Apollo hospital and conducting program related with personal and hygiene

SUBMITTED TO :

DR. T.M.VENKATAMURUGAN

SUBMITTED BY :

M.KAMALI FIELDWORK SUPERVISOR



ARULAGAM



You are invited to our

General Medical Camp Organized by Apollo Hospital

&

Conducting Program related with Personal Hygiene





FEBRUARY 27,(10.00AM TO 12.00 PM)

VENUE : ASSOCIATION OF ARULAGAM
THIRUPARANKUNDRAM ROAD,
PASUMALAI,
MADURAI

ORGANIZED BY : M. KAMALI ,
I st MSW,
MADURAI INSTITUTE OF SOCIAL SCIENCES

COMMUNITY INTERVENTION PROGRAMME REPORT :

- **Title of the Programme :General medical camp and conducting program regarding personal**

hygiene

- **Resource Person :MS.Iswarya**
- **Date : 27.02.2024**
- **Time : 10:00 am to 1:00 pm**
- **Venue :Arulagam Hall**
- **Target Population:Inmates of arulagam**
- **No.Of.Beneficiaries 40**

Introduction :

On 27thFebruary 2024 M.Kamali the field work trainee of the Madurai Institute of Social Science has organized and conducted a General medical camp and organized a programme on person hygiene from 10.00am to 12.00 pm with the permission from Mrs.Rathini Alfred secretary of Arulagam.

Methodology:

- **Aim**
  - **The aim of conducting a medical camp and program on personal hygiene is to improve inmates health outcomes by providingaccess to essential medical services,promoting hygiene practices, and delivering education on preventative healthcare measures.**
- **Objectives:**
  - **To identifying health issues early to prevent complications and ensure prompt treatment.**
  - **To educating residents on hygiene practices to prevent the spread of diseases and promote personal well-being.**
  - **To evaluating residents' health status to address any immediate concerns and provide necessary support.**
  - **To offering guidance on nutrition, exercise, and lifestyle choices to improve overall health outcomes.**
  - **To identifying and addressing risk factors to prevent future health problems.**
  - **To providing resources and assistance for mental well-being and stress management.**
  - **To monitoring residents' health progress and providing ongoing support and interventions as needed.**

- **Target Population:**
  - **Target population of this programme are persons from Arulagam inmates.**

Field experience:

The trainee had a new exposure as Program organizer as role of social worker. The trainee had a new experience in organizing a general medical camp &personal hygiene.The trainee had a opportunities to interact with doctor . The trainee learned the importance of rapport building.

- **A detailed note on Budgeting : NIL**

- **Challenges encountered :NIL**

Outcome of the programme :

- **Residents gain a better understanding of their health status and learn about preventive measures to maintain their well-being**
- **Inmate feel empowered to take control of their health and make informed decisions about their well-being, leading to greater self-confidence and autonomy.**
- **Programs foster a sense of community and support among residents and staff, creating a positive social environment conducive to health and wellness.**
- **Inmates gain a better understanding of their health status and learn about preventive measures to maintain their well-being**
- **Education on hygiene practices helps in reducing the spread of infectious diseases among inmates and staff, promoting a healthier environment**

Conclusion:

The program concluded promptly at 1:00 PM where M.kamali gave vote of thanks. This expression of gratitude was extended on behalf of Madurai Institute of Social Sciences College. Conducting general medical check-ups and hygiene programs in short-stay homes is a vital component of promoting the health and well-being of residents. Through these programs, residents gain valuable insights into their health status, learn preventive measures to maintain their well- being, and develop healthy hygiene habits. Early detection and management of health issues contribute to better health outcomes, while promoting hygiene practices helps in reducing the spread of infectious diseases within the community.

Signature of the field work supervisor Signature of the trainee MR.T.M. VENKATAMURUGAM
M. KAMALI
23MSWAFC06

GEO TAG PHOTOS:




GPS Map Camera
Madurai, Tamil Nadu, India
42, 43, Tirupparankunram Rd, Pasumalai, Madurai, Tamil Nadu 625004, India
Lat 9.896806°
Long 78.086356°
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Google


GPS Map Camera
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GPS Map Camera
Madurai, Tamil Nadu, India
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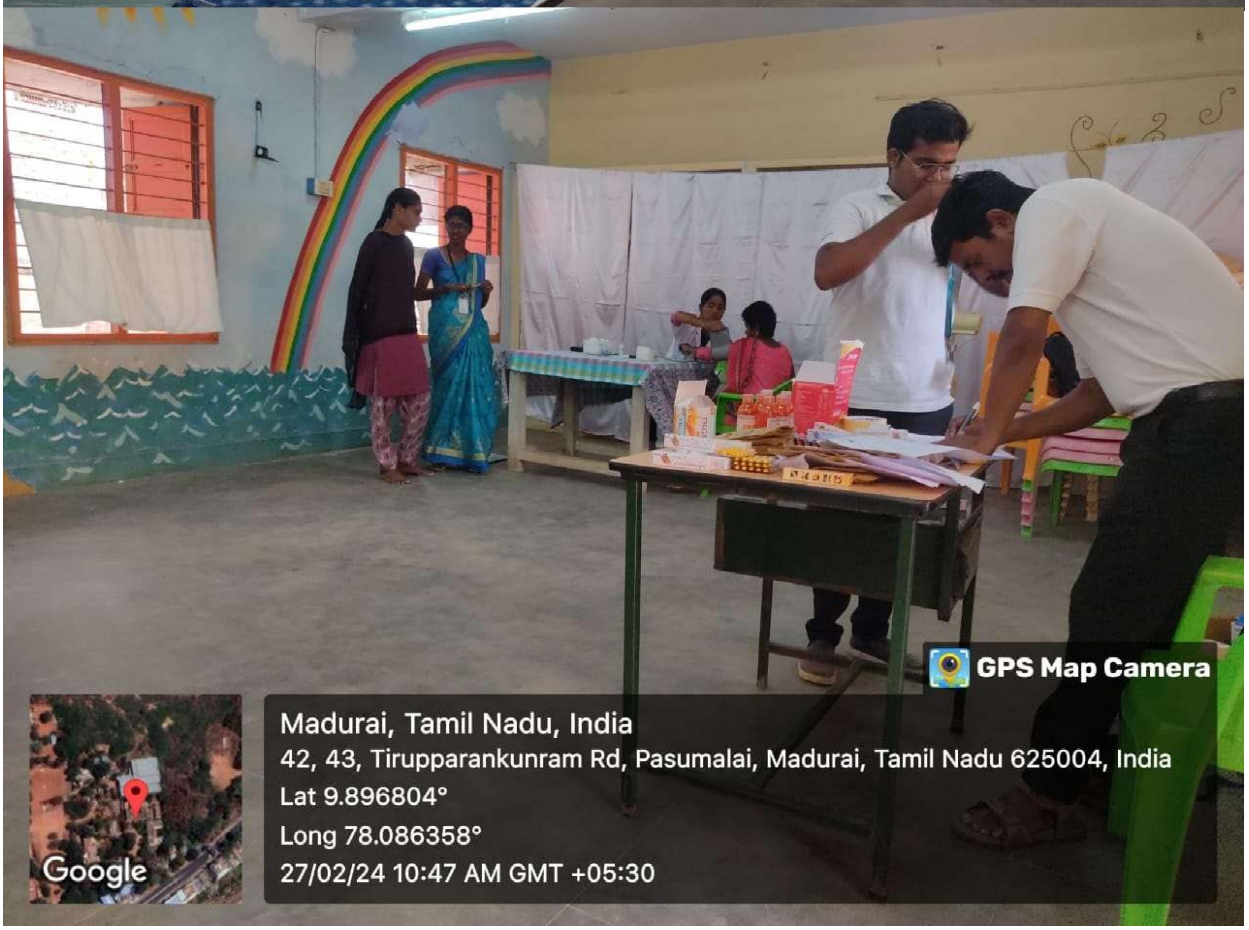
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42, 43, Tirupparankunram Rd, Pasumalai, Madurai, Tamil Nadu 625004, India
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COMMUNITY INTERVENTION

NAME : **SARAVANA PRIYA .K**

ROLL NO : **23MSWAMP04**

PROGRAM : **I-MSW**
COURSE :
FIELDWORK SUBMITTED TO : **DR.V.GURUMOORTHY SUBMITTED DATE :**
PLACE : **THIRUPARAGUNDRAM PROGRAM CONDUCTED**
DATE : **13.02.2024**

TOPIC: Protection of Children from Sexual Offences (POCSO) Act 2012.

INTRODUCTION

Child sexual abuse is a serious problem that needs quick action. To address this, our community program aims to help people understand and become aware of the Protection of Children from Sexual Offences (POCSO) Act 2012. This law is very important because it protects kids from sexual crimes and makes sure their rights are safe.

AIM:

The primary aim of our community intervention program is to raise awareness about the POCSO Act 2012, empower students with the knowledge to identify and prevent child sexual abuse, and foster a protective environment for children.

OBJECTIVES:

Educate The Student: Provide comprehensive information about the POCSO Act, its provisions, and the legal procedures involved.

Raise Awareness: Sensitize the student about the prevalence and impact of child sexual abuse and encourage a proactive approach to prevention.

Empowerment: Equip students with the skills to recognize signs of abuse, report incidents, and support victims effectively.

Program Schedule:

Our community intervention program will be conducted over a span of **TWO HOURS**, with each half hours dedicated to specific aspects of the POCSO Act and its implementation.

Understanding The POCSO Act **Introduction to the POCSO Act and its significance**	
	Overview of legal definitions and provisions
Impact Of Child Sexual Abuse	
	Guest speakers and testimonials **Discussions on the psychological and social impact on survivors**
Prevention And Reporting	
	Workshops on identifying signs of abuse **Guidelines on reporting incidents and providing support**

METHODOLOGY:

Our program will student a combination of interactive sessions, workshops, and guest speaker engagements to ensure active participation and understanding. Informational pamphlets and resources will be distributed, and a helpline will be established for students seeking guidance.

Interactive Sessions: Facilitators will engage participants in discussions, encouraging questions and sharing of experiences to enhance understanding.

Workshops: Practical workshops will provide hands-on training in recognizing signs of abuse, reporting procedures, and offering support to survivors.

Guest Speakers: Experts in counselling, law enforcement, and social work will share insights and answer queries, enriching the program with diverse perspectives.

Informational Resources: Participants will receive informative materials, including pamphlets, brochures, and contact details for further assistance.

ACTIVITIES DONE




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V3MC+5CQ, Avaniyapuram - Thirupparankundram Rd, Thiruparankundram, Tamil Nadu
625005, India
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ஒற்றுமையே வலிமை
vivo V19
Perfect Shot


vivo V19
Perfect Shot


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V3MC+5CQ, Avaniyapuram - Thirupparankundram Rd, Thiruparankundram, Tamil Nadu 625005, India
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Long 78.071134°
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LEARNING OUTCOME

Trainees gained a comprehensive understanding of the Protection of Children from Sexual Offences (POCSO) Act 2012, including its purpose, provisions, and legal implications.
Awareness of Child Rights and Protection was achieved among students about the rights of children and the measures in place for their protection under the POCSO Act.
Trainees developed the ability to recognize signs and indicators of child abuse as outlined in the POCSO Act, promoting early detection and intervention.

Trainees developed skills to respond effectively and Trainees actively encouraged students that contribute to creating safe spaces for children, ensuring their well-being and protection.
These achieved learning outcomes demonstrate the trainees successful acquisition of knowledge and skills during the community intervention program.

CONCLUSION

The community intervention program offered trainees a chance to advocate for child rights and grow personally. The trainees improved communication, teamwork and empathy by presenting topics and interacting with students. The skills and lessons that the trainees learned will help them in their future work with communities.

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OUTREACH PROGRAM REPORT

Submitted To
Fieldwork Supervisor

Submitted By
B.Harini
23MSWSCD02

INVITATION:

COMMUNITY INTERVENTION PROGRAM

TOPIC:PRIME MINISTER EMPLOYMENT GENERATION PROGRAM

14.2.2024 /WEDNESDAY

PROGRAM AT 11:00 PM



PLACE;64,JAWAHAR NAGAR 5TH ST ,NGO NAGAR,THIRUMANGAL AM-625706

AWARENESS PROGRAM

Date : 14.2.2024/Wednesday

Time : 11:00AM

Venue : 64,Jawhar Nagar 5th Street, NGO Nagar,
Thirumangalam, Madurai-625706
Welcome Address : Dr.V.Mohanram (programming officer)

Guest Speech :Mr.ChinnaThambi(Formar Divisional director)
Vote of thanks : Dr.V.Mohanram

Time Schedule:

11:00 am - Program was started

11:20am - Welcome address was given by Dr.V.Mohanram

11 :30a -The Resource person started his speech about prime minister employment Generation program

12:40pm -The participants had a Tea break

12:50pm -The program continued after the tea break

1:25pm -The Resource person ended his speech

1:30pm -Dr.V.Mohanram gave vote of Thanks

1:35pm - The Trainees interacted with the participant

2:00pm -The program was ended

INTRODUCTION:

The trainee of Madurai Institute of Social Sciences conducted an indepth guide to the prime minister employment generation program.The target population was self help group members .The program was organized by the trainee (B.Harini) and co-trainee (N.Munishwaran) . The trainee interacted with the participants about their group development

AIM:

The aim of the program was to provide an in-depth guide to the Prime Minister Employment Generation Program (PMEGP) to the target population of self-help group members.

OBJECTIVES:

- **To educate self- help group members about the PMEGP and its benefits.**
- **To empower participants with knowledge and skills to avail of opportunities provided by PMEGP**

METHODOLOGY:

- **Participation - This is the crucial part of the program as it allow the members to participate and involve in the program through activity for more understanding.**

- **Use of Interaction – The program to give them the space their opinions and knowledge sharing and to understand the Scheme**

- **Organizing**
- **Educating**
- **Coordinating**

A BREIF NOTE ON PLANNING:

Trainee met the Fieldwork Supervisor Prof Dr.M.Nishanth and discussed about the outreach program topic that has to be conducted in thirumangalam among the self help group members and also discussed with agency supervisor about the program. The trainee finalized the date for the program. And got permission from the nodel officer.

SUMMARY OF THE PROGRAM:

The trainees of Master of Social Work was organized a program on To educate self-help group members about the PMEGP and its benefits. The program commenced with an overview of PMEGP, followed by detailed discussions on eligibility criteria, application procedures, and support mechanisms available under the scheme.

OUTCOME OF THE PROGRAM:

The program resulted in increased awareness and understanding of PMEGP among self-help group members. Participants expressed confidence in navigating the application process and leveraging the opportunities provided by the scheme. Additionally, enhanced group cohesion and communication skills were observed among participants, fostering a supportive environment for collective growth.

CONCLUSION:

In conclusion, the PMEGP training program organized by trainees of Madurai Institute of Social Sciences proved to be a valuable initiative in empowering self-help group members with knowledge and skills for socio-economic upliftment. The collaborative efforts of the trainees and participants contributed to the success of the program, highlighting the importance of community engagement and capacity-building initiatives in fostering sustainable development.


GPS Map Camera
Tirumangalam, Tamil Nadu, India
64, Jawahar Nagar 5th St, NGO Nagar, Jawahar Nagar, Tirumangalam, Tamil Nadu 625706, India
Lat 9.828157°
Long 77.988727°
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Google



32

MADURAI INSTITUTE OF SOCIAL SCIENCES

In Collaboration with

TAMILNADU COUNCIL FOR ENTERPRISE DEVELOPMENTOrganized

Seminar on Investment Opportunity in Herbal-Solvent Extraction Plant

SUBMITTED TO

DR. A. ARUN RAJKUMAR
FIELDWORK SUPERVISOR

SUBMITTED BY

P. HARIKARAN
(23MSWAHR06)

S E M I N A R O N

INVESTMENT OPPORTUNITY IN HERBAL - SOLVENT EXTRACTION PLANT



24, FEB 2024 | 10AM

TACED HALL, SARATHA SHOPPING COMPLEX, SIMMAKAL, MADURAI

ORGANISED BY : HARIKARAN

More Information:

HARIKARAN. P
PROGRAM ORGANIZER
Harikaran0027@gmail.com

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the Programme : Seminar on Investment Opportunity in Herbal-Solvent Extraction Plant

Resource Person : Mr. K. Venkateswarlu,Marketing manager, Best engineering Technology.
Date : 24.02.2024
Time : 10:30 to 2.00 pm
Venue : TACED Hall
Target Population : Herbal dealers, Herbal drug manufactures
No.Of.Beneficiaries : 34

INTRODUCTION:

On 24 th February 2024 Mr. P. Harikaran the field work trainee of the Madurai Institute of Social Sciences has organized and conducted a Seminar on Investment Opportunity in Herbal-Solvent Extraction Plant for Herbal dealers and Herbal drug manufactures from 10.30am to 2.00 pm with the permission of Mr. M. Jeyakumar,CEO of Tamilnadu council for enterprise development.
METHODOLOGY:

- **Aim**
- **To provide potential investors with comprehensive information and insights to make informed decisions regarding investment in this Herbal industry sector.**
- **Objectives:**
- **To provide information about the herbal-solvent extraction process, its benefits, and its role in various industries.**
- **Presenting market trends, demand projections, and growth opportunities for herbal-solvent extracted products.**
- **Discussing regulations, certifications, and compliance requirements related to setting up and operating a herbal-solvent extraction plant.**
- **Addressing potential risks, challenges, and mitigation strategies associated with investing in this sector.**

- **Target Population:**

Target population of this programme are persons from Herbal industry which includes Herbal manufactures, Herbal drug dealers and FPO's looking for business opportunities.

Field experience:

The trainee had a new exposure as Program organizer as role of social worker. The trainee had a new experience in organizing a seminar on Herbal solvent extraction plant. The trainee engaged in working in the fields of herbal industry by sharing the invitation of seminar across various herbal shops in Madurai. The trainee also shared the invitation through Gmail. The trainee learned the importance of rapport building. The trainee had a opportunity to build rapport with the herbal dealers and herbal drug manufactures.

- **A detailed note on Budgeting : NIL**
- **Challenges encountered : Some heavy work load**

OUTCOME OF THE PROGRAMME

The seminar on investment opportunities in a herbal-solvent extraction plant aimed to educate potential investors about the benefits and challenges of investing in this sector. Through informative presentation, networking sessions, and discussions, attendees gained a better understanding of the industry landscape, market potential, and regulatory considerations. The event facilitated connections between investors, industry experts, and potential partners, fostering collaboration and exploration of investment opportunities. Overall, the seminar aimed to empower attendees to make informed investment decisions and contribute to the growth and development of the herbal-solvent extraction industry.
Conclusion:

The program concluded promptly at 2:00 pm, where P. Harikaran were appreciated by Mr. M. Jeyakumar CEO of TACED and Mr. K. Venkateswarlu, Marketing manager, Best engineering Technology for organizing the Seminar on Investment Opportunity in Herbal-Solvent Extraction Plant.This expression of gratitude was extended on behalf of Madurai Institute of Social Sciences College.

Signature of the field work supervisor Signature of the trainee DR. A. ARUN RAJKUMAR P. HARIKARAN
23MSWAHR06

GEO TAGGED PHOTO:




The Project Proposal
for
HERBAL/Solvent Extraction Plant
SEMINAR ON
GPS Map Camera
Madurai, Tamil Nadu, India
434, Simmakkal, Rail Marutham Nagar, Simmakkal, Madurai Main, Madurai, Poondhotam, Tamil Nadu 625001, India
Lat 9.925672°
Long 78.119326°
24/02/24 10:20 AM GMT +05:30
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SEMINAR ON

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COMMUNITY INTERVENTION PROGRAMME

SUBMITTED TO	SUBMITTED BY
DR.A. ARUN RAJKUMAR	**K.THIRUMALAI DINESH**

COMMUNITY INTERVENTION PROGRAMME REPORT

Title of the Programme : Awareness about Women Centric Laws

Resource Person : Mrs.Karpagavalli, M.A.,B.L Family Court

Date : 20.02.2024

Time : 2:00 PM

Venue : Mudalaikulam, Karukapillai Rd Madurai-625514

Target Population : 30 (Women in Self help groups)

Collaborative Organization : EKTA, Madurai

Introduction about the Programme :

A women's meeting was organized at Mudalaikulam village on 20 February 2024. Self Help Groups women were participated in this meeting. The meeting was started at 2.00 pm. The resource person of this programme provided an awareness about women centric laws and also pointed out the women related violence that happened in our society.

This programme was organized by Mr. K.Thirumalai Dinesh, I-MSW, Fieldwork trainee, Madurai Institute of Social Sciences.

Aim of the Programme:

To provide an awareness about the women related laws and also educate about the current issues that happened for women in our society among self help group women.

Objectives of the Programme:

- **To educated the people about women related laws.**
- **To create an awareness among village women related to women education.**
- **To interact with the people to identify their problems.**

Target Population:

The Target population of this programme was women in Self Help Group. Overall 30 women were participated in this meeting.

Field Experience:

The trainee used this beautiful opportunity in a productive way. Through this programme, The trainee felt new experience to know about the laws with the exemplary cases from the resource person. It was a useful programme for all the women who participated in this meeting. This programme encouraged the trainee to engage with community people for promoting awareness about unknown information.

Outcome of the Programme:

- **Through this progamme, the participated women were came to know about the women centric laws like Protection of women from Domestic violence, 2005, The Dowry Prohibition Act, 1961, The Prohibition of Child Marriage Act 2006.**
- **The participants also known to how to approach the government for all problems. The resource person provided an awareness about Social Welfare and Women Empowerment Department.**
- **The participated people also learnt about the impact of child marriage.**

Conclusion:

The trainee learnt how to organize the community and also learnt how to interact with the community people. This programme was beneficial to all the participants. The people have the mentality to understand all the things that are propagandized by the resource person. This programme went successfully. It was fruitful in nature. The trainee felt gratitude to EKTA for creating this wonderful opporutunity

Signature of the fieldwork supervisor Signature of the trainee DR. A. ARUN RAJKUMAR K.THIRUMALAI DINESH

23MSWSHR13

GEO TAGGED PHOTOS:





EKTA


SPEAKOUT
பெண் தலைவர்களுக்கான பயிற்சி
(WOMEN'S LEADERSHIP TRAINING)
Organized By
EKTA
RESOURCE CENTRE FOR WOMEN, MADURAI.
DATE
PLACE

34

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No.9, Alagar Koil Road, Madurai- 625002.

COMMUNITY INTERVENTION PROGRAMME
AWARNESS PROGRAMME ON LEGISLATION RELATEDTO OLD AGE SCHEMES
INBA ILLAM

SUBMITTED TO
DR. P. JAYAKUMAR
ASSISTANT PROFOSSOR

SUBMIITED BY
R.ISWARYA
23MSWSHR10



Community Intervention Programme

Introduction:

On February 20 2024, Tuseday, the trainee – R.Iswarya student of Madurai Institute of Social Sciences College Organized the Programme about "AWARENESS PROGRAMME ON LEGISLATION RELATED

TO OLD AGE SCHEMES" for the elderly residents of inbaillam (old age home).

- **Title : AWARENESS PROGRAMME ON LEGISLATION RELATED TO OLD AGE SCHEMES**
- **Date :20/02/2024**
- **Time : 11.00am – 12:30 pm.**
- **Venue:Inbaillam, Pasumalai,madurai.**
- **Target population:Elderly residents of inbaillam.**
- **Number of partcipants :30 Elderly residents.**
- **Resource person: Mr. G.RajendranM.A.,B.L**

Methodology Aim:

To Organize and conduct programme about "AWARENESS PROGRAMME ON LEGISLATION RELATED TO OLD AGE SCHEMES" for the Elderly residents of INBA ILLA (olde age home).

Objectives

- **To create awareness among elders about old age legislation and schemes.**
- **To make the elders to understand about their needs and wants.**
- **To create awareness about how to apply for pension scheme.**

Methods:

i. **Community Organization.**

Functions :

i. Advocacy.
ii. Empowerment.
iii. Support network.

Field Experience:

Field experiences in awareness programme about old age legislation and schemes for elderly residents at InbaIllam are invaluable for both participants and organizers. These experiences provide a hands-on opportunity to engage with the community, understand their needs, and address any concerns they may have regarding legislation and available support systems. Through interactive sessions, and one-on-one discussions, participants can learn about their rights, access to healthcare, financial assistance, and other essential services tailored to their age group. Such field experiences also foster empathy, compassion, and a deeper understanding of the challenges faced by elderly individuals, leading to more effective advocacy and support efforts in the future.

A detailed note on budgeting :Nil

Challenges encountered :Nil

OUTCOME OF THE PROGRAMME :

The outcome of the awareness programme at InbaIllam regarding old age legislation and schemes for elderly residents can be measured in several ways:

- **Increased Knowledge: Participants gain a better understanding of their rights, available support systems, and legislation related to old age.**
- **Policy Impact: Increased awareness among elderly residents can lead to advocacy efforts for policy changes and improvements in existing legislation and schemes.**

Overall, the outcome of the programme is to enhance the well-being and quality of life for elderly residents at InbaIllam by equipping them with knowledge, resources, and support networks to navigate old age with dignity and security.

CONCLUSION:

The Awareness programme on old age legislation and schemes has significantly improved the lives of elderly

residents. It has increased awareness of rights, support systems, and legislation, empowering residents to advocate for themselves and access services. The programme has fostered community engagement and solidarity, contributing to a more inclusive society. InbaIllam's commitment to the well-being and quality of life of elderly residents is evident.

Appendix:








GPS Map Camera
Madurai, Tamil Nadu, India
65, Tirupparankunram Rd, Pasumalai, Madurai, Tamil Nadu 625004, India
Lat 9.894722°
Long 78.085523°
20/02/24 11:35 AM GMT +05:30
Google


GPS Map Camera
Madurai, Tamil Nadu, India
65, Tirupparankunram Rd, Pasumalai, Madurai, Tamil Nadu 625004, India
Lat 9.894735°
Long 78.085538°
20/02/24 11:37 AM GMT +05:30
Google

35

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An Autonomous College & Research Centre, Affiliated to Madurai Kamaraj University No.9, Alagar kovil Road, Madurai- 625002.

COMMUNITY INTERVENTION PROGRAM REPORT

SUBMITTED TO,
THE FIELDWORK SUPERVISOR
Mr.T.M.Venkatmurgan
Associate Professor

SUBMITTED BY,
SWATHI R
23MSWAHR03



MENSURATION AND MENOPAUSE HYGIENE

TITLE **:Awareness Program on Mensuration and Menopause Hygiene**

RESOURCES PERSON :Mrs. Ashifa program officer and Mr. Ganesan project coordinator in the Family Planning Association, Madurai.

DATE :11.01.2024

TIME : 2.30 p.m.

VENUE : Association of Arulgam
Tirupparankunram Rd,
Pasumalai, Madurai-625004

TARGET POPULATION :Inmates of the Arulgam

NUMBER.OF. BENIFICIARIES :35

PROGRAM ORGANISER :Miss. Swathi R
(23MSWAHR03)

FIELD WORK SUPERVISIOR :Mr.T.M. Venkatmurgan, Associate Professor, Dept. Of Social work, Madurai Institute of Social Sciences

INTRODUCTION:

The fieldwork trainee from Madurai Institute of Social Sciences PG & Research Department of Social Work, Master of Social Work, Human Resource Management and Industrial Relationship specialisation student Mrs. Swathi R (23 MSWAHR03) organised the awareness programme on mensuration and menopause hygiene at the Association of Arulagam, Pasumalai. The trainee invited a resource person from the Family Planning Association Programme officer, Mrs. Ashifa, and project coordinator, Mr. Ganesan. The beneficiaries were the inmates of Arulagam. The programme's duration was two hours. The resource person shared a brief explanation about menstruation and menopause hygiene.

OBJECTIVE:

- **To access proper hygiene practices during mensuration and menopause.**
- **To promote women's overall health and well-being.**
- **To prioritize healthy food habits during menstruation.**

METHODOLOGY ADOPTED:

- **Methods: Community Intervention**
- **Functions: Preventive**
- **Tools: Use of Programmes**
- **Techniques: Mobilizing, facilitating, Educating, Organizing**

FIELD EXPERIENCE:

The trainee had the opportunity to gain more knowledge on mensuration and menopause hygiene through the programme. Also, this programme helped the inmates of the arulgam learn about hygiene practices during the mensuration period. The importance of frequent changes in sanitary napkins and prioritising healthy food habits helps optimise their nutrient intake. The trainee learned to organise and mobilise the programme.

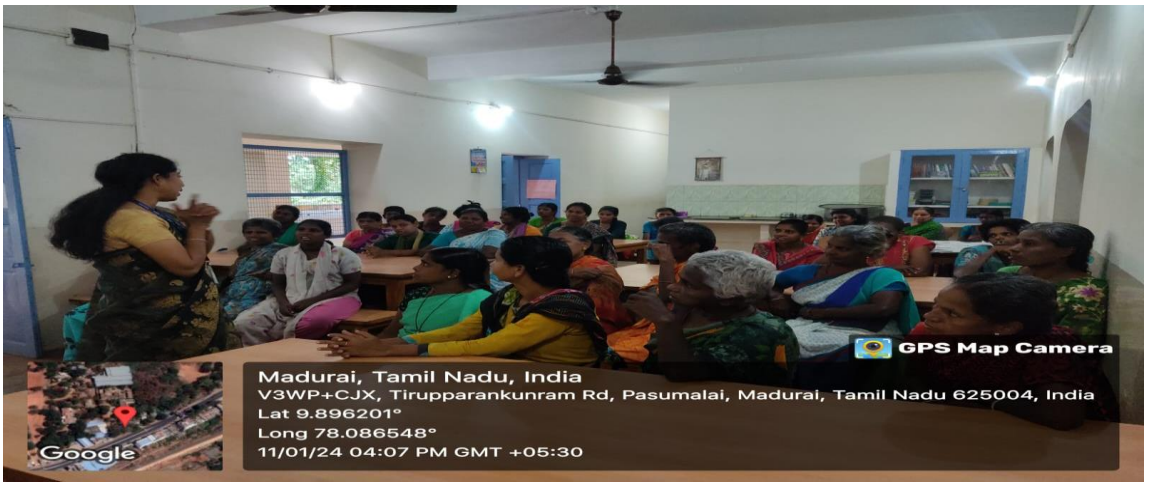
OUTCOME OF THE PROGRAMME:

Inmates learned about mensuration and menopause hygiene practices through the orientation. Also, this programme was helpful to the inmates to clarify all their doubts regarding their menstrual cycle. Inmates learned the importance of prioritising food habits and exercising every day.

CONCLUSION:

The trainee successfully conducted the programme on mensuration and menopause hygiene at Arulgam. The trainee learned the procedure to organise and mobilise the programme. trainee would like to thank the college management for providing such a mission, and thanks to Arulgam for providing the opportunity to conduct a programme for the inmates.

PHOTOS:





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No.9, AlagarKoil Road

Madurai- 625002.

LIFE SKILLS REPORT

Submitted to

Dr. S. Joyce Jeyarani

Assistant Professor

Verified by

T. Sneha

Submitted by

T. Sneha

23MSWAHR02

SYNOPISIS

- Introduction
- Location
- Time schedule
- About R C High School
- Life skills programme
- Ten core life skills
- Activities
- Feedback analysis
- Conclusion

INTRODUCTION

According to UNICEF , life skills are defined as "psycho-social abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life."

Life skills are essential abilities that help individuals negative daily challenges, make informed decisions, and lead fulfilling lives. They encompass a wide range of practical and interpersonal abilities, including communication, problem-solving, empathy, self awareness, critical thinking, coping with emotions. Developing these skills can enhance personal growth, relationships, career success, and overall well-being. The trainee conducted life skills session for the kids of class 8th, section A, an all students class at R.C High School Madurai, with the goal of enhancing the students life skills and, more specifically, their creative abilities. The life skills programme was conducted on 14/02/2024.

LOCATION

R.C High School,

Kathakinaru,

Madurai East,

Madurai – 625107

TIME SCHEDULE

2.50 PM : Reached the Organization " R.C High School"

3.00 PM to 3.15 PM : Inauguration of the life skills workshop with the Principal & Faculty.

3.20 PM to 4.00 PM : Life Skills Programme was conducted.

4.00 PM to 4.30 PM : Activities was conducted.

ABOUT R.C HIGH SCHOOL

R C HIGH SCHOOL KATHAKINARU is Co-educational in type and it is Upper Primary and Secondary from class 6 to class 10. R C HIGH SCHOOL KATHAKINARU is 4-Government Aided and is 14-Recognised but un-aided (Secondary). This school comes in 1-Rural area. Tamil is the medium of instructions in this school.

LIFE SKILLS PROGRAMME

The WHO's ten listed life skills were the program's main focus. The trainee began the class by explaining to the students what life skills are and how to develop them. Next using some examples, the trainee began to go over each of the ten essential life skills.

WHO have listed the ten core life skills strategies and techniques. They are:

- Self-Awareness
- Empathy
- Interpersonal Relationship skills
- Effective Communication
- Decision Making
- Problem Solving
- Critical Thinking
- Creative Thinking
- Coping with Stress
- Coping with Emotions

SELF AWARENESS

Self-awareness is the ability to recognize you are separate from other people, while also assessing your own thoughts, feelings, and beliefs.

EMPATHY

Empathy is the ability to emotionally understand what other people feel, see things from their point of view, and imagine yourself in their place.

INTERPERSONAL RELATIONSHIP SKILLS

Interpersonal skills are the life skills which we use every day to communicate and interact with other people, individually and in groups. They include traits like self-confidence, critical thinking, active listening, communication skills, delegation, and leadership.

EFFECTIVE COMMUNICATION

Effective communication is the process of exchanging ideas, thoughts, opinions, knowledge, and data so that the message is received and understood with clarity and purpose.

DECISION MAKING

Decision-making skills show your ability to select the best possible option from the alternatives available.

PROBLEM SOLVING

Problem solving is the process of identifying a problem, developing possible solution paths, and taking the appropriate course of action.

CRITICAL THINKING

Critical thinking is the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

CREATIVE THINKING

Creative thinking includes the process of innovative problem-solving — from analyzing the facts to brainstorming to working with others. Examples of these skills include analytical skills, innovation, and collaboration.

COPING WITH STRESS

Coping usually involves adjusting to or tolerating negative events or realities while you try to keep your positive self-image and emotional equilibrium. Coping occurs in the context of life changes that are perceived to be stressful.

COPING WITH EMOTIONS

You have to understand and accept that emotions will be out there and you just have to learn to deal with them in the most efficient manner.

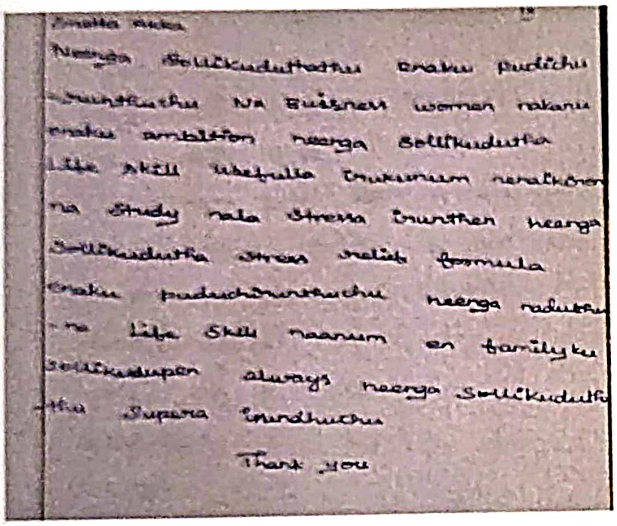
ACTIVITIES

The trainee taught the children how to solve problems by playing games. As well as interpersonal relationships and communication, students were told to play life skills.

FEEDBACK ANALYSIS

- To focus and word diligently on a task or problem.
- To help as achieve ours dreams and stay focused on what us want to accomplish.
- We focused on right now in the zone of concentrate.

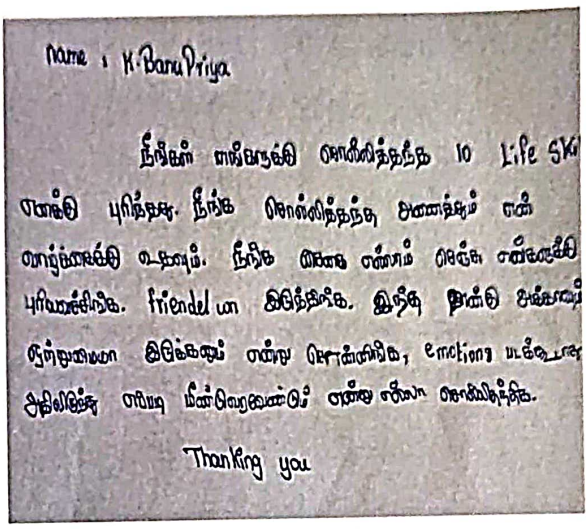
FEEDBACK FOR SCHOOL



Smetta Akka

Neenga Sollikuduthathu enaku pudichu
irunthuchu Na Business women nakanu
enaku ambition neenga Sollikudutha
Life Skill Usefulla irukunum nenaikinon
na Study nala Stressa irunthen neenga
Sollikudutha stress relief formula
enaku puduchirunthuchu neenga nadutha
-na Life Skill naanum en familyku
Sollikudupen always neenga Sollikudutha
-thu Supera irundhuchu

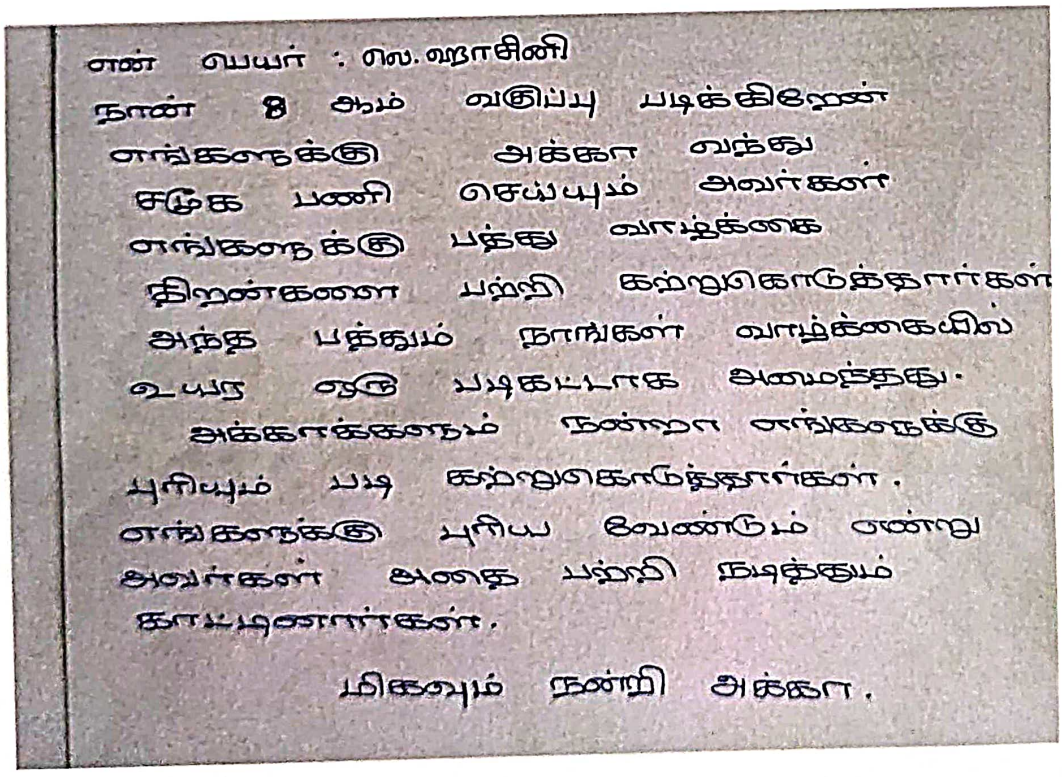
Thank you



Name : K.BanuPriya

நீங்கள் எங்களுக்கு சொல்லித்தந்த 10 Life Ski
எனக்கு புரிந்தது. நீங்க சொல்லித்தந்த அணைத்தும் என்
வாழ்க்கைக்கு உதவும். நீங்க கைகை எல்லாம் செய்த எங்களுக்கு
புரியவச்சிங்க. friendel un இருந்திங்க. இந்த நான்கு அக்காவும்
ஒன்றுமையா இருக்கனும் என்று சொன்னிங்க, emotions படக்கூடாது
அதிலிருந்து எப்படி மீண்டுவரவேண்டும் என்று எல்லா சொல்லிதந்திக.

Thanking you



என் பெயர் : லெ. ஹாசினி
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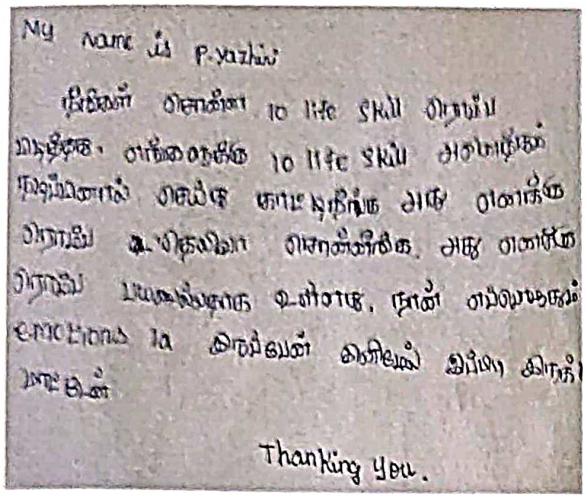
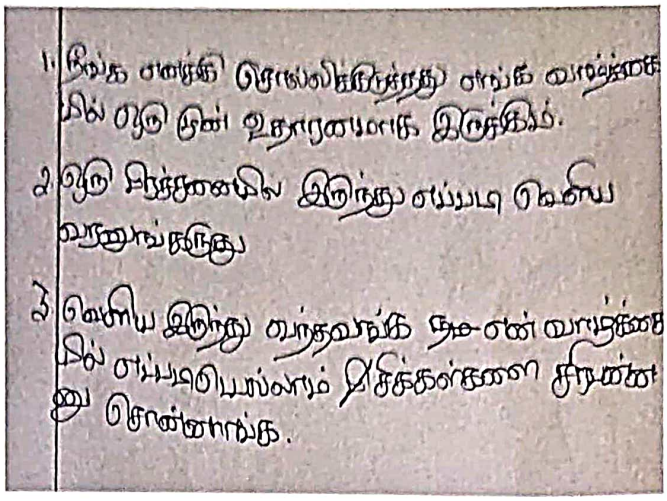
எங்களுக்கு அக்கா வந்து
சமூக பணி செய்யும் அவர்கள்
எங்களுக்கு பத்து வாழ்க்கை
திறன்களை பற்றி கற்றுகொடுத்தார்கள்
அந்த பத்தும் நாங்கள் வாழ்க்கையில்
உயர ஒரு படிகட்டாக அமைந்தது.
அக்காக்களும் நன்றா எங்களுக்கு
புரியும் படி கற்றுகொடுத்தார்கள்.
எங்களுக்கு புரிய வேண்டும் என்று
அவர்கள் அதை பற்றி நடித்தும்
காட்டினார்கள்.

மிகவும் நன்றி அக்கா.


My name is P.yazhini

நீங்கள் சொன்ன 10 life skill நிறைய பிடித்தது. எங்களுக்கு 10 life skill அனைத்தும் நடைமுறையில் செய்து காட்டிநீங்க அது எனக்கு நிறைய உதவியா சொன்னீங்க. அது எனக்கு நிறைய பயனுள்ளதாக உள்ளது. நான் எப்பொழுதும் emotions la இருப்பேன் இனிமேல் இப்படி இருக்கமாட்டேன்

Thanking you.

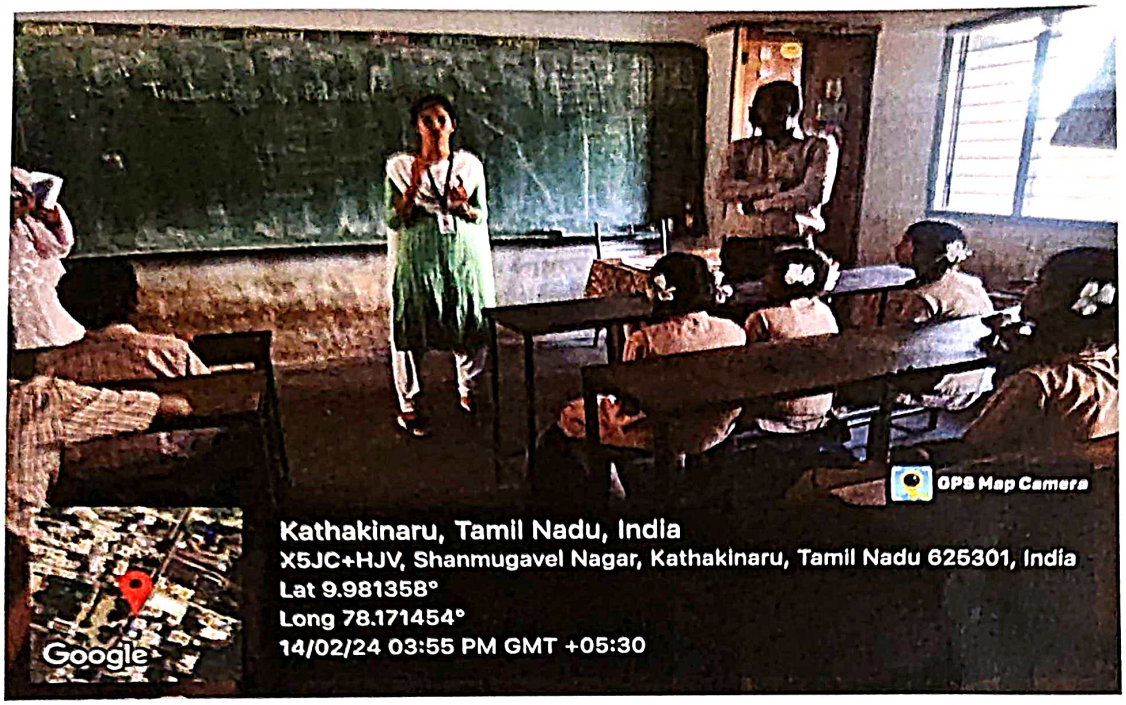

1. நீங்க எனக்கு சொல்லிக்கொடுத்தது எங்க வாழ்க்கையில் ஒரு முன் உதாரணமாக இருக்கும்.

2. ஒரு பிரச்சனையில இருந்து எப்படி வெளிய வரனுங்கறது

3. வெளிய இருந்து வந்தவங்க நம என் வாழ்க்கையில் எப்படியெல்லாம் பிரசிக்கள்களை சிரமன்னது சொன்னாங்க.

GPS PHOTOS




GPS Map Camera
Kathakinaru, Tamil Nadu, India
X5JC+HJV, Shanmugavel Nagar, Kathakinaru, Tamil Nadu 625301, India
Lat 9.981358°
Long 78.171454°
14/02/24 03:55 PM GMT +05:30
Google


GPS Map Camera
Kathakinaru, Tamil Nadu, India
X5JC+HJV, Shanmugavel Nagar, Kathakinaru, Tamil Nadu 625301, India
Lat 9.981352°
Long 78.171458°
14/02/24 03:56 PM GMT +05:30
Google

CONCLUSION

Life skills are essential personal and professional development and its helped the students lead better, happier. And their real world challenges, manage their emotions interact positively with others also explore the alternative.

Submitted by

T. Sneha

23MSWAHR02

Declaration form

THIS IS TO DECLARE THAT MS/MR T. Sneha

HAS SUCCESSFULLY CONDUCTED THE Life skill

FOR THE STANDARD OF 8th AT R.C. High school

ON THE DATE OF 14.02.24 (wednesday)

தலைமை ஆசிரியர்
ஆர்.சி. உயர்நிலைப்பள்ளி
காதக்கிணறு
மதுரை-625 104

Signature of

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No,9 Alagar kovil road, Madurai – 625002

LIFE SKILL ASSIGNMENT

R. SWATHI
Verified for
23/03/24

Submitted to
Mrs. Joyce Jeyrani

Submitted by
SWATHI.R
(23MSWAHR03)

INDEX BOX

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Department of Business Administration

ARUL ANANDAR COLLEGE *(Autonomous)*
Reaccredited by NAAC at 'A' Grade
Karumathur – 625 514, Madurai Dt

Date: 12.02.2024

ATTENDANCE CERTIFICATE

This is to certify that Ms.R.SWATHI, I MSW, Madurai Institute of Social Sciecne (MISS) College, Madurai, participated as a Resource Person in Seminar on Life Skills for II BBA held at Smart Classroom, Department of Business Administration, Arul Anandar College, Madurai, Tamil Nadu, India on 12.02.2024.

12.2.24.

ARUL ANANDAR COLLEGE (AUTONOMOUS)
DEPT OF BUSINESS ADMINISTRATION
KARUMATHUR

INTRODUCTION:

Life skills are the everyday abilities and know-how that help us handle various situations in our lives. It goes beyond what we learn in school and involves things like making decisions, solving problems, and getting along with others. These skills are like tools that can make our lives easier and more enjoyable. From communicating effectively to dealing with stress, life skills are the key to navigating life's ups and downs successfully. To raise awareness among college students about life skills. The trainee went to Arul Anandar College in Karu Mathur. The trainee interacted with the second-year students of the department bachelor of business administration on February 12, 2024.

TIME SCHEDULE:

3.00 p.m.: Trainee arrived at college by 3.00 p.m.

3.10 pm: Trainee had interaction with department staff to know their needs and wants on life skills awareness.

3.30 pm: Mr. Muthu Perumal gave a brief introduction about the trainee and the session to the second-year students of the department bachelor of business administration.

3.40 pm: Trainee had interaction with students about life skills.

4.30 pm: Trainees conduct activities for the students.

5:00 pm: The trainee thanked faculty and management for providing the opportunity. The trainee left the college by 5.20 p.m.

LOCATION:

Karumathur,

Madurai District - 625514

Tamil Nadu, India.

CONTACT DETAILS:

principal@aactni.edu.in

arulanandarcollege@gmail.com

ABOUT PROGRAMME:

Trainees raised awareness about life skills and shared views on the major ten core skills, such as

1. Self-awareness
2. Empathy
3. Critical thinking
4. Creative thinking
5. Decision making
6. Problem Solving
7. Effective communication
8. Interpersonal relationship
9. Coping with stress
10. Coping with emotions

referred to by the World Health Organisation.

The trainee carried out the session by probing questions, which helped the trainee to seek their attention and make the session more interactive.

SELF-AWARENESS:

Self-awareness as a life skill is like having a mirror to understand yourself better. It means being aware of your thoughts, feelings, and actions. Knowing yourself helps you make better choices, understand your strengths and weaknesses, and handle situations more effectively. It's like having a map for your own mind and emotions, helping you navigate through life with a clearer understanding of who you are and what you want.

What is Self-Awareness & How to Build Self Awareness?

EMPATHY:

Empathy as a life skill is all about understanding and caring about how others feel. It's like putting yourself in someone else's shoes to see things from their perspective. Once you have started to practice empathy, it helps to connect with people, support them when they're going through tough times, and celebrate with them during happy moments. Being empathetic helps you understand others feelings.

How Empathy Makes Us Better Human Beings?

CRITICAL THINKING:

Critical thinking as a life skill is about looking at information, asking questions, and figuring out what makes sense. Once you start to practice critical thinking, you analyse and evaluate it. It's like having a tool to make smart decisions, solve problems, and understand things better. Critical thinking helps us make wise choices.

CREATIVE THINKING:

Creative thinking as a life skill is about coming up with new and unique ideas, thinking outside the box, and seeing things in different ways. Once you start to practice creative thinking, you can solve problems in innovative ways.

PROBLEM SOLVING:

Problem-solving as a life skill is about finding solutions when faced with challenges or difficulties. Once you start to practice problem-solving skills, break down a problem into smaller parts, figure out what's going wrong, and come up with ways to fix it. It helps to overcome obstacles, navigate through difficulties, and make things better.

DECISION-MAKING:

Decision-making as a life skill is about choosing what to do when faced with different options or situations. While making decisions, weigh the pros and cons, prioritise things, and pick the best course of action. Good decision-making helps you navigate challenges, achieve goals, and stay on the path.

What is Decision-Making & Why is it Important?

EFFECTIVE COMMUNICATION:

Effective communication as a life skill is about expressing your thoughts and feelings in a way that others can easily understand. When you use effective communication, listen carefully, speak clearly, and make sure your message gets across. It's like bridging a gap in understanding between you and other people. Effective communication helps to connect with others, avoid misunderstandings, and build strong relationships.

INTERPERSONAL RELATIONSHIP:

Interpersonal relationships are a life skill about how you connect, communicate, and get along with people in your life—friends, family, and even new acquaintances. Focus on developing good interpersonal relationships; it helps to build trust, share experiences, and support each other. This skill helps you create a positive and friendly environment in your social circle.

COPING WITH STRESS:

Coping with stress as a life skill is about finding ways to stay calm and handle pressure when things get tough. To cope with stress, you might take a deep breath, talk to someone you trust, or do something you enjoy to relax. Coping with stress helps to bounce back from difficulties, stay focused, and maintain a positive outlook, making life's ups and downs more manageable.

What is stress and how to cope with those stress?

COPING WITH EMOTIONS:

Coping with emotions as a life skill is about understanding and managing your emotions in a healthy way. To cope with emotions, express yourself, take a break, or talk to someone who cares about you. Coping with emotions helps to stay balanced, deal with challenges, and build resilience.

ABOUT ACTIVITY:

The trainee conducted the activity for self-awareness skills among the students on the topic of knowing your strengths. trainee taught about the Johari window to the students and conducted a small activity by pairing all the students in two's and asking the students to write about the good qualities of the co-paired persons. It helps to know others' perceptions and hidden good qualities about the person.

The trainee conducted the activity for problem-solving skills among the students using a life skills tool. The trainee conducted this session by probing the students. at last evaluated through their marks. No one had less than 32 marks in problem-solving skills.

FEEDBACK ANALYSIS:

Overall feedback from the student's was the life skills programme was really helpful. They learned how to understand their own feelings and talk to others better. The activities were fun, and they practiced how to solve problems together. The programme taught them to stay calm when things get stressful and how to make smart decisions. They felt more confident about college and life now. Thanks for the useful skills!

CONCLUSION:

The life skills programme for college students was completed successfully. Throughout the programme, students learned important tools for handling life's challenges. They discovered more about themselves, how to communicate effectively, and how to solve problems wisely. The life skills programme has given these students valuable tools and knowledge to make their college experience and future endeavours more successful. Thanks for providing such a task to college management and to Arul Anandar College for permitting trainees to take classes for the students.

GALLERY:


GPS Map Camera
Usilampatti, Tamil Nadu, India
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Roll NO.	Name	Sign	Feedback.
22BBA185	S. Vinisha	S Vinisha	Good TOPIC
22BBA184	D. Varsha Nanthini	D Varsha	
22BBA157	P. Sujan	P. Sujan	Nice speech
22BBA155	M. Srihari	M. Srihari	very nice.
22BBA166	M. Vignesh	M. Vignesh	good
22BBA182	K. Nalla pandi	K. Nallapandi	good. Excellent
22BBA177	P. Sivaresh	P. Sivaresh	Nice TOPIC
22BBA141	K. Priyan	K. Priyan	Good
22BBA176	C. Subash	C. Subash	
22BBA147	E. Rogul	E Rogul	Good TOPIC
22BBA107	M. Ashok pandi	[illegible]	Good TOPIC
22BBA152	P. SARAVANAN	[illegible]	super.
22BBA173	P. yogeshwaran	[illegible]	very good
22BBA160	C. Surya	C. Surya	good
22BBA180	[illegible]	[illegible]	good ★★★★★
22BBA138	R. Niranjan	R. Niranjan	good
22BBA116	B. Jayanthan	B. Jayanthan	Good
22BBA175	A. JJ	A JJ	Good
22BBA123	C. Kishore	[illegible]	Good
22BBA186	V. Selvan murugan	V. [illegible]	good
22BBA140	S. Prabhu Raja	S. Prabhu	good Topic
22BBA172	P yogeshwaran	[illegible]	good
22BBA171	R. YOGANADASS	R. [illegible]	excellent
22BBA113	J. Gokith	J. Gokith	good
22BBA[illegible]	[illegible]	R. [illegible]	Nice speech
			Good Speech

S.No	Roll No	Name	Sign	Feedback
26.	22BBA147	A. Ramanathan	A. Ramanathan	Excellent
27)	22BBA188	S. Sabarish	S. Sabarish	V. good.
26)	22BBA146	T. Rajesh	T. Rajesh	good
27	22BBA125	S.M.KODIYARSHU	S.M.KODIYARSHU	Excelent ***
28.	22BBA110	R. Deepan	R. Deepan	
29	22BBA137	N. muthu Pandian	N. muthu Pandian	Good contribution students. ***
30	22BBA178	M. Godwin	M. Godwin	good ***
			→	Nice Topic and excellent knowledge
31	22BBA111	J. Dominic Paul	J. Dominic Paul	
32	22BBA165	R. Dhivya	R. Vayal.	Good ***
33.	R. Arun 22BBA105	R. Arun	R. Arun	good.
34.	22BBA129	M. Manojkumar	M. Manojkumar	This lecture helps to understand who I'm
35.	22BBA136	S. Muthu Bavithika Rani	S. Bavithika Rani	I observed my talent. Good Topic

P.V.N 12.2.24

ARUL ANANDAR COLLEGE (AUTONOMOUS)
DEPT OF BUSINESS ADMINISTRATION
KARUMATHUR

M. Sharjeera.

22/2/24

Good. [signature]

Verified By

Sharj. N

MADURAI INSTITUTE OF SOCIAL SCIENCE

RUN BY Capt. DVR Foundation for HRD

RE-Accredited with "B+" Grade by NAAC

An Autonomous College & Research Centre, Affiliated to Madurai Kamaraj University.

No: 9, Alagar Kovil road, Madurai – 625 002.

LIFE SKILL EDUCATION

SUBMITTED TO,

DR. S. JOYCE JEYARANI.

SUBMITTED BY,

SHANJEERA N,

23MSWAHR05.

SYNOPSIS:

- Introduction
- Time Schedule
- Location
- Programme
- Activity
- Feedback analysis
- Conclusion

INTRODUCTION:

Life skills helps students to build confidence in communication and collaborative skills. In this Z generation life skills plays an important role. During adolescent period the role of life skill is essential to build a better future.it helps students and teachers cope with their emotions and stress, puts students on the right track for their future, and gives them essential skills to use later in life. Skill development can have a positive impact on academic success. When students engage in skill-building activities, they enhance their cognitive abilities, critical thinking skills, and problem-solving capabilities. These skills are not only valuable in real-world scenarios but also in academic settings.

LOCATION:

Elango Corporation Higher Secondary School,

Kallal Road, Alwarpuram,

Madurai – 20.

TIME SCHEDULE:

2:10 Pm – The Trainee reached the School.

2.20 - 3.00 Pm – The Trainee arranged the Inauguration Session.

3.00 - 3:40 Pm – The Trainee taught life skill to the students.

3:40 - 4:00 Pm – The Trainee conducted skill based activities.

4:00 – 4:10 Pm – The Trainee had feedback session.

LIFE SKILLS:

Life skills education refers to the fundamental abilities that assist adolescents in developing the skills required to deal with life's realities. Life skills enable people to learn new things, gain control over their behaviour, and make informed decisions. Through life skills education, children can learn not only how to respond appropriately to their health and well-being, but also how to develop a thorough understanding of the biological, psychological, and social factors that influence their development.

According to WHO "Life–Skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life. They are abilities that facilitate the physical, mental and emotional well-being of an individual."

According to UNICEF 2007 "The term life skills refers to a broad group of psychosocial and interpersonal skills that can help children make informed decision, communicate effectively and navigate their surroundings."

The ten life skills listed by WHO are

- Self awareness
- Communication skill
- Interpersonal relationship
- Empathy
- Decision making
- Problem solving
- Critical thinking
- Creative thinking
- Coping up Emotion
- Stress management
-

Self Awareness

Self awareness is a level of idea and thought about ourselves. The ability to understand themselves about their desire, likes, dislikes and their character. The skill enables an individual to manage and be aware of theirs strength and weakness. It also helps them to make sound decisions.

Communication Skill

Communication is an essential skill that all the humans need to develop to enhance their social well being. The ability to express their thought and make the other person understand exactly what the individual thought is an art. Once the communication is effective then

Interpersonal Skills

Interpersonal skills are basically interaction skills and social skills. This skill prepares an individual to communicate socially in person or in a group. These skills have traits such as self-confidence, critical thinking, communication skills, active listening, leadership, etc. Communication skill and interpersonal relationship skill are complementary to each other .

Empathy

Empathy is an ability to understand others person by fitting ourselves in their situation. It can also be said as "putting yourself in other's shoes". Using this skill the a person will be able to understand other people's perceptions, feelings, and circumstances any person is in.

Decision Making

Decision making is a skill that is required for an individual to consider a situation and ability to make decision under that situation which will be effective for them. Decision making skill enables an individual to make right decision in hard situation.

Problem Solving

Problem solving is a skill that the individual is able to analyse the root cause of the problem and the ability to solve the problem. The ability is to find the solution and solving the problem. This can be practiced in every day in life.

Critical Thinking

Critical thinking skill is the opposite of creative thinking skill. It is the ability to make a difference between fake truth and real truth, judgment, and opinion. It prepares a person to think rationally and prepare to build trust in right and avoid wrong.

Creative Thinking

Creative thinking skill helps a person to create something new. It also allows their brain to explore things and look at things in creative ways to suggest creative solutions. Creative thinking is infused with imagination and it does not involve logical reasoning.

Coping Up Emotion

Emotion-focused coping involves managing your emotional response to a situation instead of trying to solve the problem itself. Coping with emotions usually means identifying and addressing the emotional needs that your mind is looking for at the time The better our understanding of the emotion, the better we cope with it.

Stress Management

Stress management offers a range of ways to help you better deal with stress and difficulty, also called adversity, in your life. Managing stress can help you lead a more balanced, healthier life. Stress is an automatic physical, mental and emotional response to a difficult event. It's a common part of everyone's life.

Activities Done

Communication Skill:

The trainee conducted a game to improve communication skills for the students. Students were divided into groups and a person is selected to represent the team. The team members are given a simple drawing and they should give instructions to the representive to draw the drawing. This activity involves Communication skill and thjs is designed to improve cooperation, reduce conflict, increase awareness of other points of view, improve listening skills, and strengthen the ability to empathize.

Listening Skill:

The Trainee conducted listening skill activity to the students. The students were given two conditions and need to follow one and need to do opposite to the instruction. Listening skill strengthens listening skills, direction

following, expand vocabulary, auditory memory, auditory processing and comprehension of conversational speech.

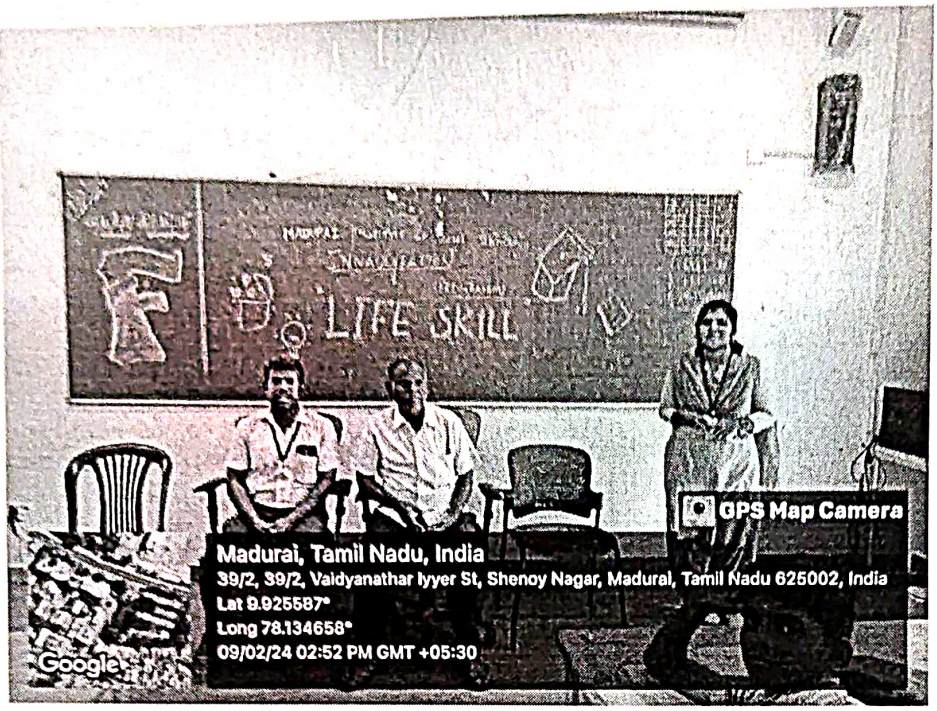
Decision Making:

The Trainee conducted decision making skill to the students. The students were given specipic situation and asked to make decision according to their perceptions. Decision making games provides us with some of our earliest experiences that start us on the path to building our decision making thought processes.

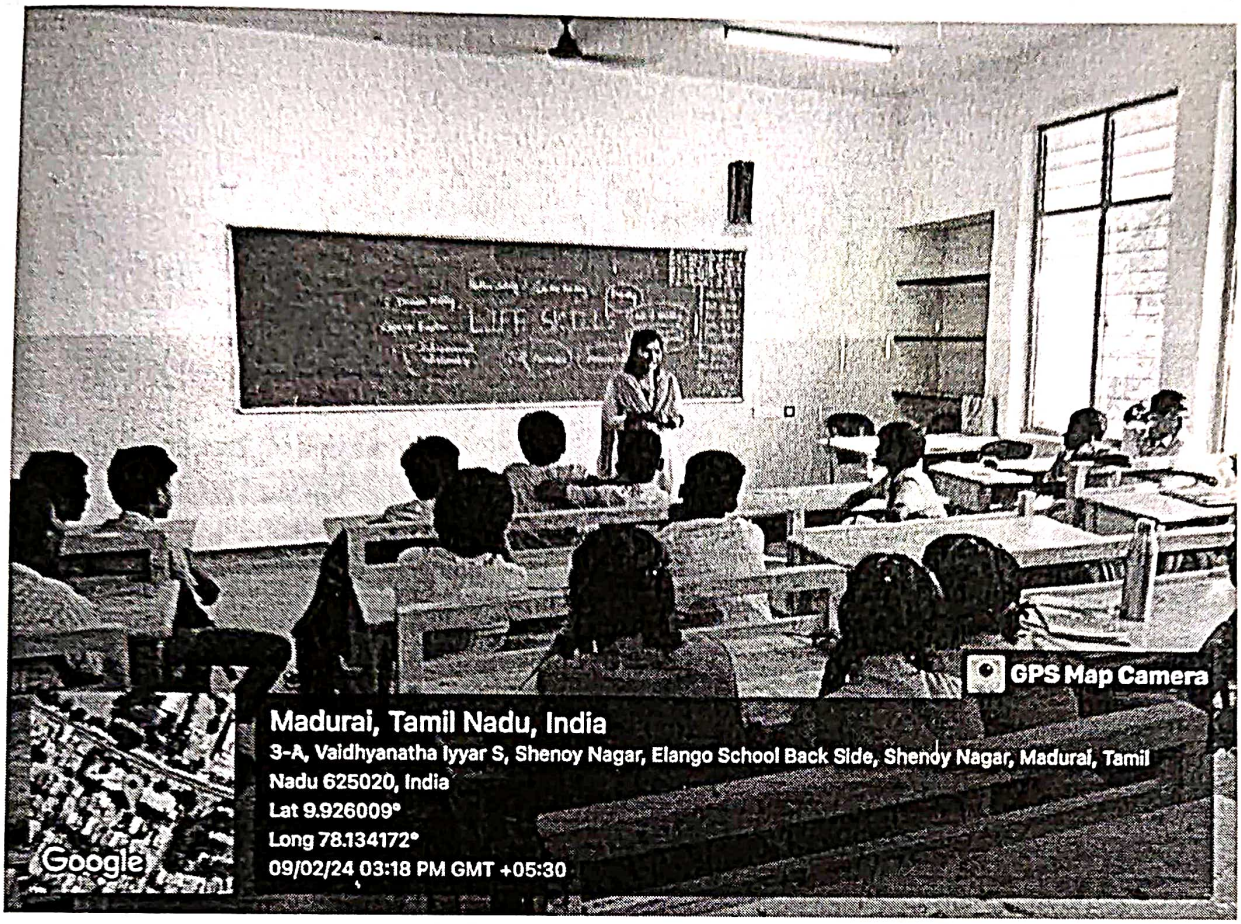
Feed Back Analysis:

Through feedback, the trainee realized that the majority of students enjoyed the life skills program. In one particular class, a child reported that he had made some new friends as a result of this program. A few students reported that this program made their day. A lot of children like the doodling exercise, and they were happy with the program. A few student said the teaching style was effective. The student believed that attending the program was preferable to the listening class. A student complained that the trainee was boring sometime in the middle of the lesson. A few students were able to understand what social work is and what social workers do. Through the training, some children were able to understand the significance. of life skills.

Photo Gallery:







Conclusion:

This is the valuable opportunity for the trainee to conduct Life skill program to the students. The target population is the adolescent group who are in need of life skill. The life skill plays an important role in everyone life. The improvement in those skill may result in the effective management of life.

Declaration form

THIS IS TO DECLARE THAT MS/MR N. SHANJEERA

HAS SUCCESSFULLY CONDUCTED THE Life Skill program

FOR THE STANDARD OF 9 AT Elango school

ON THE DATE OF 09.02.2024

Signature of
HEADMASTER
ELANGO CORPORATION HR. SEC. SCHOOL

Name : R. Harhwanth

School : Elango corporation higher secondary school,
Shenoy Nagar, Madurai.

class : IX - A

About the class:

This class is very nice this class in think about my life skills this class has more life thikings. this class is very use full of my life.

P. Hariharan
IX - A

Neenga halla engaluku use full ah
Sollithanga innum please

Thankyou

Name : T.Dhanusia

Class : IX 'A'

School Name : Elango Corporation. Hr. Sec. School

நான் இன்று வாழ்க்கை திறன் நிகழ்வில்

சுயமுடிவு, பிரச்சினையை சமாளித்தல், Creative thinking, Empathy, Self Awareness, Decision Making, Problem solving, Critical thinking, Stress Management Communication,

* when they started speaking I did not had intrest
* when I listen the topic I was attracted and started listening
* They teach about "LIFE SKILLS"
* Then we played games about that.
* So I like this class

-R. Hari Surya Prakash
IX-'A'
Elango Corp Hr. Sec. School
+91 7373702709

22MSWAEC21

ASSIGNMENT ON LIFE SKILLS FOR SOCIAL WORK

SUBMITTED TO

Dr. S. JOYCE JEYARANI

ASSISTANT PROFESSOR OF MADURAI INSTITUTE OF SOCIAL SCIENCES

SUBMITTED BY

P.HARIKARAN

23MSWAHR06

LIFE SKILL PROGRAMME
FOR SCHOOL STUDENTS AT
PANDIYAN NEDUNCHELIYAN SCHOOL

SYNOPSIS

* INTRODUCTION
* TIME SCHEDULE
* LOCATION
* ABOUT THE PROGRAMME
* ABOUT THE ACTIVITY DONE
* FEED BACK ANALYSIS
* CONCLUSION

INTRODUCTION:

The trainee conducted the Life skill program in Pandiyan nenduncheliyan corparation higher secondary school for IX standard students.

LIFE SKILL

The World Health Organization has defined Life skills as "the abilities for adaptive and positive behaviour that enables the individuals to deal effectively with the demands and challenges of everyday life".

These are the 10 Life skills given by World Health Organization:

1. Self awareness
2. Empathy
3. Interpersonal relationship
4. Problem solving
5. Critical thinking
6. Effective communication
7. Decision making
8. Creative thinking
9. Coping with emotion
10. Coping with stress

LOCATION:

Pandiyan Neduncheliyan Corporation Higher Secondary School,

No 87,

Chokkikulam,

Pt Rajan Road,

Narimedu,

Madurai – 625002



TIME SCHEDULE:

02:30 p.m. – The Trainee reached the Pandiyan Nenduncheliyan corporation higher secondary school.

02.35 p.m. – The Trainee seeked the permission from assistant head master to conduct life skill program for the students.

2.40 to 3.40 p.m. – The Trainee conducted Life skill program and activity .

3.45 p.m. – The Trainee collected the feedback from the Students.

About the Programme:

School Name: Pandiyan Nenduncheliyan corporation higher secondary school

Standard: 9 th Standard

Date: 12.02.2024

Day: Monday

Duration: 1.5 hours

Certified By: Mrs.Punitha (Assistant head master)

•The trainee prepared the content for educating life skills to students. The content listed below:

1)Self Awareness:

- Helps to recognize ones character, strength and weakness, likes and dislikes.

2)Empathy:

- Ability to be sensitive to another persons situation.
- Helps us to feel for the other person.

3)Critical Thinking:

- It helps to analyze information and experience objectively and assess the factors that influence the way we think and act. It is important for our crucial life decisions.

4)Creative thinking:

- Helps to respond adaptively and flexibly in our everyday life situation.
- It is a novel way of doing things.

5)Decision making:

- Decision making is a thought process of selecting a logical choice from the available options.

6)Problem solving:

- Helps to deal constructively with problems.
- It leads to decision making and managing emotional and stress.

7)Effective Communication:

- Ability to express verbally and non verbally.
  *Verbal communication
  *Non Verbal communication

8)Interpersonal Relationship:

- Helps to deal with people in a positive way, to make and maintain friendly relationships.

9)Coping with Stress:

- Helps to identify source of emotion and take appropriate actions to control it.

10)Coping with Emotion:

- Helps to recognize emotions within oneself and others and respond to it appropriately.

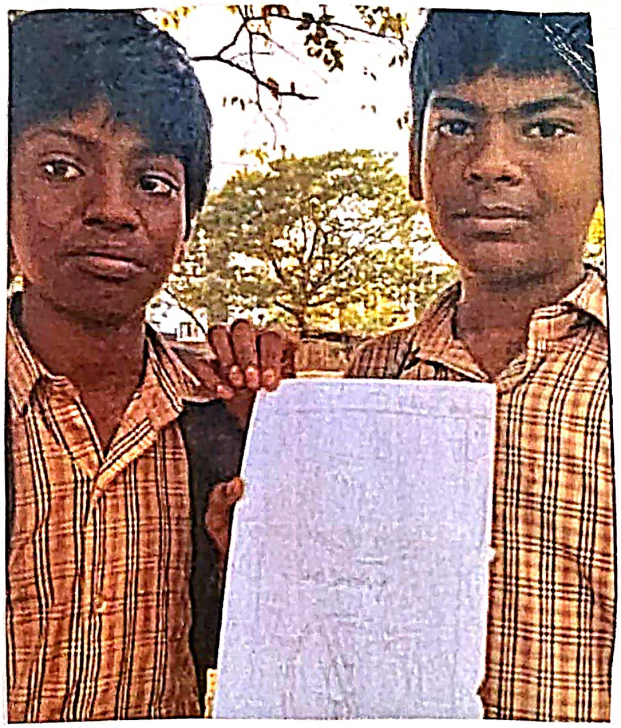


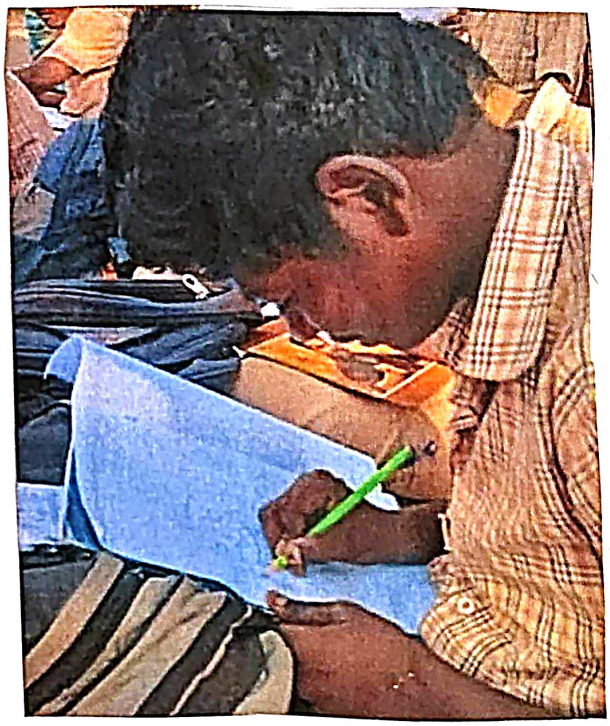


Activity done :

The trainee conducted the activity regarding with creative thinking. The trainee ask the students to draw a picture to

test the creativity of the students. The students actively involved in the activity. The trainee wondered that the students have a massive thinking skills.





Feedback Analysis:

The students provided positive feedback on the activity, expressing their enjoyment and appreciation for the opportunity to showcase their creativity through drawing. The trainee had a good experience with them. They also enjoyed the session.

Pandian Neduchezhian Hr. Sec School

R. Guru prassanna

IX - B

* Neenga sonnathu romba useful iruthuchu.
* life skill explain is very good
* life skill. pathi nalla sonninga nallave purinjuchu

Romba Thanks Anna.

Conclusion:

In conclusion, conducting a life skills program for school students is a vital aspect of their education and personal development. By providing students with the opportunity to develop essential life skills, educators can empower them to become resilient, adaptable, and empathetic individuals who are equipped to thrive in the modern world. A comprehensive life skills program that incorporates age-appropriate content, social and emotional learning principles, and a focus on health and wellness can have a profound impact on students' lives and contribute to the creation of a more positive and inclusive society.

some feedback and drawing of the students

P.KISHORE

SEC:IX:B

School Hr. SEC1 school

* Very wrefull

* Innowoove ten lise skills

School

School

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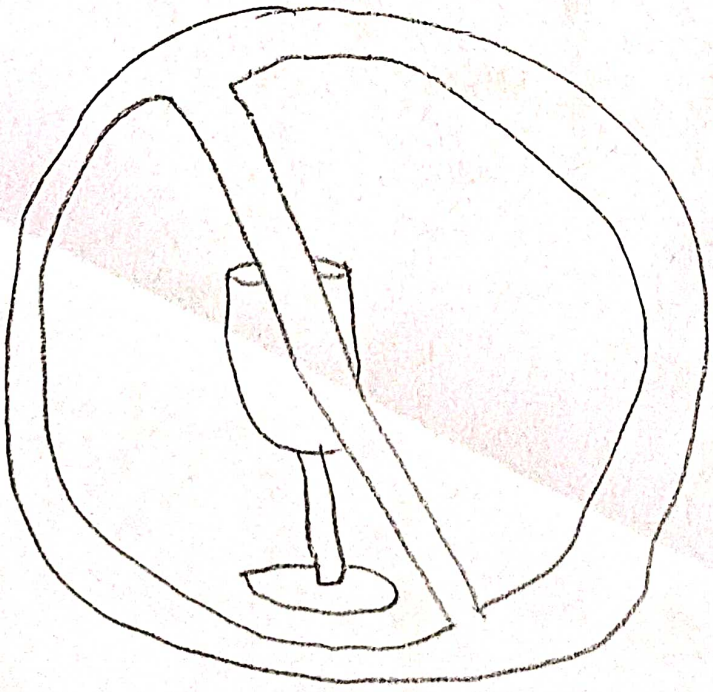
* life skill explein is very

ood

No Smoking



No Drinking

Declaration form

THIS IS TO DECLARE THAT MS/MR P. HARIKARAN

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF IX AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/2/24

Signature of

HEADMASTER தலைமையாசிரியர்

பாண்டியன் நெடுஞ்செழியன்

மாநகராட்சி மேல்நிலைப்பள்ளி

ஆரப்பாளையம், மதுரை-14.

Declaration form

THIS IS TO DECLARE THAT MS/MR P.HARIKARAN

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF IX AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/2/24

Signature of

HEADMASTER

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படை, கடச்சனேந்தல், மதுரை-14.

(5)

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An Autonomous Collage & Research Centre, Affiliated to Madurai Kamarjar university

No,9 Alagar kovil road, Madurai – 625002

LIFE SKILL ASSIGNMENT

Jayaram.A

4L/5 Good. Write another topic

Submitted to
Mrs. Joyce Jeyrani
Assistant.professor of social work

5/2/24

Submitted by
JAYARAM.A
(23MSWAHR07)

INDEX BOX

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3	Time schedule	2
4	Location	2
5	About program	3
6	About Activity	5
7	Feedback analysis	5
8	Conclusion	5
9	Gallery	6

Declaration form

THIS IS TO DECLARE THAT MS/MR Jayaram . A

HAS SUCCESSFULLY CONDUCTED THE Life skill program

FOR THE STANDARD OF 8 - 9 AT Corporation School Tallakulam

ON THE DATE OF 14 . 2 . 24

10-14 வயதுடைய மாணவர்களுக்கு
ஆலோசனை தேவைப்படுகிறது.

CORPORATION HIGH SCHOOL TALLAKULAM MADURAI-2 TOOL

Signature of

19/2/2024

HEADMISTRESS
CORPORATION HIGH SCHOOL
TAL...
MADUR... ...003

INTRODUCTION:

Life skills are the abilities and knowledge that help to handle various challenges and tasks in day-to-day life. These skills empower students to overcome their ups and downs in life. It contains, for example, interaction with others, problem-solving, making positive choices, and adaptability. Life skills are essential for personal development, relationships, and achieving success in different aspects of life. To raise awareness among school students about life skills. The trainee went to Corporation School in Tallakullam, Madurai, on February 14, 2024. The trainee interacted with the students in the age group of 10 to 14 years old.

TIME SCHEDULE:

3.00 pm: The trainee arrived at school around 3.00 p.m.

3.10 pm: The trainee had interaction with faculty members to learn about their needs and desires around life skills awareness.

3.30 pm: Mrs. Ruby headmistress of the school gave a brief introduction about the trainee and the session to the age group of 10 to 14-year-old students of the corporation school in Tallakulam.

3.40 pm: The trainee had interaction with students about life skills.

4.30 pm: Trainees conduct activities for the students.

5:00 pm: The trainee thanked faculty and management for providing the opportunity. The trainee departed the school by 5.20 p.m.

LOCATION:

Tallakulam,

Madurai Cor. Ward43

Madurai East - 625002

Madurai, Tamil Nadu.

ABOUT PROGRAMME:

Trainees discussed life skills and their importance and shared views on the major ten fundamental skills referred to by the World Health Organisation, such as

1. Self-awareness
2. Empathy
3. Critical thinking
4. Creative thinking
5. Decision making
6. Problem Solving
7. Effective communication
8. Interpersonal relationship
9. Coping with stress
10. Coping with emotions

The trainee carried out the session in a practical way, which helped the students be clear on the topic and made the session more interactive.

SELF-AWARENESS:

Self-awareness means Knowing yourself better and understanding your strengths and weaknesses. It helps to make better choices and handle situations more effectively.

The trainee conducted a small activity to make them understand what self-awareness is. The trainee asked the students to write down their own strengths and weaknesses, and the trainee also gave some ideas to overcome their weaknesses.

EMPATHY:

Empathy means putting yourself in someone else's shoes to see things from their perspective. Being empathetic helps you understand others feelings.

The trainee conducted a small activity to make them understand what empathy is. The trainee asked volunteers from the students to do a mime. The trainee guided the student on the spot and asked the remaining students to observe the gestures and feelings.

CRITICAL THINKING:

Critical thinking means analysing and evaluating whenever faced with challenges. It helps to make smart decisions, solve problems, and understand things better. Critical thinking helps us make wise choices.

The trainee gave an example to make them understand what critical thinking is.

Example: writing down the strengths and weaknesses of their own by analysing and evaluating themselves.

CREATIVE THINKING:

Creative thinking means coming up with new and unique ideas, thinking outside the box, and seeing things in different ways. Creative thinking helps to solve problems in innovative ways.

The trainee gave an example to make them understand what creative thinking is.

Example: students who participated in the mime came up with new ideas or suggestions to do the mime in innovative ways.

PROBLEM SOLVING:

Problem-solving means finding solutions when faced with challenges or difficulties. It helps to figure out what's going wrong and come up with ways to fix it. It helps to overcome obstacles, navigate through difficulties, and make things better.

The trainee narrated a short story to make them understand what problem solving is.

DECISION-MAKING:

Decision-making means choosing what to do when faced with different options or situations. tips for making decisions, weigh the pros and cons, prioritise things, and pick the best for you.

EFFECTIVE COMMUNICATION:

Effective communication means expressing thoughts and feelings in a way that others can easily understand. Tips for effective communication: listen carefully, speak clearly, and make sure your message gets across. Effective communication helps to connect with others, avoid misunderstandings, and build strong relationships.

To make them understand what effective communication is, the trainee claims himself and the students to be examples of effective communication. The communication helps the trainee connect with the students.

INTERPERSONAL RELATIONSHIP:

Interpersonal relationships mean how to connect, communicate, and get along with people. It helps to build trust, share experiences, and support each other. This skill helps you create a positive and friendly environment in your social circle.

To make them understand what interpersonal relationships are, the trainee gave an example of the class environment and peer groups.

COPING WITH STRESS:

Coping with stress means finding ways to stay calm and handle pressure when things get tough. It helps to bounce back from difficulties, stay focused, maintain a positive outlook, and make life's ups and downs more manageable.

The trainee gave an example to help them understand what coping with stress is. The trainee taught them some techniques, like taking a deep breath, talking to someone you trust, or doing something you enjoy to relax.

COPING WITH EMOTIONS:

Coping with emotions means understanding and managing your emotions in a healthy way. Coping with emotions helps to stay balanced, deal with challenges, and build resilience.

The trainee gave an example to help them understand what coping with emotions is. The trainee taught them some techniques, like expressing yourself, taking a break, or talking to someone who cares about you.

ABOUT ACTIVITY:

The trainee conducted the activity for self-awareness among the students, such as writing down their own strengths and weaknesses, and also gave some ideas to overcome their weaknesses. The trainee conducted a mime, and by involving the school students in it, it helped them understand better what empathy is.

The trainee narrated a story about problem-solving skills among the students. The trainee taught the students some techniques to cope with stress and emotions, and the trainee guided them to use those techniques.

FEEDBACK ANALYSIS:

The overall feedback from the students was that the life skills programme was really helpful. They learned how to better understand themselves and communicate with others. The activities were fun, and they learned how to cope with stress and emotions. The programme taught them to stay calm when things get stressful and how to make smart decisions in the future. They felt more confident about their lives and ease. Thanks for the useful skills!

CONCLUSION:

The life skills programme for school students was completed successfully. Throughout the programme, students learned important tools for handling life's challenges. They discovered more about themselves, how to communicate effectively, and how to solve problems wisely. The life skills programme has given these students valuable skills and knowledge to make their school experience and future endeavours more successful. Thanks for providing such a task to college management and to Corporation School Tallakulam for permitting trainees to take classes for the students.

GALLERY:



MADURAI INSTITUTE OF SOCIAL SCIENCE COLLEGE

COMMUNITY BASED LIFE SKILL

Submited To : Dr. Joyce Jeyarani

Submitted By : V. Ajay aravind
23 MSWSHR08

22/2/24 5 Good

Verified for
Jayaram.

Department of Business Administration

ARUL ANANDAR COLLEGE *(Autonomous)*
Reaccredited by NAAC at 'A' Grade
Karumathur – 625 514, Madurai Dt

Date: 03.02.2024

ATTENDANCE CERTIFICATE

This is to certify that Mr.V.AJAY ARAVIND, I MSW, Madurai Institute of Social Sciecne (MISS) College, Madurai, participated as a Resource Person in Alumniar (Alumni Seminar) 2024 Series, held at Smart Classroom, Department of Business Administration, Arul Anandar College, Madurai, Tamil Nadu, India on 03.02.2024.

3/2/2024

Head of The Department
Department of Business Administration
Arul Anandar College
Karumathur - 625514.

Name.	Roll. No.	Feedback.
Sophia Roseline Mary	22BBA154	useful to for all
ubila Arograce. L	22BBA148	It was a good topic and very useful.
Varsha Nanthini.	22BBA184.	Good Presentation.
Muthu Bowthika Rani	22BBA136	Excellent
S. Vinisha	22BBA185	Good topic
yogeshwaran	22BBA172	Excellent
P. Karuppasamy	21BBA121	Good topic
L. Kishore	21BBA122	well prepared
G. YOGESHWARAN.	21BBA158	Excellent..
M. Varsha	21BBA152	Nice
B. Malathi	21BBA123	good presentation
A. Jackap	21BBA173.	Excellent.
Sonu. M	21BBA142	Good topic
R. Sugan	21BBA147	well prepared.
P. ARUN	21BBA104	Good presentation
P. Chandru	21BBA165	Good topic
S. Prithivi Sangeeth	21BBA137	well prepared
Ajay. A	21BBA162	Nice presentation
M.H. Navan Madhavan	21BBA130	Excellent.
S. SURYA	21BBA150	Very nice and useful
S. Vijayaprabhakaran.	21BBA155.	well prepared & useful for us.

3.2.2024

Head of The Department
Department of Business Administration
Arul Anandar College
Karumathur - 625514.

MADURAI INSTITUTE OF SOCIAL SCIENCE COLLEGE
(AUTONOMOUS)
LIFE SKILL PROGRAM FOR

ARUL ANANDAR COLLEGE (AUTONOMOUS) BBA I YEAR

*INTRODUCTION
*TIME SCHEDULE
*LOCATION
*PROGRAM
*FEEDBACK ANALYSIS
*CONCLUSION

INTRODUCTION:

The trainee went to Arul Anandar college (Karumathur) for conduct program on life skill to the student of First BBA .Thanks for Dr Joyce Jayarani assistant professor, provide this opportunity .Life skills are defined as "a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with and manage their lives in a healthy and productive manner.

TIME SCHEDULE:

9.00am : The Trainee reached Arul Anandar College (BBA department)
09.45am-10.25am : The Trainee Interact with students and taught lesson about life skill for the Student of I year BBA
10.25am-10.45am : The trainee asked questions about life skill to the students
10.45am-11.00am : Tea Break
11.00am-11.25am : Feedback session and program End.

PROGRAM:

Life skills are behaviors that enable individuals to adapt and deal effectively with the demands and challenges of life. There are many such skills, but 10 core life skills laid down by WORLD HEALTH ORGANIZATION are:

1. Self-awareness
2. Empathy
3. Critical thinking
4. Creative thinking
5. Decision making
6. Problem Solving
7. Effective communication
8. Interpersonal relationship
9. Coping with stress
10. Coping with emotions

SELF AWARNESS:

Self-awareness is to identify themselves self on the basis of, our character, our strengths and weaknesses, desires, and dislikes. Developing self-awareness can help us to recognize when we are stressed or feel under pressure. It is for effective communication.

EMPATHY:

To have a successful relationship with our loved ones and society at large, we need to understand and care about other peoples' needs, desires and feelings. Empathy is the ability to imagine what life is like for another person. Without empathy, our communication with others will amount to one-way traffic. Empathy can help us to accept others, who may be very different from ourselves. This can improve social interactions, especially, in situations of ethnic or cultural diversity.

CREATIVE THINKING:

Critical Thinking is the ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and behavior, such as values, peer pressure, and the media.

DECISION MAKING:

Decision-making helps us to deal constructively with decisions about our lives. This can have consequences for health. It can teach people how to actively make decisions about their actions in relation to the health assessment of different options and, what effects these different decisions are likely to have.

PROBLEM SOLVING:

Problem-solving helps us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental stress and give rise to accompanying physical strain. Problem-solving is the process of identifying and resolving conflicts or problems. It involves breaking a problem down into its component parts, thinking about possible solutions, and then choosing the best one.

INTERPERSONAL RELATIONSHIP:

Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being. It may mean keeping, good relations with family members, which are an important source of social support. It may also mean being able to end relationships constructively

EFFECTIVE COMMUNICATION:

Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions and desires, and also needs and fears. And it may mean being able to ask for advice and help in a time of need. Coping with stress means recognizing the sources of stress in our lives, recognizing how this affects us, and acting in ways that help us control our stress levels by changing our environment or lifestyle and learning how to relax. Coping with emotions means recognizing emotions within us and others, being aware of how emotions influence behavior, and responding to emotions appropriately. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately.

COPPING WITH STRESS:

Wrong beliefs like "I'm not good enough" or "Something is wrong with me" cause up to 95% of all illnesses and diseases. The membrane of the cell is the brain of the cell, not the nucleus. Our beliefs are stored in the membrane of our cells. Unless we are fully aware of what we are doing and why we are doing it at every moment, we are always acting on our unconscious programming stored as beliefs in our cells. Scientific research has established that stress is the core factor in physical, mental, and emotional disease. Discovering how unconscious physical, mental, and emotional habits create stress, aging, addiction, and disease, through awareness and simple lifestyle changes reclaiming youthful vitality, joy, and well-being.

COPPING WITH EMOTIONS:

Our feelings are a wonderful barometer of our well-being. When we are not caught up in negative thinking, our feelings remain positive, and we feel joyful, loving, and peaceful. When we are feeling fearful, angry, or depressed it is a sure sign that our thoughts have become negative and dysfunctional. Developing this awareness and making the decision to eliminate negative thinking can be dramatically life-changing.

CONCLUSION:

Trainee had an grate opportunity to take life skill programme for arul anandar college BBA students was completed successfully. Thanks for providing such a opportunity to interact with arul anandar college I Year BBA students .


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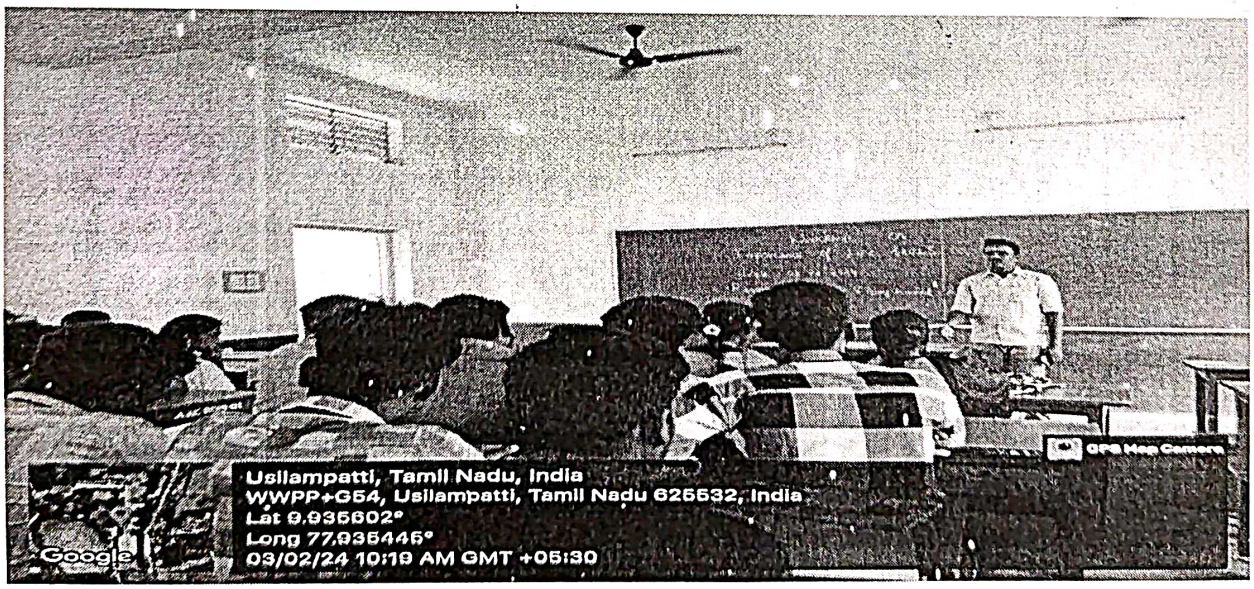
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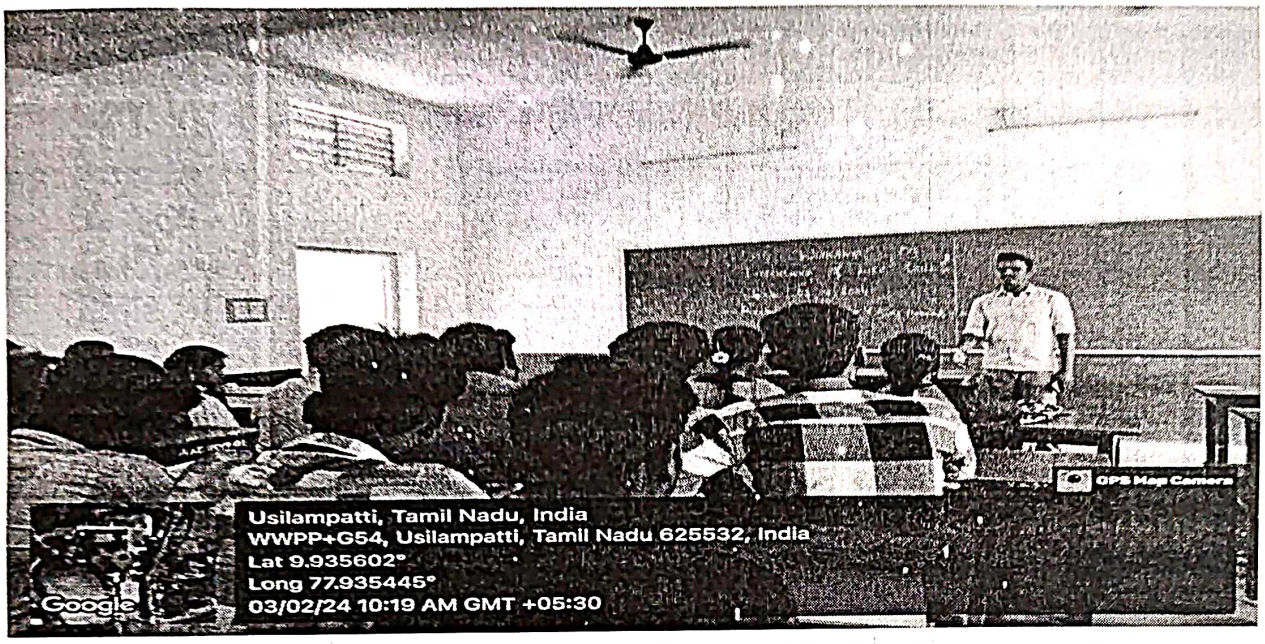
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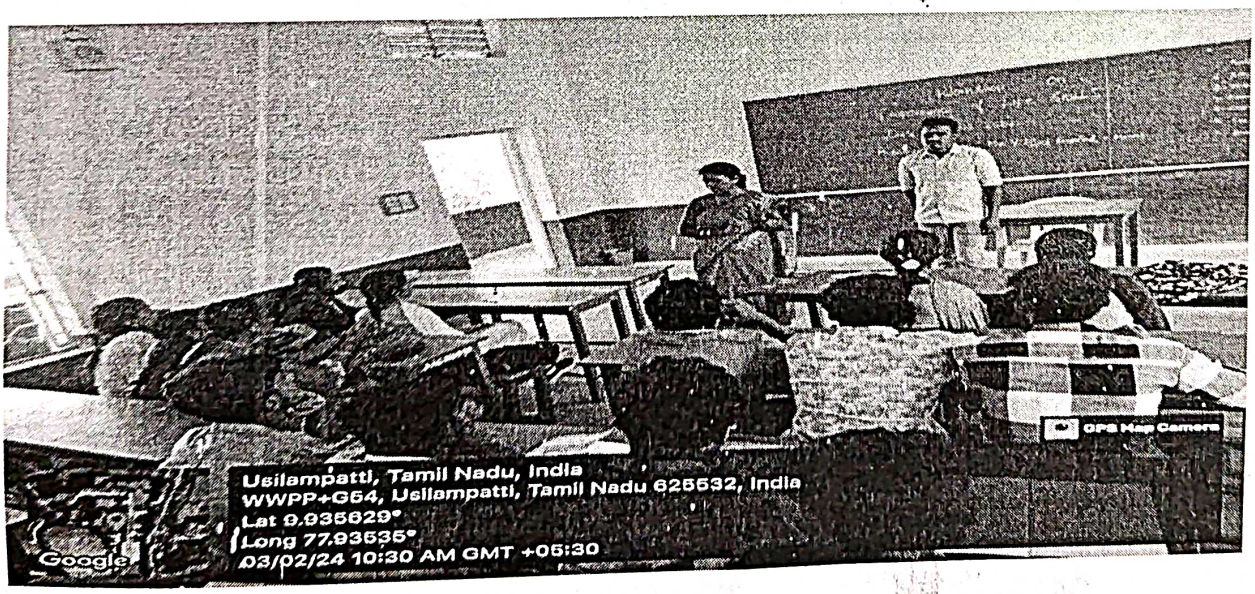
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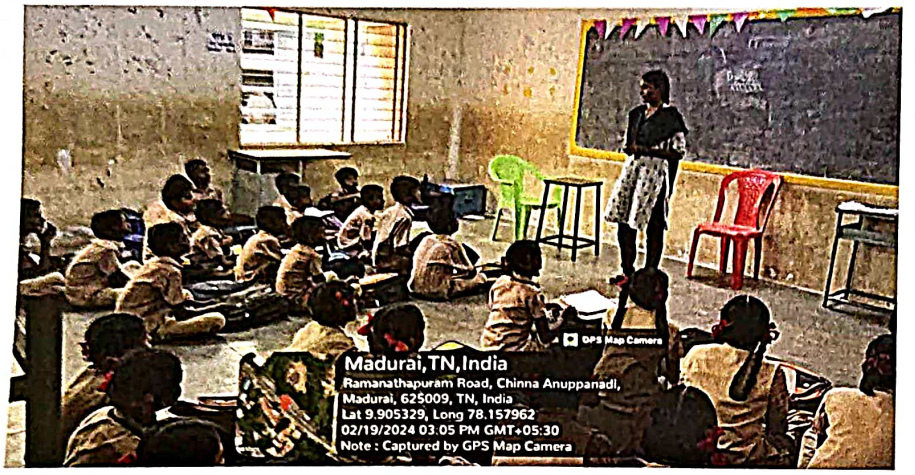
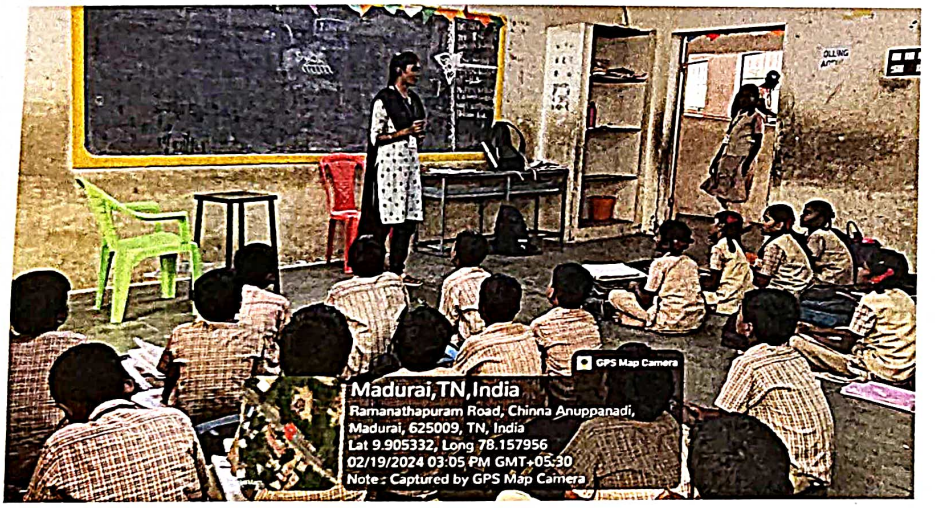
PHOTOS:





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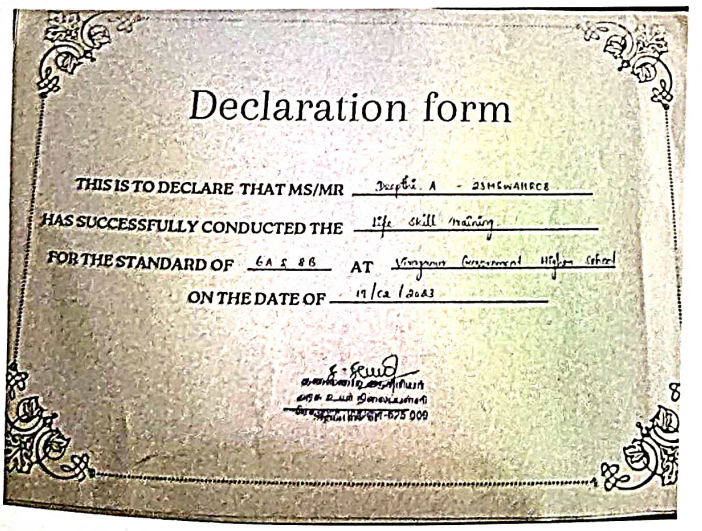
CERTIFICATE:



Declaration form

THIS IS TO DECLARE THAT MS/MR Deepthi. A - 23MSWAHRC8

HAS SUCCESSFULLY CONDUCTED THE Life skill training

FOR THE STANDARD OF 6A & 8B AT Vinayaga Government Higher School

ON THE DATE OF 19/02/2023

where is the original?

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundation for HRD

Re-Accredited with "B+" Grade by NAAC

Autonomous college and Research Centre Affiliated to Madurai Kamaraj University

No.9, Alagar koil road,

Madurai - 625 002

verified by -

Good.

Submitted to

Dr .S.Joyce jeyarani

Submitted by

Soundarya M

(20MSWAHR09

SYNOPSIS

- Introduction
- Location
- Time schedule
- About Elango school
- Inauguration
- Life skill programme
- Doodle activity
- Feedback analysis
- Learning outcomes
- Conclusion

INTRODUCTION

"As per UNICEF, life skills are defined as "a behavior change or behavior development approach designed to address a balance of three areas: knowledge, attitude, and skills"

Life skills, as defined by the World Health Organization (WHO), are abilities that enable individuals to effectively navigate the challenges of everyday life. These skills encompass a broad range of competencies, including communication, problem-solving, decision-making, critical thinking, and interpersonal relationships The trainee conducted life skills session for the kids of class 7, section B, an all-boys class at Elango School Madurai, with the goal of enhancing the students' life skills and, more specifically, their creative abilities. The life skill programme was conducted on 9/02/24 in the classroom of

LOCATION

Elango Corporation Higher Secondary School
W4GM+CPP, Madurai - Kallal Rd,
Alwarpuram, Madurai,
Tamil Nadu 625020

TIME SCHEDULE:

1.45 PM - Reached the organization "ELANGO CORP. HSS"
2.00PM TO 3.00 –Inauguration of the life skills workshop with the AHM and Faculty
3.00pm TO 4.30 - life skill programme was conducted.

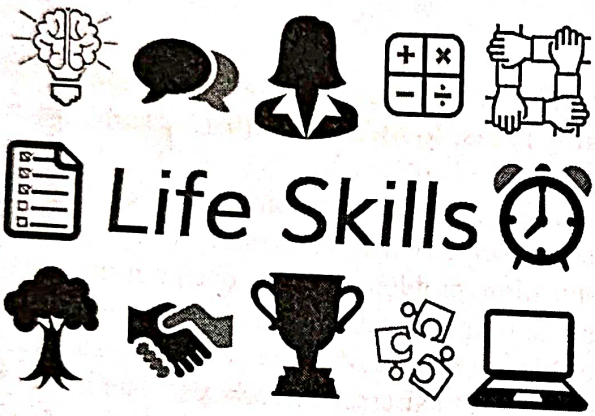
ABOUT ELANGO SCHOOL

ELANGO CORP. HSS, SHENOYNAGAR was established in 1937 and it is managed by the Local body. It is located in Urban area. It is located in MADURAI EAST block of MADURAI district of Tamil Nadu. The school consists of Grades from 6 to 12. The school is Boys and it doesn't have an attached pre-primary section. The school is N/A in nature and is not using school building as a shift-school. Tamil is the medium of instructions in this school. This school is approachable by all weather road. In this school academic session starts in April.

INAUGURATION

The life skills program was inaugurated in a classroom with Mr. Karthik, the class 10 Tamil teachers, and Mr. Ramasamy, the AHM of Elango School. Mr. ramasamy facilitated the gathering by telling the students about the trainee and why they were there. The AHM also gave the students advice on how to behave and respond to the trainee's questions. After that, the trainee and co-trainer introduced themselves to the students gathered in the classroom after Mr. Karthik shared his opinions and life skills and gave a introduction to life skills to students

The inauguration session ended at 3 p.m.



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LIFE SKILL PROGRAMME

The WHO's ten listed life skills were the program's main focus. The trainer began the class by explaining to the students what life skills are and how to develop them. Next, using examples, the trainee began to go over each of the ten essential life skills.

UNICEF, UNESCO, and WHO have listed the ten core life skill strategies and techniques. They are:

1. Problem-solving
2. Decision making
3. Creative thinking
4. Critical thinking
5. Self-awareness
6. Empathy
7. Interpersonal relationship
8. Good and effective communication
9. Management of stress
10. Management of emotions

The trainee highlighted the points:

- **Problem Solving**
  Problem-solving helps us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental stress and give rise to accompanying physical strain.

- **Coping with Stress**

Wrong beliefs like "I'm not good enough" or "Something is wrong with me" cause up to 95% of all illnesses and diseases. The membrane of the cell is the brain of the cell, not the nucleus. Our beliefs are stored in the membrane of our cells. Unless we are fully aware of what we are doing and why we are doing it at every moment, we are always acting on our unconscious programming stored as beliefs in our cells

- **Coping with Emotions**

Our feelings are a wonderful barometer of our well-being. When we are not caught up in negative thinking, our feelings remain positive, and we feel joyful, loving, and peaceful. When we are feeling fearful, angry, or depressed it is a sure sign that our thoughts have become negative and dysfunctional.

DOODLE ACTIVITY

A doodle is a drawing made while a person's attention is otherwise occupied. Doodles are simple drawings that can have concrete representational meaning or may just be composed of random and abstract. The trainee highlighted the value and benefits of doodling, provided examples of her own drawings on the board, and encouraged the students to do the same. She then gave each student a piece of paper and instructed them to doodle on it and return it. Doodling offers a wide range of benefits for mental health, life skill improvement, and creative thinking. By incorporating doodling into daily routines and educational settings, individuals can harness its potential to promote well-being, enhance cognitive abilities, and unleash their creativity. Few advantages of the doodling highlighted by the trainee are:

- **Stress Reduction**: Doodling has been shown to reduce stress and anxiety levels by promoting relaxation and mindfulness. Engaging in doodling activities can provide a calming effect, allowing individuals to focus their attention and alleviate tension.
- **Enhanced Concentration**: Contrary to common belief, doodling can improve concentration and focus. It serves as a form of active engagement that helps individuals maintain attention during tasks, lectures, or meetings, leading to better retention of information and improved productivity.
- **Creative Expression**: Doodling encourages creative expression and exploration. It provides a non-verbal outlet for self-expression, allowing individuals to visually communicate their thoughts, feelings, and ideas in a spontaneous and unrestricted manner.
- **Problem-Solving Skills** :Doodling can stimulate divergent thinking and problem-solving skills. The free-flowing nature of doodling encourages individuals to generate multiple ideas, explore different perspectives, and make connections between seemingly unrelated concepts, fostering creativity and innovation.
- **Memory Enhancement:** Research suggests that doodling can improve memory retention and recall. The act of doodling engages both hemispheres of the brain, stimulating neural pathways associated with memory formation and consolidation
- **Emotional Regulation:** Doodling can serve as a form of emotional regulation and self soothing. It allows individuals to channel their emotions into a creative outlet,

- **Decision Making**

Decision-making helps us to deal constructively with decisions about our lives. This can hav consequences for health. It can teach people how to actively make decisions about their actions in relation to the health assessment of different options and, what effects these different decisions are likely to have.

- **Creative Thinking**

Creative Thinking is a novel way of seeing or doing things that are characteristic of four components – fluency (generating new ideas), flexibility (shifting perspective easily), originality (conceiving of something new), and elaboration (building on other ideas).

- **Critical Thinking**

Critical Thinking is the ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and behaviour, such as values, peer pressure, and the media

- **Self-awareness**

Self-awareness includes recognition of the self, our character, our strengths and weaknesses, desires, and dislikes. Developing self-awareness can help us to recognize when we are stressed or feel under pressure. It is often a prerequisite to effective communication and interpersonal relations and for developing empathy with others.

- **Empathy**

To have a successful relationship with our loved ones and society at large, we need to understand and care about other peoples' needs, desires and feelings. Empathy is the ability to imagine what life is like for another person. Without empathy, our communication with others will amount to one-way traffic.

- **Interpersonal Relationship**

Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being

- **Effective Communication**

Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions and desires, and also needs and fears. And it may mean being able to ask for advice and help in a t

helping them process complex feelings and manage emotional distress more effectively.

- **Self-Discovery:** Doodling can facilitate self-discovery and introspection. Through the act of doodling, individuals may uncover hidden thoughts, desires, and patterns of behavior, leading to greater self-awareness and personal growth
- And other skills such as Fine Motor Skills, Communication Skill and Cognitive Flexibility

FEEDBACK ANAYLSIS

By encouraging students to think creatively and encouraging them to utilize old invitations instead of the usual white paper, the trainee was able to get feedback in a new way. The trainee provided a variety of invitation sheets, which the students divided up appropriately.

Through feedback, the trainee realized that the majority of students enjoyed the life skills program. In one particular class, a child reported that he had made some new friends as a result of this program. A few students reported that this program made their day. A lot of children like the doodling exercise, and they were happy with the program. A few student said the teaching style was effective. The student believed that attending the program was preferable to the listening class. A student complained that the trainee was boring sometime in the middle of the lesson. A few students were able to understand what social work is and what social workers do. Through the training, some children were able to understand the significance of life skills.

LEARNING OUTCOMES

- The trainee enhanced understanding of the importance of life skills in personal development and well-being.
- The trainee enhanced skills in facilitating group discussions, activities, and workshops.

CONCLUSION

In a constantly changing environment, only an individual having life skills can meet the challenges of everyday life in a positive way. This marks the importance of life skills in today's scenario. There have been dramatic changes in global economies over the past few years along with a matched transformation in technology

All these are all impacting education, the workplace, and our home life. To cope with the increasing pace and change of modern life, people need to accept the need for new life skills to live life happily. Today the working conditions and jobs are more demanding and the level of stress is on the higher side. Life skills are nothing but the saviour for the generation of today. The importance of life skills can be felt in every part and parcel of life.

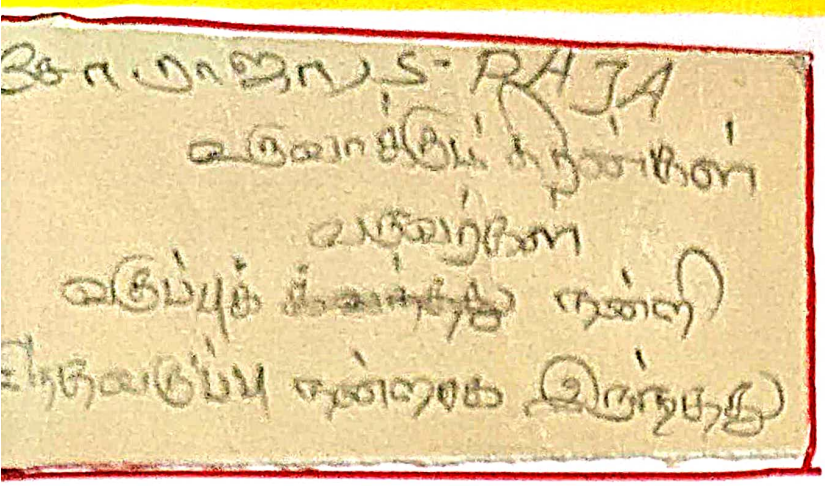
PHOTO GALLERY







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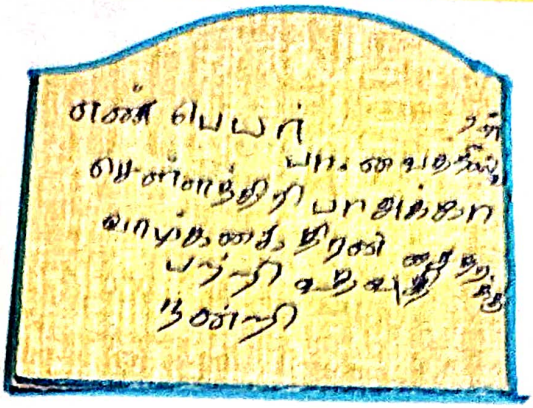


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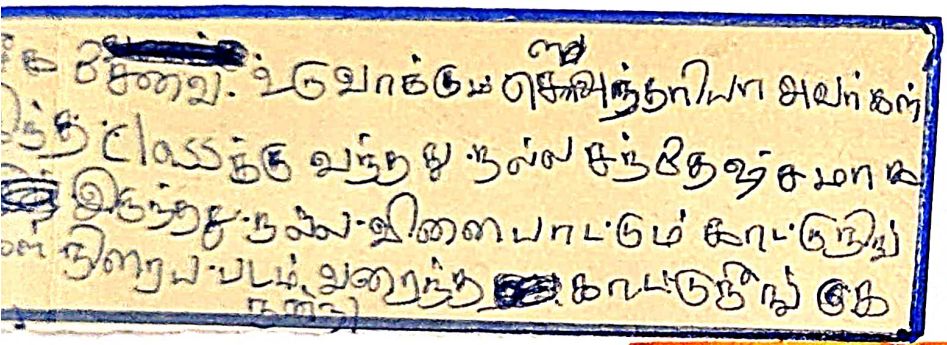
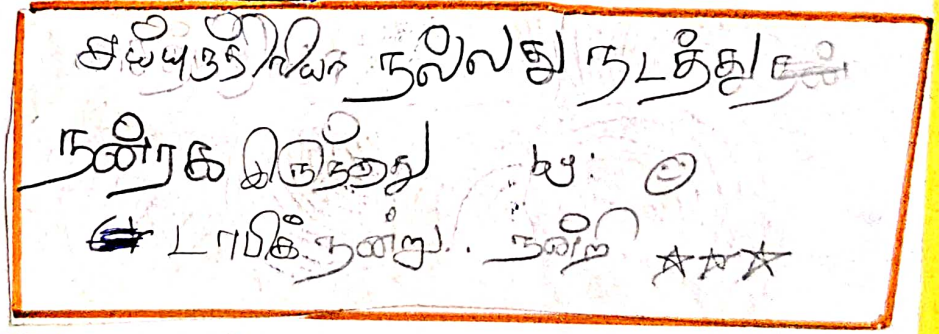
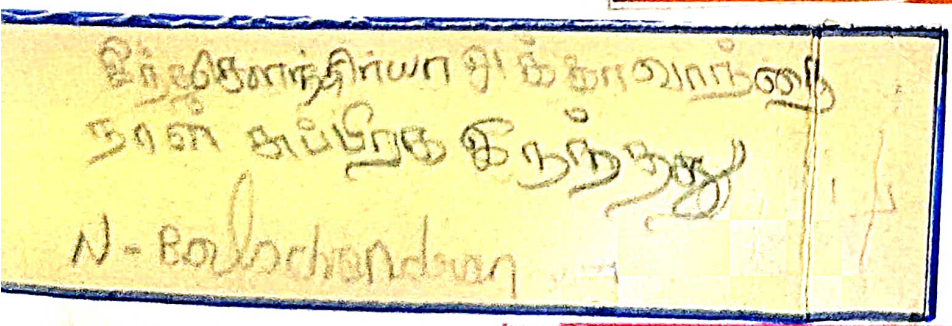
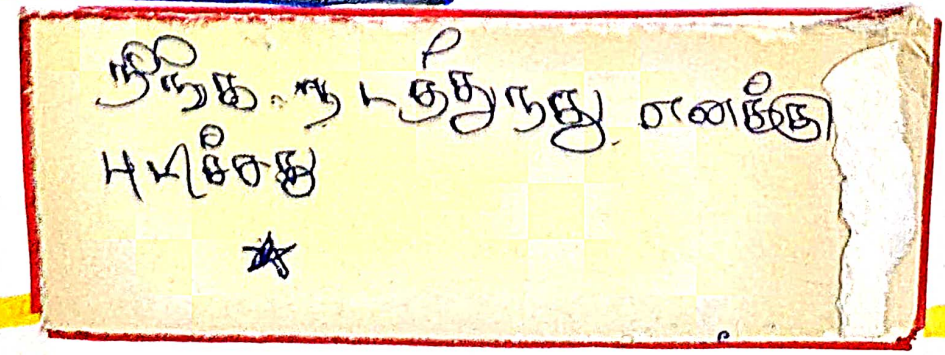
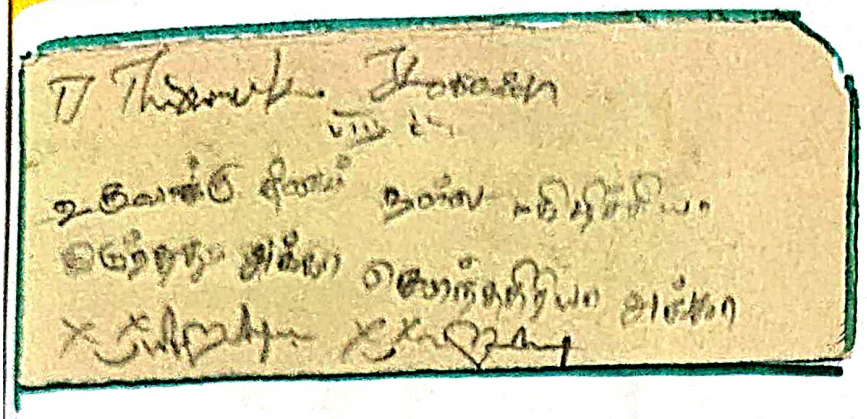
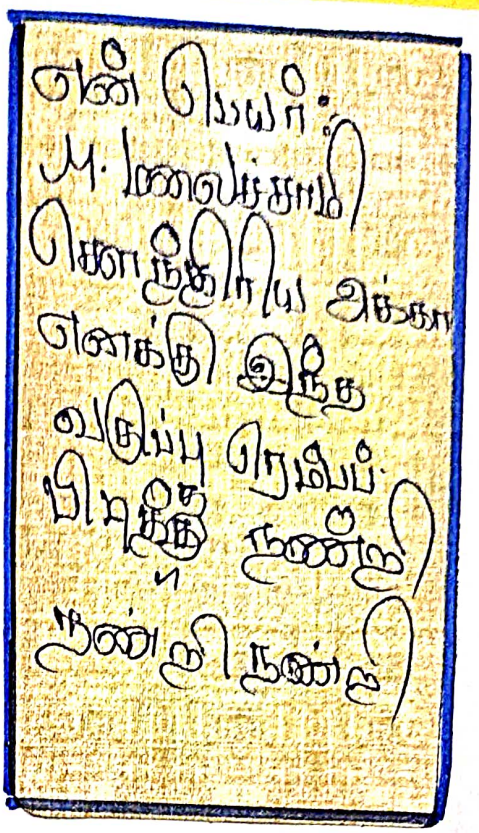


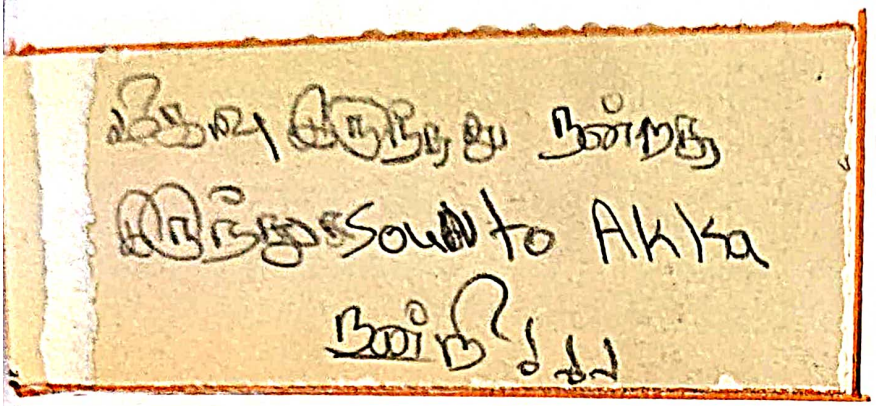


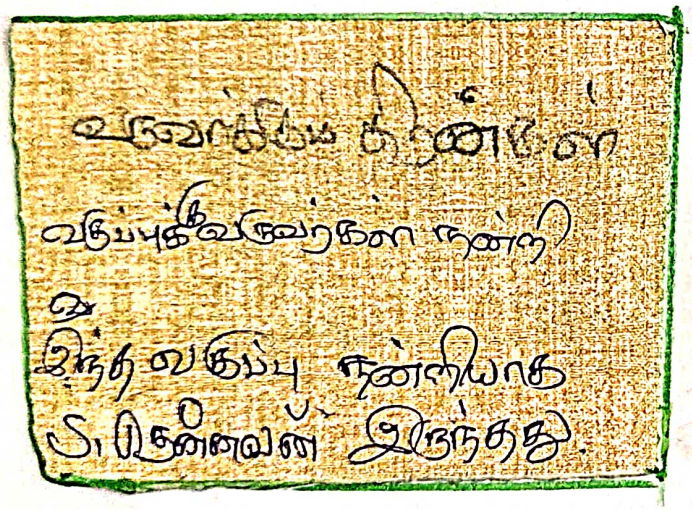


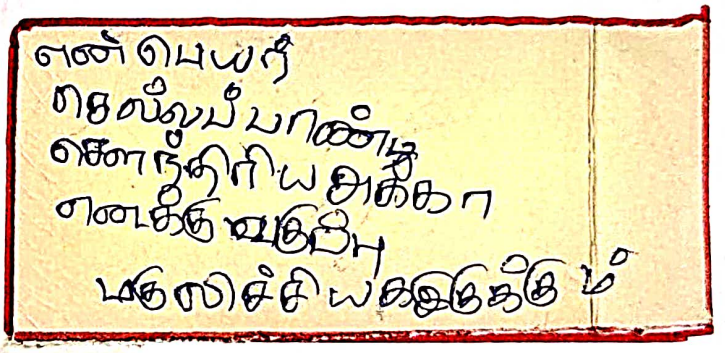


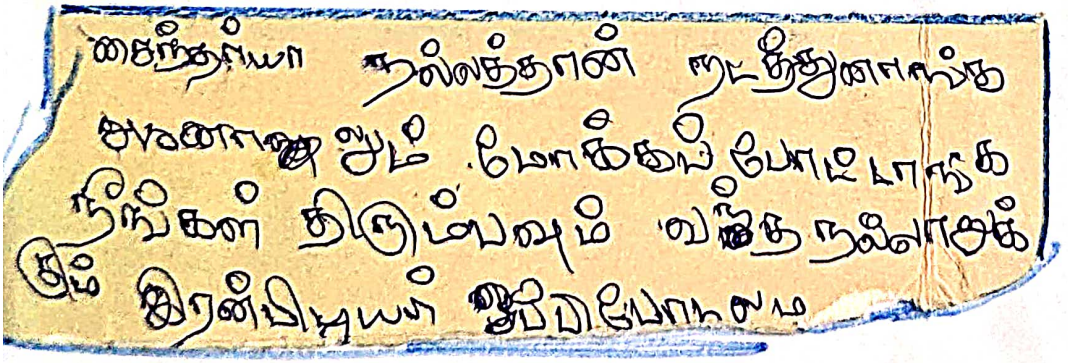


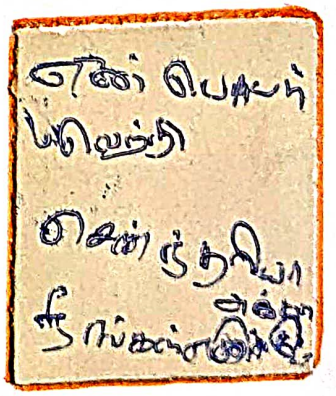


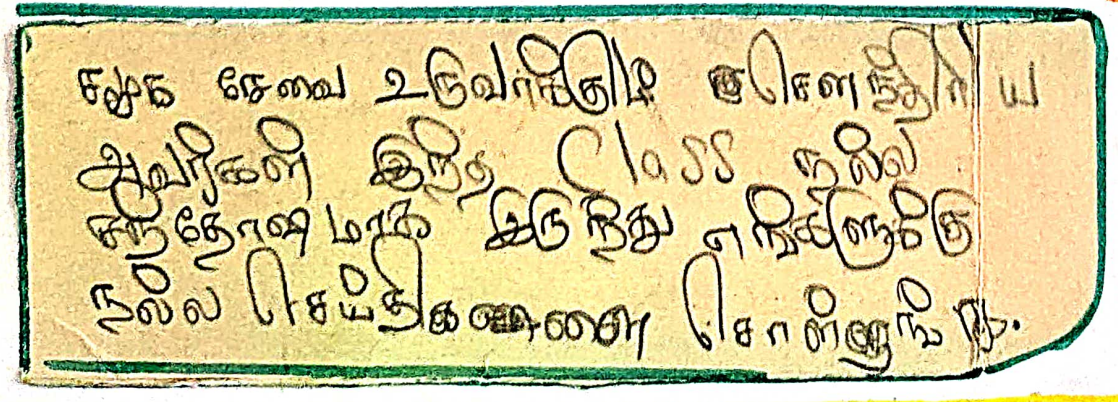












இந்த கிளஸ் எனக்கு பிடித்தது
விலையாட்டு பிடித்தது

சௌந்திரிய

~~உர்ச அக்கா~~
சவுந்தரிய அக்கா

இந்த Class சுப்பார் இருந்துச்சு.
நீங்கள் வந்ததேனால் ஒரு புது நடிப்பு
கிடைத்தது. நாங்கள் OP போட்டீ
நன்றி
K. நவசுப்பாண்டி

உருவக்கும் திரன்கள்
நன்றக இருந்தது
நன்றி

நன்றகா நடந்தது

-சவுந்தர்யா

உறுவக்கும் திறல்
1. சவ்தரைய அக்க கிலஸ் நல்ல
இருந்துச்சு

விலையாட்டு பிடித்தது கிலஸ்
பிடித்தது நல்ல சொல்லி குடுத்தக
இப்படிக்கு நன்றி!!!
உங்கள் மாணவம்
M. ஹீ மிகவும் பிடித்தது

சௌந்திரிய

என். பெயர்.
I. முகமது இஸ்காக் ஸ்ரீ ஃபத்
சௌந்தரியா அக்கா
நீங்கள் எடுக்கும்
வகுப்பு எனக்கு
மிகவும் பிடித்தது
வாழ்க்கை
திறன் நன்றி..

சௌந்தரியா அக்கா ஒரு பீப நல்லா நடத்துறா
-ங்க. அவ்வுங்க நடத்துறைக்கு ~~[illegible]~~
எனது நன்றி.
வாழ்க்கை திறன் அல்லது
உறுவாக்கும் திறன்.

வல்க்கை திரண்

1. சவுந்தரிய அக்கா கலஸ் நல்ல இருந்துச்சு



இந்த சவுந்தரிய அக்கா

சவுந்தரிய அக்கா

சூப்பர இருந்துச்



சைந்தரியா நல்லதான் நடத்து

நந்

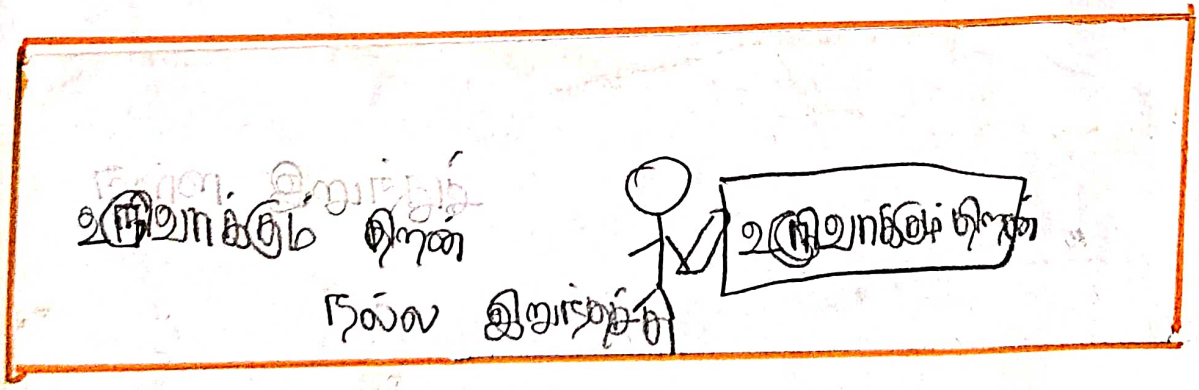
அருமை வருப்பு

-"VII"

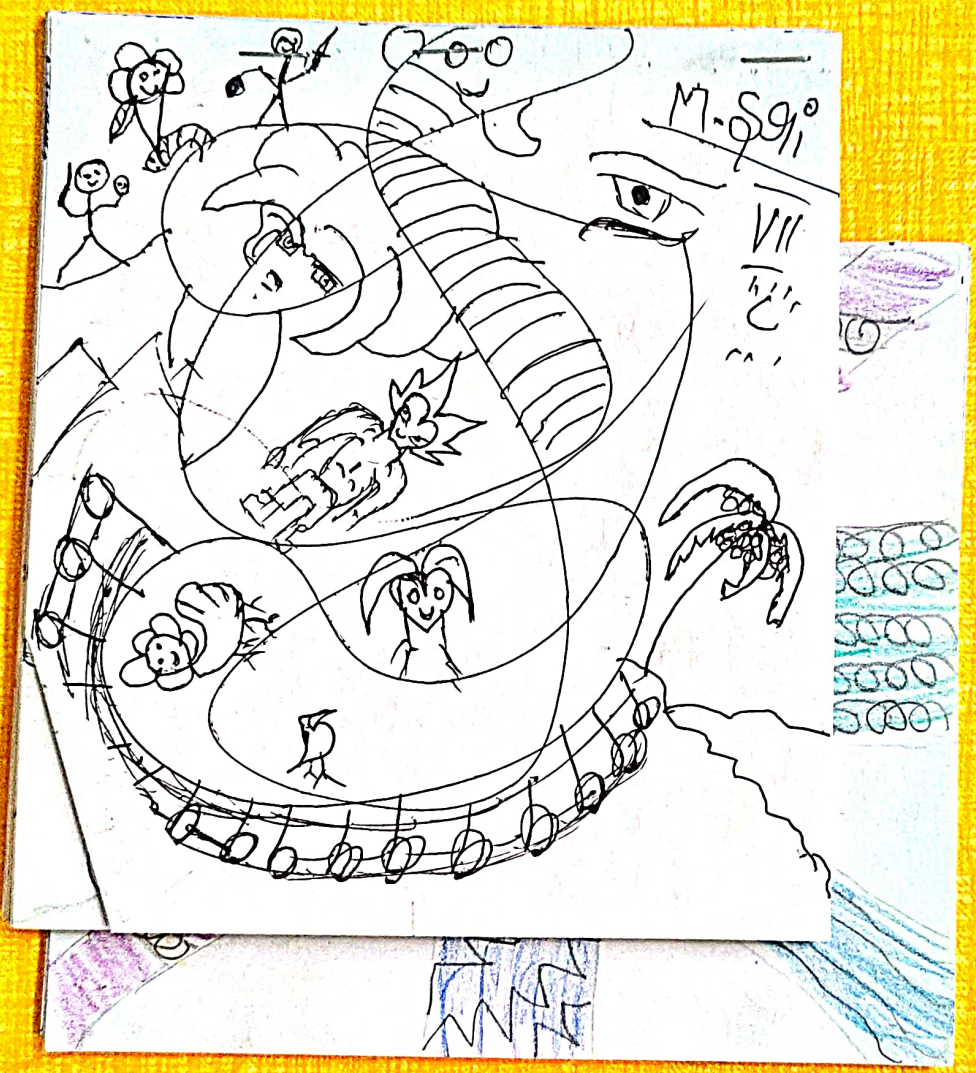
உறுவாக்கும் திறன்

நல்ல இறுக்கும்

உறுவாக்கும் திறன்



Doodle Activity



Declaration form

THIS IS TO DECLARE THAT MS/MR M. SOUNDARYA.

HAS SUCCESSFULLY CONDUCTED THE Life Skill Program

FOR THE STANDARD OF 7 "B" AT Elango school

ON THE DATE OF 09.02.2024

Signature of

HEADMASTER

ELANGO CORPORATION HR. SEC. SCHOOL

MADURAI-625009

Life Skills training to Adolescents

Submitted to

Dr. S. Joyce Jeyarani

Assistant professor

Department of social work

Submitted by

Neela surthi B

23MSWAHR11

Name	: Neela Surthi B
Class	: I year MSW
Topic	: Life skills training to adolescents
Location	: Bharathiyar Corporation High School Thiruvapudayar kovil, Sellur, Madurai - 625002
Audience	: 8th and 9th standard students
Number of audience	: 28 students
Timing	: 2.30 PM – 3.30 PM

Life Skills training to Adolescents

Introduction

Life skills for adolescents encompass crucial abilities for personal development. Emotional intelligence, communication, and decision-making are paramount. Adolescents benefit from cultivating resilience, fostering empathy, and honing problem-solving skills. Financial literacy equips them to navigate economic realities. Time management and goal-setting instill a sense of purpose. Healthy relationship skills aid in forming meaningful connections. Additionally, stress management and self-care empower adolescents to cope with challenges. These life skills collectively prepare them for the complexities of adulthood, fostering well-rounded individuals capable of navigating diverse situations with confidence and adaptability.

Location

Bharathiyar Corporation High School
Thiruvapudayar kovil,
Sellur,
Madurai - 625002

Time Schedule

2.30 PM : Social worker reached the school " Bharathiyar corporation high school" .

2.35 PM : Social worker discussed with the headmistress.

2.40 PM : Social worker conducted the session about " life skills training to adolescents".

3.00 PM : Social worker conducted the group activity for students.

3.30 PM : Social worker collected the feedback form.

3.45 PM : Social worker left the school.

Objectives

- The primary objective of life skills for adolescents is to equip them with essential tools for personal development and success.
- These skills aim to enhance effective communication, enabling adolescents to express themselves clearly and understand others empathetically.
- Critical thinking is fostered to encourage independent thought and sound decision-making, empowering them to navigate complex situations.
- Time management skills are instilled to help adolescents prioritize tasks and balance academic, social, and personal responsibilities efficiently.
- Emotional intelligence is a key goal, fostering self-awareness and the ability to manage emotions constructively.
- Resilience is cultivated to enable adolescents to bounce back from setbacks, building mental strength and adaptability.
- Ultimately, the overarching objective is to prepare adolescents for a well-rounded and confident transition into adulthood.

Why it's important for adolescents

Adolescence is a critical period of self-discovery and transition. Life skills equip adolescents with the tools to navigate challenges, fostering resilience and adaptability. Effective communication skills enhance relationships and reduce conflict, aiding social development.

Decision-making abilities empower adolescents to make informed choices, promoting autonomy. Time management skills instill responsibility and organization, essential for academic and future career success. Teaching empathy

cultivates emotional intelligence, fostering positive connections with others. Overall, life skills empower adolescents to face life's complexities with confidence, contributing to their overall well-being and preparing them for adulthood's demands.

About Program

- Social worker to teach about the life skills training for adolescents.
- These session included the 10 core life skills. Such as,

  i. Self – awareness

  ii. Empathy

  iii. Interpersonal relationships

  iv. Effective communication

  v. Critical thinking

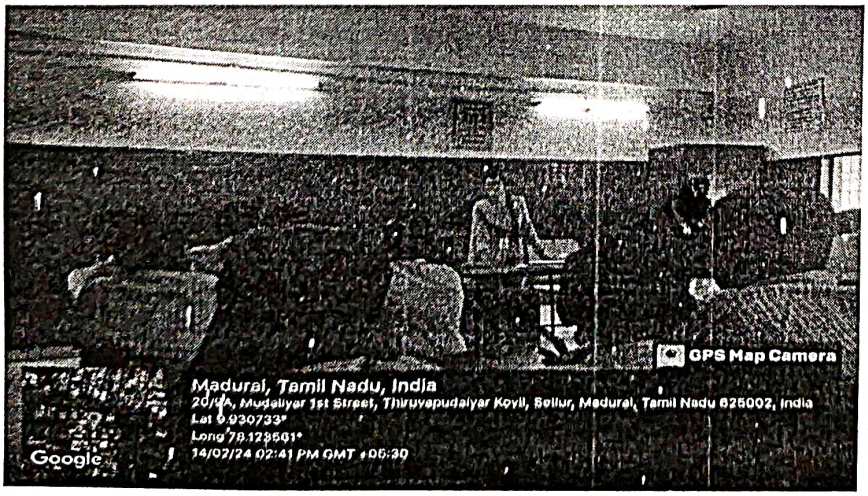
  vi. Creative thinking

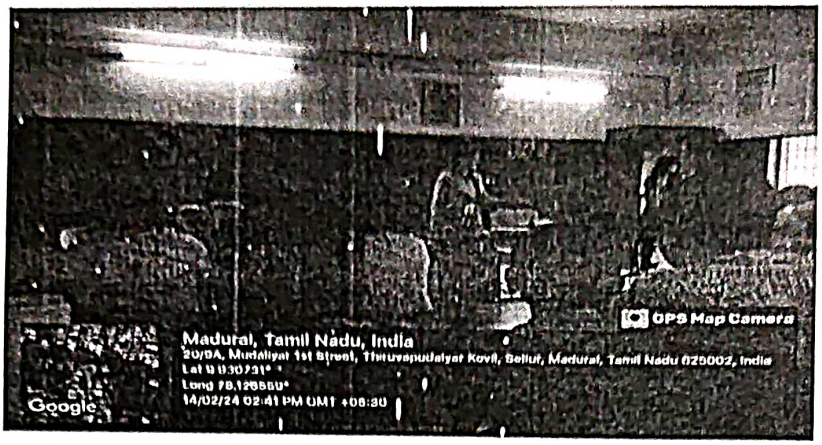
  vii. Problem - solving

  viii. Decision making

  ix. Coping with emotions

  x. Coping with stress









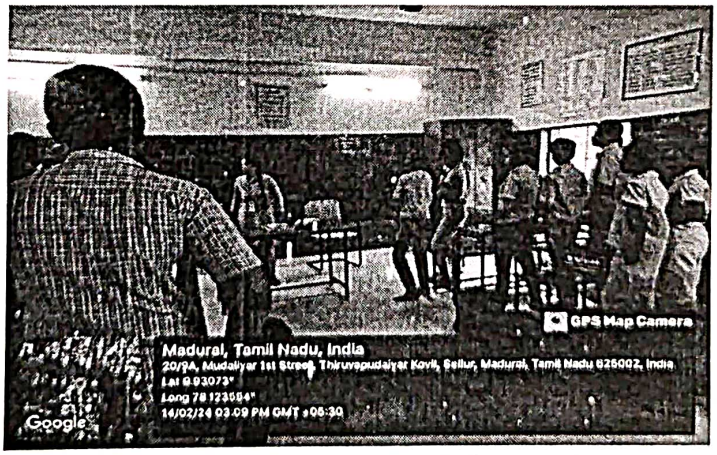
About Activity

- Social worker to teach about the difference between formal and informal communication.

- Social worker to conduct the activity, about the formal way of communication and informal way of communication.
- Social worker to conduct the second activity, 7 up game. All students should participate in this game. Every students said the numbers in order (1, 2, 3, 4, ….). Then students should say "UP" only when the numbers in the 7th tables come. If someone said the wrong answers they will be eliminated of the game.

For example: 1, 2, 3, 4, 5, 6, UP, 8, 9, 10, 11, 12, 13, UP, …





Feedback analysis

Analyzing feedback involves being open-minded, recognizing patterns, and prioritizing actionable steps. Positive feedback reinforces effective behaviors, while constructive criticism guides refinement.

They stated that the workshop was quite beneficial for the students. They claimed they learned a lot of new things. They stated that the activity was exciting for the students. Finally students understand the importance of life skills in their lives.

Conclusion

Life skills training for adolescents is imperative as it equips them with essential tools for navigating the complexities of adolescence and preparing for adulthood. These skills, encompassing communication, decision-making, time management, resilience, and empathy, contribute to their overall well-being and success. Constructive feedback analysis further enhances their growth by providing valuable insights and guiding continuous improvement.

Name: K. Sridhar
Class: VIII - 'A'
Date: 14.02.24
Rating: 10/10
Suggest: Good

Name: K. Kiswanth kumar
Class: VIII - 'A'
Date: 14.02.24
Rating: 10/10
Suggest: Beautiful

Name: T. Ranjan
Class: VIII - 'B'
Date: 14.02.24
Rating: 10/10
Suggest: Nice

NAME : M. Jeevaganesh

class : VIII

Date : 14/2/24

Rating : 10/10

Suggest : This class is very helpful and usefule class.

* They are playing 7up game we are very happy

* This class iam learning ~~Empthit~~ ஒம்பகி and critical and etc....

Thankyou

Declaration form

THIS IS TO DECLARE THAT MS/~~MR~~ NEELA SURTHI . B

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM FOR ADOLESCENT [BHARATHIYAR CORPORATION HIGH SCHOOL]

FOR THE STANDARD OF VIII & IX AT 2.30 P.M - 3.30 PM

ON THE DATE OF 14/02/2024

14/2/24
HEADMISTRESS
BHARATHIAR CORP HIGH SCHOOL
Thiruvapudayar Kovil
Signature of
Sellur, Madurai-2.

22MSWAEC21

ASSIGNMENT ON LIFE SKILLS FOR SOCIAL WORK

SUBMITTED TO

Dr. S. JOYCE JEYARANI

ASSISTANT PROFESSOR OF MADURAI INSTITUTE OF SOCIAL SCIENCES

SUBMITTED BY

P.HARIKARAN

23MSWAHR06

LIFE SKILL PROGRAMME
FOR SCHOOL STUDENTS AT
PANDIYAN NEDUNCHELIYAN SCHOOL

SYNOPSIS

* INTRODUCTION
* TIME SCHEDULE
* LOCATION
* ABOUT THE PROGRAMME
* ABOUT THE ACTIVITY DONE
* FEED BACK ANALYSIS
* CONCLUSION

INTRODUCTION:

The trainee conducted the Life skill program in Pandiyan nenduncheliyan corparation higher secondary school for IX standard students.

LIFE SKILL

The World Health Organization has defined Life skills as "the abilities for adaptive and positive behaviour that enables the individuals to deal effectively with the demands and challenges of everyday life".

These are the 10 Life skills given by World Health Organization:

1. Self awareness
2. Empathy
3. Interpersonal relationship
4. Problem solving
5. Critical thinking
6. Effective communication
7. Decision making
8. Creative thinking
9. Coping with emotion
10. Coping with stress

LOCATION:

Pandiyan Neduncheliyan Corporation Higher Secondary School,

No 87,

Chokkikulam,

Pt Rajan Road,

Narimedu,

Madurai – 625002



TIME SCHEDULE:

02:30 p.m. – The Trainee reached the Pandiyan Nenduncheliyan corporation higher secondary school.

02.35 p.m. – The Trainee seeked the permission from assistant head master to conduct life skill program for the students.

2.40 to 3.40 p.m. – The Trainee conducted Life skill program and activity .

3.45 p.m. – The Trainee collected the feedback from the Students.

About the Programme:

School Name: Pandiyan Nenduncheliyan corporation higher secondary school

Standard: 9 th Standard

Date: 12.02.2024

Day: Monday

Duration: 1.5 hours

Certified By: Mrs.Punitha (Assistant head master)

•The trainee prepared the content for educating life skills to students. The content listed below:

1)Self Awareness:

- Helps to recognize ones character, strength and weakness, likes and dislikes.

2)Empathy:

- Ability to be sensitive to another persons situation.
- Helps us to feel for the other person.

3)Critical Thinking:

- It helps to analyze information and experience objectively and assess the factors that influence the way we think and act. It is important for our crucial life decisions.

4)Creative thinking:

- Helps to respond adaptively and flexibly in our everyday life situation.
- It is a novel way of doing things.

5)Decision making:

- Decision making is a thought process of selecting a logical choice from the available options.

6)Problem solving:

- Helps to deal constructively with problems.
- It leads to decision making and managing emotional and stress.

7)Effective Communication:

- Ability to express verbally and non verbally.
  *Verbal communication
  *Non Verbal communication

8)Interpersonal Relationship:

- Helps to deal with people in a positive way, to make and maintain friendly relationships.

9)Coping with Stress:

- Helps to identify source of emotion and take appropriate actions to control it.

10)Coping with Emotion:

- Helps to recognize emotions within oneself and others and respond to it appropriately.

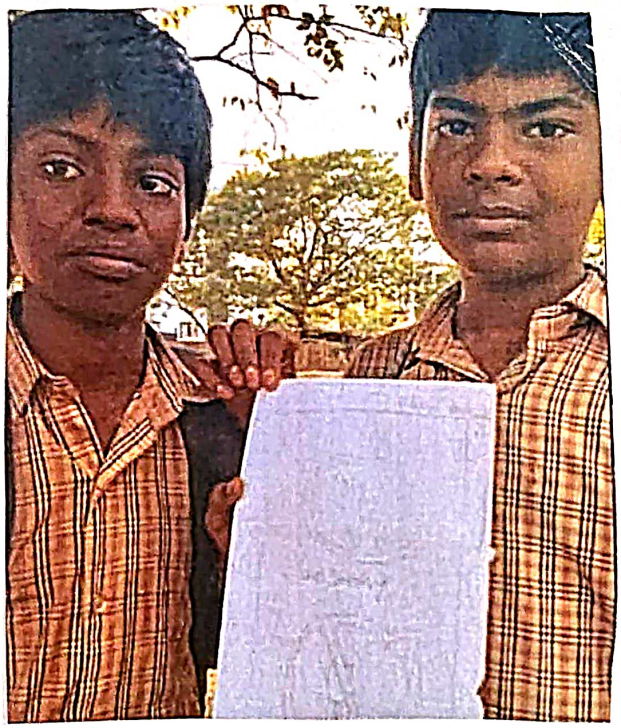


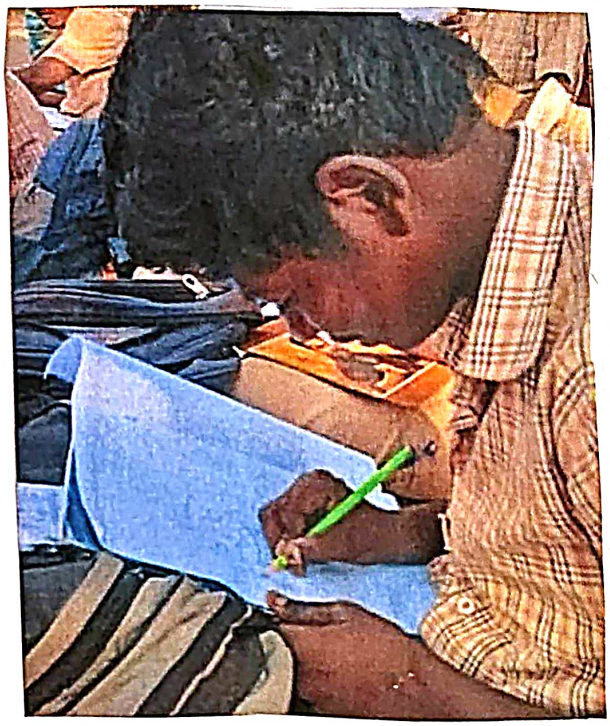


Activity done :

The trainee conducted the activity regarding with creative thinking. The trainee ask the students to draw a picture to

test the creativity of the students. The students actively involved in the activity. The trainee wondered that the students have a massive thinking skills.





Feedback Analysis:

The students provided positive feedback on the activity, expressing their enjoyment and appreciation for the opportunity to showcase their creativity through drawing. The trainee had a good experience with them. They also enjoyed the session.

Pandian Neduchezhian Hr. Sec School

R. Guru prassanna

IX - B

* Neenga sonnathu romba useful iruthuchu.
* life skill explain is very good
* life skill. pathi nalla sonninga nallave purinjuchu

Romba Thanks Anna.

Conclusion:

In conclusion, conducting a life skills program for school students is a vital aspect of their education and personal development. By providing students with the opportunity to develop essential life skills, educators can empower them to become resilient, adaptable, and empathetic individuals who are equipped to thrive in the modern world. A comprehensive life skills program that incorporates age-appropriate content, social and emotional learning principles, and a focus on health and wellness can have a profound impact on students' lives and contribute to the creation of a more positive and inclusive society.

some feedback and drawing of the students

P.KISHORE

SEC:IX:B

School Hr. SEC1 school

* Very ure Full

* INNOWOOVE ten lise skills

School

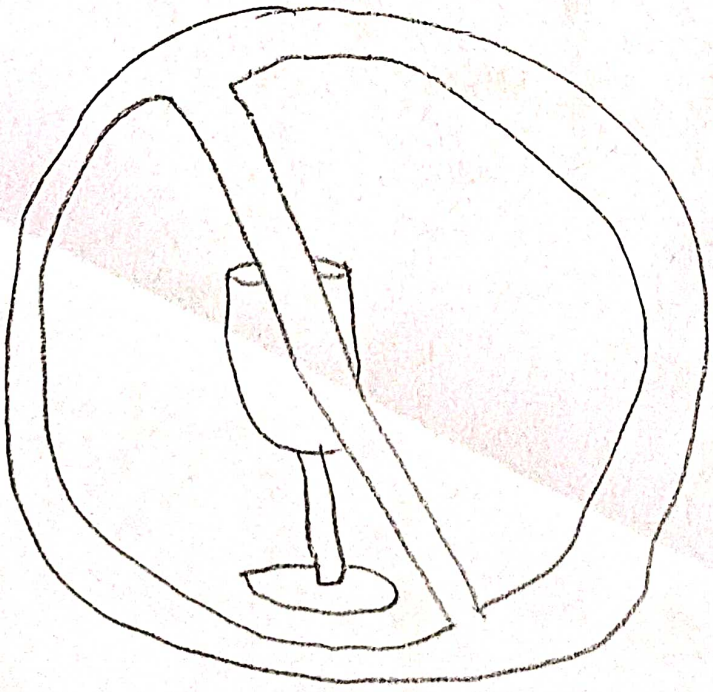
School

fe Skill ahha நல்லா எடுத்தாங்க

* life skill explein is very

ood

No Smoking



No Drinking

Declaration form

THIS IS TO DECLARE THAT MS/MR P. HARIKARAN

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF IX AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/2/24

Signature of

HEADMASTER தலைமையாசிரியர்

பாண்டியன் நெடுஞ்செழியன்

மாநகராட்சி மேல்நிலைப்பள்ளி

ஆரப்பாளையம், மதுரை-14.

Declaration form

THIS IS TO DECLARE THAT MS/MR P.HARIKARAN

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF IX AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/2/24

Signature of

HEADMASTER

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படை, கடச்சனேந்தல், மதுரை-14.

(11)

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundations for HRD

Autonomous College and Research Centre Affiliated to Madurai Kamaraj University

Re-Accredited with "B+" Grade by NAAC

No.9, AlagarKoil Road

Madurai- 625002.

LIFE SKILLS REPORT

Submitted to

Dr. S. Joyce Jeyarani

Assistant Professor

Submitted by

SHASHIKUMAR M

23MSWACD02

Verified by.

SYNOPISIS

- Introduction
- Location
- Time schedule
- About program
- Ten core life skills
- Activities done
- Feedback analysis
- picture
- Conclusion

INTRODUCTION

On February 19, 2024, an organized life skills awareness program for 8th-grade students in Section C at Siddhu Matriculation Higher Secondary School in Krishnapuram Colony, Madurai, was conducted by a trainee. The session, held from 11 AM to 12.30 PM, saw active participation from 29 students. Life skills, vital for effective daily life navigation and positive interpersonal interactions, encompass communication, critical thinking, problem-solving, emotional regulation, interpersonal relationships, and decision-making. The acquisition of these skills is pivotal for personal development, resilience, and overall well-being. Particularly during adolescence, a crucial period of physical, emotional, and cognitive changes, life skills play a pivotal role in shaping a young person's development. Educational programs and support systems, such as schools and community initiatives, often focus on nurturing these skills to prepare adolescents for a successful transition into adulthood.

LOCATION:

SIDDHU MATRICULATION HIGHER SECONDARY SCHOOL
KRISHNA PURAM COLONY, MADURAI-625014.

TIME SCHEDULE

10.45 AM : Reached the Organization

11.00 AM to 11.15 AM : Trainee had given introduction about the program

11.20 AM to 12.00 PM : Trainee had explained about the life skills for the students

12.00 PM to 12.15 PM : Trainee conducted a ice breaking game

12.15 PM to 12.25 PM : Feedback session

12.25 PM to 12.30 PM : Vote of thanks

ABOUT PROGRAM

The trainee conveyed that self-awareness is the intentional understanding and acknowledgment of one's thoughts, feelings, behavior, and traits, crucial for personal development and emotional intelligence. Additionally, the trainee explained that empathy, the ability to emotionally understand others, involves seeing things from their perspective.

The trainee clarified that interpersonal relationships involve the connection and interaction between individuals, encompassing how people relate, communicate, and interact in personal, social, and professional contexts. Effective communication was described as successfully conveying information or ideas in a clear and understandable manner, emphasizing the importance of precision, clarity, and relevance, along with active listening.

Moreover, the trainee underscored the significance of problem solving, critical thinking, and creative thinking. Problem solving entails a systematic approach to finding solutions, critical thinking involves analyzing and evaluating information for informed decision making, and creative thinking encourages innovative ideas. The trainee highlighted the importance of cultivating these skills to enhance cognitive abilities and effectively address diverse situations.

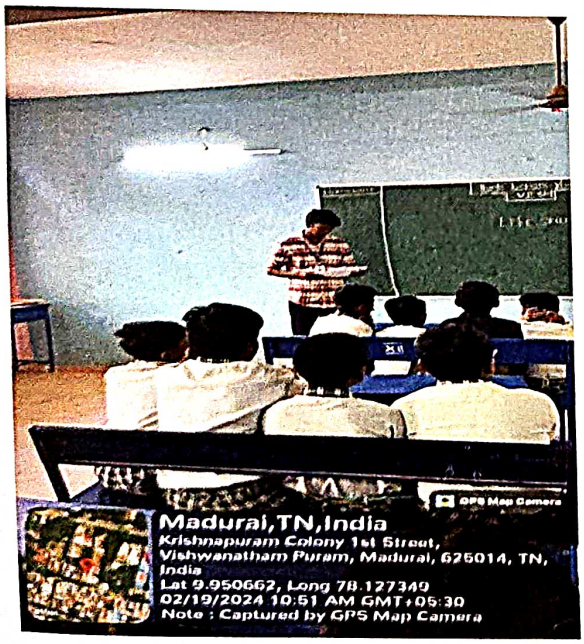
ACTIVITIES DONE

Trainee conducted a games for the students to understand creative thinking, critical thinking and decision making.

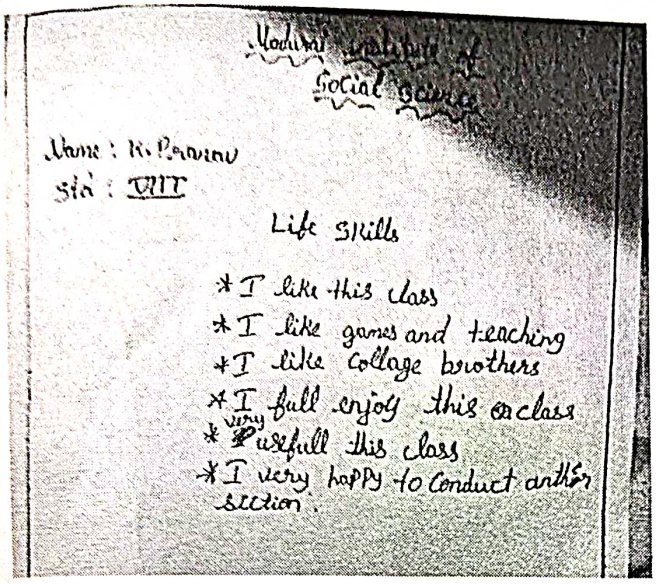
FEEDBACK

At the end of the session the trainee gathered feedback from the students.

PICTURES



FEEDBACK FROM STUDENTS

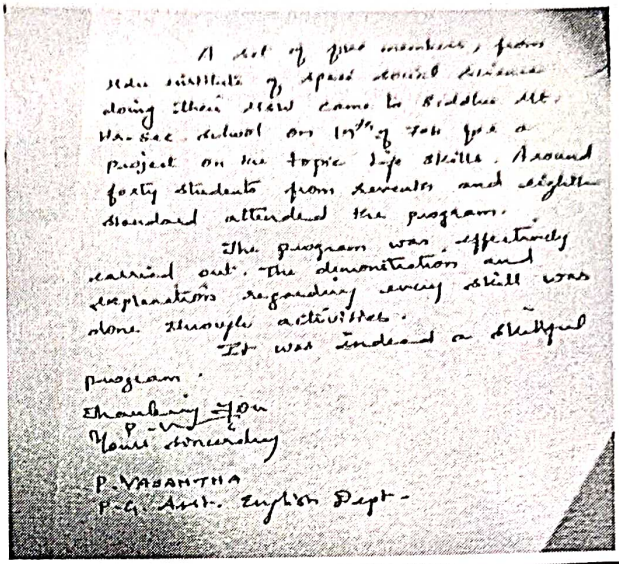


Madurai institute of Social Science

Name : K. Pranav
Std : VIII

Life Skills

* I like this class
* I like games and teaching
* I like collage brothers
* I full enjoy this class
* very usefull this class
* I very happy to conduct anther section.



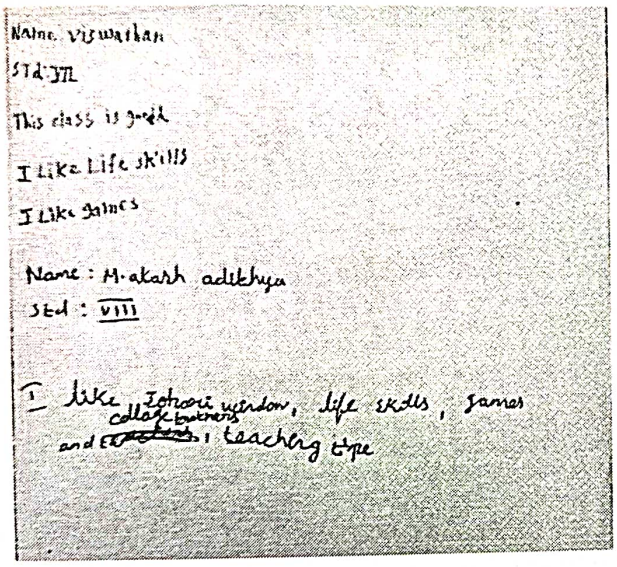
A set of five members, from Hdu institute of Space Social Science doing their MSW came to Siddhu Mt. Hr. Sec. school on 19th of Feb for a project on the topic life skills. Around forty students from seventh and eighth standard attended the program.

The program was effectively carried out. The demonstration and explanation regarding every skill was done through activities.

It was indeed a skillful program.

Thanking you
Yours sincerely

P. VASANTHA
P.G. Asst. English Dept.



Name: Viswathan
Std: VII

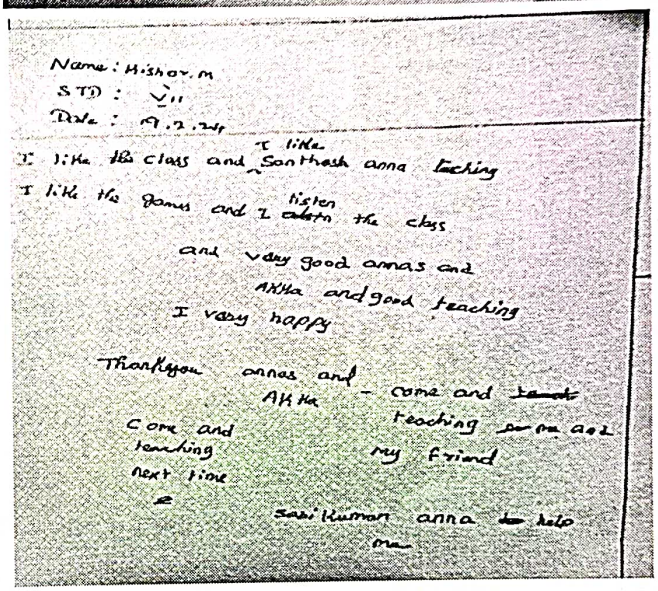
This class is good

I Like Life skills

I Like games

Name : M. akash adithya
Std : VIII

I like Johori window, life skills, games and collage brothers, teaching type



Name : Kishor. M
STD : VII
Date : 19.2.24

I like the class and I like Santhosh anna teaching

I like the games and I listen the class

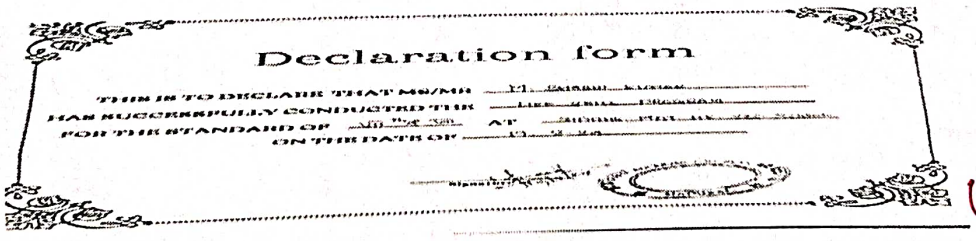
and very good annas and Akka and good teaching

I very happy

Thankyou annas and Akka - come and teaching and my friend

Come and teaching next time

Sasikumar anna help me



Declaration form

THIS IS TO DECLARE THAT MS/MR [illegible]
HAS SUCCESSFULLY CONDUCTED THE [illegible]
FOR THE STANDARD OF [illegible] AT [illegible]
ON THE DATE OF [illegible]

Not visible

When is the original?

CONCLUSION

The trainee had gained knowledge on conducting life skills program for the students and learned about community speaking.

SUBMITTED BY
SHASHIKUMAR M
23MSWACD02

Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR M. SHASHI KUMAR

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VIII th & VIII AT SIDDHU. MAT. HR. SEC. SCHOOL

ON THE DATE OF 19.2.24

Signature

SIDDHU MATRIC HR. SEC. SCHOOL MADURAI

LIFE SKILLS TRAINING PROGRAMME TO ADOLESCENTS.

TITTLE :

LIFE SKILL TRAINING PROGRAMME.

SUBMITTED BY :

V. Rubasri, (23MSWACD03).
MSW - I Year,
Madurai Institute of Social Sciences.

SUBMITTED TO :

Dr. S. Joyce Jeyarani,
Assistant Professor,
Department of Social work,
Madurai Institute of Social Sciences.

SUBMISSION DATE :

22/02/2024 (Thursday).

verified by,
on behalf of
Robasari

LIFE SKILL TRAINING TO ADOLESCENTS.

SUBMITTED BY:

NAME : V. RUBASRI.

REG.NO : 23MSWACD03.

CLASS : MSW-I YEAR.

DATE : 22/02/2024.

DAY : THURSDAY.

SUBMITTED TO:

Dr. S. JOYCE JEYARANI,

ASSISTANT PROFESSOR,

DEPARTMENT OF SOCIAL WORK,

MADURAI INSTITUTE OF SOCIAL SCIENCES,

MADURAI - 02.

LIFE SKILLS TRAINING TO ADOLESCENTS.

INTRODUCTION:

On February 21, 2024, The trainee conducted the life skill training to 8th and 9th standard students in Madurai corporation Middle school. 20 students participated in this training programme.

Life skill is very crucial in everyones life. Life skill helps the people to lead their life as successful. Every people meet challenges in everyday's life. Life skill helps the people to how to tackle these challenges.

Life skill can be best understand as the abilities for positive and adaptive behaviour, which enables individuals to deal effectively with day to day needs and challenges.

Adolescence :-

Adolescence is the period in human growth and development that occurs after childhood and before adulthood, from ages 10 to 19. It represents one of the critical transition in the life span and is marked by a tremendous place of physical and psychological human development.

LOCATION:

Madurai Corporation Middle School,
7, Middle St, Tallakulam,
Madurai, Tamil Nadu - 625020.

Time schedule:

3:00 PM - The trainee had reached the Madurai corporation Middle school, Tallakulam.

3:10 PM to 3:15 PM - The trainee had interacted with the School HM Mrs. Ruby, about the life skill Training Programme.

3:20PM to 3:25PM - The trainee had organized the students in the classroom with the help of teachers.

3:30Pm to 4:30 PM - The trainee had conduct the Life skill training programme and explained it step by step process.

4:35 PM to 4:40PM - The trainee had received the feed back form, from the students about the training Programme.

4:45 PM - The trainee had wind-up the Life skill training programme with vote of thanks.

LIFE SKILLS - WHO

The life skills are behaviours that enables individuals to adapt and deal effectively with the demands and challenges of life.

A. SOCIAL SKILLS.

1. SELF AWARENESS
2. EFFECTIVE COMMUNICATION.
3. INTERPERSONAL RELATIONSHIP.
4. EMPATHY.

B. THINKING SKILLS.

5. CREATIVE THINKING.
6. CRITICAL THINKING.
7. DECISION MAKING.
8. PROBLEM SOLVING

C. EMOTIONAL SKILLS.

9. COPING WITH STRESS.
10. COPING WITH EMOTIONS

About the Programme :-

Title :

Life Skill Training to Adolescence.

Objective :

* Provide life skill training to the students.
* Ensure their knowledge about life skill.
* To provide suggestions to improve their life skill.

Organized at :

Madurai Corporation Middle School, Tallakulam.

Date : 21/02/2024

Time : 03:00PM to 04:45PM.

Participants : The school Head Mistress Mrs. Ruby, The school teachers and 8th & 9th std students.

Total no. of. Participants : 25.

Venue : Madurai Corporation Middle School, Tallakulam, Madurai - 625020.

Permission granded by : The school Head Mistress.

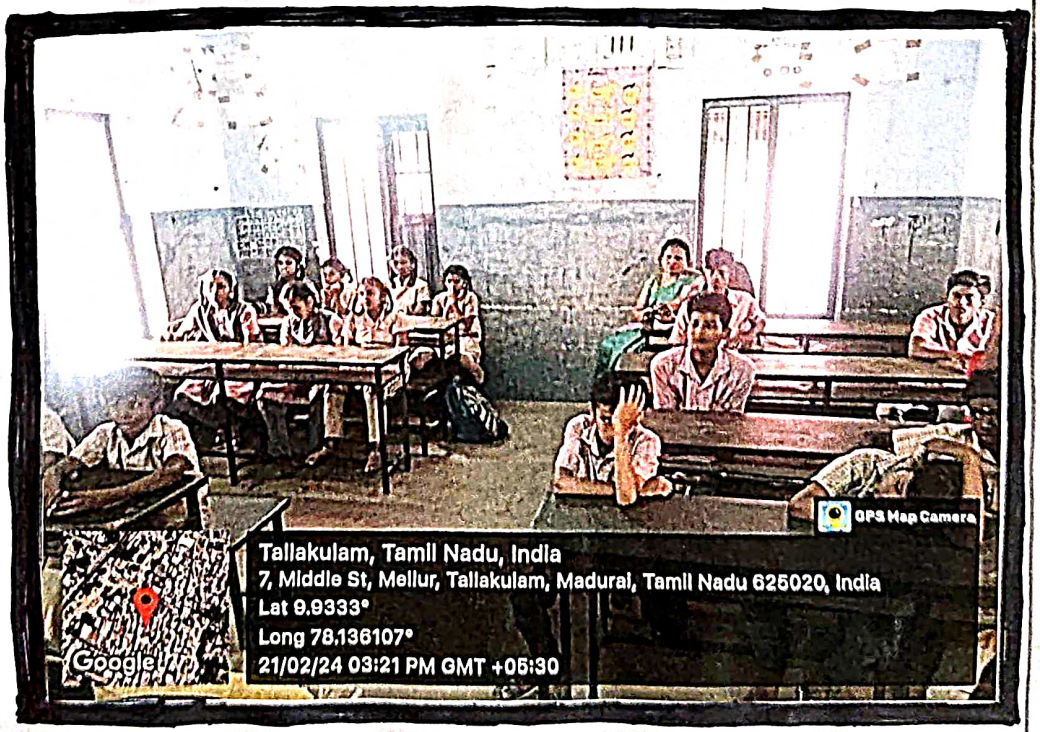
Mrs. Ruby.

PHOTO DOCUMENTATION.



* The trainer had taken the life skill session.

* The trainee tell about the 10 life skills were derived by the WHO (World Health organization).



* Students were listening the life skill session.

* The trainee gave an information about WHO (world Health organization).

WHO:

⇒ World Health organization.

The united Nations agency working to promote health, keep the world safe and serve the vulnerable.

* The trainee had speaks about the life skills were defined by the WHO.

* The trainee had written the 10 life skills on the black board and explained it one by one with suitable ~~exp~~ examples.

* The trainee had conduct the ~~Activity~~ that related to the life skill training programme.

* The trainee had conduct the ~~Activity~~ at each ten minutes for the students focus and concentration.

* The trainee monitor the students were listening or not.

* The trainee ~~Ask~~ the skills explanation to the students and after trainee explain it clearly.

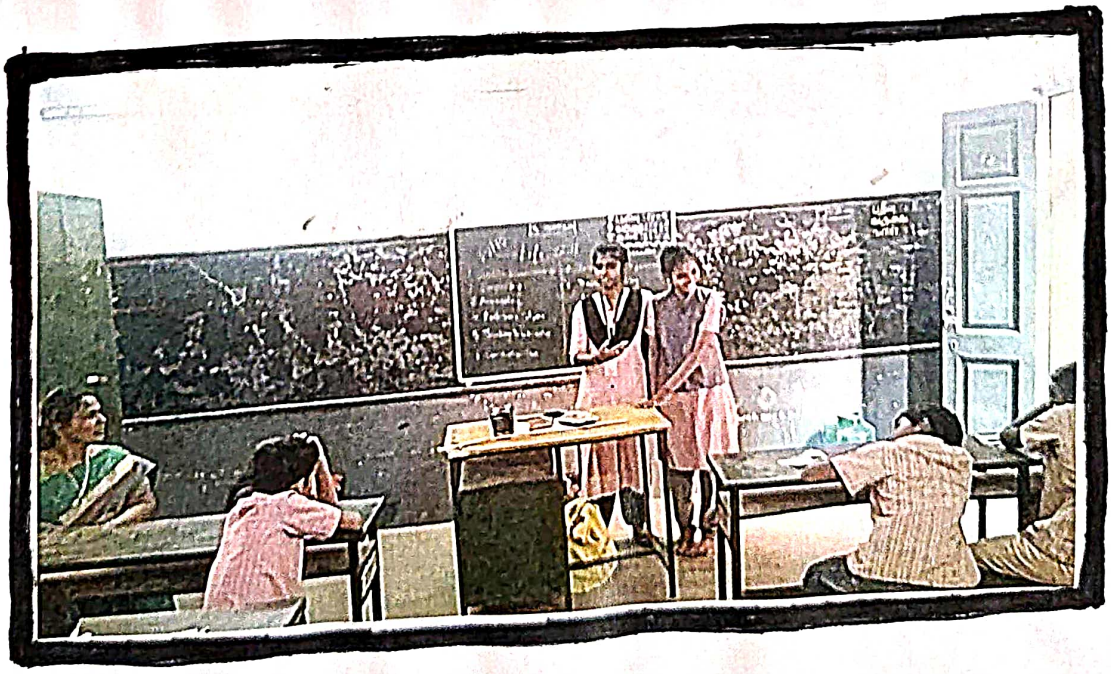
* The trainee had said the students to appreciate themselves for their active participation.



Understand the topic

* The trainee write the 10 life skills on the black board to easily understand for the children.
* The trainee done Activity related to the life skill for example to easily understand.

Activity



FEED BACK FORM FOLDER.

21/2/24

Empathy
Self - Awarness

Empathy Skill எனக்கு புரிந்தது அக்கா புரியிற மாதிரி சொன்னாங்க இனிமேல் நான் Empathy Skill பிரிப்பிறு வேன்.

Self - Awarness என்னை பத்தி நானே தெரிஞ்சுகிட்டேன்

இந்த அக்கா சொன்னது புரிந்தது

இப்படிக்கு
பாதர்ஷினி ஈ.ஸ்வரி

THE LITTLE SUCCESS ...

FELT VERY HAPPY ...

Date
21/2/24

*Empathy - அடுத்தவரின் நிலையில் இருந்து நம் உணர்ந்து பார்க்க வேண்டும். நான் இந்த திறமை வழர்க்க வேண்டும்.

*communication - விட்டு கொடுக்கும் மனப்பான்மையை நான் வழர்த்து கொள்ள வேண்டும்.

*problem-solving - நமக்கு ஏரு பிரச்சனை வந்தால் அதை நம் மேற்கொள்ள வேண்டும்

ச.அமர்நாத்

Declaration form

THIS IS TO DECLARE THAT MS/~~MR~~ V.RUBAGRT.

HAS SUCCESSFULLY CONDUCTED THE ITEE SKTIL PROGRAMME.

FOR THE STANDARD OF 8th and 9th. AT Madurai Corporation Middle School, Tallakulam.

ON THE DATE OF 21/02/2024.

HEADMISTRESS 21/2/24
CORPORATION HIGH SCHOOL
TALLAKULAM
MADURAI - 625 002

Signature of

Conclusion :

In today's world, Adolescents must know the life skills for future development. The Adolescent has to prepare for global successful felt like of Competition and Independent functioning which is possible only through enhancing their psycho social competencies through life skill training.

The trainee thank Dr. S. Joyce Jeyarani, Assistant professor, Department of Social work for creating this opportunity and also the trainee thank for Mrs. Ruby, Head Mistress of Madurai ~~Middle~~ Corporation Middle School, for granding a permission.

The trainee had felt a new experience, felt happy for this wonderful opportunity. In upcoming days, the trainee tries to give a life skill training in an effective manner.

Thank × ~~You~~

LIFE SKILL TRAINING TO ADOLESCENTS



Verified by
S. Surya...

Report Content taken from Internet?

SUBMITTED BY: S.SURYA 23MSWACD04

SUBMITTED TO : MRS.JOYCE JEYARANI

LIFE SKILL TRAINING TO ADOLESCENTS

ıtroduction:

- On 21st February 2024, I was conducted the life skill program to VIII and IX standard students in MADURAI CORPURATION MIDDLE SCHOOL 20 students participant in this program.
- Life skill programs aim to develop young peoples abilities and motivations to make use of all types of information. The approaches should be interactive , using role plays , games puzzles, group discussions, and a variety of other teaching techniques to keep the participant wholly involved in the session.
- Life skills are abilities for adaptive and positive behavior that enable humans to deal effectively with the demands and challenges of life. This concept is also termed as psychosocial competency. The subject varies greatly depending on social norms and community expectations but skills that function for well-being and aid individuals to develop into active and productive members of their communities are considered as life skills.

ime schedule:

- 3.00pm , I reached the madurai corporation higher secondary school.
- 3.05 pm, I told the life slill session to the Head Master.
- 3.10pm, I interacted with the student for life skill program.
- 4.00pm, I collected the feedback from the student.
- 4.10pm, I got a signature from the HM.

ocation:

[ADURAI CORPURATION MIDDLE SCHOOL,

Aellur, Ramaond Reserve Line, Race Course Colony,

Iadurai, Tamil Nadu- 625-002

.bout programme:

- I interacted with student for life skill program.
- I raised the question of life skills to the students.

- Suddenly students are telling some skills. Ex(eating, sleeping, playing, running, ect).
- Then I told that is also a one of the skill, but I explaining proper skills.
- I was explaining 7 life skills.
- Focus and Self-Control
- Perspective-Taking
- Communication
- Making Connections
- Critical Thinking
- Taking on Challenges
- Self-Directed, Engaged Learning

ocus and Self-Control:

- Children thrive on schedules, habits, and routines, which not only create a feeling of security, but also help children learn self-control and focus. Talk with your child about what to expect each day. Organize your home so your child knows where to put shoes, coats, and personal belongings. We live in a noisy, distraction-filled world, so quiet activities like reading a book, enjoying sensory activities, or completing a puzzle together can help your child slow down and increase focus.

erspective-Taking:

- Thinking about another's point of view doesn't come naturally to most children, but it can be developed. Discuss characters' feelings and motivations in the books you read, e.g., "I wonder why the cat and the pig wouldn't help the little red hen." Make observations about how others are feeling, e.g., "Alex was really sad that he didn't get a turn. I wonder what we can do to make him feel better."

ommunication:

- Children need high-touch personal interactions every day to build healthy social-emotional skills, including the ability to understand and communicate with others. While the pace at which they develop these skills may vary, children need to learn how to "read" social cues and listen carefully. They must consider what they want to communicate and the most effective way to share it. Just talking with an interested adult can help build these skills. Spend time every day listening and responding to your child without distractions.

[aking Connections:

- True learning, says Galinsky, occurs when we can see connections and patterns between seemingly disparate things. The more connections we make, the more sense and meaning we make of the world. Young children begin to see connections and patterns as they sort basic household items like toys and socks. Simple acts, such as choosing clothing appropriate for the weather, helps them build connections. Point out more abstract connections in life, or in stories you read, e.g., "This book reminds me of when we picked sea shells at the beach."

ritical Thinking:

- We live in a complex world in which adults are required to analyze information and make decisions about myriad things every day. One of the best ways to build critical thinking is through rich, open-ended play. Make sure your child has time each day to play alone or with friends. This play might include taking on roles (pretending to be fire fighters or super heroes), building structures, playing board games, or playing outside physical games, such as tag or hide-and-go-seek. Through play, children formulate hypotheses, take risks, try out their ideas, make mistakes, and find solutions—all essential elements in building critical thinking.

'aking on Challenges:

- One of the most important traits we can develop in life is that of resilience—being able to take on challenges, bounce back from failure, and keep trying. Children learn to take on challenges when we create an environment with the right amount of structure—not so much as to be limiting, but enough to make them feel safe. Encourage your child to try new things and allow reasonable risk, such as climbing a tree or riding a bike. Offer a new challenge when she seems ready, e.g., "I think you're ready to learn to tie your shoes. Let's give it a try." Focus more on effort than achievement, e.g., "Learning to tie your shoes was really hard, but you kept trying. Well done."

elf-Directed, Engaged Learning:

- A child who loves learning becomes an adult who is rarely bored in life. To encourage a love of learning, try to limit television and encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home. encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home.
- I explained this 7 life skills in a way that the students could understand.

.bout activity:

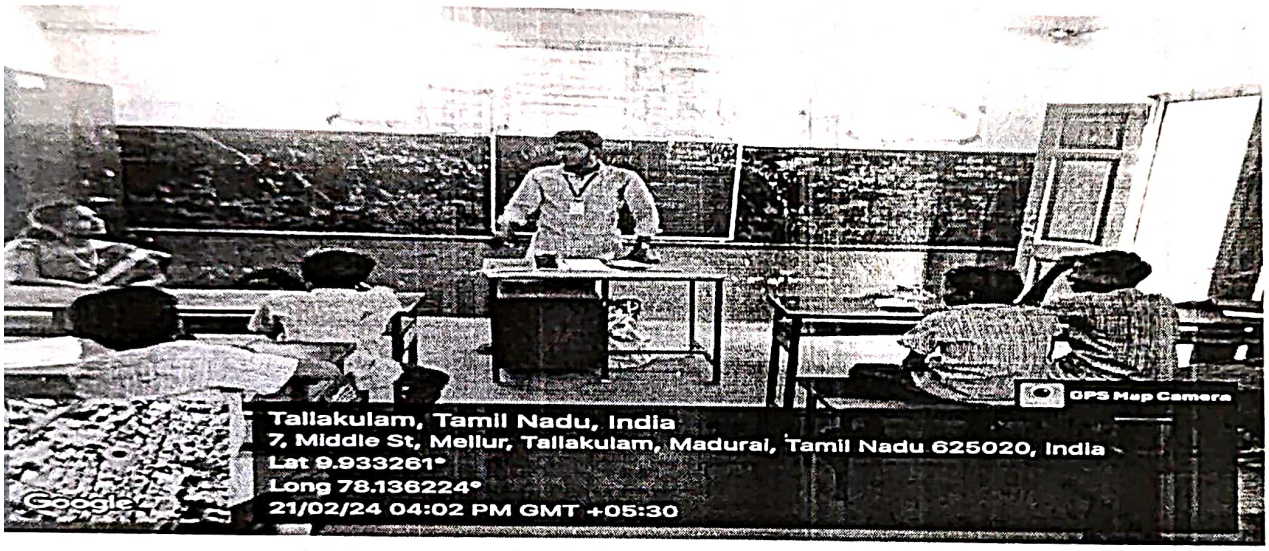
- I was done by the activity.
- The middle school English teacher asked me to tell the students about hair cutting and I told them.

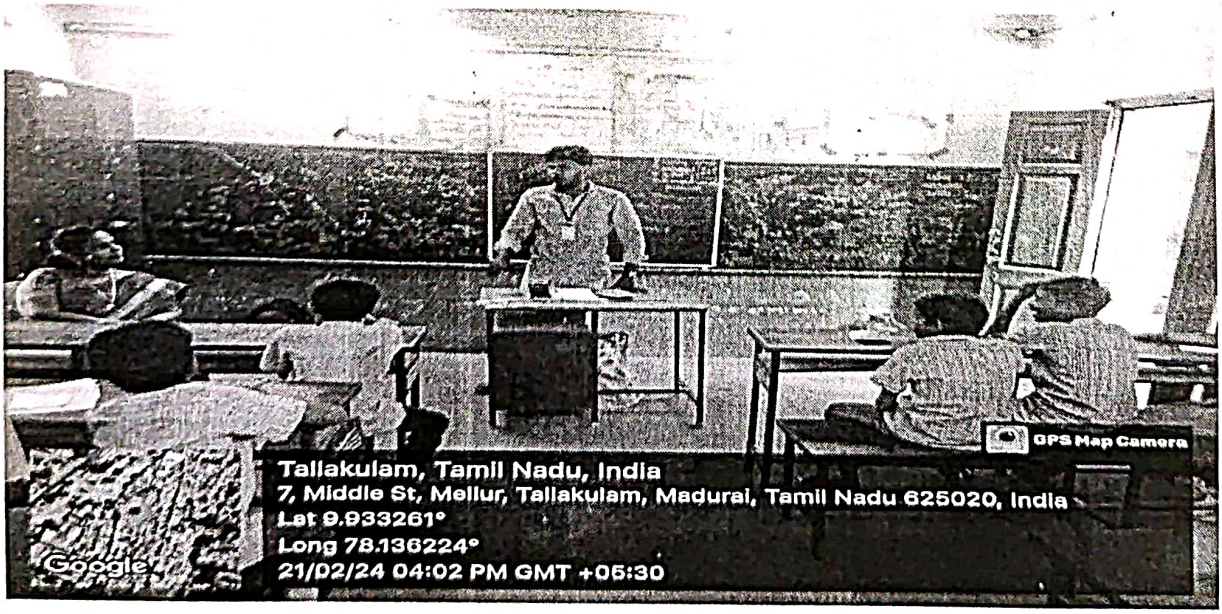
eedback analysis:

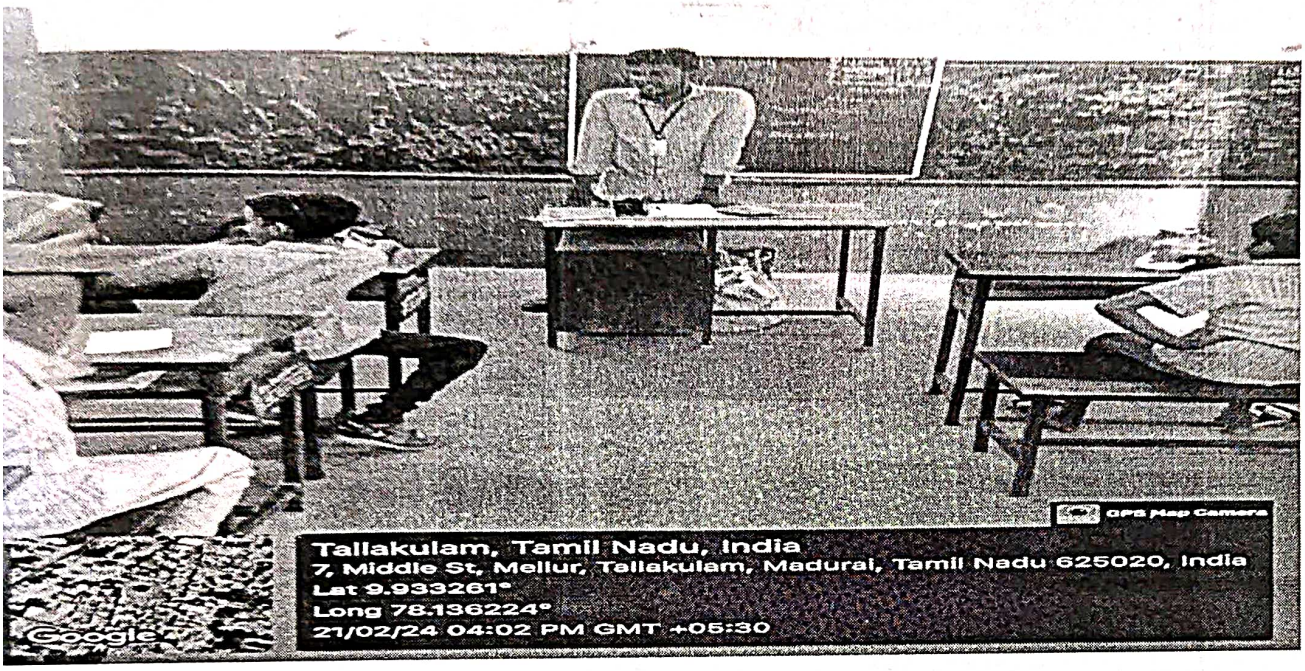
- Students express their feedback by writing on paper.

onclusion:

- All students studying in schools should be made aware of life skills, I believe that virtue and discipline will be inculcated among the students through this.
- I am very happy to inform the students about Life Skills, Such an activity gave me a new experience



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மத்தவங்களுக்கு உங்கள்
இடத்தலே இருந்து மட்டவங்களு
க்கு இடத்தலே இருந்து பார்த்த
வலி புரியும்

R. Rasathi
1 X 'B'

Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR S. SURYA.

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME.

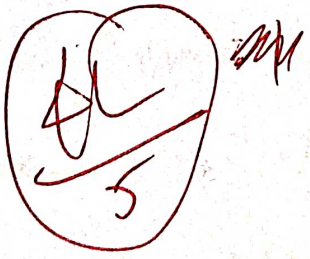
FOR THE STANDARD OF 8th & 9th AT Madurai Corporation Middle School, Tallakulam.

ON THE DATE OF 21/02/2024.

HEADMISTRESS
CORPORATION HIGH SCHOOL
TALLAKULAM
MADURAI - 625 002

Signature of

LIFE SKILLS



M. Musthansith

23MSWAECD05

SYNOPSIS:

- Introduction
- Location
- Time Schedule
- About School
- Life Skills
- Conclusion

Introduction

- Life Skills are an important identity and organization for a human being. Life skills are very important to overcome the problem or challenge of an individual man. Only if a man has the ability to live helps a man to take him to a better place. Life skills help individuals navigate a variety of situations make informed decisions, cope with stress. Communicate effectively, and form meaningful relationships.

Location.

① Viraganoor Government School higher secondary school. Madurai - 625 009.

Time Schedule.

2.00 Pm = The trainee reached the viraganoor
2.10 Pm Government higher secondary school. Madurai

2.20 Pm = The trainee arranged the Inaugration
2.40 Pm session.

3.00 Pm = The trainee taught life skill to
4.00 Pm the Students.

4.00 Pm = The trainee Conducted skill
4.30 Pm based activites. List the school

About School

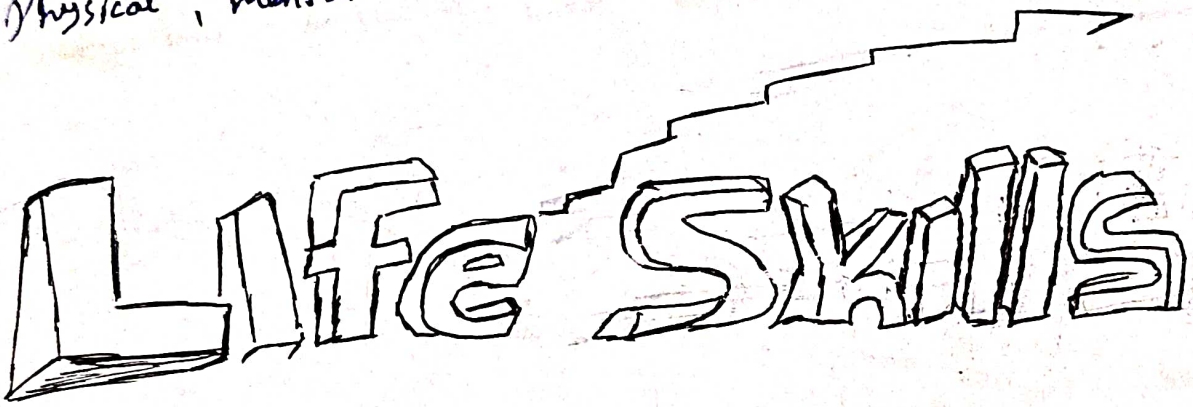
• Viraganoor Government higher Secondary school Madurai. It a prestigious Co-educational school offering education in both tamil and english mediums. Catering to students from grades 6 to 12 extracurricular activities, including sports, arts, music, and cultural events, are integral components of the school's curriculum

Life Skills:

• Life skills education refers to the fundamental abilities that assist adolescents in developing the skills required to deal with life's realities. Life skills enable people to learn new things. gain control over their behavior, and make informed decisions. through life skills education, Children Can learn not only how to respond appropriately to their health and well-being but also how to develop a thorough life skills education. Children Can Learn not only how to respond appropriately to their health and well-being, but also how to develo a thorough understanding of the biological, Psychological

- and Social factors that influence their development.

• According to WHO life skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and social challenges of everyday life they are abilities that facilitate the physical, mental and emotional well-being of an individual.



- Problem Solving
- Self-awareness
- Empathy
- Effective Communication
- Decision Making
- Interpersonal relationship
- Creative thinking
- Coping with Stress
- Critical thinking
- Coping with emotions

Self awareness:

- Self-awareness includes recognition of the self, our character, our strengths and weakness, desires and dislikes. developing self-awareness can help us to effective Communication and interpersonal relation and for development empathy with others.

Empathy:

- To have a successful relationship with our loved ones and society at large, we need. to understand and care about other peoples' needs, desires and feeling. Empathy is the ability to imagine what life is like for another person, without empathy, our Communication with others will amounts to one-way traffic.

Communication

- Communication is an essential skill that all the humans needs to develop to enhance their social well being. the ability to express their thought and make the other person understand exactly what the individual thought is an art, once the communication is effective then.

Interpersonal relationships

- Interpersonal relationship skill help us to relate in positive ways with the people we interact with. this may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well being it may mean keeping good relations with family members which are an important source of social support it may also mean being able to end relationships constructively.

Problem Solving

- Problem Solving helps us to deal Constructively with problem in our living. Significants problem that are left unsolved can cause mental ~~Strain~~ stress and give rise accompanying physical strain. Problem-Solving is the process of identifying and resolving conflicts or problem.

Decision Making

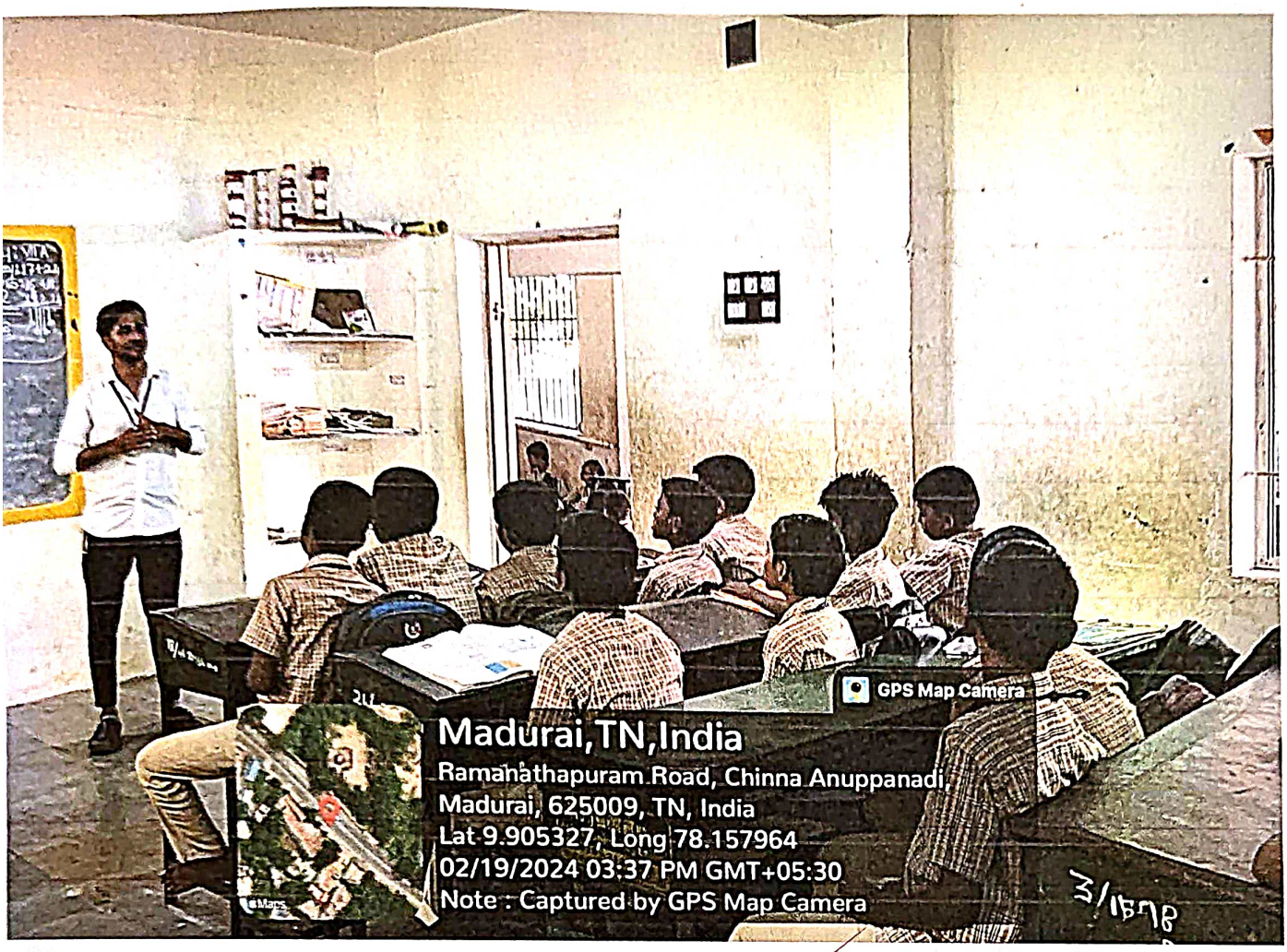
- Decision Making is a skill that is required for an individual to consider a situation and ability to make decision under that situation which will be effective for them. Decision making skill enable an individual to make right decision in hard situation.

Critical thinking

• Critical thinking skill is the opposite creative thinking. Skill it is the ability to make a difference between fake truth and real truth. Judgments, and opinion. It prepares a person to think rationally and prepare to build trust in rights and avoid wrong.

Creative thinking.

• Creative thinking is novel way of seeing or doing thing that characteristic of four components - fleecy (generating new ideas), flexibility ~~[illegible]~~ ~~[illegible]~~ ~~perspective easily~~ ~~originality~~ perspective easily, originality (conceiving of something new) and elaboration building on other ideas.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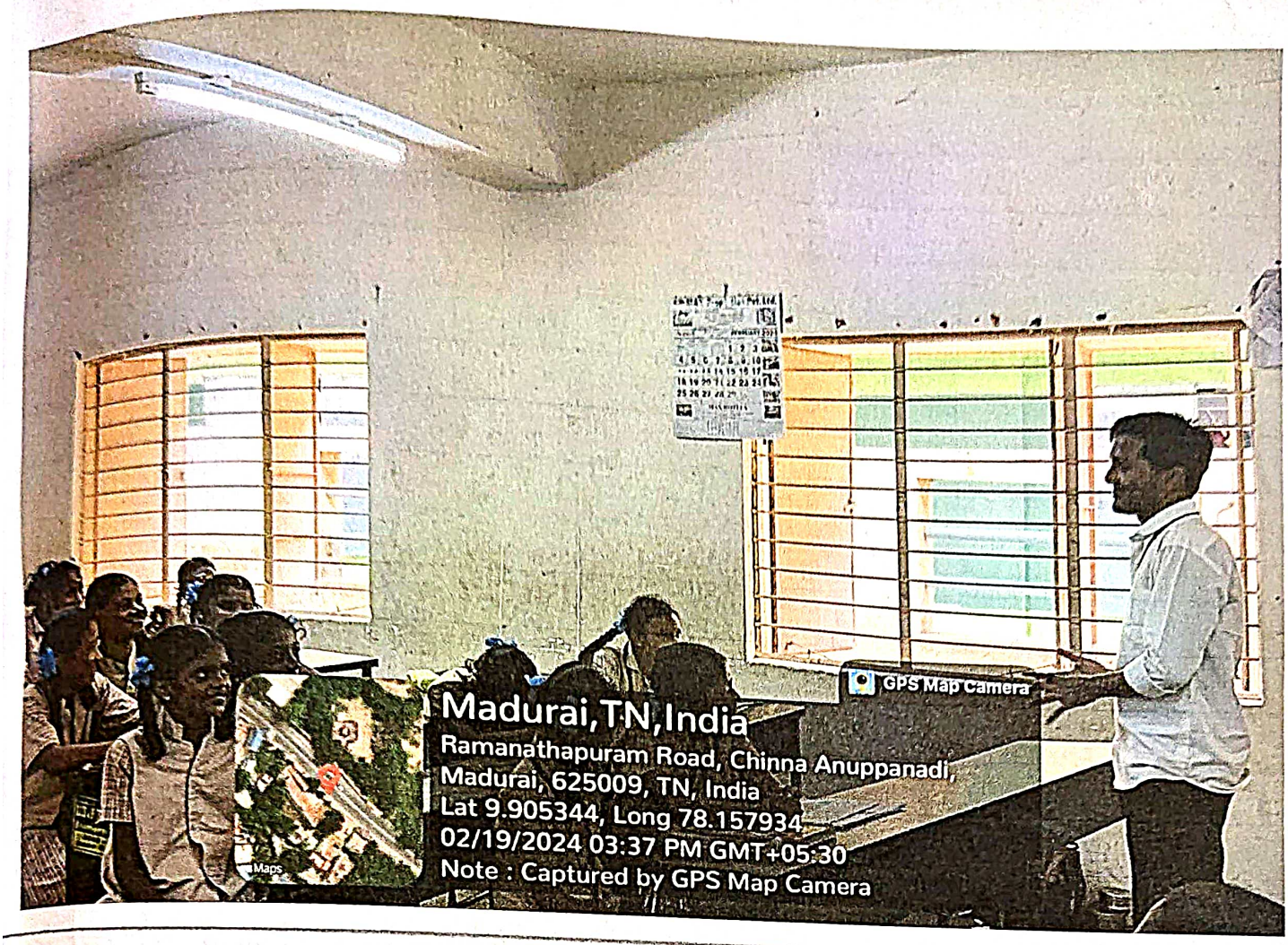


Conclusion

• Life Skills are an important identity and organization of a human being. Life skills are very important to overcome problem or challenge of an individual man. only life is a has the ability to live help a man to take him to better place. Life skills help individuals navigate a variety situations make informed decisions, cope with stress, Communicate effectly, and form meaningful relationships they also help us communicate well, gets along with people handle stress, and stand for ourselves when needed by learning and practicing these skills we can become better at dealing with life ys and daily working good decisions. and building positive relationships, so let's work continue developing these skills every day to become happier and more

Declaration form

THIS IS TO DECLARE THAT MS/MR M. Musthanjith Reg. No (23MSWA(D05)

HAS SUCCESSFULLY CONDUCTED THE Life Skill Training High School

FOR THE STANDARD OF 6.B & 8 A AT Virganur Government

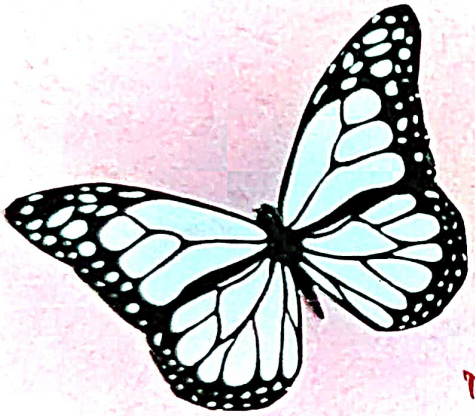
ON THE DATE OF 19. 02. 2024

தலைமை ஆசிரியர்
அரசு உயர் நிலைப்பள்ளி
Signature of
விரகனூர், மதுரை-625 009

15



LIFE



SKILL

Nice

5

verified by

M. Sujith

20/3/24

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundation for HRD Re-

Accredited with " B+" Grade by NAAC

Autonomous college and Research Centre Affiliated to Madurai Kamaraj

University No.9, Alagar koil road,

Madurai - 625 002

LIFE SKILL

Submitted to

Dr .S.Joyce jeyarani

Submitted by

M.Sujitha

23MSWAMP01

SYNOPISIS

- Introduction
- Location
- Time schedule
- About Elango school
- Inauguration
- Life skill programme
- Doodle activity
- Feedback analysis
- Learning outcomes
- Conclusion

INTRODUCTION

" As per UNICEF, life skills are defined as " a behavior change or behavior development approach designed to address a balance of three areas: knowledge, attitude, and skills"

The trainee conducted life skills session for the kids of class 9 section B, an all-boys class at Elango School Madurai, with the goal of enhancing the students' life skills and, more specifically, their creative abilities. The life skill programme was conducted on 9/02/24 in the classroom of

LOCATION

Elango Corporation Higher Secondary School
W4GM+CPP, Madurai - Kallal Rd,
Alwarpuram, Madurai,
Tamil Nadu 625020

TIME SCHEDULE:

1.45 PM - Reached the organization " ELANGO CORP. HSS"
2.00PM TO 3.00 – Inauguration of the life skills Program with the AHM and Faculty
3.00pm TO 4.30 - life skill programme was conducted.

ABOUT ELANGO SCHOOL

ELANGO CORP. HSS, SHENOYNAGAR was established in 1937 and it is managed by

the Local body. It is located in Urban area. It is located in MADURAI EAST block of MADURAI district of Tamil Nadu. The school consists of Grades from 6 to 12. The school is Boys and it doesn't have an attached pre-primary section. The school is N/A in nature and is not using school building as a shift-school. Tamil is the medium of instructions in this school. This school is approachable by all weather road. In this school academic session starts in April.

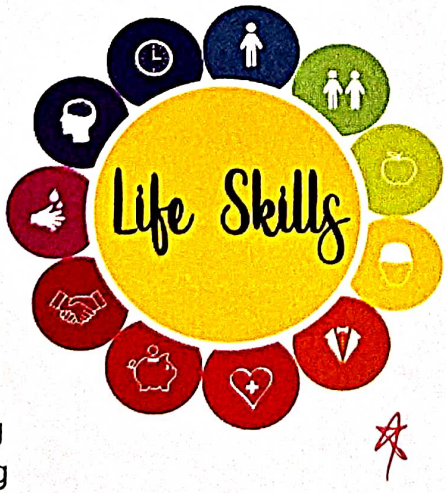
INAUGURATION

The life skills program was inaugurated in a classroom with Mr. Karthik, the class 10 Tamil teachers, and Mr. Ramasamy, the AHM of Elango School. Mr. ramasamy facilitated the gathering by telling the students about the trainee and why they were there. The AHM also gave the students advice on how to behave and respond to the trainee's questions. After that, the trainee and co-trainer introduced themselves to the students .

The inauguration session ended at 3 p.m.

LIFE SKILL PROGRAMME

UNICEF, UNESCO, and WHO have listed the ten core life skill strategies and techniques. They are:



1. Problem-solving
2. Decision making
3. Creative thinking
4. Critical thinking

5. Self-awareness
6. Empathy
7. Interpersonal relationship
8. Good and effective communication
9. coping with stress
10. coping with emotions

The trainee highlighted the points:

Empathy:

Considering a situation from a different perspective is a life skill that's also important in the friends,familku and workplace. Empathy helps you overcome conflict .

Critical thinking :

It trains you how to think instead of what to think about. It teaches you to ask questions and consider multiple answers so you become better.

Emotional Intelligence:

The ability to recognize, understand, and manage one's emotions and those of others effectively.

Self-awareness:

It lets you look inward and truly know yourself, giving you the tools to put your best foot forward both socially and intrinsically.

Creative thinking

Skills like problem-solving and critical thinking enable you to make well-informed decisions that can positively impact your personal and professional life.

Coping with emotions

Learning about anger and stress, recognising what may trigger them (in ourselves and others), what the symptoms are and how to control or manage such emotions

Activities of the day:

Mindfulness : The Raisin Method is a mindfulness practice that helps you focus on your senses in the present moment. This includes touch, smell, taste, sound, and sight. This method can be done with any kind of food.

Passing information :

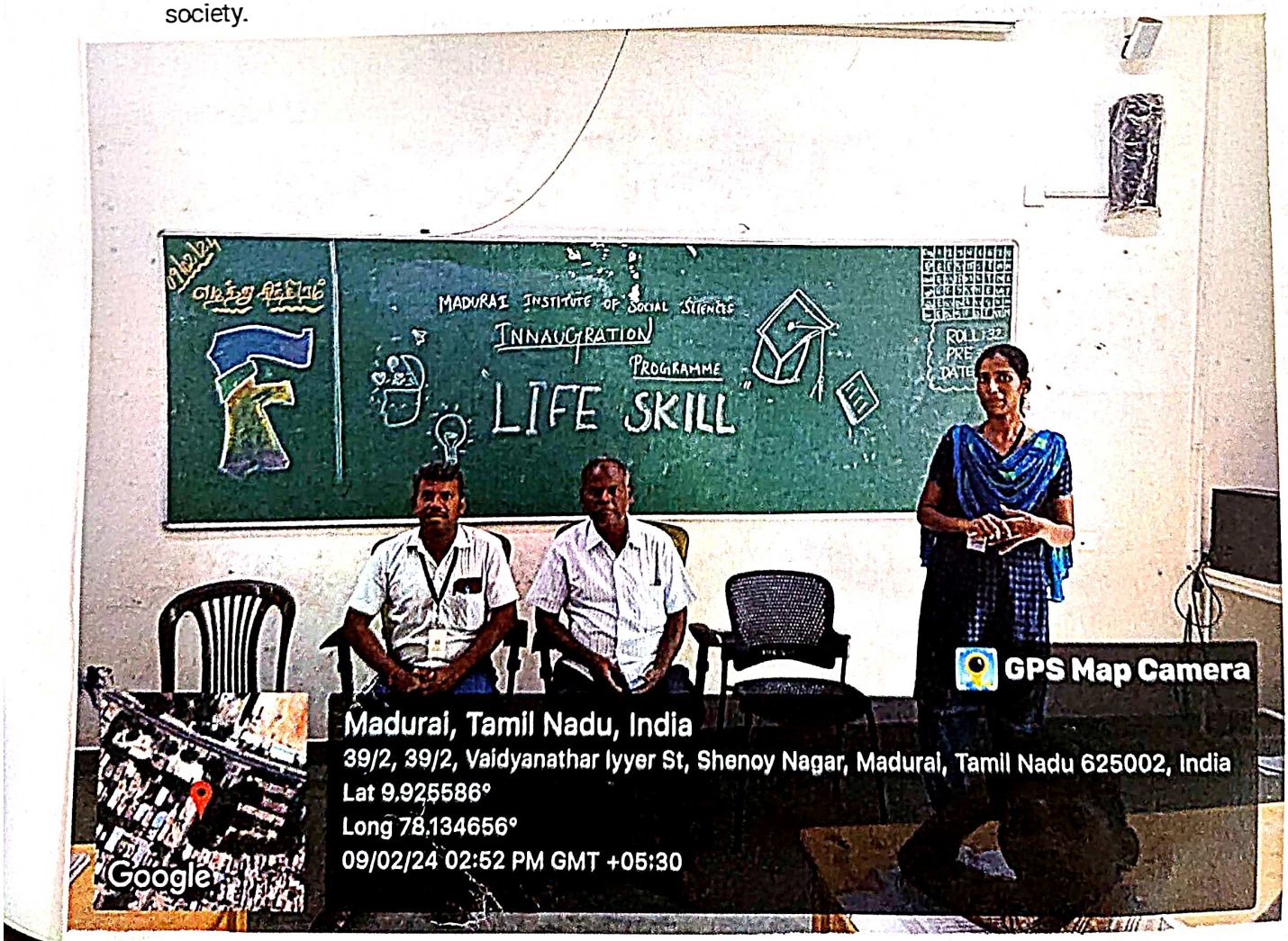
To improve communication skill and to know the importance of effective communication

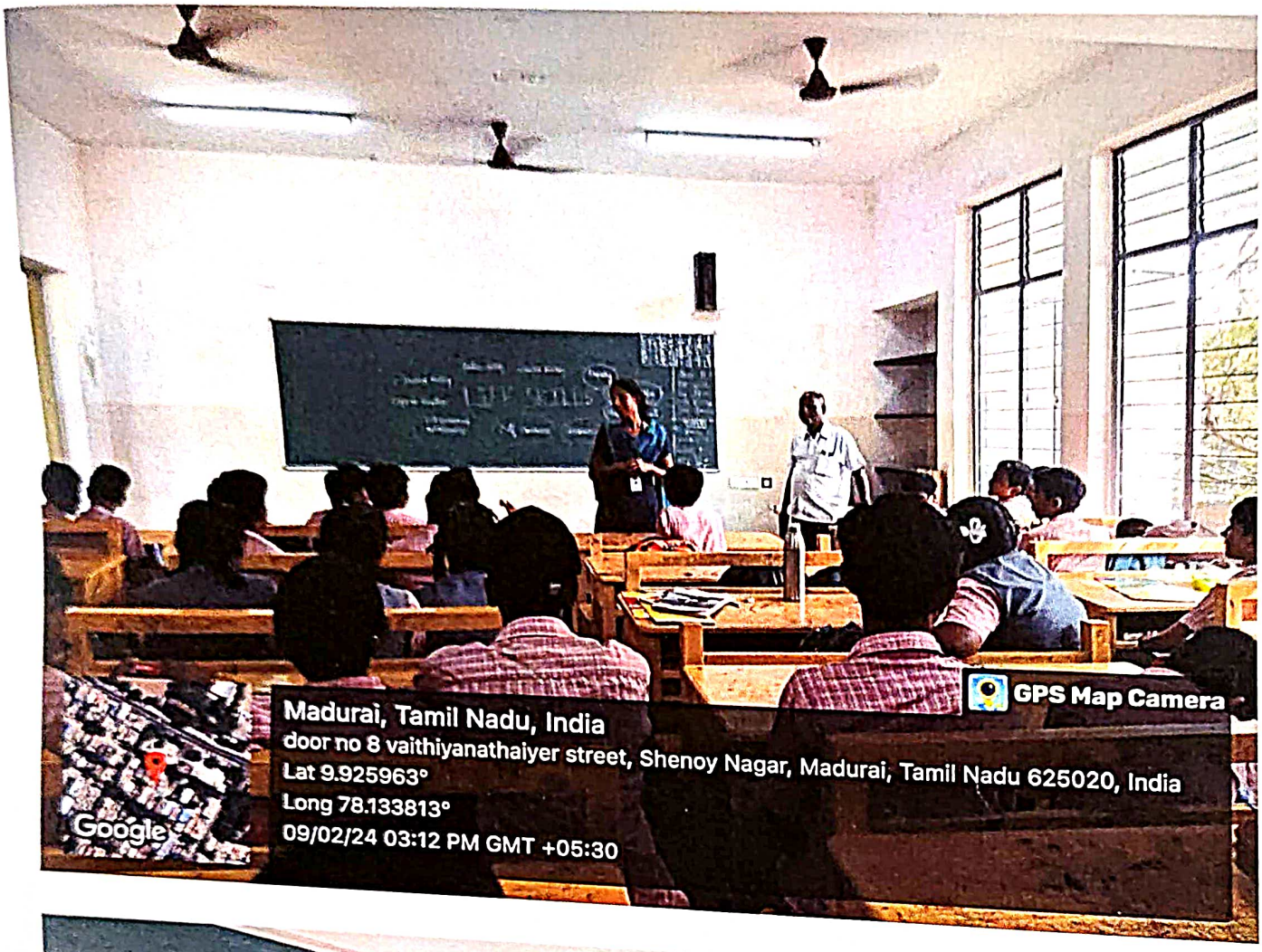
LEARNING OUTCOMES

- The trainee enhanced understanding of the importance of life skills in personal development and well-being.
- The trainee enhanced skills in facilitating group discussions, activities, and workshops.

CONCLUSION

Life skills enables the adolescents to live a happy and successful life. Providing life skills education helps to build the foundation for learning skills of individuals. A proper and relevant life skills education is needed for every youth to effectively adjust and participate in society.

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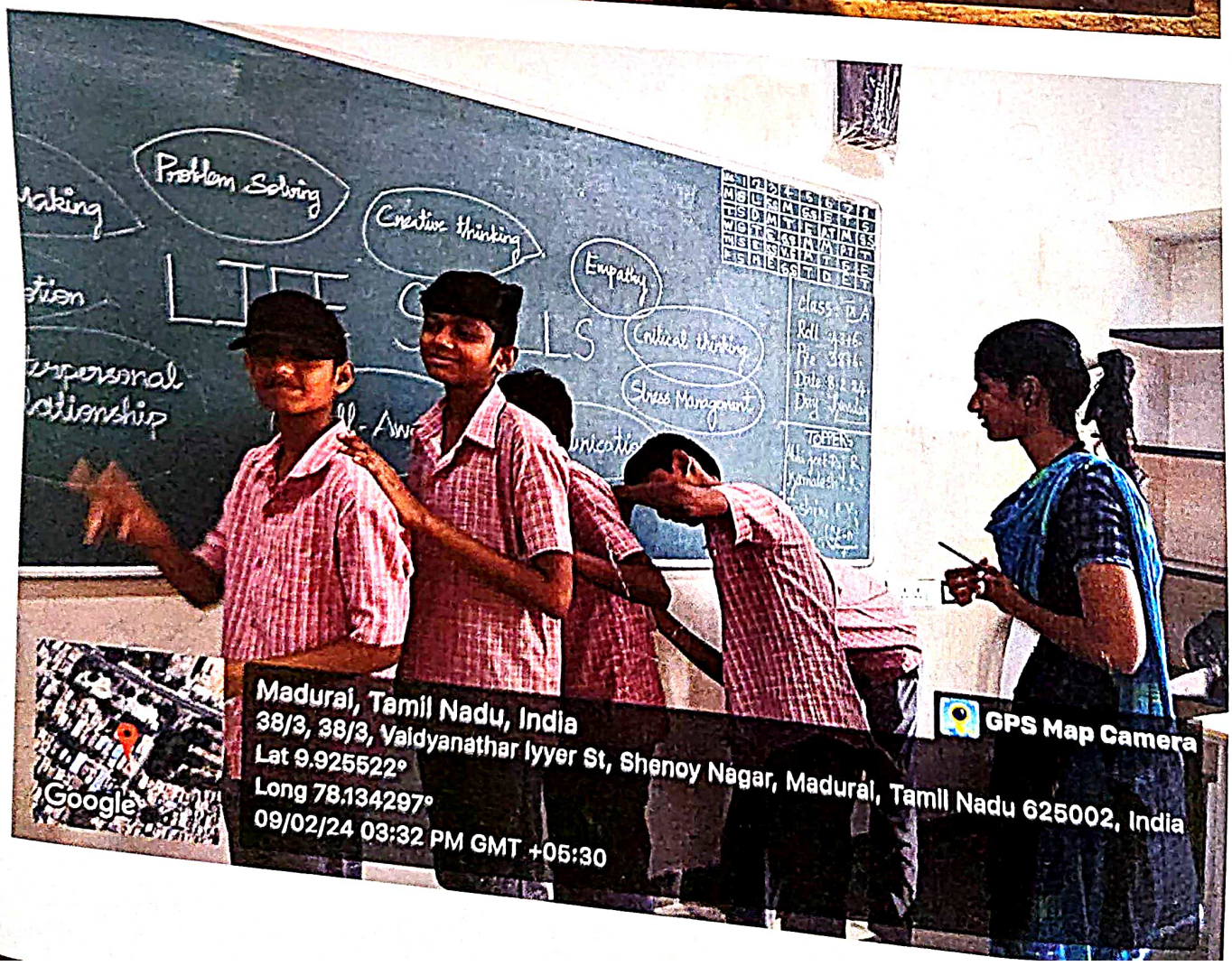
Problem Solving
Creative thinking
Empathy
Critical thinking
Stress Management
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The class was interesting I have learn many Life skill this is very usfull class. Problem, solving, creative thinking, Empathy ~~et~~ etc this class is super I am happy.

Name: B.V. Roshini
class: IX - A
School: Elango corporation hr. sec. school.

Today, I learn in life skill program decision making, problem solving, Creative thinking, stress management and self awareness I like this program is or want to need this program repeatedly.

Name: kaviya.
class : IX-A.

Today the sister come and conducted life skell program and it was very usefull for us Thank you sister.

Declaration form

THIS IS TO DECLARE THAT MS/MR M. SUJITHA.

HAS SUCCESSFULLY CONDUCTED THE Life Skill Program

FOR THE STANDARD OF "9" "A" AT Elango School.

ON THE DATE OF 09.02.2024

Signature of
HEADMASTER
ELANGO CORPORATION HR. SEC. SCHOOL
MADURAI-625020

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundation for HRD,

Re-Accredited with "B+" Grade by

An Autonomous College and Research Centre Affiliated to Madurai

Kamaraj University.

No.9, Alagar kovil Road, Madurai - 625002.



SUBMITTED TO,

DR.S.JOYCE JEYARANI

SUBMITTED BY,

VARSHA SEVI S

23MSWAMP02

LIFE SKILL PROGRAMME

SYNOPSIS:

- Introduction
- Time schedule
- Location
- About programme
- About activity
- Feedback analysis
- Conclusion
- Photo gallery

INTRODUCTION:

- Life skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.
- They are abilities that facilitate the physical, mental and emotional wellbeing of an individual.

World Health Organization (WHO) defined Life Skills as "the abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday".

LIFE SKILL EDUCATION According to UNICEF, Life Skills is a behavior change or behavior development approach designed to address balance of three areas Knowledge, Attitude and Skills.

The trainee has conducted the life skills session for class 9, Section "B," for all boys at Elango Corporation School to enhance student's skills and creative abilities. Life skills empower students to navigate challenges, make informed decisions, and thrive in various aspects of life. The life skills program was conducted on February 9, 2024, in the classroom of 9th grade.

LOCATION:

Elango Corporation Higher Secondary School

W4GM+CPP, Madurai-Kallal Rd,

Alwarpuram, Madurai,

Tamil Nadu 625020.

TIME SCHEDULE:

- 1.45PM : Reached the organization "ELANGO CORP. HSS"
- 2.00PM TO 3.00 : Inauguration of the life skills workshop with the AHM and Faculty
- 3.00pm TO 4.30 : life skill programme was conducted.

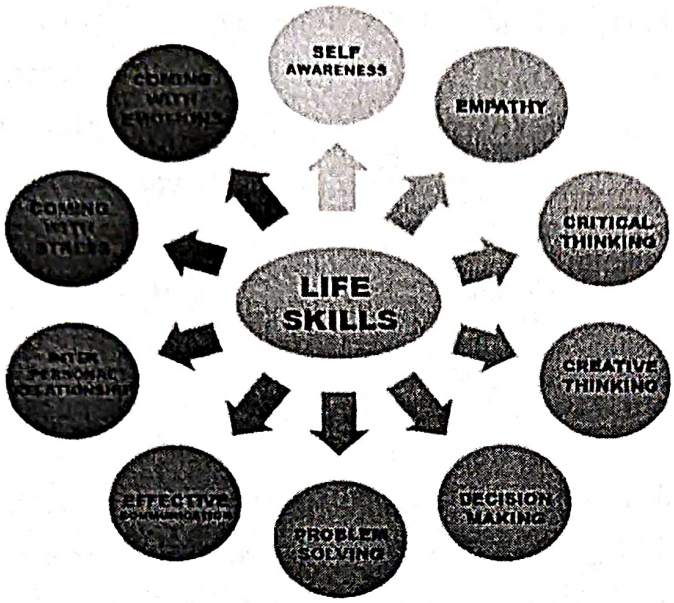
ABOUT ELANGO CORPORATION SCHOOL:

The local body is in charge of ELANGO CORP. HSS, SHENOYNAGAR, and this was established in 1937. It's situated in an urban area. It's in Tamil Nadu's MADURAI district, especially in the MADURAI EAST bloc. Grades 6 through 12 are offered at the school. There is no pre-primary department affiliated to the school; it is exclusively for boys. The school does not use the building for shift education; it is N/A in nature. This school uses Tamil as its medium of instruction. Roads in any weather conditions can get to this school. April is when this school's academic year begins.

INAUGURATION:

The life skills program was inaugurated in a classroom with Mr. Ramasamy, the AHM of Elango School, and Mr. Karthik, the Tamil teachers of class 10. By informing to the students about the trainee and their purpose for present, Mr. ramasamy assisted to facilitate the session. The AHM advised the students on appropriate behavior and how respond to questions raised by the trainer. Following Mr. Karthik's sharing of his opinions and life experiences and the students' introduction to life skills, the trainee and co-trainer introduced themselves to the students gathered in the classroom. The Inaguration session ended at 3.00 p.m.

LIFE SKILL PROGRAMME:



Problem Solving:

- Problem-solving helps us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental stress and give rise to accompanying physical strain.
- Problem-solving is the process of identifying and resolving conflicts or problems. It involves breaking a problem down into its component parts, thinking about possible solutions, and then choosing the best one.

Decision Making:

- Decision-making helps us to deal constructively with decisions about our lives. This can have consequences for health.
- It can teach people how to actively make decisions about their actions in relation to the health assessment of different options and, what effects these different decisions are likely to have.

Creative Thinking:

- Creative thinking means thinking outside the box. It is the ability to think realistically and understand the logic between ideas.
- It is a novel way of seeing and doing things. It consists of four components:
    - Fluency (generating new ideas)
    - Flexibility(shifting perspective easily)
    - Originality (conceiving something new)
    - Elaboration(building on other ideas)

Critical Thinking:

Critical Thinking is the ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and behavior, such as values, peer pressure, and the media.

Self-Awareness:

Self-awareness includes recognition of the self, our character, our strengths and weaknesses, desires, and dislikes. Developing self-awareness can help us to recognize when we are stressed or feel under pressure. It is often a prerequisite to effective communication and interpersonal relations and for developing empathy with others.

Empathy:

Empathy is the ability to understand and care about other people's needs, desires, and feelings. Empathy plays a very important role while we communicate with others, without empathy our communication will be one-way traffic.

Interpersonal Relationship:

Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being. It may mean keeping, good relations with family

members, which are an important source of social support. It may also mean being able to end relationships constructively.

Effective Communication:

Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions and desires, and also needs and fears. And it may mean being able to ask for advice and help in a time of need.

Coping with Stress:

- Scientific studies have established that stress is the core factor in physical, mental, and emotional illnesses.
- Effective stress management will help you to be more productive and happier. The goal is to have a balanced life, with time for work, relationships, and fun. And therefore learning how to manage stress is one of the key life skills which you need to learn.

Coping with Emotions:

Coping with emotions means involving recognizing emotions within us and others, being aware of how emotions influence behavior and being able to respond to emotions appropriately. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately

ABOUT ACTIVITY

Problem solving:

- Creative problem-solving activities help children to develop attention skills and cognitive learning. Their imagination is in full use and it encourages them to come up with new ideas and to think outside of the box. Providing activities where there is no right or wrong answers frees students to be bold and audacious with their thinking.
- The trainee did the problem-solving activity for the students. They also completed the activity in a good manner.

Listening activities:

- Active listening activities promote mindful thinking. They encourage thoughtful, attentive communication and connect students to the speaker through both verbal and non-verbal cues. But it's a skill that needs to be practiced and honed, especially for younger students. Use these fun speaking and listening activities as a center during your next small group period to introduce or revisit this crucial skill.
- The listening activity is very interesting for the students to participate in; they have enjoyed the game.

Communication Activities:

- One effective communication skills activity for students is to engage them in a group discussion or debate. This not only hones their ability to articulate their thoughts clearly but also fosters active listening and critical thinking.
- This activity has required six members to participate. The trainee has drawn the pictures in the back of the students; they should draw the pictures for the next students. The last person needs to communicate what the pictures have been drawn in his backside; he should communicate the pictures to the students. This activity was very enjoyable.

Self Awareness:

- Social and emotional learning starts with self- awareness and then continues to teach and build this skill throughout a student's journey. Social-emotional self-awareness means having the ability to understand your thoughts, emotions, and values, as well as knowing how those factors influence your behavior.
- The trainee has conducted self-awareness with the students about how they are aware of them. This activity was very interesting while students said their strengths and weaknesses.

FEEDBACK ANALYSIS:

All the students have learned life skills. The students say that the life skill activity was very useful in their lives, and the activity has also been useful to understand. Students are saying that it is very useful for their careers. Life skills are very important for the students. Some of the students have their favorite life skills, which are problem solving, stress management, and creative things. In the feedback form, they have written that all the activities were very useful for them. Then students have learned good things in their lives. All of the students enjoyed themselves and learned something new. A few students reported that the program made their day. The students say that the teaching skill was effective, which makes it easier to learn. All the students understand the life skills and activities, and they can easily connect with their lives. While collecting feedback from the students, they are saying that this life skills program was very interesting and has been useful for their lives. The trainer and students have understood the importance of life skills. The students have said that the program was valuable and useful for their lives and careers. Most of them have said that stress management and effective communication have been helpful for them. Students have said that they will improve communication and self-awareness. Students have understood their strengths and weaknesses through the program. The students are very active; they have learned life through the activities and also in theory. All of the students have said that the activity connected has made them understand life skills, and the activity was very useful.

LEARNING OUTCOMES:

- The trainee has learned the importance of life skills in personal development and well-being.
- The trainee has led many activities for students to enhance their skills in facilitating groups, discussions, and activities.
- The trainee has understood the student's strengths and weaknesses.
- The trainee has learned the student's behaviors and their key skills in school.

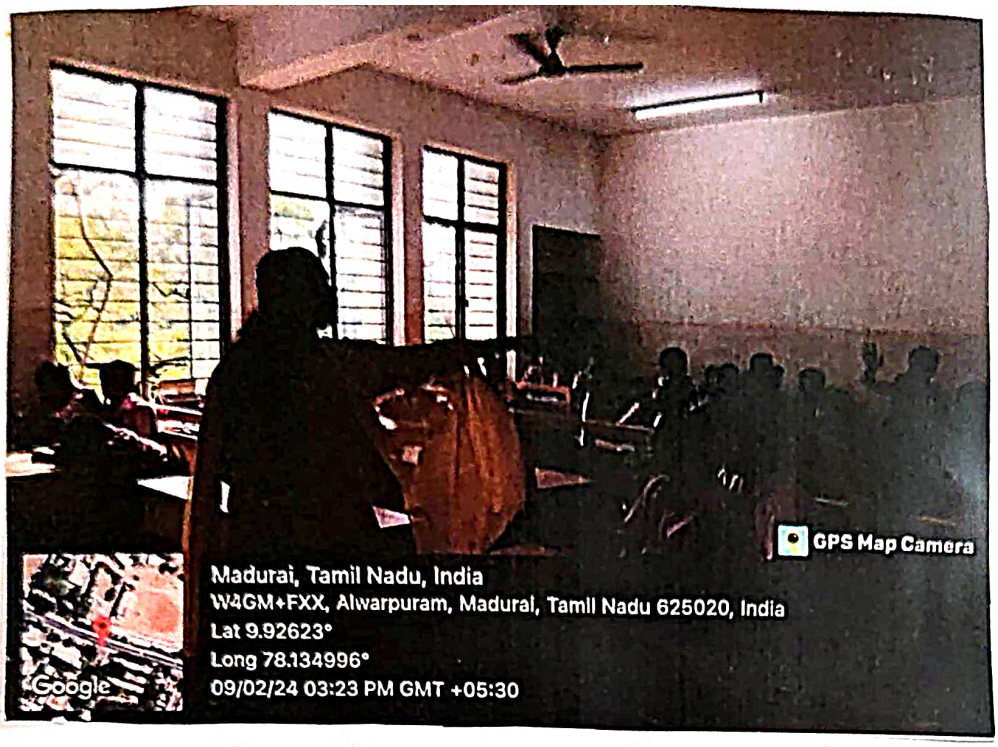
CONCLUSION:

In conclusion, life skills are essential for personal and professional development. The education system needs to focus on providing life skills education to students to equip them with the necessary tools to lead successful and fulfilling life. As parents, teachers, and students, it is crucial to recognize the importance of life skills and work towards developing them. With a strong foundation in life skills, individuals can navigate through various challenges and situations with ease, leading to a more fulfilling .life. People should be aware of the consequences of mental and must give utmost importance to keep the mind like the way the physical body is kept healthy. Life Skills are psychosocial competences which enable individual develop adaptive and positive behavior so as deal effectively with challenges and demands. Life skills instruction which implied by WHO these gradually attain their good mental health. Teaching life skills empowers students to become lifelong learners and adaptable individuals who are capable of thriving in an ever-changing world. By fostering a growth mindset and instilling a sense of self-efficacy, we empower students to overcome obstacles, embrace challenges, and continuously strive for personal and professional growth.

Photo Gallery



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LIFE SKILLS
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Declaration form

THIS IS TO DECLARE THAT MS/MR S.VARSHA SEVI

HAS SUCCESSFULLY CONDUCTED THE Life Skill program

FOR THE STANDARD OF "9" "B" AT Elango School

ON THE DATE OF 09.02.2024

Signature of

HEADMASTER

ELANGO CORPORATION HR. SEC. SCHOOL

MADURAI-625020

FEEDBACK FORM...

A. Santhoshkumar
IX "A"
Elango corporation
higher secondary
school

Akka (or) sister, This program was super. I understand the program thanks for given. These are very important for my life and with others.

I will understand the "life skills" and beautiful teaching for sister thank you.....

R. Ajmeer IX'B

School: Elango Corporation Hr Sec School.

1) It Program is very helpfully.
2) life skills is very important.
3. the ~~favorite~~ ~~favorite~~ favoriate point is problem solving.
4) Cretive thinking is very super.
5) Cretive thinking is very helpfully.

FEEDBACK FORM.

N. Dharan
IX - "B"
Elango corpn. hr. sec. school.

Today I learn "Life skills". It is important of our life. It is used to my carrier. I learnt in life skills is Problem solving, creative thinking, Empathy, critical thinking, stress management. and I played a game with our trainee. It's very enjoyable. Thankyou conducting this programme for our school. Varsha Mam this trainee was too good and [redacted] trainee was too Good behaviour.

Thanking you.

22MSWAEC21

ASSIGNMENT ON LIFE SKILLS FOR SOCIAL WORK

V. Good,

F. J. Abishek Jebharaj.

SUBMITTED TO,

DR. S. JOYCE JEYARANI

Assistant professor of

Madurai Institute of Social Sciences

SUBMITTED BY,

ABISHEK JEBHA RAJ F J

23MSWAMP03

SUBMITTED ON: 16/02/2024

LIFE SKILLS TRAINING PROGRAM

AT

MADURAI CENTRAL PRISON

FOR

REMAND FIRST OFFENDERS

LIFE SKILLS PROGRAM

Synopsis

* Introduction
* Time schedule
* Location
* About the programme
* About the activity done
* Feed back analysis
* Conclusion.

* **Introduction:-** "Life Skill"

The World Health organization has defined lifeskills as "the abilities for adaptive and positive behaviours that enable individuals to deal effectively with the demands and challenges of everyday life".

Life skills are to the abilities and knowledge that enable us to effectively handle the demands and challenges of everyday life.

They encompass a wide range of competencies, including...

* Self Awareness
* Empathy
* Interpersonal relationship
* problem solving
* Critical thinking
* Effective communication
* Decision Making
* Creative thinking.
* Coping with emotions
* Coping with stress.

and contribute to overall well-being and success in various aspects of life.

* Time schedule:-

10:40 - 12:45 - Life skill program was conducted.

* Location:-

Central prison Madurai,
New Jail Road,
Pethaniapuram2,
Arappalayam,
Madurai- 625016.

* About the Programme:-

Date : 13.2.2024.

Day : Tuesday

place : Central Prison, Madurai.

Duration: 2 hours.

No. of Participants : 11

certified by : Agency Supervisor
P. Natarajan - Social casework expert.

Age group : 18 - 25

For : Remand first offenders.

* About the activity:-

At first the session was started with a motivational story to the prisoners and then everything and throught the seesion I spoke in tamil, since they were familiarized with that Language and to have a effective impact.

After the story, whatare life skills how its important, when it is needed, why its needed were explained to the prisoners.

To keep them engaged in between the session, true psychological facts were told to the Prisoners

All the life skills were mentioned and explained to them, so listing out the skills, it was concentrated one by one to consientize the prisoners it's importance and needfulness in life.

* Self awarness: A small sheet of paper was given to them, the prisoners were asked write their good qualities and things they want to change in their life. Really created an impact among them.

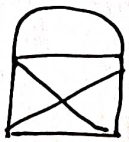
* Empathy: Explained a situation and asked not to get pity on that person, instead feel how you will be in that situation, helped them to understand other, enabled them to see in other person's pereception.

* Interpersonal relationship skills: A ball like structure was made with papers and the prisoners were made to sit in a circle.

that ball is given to a prisoners and asked to throw it to someone, so, that the person who received the ball will tell a positive quality and things that he need to change - of the person who throwed the ball. It is informed that acceptance is most importance in the game.
(Mixed of self awareness & interpersonal relationship game)

* Critical thinking :- A station was explained to them to think and respond, helped them to think critically, it was explained to them of what is critical thinking - who, what, when, where, why and how.

* Creative thinking :



The game is they need to draw this image without repeating the line and taking hand from the paper, which was given already

* Communication :- A game was conducted. The prisoners were asked to form a straight line and to the last person, I enacted an action which he need to pass and at last the first person should do the action, really a fun filled, learning activity, made them realised the importance of communication.

* Decision Making & Problem solving :-
A situation was given based on critical thinking and it was asked to take good decison to solve the problem, made them to think and importance and consequence of taking a bad decision of being here at prison.

* Coping with stress and emotions :-
2 activities were conducted.
* First a game - general game relation to every life skill - stress relief game. The prisoner asked to form a circle and join their hands and the game is without removing the hands, they need

turn the opposite side and form the same circle.

which was really a enjoyable activity and finally they found the answer and very much happy.

- Last session was breathing session to cope with Anxiety stress. Breathing technique was taught to them and helped them to do so, 4, 7, 8 - technique, 4 seconds inhale, 7 - hold - 8 seconds slow exhale in mouth. - repeated for five times.

All the session was witnessed by Nori Tamil selvan - pattam project co-ordinator and since I requested to take a photo, a police official took a photo in between the session, will be receiving it later today.

At last feedback was collected from the prisoners and the programme got over.

* Feed back analysis :-

The participants learnt many new things, and also desires to learn such skills, they have enjoyed the session to the literal reality. They have decided not to come back to prison anymore and felt all their pains and worries of confinement gone. They have understood everything taught clearly. Some of them have decided to obey their parents and move away from their bad friendship. They felt all their stress and worries flee away. Everyone were really happy about the program. Everyone wanted to repent from their bad habits. Their emotions were stimulated. They have decided to think wisely & deeply before taking an decision.

The main focus is to stop the remand first offender's recividism, hope, the program has created an impact on prisoners. They all wanted to live a moral life outside prison.

Declartion form

THIS IS TO DECLARE THAT MS/MR F. J. ABISHEK JEBHARAJ

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF Age From 18-24 AT CENTRAL PRISON, MADURAI

ON THE DATE OF 13.2.2024.

13.2.2024

Signature of

P. NATARAJAN

SOCIAL CASE WORK EXPERT

CENTRAL PRISON, MADURAI.

LIFESKILL PROGRAM WITH REMAND - FIRST - OFFENDERS.







Please need caption

* Conclusion:-

Not only to the participants, but also for the student, it was a meaningful, fruitful, purposeful, professional and personal learning experience. The main purpose of teaching life skills to the prisoners is to stop recividism. Hoping that the program have created a good impact among the prisoner, on seeing their feed back.

There was a good reciprocation throughout the program between the student and the participants.

I want to conduct such training programs in many places in future in well trained manner and wanted to equip more to deliver and organize an effective program creates a permenant marks among youths life.

* Participant's Feedback and Activities in a Paper.

Date: 13.02.2024

Name: R. Thama Muneeswaran

கல தெய்வம் ஒரு நல்ல

ராமி பெயர் (Positive)

*. எல்லாரிடமும் மரியாதை யாதக இருப்பேன்

* அம்பா . அப்பா சொல்ல -ஒதை கேட்பான்

*. நான் கோபம் படமாட்டேன்

*. விளையாடுவது மகிழ்ச்சியாக இருப்பேன்

*. வேலைகளில் ஆர்வம் இருப்பேன்

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*. தீய படிக்கங்கள் விடுவது

*. கோவம் அதிகம் வரும்

*. மதுபானங்களை வெளியில் விடுவேன்

*. தவளான நண்பர்களை தவிர்க்க வேண்டும்

*. தேவையான செயல்களை செய்ய கூடாது

*. தேவையான நேரத்தை தவிர்பேன்

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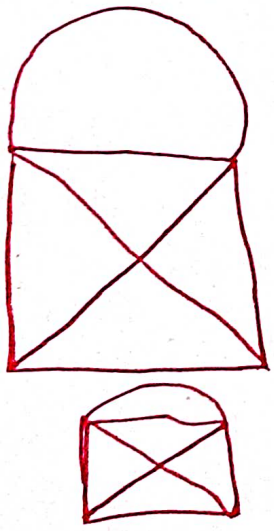


* Participant's Feedback and Activities in a Paper.

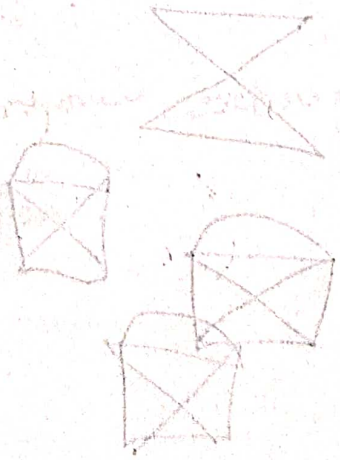
1) இந்த class எனக்கு ரொம்ப பயன்உள்ளதா இருந்துச்சு. இதில் எந்த காரியம் பண்ணாலும் யோசிக்கமா பண்ண மட்டேன்.

2) இந்த class மனதில் உள்ள கவலைகள் பளந்தது, இந்த நேரத்தில் நான் ரொம்ப சந்தோசமாக இருந்தேன்.

3) sir எனக்கு ரொம்ப கருத்துக்களை புரிந்தது. class எனக்கு மகிழ்ச்சியடைய செய்தது. நீங்க சொன்ன வார்த்தைகள், எனக்கு ரொம்ப மனதில் பதிந்தது.

4) இனிமேல் எப்போதும் இந்த சினாக்கு வரமாட்டேன், அப்பா அப்பா, பேச்சை தேடுபோன். யாரையும் கம்புருத்த மாட்டேன்.

5) எந்த தீயை பலக்கத்தை பண்ணமாட்டேன், எந்த தப்பும் பண்ணமாட்டேன், இனிமேல் நல்ல பையன் போல் இருந்து கொள்வோன்.



(18)

LIFE SKILLS

ASSIGNMENT

AND

SEMINAR

4½/5

verified by

20/8/24

Done By.

K. Saravana Priya.

23MSKIAMP04.

LIFE SKILL PROGRAM

NAME	:	SARAVANA PRIYA .K
ROLL NO	:	23MSWAMP04
PROGRAM	:	I-MSW
COURSE	:	LIFE SKILLS
SUBMITTED TO	:	DR.JOYCE JAYARANI
SUBMITTED DATE	:	14.02.2024
PROGRAM CONDUCTED PLACE	:	THIRUPARAGUNDRAM
PROGRAM CONDUCTED DATE	:	13.02.2024

SYNOPSIS

- Introduction
- Time Schedule
- Location
- About Programme
- About Activity
- Feedback Analysis
- Conclusion

INTRODUCTION

According To "World Health Organization", Life Skills Are Ability For Adaptive And Positive Behaviour That Enables An Individual To Deal Effectively With Demands And Challenges Of Everyday Life.

The Life Skills Program That Helped Students To Improve Essential Life Skills, Such As Problem-Solving, Decision Making, Emotional Coping And Communication. The Aimed To Create A Program That Gave Students Tools To Handle Life Better. This Part Explained Why Learning These Life Skills Was So Important.

- **Self Awareness**
- **Empathy**
- **Inter-Personal Relationship**
- **Communication**
- **Decision-Making**
- **Problem Solving**
- **Coping With Emotions**
- **Coping With Stress**

- **Critical Thinking**
- **Creative Thinking**

TIME SCHEDULE

03.00pm - .05.00pm Life Skill Program Was Conducted

LOCATION

Thiruparagundram Government Higher Secondary School,

Thiruparagundram,

Madurai.

ABOUT PROGRAMME

Date : 13.02.2024

Day : Tuesday

Place: Thiruparagundram

Duration : 2hours

No. Of. Participants: 37

Certified By : Principal

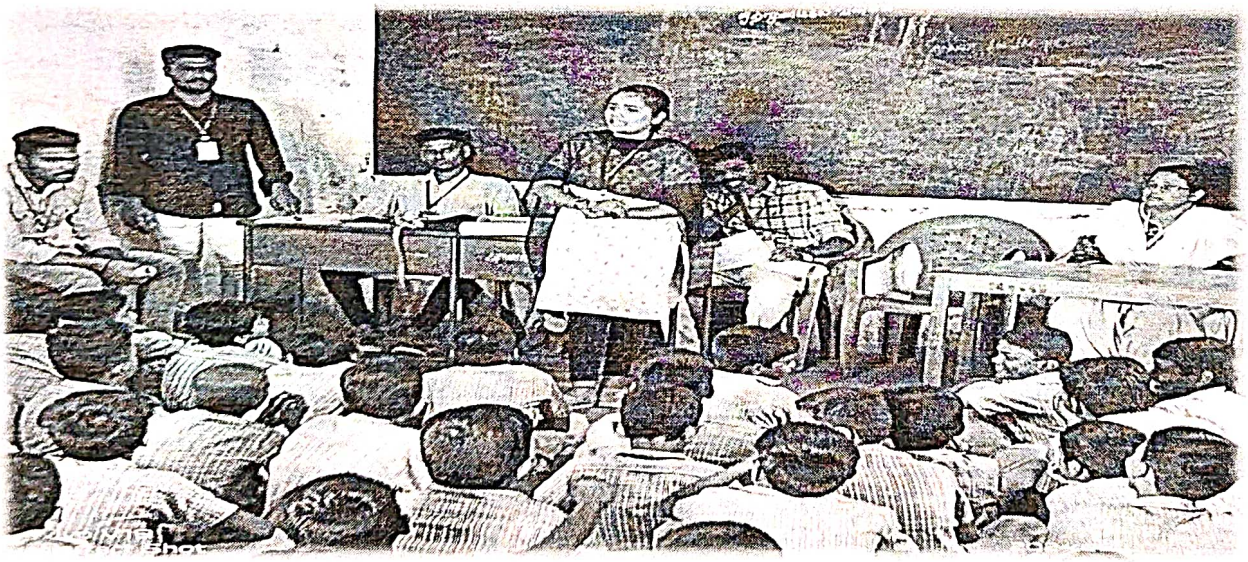
Thiruparagundram Govt.Hr.Sec.School

Age Group : 12-14

For : School Students

ABOUT ACTIVITY



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Explored Essential Life Skills: A Full Seminar On Social Work

The Seminar Started With A Friendly Welcome From Ms.SaravanaPriya . K, I-MSW. Her Insightful Words Set The Tone For An Interesting Day, Highlighting The Importance Of Life Skills.

In The Second Session, The Privilege Of Listening To A Guest Lecture By Our Agency Supervisor, Mrs. Sharmila, A Senior Counselor Associated With The Good Hope Foundation. Her Wealth Of Experience In The Field Provided Valuable Perspectives On Effective Life Skills Techniques And The Role Of Social Work In Transforming Lives.

The Third Session Focused On Life Skills, Teaching Participants Important Abilities For Personal And Professional Growth. They Learned About Effective Communication, Problem-Solving, And Emotional Intelligence – Practical Tools For Handling Challenges In Social Work.

During The Seminar, A Hands-On Life Skills Activity Was Conducted. Participants Actively Engaged In Practical Exercises, Applying The Concepts They Had Learned And Reinforcing Their Understanding Of Effective Communication, Problem-Solving, And Emotional Intelligence. The Interactive Session Provided A Dynamic And Helped Everyone Get Better At Life Skills In A Real-Life Way.

As The Seminar Wrapped Up, **The Final Part** Centered On Feedback From Participants, Creating A Conversation To Improve Future Sessions. The Event Ended With A Big Thank You To All Speakers, Organizers, And Participants For Being Part Of This Valuable Exploration Of Social Work And Life Skills.

FEEDBACK ANALYSIS

The Positive Feedback From Students Indicated That The Life Skills Program Was Successful And Impactful. The Emphasis On Practical Activities Resonated Well With Participants, Leading To Improvements In Communication And Problem-Solving Abilities. The Reported Increase In Confidence For Handling Real-Life Situations Suggested That The Program Provided Valuable Tools For Practical Application.

Doing Practical Things Helped Them Talk And Solve Problems Better. They Felt More Confident In Real-Life Situations, Showing That The Program Gave Them Useful Tools.

They Also Thought It Was Important To Learn About Emotions And Liked How The Program Kept Them Interested. Overall, The Feedback Says The Program Made A Positive Difference In Their Lives By Making Them Better At Practical Skills And Improving Different Parts Of Their Life.

CONCLUSION

In Conclusion, The Feedback Reflected A Positive Impact On Participants, Affirming That The Life Skills Program Successfully Enhanced Their Practical Skills And Contributed Positively To Various Aspects Of Their Lives.

The Life Skills Program Was Highly Effective, Evident From Positive Student Feedback. Practical Activities Improved Communication And Problem-Solving, Boosting Confidence In Real-Life Situations. Emphasizing Emotional Intelligence, The Program Engaged Participants, Impacting Personal And Professional Development. The Speakers, Ms. Saravana Priya Enriched The Experience, Creating Empowering Students.

LIFE SKILL PROGRAM

13/02/24

PARTICIPANTS

S.NO	NAME
1.	S. Balashanmugam
2.	R. Dharshan
3.	T. Dhinesh
4.	S. Harigovadhan
5.	K. Yuvaraj
6.	V. Ranganathan
7.	S. Veera
8.	K. Jayakumar
9.	S. Sreekanth
10.	S. Vishwa
11.	P. Tharun
12.	K. Kousinathan
13.	M. Kamalesh
14.	P. Kishore
15.	V. Suriyamoorthy

S.No	Name
16.	S. Sivanavi
17.	M. Sairam
18.	S. M. Raja
19.	K. Sathyapradeep
20.	N. Havibalaji
21.	S. Sree Ganesh
22.	A. Ram
23.	J. Vignesh
24.	N. Muneeshwaran
25.	S. Akash
26.	D. Divyasree
27.	T. Sivani
28.	A. vaishnavi
29.	R. Arathana
30.	R. Gangadevi
31.	M. vithyasree
32.	M. Rajeswari
33.	K. Pushka
34.	K. Goveshika
35.	K. Sugapriya
36.	S. Maha
37.	V. Uma

The Program was conducted by 8th-A class students.

Declaration form

THIS IS TO DECLARE THAT MS/~~MR~~ SARAVANA PRIYA.K

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VIII-A AT Thiruparagundram Higher Secondary School

ON THE DATE OF 13/02/2024 (03.00PM)

தலைமை ஆசிரியர்
அரசுமேல்நிலைப்பள்ளி
திருப்பரங்குன்றம்,
மதுரை-625 005

Life Skills training to Adolescents

22/2/24

Submitted to

Dr. S. Joyce Jeyarani

Assistant professor

Department of social work

Submitted by

Zahith Niyaz N

23MSWAMP05

Name	: Zahith Niyaz N
Class	: I year MSW
Topic	: Life skills training to adolescents
Location	: Bharathiyar Corporation High School Thiruvapudayar kovil, Sellur, Madurai - 625002
Audience	: 8th and 9th standard students
Number of audience	: 31 students
Date	: 14/02/2024
Timing	: 2.30 PM – 3.30 PM

SYNOPSIS:

- Introduction
- Time Schedule
- Location
- Programme
- Activity
- Feedback analysis
- Conclusion

INTRODUCTION:

Life skills are essentially those abilities that help promote mental well-being and competence in young people as they face the realities of life. The life skills are generally applied in the context of health and social events. Life skills help in realization and utilization of our potentials. Sometimes, with all the capacities, goals and determinations, we fail in realizing our dreams because of the hindrances created by poor life-skills. In fact, life-skills not only help in realization of our potentials but also in living life in a contended and meaningful manner.

Location:

Bharathiyar corporation high school

Thiruvapudaiyar Kovil,

Sellur,

Madurai.

Time Schedule:

2:30 Pm : The social worker reached the Bharathiyar Corporation High School.

2:35 Pm: The social worker had a discussion with the headmistress.

2:40 Pm: The social worker conducted the session about life skills to the adolescents.

Program:

Life skills are defined as "a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with and manage their lives in a healthy and happy life. Life skills teach us how to make our lives easier and simpler, how to live a positive life, and how to spend our time wisely. As a result, life skills are essential in our lives. It hones the ability to adapt to a variety of situations and succeed in all aspects of society.

Life–Skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life. They are abilities that facilitate the physical, mental and emotional well-being of an individual (WHO).

The Life Skills that are listed by WHO are

- ✓ Self Awareness
- ✓ Communication Skill
- ✓ Interpersonal Relationship
- ✓ Empathy
- ✓ Decision Making
- ✓ Problem Solving
- ✓ Critical Thinking
- ✓ Creative Thinking
- ✓ Coping Up Emotion
- ✓ Stress Management

Self-Awareness

Self-awareness is the ability to recognize and understand one's own thoughts, emotions, behaviours, and overall identity. It involves introspection and a deep understanding of one's strengths, weaknesses, values, and motivations. Cultivating self-awareness is a crucial aspect of personal development, as it enables individuals to make more informed decisions.

Communication Skills

Communication skills involve the ability to convey information effectively and understand messages from others. This includes verbal and non-verbal communication, listening, clarity of expression etc. Strong communication skills are essential in personal relationships, the workplace, and everyday interactions, facilitating the exchange of ideas and fostering better understanding between individuals.

Interpersonal Relationships

Interpersonal relationships refer to the connections and interactions between individuals. Effective interpersonal relationships involve communication, mutual understanding, trust, and respect. Building and maintaining positive relationships contribute to emotional well-being and can enhance collaboration and cooperation in various aspects of life.

Empathy

Empathy is the ability to understand and share the feelings or perspectives of others. It involves being attuned to someone else's emotions, recognizing their experiences, and demonstrating a genuine concern for their well-being. Empathy promotes connection, compassion, and supportive communication in interpersonal relationships, fostering a deeper understanding of others' emotions and experiences.

Decision Making

Decision making is the cognitive process of choosing a course of action from various alternatives. It involves assessing available options, considering relevant information, weighing pros and cons, and ultimately making a choice. Decision making can be influenced by personal preferences, values, and the

analysis of potential outcomes. It plays a crucial role in both everyday life and more complex scenarios, such as business or organizational settings.

Problem-Solving

Problem-solving is the process of finding effective solutions to challenges or obstacles. It involves identifying the problem, analysing relevant information, generating possible solutions, evaluating those options, and implementing the best course of action. Effective problem-solving often requires creativity, critical thinking, and a systematic approach to address issues and achieve desired outcomes.

Critical Thinking

Critical thinking is the process of analyzing, evaluating, and synthesizing information to make reasoned and well-informed decisions or judgments. It involves questioning assumptions, considering multiple perspectives, and using logic and evidence to assess arguments or situations. Critical thinkers are adept at assessing the reliability of information and can apply their analytical skills to solve problems effectively.

Creative Thinking

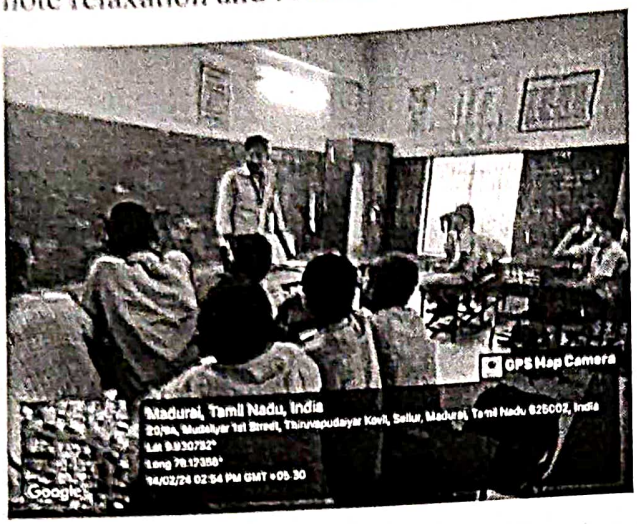
Creative thinking involves generating innovative ideas, solutions, or perspectives by exploring different and often unconventional approaches. It goes beyond traditional problem-solving and encourages thinking outside the box. Creative thinkers often exhibit traits like flexibility, curiosity, and the ability to connect seemingly unrelated concepts to generate novel insights or solutions.

Coping With Emotions

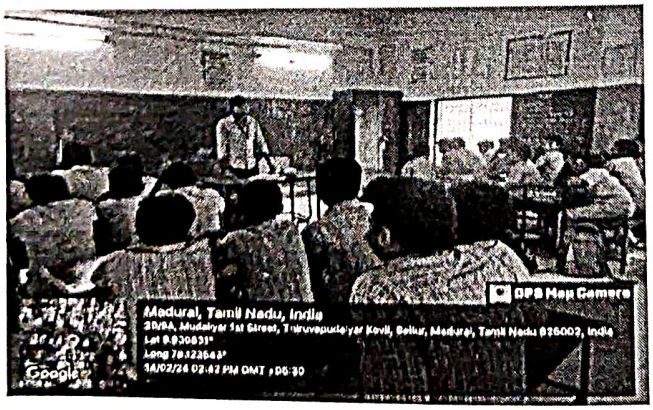
Coping with emotions involves dealing effectively with various feelings, especially in challenging situations. It includes recognizing and understanding emotions, finding healthy ways to express them, and developing strategies to navigate through difficult experiences. Coping mechanisms may vary from person to person and can include talking to others, practicing self-care, or seeking professional support.

Stress Management

Stress management involves adopting strategies to cope with and reduce the impact of stress on your physical and mental well-being. This may include techniques like deep breathing, exercise, time management, and mindfulness to promote relaxation and resilience in the face of stressors.







Activities Done

7up Game

The social worker conducted 7up game to the trainee. The students are asked to start from number 1 and next person to say the consecutive number and when the multiples of 7 arises then the students need to say up instead of the corresponding number. the primary benefits of concentration games is that they can help improve a child's cognitive abilities. These games can help children to better process information and think more critically.

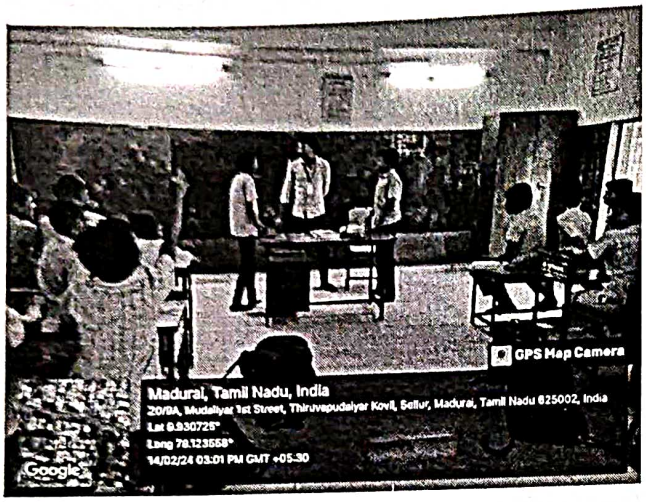


Communication Game

Communication exercises and games are interactional activities that aim to develop how we relate to one another, including how we share information and get along. They can be one-on-one or team exercises, but the goal is the same: they help us develop our interpersonal skills and improve our capacity to relate.







Feed Back Analysis:

From the analysis of the feedback by the students

The students really enjoyed the life skills session! The students have learnt the new terms such as Empathy, Critical thinking and creative thinking etc. The life skills session was awesome! The student learned a lot of useful stuff that they can use in school and in their life. The also asked us to visit the school and have more sessions like this in the future. They were also excited to practice these skills and see how they make their life better!

Conclusion:

Life skills are the building blocks of personal development, enabling individuals to navigate challenges, pursue opportunities, and lead fulfilling lives. By cultivating essential competencies such as communication, problem-solving, and resilience, individuals can effectively manage various aspects of life, from relationships and careers to health and well-being.

Name: M. Fazil ahamed, T. Sivapandi, A. Abdul, V. Nirmal

class: VIII 'B' VIII 'B' VIII 'A' VIII 'B'

Date: 14/2/24 14/2/24 14/2/24 14/2/24

Ratings: 10/10 10/10 10/10 10/10

Suggest: Good super எல்லாம் நன்றாக இருந்தது

Suggest: Good நன்றாக இருந்தது

Suggest: Good. எல்லாம் நன்றாக இருந்தது

Name : [illegible]
Class : VIII - B
Date : 14/2/24
Rating : 9/10
Suggest : Game [illegible] இருந்தது.

Name : K. [illegible]
Class : VIII - A
Date : 14/2/24
Rating : 10/10
Suggest : Game [illegible] இருந்தது.

Name : M. [illegible]
Class : VIII - B
Date : 14/2/24
Rating : 10/10
Suggest : Game [illegible] இருந்தது.

Declaration form

THIS IS TO DECLARE THAT MS/MR ZAHITH NIYAZ. N

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILLS PROGRAM FOR ADOLESCENT

[BHARATHIYAR CORPORATION HIGH SCHOOL]

FOR THE STANDARD OF VIII & IX AT 2.30 P.M - 3.30 P.M

ON THE DATE OF 14/02/2023

14/2/24

HEADMISTRESS

BHARATHIAR CORP. HIGH SCHOOL

Thiruvapudayar Kovil

Signature of

Sellur, Madurai-2.

LIFE SKILL

COURSE CODE: 23MSWAEC21

SUBMITTED TO: Dr. S. Joyce Jeyarani,
Assistant Professor.

DATE : 21-02-2024

SUBMITTED BY: R. SUBETHASHREE
23MSWAMP06

Good 4½/5 6/2/24

Verified by
Subethashree
25/3/24

SYNOPSIS :

- ↳ Introduction
- ↳ Time Schedule
- ↳ Location
- ↳ About Programme
- ↳ About Activity
- ↳ Feedback Analysis
- ↳ Conclusion

INTRODUCTION :

According to UNICEF, life skills are defined as " psycho-social abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life ".

Life skills are essential abilities that help individuals negative daily challenges, make informed decisions, and lead fulfilling lives. Developing these skills can enhance personal growth, relationships, career success, and overall well-being. The trainee conducted life skills session for the students of class 8th, an all students class at R.C. High School Madurai, with the goal of enhancing the students life skills. The life skills programme was conducted on 14-02-2024.

LOCATION:

R.C. High School,
Kathakinaru,
Madurai East,
Madurai - 625107.

TIME SCHEDULE :

2.45 Pm - Reached the Organization "R.C High School" in Kadhakinar.

3.00Pm - Inaugration of the life skills Program with the Principal & Staffs.

3.15Pm - The trainee start to conducted the Life Skill Programme.

4.15Pm - Activities was conducted.

ABOUT PROGRAMME :

Life skills are abilities that help people deal with daily challenges. They are also called psychosocial skills, and include behavioral and thinking processes. The WHO's ten listed skills were the program's main focus such as,

1. Self - Awareness
2. Empathy
3. Interpersonal Relationship skills

4. Effective Communication

5. Decision Making

6. Problem solving

7. Critical Thinking

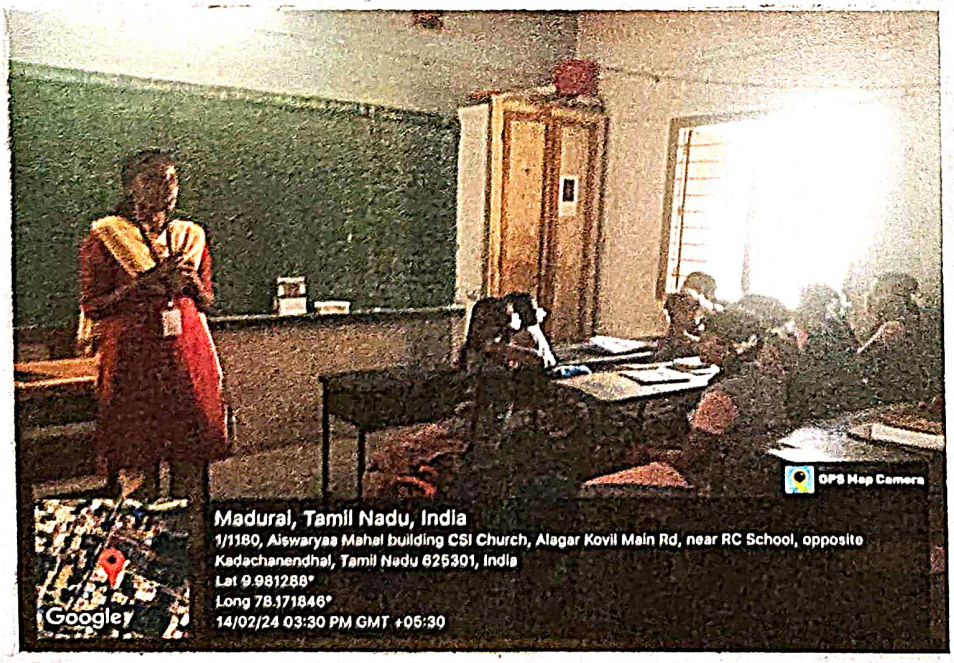
8. Creative Thinking

9. Coping with Stress

10. Coping with Emotions.

ABOUT ACTIVITY :

The trainee taught the children how to communicate with others by conversation between individual with another.

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R.C. High School

J.K. சரிகிளா
IX

1) சுயகுறன்
2) நம்மை காலில் முன்னுருந்தமா இருக்க வேண்டியது
3) ஒரு உறவு அல்லது நண்பு, உயிர் நட்பு
4) நம்மை விந்து ஒரு பிரச்சனையில் இருந்து எப்படி வெளியவரைது
5) நம்மை போடைய உணர்வை எப்படி கட்டுப்படுத்தனும்
6) மனஅனுஷ்கதம் ஆகுவது.
6) நம்மை ஒரு வேலையை செய்வதற்கு முன் பின் எப்படி செய்ய வேண்டும் என்பது
7) ஒரு புது செயல் செய்வது

S. Jaswanth Pandi.
R.C. high school.
IX

* இவர்கள் எங்களிடம் வாழ்க்கை திறன்களை பற்றி விழிப்புணர்வு நடத்தினர்.

* அவற்றிலுள்ள பத்து வகைகளையும் விளக்கி கூறினர்.

* இவர்கள் கூறியது மிகவும் பயனுள்ளதாக இருந்தது.

* மேலும் விளையாட்டு மூலம் விழிப்புணர்வு நடத்தினர்

V. Barani Sri
IX -

சமூக பண்பலர் நான்கு போர் 10 Life Skill புரிவும் படி சொல்லி நந்தர் வாழ்க்கை திறவுகளை சொல்லி நந்தர் சுவேதாபாடு அம்கா எங்களுக்கு புரியும் படி சொன்னர்.

FEEDBACK ANALYSIS :

→ The life skill has very useful to us.

→ It develops our self-confidence and brings motivation to achieve the goals.

Conclusion :

Life skills help young individuals to protect themselves and promote healthy and harmony by taking positive action. The tools which will help him identify the same are self-confidence and self-esteem.

Declaration form

THIS IS TO DECLARE THAT MS/MR R. Subetha shree

HAS SUCCESSFULLY CONDUCTED THE Life skill

FOR THE STANDARD OF 9th AT R.C. High School

ON THE DATE OF (14.02.2024) (wednesday)

Signature

தலைமை ஆசிரியர்
ஆர்.சி. உயர்நிலைப்பள்ளி
காதக்கிணறு
மதுரை-625 104

LIFE SKILLS FOR SOCIAL WORK PRACTICE

ASSIGNMENT

LIFE SKILL TRAINING TO ADOLESCENTS

SUBMITTED BY

Name : E. Veerasekar

Reg. NO : 23MSWAFC03

Class : I MSW

SUBMITTED TO

Dr. S. Joyce Jeyarani,

Assistant Professor,

Department of Social Work.

LIFE SKILL TRAINING TO ADOLESCENTS

Introduction:

- On 21st February 2024, I was conducted the life skill program to VII, VIII and IX standard students in MADURAI CORPURATION MIDDLE SCHOOL 28 students participated in this program.
- Life skill programs aim to develop young people abilities and motivations to make use of all types of information. The approaches should be interactive, using role plays, games puzzles, group discussions, and a variety of other teaching techniques to keep the participant wholly involved in the session.
- Life skills are abilities for adaptive and positive behavior that enable humans to deal effectively with the demands and challenges of life. This concept is also termed as psychosocial competency. The subject varies greatly depending on social norms and community expectations but skills that function for well-being and aid individuals to develop into active and productive members of their communities are considered as life skills.

Time schedule:

- 3.00pm, I reached the Madurai Corporation Middle School.
- 3.05 pm, I told the life skill session to the Head Master.
- 3.10pm, I interacted with the student for life skill program.
- 4.00pm, I collected the feedback from the student.
- 4.10pm, I got a signature from the HM.

Location:

MADURAI CORPURATION MIDDLE SCHOOL,
Madurai, Tamil Nadu- 625-002.

About program:

- I interacted with student for life skill program.
- I raised the question of life skills to the students.
- Suddenly students are telling some skills. Ex (eating, sleeping, playing, running, etc).
- Then I told that is also a one of the skills, but I explaining proper skills.
- I was explaining 7 life skills.
- Focus and Self-Control
- Perspective-Taking
- Communication
- Making Connections
- Critical Thinking
- Taking on Challenges
- Self-Directed, Engaged Learning

Focus and Self-Control:

Children thrive on schedules, habits, and routines, which not only create a feeling of security, but also help children learn self-control and focus. Talk with your child about what to expect each day. Organize your home so your child knows where to put shoes, coats, and personal belongings. We live in a noisy, distraction-filled world, so quiet activities like reading a book, enjoying sensory activities, or completing a puzzle together can help your child slow down and increase focus.

Perspective-Taking:

Thinking about another's point of view doesn't come naturally to most children, but it can be developed. Discuss characters' feelings and motivations in the books you read, e.g., "I wonder why the cat and the pig wouldn't help the little red hen." Make observations about how others are feeling, e.g., "Alex was really sad that he didn't get a turn. I wonder what we can do to make him feel better."

Communication:

Children need high-touch personal interactions every day to build healthy social-emotional skills, including the ability to understand and communicate with others. While the pace at which they develop these skills may vary, children need to learn how to "read" social cues and listen carefully. They must consider what they want to communicate and the most effective way to share it. Just talking with an interested adult can help build these skills. Spend time every day listening and responding to your child without distractions.

Making Connections:

True learning, says Galinsky, occurs when we can see connections and patterns between seemingly disparate things. The more connections we make, the more sense and meaning we make of the world. Young children begin to see connections and patterns as they sort basic household items like toys and socks. Simple acts, such as choosing clothing appropriate for the weather, helps them build connections. Point out more abstract connections in life, or in stories you read, e.g., "This book reminds me of when we picked sea shells at the beach."

Critical Thinking:

We live in a complex world in which adults are required to analyze information and make decisions about myriad things every day. One of the best ways to build critical thinking is through rich, open-ended play. Make sure your child has time each day to play alone or with friends. This play might include taking on roles (pretending to be fire fighters or super heroes), building structures, playing board games, or playing outside physical games, such as tag or hide-and-go-seek. Through play, children formulate hypotheses, take risks, try out their ideas, make mistakes, and find solutions—all essential elements in building critical thinking.

Taking on Challenges:

One of the most important traits we can develop in life is that of resilience - being able to take on challenges, bounce back from failure, and keep trying. Children learn to take on challenges when we create an environment with the right amount of structure-not so much as to be limiting, but enough to make them feel safe. Encourage your child to try new things and allow reasonable risk, such as climbing a tree or riding a bike. Offer a new challenge when she seems ready, e.g., "I think you're ready to learn to tie your shoes. Let's give it a try." Focus more on effort than achievement, e.g., "Learning to tie your shoes was really hard, but you kept trying. Well done."

Self-Directed, Engaged Learning:

A child who loves learning becomes an adult who is rarely bored in life. To encourage a love of learning, try to limit television and encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home. encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home.

About activity:

- I explained the life skills in a way that the students could understand.
- I was done by the activity.
- The middle school English teacher asked me to tell the students about hair cutting and I told them.

Feedback analysis:

- Students express their feedback by writing on paper.

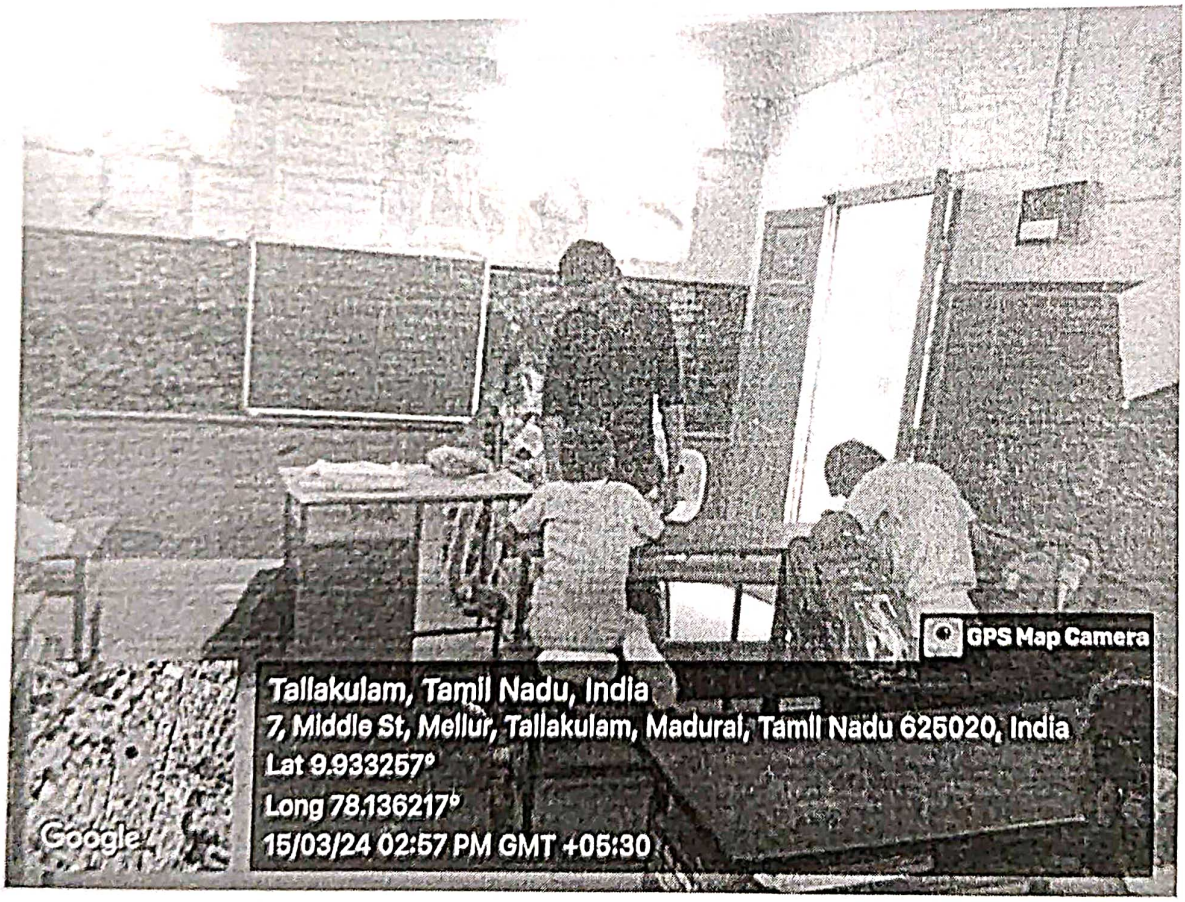
Conclusion:

- All students studying in schools should be made aware of life skills, I believe that virtue and discipline will be inculcated among the students through this.
- I am very happy to inform the students about Life Skills, such an activity gave me a new experience

Geo Tag Documentation




GPS Map Camera
Tallakulam, Tamil Nadu, India
7, Middle St, Mellur, Tallakulam, Madurai, Tamil Nadu 625020, India
Lat 9.933167°
Long 78.136242°
15/03/24 02:33 PM GMT +05:30
Google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7, Middle St, Mellur, Tallakulam, Madurai, Tamil Nadu 625020, India
Lat 9.933257°
Long 78.136217°
15/03/24 02:57 PM GMT +05:30
Google

22

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundation for HRD Re-
Accredited with "B+" Grade by NAAC
An Autonomous College & Research Centre, Affiliated to Madurai KamarajUniversity.
No.9, Alagar koil Road, Madurai- 625002.



Life Skill Assignment

Verified for

SUBMITTEDTO,

Dr.S.Joyce

40/5

SUBMITTEDBY,

YOGESH KUMAR.M
23MSWAFC05

MADURAI INSTITUTE OF SOCIAL SCIENCE COLLEGE
(AUTONOMOUS)
LIFE SKILL PROGRAM FOR

PANDIAN NEDUNZHELIYAN CORPERATION HIGHER SECONDARY SCHOOL

SYNOPSIS

* ADDRESS

*INTRODUCTION

* TIME SCHEDULE

*PROGRAM

*FEEDBACK ANALYSIS

*CONCLUSION

ADDRESS:

Aayuthappadai kudiiruppu
Opp.of Uzhalavar Sandhai
Madurai

INTRODUCTION:

The trainee went to Pandian Nedunzheyan corp.Hr.Sec.School for conduct program on life skill to the student of 9th Standard.

Life skills are defined as "a group of psychosocial competencies and interpersonal skills that Help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with and manage their lives in a healthy and productive manner.

Declaration form

THIS IS TO DECLARE THAT MS/MR M. YOGESH KUMAR HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM FOR THE STANDARD OF 9th AT PNCHS SCHOOL ON THE DATE OF 16.02.2024

16/02/2024

தலைமையாசிரியர்
பிள்ளையார் நெடுஞ்சேரியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படை குடியிருப்பு, மதுரை-14.

...f Principal Office

... with the demands
...l down by WORLD

...er, our strengths and
weaknesses. ... ...s to recognize when we
are stressed or feel under pressure. It is for effec...

EMPATHY:

To have a successful relationship with our loved ones and society at large, we need to understand and care about other peoples' needs, desires and feelings. Empathy is the ability to imagine what life is like for another person. Without empathy, our communication with others will amount to one-way traffic. Empathy can help us to accept others, who may be very different from ourselves. This can improve social interactions, especially, in situations of ethnic or cultural diversity.

CREATIVE THINKING:

Critical Thinking is the ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and behavior, such as values, peer pressure, and the media.

ECISION MAKING:

Decision- making helps us to deal constructively with decisions about our lives. This can have consequences for health. It can teach people how to actively make decisions about their actions in relation to the health assessment of different options and, what effects these different decisions are likely to have.

PROBLEM SOLVING:

Problem-solving helps us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental stress and give rise to accompanying physical strain. Problem-solving is the process of identifying and resolving conflicts or problems. It involves breaking a problem down into its component parts, thinking about possible solutions, and then choosing the best one.

INTERPERSONAL RELATIONSHIP:

Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being. It may mean keeping, good relations with family members, which are an important source of social support. It may also mean being able to end relationships constructively

EFFECTIVE COMMUNICATION:

Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions and desires, and also needs and fears. And it may mean being able to ask for advice and help in a time of need. Coping with stress means recognizing the sources of stress in our lives, recognizing how this affects us, and acting in ways that help us control our stress levels by changing our environment or lifestyle and learning how to relax. Coping with emotions means recognizing emotions within us and others, being aware of how emotions influence behavior, and responding to emotions appropriately. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately.

COPPING WITH STRESS:

Wrong beliefs like "I'm not good enough" or "Something is wrong with me" cause up to 95% of all illnesses and diseases. The membrane of the cell is the brain of the cell, not the nucleus. Our beliefs are stored in the membrane of our cells. Unless we are fully aware of what we are doing and why we are doing it at every moment, we are always acting on our unconscious programming stored as beliefs in our cells. Scientific research has established that stress is the core factor in physical, mental, and emotional disease. Discovering how unconscious physical, mental, and emotional habits create stress, aging, addiction, and disease, through awareness and simple lifestyle changes reclaiming youthful vitality, joy, and well-being.

COPPING WITH EMOTIONS:

Our feelings are a wonderful barometer of our well-being. When we are not caught up in negative thinking, our feelings remain positive, and we feel joyful, loving, and peaceful. When we are feeling fearful, angry, or depressed it is a sure sign that our thoughts have become negative and dysfunctional. Developing this awareness and making the decision to eliminate negative thinking can be dramatically life-changing.

CONCLUSION:

Trainee had a great opportunity to take life skill programmed for Pandian Nedunzheyan corp.Hr.Sec.School at 9th STD students was completed successfully. It is Wonderful Experience The Trainee also Learn Something from the students






Krishnapuram Colony, Tamil Nadu, India
88A, PT Rajan Rd, Krishnapuram Colony, Madurai, Tamil Nadu 625014, India
Lat 9.947094°
Long 78.130052°
16/02/24 01:42 PM GMT +05:30
Google
GPS Map Camera


Krishnapuram Colony, Tamil Nadu, India
88A, PT Rajan Rd, Krishnapuram Colony, Madurai, Tamil Nadu 625014, India
Lat 9.947087°
Long 78.130049°
16/02/24 01:42 PM GMT +05:30
Google
GPS Map Camera



Certificate of Completion

THIS IS TO DECLARE THAT MS/MR M.YOGESH KUMAR
HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM
FOR THE STANDARD OF 9th AT PNCHS SCHOOL ON
THE DATE OF 16.2.2024

16/2/24

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படை குடியிருப்பு, மதுரை-14.
signature of
organizer/incharger

Declaration form

THIS IS TO DECLARE THAT MS/MR M.YOGESH KUMAR
HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM
FOR THE STANDARD OF 9th AT PNCHS SCHOOL
ON THE DATE OF 16.2.2024

I/c
16/2/2024

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படை குடியிருப்பு, மதுரை-14.

FEED BACK FORM

பெயர்:
Name S. Nathan Kumar

வகுப்பு:
Class IX-A

இன்றைய பயிற்சியின் மூலம் வாழ்க்கை திறன்பற்றி நீங்கள் புரிந்துகொண்டது என்ன?
What did You Learn about Life Skills from Today's Training?

Sir speak ரொம்ப நல்ல இருந்தது
எனக்கு இந்த பயிற்சியின் மூ வாழ்க்கை உகவி இருந்தது.

இதற்கு முன்பு உங்களிடம் இருந்த வாழ்கை திறன் என்ன?
What Life Skills did you have before this Training?

my life Foot bal, Hockey and Book, comics Books.

இன்று நீங்கள் கற்றுக்கொண்ட புதிய திறன் எது?
What new Skills did you learn today?

all subject to interit and Sports interist.

இன்றைய வாழ்கை திறன் பயிற்சியில் உங்களுக்கு பிடித்தப்பகுதி எது?ஏன்?
What was your favorite part of Today's Life Skills Training? Why?

Stor making, and Ball cathching.

இன்றைய பயிற்சி மற்றும் பயிற்சியாளர் பற்றி உங்களுடைய கருத்து?
What is your Feedback about Today's Training and the Trainee?

இன்றைய பயிற்சி ரொம்ப நல்ல இருந்தது.
இன்னைக்கு சார் நல்ல போதனார்.
Day of life

FEED BACK FORM

பெயர்:
Name P.Yuvangolin Sweety

வகுப்பு:
Class XII

இன்றைய பயிற்சியின் மூலம் வாழ்க்கை திறன்பற்றி நீங்கள் புரிந்துகொண்டது என்ன?

What did You Learn about Life Skills from Today's Training?

Time management

இதற்கு முன்பு உங்களிடம் இருந்த வாழ்கை திறன் என்ன?
What Life Skills did you have before this Training?

இன்று நீங்கள் கற்றுக்கொண்ட புதிய திறன் எது?
What new Skills did you learn today?

Poublems solve with solution

இன்றைய வாழ்கை திறன் பயிற்சியில் உங்களுக்கு பிடித்தப்பகுதி எது?ஏன்?
What was your favorite part of Today's Life Skills Training? Why?

Activity

இன்றைய பயிற்சி மற்றும் பயிற்சியாளர் பற்றி உங்களுடைய கருத்து?
What is your Feedback about Today's Training and the Trainee?

Easy ah Purichukura
Mathiri solli Kuduthaaga

FEED BACK FORM

பெயர்:
Name J. Justin Jeya Prakash

வகுப்பு:
Class VIII

இன்றைய பயிற்சியின் மூலம் வாழ்க்கை திறன்பற்றி நீங்கள் புரிந்துகொண்டது என்ன?
What did You Learn about Life Skills from Today's Training?

To enjoy our life with Jesus

இதற்கு முன்பு உங்களிடம் இருந்த வாழ்கை திறன் என்ன?
What Life Skills did you have before this Training?

Singing, bible reading, dancing

இன்று நீங்கள் கற்றுக்கொண்ட புதிய திறன் எது?
What new Skills did you learn today?

To enjoy our life with Parents

இன்றைய வாழ்கை திறன் பயிற்சியில் உங்களுக்கு பிடித்தப்பகுதி எது?ஏன்?
What was your favorite part of Today's Life Skills Training? Why?

To enjoy Playing ball game and Activites

இன்றைய பயிற்சி மற்றும் பயிற்சியாளர் பற்றி உங்களுடைய கருத்து?
What is your Feedback about Today's Training and the Trainee?

It is Good. But it was the time was short
It is only the drawback.

FEED BACK FORM

பெயர்:
Name J. Joshua Teja Prakash

வகுப்பு:
Class X

இன்றைய பயிற்சியின் முலம் வாழ்க்கை திறன்பற்றி நீங்கள் புரிந்துகொண்டது என்ன?
What did You Learn about Life Skills from Today's Training?

To Enjoy Our life with Jesus

இதற்கு முன்பு உங்களிடம் இருந்த வாழ்கை திறன் என்ன?
What Life Skills did you have before this Training?

Singing, Bible reading, Dancing

இன்று நீங்கள் கற்றுக்கொண்ட புதிய திறன் எது?
What new Skills did you learn today?

To enjoy our life with Parents

இன்றைய வாழ்கை திறன் பயிற்சியில் உங்களுக்கு பிடித்தப்பகுதி எது?ஏன்?
What was your favorite part of Today's Life Skills Training? Why?

Playing the ball game and Activities

இன்றைய பயிற்சி மற்றும் பயிற்சியாளர் பற்றி உங்களுடைய கருத்து?
What is your Feedback about Today's Training and the Trainee?

It is Good. But it was the time was Short
It is only the Drawback

FEED BACK FORM

பெயர்: வகுப்பு:

Name P.Evangelin yashika Class VIII

இன்றைய பயிற்சியின் முலம் வாழ்க்கை திறன்பற்றி நீங்கள் புரிந்துகொண்டது என்ன?

What did You Learn about Life Skills from Today's Training?

life important to the day to day life

இதற்கு முன்பு உங்களிடம் இருந்த வாழ்கை திறன் என்ன?

What Life Skills did you have before this Training?

No time mangement

இன்று நீங்கள் கற்றுக்கொண்ட புதிய திறன் எது?

What new Skills did you learn today?

Time management

இன்றைய வாழ்கை திறன் பயிற்சியில் உங்களுக்கு பிடித்தப்பகுதி எது?ஏன்?

What was your favorite part of Today's Life Skills Training? Why?

problem has a soulution

இன்றைய பயிற்சி மற்றும் பயிற்சியாளர் பற்றி உங்களுடைய கருத்து?

What is your Feedback about Today's Training and the Trainee?

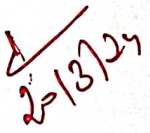
trainer was a very jovial and enjoy

Assignment of Life skill for Social work

Verified
M. Kamali

20/3/24





Submitted to :

Dr.S. Joyce Jeyarani

Assistant professor of

Madurai institute of social science

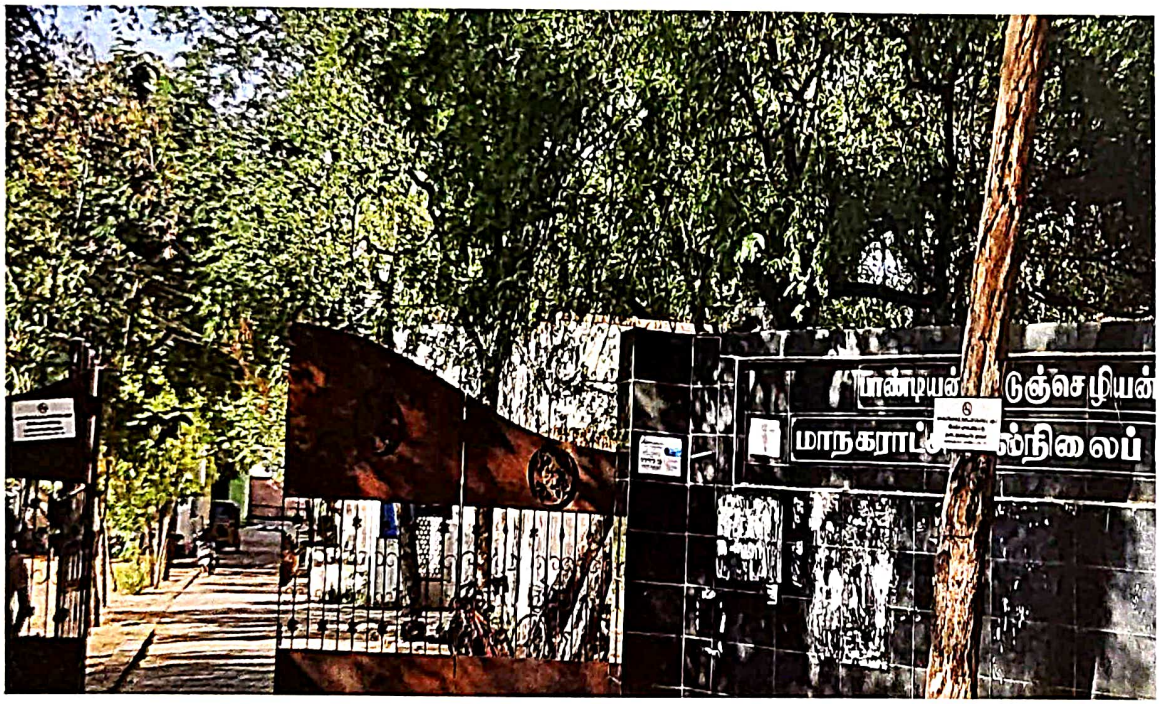
Submitted by:

M. Kamali

23MSWAFC06

Submitted on: 19.2.2024

Life skills training Program at Pandiyan Neduncheliyan corporation hr.Sec.School



Index

- Introduction
- Location
- Time schedule
- About the school
- About the program
- About the activity done
- Feedback analysis
- Conclusion

Introduction:

The trainee conducted life skill program in Pandiyan NedunchelianCorporation Hr.Sec.School for12th standard student.

Life skill:

According to world health organization has defined life skill as "the abilities for adaptive and positive behavior that enables individuals to deal effectively with the demands and challenges of everyday life"

Ten life skill by WHO:

- Self -awareness
- Empathy
- Interpersonal relationship
- Decision making
- Problem solving ability
- Coping with emotion
- Coping with stress
- Critical thinking
- Creative thinking
- Effective communication

Location:

Pandiyan neduncheliyan corporation hr.sec.school,
Ulavarsanthai Opp,P.T.Rajan Road, B.B.Kulam
Madurai – 625002

Time schedule:

- 2.30 pm: The trainee reached the Pandiyan neduncheliyan corporation hr.sec.school.
- 2.35 pm: The trainee seed the permission from assistant headmaster to conduct life skill program for the student.
- 3.00 pm: The trainee conducted lifeskill program to the student.
- 3.40 pm: The trainee conducted life skill activity to the student.
- 4.20 pm: The trainee collected feed back to the student.
- 4.30 pm: The trainee left the school.

About the school:

PNCHSS was established in 1961 and it is managed by the local body.It was located in west block of Madurai. The school consists of grades from 6 to 12. The school is co -educational and it doesn't have an attached pre primary section.In this school academic session starts in April.

About The Programme:

Date	:12.2.2024
Day	:Monday
Place	:chokkikulam
Duration	:1.5 hour
No of participation	: 20
Certified by	:Mrs.punitha, Assistant Hedmaster
Age group	: 17-18

The trainee prepared the content for educating life skill to the student.

Self – Awareness:

Self- awareness is a crucial like skill that involves understanding one's own emotion,thoughts, motivations and behaviour.It allows individuals to recognizetheir strengths and weaknesses,understand how they impact others,and make informed decision.Cultivating self-awarness can lead to personal growth, better relationships, where effective communication.

Empathy:

Empathy is the ability to understand and share the feeling of others, putting yourself in their perspective andemotions. It's a fundamental aspect of human connection and compassion.

Interpersonal relationship:

Interpersonal relationship are indeed a vital life skill. They involve understanding oneself, empathizing with others, effective communication, conflict resolution, and building trust. Mastering these skills not only enhances personal relationship but also fosters success in professional settings and contributes to overall well being and happiness.

Example :

- Team work
- Leadership
- Responsibility

Decision making:

Decision making is a crucial life skill encompassing evaluating options, considering consequences, and selecting the best course of action. It involves rational analysis, intuition, an aligning choices with personal values and goals. Developing this skill enhances one's ability to make sound decisions in various life situations, contributing to overall success and well being.

Problem solving ability :

Problem-solving is vital for tackling daily challenges. It involves defining issues, gathering information, and creating innovative solutions. Evaluating options and making informed decisions are crucial. Implementing solutions requires adaptability and reflection improves future problem-solving. Cultivating these skills fosters resilience and resourcefulness for success in various aspects of life

Coping with emotion :

When dealing with emotions, it's essential to acknowledge and accept what you're feeling rather than trying to suppress it. Expressing your emotions through writing, talking to a friend or therapist, or engaging in activities like exercise or meditation can be helpful. Remember, emotions are a natural part of being human, and it's important to give yourself the space and support needed to process them.

Coping with stress:

Coping with stress involves finding healthy ways to manage and reduce its impact on your life. Strategies like practicing relaxation techniques such as deep breathing or mindfulness, engaging in regular physical activity, maintaining a healthy lifestyle with proper nutrition and sleep, setting realistic goals, and seeking support from friends, family, or a therapist can all be beneficial. Coping is a way to prevent , delay , avoid or manage stress

Way to manage stress:

- Spend time with friends
- Practice yoga
- Manage time
- Practice art
- Read book

- Spend time in nature.

Critical thinking :

Critical thinking is an essential life skill that enables you to analyze information, evaluate arguments, and make informed decisions. It helps you question assumptions, consider different perspectives, and solve problems effectively. Whether you're making personalchoices,navigating relationships, or tackling professional challenges, critical thinking plays a crucial role in guiding your actions and choices.

Creative thinking :

Creative thinking is indeed a vital life skill that can enhance problem-solving, innovation, and adaptability in various situations. It involves generating new ideas, making connections between seemingly unrelated concepts, and approaching challenges from different perspectives. Cultivating creative thinking can help individuals navigate through uncertainties and come up with unique solutions to both everyday problems and complex issues.

Effective communication :

It is again a very crucial life-skill which pertains to expression of thoughts and feelings clearly. Proper communication is important and it does not only involve communication of the content of our thought

but also effective ways of communicating them. For example, if an adolescent has to refuse something (such as an offer by peers for taking drugs), he should not only be able to say 'no' but he should be able to say it assertively. Likewise, having logical sequence in expression of thoughts impresses others. Also, effective communication involves proper use of both verbal and non-verbal languages. Thus, just telling that 'I am confident' is not sufficient; telling it with a body language that oozes confidence is important.



Activity done :

The trainee facilitated a crative thinking activity where students were asked to draw pictures, showcasing their creativity. The students enthusiastically participated, impressing the trainee with their robust thinking skills.





Feedback:

The student responded positively to the activity, expressing their enjoyment and appreciation for the chance to demonstrate their creativity through drawing.

Name : Arul

Age : 19

School Name : PNCHSS

Feed back :-

Class was very useful and gain more knowledge about life skill

Name : A. Daniel Raj good

Name :- M. Kathiravel : good

Conclusion :

The World Health Organization's (WHO) focus on skills for students underscores the critical role of education in promoting holistic development and well-being. By emphasizing skills such as critical thinking, problem-solving, communication, and empathy, WHO recognizes the importance of equipping students with the tools they need to navigate an increasingly complex world. By integrating these skills into educational frameworks, WHO aims to empower students to thrive academically, socially, and emotionally, ultimately preparing them to contribute positively to their communities and society at large. Therefore, WHO's emphasis on skills for students serves as a vital reminder of the transformative power of education in shaping the future of individuals and societies worldwide.

"Thank you for making this opportunity".



Declaration form

THIS IS TO DECLARE THAT MS/MR M. KAMALI

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF XII AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

Signature of
HEADMASTER
தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
கோச்சடை, மதுரை-14

Declaration form

THIS IS TO DECLARE THAT MS/MR M. KAMALI

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF XII AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/02/2024

Signature of

HEADMASTER

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
ஆயுதப்படைகுடியிருப்பு, ம[illegible]

LIFE SKILLS

SUBMITTED TO

Dr. S. JOYCE JEYARANI 1/10/24

Verified
B. Harini

SUBMITTED BY

B. HARINI
23MSWSCD02

LIFE SKILLS

SYNOPSIS :

- Introduction
- Location
- Time schedule
- Programme
- Feedback analysis
- Conclusion

INTRODUCTION :

The trainee had an opportunity to educated the students about life skills.This program conducted in the school of Pandian Neduchezhian corporation Higher sceondary school for the 8th std students.There are 20 students participants in this program.The main objective of this program to educate life skills among the students.

LOCATION :

Income tax Rd ,near,

87,PT Rajan Rd,

Chokkikulam, Madurai-2.

TIME SCHEDULE :

2:30 The trainee reached the Pandian Neduchezhian corporation Higher Secondary School.

3:00 The Trainee started the program for 8th std students.

3:45 The tarinee get feedback from the students.

4:00 The Trainee left the school

PROGRAMME:

The ten core life skills laid down by the WHO are:

Self-awareness: Includes recognition of self, our character, our strengths and weaknesses, desires and dislikes. Creating self-awareness can help adolescents recognize when they are under stress or feel pressured. Self-awareness is often a prerequisite to effective communication and interpersonal relations, as well as for developing empathy with others. We all have different attributes / qualities.

Empathy: To have a successful relationship with our loved ones and society at large, it is important that we, during our adolescent years, learn to understand and care about other peoples' needs, desires and feelings. Empathy is the ability to imagine what life is like for another person, even in a situation that we may not be familiar with. Without empathy, the communication that adolescents have with others will not amount to a two-way process. When an adolescent is able to understand themselves, they will be better prepared to communicate and at the same time, they will be able to elicit support from others, and win their understanding. Empathy can help adolescents to understand and accept others who may be very different from them. This can improve their social interactions; not just in peer group interactions in classroom settings but also later in life, in situations of ethnic or cultural diversity.

Interpersonal relationship skills help the adolescents relate in positive ways with people they interact with in their everyday lives. This may entail being able to make and keep friendly relationships (which can be of great importance to our mental and social well-being); maintaining good relations with family members (which are an

important source of social support) and also being able to end relationships constructively.

Effective communication means helping the adolescents express themselves, both verbally and non-verbally, in ways that are appropriate to cultures and situations. This means being able to express opinions, desires, needs and fears and also includes the ability of being able to ask for advice and help in a time of need.

Decision making is a skill that can help an adolescent deal constructively with decisions about their lives. This can have positive consequences for the health of young people when they actively make decisions about their own health practices by assessing different options and the effects of different decisions. Young adults can learn to assess the different options available to them, and consider what effects these different decisions are likely to have.

Problem solving enables us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental-stress and give rise to accompanying physical strain. It helps in empowering the adolescent to look at a problem objectively vis-à-vis the different options for solutions and would help them come to a solution after weighing the pros and cons of the different options available.

Critical thinking is an ability to analyze information and experiences in an objective manner. Critical thinking can contribute by helping the adolescent to recognize and assess the factors that influence attitudes and behaviour, such as values, peer pressureand the media.

Creative thinking is a novel way of seeing or doing things that is characteristicof four components – fluency (generating new ideas), flexibility (shifting perspective easily), originality (conceiving of something new), and elaboration (building on other

ideas). Creative Thinking contributes to both decision-making and problem-solving by enabling us to explore the available alternatives and various consequences of our actions or non-action. It helps us to look beyond our direct experience and even if no problem is identified, or no decision is to be made, creative-thinking can help us to respond adaptively and with flexibility to the situations of our daily lives.

Coping with Stress as a life skill means recognizing the sources of stress in their lives, recognizing how this affects them, and acting in ways that help them control their levels of stress; learning positive coping styles and replacing passive with active coping mechanisms - this may include changing their environment or lifestyle, and learning how to relax.

Coping with Emotions includes recognizing emotions within themselves and others, being aware of how emotions influence behaviour, and being able to respond to emotions appropriately. It includes skills for increasing internal locus of control for managing emotions, anger and stress. An important aspect of this skill is learning to manage intense emotions like anger or sadness that can have negative effects on our health if we do not respond appropriately.

Life skills are skills we need to deal effectively with the challenges in everyday life, at school or work place or in personal lives. Life skills is a term used to describe aset of skills acquired through learning and/or direct life experience that are used to help individuals and groups effectively handle problems and questions commonly encounteredin their daily life, in practice, many skills are used simultaneously. Life skills are not something new they are a set of basic skills that enable us to effectively manage the challenges and questions we face in our daily lives.







ok

Photos need captions

EDBACK ANALYSIS :

The Trainee get a lot of good feedback from the students.The students learned something w on that day.

ONCLUSION:

The trainee had a different experience through conducting life skills among students.This as helpful for all students who participates in the program.It is very useful for this program.

SUBMITTED TO

DR.S.JOYCE JEYARANI

SUBMITTED BY

B.HARINI

TIVITIES DONE :-



by

Syed Sirajdeen

FEEDBACK :-

Name : S. Sanjiv

Std : VIII

Sec : B

School name : P. N. C. H. S. S

Age : 13

This teacher is very very talent teacher very very talent

) nice

my opinion

full class

k.

ision

5. problem solving – your friend was in a promblem you will solve it

Declaration form

THIS IS TO DECLARE THAT MS/MR B. HARINI

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME

FOR THE STANDARD OF VIII AT Pandiyan Neduncheliyan Corporation Hr. Sec School

ON THE DATE OF 12.02.2024

16/02/2024

Signature of

HEADMASTER

தலைமையாசிரியர்
பாண்டியன் நெடுஞ்செழியன்
மாநகராட்சி மேல்நிலைப்பள்ளி
அபிராமபுரம், சென்னை-18.

NAME: T. RAKESH

REG.NO: 23MSWSCD03

COURSE: LIFE SKILL EDUCATION

TITLE: LIFE SKILL TRAINING TO ADOLESCENTS

d/23/3/24

Need original certificate

32/5

Verified by
T. Rakesh

Introduction :-

The trainee went to C.S.I High school and conduct life skill program. The trainee had interact with the 9th - A section students about the life skills and activities also conducted for the students.

Time schedule :-

* 10.00AM : The trainee had reached the school.
* 10.30AM : The trainee had orientation about the life skills.
* 12.00pm : The trainee had interact with students and conducted the activities.
* 12.30pm : The trainee had collect the feedback for the student about life skills.
* 1.00pm : The Trainee had left the school.

Location :

* C.S.I High school, Melur,
* Madurai,
* Tamilnadu - 625106.

ABOUT PROGRAMME!

Date :

Day :

place : Melwi

Duration : 2.00 hours

No. of participation : 30

Age groups : 16 - 18

Self awarness :

Understanding one's own emotions, thoughts, strengths, weakness, values and motivations. It involves introspection and self - reflection to gain insight into oneself.

Empathy :

The ability to understand and share the feelings, perspectives and experiences of others. Empathy involves putting oneself in someone else's shoes and seeing the world from their point of view.

Interpersonal Relationship :

Building and maintainning postive and healthy connections with others. It involves effective

Communication, active, listening, empathy, trust and respect.

Decision making:

The process of choosing between alternatives or options based on careful evaluation of information, consequences and priorities. Effective decision making requires critical thinking, problem solving skills and consideration of values and goals.

problem solving ability:

The capacity to identify, analyze and resolve problems or challenges effectively. It involves creativity, critical thinking and the ability to generate and evaluate potential solutions.

coping with emotions:

Managing and regulating one's own emotions in healthy and constructive ways. This includes recognizing and acknowledging emotions, expressing them appropriately, and developing coping strategies to deal with stressors.

ping with stress :-

Developing strategies and techniques to manage and reduce stress effectively. This may involve relaxation techiques, time management, setting boundaries, Seeking support and practicing self-care.

Critical thinking :-

The ability to analyze, evaluate and interpret information or situations objectives and logically. critical thinkers are able to identify assumptions, recognize biases, and make reasoned judgments based on evidence and reasoning.

Creative thinking :-

The capacity to generate new ideas, approaches or solutions to problems. It involves thinking outside the box, challenging assumptions and embracing innovation and experimentation.

Effective communication :- Expressing oneself clearly, assertively and empathically, while also listening actively and attentively to others. Effective communication fosters understanding, connection and mutual respect in interpersonal interactions.

conclusion :

Finally the programme for life skills completed successfully and effectively. The trainee thought that, the major reward for their programme was, " it was renamed or effective programme for students ".

நல்லப்பலக்கங்களை செய்வேன் என் நன்பர்களை
நல்ல நல்ல பய்யானன் இருக்க வைப்பேன்
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நல்ல அருதை செல்லுவேன்
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எங்களுக்கு செல்லிக்குருந்த அன்னையும் ரேம்ப நன்றி

இப்படிக்கி : வி. சக்தி லேல்

யாரையிம் நான் கொடுமை படுத்த மாட்டேன் நான் போதை பலக்கத்தை

நான்பனை செய்ய விடமாட்டேன் அவர்களுக்கு நல்ல பலக்கத்தை

கற்று குடுப்பேன் அவர்கள் கேட்ட பலக்கத்தை மாற்றுவேன்

இப்ப வந்து சொல்லி குடுத்த ராஜெஸ் அன்னனும்

ஹரி அன்னனும் எனக்கு நல்ல பலக்கத்தை

கற்று குடுத்தங்க எங்களுக்கு Game சொல்லி

குடுத்தங்கு வரைய சொல்லி குடுத்தங்க

அதனல் நான் ஒருக்கமாக இருப்பேன்

எனக்கு இப்பத்தன் என் யோசிக்கை வந்தது

நான் நாய் சிந்தித்து பார்க்கிரேன்

நா இனிமே நால்ல செயல்கள் செய்வே இப்படிக்கு

நண்பனுக்கு கேடுதல் செய்ய

மாட்டேன் நண்பனுக்கு ஆருதன் படுத்துவேன்

ராஜெஸ் அன்னனுக்கும் ஹரி அன்னனுக்கும்

நன்றி தெரிவித்து கோல்கிரேன் இப்படிக்கி

கா. நிதிஷ்

Declaration form

THIS IS TO DECLARE THAT MS/MR T. Rakesh

HAS SUCCESSFULLY CONDUCTED THE Life Skill Program

FOR THE STANDARD OF 9th-A AT CSI High School (Melur)

ON THE DATE OF 16/02/2024 (10.30 AM to 1.00pm)

16/2/24

Signature of Teacher

HEADMASTER
J.A.C.S.I. HIGH SCHOOL
MELUR - 625 106.
MADURAI DT.

Sheet No .....

A. Kelvin

N. MUNISWARAN

S. HARI SUNDHARVARSAN

T. RAKESH

These four students of your esteemed Institution come to our school on 16.02.2024 and share valuable thoughts and guidance to our school students. They give enthusiasm and encouragement to our school children. Well done.

16.02.24.

HEADMASTER
J.A.C.S.I. HIGH SCHOOL
MELUR - 625 106.
MADURAI DT.

26

MADURAI INSTITUTE OF SOCIAL SCIENCES

Reaccredited with "B+" Grade by NAAC

Run by Capt. DVR Foundation for HRD

An autonomous college & research centre,

Affiliated to Madurai Kamaraj University

No,9 Alagar kovil road, Madurai 625002

For Verified by
S. Varshini

4L/5

Submitted to:

Dr.S.JOYCE JEYARANI

Submitted by:

K.Vimala

23MSWSCD04

LIFE SKILLS

SYNOPSIS :

1. Introduction
2. Location
3. Time schedule
4. Programme
5. Feedback analysis
6. Conclusion

INTRODUCTION :

on 14 February 2024, the trainee conducted the life skill program training to 11-th standard G section (history group) students in kakkai padiniyar corporation girls higher secondary school . 25 students participated in the training program. life skill is very crucial in everyone life. life skill helps the people to lead their life as successful. Every people meet challenges in everyday life. life skill helps the people to how to tackle these challenges. life skill can be best understood as the abilities for positive and adaptive behaviour, which enables individuals to deal effectively with day to day needs and challenges. adolescence is the period in human growth and development that's our after childhood and before adulthood. from age 10 to 19. It represents one of the critical transition in the life span and is marked by tremendous pace of physical and psychological human development.

LOCATION:

Besant Rd.

Chinna Chokikulam.

Madurai.

Tamil Nadu 625002

TIME SHEDULE:

At 3.50pm: The trainee reached the kakkai padiniyar corporation Girls Higher sec school.

At 3.55pm: The trainee interacted with the principal about the life skill training.

At 4.35pm: The trainee done a refreshment activities for students relaxation through this activity, the trainee renews their spirit.

At 4.40pm: The trainee collected the feedback from the students.

At 5.25pm: The trainee got a signature from the principal for acknowledgment.

PROGRAMME:

The ten core life skills laid down by the WHO are:

Self-awareness:Includes recognition of self, our character, our strengths and weaknesses, desires and dislikes. Creating self-awareness can help adolescents recognize when they are under stress or feel pressured. Self-awareness is often a prerequisite to effective communication and interpersonal relations, as well as for

developing empathy with others. We all have different attributes / qualities.

Empathy to have a successful relationship with our loved ones and society at large, it is important that we, during our adolescent years, learn to understand and care about other peoples' needs, desires and feelings. Empathy is the ability to imagine what life is like for another person, even in a situation that we may not be familiar with. Without empathy, the communication that adolescents have with others will not amount to a two-way process. When an adolescent is able to understand themselves, they will be better prepared to communicate and at the same time, they will be able to elicit support from others, and win their understanding. Empathy can help adolescents to understand and accept others who may be very different from them. This can improve their social interactions; not just in peer group interactions in classroom settings but also later in life, in situations of ethnic or cultural diversity.

Interpersonal relationship skills help the adolescents relate in positive ways with people they interact with in their everyday lives. This may entail being able to make and keep friendly relationships (which can be of great importance to our mental and social well-being); maintaining good relations with family members (which are an important source of social support) and also being able to end relationships constructively.

Effective communication means helping the adolescents express themselves, both verbally and non-verbally, in ways that are appropriate to cultures and situations. This means being able to express opinions, desires, needs and fears and also includes the ability of being able to ask for advice and help in a time of need. **Decision making** is a skill that can help an adolescent deal constructively with decisions about their lives. This can have positive consequences for the health of

young people when they actively make decisions about their own health practices by assessing different options and the effects of different decisions. Young adults can learn to assess the different options available to them, and consider what effects these different decisions are likely to have.

Problem solving enables us to deal constructively with problems in our lives. Significant problems that are left unresolved can cause mental-stress and give rise to accompanying physical strain. It helps in empowering the adolescent to look at a problem objectively vis-à-vis the different options for solutions and would help them come to a solution after weighing the pros and cons of the different options available.

Critical thinking is an ability to analyze information and experiences in an objective manner. Critical thinking can contribute by helping the adolescent to recognize and assess the factors that influence attitudes and behavior such as values. peer pressure and the media.

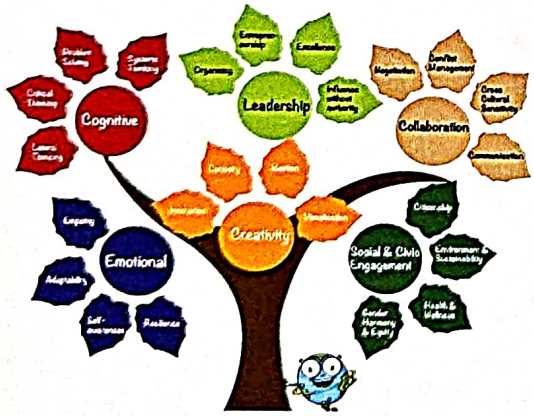
Creative thinking is a novel way of seeing or doing things that is characteristic of four components – fluency (generating new ideas), flexibility (shifting perspective easily). originality (conceiving of something new), and elaboration (building on other ideas). Creative Thinking contributes to both decision-making and problem-solving by enabling us to explore the available alternatives and various consequences of our actions or non-action. It helps us to look beyond our direct experience and even if no problem is identified, or no decision is to be made, creative-thinking can help us to respond adaptively and with flexibility to the situations of our daily lives.

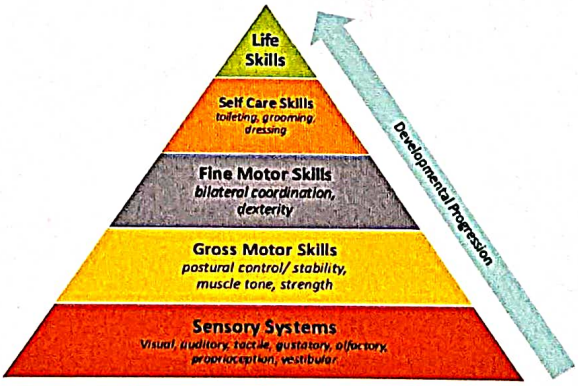
Coping with Stress as a life skill means recognizing the sources of stress in their lives. recognizing how this affects them, and acting in ways that help them control

their levels of stress; learning positive coping styles and replacing passive with active coping mechanisms - this may include changing their environment or lifestyle, and learning how to relax.

Coping with Emotions includes recognizing emotions within themselves and others, being aware of how emotions influence behavior and being able to respond to emotions appropriately. It includes skills for increasing internal locus of control for managing emotions, anger and stress. An important aspect of this skill is learning to manage intense emotions like anger or sadness that can have negative effects on our health if we do not respond appropriately.

Life skills are skills we need to deal effectively with the challenges in everyday life, at school or work place or in personal lives. Life skills is a term used to describe a set of skills acquired through learning and/or direct life experience that are used to help individuals and groups effectively handle problems and questions commonly encounteredin their daily life, in practice, many skills are used simultaneously. Life skills are not something new they are a set of basic skills that enable us to effectively manage the challenges and questions we face in our daily lives.





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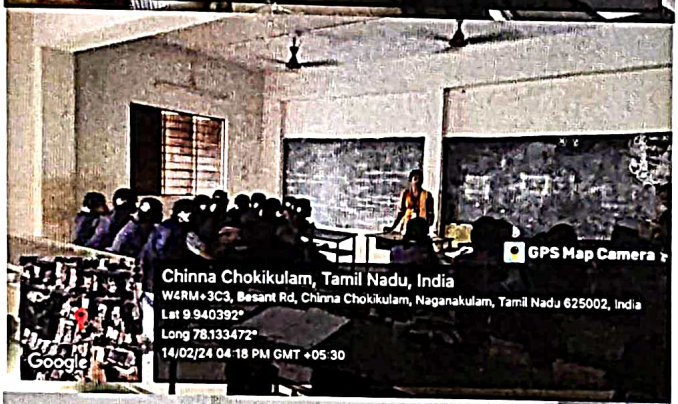
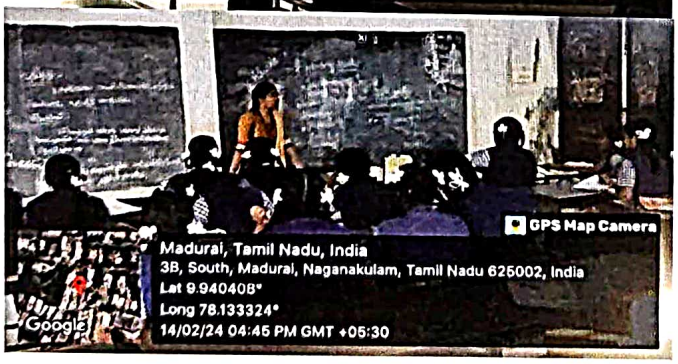




Photos need caption.

FEEDBACK ANALYSIS :

The Trainee get a lot of good feedback from the students. The students learned something new on that day.

CONCLUSION:

Life skills enables the adolescents to live a happy and successful life. Providing life skills education helps to build the foundation for learning skills of individuals. A proper and relevant life skills education is needed for every youth to effectively adjust and participate in society.

Submitted to:

Dr.S.JOYCE JEYARANI

submitted by:

K.VIMALA

FEEDBACK SESSION

Declaration form

THIS IS TO DECLARE THAT MS/MR K. VIMALA

HAS SUCCESSFULLY CONDUCTED THE Life Skill programme

FOR THE STANDARD OF XI AT Kakkai padiniyar corporation sc/.

ON THE DATE OF 14/02/2024

14/2/24

Sign தலைமை ஆசிரியர்

காக்கைப் பாடினியார் மாநகராட்சி மே.நி.பள்ளி

மதுரை.

27

LIFE SKILLS FOR SOCIAL WORK PRACTICE

ASSIGNMENT

LIFE SKILL TRAINING TO ADOLESCENTS

SUBMITTED BY

Name : M. Arjun

Reg. NO : 23MSWSCD05

Class : I MSW

SUBMITTED TO 22/3/24

Dr. S. Joyce Jeyarani,

Assistant Professor,

Department of Social Work.

certificate ?

32/5

copied ?

verified for

E. Lulu.

LIFE SKILL TRAINING TO ADOLESCENTS

Introduction:

- On 21st February 2024, I was conducted the life skill program to VII, VIII and IX standard students in MADURAI CORPURATION MIDDLE SCHOOL 28 students participated in this program.
- Life skill programs aim to develop young people abilities and motivations to make use of all types of information. The approaches should be interactive, using role plays, games puzzles, group discussions, and a variety of other teaching techniques to keep the participant wholly involved in the session.
- Life skills are abilities for adaptive and positive behavior that enable humans to deal effectively with the demands and challenges of life. This concept is also termed as psychosocial competency. The subject varies greatly depending on social norms and community expectations but skills that function for well-being and aid individuals to develop into active and productive members of their communities are considered as life skills.

Time schedule:

- 3.00pm, I reached the Madurai Corporation Middle School.
- 3.05 pm, I told the life skill session to the Head Master.
- 3.10pm, I interacted with the student for life skill program.
- 4.00pm, I collected the feedback from the student.
- 4.10pm, I got a signature from the HM.

Location:

MADURAI CORPURATION MIDDLE SCHOOL,
Madurai, Tamil Nadu- 625-002.

About program:

- I interacted with student for life skill program.
- I raised the question of life skills to the students.
- Suddenly students are telling some skills. Ex (eating, sleeping, playing, running, etc).
- Then I told that is also a one of the skills, but I explaining proper skills.
- I was explaining 7 life skills.
- Focus and Self-Control
- Perspective-Taking
- Communication
- Making Connections
- Critical Thinking
- Taking on Challenges
- Self-Directed, Engaged Learning

Focus and Self-Control:

Children thrive on schedules, habits, and routines, which not only create a feeling of security, but also help children learn self-control and focus. Talk with your child about what to expect each day. Organize your home so your child knows where to put shoes, coats, and personal belongings. We live in a noisy, distraction-filled world, so quiet activities like reading a book, enjoying sensory activities, or completing a puzzle together can help your child slow down and increase focus.

Perspective-Taking:

Thinking about another's point of view doesn't come naturally to most children, but it can be developed. Discuss characters' feelings and motivations in the books you read, e.g., "I wonder why the cat and the pig wouldn't help the little red hen." Make observations about how others are feeling, e.g., "Alex was really sad that he didn't get a turn. I wonder what we can do to make him feel better."

Communication:

Children need high-touch personal interactions every day to build healthy social-emotional skills, including the ability to understand and communicate with others. While the pace at which they develop these skills may vary, children need to learn how to "read" social cues and listen carefully. They must consider what they want to communicate and the most effective way to share it. Just talking with an interested adult can help build these skills. Spend time every day listening and responding to your child without distractions.

Making Connections:

True learning, says Galinsky, occurs when we can see connections and patterns between seemingly disparate things. The more connections we make, the more sense and meaning we make of the world. Young children begin to see connections and patterns as they sort basic household items like toys and socks. Simple acts, such as choosing clothing appropriate for the weather, helps them build connections. Point out more abstract connections in life, or in stories you read, e.g., "This book reminds me of when we picked sea shells at the beach."

Critical Thinking:

We live in a complex world in which adults are required to analyze information and make decisions about myriad things every day. One of the best ways to build critical thinking is through rich, open-ended play. Make sure your child has time each day to play alone or with friends. This play might include taking on roles (pretending to be fire fighters or super heroes), building structures, playing board games, or playing outside physical games, such as tag or hide-and-go-seek. Through play, children formulate hypotheses, take risks, try out their ideas, make mistakes, and find solutions—all essential elements in building critical thinking.

Taking on Challenges:

One of the most important traits we can develop in life is that of resilience - being able to take on challenges, bounce back from failure, and keep trying. Children learn to take on challenges when we create an environment with the right amount of structure-not so much as to be limiting, but enough to make them feel safe. Encourage your child to try new things and allow reasonable risk, such as climbing a tree or riding a bike. Offer a new challenge when she seems ready, e.g., "I think you're ready to learn to tie your shoes. Let's give it a try." Focus more on effort than achievement, e.g., "Learning to tie your shoes was really hard, but you kept trying. Well done."

Self-Directed, Engaged Learning:

A child who loves learning becomes an adult who is rarely bored in life. To encourage a love of learning, try to limit television and encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home. encourage plenty of reading, play, and open-ended exploration. Model curiosity and enthusiasm for learning in your own life by visiting the library together, keeping craft supplies, making games available, and allowing for some messes at home.

About activity:

- I explained the life skills in a way that the students could understand.
- I was done by the activity.
- The middle school English teacher asked me to tell the students about hair cutting and I told them.

Feedback analysis:

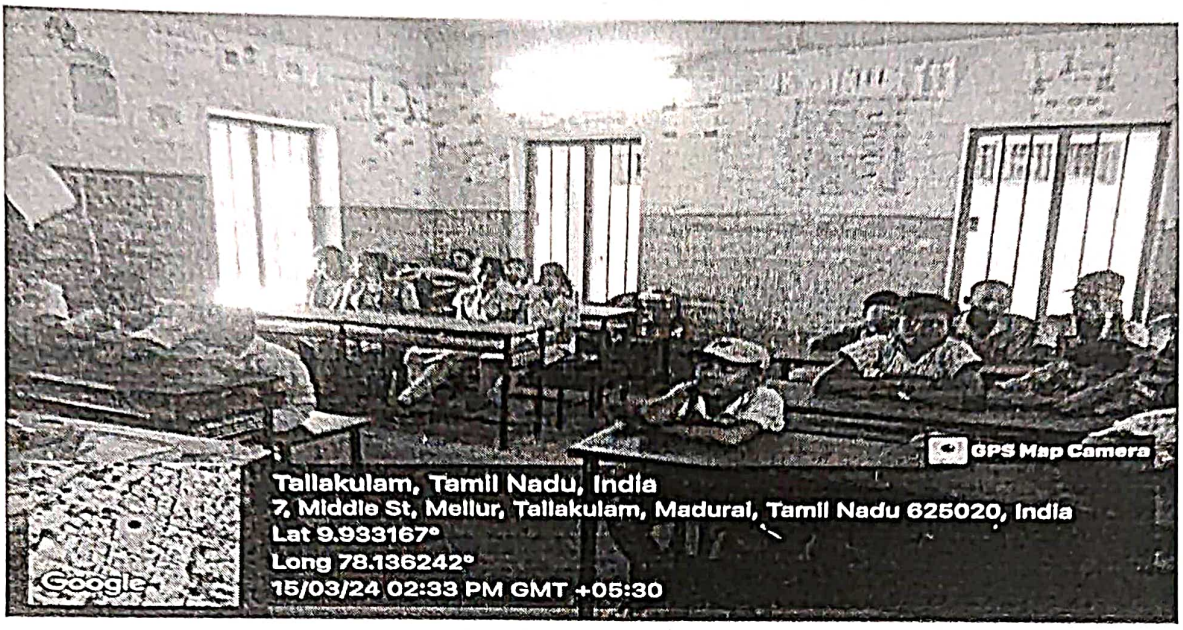
- Students express their feedback by writing on paper.

Conclusion:

- All students studying in schools should be made aware of life skills, I believe that virtue and discipline will be inculcated among the students through this.
- I am very happy to inform the students about Life Skills, such an activity gave me a new experience

Geo Tag Documentation

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MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundations for HRD

Autonomous College and Research Centre Affiliated to Madurai Kamaraj University

Re-Accredited with "B+" Grade by NAAC

No.9, AlagarKoil Road

Madurai- 625002.

LIFE SKILLS REPORT

Need certificate original.

Submitted to

Dr. S. Joyce Jeyarani

Assistant Professor

Submitted by

K.Praveen Kumar

23MSWSMP03

SI.NO	Contents	Page.No
1.	Introduction	1
2.	Location	2
3.	Time Schedule	2
4.	About programme	3-4
5.	Activities Done	5
6.	Feedback Analysis	6-7
7.	Conclusion	8

INTRODUCTION:

On 20th February 2024, The trainee conducted life skills training to 8th Standard A- Section students in SIDDHU.MAT.HR.SEC.SCHOOL. 20 to 30 students participated in this training.

Life Skills:-

➢ Life skills are the skills needed by an individual to operate effectively in society in an active and constructive way.

➢ Life–Skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life. They are abilities that facilitate the physical, mental and emotional well-being of an individual (WHO).

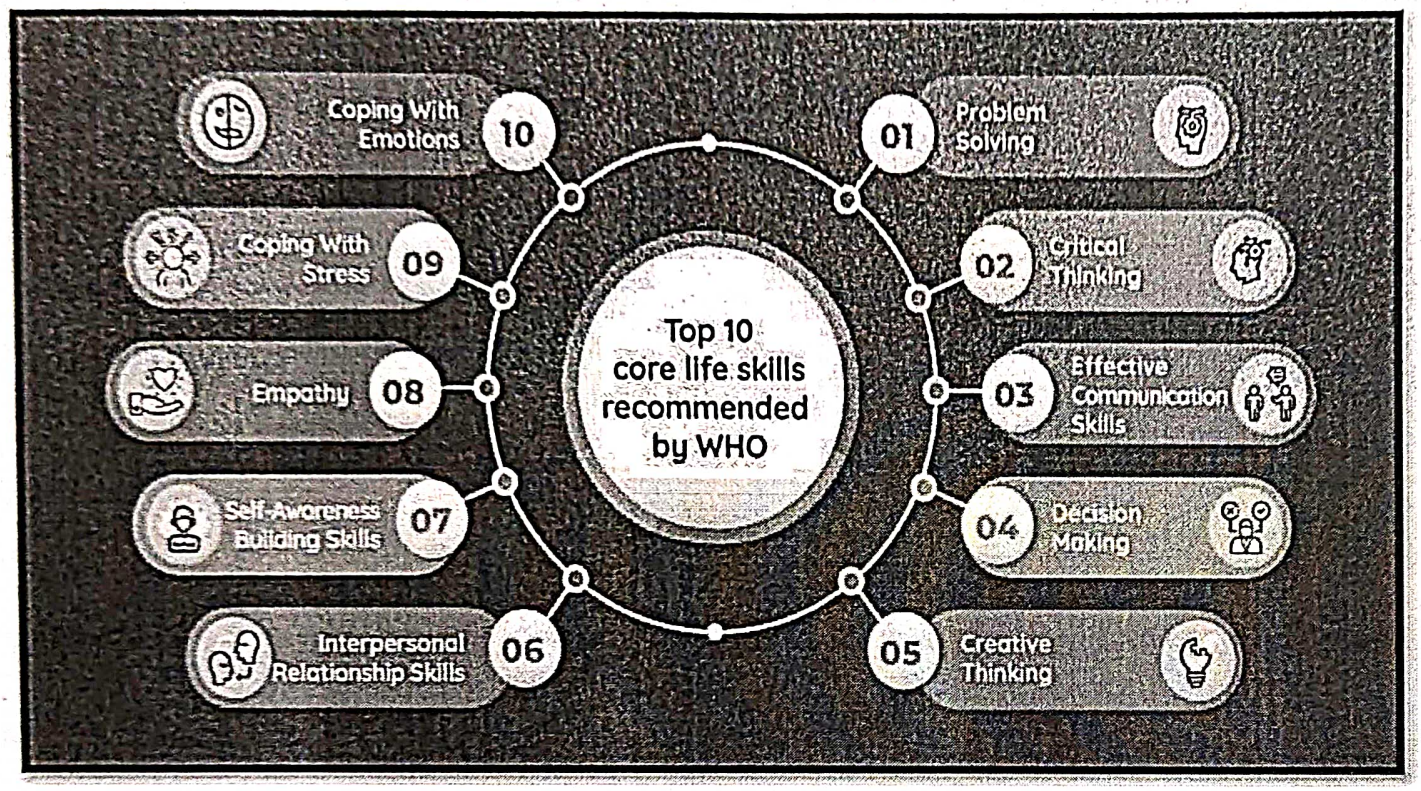
➢Adolescents face many psychological problems like conflict with parents, substance abuse, violence, risky behavior. If these are not resolved they experience role confusion, distorted thinking, irrational belief system, negative identity, low self-esteem and disinterest in activities. These affect their well-being, mental health, and adjustment. Psychosocial competence promotes health in terms of physical, social and mental well-being. Promotion of psycho social competence enhances the person's coping resources, personal and social competencies. Psychosocial competencies can be taught through life skills in schools for children and adolescents.

Location:-

SIDDHU.MAT.HR.SEC.SCHOOL
No.5, Vijayalakshmi Theatre Rd,
Moovendar Nagar, Viswanathapuram,
Madurai- 625014.

Time Schedule:-

- **At 10.00 Am, The trainee reached the Siddhu.Mat.Hr.Sec.School.**
- **At 10.30 Am The trainee interacted with the principal about the Life Skill Training.**
- **At 11.00 Am The trainee organized the students in classroom with the help of class teacher.**
- **At 11.11 to 11.45 Am The trainee gave an introduction about Life skill. The trainee conducted life skill training to the students.**
- **At 11.45 to 12.15 Pm The trainee done a activity related to life skill**
- **At 12.15 to 12.45 Pm The trainee received the feedback from students**
- **At 1.00 Pm The trainee left the Organization.**



SELF AWARENESS

Self-awareness is the ability to recognize you are separate from other people, while also assessing your own thoughts, feelings, and beliefs.

EMPATHY

Empathy is the ability to emotionally understand what other people feel, see things from their point of view, and imagine yourself in their place.

INTERPERSONAL RELATIONSHIP SKILLS

Interpersonal skills are the life skills which we use every day to communicate and interact with other people, individually and in groups. They include traits like self-confidence, critical thinking, active listening, communication skills, delegation, and leadership.

EFFECTIVE COMMUNICATION

Effective communication is the process of exchanging ideas, thoughts, opinions, knowledge, and data so that the message is received and understood with clarity and purpose.

DECISION MAKING

Decision Making show your ability to select the best possible option from the alternatives available

PROBLEM SOLVING

Problem solving is the process of identifying a problem, developing possible solution paths, and taking the appropriate course of action.

CRITICAL THINKING

Critical thinking is the intellectually disciplined process of actively and skill fully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

CREATIVE THINKING

Creative thinking includes the process of innovative problem-solving — from analyzing the facts to brainstorming to working with others. Examples of these skills include analytical skills, innovation, and collaboration.

COPING WITH STRESS

Coping usually involves adjusting to or tolerating negative events or realities while you try to keep your positive self-image and emotional equilibrium. Coping occurs in the context of life changes that are perceived to be stressful.

COPING WITH EMOTIONS

You have to understand and accept that emotions will be out there and you just have to learn to deal with them in the most efficient manner.

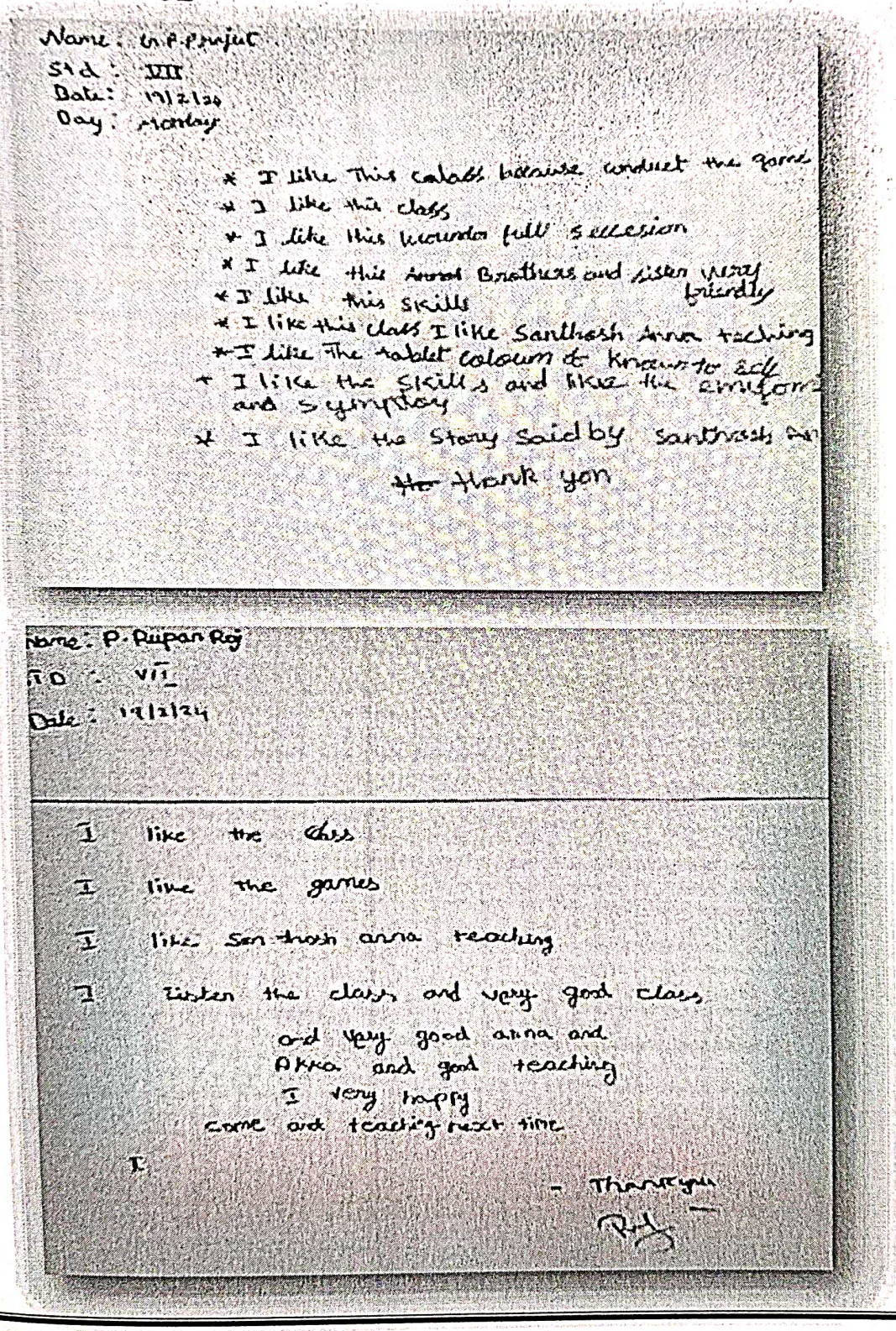
ACTIVITIES

The trainee taught the children how to solve problems by playing games. As well as interpersonal relationships and communication, students were told to play life skills.

FEEDBACK ANALYSIS

- To focus and word diligently on a task or problem.
- To help as achieve ours dreams and stay focused on what us want to accomplish.
- We focused on right now in the zone of concentrate.

FEEDBACK FOR SCHOOL



Name: G.P.Prajut
Std: VII
Date: 19/2/24
Day: Monday

* I like This calass because conduct the game
* I like this class
* I like this wounder full seccesion
* I like this ~~Anna~~ Brothers and sister very friendly
* I like this skills
* I like this class I like Santhosh Anna teching
* I like The tablet coloum of Known to ecl
* I like the skills and like the emiform and symptoy
* I like the Story said by Santhosh An

~~the~~ thank you

Name: P. Rupan Raj
STD: VII
Date: 19/2/24

I like the class

I like the games

I like Santhosh anna teaching

I Listen the class and very good class
and very good anna and
Akka and good teaching
I very happy
come and teaching next time

I

- Thankyou
Raj

Declaration form

THIS IS TO DECLARE THAT MS/MR K.PRAVEEN KUMAR

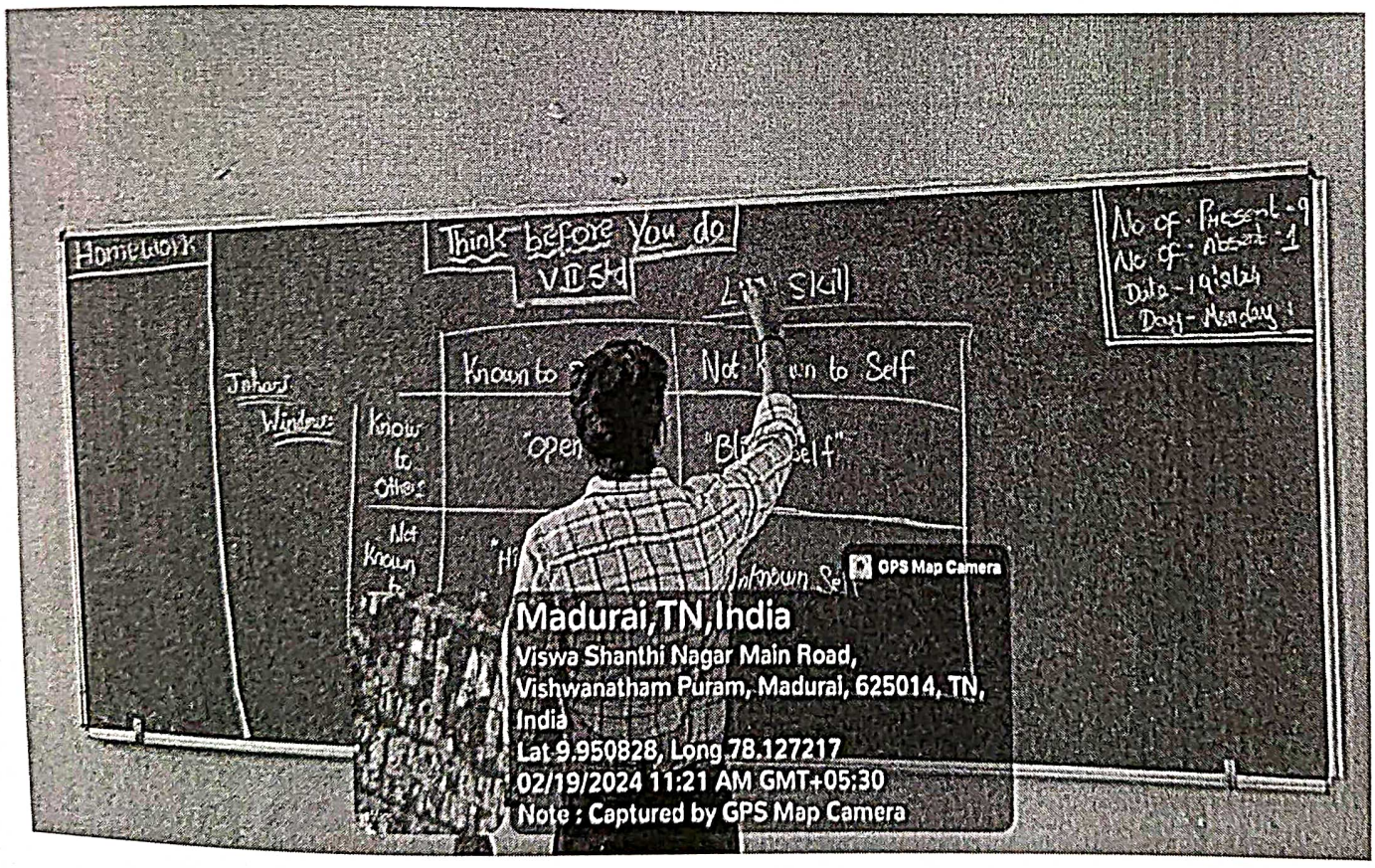
HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

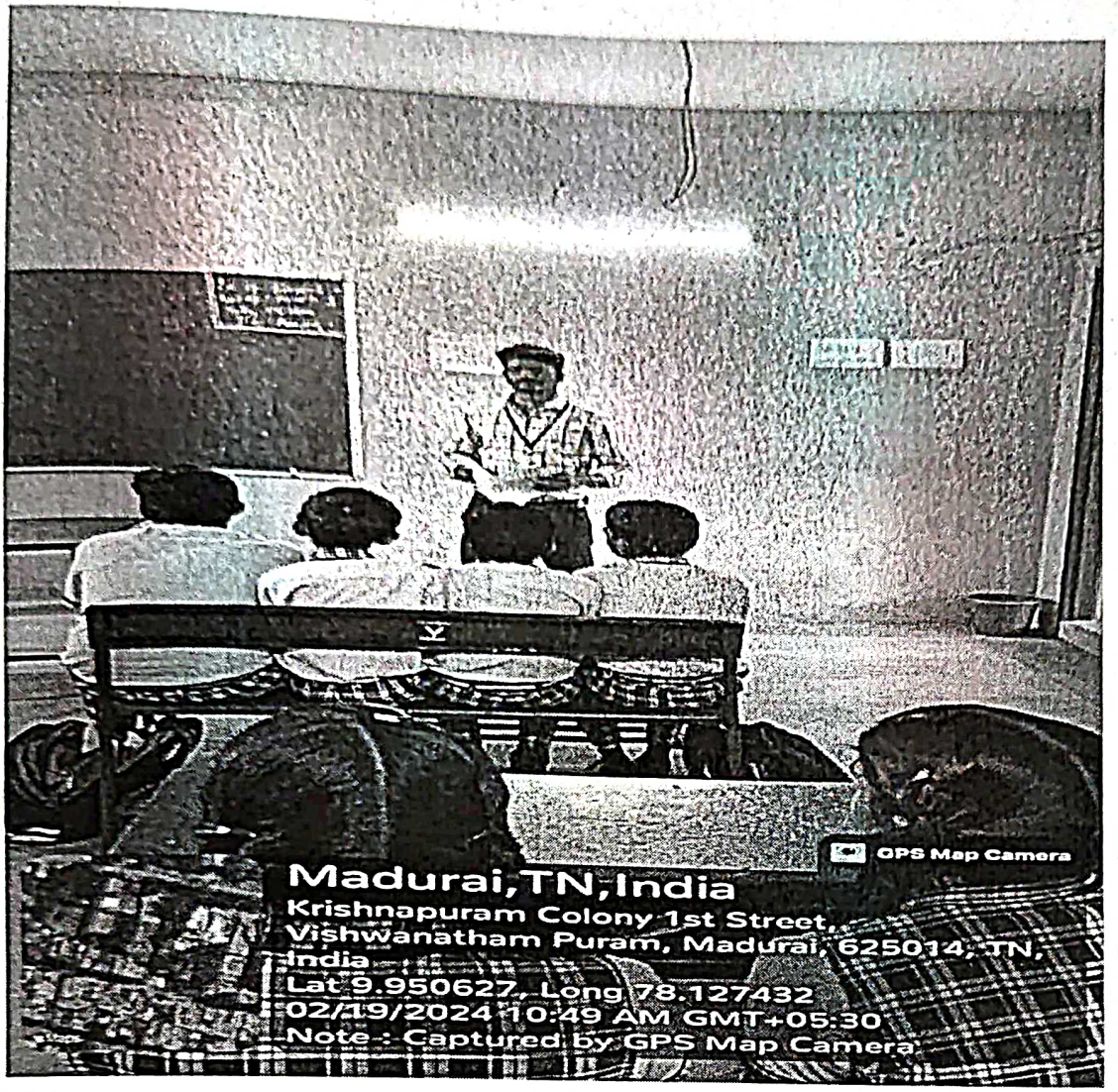
FOR THE STANDARD OF VII & VIII AT SIDDHU. MAT. HR. SEC. School

ON THE DATE OF 19.02.24

Signature of HM

GPS PHOTOS

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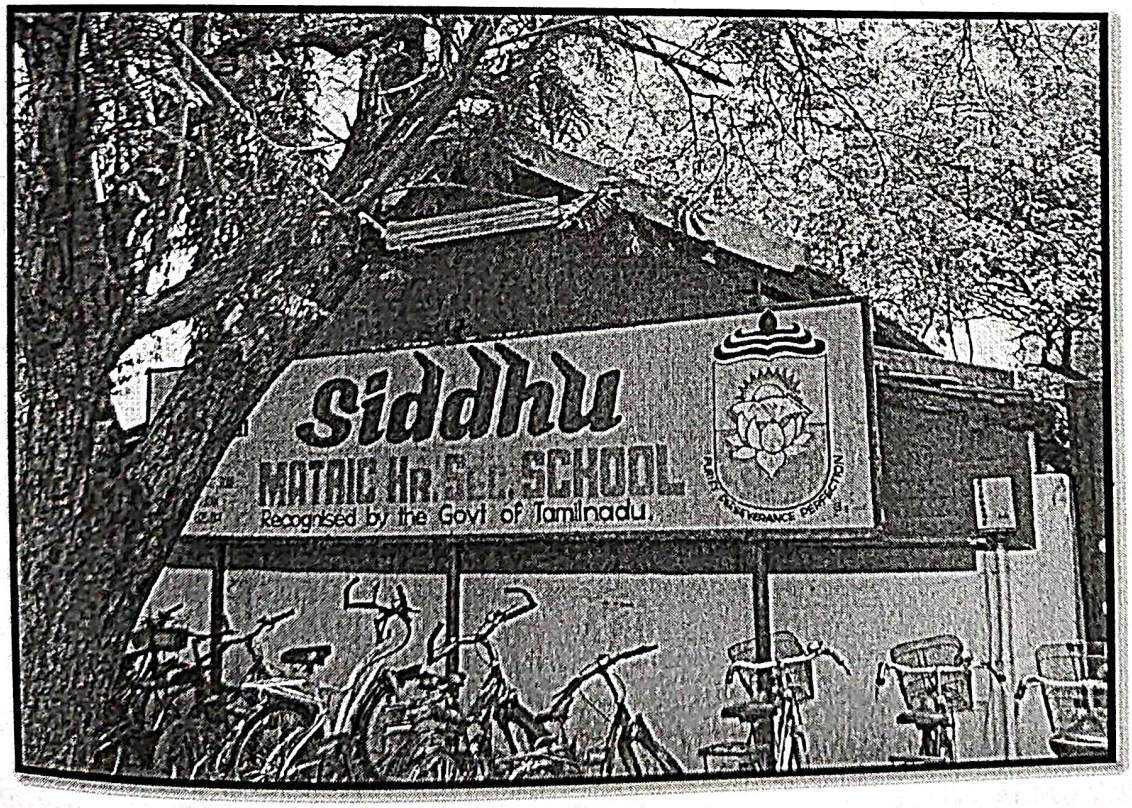

Siddhu
MATRIC HR. SEC. SCHOOL
Recognised by the Govt of Tamilnadu,

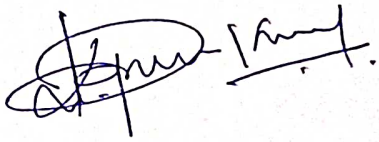
CONCLUSION

Life skills are essential personal and professional development and its helped the students lead better, happier. And their real world challenges, manage their emotions interact positively with others also explore the alternative.

Submitted by

K.Praveen Kumar

23MSWSMP03



Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR K.PRAVEEN KUMAR

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VII th & VIII th AT SIDDHU. MAT. HR. SEC. SCHOOL

ON THE DATE OF 19.02.24

Signature of

SIDDHU MATRIC. HR. SEC. SCHOOL MADURAI.

Assignment

Name : S. Harisundaravarshan

Subject : Life Skills

Roll no : 23MSWSMP05

Submitted to : Dr. S. Joyce Jeyarani

23/3/24

Asked original certificate

31/5

Verified by:
S. Hari

Location :-

C.S.I. High School, melur,
Madurai - 625106,
Tamil Nadu, India.

About Programme :-

The trainee Shared Major ten life skills to the Students, they are,-

1) Self-awareness
2) Empathy.
3) Critical thinking.
4) Decision making
5) Problem Solving
6) Interpersonal relationship
7) Creative thinking.
8) Coping with emotion.
9) Coping with Stress.
10) Effective Communication.

1) Self awareness :-

Self-awareness is the ability to monitor your emotions and reactions. it lets your know your strengths, weakness, triggers, motivators. and other characteristics. Being self-aware means taking a deeper look at your emotions, why you feel a certain way and how your sentiments could turn in to reactions.

2) Empathy :-

Empathy allows students to see the word from another person's perspective and develop compassion for others. it is a vital component of social emotional learning & can help students build relationships, communicate better, and resolve conflicts.

3) Critical thinking :-

It entails continuously asking questions & wanting to learn more about why, who, what, when, and where, as well as everything else that can assist them in making sense of a circumstance or notion.

Decision making :-

Learning decision making skills to make their own choices helps children be more independent, responsible, & confident. it gives them a sense of control over their lives, reducing anxiety & promoting resilience. Furthermore, it encourages self-exploration & helps them to solidify their values.

5) Problem Solving :-

It is often broadly defined as "the ability to understand the environment, identify complex problems, review related information to develop, evaluate strategies and implement solutions to build the desired outcome".

6) Interpersonal relationship :-

It means the positive relationship. This skill are used in a workshop & setting so a group of people, generally coworkers, can focus on specific, measurable goals. They are more likely to succeed in group projects, job interviews, & team environments.

7) Creative thinking :-

Creative thinking is the way of thinking that leads to the generation of valuable & original ideas. All people are capable of engaging in creative thinking & practicing 'everyday' creativity.

8) Coping with Emotion :-

Emotion - focused coping involves manging your Emotional response to a situation instead of trying to solve the problem itself.

9) Coping with Stress :-

* Majorly the students can have the stress on education - "So, Eat well, get enough sleep, be physically active, cut down on fast food, and take time to relax as well as working & studying.

10) Effective Communication :-

It is the process of exchanging ideas, thoughts, opinions, knowledge, and data so that the message is received & understood with clarity and purpose.

Feedback analysis :-

The feedback is gave by the students are majorly, they don't know about themselves and their emotions. And they mentioned that, our program is effective & essential for them to enhanced their life skills.

Conclusion :-

Finally, the ~~Form~~ Programme for life skills is Completed Successfully and effectively. the trainee thought that, the Major reward for this Programme was, it was ~~name~~ renamed as effective Programme for Students".

Declaration form

THIS IS TO DECLARE THAT MS/MR S. Hari Sundara Varshan.

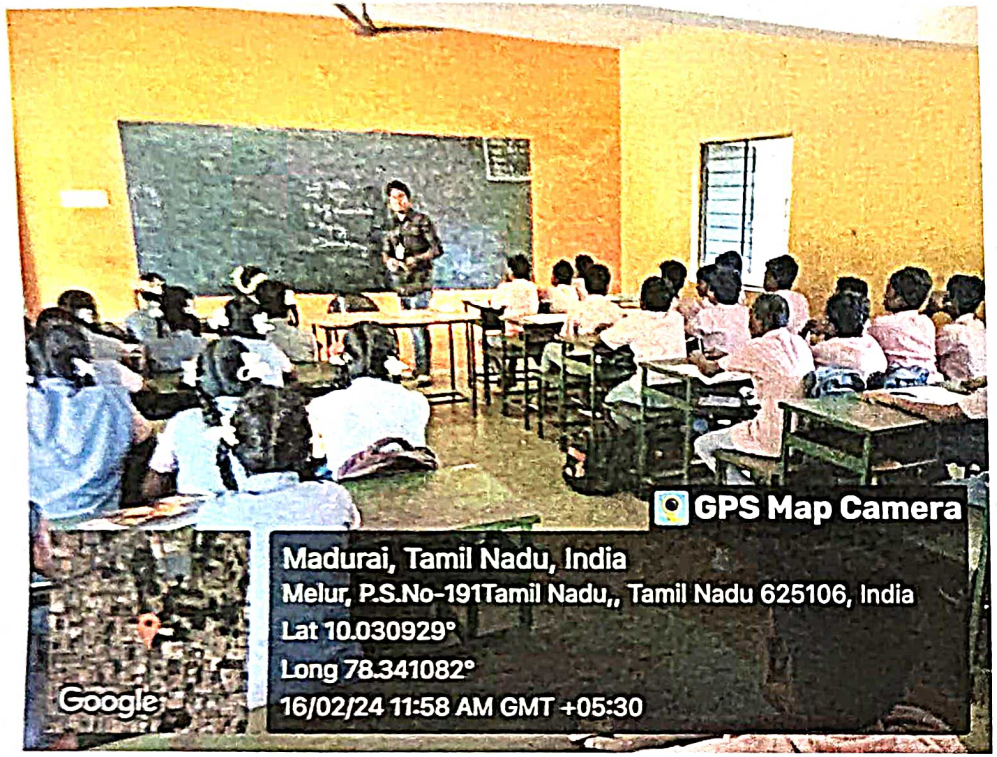
HAS SUCCESSFULLY CONDUCTED THE Life Skills Program

FOR THE STANDARD OF 9th B AT CSI HIGH School (Melur).

ON THE DATE OF 16/02/2024 (10:30 to 1:00Pm).

16/2/24

HEADMASTER
J.A. C.S.I. HIGH SCHOOL
MELUR - 625 106.
MADURAI Dt.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Sheet No .....

A. Kelvin

N. MUNISWARAN

S. HARI SUNDHARUNRSAN

T. RANESH

These four students of your esteemed Institution come to our school on 16.02.2024 and share valuable thoughts and guidance to our school students. They give enthusiasm and encouragement to our school children. Well done.

16.02.24.

HEADMASTER
J.A.C.S.I. HIGH SCHOOL
MELUR - 625 106.
MADURAI DT.

1. யாரையும் துன்புறுத்த கூடாது.
2. யாரையும் நேரை இல்லாமல் வம்பு செய்ய கூடாது.
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6. பெரியவர்களை மதிப்பேன்.
7. அம்மா அப்பா சொல்படி நடப்பேன்.
8. ஆசிரியர்கள் சொல்படி நடப்பேன்.
9. எந்த கெட்ட வார்த்தைகளையும் பேசமாட்டேன்.
10. நண்பனை எந்த கெட்வார்த்தை பேசிடாமல் தடுப்பேன்.
11. எந்த கெட்ட பழக்கங்களை பழகமாட்டேன்.

இப்படிக்கு உங்கள்

* ஆசிரியர்களை மதிப்பேன். கொடுப்பேன்
* நான் படித்த பெற்றோர்க மற்றும் ஆசிரியர்கள் பெறுமை தேசி
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ளுக்கு நன்றி...

இப்படிக்கு - K. ரத்தினவேல்

* யாருக்கும் தீமை செய்யமாட்டேன்.

* நண்பனை அடிக்க மாட்டேன்.

* யாரையும் கொடுமை படுத்த மாட்டேன்.

* பெரிய முடிவு எடுத்தால் பெற்றோரிடம் ஆலோசனை கேட்பேன்.

* சிறிய முடிவுகளை நானே முடிவு செய்வேன்.

* யாரிடமும் சண்டை போட மாட்டேன்.

* நான் நல்ல பலக்கங்களை கற்று கொள்வேன்.

* தப்பான வாழிக்கு போகின்ற நன்பனை தப்பான வழியிலிருந்து காப்பாற்றுவேன்.

* நான் படித்து டாக்டர் ஆவேன்.

* நல்ல பலக்கங்களை படிகிவேன்.

* நான் இந்த கெட்ட பழங்கங்களை தொட மாட்டேன்.

* சன்னை போல் நான் நன்பனை கெட்ட பழக்கத்திற்கு அடிமையாக மாட்டோம்

* பெரிய வர்களை மதிப்பேன்.

30

ASSIGNMENT ON

LIFE SKILL FOR SOCIAL WORKERS

SUBMITTED BY : S.VARSHA (23MSWSHR01)

SUBMITTED TO : DY. S. JOYCE JEYARANI

SUBMISSION ON: 16.02.23

Good 5/5 23/2/24

verified by
varsha.s

SYNOPSIS:

- Introduction
- Location
- Inauguration
- About program
- Activities conducted by the trainee
- Feedback analysis
- Conclusion

Introduction

The Trainee undertook the role of educator and educated about the Life skills laid down by WHO. The World Health Organization has defined life skills as, "the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life". Life skills are behaviours that enable individuals to adapt and deal effectively with the demands and challenges of life.

Categories of Life Skills:

'WHO' has categorized most important 10 life skills under three broad categories:

THINKING SKILLS: Self-awareness, Critical thinking, Problem solving, Decision making, and Creative thinking.

SOCIAL SKILLS: Effective Communication, Empathy, and Interpersonal relationships.

EMOTIONAL SKILLS: Dealing with Emotions and Coping with stress.

Location:

Elango Corporation Higher Secondary School
W4GM+CPP, Madurai - Kallal Rd,
Alwarpuram,
Madurai,
Tamil Nadu 625020

Inauguration:

In a classroom, Elango School's AHM, Mr. Ramasamy, and Tamil class teacher, Mr. Karthik, inaugurated the life skills program. By introducing the trainee to the children and explaining our purpose for being here, Mr. Ramasamy helped to organize the event. The AHM also gave the students instructions on appropriate behaviour and how to answer questions from the trainee. Following Mr. Ramasamy's program overview, the trainee and co-trainer delivered an introduction to the pupils gathered in the classroom and discussed life skills.

By 3 p.m., the inauguration session was over.

Time stamp

2.10 pm – The Trainee reached the location, Elango school

2.20- 3.00 pm – Inauguration took place

3.00 – 4.10 pm – Life skill program

About program

As an educator, the trainee discussed what a life skill is, the 10 life skills recommended by the World Health Organization, and the necessity and significance of life skills. The program included all ten of the WHO's life skills, with a particular emphasis on self-awareness, teamwork, and leadership for the class of 7th Standard which comprised of 25 students in Elango School. The Trainee was able to organize and conduct 2 activities relating to the topic on Life skills. Special appreciation goes to the students who were enthusiastic, demonstrated a desire to learn, engaged in the trainee's activities, and behaved appropriately—all of which were crucial to the program's success.

Activities Done

The first Activity was for Self-Awareness, the trainee conducted an interactive session by following the Johari window Model. In this activity, the trainee called upon two students and let the student A assess themselves and then each other students in the classroom assess about the student A's Strengths and Weaknesses and their blind spots and how others perceive them too. The same procedure was applied to student B. The goal of this activity, each individual will learn more about themselves and will think about how others perceive them too. In addition to this, how students can work better together in a team was taught.

The second activity was known as Back-to-back Get up and main focus of the activity was to let the students supports positive relationships, increases their problem-solving skill and Team work. It also enables leadership qualities among the students.

How to play

Have partners cooperatively press their backs together and then have them try to sit down slowly, without the use of their hands. Once pairs sit down, have them try to stand back up while still pressing their backs together and moving their feet close to their bottoms. The trainee increased the size of the group working together.

Feedback Analysis

- Students learned about these concepts and about the WHO organization through this program.
- They provided excellent feedback, stating that the program was enjoyable and that the topic was interesting.
- Students praised the trainee for engaging everyone in the session.
- The gaming activity was enjoyable and engaging for pupils.
- Students were able to mention specific skills in their feedback and they remembered some skills, when requested.
- Students requested additional exercises like these.
- Some students correctly guessed the purpose of the activity, which surprised the trainee.

Conclusion

Adolescents with life skills are able to lead fulfilling lives. Educating people in life skills helps provide the groundwork for their future skill acquisition. For every young person to successfully adapt and engage in society, they must receive a proper and pertinent life skills education.

Synopsis :-

* Introduction
* Location
* Time Schedule
* Life skill programme
* Trainer feedback from student's.
* Feedback from headmaster.
* Feeback from class room
* Declaration form
* Adolescent feedback.

PHOTO GALLERY






LIFE SKILL


MADURAI INSTITUTE OF SOCIAL SCIENCES
INNAIGRATION
LIFE SKI
GPS Map Camera
Madurai, Tamil Nadu, India
W4GM+8XG, Mathichiyam, Shenoy Nagar, Madurai, Tamil Nadu 625020, India
Lat 9.925621°
Long 78.134674°
09/02/24 02:59 PM GMT +05:30
Google

FEEDBACKS:

வர்ஷா அக்கா நீங்கள் நடத்துனது
ரொம்ப நல்ல இருந்துச்சு அக்கா
* Self [illegible]
* Team [illegible] ரொம்ப நல்ல
* leadership இருந்துச்சு அக்கா
வர்ஷா [illegible]

என் பெயர்!
I முக்கமது இஸ்காக் அராஃபத்
VARSHA [illegible]
அக்கா நீங்கள்
எடுத்த டாபிக் நன்று
நீங்கள் நன்றாக
பாடம் நடத்து ரேங்கள்
அக்கா....
★★★★★★★

வர்ஷா அக்க நீங்க நல்லாத்தான் நடத்துனீக. ஆனை எனைய சக்காம வலாட்டிங்க அடுத்து நீங்க திருப்பவும் வந்தா நல்லாயிருக்கும் நீங்க நடத்துனது பிடித்து
Thanks you

வர்ஷா நீங்கள் வந்தது சந்தோசம் நீங்கள் வந்ததால் புது நட்பு கிடைத்தது இருந்த நீங்கள் Class எடுத்தது நன்று
Thanky
by K. Thangar. Pandi

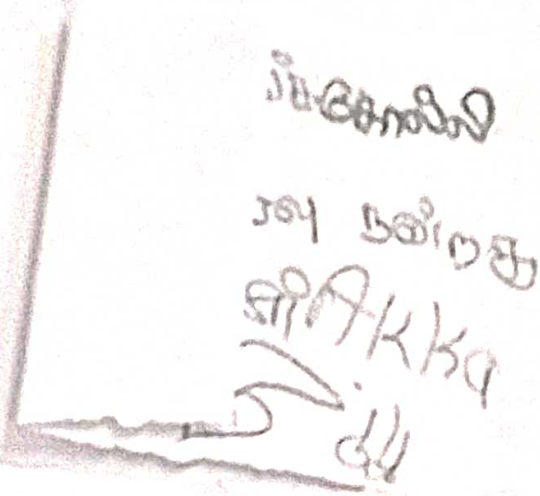
திரிஷ்ணி

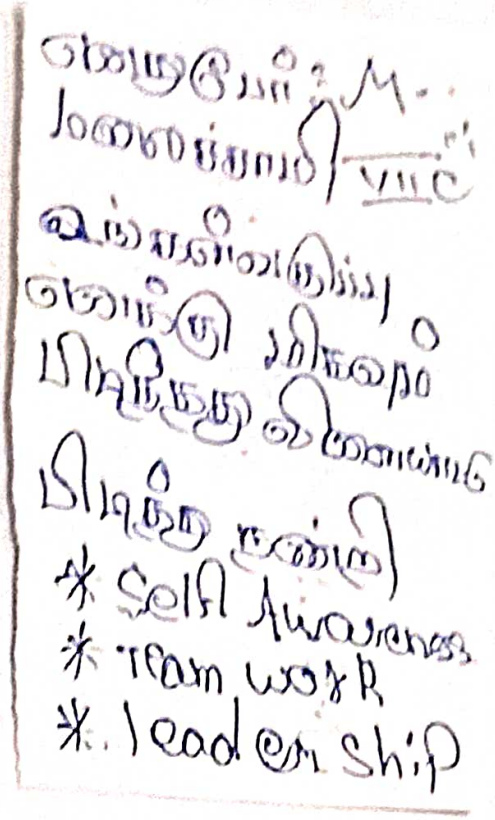
ல்லிருடுத்தது நல்ல

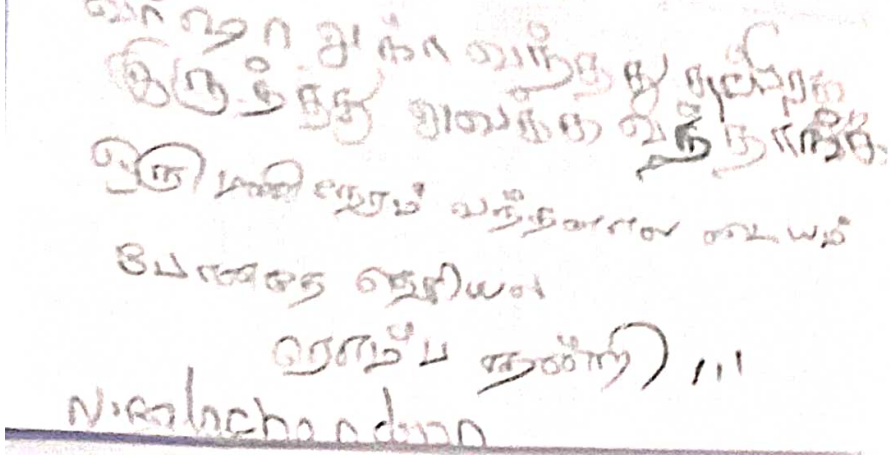
வர்ஷா

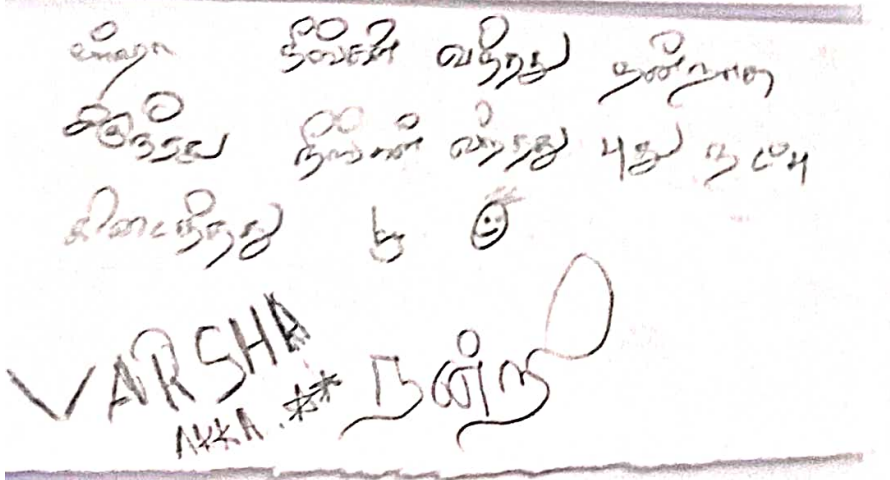
வர்ஷா அக்கா நீங்கள் வகுப்பில் வருவது மிகவும் இனிமையாக உள்ளது.

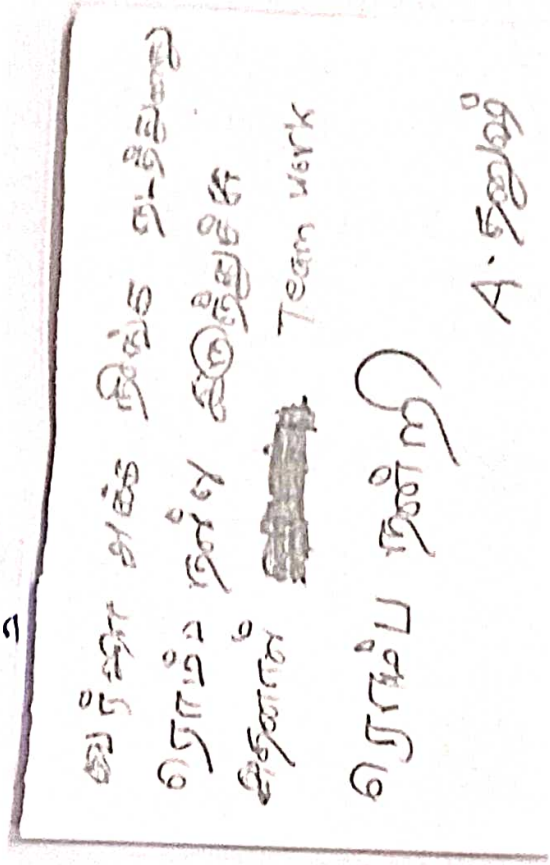
ஜ. தென்னவன்.

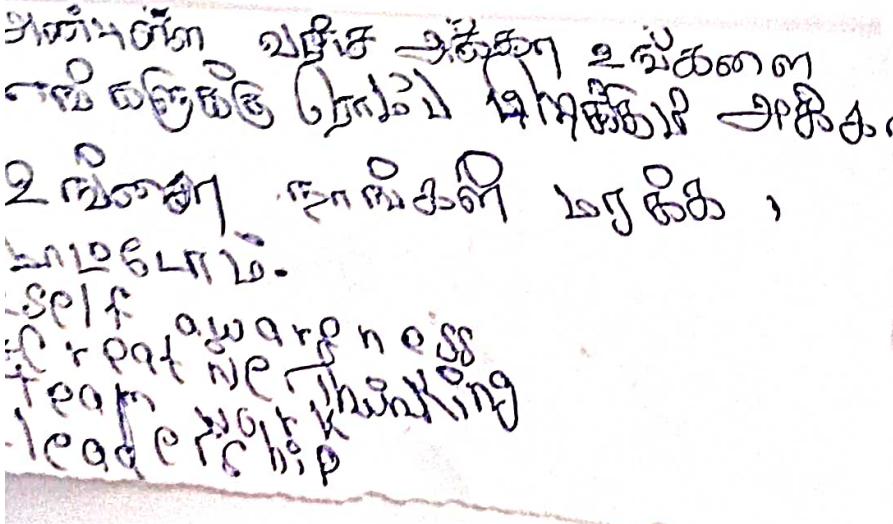



* Self Awareness
* Team work
* leadership






Team work



Declaration form

THIS IS TO DECLARE THAT MS/~~MR~~ S. VARSHA

HAS SUCCESSFULLY CONDUCTED THE Life Skill Program

FOR THE STANDARD OF "7" "A" AT Hall - 2 Elango School.

ON THE DATE OF 09.02.2024

Signature of
HEADMASTER
ELANGO CORPORATION HR. SEC. SCHOOL
MADURAI-625020

(31)

Life Skill Assignment



by

N. MUNIS IxARAN
23MSWSHR02

Synopsis :-

* Introduction
* Location
* Time Schedule
* Life skill programme
* Trainer feedback from student's.
* Feedback from headmaster.
* Feeback from class mam
* Declaration from
* Adolescent feedback.

Introduction :-

Life Skills as defined by the World health Organization [WHO] in enables individuals to effectively navigate the challenges of everyday life. And my rich master's degree One of my master degree project is to educate adolescence children life skill. This opportunity given by Dr. S. joyce Assistant Professor in Madurai Institute of Social Science. Department of Master of Social work. First I think how to contact the progress, how to manage the student's. But my thoughts can like to plan this student's contributed and they given different experiences.

Location :-

CSI, High. School, Melur

Melur, P.S. NO-191 Tamil Nadu.

Madurai, Melur.

Time Schedule :-

10. 30 A.M :- Reached the organisation [CSI, School Melur]

10. 42 A.M :- Trainer teached the student What's is life skill?

10. 57 A.M :- Trainer shared the small story to the student.

11. 20 A.M :- Trainer started session types of life skill.

12. 10 P.M :- Trainer again shared the one selected story.

12. 30 P.M :- Feedback session

1. 00 P.M :- Collected feedback from Headmaster's and teacher's.

Life skill program :-

The WHO's ten listen life skills were the program's main focus. The trainer began the class by explaining to the students what is life skills are and how to develop them. Next, using examples, the trainee began to go over each of the ten essential life skills.

UNICEF, UNESCO, and WHO have listen the ten core life skills strategies and techniques. They are,

Self-awareness :- The recognition of self, our character, our strength and weakness, desires and dislikes. And creating self-awareness can help adolescent remember when they are under stress or feel pressured.

Empathy :- Empathy is the ability to imagine what life is like for another person, even in a situation that we may not be familiar without empathy, the communication that adolescents have with others will not amount to a way two may process. that's teach the student's

Interpersonal relationship skills :-
It helps the adolescent relate in positive ways with people they interact with in their everyday lives. This may entail being able to make and keep friendly relationship maintain good relation with family member :-

Decision making :- The skill that can help the young adults can learn to assess the different options available to them, and consider that effects these different decision are likely to have.

Problem Solving :- When I teach the student's life is two - way process One side happy and another One's problem. But every One like's only happiness that's a present moment. But problem is impedent of life every failure's needs with finding the solution in problem methodology. Accepted the problem. acquiring knowledge from fa Problem.

Critical Thinking :- Critical Thinking is nothing But when I DO my job's or other activity with Structure formation. But suddenly you face the problem in One that time innovative process and Critical Thinking important in that time.

Creative Thinking :- I gave some examples from student's every schools use check piece. But they have en-number of check-piece units. But every check-piece produced the Dust. But Lately DOMS-Introduced Dustless check-piece that's a Creative Thinking.

Coping Stress :- I shared my Own sentence to the student's. "NO One care about Our mental health, And suddenly the person turn into anger fumbration, and the opposite people judge your One are bad person. And people will judge you. everyone have stress But how to managed the stress that's a matter. Distract your mindset etc....

Trainee feedback learned from student's :-

All student's lesson very carefully study because I start the session One interesting story. And every student written the same need in feedback paper again One more time to visit my again teach One more session. And I am totally immersing this is my first time to educate the adolescent.

Trainee feedback On conclusion :-

First Dr. S. joyce mam told this type of project everyone anger with mam. And I am also. After completed the project One of the best moment I had today my mind. I am really thank my mam Dr. S. joyce mam. me and my Boys project connected to mini loan. thank you mam again meet On another project.

Sheet No .....

A. Kelvin

N. MUNIESWARAN

S. HARI SUNDHARUNARSAN

T. RANESH

These four students of your esteemed Institution come to our school on 16.02.2024 and share valuable thoughts and guidance to our school students. They give enthusiasm and encouragement to our school children. Well done.

16.02.24.

HEADMASTER
J.A.C.S.I. HIGH SCHOOL
MELUR - 625 106.
MADURAI Dt.

Sheet No .....

இன்று அறிவியல் கல்லூரி மாணவர்கள் இன்று எங்கள் பள்ளிக்கு வந்து 8ம் வகுப்பு மாணவர்களுக்கு Life Skill பற்றி வானியல் பற்றி பாடம் நடத்தப்பட்டு மாணவர்களுக்கு நல்ல விஷயங்களை எடுத்துக் கூறினர். மாணவர்கள் இடையே நல்ல interaction இருந்தது. இது மாணவர்களுக்கு நல்ல புரிதலை கொடுத்து. சிறப்பான பணியை மேற்கொண்டனர்.

S. Suresh
SCI BT
JACS, Highschool
Melur.

Declaration form

THIS IS TO DECLARE THAT MS/MR N.MUNISWARAN.

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VIII - B AT C.S.I HIGH SCHOOL. [MELUR].

ON THE DATE OF 16/02/2024 [10.30 A.M TO 1.00 P.M].

16/2/24

Signature of
HEADMASTER
J.A. C.S.I. HIGH SCHOOL
MELUR - 625106.
MADURAI Dt.

LIFE
Skill
ACCEPTANCE
DECISION MAKING
EFFECTIVE COMMUNICATION
PROBLEM SOLVING

* Hii ஜெனிஸ்வரன் அண்ணா எங்கலுங்கு
த்த மாதரி பாடம் பேல் நடத்தினிங்கள் நிங்கள்
கள் மிது அண்பு காட்டினிங்கள் அண்ணா
ளும் உங்களை சந்திக்கா வய்பு.
டத்தல் நன்றக இருக்கும் அண்ணா நிங்கள்
கள்லுக்கண்டிலும் மதுரையில் இருந்து
துல்லிர்கள் அதர்க்கண்டிலும் நன்றி அண்ணா
ணும் நிங்கள் எங்களைப்பேல் இன்னும்
றய மனவா / மவனர்களிடம் செல்லித் தருமாறு
ாட்டுக் கெள்கின்றேன் அண்ணா மதுரை
க அறிவியல்கல்லூரி பற்றி குறினிங்கள்
ளது அதனல் எனக்கும் அக்குபடிக்கவெண்
ாறு நினைக்கின்றேன் அண்ணா நிங்கள்
ன்டும் என்கலுடைய சிலநிமிடம் மின்டும்
கலுடன் இருக்கும் மரு கேட்டுக்கேல்
ன்றேன் அண்ணா நீங்கள் கதை
ன்னிங்கள் கதை கிகவும் நன்றகவுள்ளது
ல் இருந்து நிறையக் கற்றுக் கெண்டேன்
ண்ணா ~~[illegible]~~ Life skills I Likeet அண்
Like
இப்படிக்கு
ம.யுவபரீ

அண்ணா.

நா. முனிஸ்வரன்

* நல்ல கேள்வி கொடுத்தாங்க.
* நாங்கள் புரிந்து கொண்டோம்
* கொல்லின் மற்றும் முனிஸ்வரன் நல்ல வரத்தைகளை சொல்லி கொடுத்தார்கள் * மதுரை ஒரே சுறிவியில் கல்லூரி மாணவர்கள் கிரண்டு பெயர் தெல்லின் மற்றும் நா. முனிஸ்வரன் வந்தார்கள் சுவர் சொன்ன வார்த்தைகளை புரிந்து கொண்டு நல்ல புள்ளைகளாக கிறிப்போம். * தெல்லின் மற்றும் முனிஸ்வரன் நல்ல PASS மார்க் வாங்க தாங்கள் ஆல்தபெஷ்ட் கேட்டுக்கொள்கிறோம் * நா. முனிஸ்வரன் சுவங்க சொன்ன STUDY கல் கிறிந்து தங்கள் கருத்து களை புரிந்து கொண்டோம்.

கிப்படிக்கு

[illegible] பரமக. வெங்கள்

23MSWSHR03

LIFE SKILLS TRAINING PROGRAM AT GOV HIGHER SECONDARY SCHOOL

Introduction

Introduce the life skills program designed for school students. Briefly explain the importance of equipping students with essential life skills to navigate challenges and succeed in various aspects of their lives. Introduce the importance of life skills education according to the World Health Organization's framework. Explain how life skills contribute to individuals' overall well-being and success in various life domains.

Location

Government Higher secondary school

Thirupparankundram

Time Schedule:

2.20PM- The Trainer reached the school.

2.45PM to 3.00PM- The Trainer had a discussion with the principal.

3.00PM to 3.30PM- The Trainer conduct the life skills training program for the students.

3.30PM to 3.50PM- The activity were conducted.

3.50PM to 4.10PM- The feedback session.

4.10PM to 4.35PM- The Trainer had a discussion with teachers and principal.

4.35PM- The Trainer left the school.

Aim

The aim of the program is to facilitate the development of essential life skills among school students, as defined by the World Health Organization.

It aims to empower students to lead healthy, productive, and fulfilling lives by equipping them with the necessary skills and competencies.

Objectives

Align the program's objectives with the four categories of life skills defined by the WHO: cognitive, social, emotional, and behavioral skills.

Specify learning objectives related to each category, focusing on enhancing students' abilities to think critically, communicate effectively, manage emotions, and engage in positive behaviors.

Goals

Reflect the WHO's emphasis on promoting holistic development and well-being through life skills education.

Emphasize the program's goals of fostering resilience, promoting positive social interactions, and empowering students to make healthy choices and achieve their full potential.

Methods

Describe the instructional methods and activities used to facilitate the development of life skills across the four categories.

Provide examples of how each skill area is addressed through interactive workshops, group discussions, role-playing exercises, and other experiential learning opportunities.

Highlight the integration of WHO's life skills framework into the program design and curriculum development process.

Field Experience

Detail the implementation of the program in schools, focusing on how the WHO's life skills framework was operationalized in practice.

Share insights, anecdotes, and student feedback regarding the impact of the program on their skill development and overall well-being.

Discuss any challenges encountered and lessons learned during the implementation process, particularly in aligning program activities with the WHO's life skills framework.

Out come of the program

Improved Communication Skills

Students demonstrate enhanced abilities to express themselves clearly, listen actively, and communicate effectively with peers, teachers, and other individuals.

Increased Self-Confidence

Students exhibit greater self-assurance and belief in their capabilities, leading to increased participation in class activities, presentations, and social interactions.

Enhanced Problem-Solving Abilities

Students demonstrate improved critical thinking skills and problem-solving abilities, allowing them to analyze situations, identify solutions, and make informed decisions.

Better Decision-Making Skills

Students display greater maturity and responsibility in their decision-making processes, considering the consequences of their actions and making choices aligned with their goals and values.

Strengthened Interpersonal Relationships

Students develop healthier relationships with peers, teachers, and family members, characterized by mutual respect, empathy, and effective conflict resolution.

Increased Emotional Intelligence

Students demonstrate heightened awareness and understanding of their emotions and those of others, leading to improved self-regulation, empathy, and resilience in the face of challenges.

Positive Behavioral Changes

Students exhibit positive changes in behavior, such as increased cooperation, leadership, and pro-social actions, both inside and outside the classroom.

Academic Improvement

Students show improvements in academic performance, as the acquired life skills translate into better focus, motivation, and study habits.

Empowerment and Agency

Students feel empowered to take ownership of their lives and advocate for their needs and rights, demonstrating a sense of agency and initiative in pursuing their goals.

Long-Term Impact

The program lays a foundation for lifelong learning and personal development, equipping students with skills that are essential for success in higher education, employment, and adulthood.

Conclusion

The life skills training program conducted for the 7th-grade students at Government Higher Secondary School in Thirupparankundram was a resounding success, leaving a lasting impact on participants' personal and academic development.The overall impact and effectiveness of the life skills program in equipping school students with essential competencies for success. The importance of integrating life skills education into school curricula and youth development initiatives to support

students' holistic development. Emphasize the ongoing commitment to empowering students with the knowledge, skills, and attitudes needed to thrive in school, work, and life





Declaration form

THIS IS TO DECLARE THAT MS/MR MATHIVAZHAGAN. N

HAS SUCCESSFULLY CONDUCTED THE IDEA SKILL PROGRAM

FOR THE STANDARD OF VII-B AT Thiruparankundram Main HR.SEC. School

ON THE DATE OF 13-02-2024

தலைமை ஆசிரியர்
திருப்பரங்குன்றம்
மதுரை-625 005

Declaration form

THIS IS TO DECLARE THAT MS/MR MATHIYAZHAGAN. N

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VII-B AT Thiruppavankundram Main Hr.SEC School

ON THE DATE OF 13-02-2024

தலைமை ஆசிரியர்
அரசு மேல்நிலைப்பள்ளி
திருப்பரங்குன்றம்,
மதுரை-625 005

33

Training on Life Skills to Adolescents

verified by
S. Angel Fathima

42/5

20/3/24

NAME	: S. ANGEL FATHIMA
REGISTER NUMBER	: 23MSWWSHR06
DATE	: 19.02.2024
CLASS	: I – MSW (HR)
SUBECT	: LIFE SKILLS
SUBMITTED TO	: DR. S. JOYCE JEYARANI, ASSISTANT PROFESSOR, MADURAI INSTITUTE OF SOCIAL SCIENCES

SYNOPSIS:

Introduction
Time Schedule
Location
About the programme
About the activity done
Feedback analysis
Annex
Conclusion

Introduction:

Life skills are abilities for adaptive and positive behaviour that enable individual to deal effectively with the demands and challenges of everyday life. This concept is also termed as psychosocial competency. There are many such skills, but 10 core life skills laid down by WHO are:

- Self-awareness
- Empathy
- Critical thinking
- Creative thinking
- Decision making
- Problem solving
- Effective communication
- Interpersonal relationship
- Coping with stress
- Coping with emotions

Time schedule:

- 09:00 AM - Entered into the school
- 10:00 AM - Met students in the age of 12 and 13
- 11:00 AM - Started Life Skills training
- 12:00 AM - Conducted games and activities
- 12:30 AM - Collected feedback from students
- 11:00 AM - Received feedback letter from the teacher
- 11:00 AM - Received declaration form from the Principal of the school
- 11:00 AM - Left from the school

Location:

Siddhu Matric Hr.Sec. School,
No.5, Viayalakshmi Theatre Rd,
Moovendar Nagar, Viswanathapuram,
Madurai - 625014.

About the programme:

Date : 19.02.2024

Day : Monday

Place : Siddhu Matric Hr. Sec School

Duration : 2 hours

No. of. participants : 30

Certified by : The Principal of Siddhu Matric. Hr.Sec. School.

About the activity:

At first the session was started with a self introduction and made children to introduced themselves. The life skills definition, it's importance, when it needed, why it needed were explained to the students. To keep students engaged in between the session, some games and activities were told to them.

All the life skills were mentioned and explained to them, The students attended and absorbed the training very well. Life skills education was imparted through games for students to listen carefully. All the topics given below are taught to the students.

1. Self-awareness

Self-awareness is defined as "conscious knowledge of one's own character, feelings, motives, and desires," according to Oxford Language. Psychologists Shelley Duval and Robert Wicklund proposed this definition:

"Self-awareness is the ability to focus on yourself and how your actions, thoughts, or emotions do or don't align with your internal standards. If you're highly self-aware, you can objectively evaluate yourself, manage your emotions, align your behaviour with your values, and understand correctly how others perceive you."

Put simply, those who are highly self-aware can interpret their actions, feelings, and thoughts objectively.

Benefits of self-awareness

Strengthening self-awareness has a variety of benefits. Here are some examples of common benefits of self-awareness:

- It gives us the power to ***influence outcomes***
- It helps us to become better ***decision-makers*** It gives us more ***self-confidence***.So, as a result, we communicate with clarity and intention
- It allows us to understand things from ***multiple perspectives***
- It ***frees us*** from our ***assumptions and biases***
- It helps us build ***better relationships***
- It gives us a greater ability to ***regulate our emotion***
- It ***decreases stress***
- It makes us ***happier***

2. Empathy

Empathy is the ability to put yourself into someone else's shoes. It's to understand the feelings and situation of another person without necessarily being in that situation ourselves.

When someone is empathetic with you, you feel understood, accepted, and that your emotions are valued as well as validated.

When you are empathetic, you can visualize emotionally what the other person might be going through and you are able to provide them a space to be vulnerable without judgment.

Signs of an empathetic person

1. Being a good listener
2. People come to them for advice
3. They are trusted by many
4. They can understand emotions easily without much explanation
5. They reach out to help others

3. Critical Thinking

Critical thinking is the ability to analyze facts objectively and form a judgment. It is a form of emotional intelligence.

Ways to start thinking critically

1. Play games that require critical thinking skills
2. Ask more questions, even basic ones
3. Question your assumptions
4. Develop your technical skills so that you can identify problems more easily
5. Find ways to solve more problems (at school and at home)

6. Become aware of your mental processes
7. Think for yourself: don't adopt other people's opinions without questioning them first
8. Seek out diversity of thought
9. Start developing foresight
10. Try active listening
11. Weigh the consequences of different actions before you act
12. Seek a mentor who can help you develop these skills
13. Get professional coaching

4. Creative Thinking

Creative thinking refers to using abilities and soft skills to come up with new solutions to problems. Creative thinking skills are techniques used to look at the issue from different and creative angles, using the right tools to assess it and develop a plan.

The main benefits of Creative Thinking

- Ability to **create the best solutions** to daily demands
- Improvement on **problem-solving**
- Higher **involvement** in daily activities and engagement, which is beneficial to a healthier environment
- Focus on **self-improvement** as you and your classmates will develop more soft skills.
- More effective **teamwork and bonding**, since people grow used to bouncing off original ideas and learn each other's creative traits.

5. Problem-Solving Skills

Problem-Solving sills help to determine the source of a problem and find an effective solution.

Some key problem-solving skills include

- Active listening
- Analysis
- Research
- Creativity
- Communication
- Dependability
- Decision making
- Team-building

6. Decision-Making Skills

Decision-Making is a skill that can help an adolescent deal constructively with decisions about their lives. This positive consequences for the health of young people when they actively make decisions about their own health practices by assessing different opinions and the effects of different decisions.

Decision-Making skills help you:

- Analyze the available information
- Recognize the view point of others
- Consider consequences
- Explore alternatives
- Assess the efficacy of your choice

7.Interpersonal Skills

Interpersonal skills are the skills we use every day when we communicate and interact with other people, both individually and in groups.

Developing Interpersonal Skills

1.Identify areas for improvement

2.Focus on basic communication skills

3.Look inwards

4.Use and practise interpersonal skills in particular situations

8.Communication

Being able to communicate effectively is perhaps the most important of all life skills. It is what enables us to pass information to other people, and to understand what is said to us. Communication skills are divided broadly into Verbal and Non-Verbal communication.

Verbal Communication: Verbal Communication is all about what we say, which is an important way of getting our message across.

Non-Verbal Communication: This includes non-verbal signals, gestures, facial expression, body language, tone of voice and even apperence

9.Coping with stress

There are two parts to coping. One is being able to tolerate stress: to function reasonably well in stressful situations and get through them. The second part is recovering: getting back to normal when the stressful situation is over.

Good coping skills prevent stress from getting us down and help us thrive, even in challenging times.

How people cope

Here are the most common coping techniques identified in the American Psychological Association's 2014 *Stress in America* survey:

- listening to music
- physical activity
- reading
- meditation
- praying, going to church
- yoga
- getting a massage

10.Coping with emotions

It includes recognizing emotions within themselves and other, being aware of how emotions influence behaviour, and being able to respond to emotions appropriately. it includes skills for increasing internal focus of control for managing emotions, anger and stress.

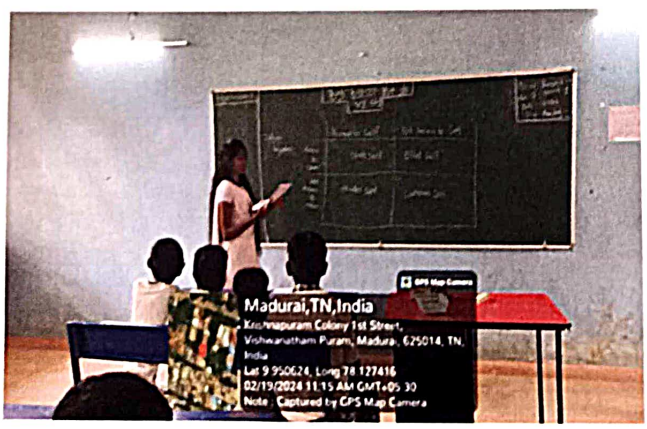
Coping techniques

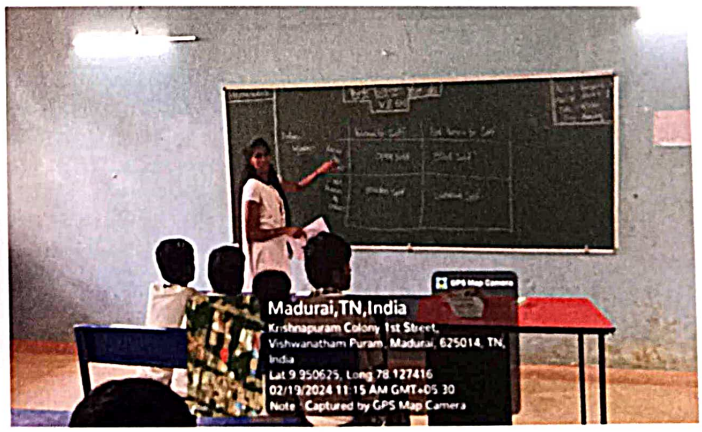
- Practice Mastering Thoughts through 'Thought Stopping'
- Learn the Art of Letting Go Give a Patient Hearing. Listen, Empathize, Discuss & Reflect
- Positive Self-Talk
- Move Away From the Virtual World and Connect More with Reality

Feedback analysis:

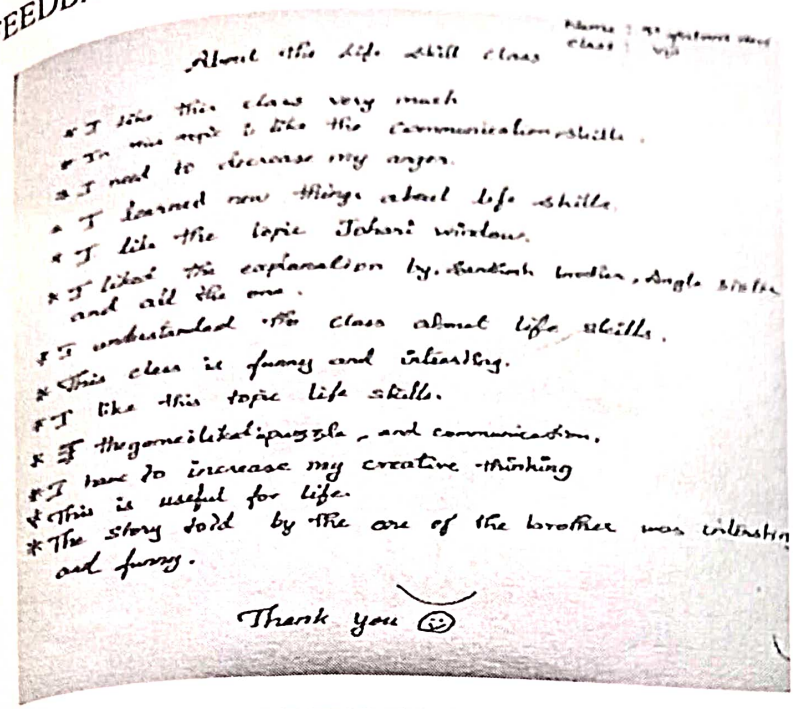
The participants learnt many new things, and also desires to learn such skills, the students enjoyed the session. They have understood everything taught clearly. Some of them have decided to obey their parents and teachers. Everyone were really happy about the program. The students given their feedback that was they would use the life skills taught in the days to come.

PICTURES





FEEDBACK FROM STUDENTS

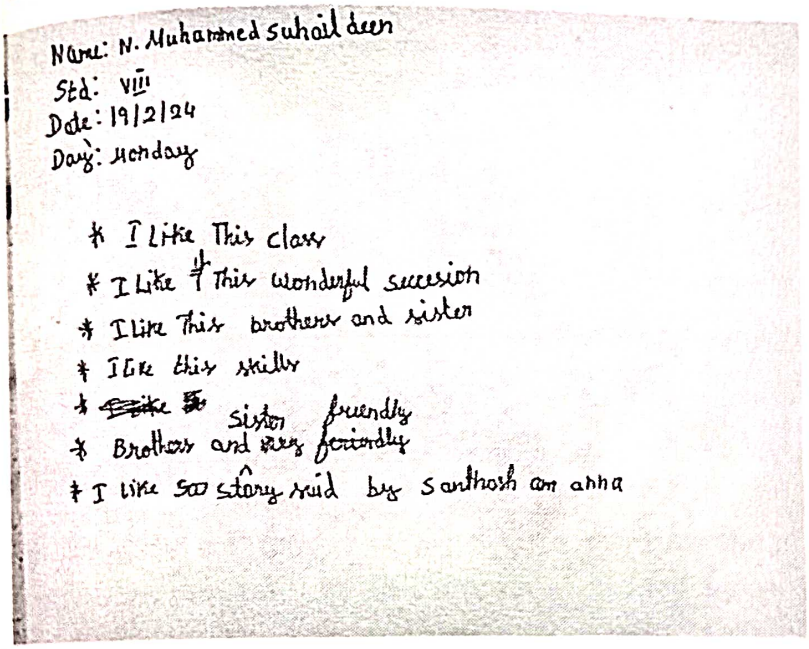


Name : [illegible]
Class : VIII

About the life skill class

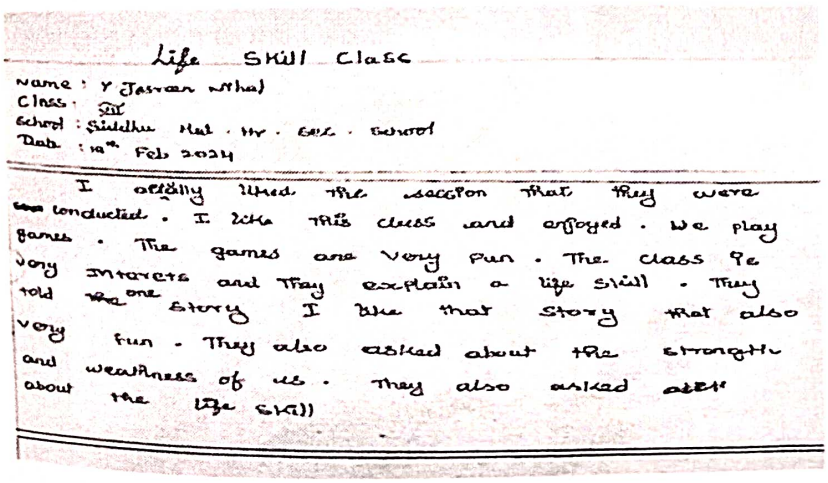
* I like this class very much
* In this topic I like the communication skills.
* I need to decrease my anger.
* I learned new things about life skills.
* I like the topic Johari window.
* I liked the explanation by Santhosh brother, Angle sister and all the one.
* I understanded the class about life skills.
* This class is funny and interesting.
* I like this topic life skills.
* I the game i liked is puzzle, and communication.
* I have to increase my creative thinking
* This is useful for life.
* The story told by the one of the brother was interesting and funny.

Thank you ☺



Name: N. Muhammed suhail deen
Std: VIII
Date: 19/2/24
Day: Monday

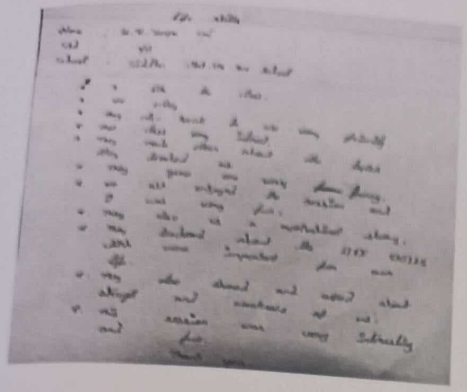
* I Like This class
* I Like ~~I~~ This wonderful succesion
* I Like This brothers and sister
* I Like this skills
* ~~I like~~ sister friendly
* Brothers and ~~very~~ friendly
* I like ~~so~~ story said by Santhosh an anna

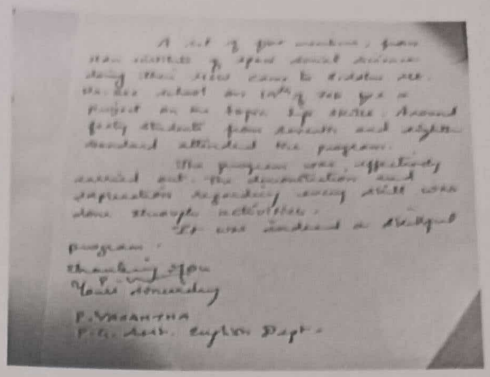


Life Skill Class

Name : Y Jasran Nihal
Class : VIII
School : Siddhu Mat. Hr. Sec. School
Date : 19th Feb 2024

I actually liked the session that they were conducted. I like this class and enjoyed. We play games. The games are very fun. The class is very interets and they explain a life skill. They told ~~the~~ one story I like that story that also very fun. They also asked about the strength and weakness of us. They also asked ~~about~~ about the life skill





Declaration form

THIS IS TO DECLARE THAT MS/MR S. ANGEL FATHIMA

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILLS PROGRAMME

FOR THE STANDARD OF VII & VIII AT SIDDHU MATRIC. HR.SEC. SCHOOL

ON THE DATE OF 19.08.2024

Signature of

SIDDHU MATRIC. HR. SEC. SCHOOL MADURAI.

CONCLUSION:

The life skills training is very useful not only to the participants, but also for the trainer. Hoping that the training program have created a goal impact among the students, on seeing their feedback. The trainer able to make rapport with the students at school. The trainer (S. Angel Fathima) want to conduct such training programs in many places in future in well trained manner. It was not only a professional learning experience but also a personal learning experience.

SUBMITTED BY

ANGEL FATHIMA S

23MSWSHR06

Declaration form

THIS IS TO DECLARE THAT MS/MR S. ANGEL FATHIMA

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILLS PROGRAMME

FOR THE STANDARD OF VII & VIII AT SIDDHU MATRIC. HR.SEC. SCHOOL

ON THE DATE OF 19.02.2024

Signature of

SIDDHU MATRIC. HR. SEC. SCHOOL MADURAI

3/4

LIFE SKILL PROGRAM

NAME	:	S.SUNDARAPANDIAN
ROLL NO	:	23MSWSHR07
PROGRAM	:	I-MSW
COURSE	:	LIFE SKILL
SUBMITTED TO	:	DR.JOYCE JAYARANI
SUBMITTED DATE	:	23.02.2024
PROGRAM CONDUCTED PLACE	:	TALLAKULAM
PROGRAM CONDUCTED DATE	:	21.02.2024

verified

SYNOPSIS

- Introduction
- Time schedule
- Location
- About the programme
- About activity
- Feedback analysis
- Conclusion

INTRODUCTION

Life skills are defined as "a group of psychosocial competencies and interpersonal skills that help people make informed decisions , solve problems, think critically, and creatively, communicate effectively, build healthy relationships, empathize with others.

Life skills are abilities for adaptive and positive behaviour that enable humans to deal effectively with the demands and challenges of life. This concept is also termed as psychosocial competency. We discussed some of the life skills such as,

- Self-awareness
- Problem solving
- Decision-making
- Creative thinking
- Interpersonal relationship skills
- Empathy
- Coping with stress skills

TIME SCHEDULE

2.5 hours

LOCATION

Madurai Corporation middle school ,

Tallakulam,

Madurai.

ABOUT PROGRAMME

Date: 21.02.2024

Day: Wednesday

Place: Tallakulam

Duration: 2.5 hours

No.of.participants: 21

Certified by: Prinicipal

Madurai Corporation Middle School.

Age group:13-14

For: school students

SELF-AWARENESS

Self awareness is the ability to recognize you are separate from other people, while also assessing your own thoughts, feelings, and beliefs. To be self-aware means you can use your senses and experiences to understand your emotions and help them to make future choices. Being self awareness means understanding your emotional responses to different situations. For eg., say you feel a pang of jealousy when a friend shares their success, instead of brushing it off, try acknowledging this feeling. Understanding this emotion can lead you to recognize insecurities you need to address.

PROBLEM SOLVING

Problem solving is a subset of seven skills can help make the process of problem-solving easier. This includes analysis, communication, emotional intelligence, resilience, creativity and teamwork. Problem solving activities are activities that help in building the capability to solve problems and overcome challenges.

DECISION MAKING

Decision making skills are all of the skills you need to make an informed, rational decision. Someone with good decision making skills at work can assess all the facts, understand the company's current state and goal state and choose the best course of action.

INTERPERSONAL SKILLS

Interpersonal skills are the behaviours and tactics a person uses to interact with others effectively. People use interpersonal skills all the time when dealing with others, whether in the workplace in social situations or within a family.

ABOUT ACTIVITY

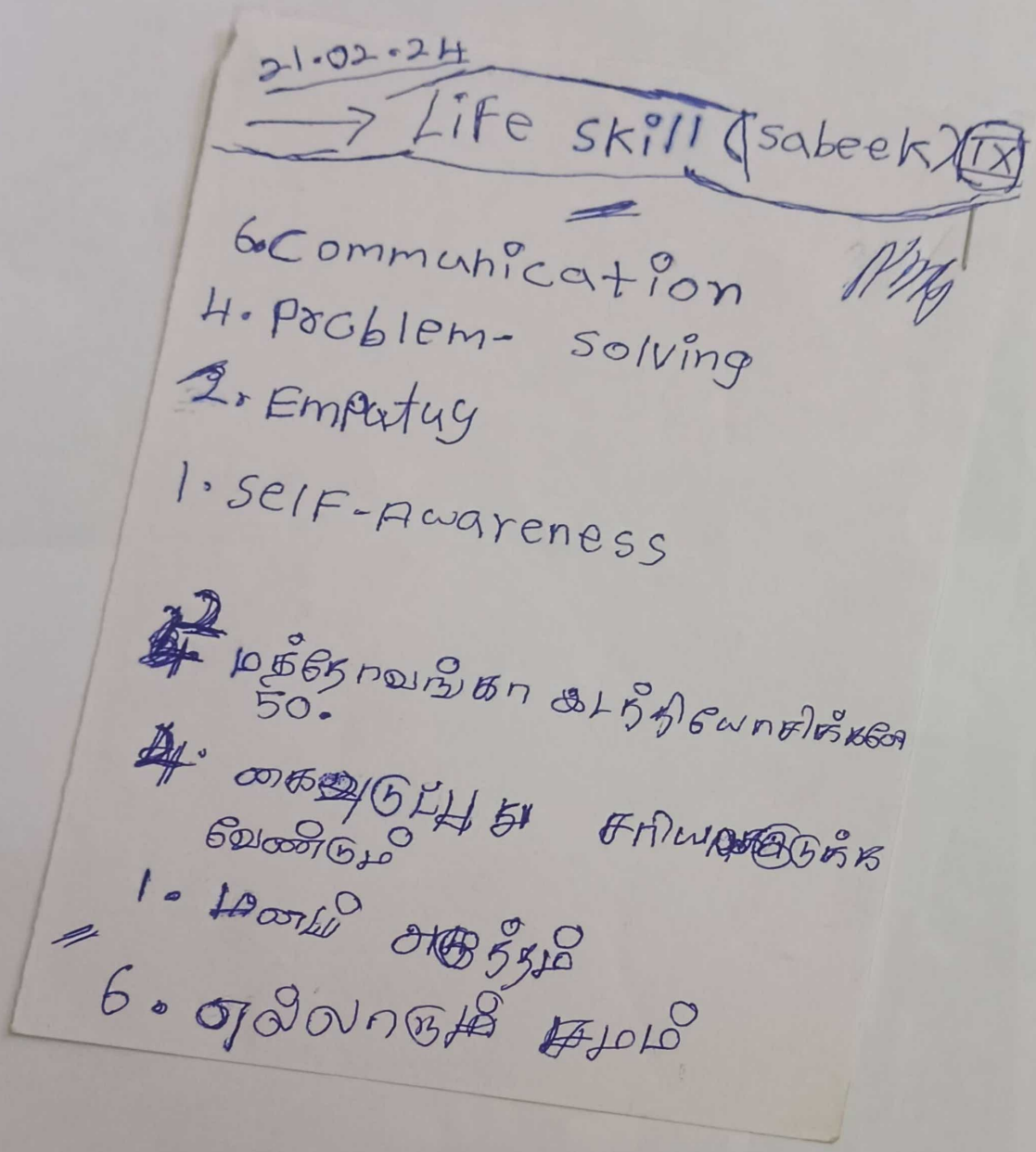
- The seminar started with a warm welcome from s.sundarapandian. Her welcoming words set the tone for an interesting day.
- We gave a detailed explanation of life skills and their importance and impacts.
- The middle school teacher asked us to give elaborate explanation about the types of life skills.

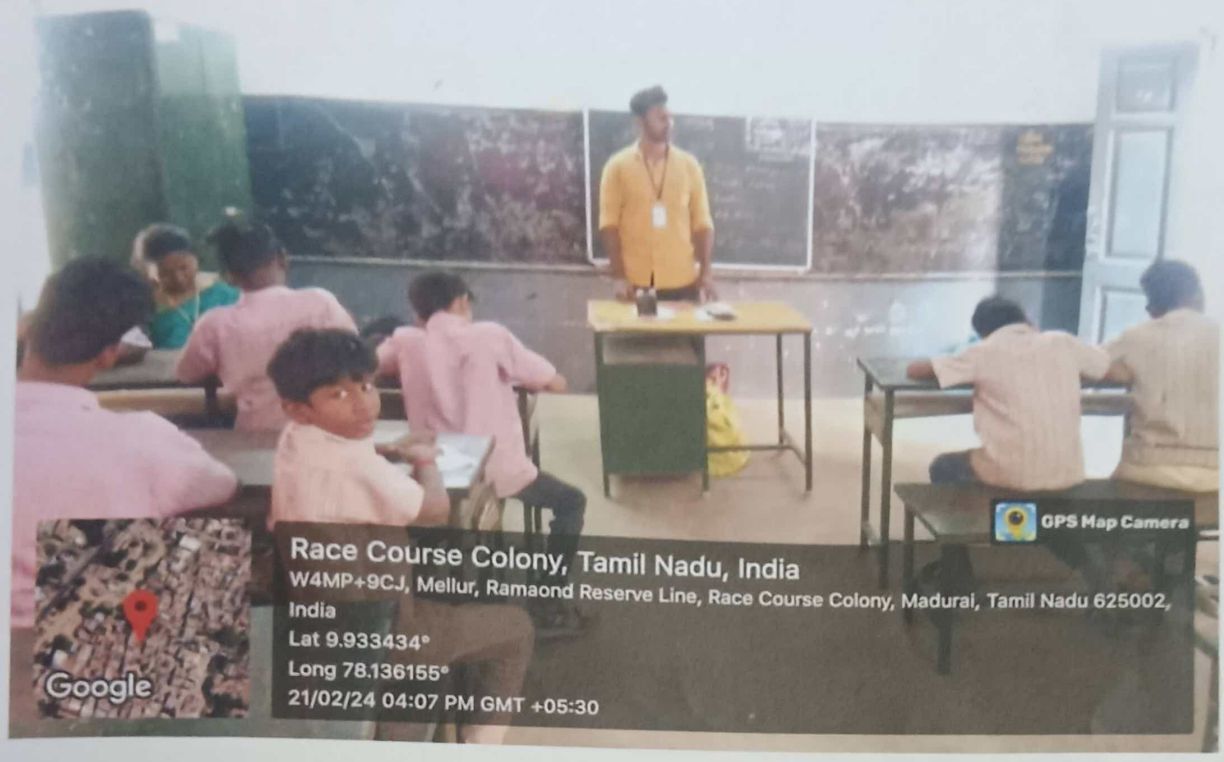
FEEDBACK ANALYSIS

The positive feedback was given by the students and their valuable words made our day and motivated us.

The program was successful and effective for the students to improve their communication, problem-solving and decision making skills.

We made them to do practical activities , and this was very helpful in solving many problems much better.

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Long 78.136155°
21/02/24 04:07 PM GMT +05:30
Google

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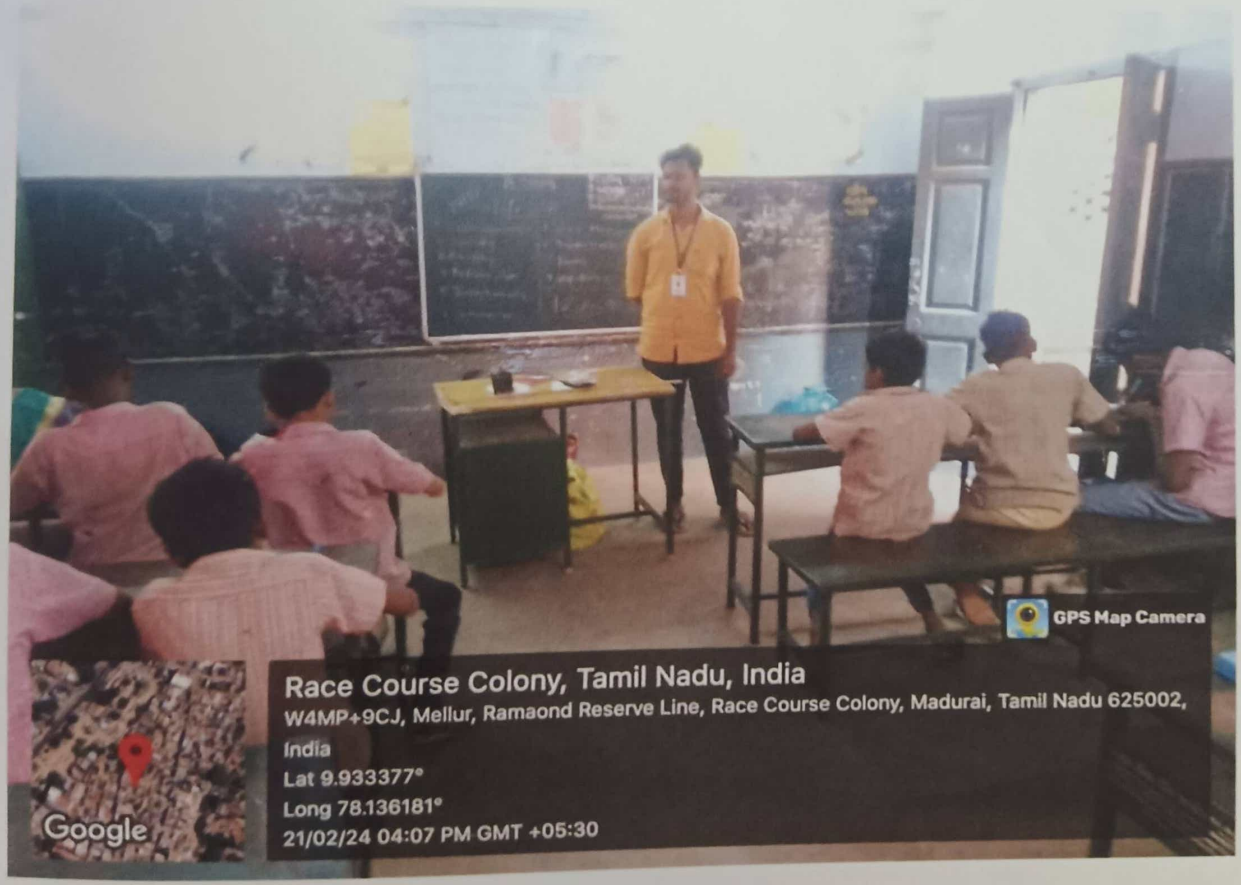
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Long 78.136181°
21/02/24 04:07 PM GMT +05:30
Google

Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR S. SUNDARAPANDIAN.

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAMME.

FOR THE STANDARD OF 8th and 9th AT Madurai Corporation Middle School, Tallakulam.

ON THE DATE OF 21/08/2024.

21/8/2024

HEADMISTRESS
CORPORATION HIGH SCHOOL
TALLAKULAM
MADURAI 625 002

Signature of

MADURAI INSTITUTE OF SOCIAL SCIENCE

RUN BY Capt. DVR Foundation for HRD

RE-Accredited with "B+" Grade by NAAC

An Autonomous College & Research Centre, Affiliated to Madurai Kamaraj University.

No: 9, AlagarKovil road, Madurai – 625 002.



Received by :
P. Peminadevi
Good.

Submitted to

Dr .S. Joyce Jeyarani

Assistant professor

Department of social work

Submitted by

Peminadevi . P

23MSWSHR09

Name : Peminadevi . P

Class : I year MSW

Topic : Life skills training to adolescents

Location : Bharathiyar Corporation High School

Palam station Rd ,

Sellur,

Madurai – 625002

Audience : 8th and 9th standard students

Number of audience : 30 students

Timing : 2.30 PM – 3.30 PM

Life Skills training to Adolescents

Introdection

Life skills training for adolescents is crucial for their holistic development. It encompasses a diverse set of abilities that empower individuals to navigate challenges and make informed decisions. From communication and problem-solving to emotional resilience and critical thinking, these skills play a pivotal role in shaping responsible and capable young adults. Introducing adolescents to life skills training is an essential investment in their personal and social development. As they navigate the transitional phase from childhood to adulthood, acquiring practical abilities becomes paramount. Life skills encompass a range of competencies, including communication, decision-making, and emotional intelligence. By providing structured training in these areas, we equip adolescents with the tools needed to face challenges, build healthy relationships, and make informed choices, laying the foundation for a successful and fulfilling future

Location

Bharathiyar corporation high school

Palam station Rd

Sellur

Madurai – 62500

Time schedule

2.30 PM : social worker reached the school **Bharathiyar corporation high school**

2.35 PM : social worker discussed with the headmistress

2.40 PM : social worker conducted the session about **life skills training to adolescents**

3.00 PM : social worker conducted the group activity for students

3.45 PM : social worker collected the feedback form

3. 45 PM : social worker left the school

Objectives

- Develop effective verbal and non-verbal communication to express thoughts, feelings, and ideas.
- Encourage adolescents to analyze situations, consider alternatives, and make informed decisions.
- Promote self-awareness, empathy, and the ability to manage emotions in various social contexts.
- Cultivate Problem-Solving Abilities Equip adolescents with strategies to identify, approach, and solve everyday challenges.
- Nurture the capacity to build positive relationships, resolve conflicts, and collaborate with others.
- Strengthen Decision-Making Instill a sense of responsibility and the skills to make sound choices in diverse situations.
- Promote Time Management Teach effective planning and organization to enhance productivity and reduce stress
- Provide essential knowledge and skills for budgeting, saving, and making wise financial decisions.
- Educate adolescents on maintaining a healthy lifestyle, including physical and mental well-being, nutrition, and personal hygiene.

Why it's important for adolescents

1. Identity Formation: Adolescence is a crucial period for forming one's identity, as individuals explore and develop their values, beliefs, and personal characteristics

2. Social Development: During adolescence, social interactions become more complex, helping individuals learn essential social skills, empathy, and cooperation that are crucial for healthy relationships later in life

3. Brain Development: Significant cognitive and emotional development occurs during adolescence, impacting decision-making, problem-solving, and emotional regulation. This period lays the foundation for future learning and adaptability

4. Educational Foundation: Adolescence is a critical time for education and skill acquisition, providing the knowledge and abilities needed for future career paths and personal growth.

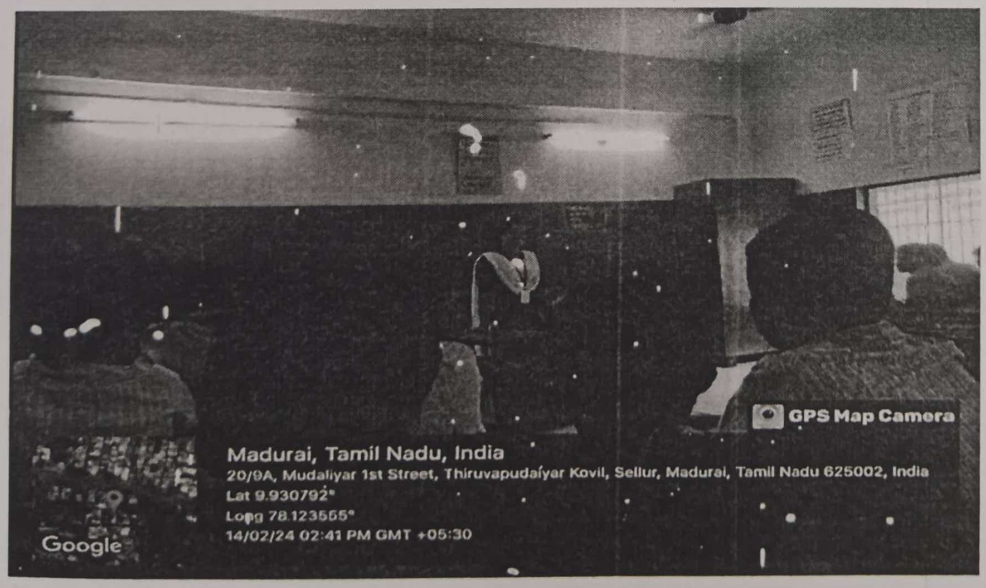
5. Health Habits: Establishing healthy habits during adolescence, such as physical activity, proper nutrition, and adequate sleep, contributes to long-term well-being and reduces the risk of chronic health issues in adulthood.

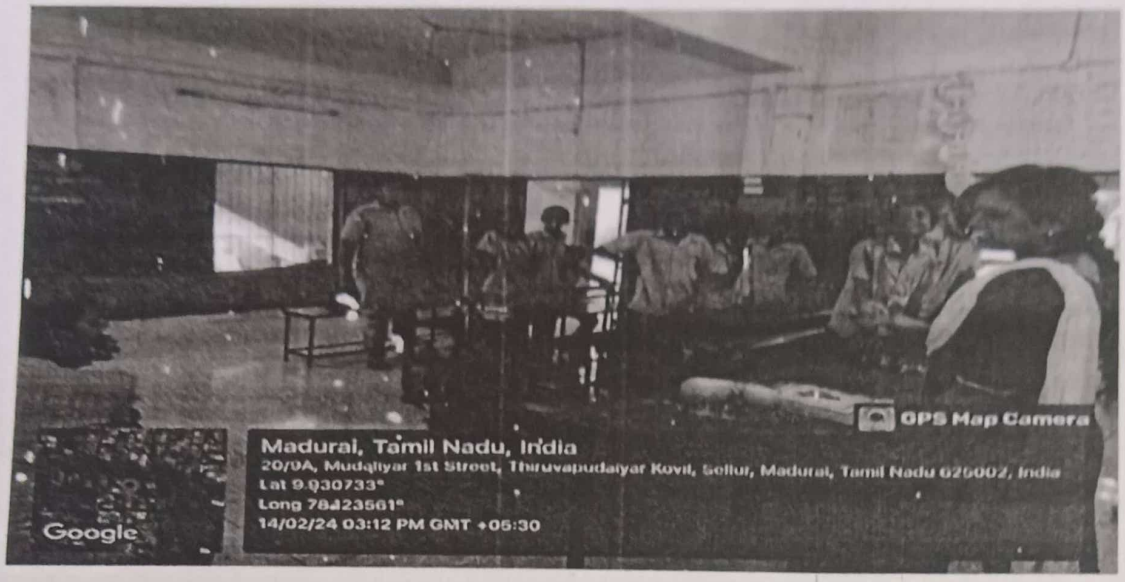
About Program

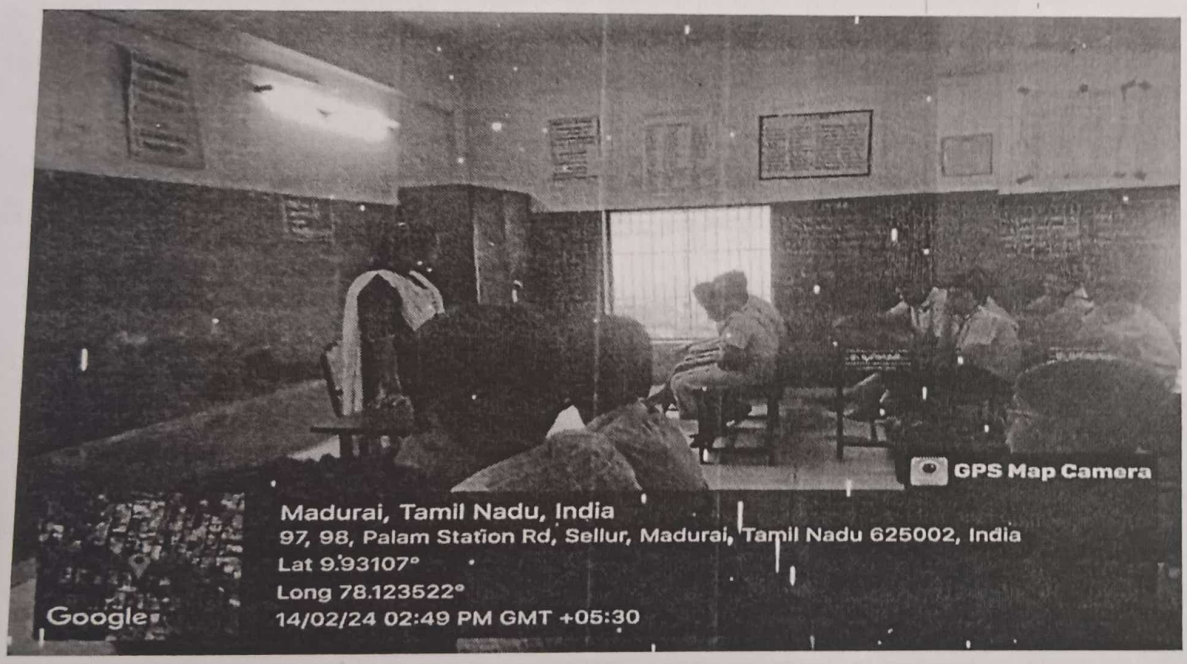
- Social worker to teach about the life skills training for adolescents.

These session included the 10 core life skills.

i. Self – awareness
ii. Empathy
iii. Interpersonal relationships
iv. Effective communication
v. Critical thinking
vi. Creative thinking
vii. Problem – solving
viii. Decision making Coping with emotions
ix. Coping with stress







About Activity

- Social worker to teach about the difference between formal and informal communication

- Social worker to conduct the activity, about the formal way of communication and informal way of communication
- Social worker to conduct the second activity, 7 up game. All studentsΣ should participate in this game. Every students said the numbers in order (1, 2, 3, 4, ...). Then students should say "UP" only when the numbers in the 7th tables come. If someone said the wrong answers they will be eliminated of the game.



Feedback analysis

Analyzing feedback involves being open-minded, recognizing patterns, and prioritizing actionable steps. Positive feedback reinforces effective behaviors, while constructive criticism guides refinement. They stated that the workshop was quite beneficial for the students. They claimed they learned a lot of new things. They stated that the activity was exciting for the students. Finally students understand the importance of life skills in their lives

Conclusion

Life skills training for adolescents is imperative as it equips them with essential tools for navigating the complexities of adolescence and preparing for adulthood. These skills, encompassing communication, decision-making, time management, resilience, and empathy, contribute to their overall well-being and

success. Constructive feedback analysis further enhances their growth by providing valuable insights and guiding continuous improvement

Declaration form

THIS IS TO DECLARE THAT MS/~~MR~~ PEMINA DEVI. P

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILLS PROGRAM FOR ADOLESCENT [BHARATHIYAR CORPORATION HIGH SCHOOL]

FOR THE STANDARD OF VIII & IX AT 2.30 P.M - 5.30 P.M

ON THE DATE OF 14/02/2024

14/2/24

HEADMISTRESS
BHARATHIAR CORP. HIGH SCHOOL
Thiruvapudayar Kovil
Sellur, Madurai-2.

Name : R. Niranjan

Class : VIII . A

Date : 14 . Fr. 24

Rating : 9.8/10

suggest : Good நன்றாக இருந்தது

Name : J. Dhilsan

Class : VIII . B

Date : 14 . 02 . 24

Rating : 9.9/10

suggest : beautiful

NAme: A. Mohammad Thamim Ansari, [illegible], [illegible]

Class: IX B'TM'

	VIII	IX B'TM
Date: 14/2/2024	14/2/2024	14/2/2024
Rating: 10/10	10/10	10/10
Suggest: [illegible] அருமை/Good, நன்று. Super	அருமை/Good, நன்று Super	அருமை. Good நன்று Super

Name.=B.Aadhithya
Std = XI
Date = 14/2/2024
Suggest = wonderFul class

பெயர்: ஆதித்யா
வகுப்பு: XI 'B'
தேதி: 14.02.2024.
Suggest - நன்றாக வகுப்பு class

Name : P. Rishwanth
Std : XI - A
Date : 14/1/23

The period is Super.
The period is very useful
Thank full ... by.
Rishwanth

Name : K. ஸ்ரீமதன்
Class : IX - B
Date : 14.2.24
Rating : 9/10
Suggest : இவர்கள் நன்றாக நடத்தினார்.

36

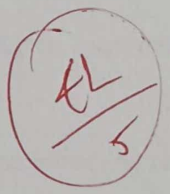
LIFE SKILLS FOR SOCIAL WORK.

TOPIC:

LIFE SKILLS TRAINING TO ADOLESCENTS.

SUBMITTED BY:

K. KARTHICK KUMAR,
23MSWAHR10.
MSW-I YEAR.



EL/5 Verified by K. Karthick.

SUBMITTED TO: 22/3/24

Dr. S. Joyce Jeyarani,
Assistant Professor,
Department of social work.

Introduction

The Social worker conducted training program for 7th, 8th, and 9th-grade students on WHO life skills aims to empower adolescents by equipping them with essential skills and knowledge necessary for their personal development and well-being. The goal of the program is to provide students with the tools and resources they need to navigate the challenges of adolescence effectively.

The curriculum of the training program will be designed based on the World Health Organization's (WHO) guidelines for life skills education. It will cover a wide range of topics tailored to the specific needs and developmental stages of students in each grade level. These topics may include:

1. Self-awareness: Helping students understand their own strengths, weaknesses, values, and emotions.
2. Decision-making: Teaching students how to make informed and responsible decisions in various situations.
3. Communication skills: Enhancing students' ability to express themselves clearly and assertively, as well as to listen actively.
4. Critical thinking: Encouraging students to analyze information, evaluate arguments, and solve problems effectively.
5. Emotional intelligence: Promoting empathy, resilience, and the ability to manage emotions in healthy ways.
6. Interpersonal relationships: Providing guidance on building and maintaining positive relationships with peers, family members, and others.

The training program will be delivered through a combination of interactive workshops, discussions, role-plays, and group activities. It will create a safe and supportive environment where students feel comfortable exploring and practicing new skills.

By empowering adolescents with life skills, the program aims to enhance their overall well-being, resilience, and ability to thrive in school, relationships, and future endeavors. It recognizes the importance of investing in the holistic development of young people to ensure they have the best possible foundation for success in adulthood.

Location

Address

Corporation High School, Tallakulam

Madurai Cor. Ward43 (pincode: 625002)

Corp.H.S.Tallakulam

Madurai East

Madurai

Tamilnadu.

Time schedule

date ?

1:40 PM Trainer reached the school

1:40 PM - 2:00 Trainer had a conversation with principal of

2:00 PM - 2:50 PM Trainer asked for feed back

3:30 PM Trainer left the school

Activity

Trainer selects a student at random and instructs them to engage in uninterrupted communication for two minutes without hesitation. The purpose is to encourage students to think on their feet, articulate their thoughts clearly, and develop confidence in their ability to communicate effectively. It's a valuable exercise for improving spontaneity, clarity, and confidence in public speaking or interpersonal communication situations.

Conclusion

The social worker organized a life skills program for 7th, 8th, and 9th-grade students with the aim of enhancing various important skills such as communication, interpersonal relationships, empathy, and critical thinking. The primary goal of this program is to empower adolescents by equipping them with essential life skills that will enable them to navigate various challenges they may encounter in their lives. By improving communication skills, students can express themselves effectively and understand others better. Enhanced interpersonal relationships foster a supportive and harmonious environment, while empathy promotes understanding and compassion towards others. Additionally, critical thinking skills empower students to analyze situations, make informed decisions, and solve problems effectively. Overall, this program seeks to empower adolescents by providing them with the tools and abilities necessary to thrive personally, socially, and academically.



Trainer conducted skill development program



Trainer asked for volunteers to do task

Declaration form

THIS IS TO DECLARE THAT MS/MR k. karthick kumar

HAS SUCCESSFULLY CONDUCTED THE Life skill program

FOR THE STANDARD OF 8 - 9 AT Corporation School Tallakulam

ON THE DATE OF 14.2.24

Good advice to students.

CORPORATION HIGH SCHOOL TALLAKULAM MADURAI

Signature of

14/2/2024

HEADMISTRESS
CORPORATION HIGH SCHOOL
TALLAKULAM
MADURAI - 625 002

LIFE SKILLS TRAINING TO ADOLESCENTS

On behalf of Megala

Verified by

20/3/24

SUBMITTED BY

S. MEGALA

23MSWSHR11

SYNOPSIS

Sl No	Contents	Pg No
1.	Introduction	1-2
2.	Time Schedule	3
3.	Location	4
4.	About Programme	4-6
5.	Activities Done	7
6.	Feedback Analysis	7
7.	Conclusion	8
8.	Pictures	9-11

LIFE SKILLS TRAINING TO ADOLESCENTS

INTRODUCTION:

On 11th February 2024, The trainee Conducted the life skill training to 11 Standard E-Section (Pure Science) Students in Kakkai Padiniyar Corporation Girls Higher Secondary School. 25 students Participated in this training.

life skill is very crucial in everyone's life. life skills helps the people to lead their life as successful. Every people meet challenges in everyday's life, life skill helps the people to how to tackle these challenges.

life skills can be best understood as the abilities for positive and adaptive behaviour, which enables individuals to deal effectively with day to day needs and challenges.

Adolescence is the period in human growth and development that occurs after childhood and before adulthood, from ages 10 to 19. It represents one of the critical transition in the life span and is marked by a tremendous pace of physical and psychological human development.

TEN CORE LIFE SKILLS LAID DOWN BY WORLD HEALTH ORGANIZATION

SOCIAL SKILLS

1. Self Awareness
2. Effective Communication
3. Interpersonal Relationship
4. Empathy

THINKING SKILLS

5. Creative Thinking
6. Critical Thinking
7. Problem Solving
8. Decision Making

EMOTIONAL SKILLS

9. Coping with Stress
10. Coping with emotions.

TIME SCHEDULE:

At 3.50, The trainee reached the Kakkai Padiniyar Corporation Girls Higher Secondary School.

At 3.55, The trainee interacted with the Principal about the life skill Training.

At 4.00 - 4.30, The trainee organized the students in the classroom with the help of Class representative.

At 4.35 - 4.40, The trainee done a refreshment activities for student's relaxation. through this activity, The trainee renews their spirit.

At 4.40 - 5.10, The trainee provided a life skill training to the students.

At 5.15, The trainee collected the feedback from the students.

At 5.25, The trainee got a signature from the principal for acknowledgment.

LOCATION :

Kakkai Padiniyar Corporation Girls Higher Secondary School,
Besant Road, Chinna Chokkikulam
Madurai, Tamil Nadu - 625 002.

ABOUT PROGRAMME :

The trainee gave an information about Health by WHO.

According to World Health Organization," Health is a state of Complete physical, mental and Social well-being and not merely the absence of disease or infirmity"

The trainee asked the student like what is Health?. Majority of the students told that Health related to Something physical. One or two students told that Health Considers both Physical and mental Health.

The trainee talked about mental health and also interacted with the students.

The trainee told that Communication should be effective among students & Teachers. Good Communication created the good interpersonal relationship. Listening is one of the important quality when Communication takes place.

The trainee asked the student like what gives you more stress? The students replied like mopile phone, Exams, Punishments. these are the things that gives them more stress. Peer pressure are also there among the students.

The trainee told that when the time of stress, do the things that makes you happy. put more efforts to overcome the stress.

The trainee motivated the people to achieving their dreams.

The trainee also gave an awareness about the importance of mental health.

The trainee asked the students about their strength and weakness. The trainee emphasized the self awareness skills among the students.

The trainee talked about how to solve various problems. The trainee insisted that the patience is one of the important quality everyone should have. The trainee gave an example based on that situation.

The trainee emphasized the students to take a decisions wisely. The trainee told that think and then take decisions. The trainee told the students get a help from your well wisher to take a big decision in student's life.

The trainee asserted the importance of creative and critical thinking. The trainee insisted the students to explore more and create new ideas, methods based on their field inkrest.

ACTIVITIES DONE:

The trainee done a refreshment activity.

The trainee interacted with the people to know about their likes and dislikes.

On that time, the students were fight each other. The trainee make the students to communicate with each other to solve their mis understandings. By this time, the trainee emphasized the skills like effective Communication and Interpersonal relationship.

Feed back Analysis:

The trainee felicitated by the students for this training. The trainee felt very happy when the time of reading student's feedback. The trainee felt that it was a cute little success.

Conclusion:

In today's world, Adolescents must know the life skills for future development. The adolescent has to prepare for global successful adult life of Competition and independent functioning which is possible only through enhancing their psycho social Competencies through life skill training.

The trainee thank Dr. S. Joyce Jeyarani for creating this opportunity and also the trainee thank The Principal, KPC Girls Higher Secondary School for granting a permission.

The trainee felt a new experience trainee felt happy for this wonderful opportunity. In upcoming days, The trainee tries to give a life skill training in an effective manner.

IMAGES


மாநகராட்சி பெண்கள் மேல்நிலைப்பள்ளி
சொக்கிகுளம், மதுரை - 2


GPS Map Camera
Madurai, Tamil Nadu, India
30, Besant Rd, Chokkikulam South, Madurai, Naganakulam, Tamil Nadu 625002, India
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625002, India
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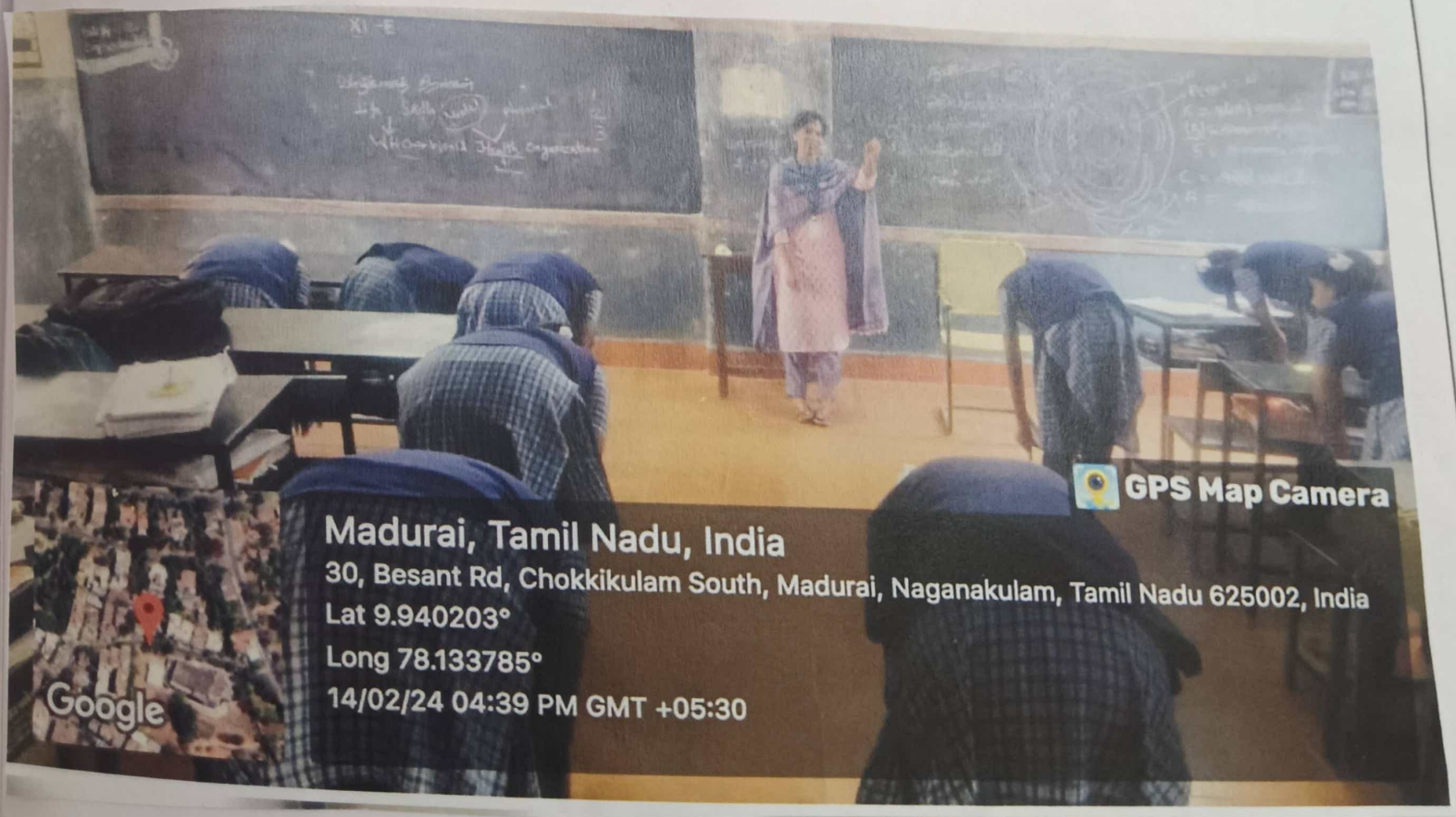
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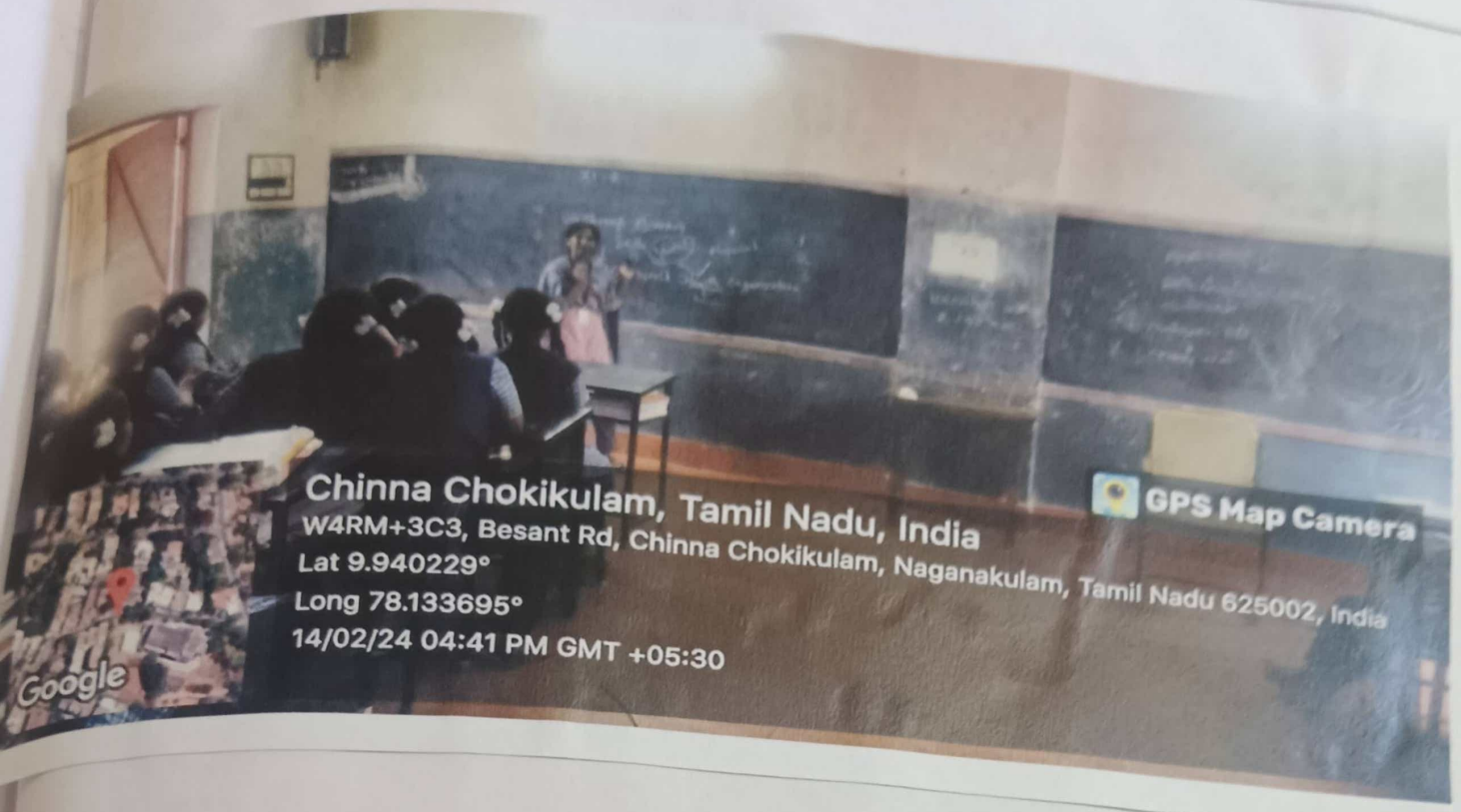
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Google

Declaration form

THIS IS TO DECLARE THAT MS/MR MEGALA.S

HAS SUCCESSFULLY CONDUCTED THE life skill programme.

FOR THE STANDARD OF XI - E AT kakkai padiniyar corporation school

ON THE DATE OF 14/02/24.

14/2/24

Signature of தலைமை ஆசிரியர்
காக்கைப் பாடினியார் மாநகராட்சி பெ.மே.நி.பள்ளி
மதுரை.

Declaration form

THIS IS TO DECLARE THAT MS/MR MEGALA .S

HAS SUCCESSFULLY CONDUCTED THE life skill programme.

FOR THE STANDARD OF XI - E AT karkai padiniyar Corporation school

ON THE DATE OF 14/02/24.

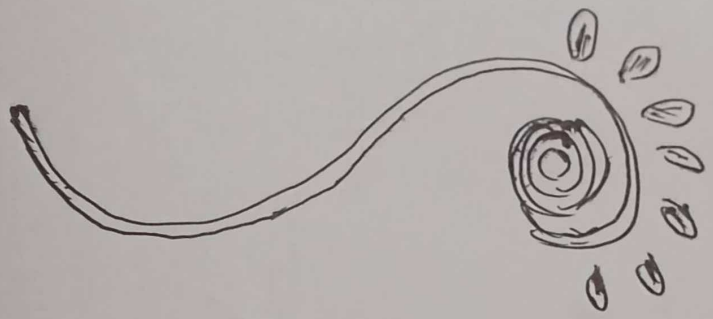
14/2/24

Signature of தலைமை ஆசிரியர்

காக்கைப் பாடினியார் மாநகராட்சி பெண்கள்

மதுரை.

FEEDBACK FORM



user modules

Name : M. Sharmili
Std : XI - C
Section : E
School Name : K.P.C. School
Feed back

akka நீங்க super பேசநீங்க
akka நல்ல இருந்துச்சு புருஞ்சு.
class நல்ல இருந்தது.

Thank you

ame : S. Abarna

Std : XI

Sec : 'E'

School name : Kakkai padinayar cor. Girls. Hr-Sec. School

Feed back:

AKKa romba nala Teach panunaka Life Skills pathi nala nadathunaga enku ungala ro puduchurikku Life la problem vantha face pana Mudium. OK bye .....

Hii Akka.

It's use to Help our life decidation for my personal things.

It's help our life Style to make and Solving Problems and Decision.

To Critical Problem and Gen Li: things and Creati...

...e : mari Selvi

...td : XI - B

Section : E

School : K.P.C. School

Feedback :-

அக்கா நீ நடந்தாங்க நல்லாயிருந்தாச்சு நல்லா சிரிச்சோ...

Super akka Saimma பேசறீங்க akka class நல்ல போச்சு.

Thank you

Akka

neenga Nalla Pesuainga neenga
Sonnathu enakku rambo Putichathu
Neenga Sonna Vaartha Engalukku
Help full erukkum

You are very think You
You are very Beautiful

by: M. Pandeswari

: V. kaleeshwari

cd : XI - E

School Name : kakkaipadiniyar Gov. girls. higher Secondary School

Feed back:

நீங்க சொன்னது நல்ல இருந்துச்சு. பெண்களுக்கு பயனுல்லது. புரிந்துச்சு ஒரு பிரச்சனைய எப்படி தீக்கனும்னு சொன்னீங்க. & நீங்க பேசுனது அனைத்து புரிஞ்சுருக்கு.

Name : K. Parkavi
Std : XI - E

akka nega Sonnathu enakku romba
putichathu akka nega sonnathu
enakk use fulla irukkuchu akka
egalukkkanti sonnathukku romba
thank you akka.

Name : V. Nasrin banu
Std : XI
Sec : E
School name : K.P.C School

Feed back :

அக்கா நீங்க நல்ல செண்ணீங்க எங்களுக்கு ரொம்ப பிடிச்சு இருந்துச்சு அக்கா எங்கா எதெல்லாம் பிக்கியம் சொல்லி குடுத்திங்க அக்கா நாங்க வாழ்க்கையில் நெரிய விஷயம் தெரிந்துக் கொண்டோம் அக்கா ~~[illegible]~~ நாங்க எங்க வெற்கைத் திறன்களை தெரிந்துக் கொண்டேன் அக்கா,

by
V. Nasrin banu
XI - E

NAME : M. Pavithra
Std : XI 'E'
Section : 'E'
School Name . Kakkaipadinyar Hr. Se School

Feed back :

அக்கா நீங்க நல்ல சொன்னீங்க. எங்களுக்கு ரொம்ப பிடிச்சு இருந்துச்சு அக்கா. எங்கா எதெல்லாம் முக்கியம் சொல்லி குடுத்தீங்க அக்கா நாங்க வாழ்க்கையில் நெரிய விஷயம் தெரிந்துக் கொண்டோம் அக்கா. நாங்க எங்க வாழ்க்கைத் திறன்களை தெரிந்துக் கொண்டேன் அக்கா.

by

M. Pavithra

T. Gopika
XI - E
Kakkaipadiniyar
Br. Hr. Sec. School

Hi akka nenga use fullah Solli thanthanga neenga solli thandhadhu enga life kku kandippa use fullah irrukkum mendal, physical idha rendaiyum pathi Sonnenga ennakku romba use fullah irrundhuchu life la promblem vandha epdi manage pannanum apdi Solli thandheenga romba Tq... வாழ்க்கை கிறன்கள் எப்டின்று சொன்னப்ப நான் சில வழியங்கள் எனக்கு புரிஞ்சுக என் வாழ்க்கையில் நான் பன்ன ஒரு சுப்பா நான் இன்னைக்கு ஆரி பண்ண போறேன் அக உங்களாளதான் Tq somuch.

10 star

Id : R. [illegible]

Id : XI - E

School : KPC School

Feelback :

Akka Rompa Softa natathunaga Life Skill Pathi Solli Kothu thanga Atha Pathi nanga Therinjukittom mental and Physicala Pathi solli Kotuthanga. Rompa nalla solli Kotuthanga

Thank you Akka

"Jaya lakshmi
"XIth"
"E"
Kakkai Padiniyar Corporation girls higher
Secondary School.
Chokkikulam
Madurai.

Andha akka Vandhu Pesunathu romba
Pudichurunthadhu Romba use full ah Irundhuchu
Ellamey Nalla Puriya Vachanga. Neriya Therinjukitta
Romba Romba use full-ah Irukku ka
Thank you So much.
Health-ah Pathi Nalla Sonninga Romba
Pudichurunthadhu. Life Skills Romba alaga Puriya
Vaichinga. Very Very good akka.
Thank you.

Name : A. Nirmala

Std : XI

Section : 'E'

School name : Kakkaipadinias corporation higher Secondary school for girls, Chokkikulam

Feedback :

Akka rompa softa nadathunanga Life skills pathi solli thanthanga atha pathi Therinju kitten akka srichitte nadathunanga activity sollithanthanga rompa Jollya irunthussu akka ungala rompa pudusurikku akka neenga vanthathukku apparam I am very happy.

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundations for HRD

Autonomous College and Research Centre Affiliated to Madurai Kamaraj University

Re-Accredited with "B+" Grade by NAAC

No.9, AlagarKoil Road

Madurai- 625002.

LIFE SKILLS REPORT

5

20/8/24

Submitted to

Dr. S. Joyce Jeyarani

Assistant Professor

Submitted by

K.Thirumalai dinesh

23MSWSHR13

SI.NO	Contents	Page.No
1.	Introduction	1
2.	Location	2
3.	Time Schedule	2
4.	About programme	3-4
5.	Activities Done	5
6.	Feedback Analysis	6-7
7.	Conclusion	8

INTRODUCTION:

On 20th February 2024, The trainee conducted life skills training to 7th Standard A- Section students in SIDDHU.MAT.HR.SEC.SCHOOL. 30 to 40 students participated in this training.

Life Skills:-

➢ Life skills are the skills needed by an individual to operate effectively in society in an active and constructive way.

➢ Life–Skills are abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life. They are abilities that facilitate the physical, mental and emotional well-being of an individual (WHO).

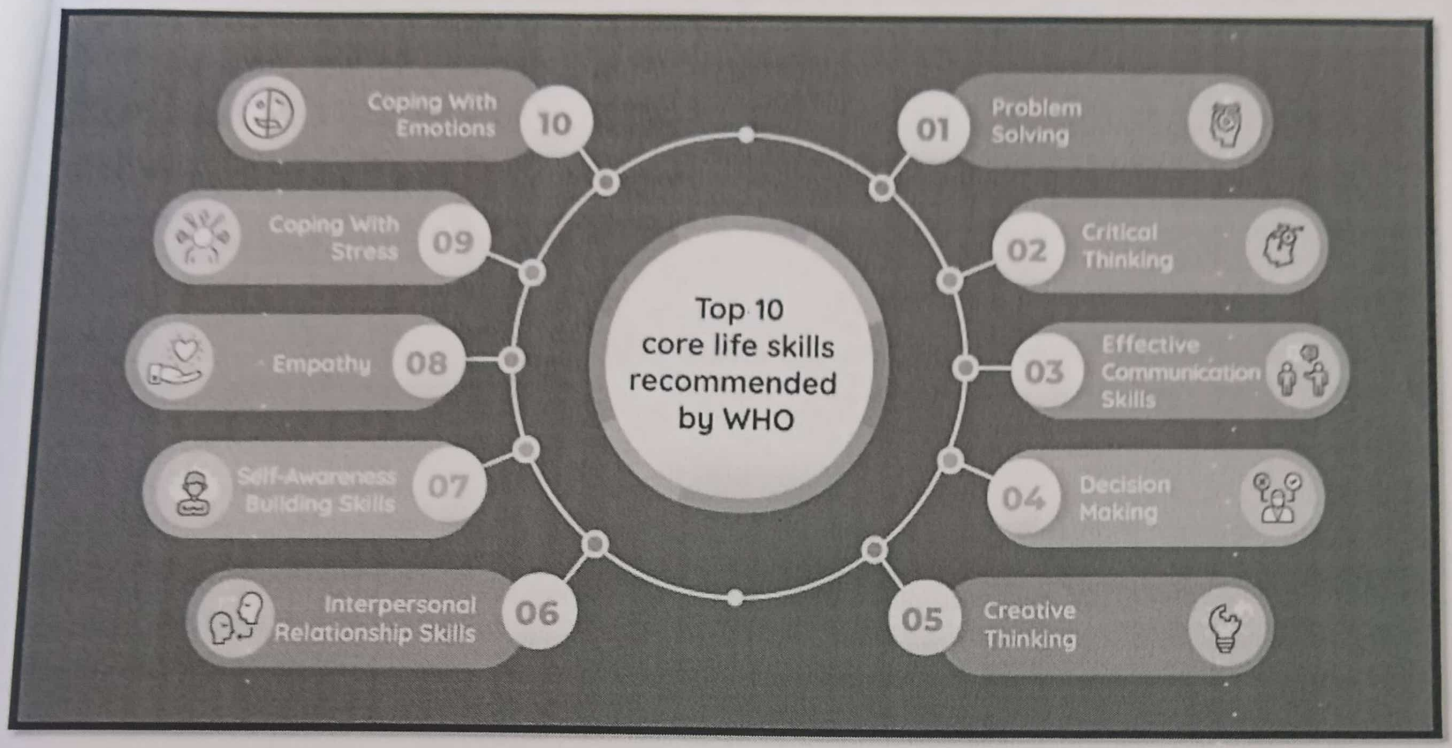
➢Adolescents face many psychological problems like conflict with parents, substance abuse, violence, risky behavior. If these are not resolved they experience role confusion, distorted thinking, irrational belief system, negative identity, low self-esteem and disinterest in activities. These affect their well-being, mental health, and adjustment. Psychosocial competence promotes health in terms of physical, social and mental well-being. Promotion of psycho social competence enhances the person's coping resources, personal and social competencies. Psychosocial competencies can be taught through life skills in schools for children and adolescents.

Location:-

SIDDHU.MAT.HR.SEC.SCHOOL
No.5, Vijayalakshmi Theatre Rd,
Moovendar Nagar, Viswanathapuram,
Madurai- 625014.

Time Schedule:-

- **At 10.00 Am, The trainee reached the Siddhu.Mat.Hr.Sec.School.**
- **At 10.30 Am The trainee interacted with the principal about the Life Skill Training.**
- **At 11.00 Am The trainee organized the students in classroom with the help of class teacher.**
- **At 11.11 to 11.45 Am The trainee gave an introduction about Life skill. The trainee conducted life skill training to the students.**
- **At 11.45 to 12.15 Pm The trainee done a activity related to life skill**
- **At 12.15 to 12.45 Pm The trainee received the feedback from students**
- **At 1.00 Pm The trainee left the Organization.**



SELF AWARENESS

Self-awareness is the ability to recognize you are separate from other people, while also assessing your own thoughts, feelings, and beliefs.

EMPATHY

Empathy is the ability to emotionally understand what other people feel, see things from their point of view, and imagine yourself in their place.

INTERPERSONAL RELATIONSHIP SKILLS

Interpersonal skills are the life skills which we use every day to communicate and interact with other people, individually and in groups. They include traits like self-confidence, critical thinking, active listening, communication skills, delegation, and leadership.

EFFECTIVE COMMUNICATION

Effective communication is the process of exchanging ideas, thoughts, opinions, knowledge, and data so that the message is received and understood with clarity and purpose.

DECISION MAKING

Decision Making show your ability to select the best possible option from the alternatives available

PROBLEM SOLVING

Problem solving is the process of identifying a problem, developing possible solution paths, and taking the appropriate course of action.

CRITICAL THINKING

Critical thinking is the intellectually disciplined process of actively and skill fully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.

CREATIVE THINKING

Creative thinking includes the process of innovative problem-solving — from analyzing the facts to brainstorming to working with others. Examples of these skills include analytical skills, innovation, and collaboration.

COPING WITH STRESS

Coping usually involves adjusting to or tolerating negative events or realities while you try to keep your positive self-image and emotional equilibrium. Coping occurs in the context of life changes that are perceived to be stressful.

COPING WITH EMOTIONS

You have to understand and accept that emotions will be out there and you just have to learn to deal with them in the most efficient manner.

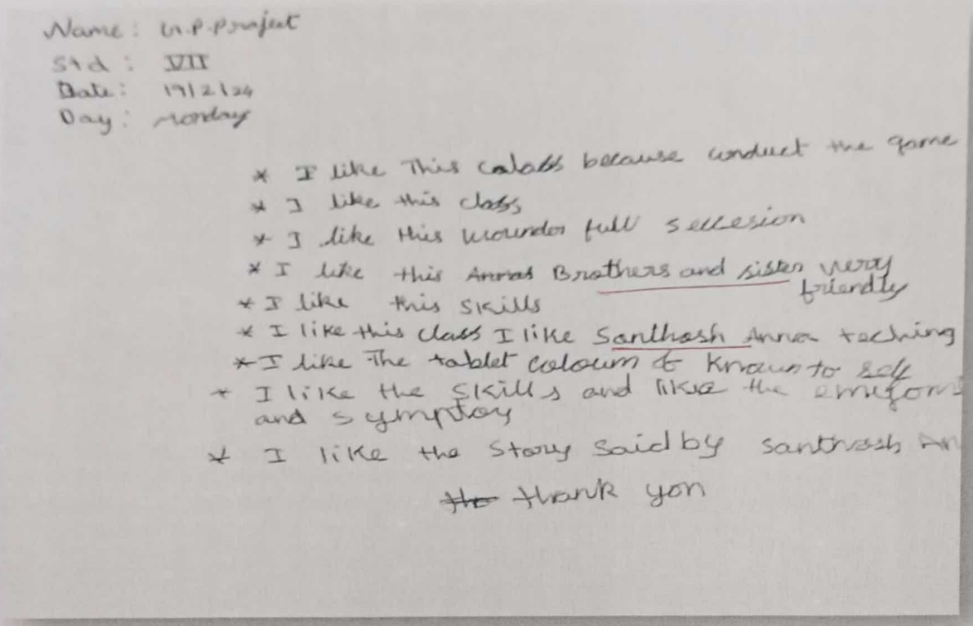
ACTIVITIES

The trainee taught the children how to solve problems by playing games. As well as interpersonal relationships and communication, students were told to play life skills.

FEEDBACK ANALYSIS

- To focus and word diligently on a task or problem.
- To help as achieve ours dreams and stay focused on what us want to accomplish.
- We focused on right now in the zone of concentrate.

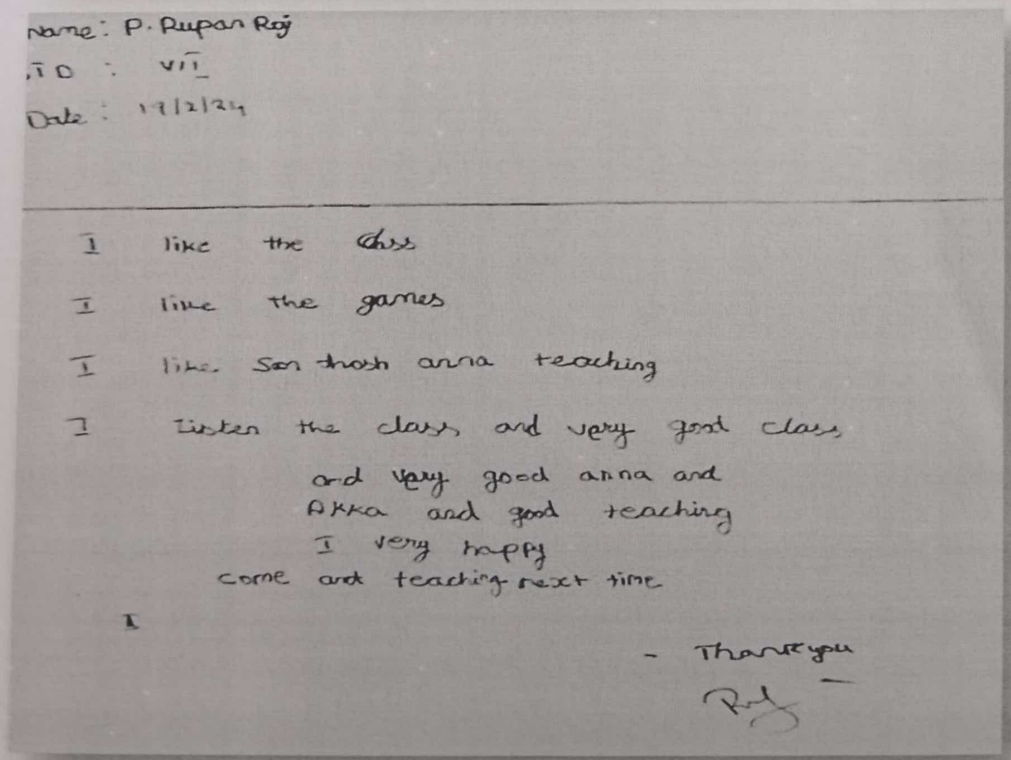
FEEDBACK FOR SCHOOL



Name : G.P.Project
Std : VII
Date : 19/2/24
Day : Monday

* I like This calass because conduct the game
* I like this class
* I like this wounder full seccesion
* I like this Annas Brothers and sisten very friendly
* I like this skills
* I like this class I like Santhosh Anna teching
* I like The tablet coloum & Known to self
* I like the skills and like the emigom and symptoy
* I like the story said by santhosh An

~~the~~ thank you



Name : P. Rupan Raj
STD : VII
Date : 19/2/24

I like the class

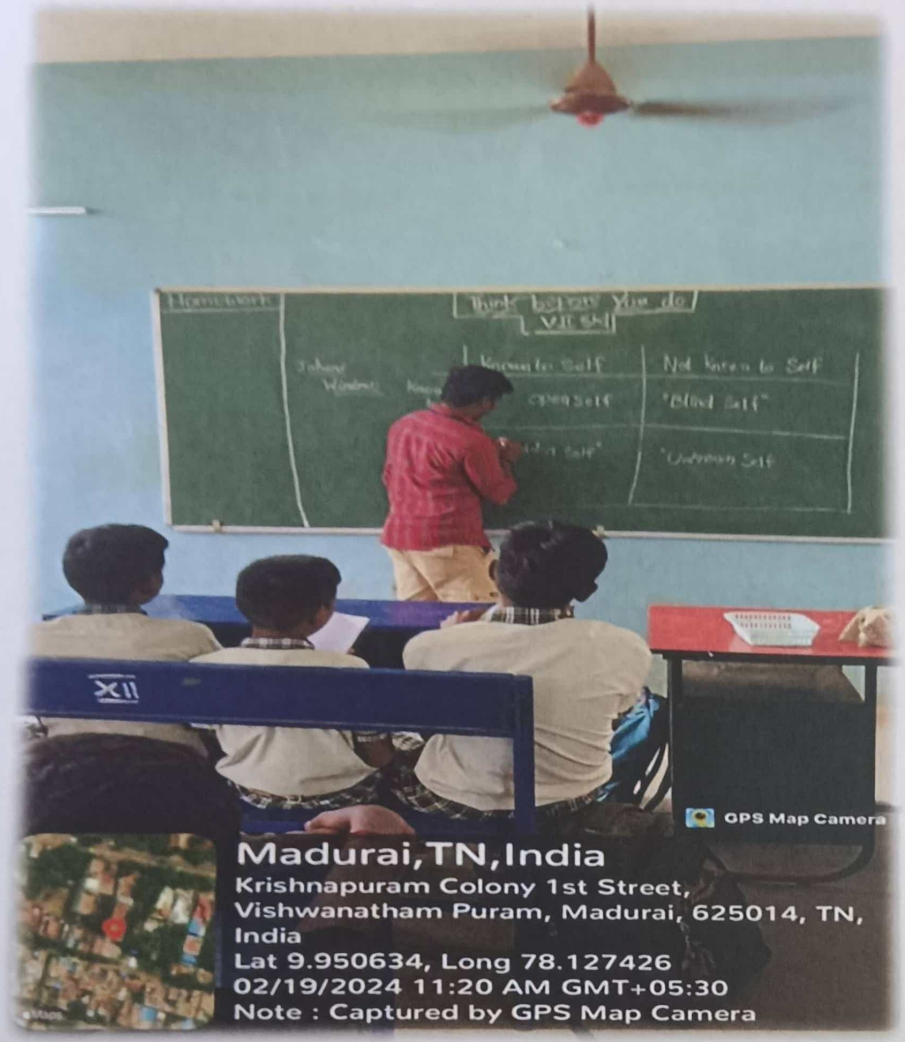
I like the games

I like Santhosh anna teaching

I listen the class and very good class
and very good anna and
Akka and good teaching
I very happy
come and teaching next time

I

- Thankyou
Raj





Photos need capture

Declaration form

THIS IS TO DECLARE THAT MS/MR K.THIRUMALAI DINESH

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VII th & VIII th AT SIDDHU MAT.HR.SEC. SCHOOL

ON THE DATE OF 19.02.24

Signature

SIDDHU MATRIC. H.S. SCHOOL MADURAI.

GPS PHOTOS



Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR K.THIRUMALAI DINESH

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILL PROGRAM

FOR THE STANDARD OF VII th & VIII th AT SIDDHU MAT.HR.SEC. SCHOOL

ON THE DATE OF 19.02.24

Signature of

SIDDHU MATRIC. HR. SEC. SCHOOL
MADURAI.

Training On Lifeskills to adolescents

Name : keerthana. S

Reg No : 23MSWSHR12

Verified by

Date : 14/2/2024

Venue : kakkaipadiniyar Corporation Girl's Higher secondary school, Madurai.

Sub : Life Skills

CONTENT

- Introduction
- Time schedule
- Objective
- Life skill
- Activities Done
- Images
- Feedback
- Conclusion



Introduction:

Life skills help in realization & utilization of individual potentials. The World Health organization defines life-skills as "abilities for adaptive & Positive behaviour that enable Individuals to deal effectively with demands & challenges of Everyday life".

Life skills are basic skills that help Individuals in leading a Meaningful life and better adjustment in the society.

On 14.2.2024 (Wednesday), trainee had a chance to educate the student about life skill. The trainee facilitated a comprehensive life skill Program for students from Grade 11 F-Section in kakkaipadiniyar Corporation Girls higher secondary school.

Throughout the Program, 23 students Participated actively, demonstrating Enthusiasm and effective Coordination. th.

Location :

Kakkai Padiniyar Corporation Girls Higher Secondary school,
Nagankulam (Besant Road),
Chinna chokikkulam,
Madurai - 2,
TamilNadu.

Time schedule :

By 3:50 pm - The trainee reached the Kakkai Padiniyar Corporation Girls Higher secondary School.

By 4.00pm - Mr. Sekar (Principal) - trainee interact With principal to allot the classroom.

By 4:10pm - The program Was Inaugurated by the principal to educate the life skill.

By 4:16pm - Trainee Mobilize the student & had a opportunity to interact more With students.

By 4:20pm - Trainee start to Educate the life skill to the students.

By 4:55pm - 5:20pm - The Trainee implemented intervention activities through hand-on exercises, Role-playing scenarios & group discussion.

- Students Were actively engaged in Participation application of decision-Making, Effective communication, Problem-solving & Empathy.

By 5:30pm - Trainee collect feedback from the Student about effectiveness of the life skill program.

By 5:37pm - Trainee deliver ~~gratefed~~ Or Expressed heartfelt gratitude to the principal for the opportunity to facilitate the life skill program at the school.

Objective:

Empowering students to navigate real-World challenges with confidence, Personal growth & development, resilience.

Core - life skills :

The World Health organization has Proposed a set of life skill. These are :

* Self - awareness
* Empathy
* Creative Thinking
* Critical Thinking
* Problem Solving
* Decision Making
* Coping With Stress
* Coping With Emotions
* Healthy Interpersonal Relationship
* Effective Communication.

Three Major categories :

- Thinking skills - (Critical thinking, Creative thinking, Problem solving, decision Making)
- Personal skills - (self awarness, self Management)
- Interpersonal skills - (Communication skills, Empathy)

Self - Awareness :

It refers to the ability to recognize one's own strength weakness, liking, disliking and so on. self - Awarness is very important for being comfortable with one - self to recognize the ways to handle Stress and utilization of own potentials.

Empathy :

It refers to understanding other's Emotional state and Perspectives. It help in understanding other Peoples' concerns & reactions to a situation. It's important before forming any impression, one should gather sufficent information, try to Understand the Context of a given Emotional state.

Creative Thinking :

It refers to seeing & analysing things in novel ways. It helps in having new perspectives about things & allows us to have Out - of - box thinking.

Critical thinking:

Critical thinking refers to the process of analysing a Problem or information in an objective Manner. It is an important life-skill as it inculcates the tendency to evaluate information objectively & from wider Perspectives.

Problem Solving & Decision Making:

Problem solving & decision Making are interrelated skills. When a problem arises, One needs to objectively understand the problem which involves clearly defining the problem. Once the problem has been defined, various possible alternative to solve the problem should be Explored by weighing the pros & cons of all possible solution.

Coping with stress:

Effective dealing with stresses of everday life is important for physical & Mental health. Identifying what Make stressed & how to prevent stresses are important skills.

Dealing with Emotions:

Emotions are integral Part of our life. We feel happy, sad & angry on different Occasions.

understanding Emotions in given situation & Managing it Properly is important for successful life. Managing Emotions does not mean suppressing Emotions. It Means a better understanding of the situation

Effective Communication:

It is very crucial life-skill which pertains to Expression of thoughts & feeling clearly. Also, effective communication involves proper use of both verbal & Non-Verbal languages.

Healthy Interpersonal Relationship:

Maintaing Interpersonal relationship is crucial for Personal growth. It requires many other skills as Pillars (i.e) Empathy, Emotional reciprocity, Effective Communication for developing & Maintaining a healthy

Realtionships with our family member, Neighbours, Collegues.

Activities :

⇒ The activities were designed to foster Experiential learning and facilitate deep understanding about life skill and how to utilize the skill to school students.

⇒ Communication game were Conducted (6-7) members actively participated. As well as Non-Verbal communication also Educated to the students by doing activites.

⇒ Role playing scenarios & Group discussions, students were actively engaged in practical application of Problem-Solving, Empathy, Decision Making, Effective Communication.

Feedback :

* As per the analysation, trainee aware that students understand the life skills.

Most of the students like the skill include Empathy, Decision Making, Problem solving.

* Trainee also Explore the new environment and felt happy to Engage in the activity.

Images :





Photos need caption


Chokikulam, Tamil Nadu, India
W4RM+392, Besant Rd, Chokikulam, Naganakulam, Tamil Nadu 625002, India
Lat 9.940359°
Long 78.133322°
14/02/24 04:31 PM GMT +05:30
GPS Map Camera
Google


Chokikulam, Tamil Nadu, India
W4RM+392, Besant Rd, Chokikulam, Naganakulam, Tamil Nadu 625002, India
Lat 9.940367°
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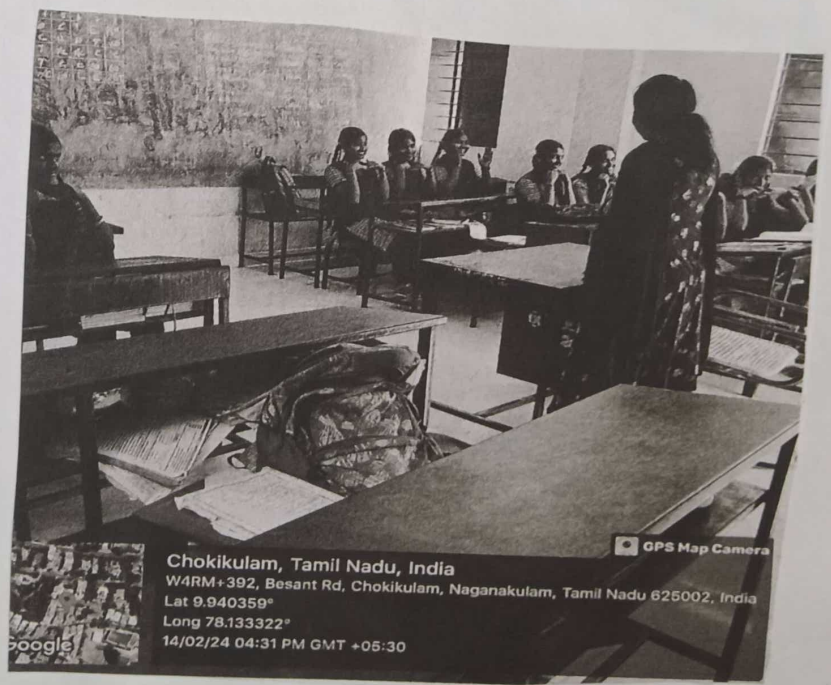
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Long 78.133322°
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GPS Map Camera
Google

Conclusion:

The life skills training Programme for adolscents implement for Grade 11- F section students it was a valuable & succesful event. Through engaging activities and feedback collection, students were equipped with practical knowledge & opportunities for growth. Trainee's expres the gratitude towards the principal and respective faculty for providing this opportunity.

Declaration form

THIS IS TO DECLARE THAT MS/MR KEERTHANA. S

HAS SUCCESSFULLY CONDUCTED THE Life skill programme for Adlosent

FOR THE STANDARD OF XI AT Kakkai padiniyar corporation school

ON THE DATE OF 14/02/24

14/2/24

Signature of
தலைமை ஆசிரியர்
காக்கைப் பாடினியார் மாநகராட்சி மேல்நிலைப்பள்ளி
மதுரை.



Keerthana.S
23MSWSHR12

Feedback



அக்கா நீங்கள் ஹாஷ்க்கையில

ஹாம்ப use அதிகம்

ஹாம்ப கைரியமா பேசுநீங்க

ஹாம்ப அழகா பேசுநீங்க

ஹாம் படிக்கக

* Empathy

by

R. Harini

XI YF

நீங்க சொன்னது நல்ல இருந்தது.
எல்லா Topic நல்ல இருந்தது

Thank you Akka

From: Priya
dharshini

...ஆசையா :

இந்த அக்கா நடத்துன விஷயம் எல்லா

...க life க்கு help ahh irukum . எங்களுக்கு

...e full ahh ~~...~~ இருந்துச்சு . இந்த அக்கா

...ல்லா நடத்துனாங்க

Critical thinking

சிவகவி

ரொம்ப அழகா நடத்துனாங்க நீங்க சொன்னது எனக்கு வாழ்க்கையில ரொம்ப use ஆகும். நீங்க இன்னும் ஏன்கிட்ட நிறைய பேசிருக்கலாம். ரொம்ப தைரியமா பேசுநீங்க, Problem Solving-ற தலைப்புல ரொம்ப அழகா பேசுநீங்க. எனக்கு ரொம்ப பிடிச்சது.

Thank You

AKKa...

...pathy

இந்த Topic la அவங்க சொன்னது எனக்கு ...ப்ப பிடிச்சது. இவங்க சொன்னது என்னோட ...க்கையால் முக்கியமானதாக இருந்தது.

Thank you

M.Santhiya
XI-F

Name: T. Eswari
Std : XI - F

akka nega nalla sonnega athu enakku
ramba putichathu akka.. Nega sonnathu
egaluku ramba use fulla eruthuchu
akka nega sonnathu lifekku use fulla
irukkum akka.. nega egalukanti sonnathu
thank you.... akka....

பெயர் : கீர்த்தனா பா.

: அக்கா நீங்கள் வாழ்கை பேச்சு நல்ல இருந்தது.

: ~~[illegible]~~ ரொம்ப அழகா நடத்துனாங்க நீங்க சொன்னது எனக்கு வாழ்க்கையில் ரொம்ப use ஆகும்.

Desision - making நல்ல இருந்தது

நன்றி அக்கா

Keerthana.

[illegible]

XI-E

[illegible] அக்கா எங்களுக்கு மிகவும் பயக்கள்ளாக-
[illegible] எங்களுக்கு மிகவும் புரிந்தக அக்கா:
மிகவும் நன்றி அக்கா:

Self-Averness.

நம்மிடை வழிப்பணிப்பு.

அந்த அக்கா நடந்தன Very good.

Kaviya

அத்த அக்கா நத்துனது எங்களுக்கி நிகழம் பெத்தநிந்தது அதுமட்டுமன்லாமல் எங்களுக்கி புரிஞ்சுச்சு.

Empathy

ஒருத்தவங்க கஷ்டத்தை புரிந்து நடந்துக்கனும்.

Problem-Sloving

நம்ம பிரச்சனைகளை நம்மே தீர்த்துக் கொள்ள கத்துக் கொள்ள வேண்டும்.

Meena

அதிக அக்கா றுதிதனது எங்களுக்கு
மெவும் பிடித்திருந்தது அதுபடுமல்லாமல்
நிங்களுக்கு புரிஞ்சுச்சு.

Cerative-thiring

மத்தவங்க மாதிரி யோசிக்காம நான்
வேற மாதிரி யோசிக்கனுது சொன்னாங்க
அந்த அக்க

Empathy

ஒருத்தவங்களோட கஷ்டத்த புரிஞ்சுக்கனு
அது புரிஞ்சுச்சு

இந்த Program எனக்கு
பிடிச்சுருச்சு.

Page No.
Date :

க.நாகஜோதி
XI-F

வணக்கம்

அன்னக்கி அந்த அக்கா வந்து ஒரு கதை சொன்னாங்க அது வந்து எனக்கி usefullahh அருந்துச்சு அது எனக்கி ஏற்ப படுச்சு அருந்துச்சு empathy என்ற பாப்பிக் எனக்கி நல்ல usefullahh அருந்துச்சு.

by
Jothi

Name : M. Deepika
Std : XI - f

* இந்த அக்கா பேசியது மிகவும் நன்றாக உள்ளது.

* இந்த நிகழ்வு வாழ்க்கைக்கு மிகவும் அவசியமானதாகவும் முக்கியமானதாகவும் இருந்தது.

* வாழ்க்கையில் சரியான முடிவை எடுப்பதற்கான ஒரு வழிப்புணர்வாக இருந்தது.

* Empathy பற்றி மிகவும் நன்றாக புரியும் படி கூறினார்கள்.

* நாம் வாழ்க்கையில் வித்தியாசமாக சிந்திக்கலாம் என்று கூறினார்கள்

S. Sivamala
XI "F"

* சிந்தனா அக்கா நன்றாக நடத்தினாங்க.

* எங்களுக்கு முக்கியமான கருத்து எல்லாம் சொன்னாங்க.

* அவங்க சொன்ன எல்லாமே உண்மையான கருத்து.

* அவங்க சொன்னதால எனக்கு புரிந்தது. (Empathy) மற்றவர்களின் மனநிலையையும் வேதனைகளையும் புரிந்து கொள்ள வேண்டும் என்று கூறியது.

* நான் அதை கடைப் பிடிப்பேன் என்று கூறி விடைபெறுகிறேன்.

நன்றி!...

ரீ: ஆ. கீர்த்திகா

வகுப்பு: XI. F

அன்புள்ள அக்கா நீங்க பண்ணக, பேசுக சொன்னக எல்லாம் எனக்கி ரொம்ப பிடித்தக அப்புறம் Empathy சொன்னக பிடிச்சருக்கி அக்கா அக கப்புறம் இடைவு நாம் எடுப்பதற்கி சொன்னிங்க பிடிச்சிருச்சு நல்லா இருக்கி அக்கா

Karthiyayini

very good

Sweetha

Very very good ☺ Akka ☺

Bio Computer

...ல பார்வதி

எனக்கி இந்த Program ரொம்ப பிடிச்சிருந்துக்கு.

...கா சொன்ன பத்து கருத்தும் எனக்கி நல்லா

...ிருந்துச்சு.

Very Good



பெயர் : மு.திலகவதி

வகுப்பு : XI - 'F'

அக்கா சொன்னது எனக்கு

புருஞ்சுச்சு அவங்க சொன்ன விதம் நல்ல

இருந்துச்சு Desision - making எதை செல்தாலும்

ஒரு முடிவுக்கு வரனும் coping with stress

எதை பத்தியும் கவலப்பட கூடாது

"நன்ற"

Creative thinking :

Creative thinking refers to seeing and anal

MADURAIINSTITUTEOFSOCIALSCIENCES

Reaccreditedwith``B+"GradebyNAAC

Run by Capt. DVR Foundation for HRD

AnAutonomousCollage&ResearchCentre,AffiliatedtoMaduraiKamarjar university

No,9Alagar kovilroad,Madurai–625002

LIFESKILLASSIGNMENT

A. Arockia kelvin kilbert 5

Submitted to

Mrs.Joycejeyrani 20/8/24

kilbart

.

Submitted by

A. Arockia kelvin

(23MSWSHR14)

INDEXBOX

S.no	Title
1	Institutecertificate
2	Introduction
3	Timeschedule
4	Location
5	Aboutprogram
6	AboutActivity
7	Feedbackanalysis
8	Conclusion
9	Gallery

INTRODUCTION:

The trainee went to C.S.I High school and conduct life skills program .The trainee interacted with the 8th students about the life skils and also conduct activities. the students are learned and interact the trainee.

TIMESCHEDULE:

10.00 am.:Traineearrivedat school by 10 .00 a.m.

10.30 am: Trainee had share about life skills

12.30 pm: Traineehadinteractionwithstudents and collect the feedback

1.00 pm :Trainee left the school

LOCATION:

C. S. I. High school, melur,

Madurai-625106. Tamil Nadu,

India

ABOUTPROGRAMME:

Trainee raised awareness aboutlifeskills and shared views on themajor ten coreskills, such as

1. Self-awareness
2. Empathy
3. Criticalthinking
4. Creativethinking
5. Decisionmaking
6. ProblemSolving
7. Effectivecommunication
8. Interpersonalrelationship
9. Copingwithstress
10. Copingwithemotion

Self-awareness

Self-awareness includes recognition of theself, our character, our strengths and weaknesses, desires, and dislikes.Developing self-awareness can help us torecognize when we are stressed or feelunder pressure. It is often a prerequisite to effective communication and interpersonal relations and for developing empathy with
others.

Empathy

To have a successful relationship with ourloved ones and society at large, we need to understand and care about other peoplesneeds, desires and feelings. Empathy is the ability to imagine what life is like for another person. Without empathy, our communication with others will amount to one-way traffic. Empathy can help us to accept others, who may be very different from ourselves. This can improve social nteractions, especially, in situations of ethnic or cultural diversity.

Critical Thinking

Critical Thinking is the ability to analyze information and experiences in an objective manner. Critical thinking can contribute to health by helping us to recognize and assess the factors that influence attitudes and pehavior, such as values, peer pressure, and the media.

Creative Thinking

Creative Thinking is a novel way of seeing ordoing things that are characteristic of four components - fluency (generating newdeas), flexibility (shifting perspective easily) originality (conceiving of something new),and elaboration (building on other ideas).

Decision Making

Decision-making helps us to deal constructively with decisions about our lives. This can have consequences for health. It can teach people how to activelymake decisions about their actions in relation to the health assessment of different options and, what effects these different decisions are likely to have.

Problem Solving

Problem-solving helps us to dealconstructively with problems in our lives. Significant problems that are left unresolvedcan cause mental stress and give rise to accompanying physical strain. Problem-solving is the process of identifying and resolving conflicts or problems. It involves breaking a problem down into its component parts, thinking about possible solutions, and then choosing the best one.Problem-solving is an important skill for everyone because it helps us identify and solve problems in our lives, work, and communities.

Interpersonal Relationship

Interpersonal relationship skills help us to relate in positive ways with the people we interact with. This may mean being able to make and keep friendly relationships, which can be of great importance to our mental and social well-being. It may mean keeping good relations with family members, which are an important source of social support. It may also mean being able to end relationships constructively.

Effective Communication

Effective communication means that we are able to express ourselves, both verbally and non-verbally, in ways that are appropriate to our cultures and situations. This means being able to express opinions and desires, and also needs and fears. And it may mean being able to ask for advice and help in a time of need. Coping with stress means recognizing the sources of stress in our lives, recognizing how this affects us, and acting in ways that help us control our stress levels by changing our environment or lifestyle and learning how to relax. Coping with emotions means recognizing emotions within us and others, being aware of how emotions influence behavior, and responding to emotions appropriately. Intense emotions like anger or sadness can have negative effects on our health if we do not respond appropriately.

Coping with Stress

Wrong beliefs like "'m not good enough" or "Something is wrong with me" cause up to 95% of all illnesses and diseases. The membrane of the cell is the brain of the cell, not the nucleus. Our beliefs are stored in the membrane of our cells. Unless we are fully aware of what we are doing and why we are doing it at every moment, we are always acting on our unconscious programming stored as beliefs in our cells. Scientific research has established that stress is the core factor in physical, mental and emotional disease. Discovering how unconscious physical, mental, and emotional habits create stress, aging addiction, and disease, through awareness and simple lifestyle changes reclaiming youthful vitality, joy, and well-being.

Coping with Emotions

Our feelings are a wonderful barometer of our well-being. When we are not caught up n negative thinking, our feelings remain positive, and we feel joyful, loving, and peaceful. When we are feeling fearful, angry, or depressed it is a sure sign that our thoughts have become negative and dysfunctional. Developing this awareness and making the decision to eliminate negative thinking can be dramatically life-changing.

COPINGWITHEMOTIONS:

Coping with emotions as a life skill is about understanding and managing your emotions in a healthy way. To cope with emotions, express yourself, take a break, or talk to someone who caresaboutyou.Copingwithemotionshelpstostay balanced,dealwithchallenges,andbuild resilience.

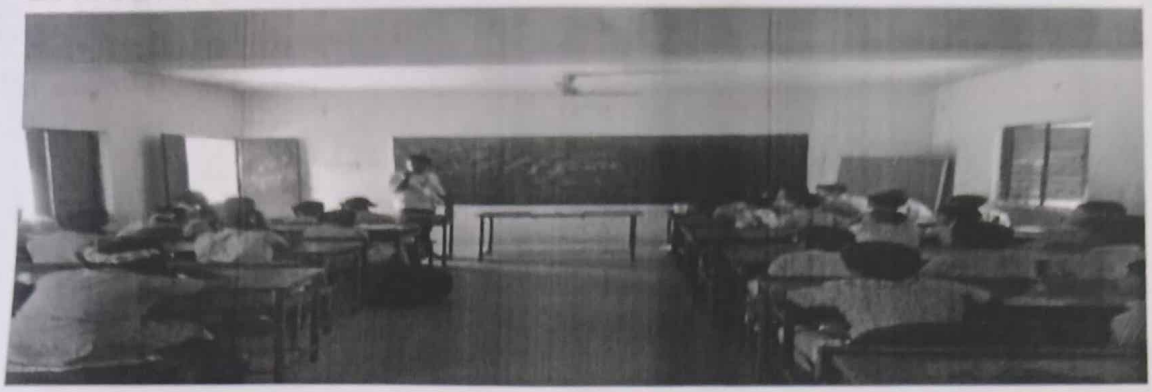
FEEDBACKANALYSIS:

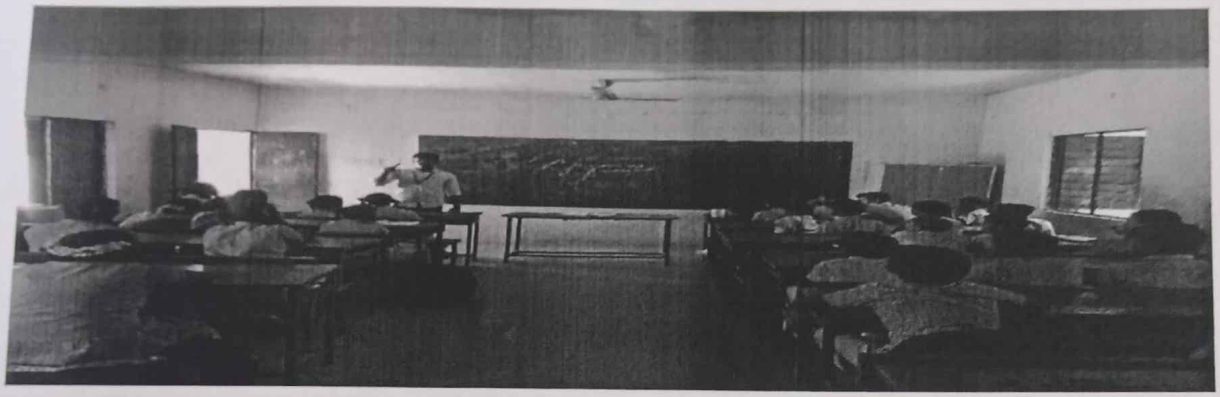
Overall feedback from the student's was the life skills program was really helpful. They learnedhowtounderstandtheirownfeelingsandtalktoothersbetter.practiced how to solve problems together. The programe taught o stay calm when things get stressful and how to make smart decisions. They felt more confident about school and life now. Thanks for the useful skills!

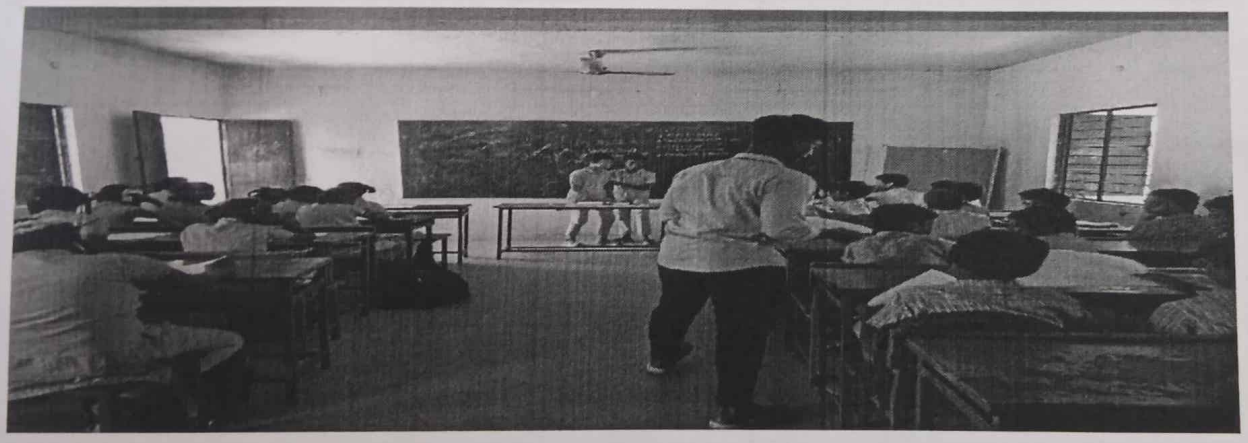
CONCLUSION:

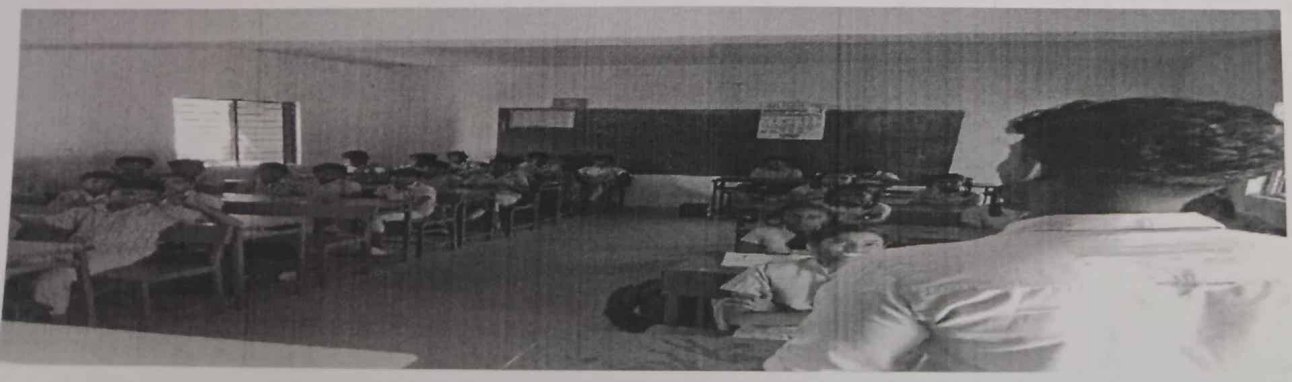
The life skills programe for school students was completed successfully. the trainee discussed the life skills and interact the students. the students are interested and learned the life skills. finally trainee collect the feed back.

GALLERY:









photos need captions.

Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR A. Aroclia Icelvin leilbert

HAS SUCCESSFULLY CONDUCTED THE life Skill program

FOR THE STANDARD OF VIII - A AT C.S.I HIGH School (Melur.)

ON THE DATE OF 16/02/2024 (10.30 Am to 1.00 pm.)

Signature of 16/2/24

HEADMASTER

J.A. C.S.I. HIGH SCHOOL

MELUR - 625 106.

Sheet No .....

ஐஸ்ரீ அறிவியல் கல்லூரி மாணவர்கள் இன்று எங்கள் பள்ளிக்கு வந்து 8ம் வகுப்பு மாணவர்களுக்கு Life Skill பற்றி வளரியர்பு பற்றி பாடம் நடத்தப்பட்டு மாணவர்களுக்கு நல்ல விஷயங்களை எடுத்துக் கூறினர். மாணவர்கள் இடையே நல்ல interaction இருந்தது. இது மாணவர்களுக்கு நல்ல புரிதலைக் கொடுத்தது. சிறப்பான பணியை மேற்கொண்டனர்.

S. Lucy
Sci BT
JACSI Highschool
Melur.

Sheet No

A. MELVIN
K. MUNISWARAN
S. HARI SUNDHARUNARSAN
T. RAKESH

These four students of your esteemed Institution come to our school on 16.02.2024 and share valuable thoughts and guidance to our school students. They give enthusiasm and encouragement to our school children. Well done.

16.02.24.

HEADMASTER
J.A.C.S.I. HIGH SCHOOL
MELUR-625 106.
MADURAI Dt.

* மதுரை கல்லூரிக்கு வாழ்த்துக்கள்

* கெல்வின் அண்ணன் நல்ல சொல்லிகொடுத்தாங
- கள்

* நல்ல சொல்லிகொடுத்தாங்க

* நல்ல படித்து வந்து எங்களுக்கு சொல்லி
கொடுத்தாங்க.

* மதுரை சிறுக அறிவியல் கல்லூரி படித்து எங்களை
சொல்லிகொடுக்க நல்லா வாழ்த்துகின்றோம் -க்கு

* அனிஸ்வரன் அண்ணன் நல்லா சொல்லி கொடுத்தாங்க

* இவங்க நடத்துனது எங்களுக்கு புரிந்தது

* இவங்களுக்கு நல்ல பாராட்டு சொல்கின்றோம்

* மதுரை முதல்வர் சொல்லி கொடுத்தாங்க

* மதுரை சிறுதாயத்திற்கு பாராட்டு

* இரண்டு அண்ணன்களும் நல்ல சொல்லிகொடு
- தாங்க

* இவங்களுக்கு நல்ல மார்க் போடுங்க.

* இவங்க வந்து நடத்துனது நல்லா புரிந்தது

* இரண்டு அண்ணன்களுக்கு நல்ல மார்க்
போடுங்க.

* கெல்வின் அண்ணன் நல்ல மார்க்
போடுங்க.

* இப்படிக்கு: A. சக்திவேல்

1.0 ஜெயித்துக் காட்டுதல்

நேரம் = 90 வினாடிகள்
மொத்த மதிப்பெண்கள் = 100

5. அசக்தி வேல்

01. கீழ்காணும் அனைத்து கட்டளைகளையும் முதலில் படித்து, பின்னர் எவ்வளாவு வேகமாக முடியுமோ அவ்வளவு வேகமாக அதன்படி செய்யவும்.

02. உங்கள் பெயரின் கடைசி எழுத்து முதலில் வருமாறு உங்கள் பெயரை வலதுபுற மேல்பக்கத்தில் எழுதவும். ல்வேதிக்க

03. இரண்டாவது வாக்கியத்தில் உள்ள 'பெயரின்' என்ற எழுத்தை வட்டமிடவும்

04. இரண்டாவது வாக்கியத்தில் உள்ள 'வலதுபுற மேல்பக்கத்தில்' என்ற வார்த்தைகளை அடிக்கோடிட்டு காட்டவும்

05. இந்த பக்கத்தில் பெரிய வட்டம் வரையவும்

06. இந்த பக்கத்தில் தலைப்பின் கீழ் உங்கள் கையெழுத்திடவும்

07. ஐந்தாவது வாக்கியத்தில் உள்ள 'இந்த பக்கத்தில்' என்ற வார்த்தையை வட்டமிட்டுக்காட்டவும்

08. பாரத தேசத்தின் தலைநகரம் .....இந்தியா.....

09. ஏழாவது வாக்கியம் முழுவதையும் அடிக்கோடிட்டு காட்டவும்

10. இந்த பக்கத்தின் இடதுபுற கீழ் மூலையில் பெருக்கல் குறியிடவும் (X)

11. அப்பெருக்கல் குறியினை உள்ளடக்கி ஒரு வட்டமிடவும்

12. உங்கள் [illegible] பெயர் ...T. செட்டியார் பட்டி.....

13. எட்டாவது [illegible] 'தலைநகரம்' என்ற வார்த்தையை வட்டமிடவும்

14. இப்பொழுது [illegible] நின்று சத்தமாக உங்கள் பெயரை சொல்லிவிட்டு அமரவும்

15. கண்களை மூடி இடது கையை உயர்த்தவும்

16. 10 முதல் 1 வரை சத்தமாக கூறவும் 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

17. உரத்த குரலில் " ஜெய்ஹிந்த் " என்று சொல்லவும்

18. மேற்கண்ட குறிப்புகளை கவனமாக படித்து முடித்த பிறகு ஒன்று மற்றும் மூன்றவது குறிப்புகளை மட்டும் செய்யவும். மற்ற அனைத்து கட்டளைகளையும் ஒதுக்கிவிடவும். உங்கள் விடைத்தாள்களை அருகில் உள்ளவர்களிடம் காட்டவோ, வாதம் செய்யவோ அல்லது விளக்கமோ கேட்க வேண்டாம். கட்டளைகளை சரியாக பின்பற்றி இருப்பீர்களேயானால் நீங்கள் எழுதிக்கொண்டே இருப்பது போல் நடியுங்கள். எத்தனை நபர்கள் கட்டளைகளை சரியாக பின்பற்றி உள்ளார்கள் என்று பார்ப்போம்.



* எங்களுக்கு ஊ அன்னன் வந்தங்கள்
* அந்த அன்னன் எங்களுக்கு எடுத்த பாடம் நல்லவிருந்தது
* அந்த அன்னன் சொன்னது எங்களுக்கு புரிந்தது
* அந்த அன்னன்கல் எனக்கு ஒடி பிடிதிருந்தது
* அந்த அன்னன் நெரேயா பேசுனாங்கல்
* அந்த அன்னன் பேசுனது எல்லாம் எங்களுக்கு புரிந்தது
* அந்த அன்னன் பேசுனது எல்லாம் எங்களுக்கு யுஷ்புல்லாக இருந்தது
* அந்த அன்னன் எங்களாது வள்கையில் பகுந்து கொண்டர்கல்
* அந்த அன்னன் எங்களுக்கு நன்பனாக பலகுநாங்கள்
* அன்னன்கல் கூச்சமில்லாமல் பேசுனாங்கள்
* எங்களுக்கு நன்றாக இருந்தது
* கெல்வின் அன்னனும் முனிஸ்வரன் அன்னனும் எனக்கு பிடித்தது
* அந்த அன்னன் வாழ்கையை
* பற்றி சொன்னங்கள்
* அந்த அன்ன்ன் சமூக அறிவியல் பற்றி சொன்னங்கள்
* மதுரை சமூக அறிவியல்
* கல்லூரிக்கு நல்லதுல்த்துக்கு
* சமூக அறிவியல் தேர்வை நன்றாக எழுதுவோம்
* அந்த அன்னன்கள் சொன்னதுக்ககா மிகவும் நன்றாக
* படிப்போம்

1.0 ஜெயித்துக் காட்டுதல்

நேரம் = 90 வினாடிகள்
மொத்த மதிப்பெண்கள் = 100

01. கீழ்காணும் அனைத்து கட்டளைகளையும் முதலில் படித்து, பின்னர் எவ்வளாவு வேகமாக முடியுமோ அவ்வளவு வேகமாக அதன்படி செய்யவும்.

02. உங்கள் பெயரின் கடைசி எழுத்து முதலில் வருமாறு உங்கள் பெயரை வலதுபுற மேல்பக்கத்தில் எழுதவும்.

03. இரண்டாவது வாக்கியத்தில் உள்ள 'பெயரின்' என்ற எழுத்தை வட்டமிடவும்

04. இரண்டாவது வாக்கியத்தில் உள்ள 'வலதுபுற மேல்பக்கத்தில்' என்ற வார்த்தைகளை அடிக்கோடிட்டு காட்டவும்

05. இந்த பக்கத்தில் பெரிய வட்டம் வரையவும்

06. இந்த பக்கத்தில் தலைப்பின் கீழ் உங்கள் கையெழுத்திடவும்

07. ஐந்தாவது வாக்கியத்தில் உள்ள 'இந்த பக்கத்தில்' என்ற வார்த்தையை வட்டமிட்டுக்காட்டவும்

08. பாரத தேசத்தின் தலைநகரம் .....டெல்லி.....

09. ஏழாவது வாக்கியம் முழுவதையும் அடிக்கோடிட்டு காட்டவும்

10. இந்த பக்கத்தின் இடதுபுற கீழ் மூலையில் பெருக்கல் குறியிடவும்

11. அப்பெருக்கல் குறியினை உள்ளடக்கி ஒரு வட்டமிடவும்

12. உங்கள் [illegible] பெயர் ....T... சாவக்கிப்பட்டி.....

13. எட்டாவது வாக்கியத்தில் உள்ள 'தலைநகரம்' என்ற வார்த்தையை வட்டமிடவும்

14. இப்பொழுது எழுந்து நின்று சத்தமாக உங்கள் பெயரை சொல்லிவிட்டு அமரவும்

15. கண்களை மூடி இடது கையை உயர்த்தவும்

16. 10 முதல் 1 வரை சத்தமாக கூறவும்

17. உரத்த குரலில் " ஜெய்ஹிந்த் " என்று சொல்லவும்

18. மேற்கண்ட குறிப்புகளை கவனமாக படித்து முடித்த பிறகு ஒன்று மற்றும் மூன்றவது குறிப்புகளை மட்டும் செய்யவும். மற்ற அனைத்து கட்டளைகளையும் ஒதுக்கிவிடவும். உங்கள் விடைத்தாள்களை அருகில் உள்ளவர்களிடம் காட்டவோ, வாதம் செய்யவோ அல்லது விளக்கமோ கேட்க வேண்டாம். கட்டளைகளை சரியாக பின்பற்றி இருப்பீர்களேயானால் நீங்கள் எழுதிக்கொண்டே இருப்பது போல் நடியுங்கள். எத்தனை நபர்கள் கட்டளைகளை சரியாக பின்பற்றி உள்ளார்கள் என்று பார்ப்போம்.

1.0 ஜெயித்துக் காட்டுதல்

நேரம் = 90 வினாடிகள்
மொத்த மதிப்பெண்கள் = 100

01. கீழ்காணும் அனைத்து கட்டளைகளையும் முதலில் படித்து, பின்னர் எவ்வளாவு வேகமாக முடியுமோ அவ்வளவு வேகமாக அதன்படி செய்யவும்.

02. உங்கள் பெயரின் கடைசி எழுத்து முதலில் வருமாறு உங்கள் பெயரை வலதுபுற மேல்பக்கத்தில் எழுதவும்.

03. இரண்டாவது வாக்கியத்தில் உள்ள 'பெயரின்' என்ற எழுத்தை வட்டமிடவும்

04. இரண்டாவது வாக்கியத்தில் உள்ள 'வலதுபுற மேல்பக்கத்தில்' என்ற வார்த்தைகளை அடிக்கோடிட்டு காட்டவும்

05. இந்த பக்கத்தில் பெரிய வட்டம் வரையவும்

06. இந்த பக்கத்தில் தலைப்பின் கீழ் உங்கள் கையெழுத்திடவும்

07. ஐந்தாவது வாக்கியத்தில் உள்ள 'இந்த பக்கத்தில்' என்ற வார்த்தையை வட்டமிட்டுக்காட்டவும்

08. பாரத தேசத்தின் தலைநகரம் .....

09. ஏழாவது வாக்கியம் முழுவதையும் அடிக்கோடிட்டு காட்டவும்

10. இந்த பக்கத்தின் இடதுபுற கீழ் மூலையில் பெருக்கல் குறியிடவும்

11. அப்பெருக்கல் குறியினை உள்ளடக்கி ஒரு வட்டமிடவும்

12. உங்கள் [illegible]யின் பெயர் .....

13. எட்டாவது வாக்கியத்தில் உள்ள 'தலைநகரம்' என்ற வார்த்தையை வட்டமிடவும்

14. இப்பொழுது எழுந்து நின்று சத்தமாக உங்கள் பெயரை சொல்லிவிட்டு அமரவும்

15. கண்களை மூடி இடது கையை உயர்த்தவும்

16. 10 முதல் 1 வரை சத்தமாக கூறவும்

17. உரத்த குரலில் " ஜெய்ஹிந்த் " என்று சொல்லவும்

18. மேற்கண்ட குறிப்புகளை கவனமாக படித்து முடித்த பிறகு ஒன்று மற்றும் மூன்றவது குறிப்புகளை மட்டும் செய்யவும். மற்ற அனைத்து கட்டளைகளையும் ஒதுக்கிவிடவும். உங்கள் விடைத்தாள்களை அருகில் உள்ளவர்களிடம் காட்டவோ, வாதம் செய்யவோ அல்லது விளக்கமோ கேட்க வேண்டாம். கட்டளைகளை சரியாக பின்பற்றி இருப்பீர்களேயானால் நீங்கள் எழுதிக்கொண்டே இருப்பது போல் நடியுங்கள். எத்தனை நபர்கள் கட்டளைகளை சரியாக பின்பற்றி உள்ளார்கள் என்று பார்ப்போம்.



LIFE SKILL TRAINING ON ADOLESCENTS

Verified
S. Lesanthini

22/3/24

- Lesanthi . S.
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Life skill program

Introduction

As a social worker embedded within the school environment, the opportunity to facilitate the World Health Organization (WHO) Life Skills Program presents a profound avenue for fostering positive change and empowerment among students. This introduction sets the stage for an exploration into the vital role of social workers in implementing the WHO Life Skills Program within educational settings.

The WHO Life Skills Program offers a structured framework designed to equip individuals with the essential skills necessary to navigate the complexities of modern life successfully. As a social worker, your role in this program is pivotal, serving as a catalyst for students' personal and social development.

Throughout this assignment, we will delve into the significance of integrating the WHO Life Skills Program into your practice as a social worker within schools. We will explore the program's core principles, methodologies, and the unique challenges and opportunities that arise in its implementation. By understanding and leveraging the WHO Life Skills Program, you have the power to positively impact students' lives, fostering resilience, self-awareness, and social competence essential for their well-being and future success.

Address

Corporation High School, Tallakulam

Madurai Cor. Ward43 (pincode: 625002)

Corp.H.S.Tallakulam

Madurai East

Madurai

Tamilnadu

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Time and schedule

2:30 P.M: Trainee reached the school

2:30 P.M. - 3:00 P.M: Trainee had a discussion with principle and other staff

3:10 P.M. - 3:40 P.M: Trainee conducted a life skill training section in school

3:40 P.M- 3:50 P.M: Trainee asked for feedback

4:00 P.M: Trainee had a discussion with the

4:30 P.M : Trainee left the school

About Program

The skill training program conducted by the social worker for 8th and 9th-grade students in Tallakulam Corporation School is based on the World Health Organization's life skills framework. This framework focuses on equipping young people with the necessary skills to navigate various life situations effectively. The program likely covers a range of topics such as communication skills, decision-making, problem-solving, critical thinking, empathy, and coping with stress.

Through interactive sessions and practical exercises, students are likely taught how to communicate effectively with peers and adults, make informed decisions, solve problems independently, think critically about various issues, empathize with others, and manage stress effectively. These skills are essential for personal development, academic success, and overall well-being.

By aligning the program with the WHO's life skills framework, the social worker ensures that the training addresses the holistic development of students, preparing them not only for academic challenges but also for the complexities of real-life situations they may encounter as they grow older. This approach empowers students to become confident, resilient individuals capable of facing life's challenges with competence and maturity.

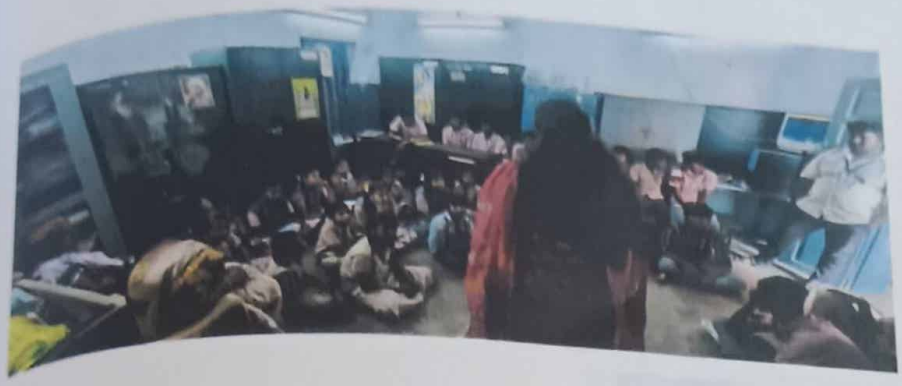
Activity of life skill

The social worker orchestrated an activity within the school premises that ignited a palpable sense of joy and enthusiasm among the students. Their eager participation underscored a profound engagement with the task at hand, reflecting a genuine excitement to delve into the learning experience provided. Such fervent involvement not only exemplifies the efficacy of the social worker's facilitation but also speaks volumes about the inherent appeal and relevance of the activity itself.

Conclusion:

The life skills training program conducted for 8th and 9th standard students at Madurai Corporation School, Tallakulam, has yielded significant positive outcomes. Through this initiative, students have acquired essential life skills, including self-awareness, improved communication abilities, and enhanced problem-solving capabilities. These skills are instrumental in fostering personal growth, academic success, and future career prospects for the students.

By investing in such programs, educational institutions can empower students with the necessary tools to navigate various challenges effectively and thrive in today's dynamic world. Moving forward, it is imperative to continue integrating life skills training into the curriculum to ensure the holistic development of students and prepare them for the demands of the modern society.

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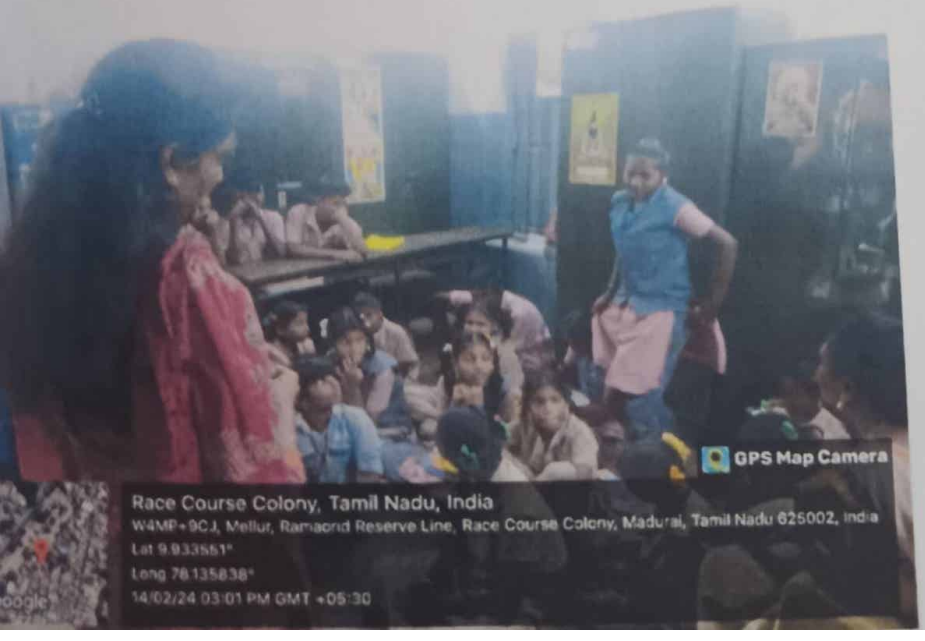
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Long 78.135838°
14/02/24 03:01 PM GMT +05:30

Declaration form

THIS IS TO DECLARE THAT MS/MR S. Lesarthiri

HAS SUCCESSFULLY CONDUCTED THE Life skill program

FOR THE STANDARD OF 8 - 9 AT Corporation school Tallakulam

ON THE DATE OF 14.2.24 Corporation school Tallakulam

மாணவர்களுக்கு வழிகாட்டும்
ஆலோசனை இன்னும் தேவைப்படுகிறது

Signature of

HEADMISTRESS
CORPORATION HIGH SCHOOL
TALLAKULAM
MADURAI - 625 002

(42)

MADURAI INSTITUTE OF SOCIAL SCIENCES

Run by Capt. DVR Foundations for HRD

Autonomous College and Research Centre Affiliated to Madurai Kamaraj University

Re-Accredited with "B+" Grade by NAAC

No.9, AlagarKoil Road

Madurai- 625002.

LIFE SKILLS REPORT

4½/5

25/6/24 Santhosh.V

Submitted to

Dr. S. Joyce Jeyarani

Assistant Professor

Submitted by

SANTHOSH V

23MSWSHR16

SYNOPISIS

- Introduction
- Location
- Time schedule
- About program
- Ten core life skills
- Activities done
- Feedback analysis
- picture
- Conclusion

INTRODUCTION

On February 19, 2024, a trainee organized a life skills awareness program for 8th-grade students in Section C at Siddhu Matriculation Higher Secondary School in Krishnapuram Colony, Madurai. The session took place from 11 AM to 12.30 PM, and a total of 29 students actively participated. Life skills refer to a set of abilities that enable individuals to effectively navigate the challenges of daily life and interact with others in a positive and productive manner. These skills encompass various domains, including communication, critical thinking, problem-solving, emotional regulation, interpersonal relationships, and decision-making. Acquiring life skills is crucial for personal development, resilience, and overall well-being. Educational programs often integrate life skills training to empower individuals with the tools needed for success in diverse aspects of life.

During the adolescent period, life skills play a crucial role in shaping a young person's overall development. Adolescence is a time of significant physical, emotional, and cognitive changes, and acquiring life skills becomes essential for navigating these challenges. Educational programs and support systems, including schools and community initiatives, often focus on fostering these life skills in adolescents to prepare them for a successful transition into adulthood.

LOCATION:

SIDDHU MATRICULATION HIGHER SECONDARY SCHOOL
KRISHNA PURAM COLONY, MADURAI-625014.

TIME SCHEDULE

10.45 AM : Reached the Organization

11.00 AM to 11.15 AM : Trainee had given introduction about the program

11.20 AM to 12.00 PM : Trainee had explained about the life skills for the students

12.00 PM to 12.15 PM : Trainee conducted a ice breaking game

12.15 PM to 12.25 PM : Feedback session

12.25 PM to 12.30 PM : Vote of thanks

ABOUT PROGRAM

Trainee had Started the by asking question to the students what is life skills?And explained them to the that life skills are abilities for positive and adaptive behavior which enables a person to deal effectively with day to day needs. Trainee had listed the tencore life skills to them they are:

- Self-Awareness
- Empathy
- Interpersonal Relationship skills
- Effective Communication
- Decision Making
- Problem Solving
- Critical Thinking
- Creative Thinking
- Coping with Stress
- Coping with Emotions

The trainee communicated that self-awareness is the deliberate comprehension and acknowledgment of one's thoughts, feelings, behavior, and characteristics. This awareness is crucial for personal development and emotional intelligence. Furthermore, the trainee mentioned that the capacity to emotionally comprehend what others feel is referred to as empathy, which involves seeing things from their perspective.

The trainee clarified that interpersonal relationships encompass the connection and interaction between individuals. These relationships involve how people relate, communicate, and interact with others in personal, social, and professional contexts.

And also explained that effective communication is described as the successful conveyance of information or ideas in a manner that is clearly comprehensible to the audience. It involves articulating a message with precision, clarity, and relevance, emphasizing the importance of active listening and understanding responses.

The trainee emphasized the significance of problem solving, critical thinking, and creative thinking. Problem solving involves the systematic approach of finding solutions to challenges, critical thinking focuses on analyzing and evaluating information for informed decision making, while creative thinking encourages innovative and original ideas. The trainee underscored the importance of cultivating these skills to enhance cognitive abilities and address diverse situations effectively.

And also the trainee highlighted the importance of coping with stress and managing emotions effectively. Coping with stress involves adopting strategies to handle and alleviate the pressures of challenging situations. On the other hand, coping with emotions entails recognizing and regulating one's own feelings, promoting emotional well-being.

ACTIVITIES DONE

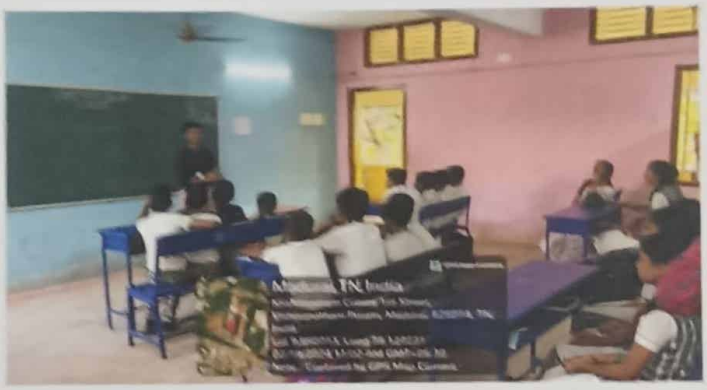
Following the session, the trainee shared a story to refresh the students and organized a problem-solving activity, the human chain unlocking game. This engaged them in applying their problem-solving skills. Additionally, the trainee facilitated a game to convey actions solely through movement, promoting creative thinking. Lastly, a game focused on effective communication was conducted, enhancing the students' ability to communicate successfully in a dynamic setting.

FEEDBACK

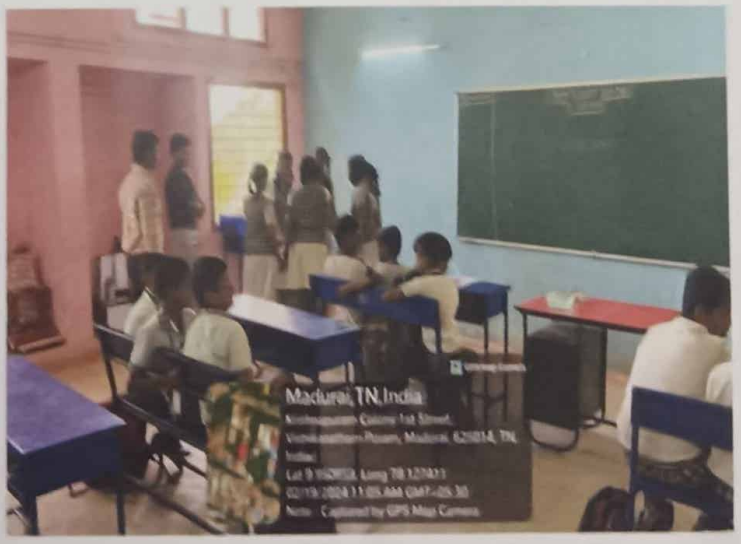
At the end of the session the trainee gathered feedback from the students, who expressed that the session was comprehensible and beneficial. The students particularly appreciated the story shared by the trainee. Observing these positive responses, the trainee experienced a sense of joy and satisfaction.

PICTURES

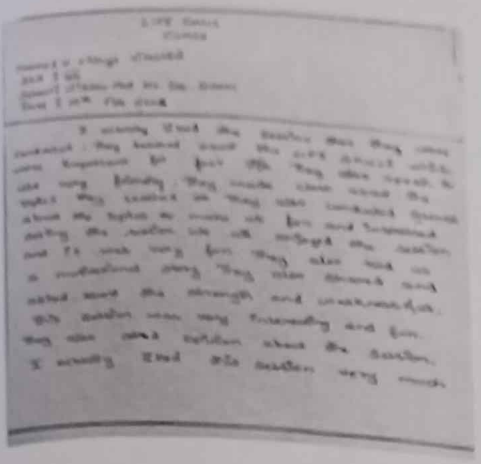


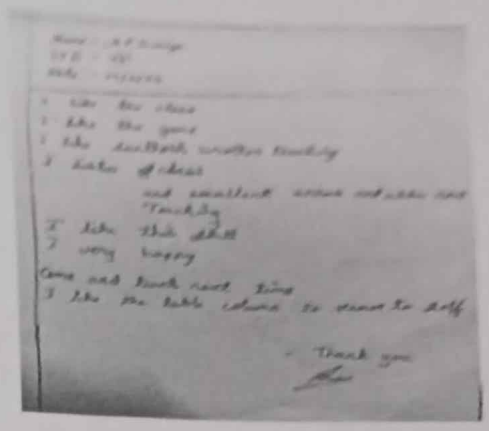


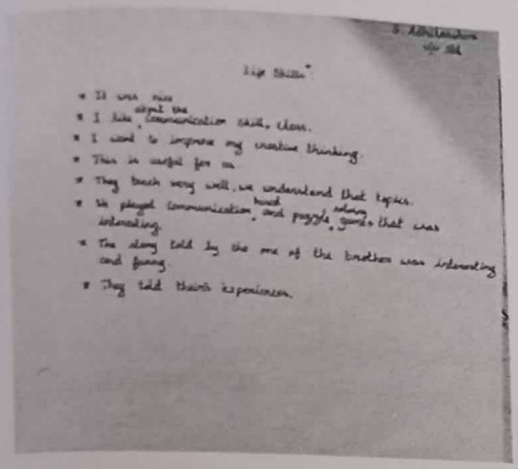


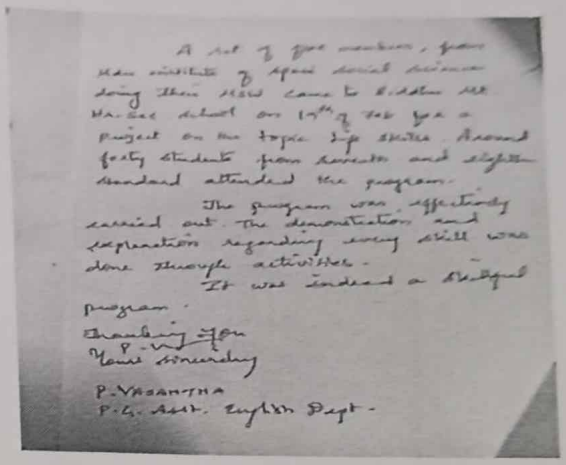


FEEDBACK FROM STUDENTS











CONCLUSION

The trainee acquired insights into organizing a life skills program for students and gained valuable knowledge on effective approaches. The trainee extends sincere gratitude to Dr. S. Joyce Jeyarani, Assistant Professor, for providing this opportunity and fostering the learning experience.

SUBMITTED BY
SANTHOSH V
23MSWSHR16

Declaration form

THIS IS TO DECLARE THAT ~~MS~~/MR SANTHOSH.V

HAS SUCCESSFULLY CONDUCTED THE LIFE SKILLS PROGRAM

FOR THE STANDARD OF VII-VIII AT SIDDHU MATRIC. HR.SEC.SCHOOL

ON THE DATE OF 19.2.24

Signature of

SIDDHU MATRIC. HR. SEC. SCHOOL MADURAI.